

## Individual Top Times

Times since: 01-May-08

Tygerberg Aquatics [TYGE-CPT]

| Time                                      | P/F/S | Event      |            |  |  |
|---|-------|------------|------------|--|--|
| <b>Abegglen, Jaime E (13) W (Yr: AR)</b>  |       |            |            |  |  |
| 31,49 L                                   | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 32,49 S                                   | F     | 50 Free    | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 1:09,93 L                                 | P     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:12,22 S                                 | F     | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:32,83 L                                 | F     | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:35,58 S                                 | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 5:25,54 L                                 | F     | 400 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 5:32,75 S                                 | F     | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 34,63 L                                   | P     | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:14,22 L                                 | F     | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:16,00 S                                 | F     | 100 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 2:42,43 L                                 | F     | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:47,54 S                                 | F     | 200 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 36,05 L                                   | P     | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 37,08 S                                   | F     | 50 Fly     | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:21,80 L                                 | P     | 100 Fly    | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 2:52,54 L                                 | F     | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:57,99 S                                 | F     | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| <b>Adams, Matthew (9) M (Yr: HR)</b>      |       |            |            |  |  |
| 20,34 S                                   | F     | 25 Free    | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 42,46 S                                   | F     | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:34,73 S                                 | F     | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 23,13 S                                   | F     | 25 Back    | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 49,22 S                                   | F     | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 29,50 S                                   | F     | 25 Breast  | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 1:00,29 S                                 | F     | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 2:07,42 S                                 | F     | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 26,85 S                                   | F     | 25 Fly     | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 2:00,28 S                                 | F     | 100 IM     | 2018/11/17 | CTMA Level 1 Gala #7                         |  |
| <b>Adendorff, James T (11) M (Yr: AR)</b> |       |            |            |  |  |
| 39,57 S                                   | F     | 50 Free    | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 1:32,41 S                                 | F     | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:34,68 L                                 | F     | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 3:27,81 S                                 | F     | 200 Free   | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 20,00 S                                   | F     | 25 Back    | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 45,61 L                                   | F     | 50 Back    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 47,37 S                                   | F     | 50 Back    | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 1:40,97 S                                 | F     | 100 Back   | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 1:43,60 L                                 | F     | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 3:37,06 S                                 | F     | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 50,72 S                                   | F     | 50 Breast  | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 1:49,55 L                                 | F     | 100 Breast | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:53,74 S                                 | F     | 100 Breast | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 4:03,37 S                                 | F     | 200 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 4:11,07 L                                 | F     | 200 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 52,06 S                                   | F     | 50 Fly     | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 1:45,75 S                                 | F     | 100 IM     | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 3:43,63 S                                 | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:50,04 L                                 | F     | 200 IM     | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| <b>Adriaan, Shaina (13) W (Yr: AR)</b>    |       |            |            |  |  |
| 33,43 L                                   | F     | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 34,01 S                                   | F     | 50 Free    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:12,30 L                                 | P     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:13,36 S                                 | F     | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:38,80 S                                 | F     | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:41,28 L                                 | F     | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 35,95 S                                   | F     | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 37,53 L                                   | P     | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:18,10 S                                 | F     | 100 Back   | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |

## Individual Top Times

Times since: 01-May-08

| Time                                       | P/F/S | Event |     |        |   |
|--|-------|-------|-----|--------|---|
| <b>Adriaan, Shaina (13) W (Yr: AR)</b>     |       |       |     |        |   |
| 1:21,21                                    | L     | P     | 100 | Back   | 2018/12/05 Western Cape Summer Championships 2018       |
| 2:54,27                                    | S     | F     | 200 | Back   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 2:55,14                                    | L     | F     | 200 | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 45,27                                      | S     | F     | 50  | Breast | 2018/11/10 CTMA Level 3&UP Gala #5                      |
| 46,00                                      | L     | P     | 50  | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:41,07                                    | S     | F     | 100 | Breast | 2018/10/13 CTMA SCHOOLS TRIAL                           |
| 1:45,84                                    | L     | F     | 100 | Breast | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| 38,28                                      | L     | P     | 50  | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 42,21                                      | S     | F     | 50  | Fly    | 2018/08/18 CTMA Level 3&UP Gala #4                      |
| 1:28,46                                    | S     | F     | 100 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 3:01,32                                    | S     | F     | 200 | IM     | 2018/11/10 CTMA Level 3&UP Gala #5                      |
| 3:03,18                                    | L     | F     | 200 | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| <b>Allie, Uzair (13) M (Yr: AR)</b>        |       |       |     |        |   |
| 15,81                                      | S     | F     | 25  | Free   | 2018/06/30 CTMA Level 1 Gala #2                         |
| <b>Ameeroedien, Malika (10) W (Yr: HR)</b> |       |       |     |        |   |
| 22,25                                      | S     | F     | 25  | Free   | 2018/06/30 CTMA Level 1 Gala #2                         |
| 47,20                                      | S     | F     | 50  | Free   | 2019/02/09 CTMA Level 1 Champs                          |
| 1:48,34                                    | S     | F     | 100 | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 16:55,68                                   | L     | O     | 500 | Free   | 2018/12/16 Open Water Swimming Challenge                |
| 27,22                                      | S     | F     | 25  | Back   | 2018/07/28 CTMA Level 1 Gala #3                         |
| 53,94                                      | S     | F     | 50  | Back   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 2:04,42                                    | S     | F     | 100 | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 35,13                                      | S     | F     | 25  | Breast | 2018/06/30 CTMA Level 1 Gala #2                         |
| 1:05,21                                    | S     | F     | 50  | Breast | 2018/12/15 Valley Classic Meet                          |
| 2:35,13                                    | S     | F     | 100 | Breast | 2018/10/20 CTMA Level 1 Gala #6                         |
| 30,19                                      | S     | F     | 25  | Fly    | 2018/07/28 CTMA Level 1 Gala #3                         |
| 58,17                                      | S     | F     | 50  | Fly    | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 2:12,90                                    | S     | F     | 100 | IM     | 2018/08/25 CTMA Level 1 Gala #4                         |
| 4:38,93                                    | S     | F     | 200 | IM     | 2018/11/17 CTMA Level 1 Gala #7                         |
| <b>Amon, Leeya H (10) W (Yr: AR)</b>       |       |       |     |        |   |
| 41,24                                      | L     | F     | 50  | Free   | 2018/10/04 Aquabear Invitational Meet                   |
| 42,15                                      | S     | F     | 50  | Free   | 2018/06/30 CTMA Level 2 Gala #2                         |
| 1:24,78                                    | L     | F     | 100 | Free   | 2019/02/02 WC Jack Currie Champs - 2019                 |
| 1:37,63                                    | S     | F     | 100 | Free   | 2018/07/28 CTMA Level 2 Gala #3                         |
| 2:55,94                                    | L     | F     | 200 | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 3:15,85                                    | S     | F     | 200 | Free   | 2018/08/18 CTMA Level 2 Gala #4                         |
| 45,78                                      | L     | F     | 50  | Back   | 2018/10/04 Aquabear Invitational Meet                   |
| 49,28                                      | S     | F     | 50  | Back   | 2018/06/30 CTMA Level 2 Gala #2                         |
| 1:36,36                                    | L     | F     | 100 | Back   | 2018/10/04 Aquabear Invitational Meet                   |
| 1:44,43                                    | S     | F     | 100 | Back   | 2018/07/28 CTMA Level 2 Gala #3                         |
| 3:27,72                                    | L     | F     | 200 | Back   | 2018/10/04 Aquabear Invitational Meet                   |
| 3:28,90                                    | S     | F     | 200 | Back   | 2018/06/30 CTMA Level 2 Gala #2                         |
| 57,94                                      | S     | F     | 50  | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 58,11                                      | L     | F     | 50  | Breast | 2018/10/04 Aquabear Invitational Meet                   |
| 1:59,71                                    | S     | F     | 100 | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:05,78                                    | L     | F     | 100 | Breast | 2018/10/04 Aquabear Invitational Meet                   |
| 4:14,71                                    | S     | F     | 200 | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 4:18,95                                    | L     | F     | 200 | Breast | 2019/02/02 WC Jack Currie Champs - 2019                 |
| 46,67                                      | L     | F     | 50  | Fly    | 2018/10/04 Aquabear Invitational Meet                   |
| 52,40                                      | S     | F     | 50  | Fly    | 2018/07/28 CTMA Level 2 Gala #3                         |
| 3:38,00                                    | L     | F     | 200 | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 3:43,73                                    | S     | F     | 200 | IM     | 2018/09/08 CTMA Qualifying Gala #1                      |
| <b>Anderson, Daniel J (12) M (Yr: HR)</b>  |       |       |     |        |   |
| 39,53                                      | S     | F     | 50  | Free   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 1:29,76                                    | S     | F     | 100 | Free   | 2019/02/09 CTMA Level 1 Champs                          |
| 21,60                                      | S     | F     | 25  | Back   | 2018/07/28 CTMA Level 1 Gala #3                         |
| 50,37                                      | S     | F     | 50  | Back   | 2018/09/22 CTMA Level 1 Gala #5                         |
| 1:54,03                                    | S     | F     | 100 | Back   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 2:08,66                                    | S     | F     | 100 | Breast | 2018/07/28 CTMA Level 1 Gala #3                         |
| 20,94                                      | S     | F     | 25  | Fly    | 2018/07/28 CTMA Level 1 Gala #3                         |

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Times since: 01-May-08

| Time   | P/F/S | Event      |            |   |  |
|--|-------|------------|------------|---|--|
| <b>Anderson, Daniel J (12) M (Yr: HR)</b>    |       |            |            |   |  |
| 1:49,21 S                                    | F     | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 3:43,46 S                                    | F     | 200 IM     | 2019/02/09 | CTMA Level 1 Champs                           |  |
| <b>Antonopoulos, Carla T (18) W (Yr: AR)</b> |       |            |            |   |  |
| 28,29 S                                      | F     | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 28,69 L                                      | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:01,18 S                                    | F     | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:01,40 L                                    | P     | 100 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:08,31 S                                    | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:11,74 L                                    | P     | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 4:24,13 S                                    | P     | 400 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 4:29,92 L                                    | F     | 400 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 12:52,62 L                                   | O     | 500 Free   | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 9:01,71 S                                    | F     | 800 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 9:10,92 L                                    | F     | 800 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 21:27,55 L                                   | O     | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 17:07,55 S                                   | F     | 1500 Free  | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 17:50,17 L                                   | F     | 1500 Free  | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:04:00,00 L                                 | O     | 5000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 2:17:04,40 L                                 | O     | 10000 Free | 2019/01/05 | 2019 Grand Prix Invitation Swimming Meet-MP   |  |
| 31,47 S                                      | F     | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 1:07,76 S                                    | F     | 100 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 2:29,95 L S                                  | P     | 200 Back   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 37,71 S                                      | F     | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 30,56 S                                      | F     | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 1:06,21 L                                    | P     | 100 Fly    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:08,22 S                                    | F     | 100 Fly    | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 2:17,41 S                                    | F     | 200 Fly    | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:21,15 L                                    | F     | 200 Fly    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:27,18 S                                    | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:28,71 L                                    | F     | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 4:55,95 S                                    | F     | 400 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 5:06,64 L                                    | F     | 400 IM     | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| <b>Aucamp, Larah (9) W (Yr: AR)</b>          |       |            |            |   |  |
| 42,07 S                                      | F     | 50 Free    | 2019/02/09 | CTMA Level 1 Champs                           |  |
| 44,84 L                                      | F     | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:40,30 S                                    | F     | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 21,28 S                                      | F     | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 47,92 S                                      | F     | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 51,63 L                                      | F     | 50 Back    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:41,46 S                                    | F     | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 1:49,77 L                                    | F     | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 51,75 S                                      | F     | 50 Breast  | 2019/02/09 | CTMA Level 1 Champs                           |  |
| 1:57,60 S                                    | F     | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 2:01,53 L                                    | F     | 100 Breast | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 23,50 S                                      | F     | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 42,36 S                                      | F     | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 51,68 L                                      | F     | 50 Fly     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:51,22 S                                    | F     | 100 IM     | 2018/09/22 | CTMA Level 1 Gala #5                          |  |
| <b>Aucamp, Mila (11) W (Yr: AR)</b>          |       |            |            |   |  |
| 35,15 L                                      | P     | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 36,33 S                                      | F     | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:17,89 L                                    | P     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:21,35 S                                    | F     | 100 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 40,18 S                                      | F     | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 40,28 L                                      | P     | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:26,85 L                                    | P     | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:28,68 S                                    | F     | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 48,42 S                                      | F     | 50 Breast  | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 48,43 L                                      | P     | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 3:45,85 S                                    | F     | 200 Breast | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |

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Times since: 01-May-08

| Time                                     | P/F/S | Event |       |        |  |
|--|-------|-------|-------|--------|--|
| <b>Aucamp, Mila (11) W (Yr: AR)</b>      |       |       |       |        |  |
| 3:47,11                                  | L     | P     | 200   | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 3:11,47                                  | L     | F     | 200   | IM     | 2018/12/05 Western Cape Summer Championships 2018        |
| 3:13,91                                  | S     | F     | 200   | IM     | 2018/11/10 CTMA Level 3&UP Gala #5                       |
| <b>Barnes, Amy (22) W (Yr: AR)</b>       |       |       |       |        |  |
| 19:37,03                                 | L     | O     | 500   | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| <b>Barnes, Kiara (18) W (Yr: AR)</b>     |       |       |       |        |  |
| 30,50                                    | L L   | F     | 50    | Free   | 2018/06/22 PEA Winter Gala 2018                          |
| 1:04,08                                  | L     | P     | 100   | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:13,59                                  | L     | P     | 200   | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:15,43                                  | S     | F     | 200   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 4:35,77                                  | L     | F     | 400   | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 4:39,68                                  | S     | F     | 400   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 9:32,64                                  | L     | F     | 800   | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 9:38,27                                  | S     | F     | 800   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 13:49,03                                 | L     | O     | 1000  | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 18:25,37                                 | L     | F     | 1500  | Free   | 2018/06/22 PEA Winter Gala 2018                          |
| 1:08:33,02                               | L     | O     | 5000  | Free   | 2019/01/05 2019 Grand Prix Invitation Swimming Meet-MP   |
| 2:24:18,00                               | L     | O     | 10000 | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 34,62                                    | S     | F     | 50    | Back   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:12,16                                  | L     | P     | 100   | Back   | 2019/02/22 2019 Grand Prix Invitational Swimming Meet-CT |
| 2:27,71                                  | S     | F     | 200   | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:29,85                                  | L S   | P     | 200   | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 41,45                                    | S     | F     | 50    | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:29,87                                  | S     | F     | 100   | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 33,02                                    | L     | F     | 50    | Fly    | 2018/06/22 PEA Winter Gala 2018                          |
| 1:14,67                                  | L     | F     | 100   | Fly    | 2018/06/22 PEA Winter Gala 2018                          |
| 2:32,38                                  | L     | P     | 200   | IM     | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:36,16                                  | S     | F     | 200   | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 5:14,87                                  | S     | F     | 400   | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 5:15,91                                  | L     | F     | 400   | IM     | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| <b>Bashkier, James L (15) M (Yr: AR)</b> |       |       |       |        |  |
| 26,44                                    | S     | F     | 50    | Free   | 2018/09/08 CTMA Qualifying Gala #1                       |
| 1:04,87                                  | S     | F     | 100   | Back   | 2018/09/08 CTMA Qualifying Gala #1                       |
| 2:23,93                                  | S     | F     | 200   | IM     | 2018/09/08 CTMA Qualifying Gala #1                       |
| <b>Bester, Eben (11) M (Yr: AR)</b>      |       |       |       |        |  |
| 33,83                                    | L     | P     | 50    | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 34,73                                    | S     | F     | 50    | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:15,95                                  | L     | P     | 100   | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:16,78                                  | S     | F     | 100   | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 2:47,00                                  | L     | P     | 200   | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 2:53,43                                  | S     | F     | 200   | Free   | 2018/09/08 CTMA Qualifying Gala #1                       |
| 37,29                                    | L     | F     | 50    | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 38,29                                    | S     | F     | 50    | Back   | 2018/11/10 CTMA Level 3&UP Gala #5                       |
| 1:19,46                                  | L     | F     | 100   | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:22,47                                  | S     | F     | 100   | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:45,73                                  | L     | F     | 200   | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 2:55,43                                  | S     | F     | 200   | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 43,42                                    | L     | F     | 50    | Breast | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| 44,64                                    | S     | F     | 50    | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 1:33,10                                  | L     | F     | 100   | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 1:36,04                                  | S     | F     | 100   | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 3:24,05                                  | L     | F     | 200   | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 3:30,25                                  | S     | F     | 200   | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 38,91                                    | L     | F     | 50    | Fly    | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| 41,61                                    | S     | F     | 50    | Fly    | 2018/06/23 CTMA Level 3&UP Gala #2                       |
| 1:37,28                                  | S     | F     | 100   | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 3:01,22                                  | L     | F     | 200   | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| 3:01,72                                  | S     | F     | 200   | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| <b>Bester, Wihan (14) M (Yr: AR)</b>     |       |       |       |        |  |
| 28,36                                    | L     | P     | 50    | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |

## Individual Top Times

Times since: 01-May-08

| Time                                       | P/F/S | Event |      |        |  |
|--|-------|-------|------|--------|--|
| <b>Bester, Wihan (14) M (Yr: AR)</b>       |       |       |      |        |  |
| 28,39                                      | S     | F     | 50   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 1:00,77                                    | L     | F     | 100  | Free   | 2018/10/04 Aquabear Invitational Meet                |
| 1:01,26                                    | S     | F     | 100  | Free   | 2018/11/10 CTMA Level 3&UP Gala #5                   |
| 2:13,65                                    | S     | F     | 200  | Free   | 2018/09/08 CTMA Qualifying Gala #1                   |
| 2:14,80                                    | L     | F     | 200  | Free   | 2018/10/04 Aquabear Invitational Meet                |
| 4:50,45                                    | S     | F     | 400  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2               |
| 4:52,56                                    | L     | F     | 400  | Free   | 2018/10/04 Aquabear Invitational Meet                |
| 32,77                                      | L     | P     | 50   | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN |
| 33,60                                      | S     | F     | 50   | Back   | 2018/11/10 CTMA Level 3&UP Gala #5                   |
| 1:08,66                                    | S     | F     | 100  | Back   | 2019/01/19 CTMA Level 2&UP Gala #1                   |
| 1:11,26                                    | L     | P     | 100  | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN |
| 2:33,71                                    | S     | F     | 200  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 2:37,10                                    | L     | F     | 200  | Back   | 2018/10/04 Aquabear Invitational Meet                |
| 35,92                                      | S     | F     | 50   | Breast | 2018/11/10 CTMA Level 3&UP Gala #5                   |
| 36,15                                      | L     | P     | 50   | Breast | 2018/10/04 Aquabear Invitational Meet                |
| 1:21,88                                    | S     | F     | 100  | Breast | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 1:23,97                                    | L     | P     | 100  | Breast | 2018/10/04 Aquabear Invitational Meet                |
| 2:59,85                                    | L     | F     | 200  | Breast | 2018/10/04 Aquabear Invitational Meet                |
| 3:01,07                                    | S     | F     | 200  | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                   |
| 30,12                                      | L     | P     | 50   | Fly    | 2018/10/04 Aquabear Invitational Meet                |
| 31,80                                      | S     | F     | 50   | Fly    | 2018/09/08 CTMA Qualifying Gala #1                   |
| 1:12,03                                    | S     | F     | 100  | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2               |
| 1:14,62                                    | L     | P     | 100  | Fly    | 2018/10/04 Aquabear Invitational Meet                |
| 2:30,11                                    | S     | F     | 200  | IM     | 2019/01/19 CTMA Level 2&UP Gala #1                   |
| 2:35,45                                    | L     | F     | 200  | IM     | 2018/10/04 Aquabear Invitational Meet                |
| 5:28,94                                    | S     | F     | 400  | IM     | 2018/09/08 CTMA Qualifying Gala #1                   |
| 5:32,13                                    | L     | F     | 400  | IM     | 2018/10/04 Aquabear Invitational Meet                |
| <b>Bezuidenhout, Aaron (17) M (Yr: AR)</b> |       |       |      |        |  |
| 27,46                                      | S     | F     | 50   | Free   | 2018/06/23 CTMA Level 3&UP Gala #2                   |
| 1:01,02                                    | S     | F     | 100  | Free   | 2018/09/08 CTMA Qualifying Gala #1                   |
| 1:04,89                                    | L     | F     | 100  | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 2:19,23                                    | S     | F     | 200  | Free   | 2018/09/08 CTMA Qualifying Gala #1                   |
| 47:33,66                                   | L     | O     | 3000 | Free   | 2018/12/16 Open Water Swimming Challenge             |
| 33,71                                      | S     | F     | 50   | Back   | 2018/05/26 CTMA Level 3&UP Gala #1                   |
| 38,06                                      | L     | F     | 50   | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 34,87                                      | L     | P     | 50   | Breast | 2018/12/05 Western Cape Summer Championships 2018    |
| 35,77                                      | S     | F     | 50   | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                   |
| 1:16,42                                    | S     | F     | 100  | Breast | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 1:21,48                                    | L     | P     | 100  | Breast | 2018/12/05 Western Cape Summer Championships 2018    |
| 29,33                                      | L     | P     | 50   | Fly    | 2018/12/05 Western Cape Summer Championships 2018    |
| 30,20                                      | S     | F     | 50   | Fly    | 2018/09/08 CTMA Qualifying Gala #1                   |
| 1:07,41                                    | S     | F     | 100  | Fly    | 2018/09/08 CTMA Qualifying Gala #1                   |
| 1:08,06                                    | L     | P     | 100  | Fly    | 2018/12/05 Western Cape Summer Championships 2018    |
| 1:09,63                                    | S     | F     | 100  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 2:35,53                                    | S     | F     | 200  | IM     | 2018/08/18 CTMA Level 3&UP Gala #4                   |
| 2:47,89                                    | L     | F     | 200  | IM     | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| <b>Botes, Jacob (11) M (Yr: AR)</b>        |       |       |      |        |  |
| 35,25                                      | L     | P     | 50   | Free   | 2018/12/05 Western Cape Summer Championships 2018    |
| 35,40                                      | S     | F     | 50   | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2               |
| 1:17,93                                    | L     | P     | 100  | Free   | 2018/12/05 Western Cape Summer Championships 2018    |
| 1:19,43                                    | S     | F     | 100  | Free   | 2018/11/10 CTMA Level 3&UP Gala #5                   |
| 2:46,34                                    | L     | F     | 200  | Free   | 2018/12/05 Western Cape Summer Championships 2018    |
| 2:48,60                                    | S     | F     | 200  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2               |
| 5:45,45                                    | L     | F     | 400  | Free   | 2018/12/05 Western Cape Summer Championships 2018    |
| 17:30,32                                   | L     | O     | 1000 | Free   | 2018/12/16 Open Water Swimming Challenge             |
| 41,32                                      | L     | P     | 50   | Back   | 2018/12/05 Western Cape Summer Championships 2018    |
| 41,79                                      | S     | F     | 50   | Back   | 2018/11/10 CTMA Level 3&UP Gala #5                   |
| 1:28,98                                    | S     | F     | 100  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2               |
| 1:30,23                                    | L     | F     | 100  | Back   | 2018/10/04 Aquabear Invitational Meet                |
| 3:09,81                                    | L     | F     | 200  | Back   | 2018/12/05 Western Cape Summer Championships 2018    |

## Individual Top Times

Times since: 01-May-08

| Time                                   | P/F/S | Event      |            |   |  |
|--|-------|------------|------------|---|--|
| <b>Botes, Jacob (11) M (Yr: AR)</b>    |       |            |            |   |  |
| 3:13,38                                | S F   | 200 Back   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 49,12                                  | L P   | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 50,88                                  | S F   | 50 Breast  | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 1:56,44                                | S F   | 100 Breast | 2018/08/18 | CTMA Level 2 Gala #4                          |  |
| 3:55,95                                | L F   | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 3:59,29                                | S F   | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 47,37                                  | S F   | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 3:16,85                                | S F   | 200 IM     | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 3:19,08                                | L F   | 200 IM     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| <b>Botes, Scarlett (14) W (Yr: AR)</b> |       |            |            |   |  |
| 32,38                                  | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 32,68                                  | L P   | 50 Free    | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:08,84                                | S F   | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:09,15                                | L P   | 100 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 2:24,20                                | S F   | 200 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 2:25,83                                | L F   | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 5:00,37                                | S F   | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 5:01,37                                | L F   | 400 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 10:10,16                               | S F   | 800 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 10:16,62                               | L F   | 800 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 20:06,95                               | L F   | 1500 Free  | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 42:24,78                               | L O   | 3000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 37,06                                  | S F   | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 37,59                                  | L P   | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:16,00                                | S F   | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:18,31                                | L P   | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:36,66                                | S F   | 200 Back   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 2:40,99                                | L F   | 200 Back   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 40,81                                  | S F   | 50 Breast  | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 1:27,55                                | S F   | 100 Breast | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 1:30,91                                | L P   | 100 Breast | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 3:02,78                                | S F   | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 3:06,66                                | L F   | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 35,62                                  | L F   | 50 Fly     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 38,11                                  | S F   | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 1:22,58                                | L F   | 100 Fly    | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 2:52,15                                | L F   | 200 Fly    | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 2:45,74                                | S F   | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 2:47,32                                | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 5:44,85                                | S F   | 400 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 5:46,32                                | L F   | 400 IM     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| <b>Botha, Jana (15) W (Yr: AR)</b>     |       |            |            |   |  |
| 27,91                                  | S P   | 50 Free    | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 28,08                                  | L F   | 50 Free    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 59,21                                  | S P   | 100 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:00,39                                | L F   | 100 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:10,93                                | L F   | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:13,72                                | S F   | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 4:40,66                                | L F   | 400 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 4:43,25                                | S F   | 400 Free   | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 30,11                                  | S P   | 50 Back    | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 31,56                                  | L P   | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:04,54                                | S F   | 100 Back   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:06,83                                | L F   | 100 Back   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:18,60                                | S F   | 200 Back   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:23,48                                | L S F | 200 Back   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 36,01                                  | S F   | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 36,21                                  | L F   | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 32,79                                  | S F   | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 1:06,61                                | S F   | 100 IM     | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |

## Individual Top Times

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| Time                                     | P/F/S | Event |     |        |  |
|--|-------|-------|-----|--------|--|
| <b>Botha, Jana (15) W (Yr: AR)</b>       |       |       |     |        |  |
| 2:23,87                                  | L     | F     | 200 | IM     | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:24,44                                  | S     | F     | 200 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 5:00,17                                  | S     | F     | 400 | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 5:18,39                                  | L     | F     | 400 | IM     | 2018/12/05 Western Cape Summer Championships 2018        |
| <b>Botha, Johannes H (15) M (Yr: AR)</b> |       |       |     |        |  |
| 27,20                                    | S     | F     | 50  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 27,73                                    | L     | P     | 50  | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 58,79                                    | S     | P     | 100 | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 59,69                                    | L L   | F     | 100 | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 2:09,40                                  | S     | F     | 200 | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:11,87                                  | L     | F     | 200 | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 4:34,80                                  | S     | F     | 400 | Free   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 34,14                                    | S     | F     | 50  | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 28,05                                    | S     | P     | 50  | Fly    | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 28,11                                    | L     | F     | 50  | Fly    | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:01,14                                  | S     | P     | 100 | Fly    | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 1:02,56                                  | L S   | P     | 100 | Fly    | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:19,51                                  | S     | P     | 200 | Fly    | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:22,35                                  | L     | F     | 200 | Fly    | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:04,07                                  | S     | P     | 100 | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:21,01                                  | S     | P     | 200 | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:25,00                                  | L     | F     | 200 | IM     | 2018/12/05 Western Cape Summer Championships 2018        |
| 4:57,21                                  | S     | P     | 400 | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 5:08,09                                  | L     | F     | 400 | IM     | 2018/12/05 Western Cape Summer Championships 2018        |
| <b>Botha, Marais (12) M (Yr: AR)</b>     |       |       |     |        |  |
| 17,44                                    | S     | F     | 25  | Free   | 2018/06/30 CTMA Level 1 Gala #2                          |
| 39,75                                    | S     | F     | 50  | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                  |
| 39,75                                    | S     | F     | 50  | Free   | 2018/08/25 CTMA Level 1 Gala #4                          |
| 40,99                                    | L     | F     | 50  | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3                   |
| 1:30,78                                  | S     | F     | 100 | Free   | 2018/11/17 CTMA Level 1 Gala #7                          |
| 45,82                                    | S     | F     | 50  | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                  |
| 1:40,07                                  | S     | F     | 100 | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                  |
| 1:51,10                                  | L     | F     | 100 | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3                   |
| 57,13                                    | S     | F     | 50  | Breast | 2018/11/17 CTMA Level 1 Gala #7                          |
| 2:05,97                                  | S     | F     | 100 | Breast | 2018/10/20 CTMA Level 1 Gala #6                          |
| 20,38                                    | S     | F     | 25  | Fly    | 2018/07/28 CTMA Level 1 Gala #3                          |
| 46,74                                    | S     | F     | 50  | Fly    | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                  |
| 1:44,22                                  | S     | F     | 100 | IM     | 2018/07/28 CTMA Level 1 Gala #3                          |
| 3:45,44                                  | S     | F     | 200 | IM     | 2018/11/17 CTMA Level 1 Gala #7                          |
| <b>Botha, Tahlia (18) W (Yr: AR)</b>     |       |       |     |        |  |
| 28,16                                    | S     | P     | 50  | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 28,85                                    | L     | P     | 50  | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:00,21                                  | S     | P     | 100 | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 32,54                                    | L     | P     | 50  | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 32,91                                    | S     | F     | 50  | Back   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:09,49                                  | S     | F     | 100 | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:10,64                                  | L     | F     | 100 | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 33,19                                    | L     | F     | 50  | Breast | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 33,54                                    | S     | P     | 50  | Breast | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 1:12,17                                  | L     | F     | 100 | Breast | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:13,16                                  | S     | P     | 100 | Breast | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:39,56                                  | L S   | F     | 200 | Breast | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 29,63                                    | L     | F     | 50  | Fly    | 2018/12/05 Western Cape Summer Championships 2018        |
| 29,75                                    | S     | P     | 50  | Fly    | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 1:09,08                                  | S     | P     | 100 | Fly    | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 1:11,22                                  | L     | F     | 100 | Fly    | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:05,66                                  | S     | P     | 100 | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:22,25                                  | S     | F     | 200 | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:23,47                                  | L     | F     | 200 | IM     | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| <b>Botha, Zelde (15) W (Yr: AR)</b>      |       |       |     |        |  |

## Individual Top Times

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| Time  | P/F/S | Event      |            |   |  |
|---|-------|------------|------------|---|--|
| <b>Botha, Zelde (15) W (Yr: AR)</b>         |       |            |            |   |  |
| 37,21 S                                     | F     | 50 Free    | 2018/08/18 | CTMA Level 2 Gala #4                          |  |
| 1:25,37 S                                   | F     | 100 Free   | 2018/07/28 | CTMA Level 2 Gala #3                          |  |
| 3:05,16 S                                   | F     | 200 Free   | 2018/08/18 | CTMA Level 2 Gala #4                          |  |
| 3:05,78 L                                   | F     | 200 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 10:51,11 L                                  | O     | 500 Free   | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 40,75 L                                     | F     | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 41,06 S                                     | F     | 50 Back    | 2018/08/18 | CTMA Level 2 Gala #4                          |  |
| 1:29,50 S                                   | F     | 100 Back   | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 1:34,97 L                                   | F     | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 41,01 S                                     | F     | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 42,50 L                                     | F     | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 1:29,29 S                                   | F     | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:34,68 L                                   | F     | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 3:22,76 S                                   | F     | 200 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 3:29,15 L                                   | F     | 200 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 39,05 L                                     | F     | 50 Fly     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 42,91 S                                     | F     | 50 Fly     | 2018/07/28 | CTMA Level 2 Gala #3                          |  |
| 3:16,53 L                                   | F     | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 3:21,95 S                                   | F     | 200 IM     | 2018/07/28 | CTMA Level 2 Gala #3                          |  |
| <b>Campbell, Marnè (13) W (Yr: AR)</b>      |       |            |            |   |  |
| 30,49 S                                     | F     | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 30,58 L L                                   | F     | 50 Free    | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:04,52 L                                   | P     | 100 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:04,83 S                                   | F     | 100 Free   | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 2:17,67 S                                   | P     | 200 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:18,90 L                                   | P     | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 4:46,94 S                                   | F     | 400 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 4:50,77 L                                   | F     | 400 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 9:44,07 S                                   | F     | 800 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 10:14,13 L                                  | F     | 800 Free   | 2018/11/10 | Winelands SL 4                                |  |
| 41:18,50 L                                  | O     | 3000 Free  | 2019/01/13 | EC Swim Series OWS 4 2019                     |  |
| 1:15,14 S                                   | F     | 100 Back   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 2:38,83 S                                   | F     | 200 Back   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 2:44,16 L                                   | F     | 200 Back   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:29,81 S                                   | F     | 100 Breast | 2018/06/16 | Winelands Winter Gala 1                       |  |
| 2:58,56 S                                   | F     | 200 Breast | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 3:02,68 L                                   | F     | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 31,94 L                                     | P     | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 33,14 S                                     | F     | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 1:07,42 L S                                 | F     | 100 Fly    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 1:10,87 S                                   | F     | 100 Fly    | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 2:29,55 L                                   | F     | 200 Fly    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:32,54 S                                   | F     | 200 Fly    | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 2:32,74 L                                   | F     | 200 IM     | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:33,78 S                                   | P     | 200 IM     | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 5:19,88 S                                   | F     | 400 IM     | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 5:24,90 L                                   | F     | 400 IM     | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| <b>Campbell, Nicholas E (18) M (Yr: AR)</b> |       |            |            |   |  |
| 1:03,18 S                                   | F     | 100 Free   | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 2:01,96 S                                   | P     | 200 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 4:12,08 S                                   | P     | 400 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 4:28,46 L                                   | F     | 400 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 8:41,54 S                                   | F     | 800 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 16:20,97 S                                  | F     | 1500 Free  | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:26,59 S                                   | F     | 200 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 2:33,80 S                                   | F     | 200 IM     | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| <b>Carneiro, Isabella G (12) W (Yr: AR)</b> |       |            |            |   |  |
| 32,94 S                                     | F     | 50 Free    | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 1:14,12 S                                   | F     | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 38,63 S                                     | F     | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |



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| <b>Carneiro, Isabella G (12) W (Yr: AR)</b> |       |            |            |   |  |
| 1:20,79                                     | S F   | 100 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 2:53,73                                     | S F   | 200 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 43,35                                       | S F   | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 1:34,79                                     | S F   | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 37,82                                       | S F   | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 2:58,51                                     | S F   | 200 IM     | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| <b>Cho, Ziyi L (12) W (Yr: AR)</b>          |       |            |            |   |  |
| 38,47                                       | L F   | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 40,57                                       | S F   | 50 Free    | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 1:29,87                                     | L F   | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 1:37,25                                     | S F   | 100 Free   | 2018/05/19 | CTMA Level 1 Gala #1                          |  |
| 43,42                                       | L F   | 50 Back    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:32,87                                     | L F   | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 1:38,82                                     | S F   | 100 Back   | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 3:20,43                                     | L F   | 200 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 54,53                                       | L F   | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 55,17                                       | S F   | 50 Breast  | 2018/05/19 | CTMA Level 1 Gala #1                          |  |
| 1:54,05                                     | L F   | 100 Breast | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:58,85                                     | S F   | 100 Breast | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 24,37                                       | S F   | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 53,91                                       | S F   | 50 Fly     | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 1:46,19                                     | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 3:41,39                                     | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 3:46,16                                     | S F   | 200 IM     | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| <b>Combrink, Abigail (14) W (Yr: AR)</b>    |       |            |            |   |  |
| 33,19                                       | S F   | 50 Free    | 2018/06/30 | CTMA Level 2 Gala #2                          |  |
| 33,64                                       | L P   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:15,63                                     | S F   | 100 Free   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 38,29                                       | S F   | 50 Back    | 2018/06/30 | CTMA Level 2 Gala #2                          |  |
| 39,15                                       | L P   | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:23,24                                     | S F   | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:27,93                                     | L P   | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 3:02,02                                     | S F   | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 3:08,31                                     | L F   | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 44,99                                       | S F   | 50 Breast  | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 46,51                                       | L P   | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 38,79                                       | S F   | 50 Fly     | 2018/11/10 | CTMA Level 2 Gala #5                          |  |
| 40,32                                       | L F   | 50 Fly     | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 1:27,31                                     | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 3:06,49                                     | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 3:09,93                                     | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| <b>Consani, Dario L (13) M (Yr: AR)</b>     |       |            |            |   |  |
| 28,96                                       | L P   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:03,12                                     | L F   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:06,77                                     | S F   | 100 Free   | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 2:22,33                                     | L P   | 200 Free   | 2019/02/22 | 2019 Grand Prix Invitational Swimming Meet-CT |  |
| 5:06,05                                     | L F   | 400 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 5:16,33                                     | S F   | 400 Free   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 33,71                                       | S F   | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 34,48                                       | L P   | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:16,13                                     | L P   | 100 Back   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 2:46,78                                     | L F   | 200 Back   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 40,52                                       | S F   | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:31,54                                     | S F   | 100 Breast | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 30,96                                       | L P   | 50 Fly     | 2019/02/22 | 2019 Grand Prix Invitational Swimming Meet-CT |  |
| 1:09,95                                     | L F   | 100 Fly    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:10,43                                     | S F   | 100 Fly    | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 2:38,97                                     | S F   | 200 Fly    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:41,68                                     | L P   | 200 Fly    | 2019/02/22 | 2019 Grand Prix Invitational Swimming Meet-CT |  |
| 2:41,56                                     | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018        |  |

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| <b>Consani, Dario L (13) M (Yr: AR)</b>   |       |            |            |  |  |
| 2:45,95                                   | S F   | 200 IM     | 2018/07/29 | CTMA Level 3&UP Gala #3                      |  |
| <b>Daniels, Jenna (14) W (Yr: AR)</b>     |       |            |            |  |  |
| 31,55                                     | L F   | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 32,05                                     | S F   | 50 Free    | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:09,82                                   | L P   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:30,35                                   | L F   | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:36,33                                   | S F   | 200 Free   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 5:29,36                                   | L F   | 400 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 35,82                                     | L P   | 50 Back    | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 1:17,83                                   | L F   | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:19,62                                   | S F   | 100 Back   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 2:46,29                                   | L F   | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 44,52                                     | L P   | 50 Breast  | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 35,50                                     | L F   | 50 Fly     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:21,29                                   | L P   | 100 Fly    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:48,70                                   | L F   | 200 IM     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:52,49                                   | S F   | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| <b>Das Neves, Lucas P (9) M (Yr: HN)</b>  |       |            |            |  |  |
| 18,17                                     | S F   | 25 Free    | 2018/11/17 | CTMA Level 1 Gala #7                         |  |
| 37,44                                     | L F   | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 37,68                                     | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:24,58                                   | S F   | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:25,12                                   | L F   | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 22,59                                     | S F   | 25 Back    | 2018/11/17 | CTMA Level 1 Gala #7                         |  |
| 43,35                                     | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 44,85                                     | L F   | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:34,30                                   | S F   | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:36,97                                   | L F   | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 27,28                                     | S F   | 25 Breast  | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| 19,22                                     | S F   | 25 Fly     | 2018/11/17 | CTMA Level 1 Gala #7                         |  |
| 40,87                                     | S F   | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 44,23                                     | L F   | 50 Fly     | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| <b>De Goede, Daney (12) W (Yr: HR)</b>    |       |            |            |  |  |
| 42,56                                     | S F   | 50 Free    | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 1:34,14                                   | S F   | 100 Free   | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 1:52,71                                   | S F   | 100 Back   | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 54,97                                     | S F   | 50 Breast  | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 22,81                                     | S F   | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 46,80                                     | S F   | 50 Fly     | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 1:52,19                                   | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| <b>De Jongh, Walter H (16) M (Yr: AR)</b> |       |            |            |  |  |
| 26,75                                     | S F   | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 27,49                                     | L P   | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 58,29                                     | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 59,22                                     | L F   | 100 Free   | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 2:04,58                                   | S F   | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:08,74                                   | L F   | 200 Free   | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 4:28,48                                   | S F   | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 4:30,85                                   | L F   | 400 Free   | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 18:11,93                                  | L F   | 1500 Free  | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 1:07:06,00                                | L O   | 5000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 32,12                                     | S F   | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 1:06,27                                   | S F   | 100 Back   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:09,46                                   | L P   | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:18,34                                   | S F   | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:24,52                                   | L F   | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 34,50                                     | S F   | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 35,53                                     | L F   | 50 Breast  | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 1:13,82                                   | S F   | 100 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:14,73                                   | L P   | 100 Breast | 2018/12/05 | Western Cape Summer Championships 2018       |  |

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| <b>De Jongh, Walter H (16) M (Yr: AR)</b>             |       |            |            |  |  |
| 2:45,47 L   | F     | 200 Breast | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:09,05 L   | F     | 100 Fly    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:10,65 S   | F     | 100 Fly    | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 2:22,50 S   | F     | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 2:23,38 L   | F     | 200 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| <b>De Klerk, Jeanique (16) W (Yr: AR)</b>             |       |            |            |  |  |
| 1:11,17 S   | F     | 100 Free   | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 37,46 S   | F     | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 1:38,80 S   | F     | 100 Breast | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 3:01,75 S   | F     | 200 IM     | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| <b>De Nysschen, Gysbert N (10) M (Yr: HN)</b>         |       |            |            |  |  |
| 19,50 S   | F     | 25 Free    | 2018/08/25 | CTMA Level 1 Gala #4                         |  |
| 23,65 S   | F     | 25 Back    | 2018/08/25 | CTMA Level 1 Gala #4                         |  |
| 27,56 S   | F     | 25 Breast  | 2018/08/25 | CTMA Level 1 Gala #4                         |  |
| <b>De Oliveira E Silva, Jozelle A (12) W (Yr: AR)</b> |       |            |            |  |  |
| 31,21 L   | F     | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 31,27 S   | F     | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:09,31 L   | F     | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:11,54 S   | F     | 100 Free   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 2:37,56 L   | F     | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 2:43,57 S   | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 16:11,55 L  | O     | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 35,58 S   | F     | 50 Back    | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 36,00 L   | P     | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:17,14 L   | F     | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:20,52 S   | F     | 100 Back   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 3:02,35 S   | F     | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 45,04 L   | F     | 50 Breast  | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 47,00 S   | F     | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 1:37,65 L   | F     | 100 Breast | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 1:39,24 S   | F     | 100 Breast | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 35,04 L   | P     | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 40,46 S   | F     | 50 Fly     | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 1:29,97 S   | F     | 100 Fly    | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 2:55,77 L   | F     | 200 IM     | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 3:02,59 S   | F     | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| <b>De Wet, Lara-Joe (9) W (Yr: AR)</b>                |       |            |            |  |  |
| 38,65 S   | F     | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 40,03 L   | F     | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:32,53 S   | F     | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 43,96 S L   | F     | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 45,44 L   | F     | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:38,06 S   | F     | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:42,86 L   | F     | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 50,01 L   | F     | 50 Breast  | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 50,23 S   | F     | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:42,90 S   | F     | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:47,94 L   | F     | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 3:48,75 L   | F     | 200 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 4:14,83 S   | F     | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 44,09 S   | F     | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 3:28,67 S   | F     | 200 IM     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| <b>De Wet, Rachel M (11) W (Yr: AR)</b>               |       |            |            |  |  |
| 40,62 L   | F     | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 40,78 S   | F     | 50 Free    | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 1:44,87 S   | F     | 100 Free   | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 44,60 L   | F     | 50 Back    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 46,82 S   | F     | 50 Back    | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:42,66 L   | F     | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:42,78 S   | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |

## Individual Top Times

Times since: 01-May-08

| Time                                    | P/F/S | Event      |            |  |  |
|---|-------|------------|------------|--|--|
| <b>De Wet, Rachel M (11) W (Yr: AR)</b> |       |            |            |  |  |
| 50,48 L                                 | F     | 50 Breast  | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 52,02 S                                 | F     | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:56,46 S                               | F     | 100 Breast | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 1:56,49 L                               | F     | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 4:02,31 S                               | F     | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:45,53 S                               | F     | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 3:50,22 S                               | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| <b>Dixon, Lucia (12) W (Yr: AR)</b>     |       |            |            |  |  |
| 34,16 L                                 | F     | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 34,76 S                                 | F     | 50 Free    | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 1:17,17 L                               | F     | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:18,19 S                               | F     | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:53,33 S                               | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:53,48 L                               | F     | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 40,07 S                                 | F     | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 40,70 L                                 | F     | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:26,74 S                               | F     | 100 Back   | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 1:28,23 L                               | F     | 100 Back   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 3:02,18 S                               | F     | 200 Back   | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 3:08,12 L                               | F     | 200 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 48,86 L                                 | F     | 50 Breast  | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 1:42,31 S                               | F     | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:46,82 L                               | F     | 100 Breast | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 38,38 L                                 | F     | 50 Fly     | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 40,88 S                                 | F     | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 3:13,76 L                               | F     | 200 IM     | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 3:15,18 S                               | F     | 200 IM     | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| <b>Dixon, Tara (12) W (Yr: AR)</b>      |       |            |            |  |  |
| 38,63 S                                 | F     | 50 Free    | 2019/03/09 | Glenn Petersen Benefit Gala                  |  |
| 39,14 L                                 | F     | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:27,33 L                               | F     | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:30,40 S                               | F     | 100 Free   | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 3:11,91 L                               | F     | 200 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 19:29,09 L                              | O     | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 21,19 S                                 | F     | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 46,28 L                                 | F     | 50 Back    | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 47,62 S                                 | F     | 50 Back    | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 1:42,59 L                               | F     | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:48,53 S                               | F     | 100 Back   | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| 56,70 L                                 | F     | 50 Breast  | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 58,72 S                                 | F     | 50 Breast  | 2018/11/17 | CTMA Level 1 Gala #7                         |  |
| 1:55,16 S                               | F     | 100 Breast | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| 2:01,32 L                               | F     | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 20,10 S                                 | F     | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 48,06 S                                 | F     | 50 Fly     | 2019/03/09 | Glenn Petersen Benefit Gala                  |  |
| 48,08 L                                 | F     | 50 Fly     | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:40,09 S                               | F     | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 3:34,73 L                               | F     | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 3:40,65 S                               | F     | 200 IM     | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| <b>Dowdle, Kalyne (11) W (Yr: AR)</b>   |       |            |            |  |  |
| 34,20 L                                 | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 34,36 S                                 | F     | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:14,46 L                               | P     | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:14,91 S                               | F     | 100 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 2:44,12 L                               | P     | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:46,95 S                               | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 5:41,04 S                               | F     | 400 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 5:44,57 L                               | F     | 400 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 16:19,35 L                              | O     | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 36,90 L                                 | F     | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |

## Individual Top Times

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| Time                                       | P/F/S | Event      |            |  |  |
|--|-------|------------|------------|--|--|
| <b>Dowdle, Kalynne (11) W (Yr: AR)</b>     |       |            |            |  |  |
| 38,29 S                                    | F     | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 1:20,84 L                                  | F     | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:21,35 S                                  | F     | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:49,72 S                                  | F     | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:52,94 L                                  | F     | 200 Back   | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 46,02 L                                    | P     | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 46,46 S                                    | F     | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:38,47 L                                  | F     | 100 Breast | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 1:39,49 S                                  | F     | 100 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 3:26,54 L                                  | F     | 200 Breast | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 3:26,88 S                                  | F     | 200 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 41,37 S                                    | F     | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:37,46 S                                  | F     | 100 Fly    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:24,60 S                                  | F     | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 3:01,48 L                                  | F     | 200 IM     | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 3:01,70 S                                  | F     | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| <b>Du Toit, Francois W (12) M (Yr: AR)</b> |       |            |            |  |  |
| 32,86 L                                    | P     | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 34,34 S                                    | F     | 50 Free    | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 1:14,66 L                                  | P     | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:15,86 S                                  | F     | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:50,47 L                                  | F     | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 2:53,78 S                                  | F     | 200 Free   | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 36,55 L                                    | F     | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 39,09 S                                    | F     | 50 Back    | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 1:17,80 L                                  | F     | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:23,44 S                                  | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:46,51 L                                  | F     | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:59,83 S                                  | F     | 200 Back   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 45,39 L                                    | P     | 50 Breast  | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 47,87 S                                    | F     | 50 Breast  | 2018/07/28 | CTMA Level 2 Gala #3                         |  |
| 1:37,66 S                                  | F     | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:38,21 L                                  | P     | 100 Breast | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 39,69 L                                    | P     | 50 Fly     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 41,87 S                                    | F     | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:03,09 L                                  | P     | 200 IM     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 3:07,88 S                                  | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| <b>Eagar, Catharina J (14) W (Yr: AR)</b>  |       |            |            |  |  |
| 31,87 S                                    | F     | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 31,98 L                                    | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:09,70 S                                  | F     | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:10,67 L L                                | F     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:37,77 S                                  | F     | 200 Free   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 2:43,17 L                                  | F     | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 34,25 L                                    | P     | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 34,84 S                                    | F     | 50 Back    | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:12,71 S                                  | F     | 100 Back   | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 1:15,21 L                                  | P     | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:41,54 S                                  | F     | 200 Back   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 2:44,12 L                                  | F     | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 44,22 L                                    | P     | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:37,76 L                                  | P     | 100 Breast | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 32,43 L                                    | P     | 50 Fly     | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 33,23 S                                    | F     | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 1:12,99 S                                  | F     | 100 Fly    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:13,95 L                                  | P     | 100 Fly    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:51,47 S                                  | F     | 200 Fly    | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 2:59,07 L                                  | F     | 200 Fly    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:46,50 S                                  | F     | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 2:49,76 L                                  | F     | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018       |  |

## Individual Top Times

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| Time                                    | P/F/S | Event      |            |   |  |
|---|-------|------------|------------|---|--|
| <b>Eagar, Francis J (10) M (Yr: AN)</b> |       |            |            |   |  |
| 36,76 L                                 | F     | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                               |  |
| 40,14 S                                 | F     | 50 Free    | 2018/08/18 | CTMA Level 2 Gala #4                            |  |
| 1:24,07 L                               | F     | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                               |  |
| 1:25,22 S                               | F     | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                     |  |
| 3:06,93 S                               | F     | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                     |  |
| 3:12,95 L                               | F     | 200 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                    |  |
| 43,10 L                                 | F     | 50 Back    | 2019/02/02 | WC Jack Currie Champs - 2019                    |  |
| 45,11 S                                 | F     | 50 Back    | 2018/08/18 | CTMA Level 2 Gala #4                            |  |
| 1:31,08 L                               | F     | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                               |  |
| 1:35,68 S                               | F     | 100 Back   | 2018/11/10 | CTMA Level 2 Gala #5                            |  |
| 3:13,97 L                               | F     | 200 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                               |  |
| 3:16,69 S                               | F     | 200 Back   | 2018/11/10 | CTMA Level 2 Gala #5                            |  |
| 59,52 L                                 | F     | 50 Breast  | 2018/10/04 | Aquabear Invitational Meet                      |  |
| 2:06,81 L                               | F     | 100 Breast | 2018/10/04 | Aquabear Invitational Meet                      |  |
| 4:41,99 L                               | F     | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                      |  |
| 40,00 L                                 | F     | 50 Fly     | 2019/02/16 | CTMA L2&L3 CHAMPS                               |  |
| 40,74 S                                 | F     | 50 Fly     | 2018/11/10 | CTMA Level 2 Gala #5                            |  |
| 1:37,08 L                               | F     | 100 Fly    | 2019/02/02 | WC Jack Currie Champs - 2019                    |  |
| 1:39,48 S                               | F     | 100 Fly    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                     |  |
| 3:27,76 S                               | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                     |  |
| 3:34,80 L                               | F     | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                    |  |
| <b>Ellis, Liam (12) M (Yr: AR)</b>      |       |            |            |   |  |
| 32,01 L                                 | P     | 50 Free    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 33,17 S                                 | F     | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 1:09,80 L                               | P     | 100 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 1:10,38 S                               | F     | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                     |  |
| 2:29,76 L                               | P     | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 2:31,33 S                               | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 5:09,95 L                               | F     | 400 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 5:12,75 S                               | F     | 400 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                     |  |
| 11:01,74 S                              | F     | 800 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 11:02,84 L                              | F     | 800 Free   | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala       |  |
| 44:56,02 L                              | O     | 3000 Free  | 2018/12/16 | Open Water Swimming Challenge                   |  |
| 37,89 L                                 | P     | 50 Back    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 1:22,97 S                               | F     | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 1:26,10 L                               | F     | 100 Back   | 2018/06/22 | PEA Winter Gala 2018                            |  |
| 2:47,48 L S                             | P     | 200 Back   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 2:52,04 S                               | F     | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 47,39 L                                 | F     | 50 Breast  | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala       |  |
| 1:43,83 S                               | F     | 100 Breast | 2018/09/08 | CTMA Qualifying Gala #1                         |  |
| 3:45,61 S                               | F     | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                         |  |
| 36,68 L                                 | F     | 50 Fly     | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala       |  |
| 1:32,79 S                               | F     | 100 Fly    | 2018/09/08 | CTMA Qualifying Gala #1                         |  |
| 1:27,68 S                               | F     | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 3:02,32 S                               | F     | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 3:04,52 L                               | F     | 200 IM     | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala       |  |
| <b>Ellis, Zac (15) M (Yr: AR)</b>       |       |            |            |   |  |
| 28,61 L                                 | F     | 50 Free    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala       |  |
| 59,57 L                                 | P     | 100 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 59,73 S                                 | F     | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 2:06,88 S                               | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 2:07,95 L                               | P     | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 4:23,69 S                               | F     | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 4:27,84 L                               | F     | 400 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN       |  |
| 9:03,11 S                               | F     | 800 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018       |  |
| 9:18,40 L                               | F     | 800 Free   | 2018/12/05 | Western Cape Summer Championships 2018          |  |
| 17:12,82 S                              | F     | 1500 Free  | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durban 18 |  |
| 17:42,86 L                              | F     | 1500 Free  | 2018/06/22 | PEA Winter Gala 2018                            |  |
| 1:03:28,06 L                            | O     | 5000 Free  | 2019/01/05 | 2019 Grand Prix Invitation Swimming Meet-MP     |  |
| 2:10:16,00 L                            | O     | 10000 Free | 2018/12/16 | Open Water Swimming Challenge                   |  |

## Individual Top Times

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| Time  | P/F/S | Event |     |        |  |
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| <b>Ellis, Zac (15) M (Yr: AR)</b>           |       |       |     |        |  |
| 1:13,16                                     | L     | F     | 100 | Back   | 2018/11/02 37th Freda Barnard Gala Invitational Gala |
| 2:34,63                                     | L     | F     | 200 | Back   | 2018/11/02 37th Freda Barnard Gala Invitational Gala |
| 36,17                                       | L     | F     | 50  | Breast | 2018/11/02 37th Freda Barnard Gala Invitational Gala |
| 37,66                                       | S     | F     | 50  | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                   |
| 1:19,22                                     | L     | F     | 100 | Breast | 2018/11/02 37th Freda Barnard Gala Invitational Gala |
| 2:44,19                                     | S     | F     | 200 | Breast | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 2:48,58                                     | L     | F     | 200 | Breast | 2018/12/05 Western Cape Summer Championships 2018    |
| 1:10,31                                     | S     | F     | 100 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 2:27,70                                     | S     | F     | 200 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 2:29,65                                     | L     | F     | 200 | IM     | 2018/12/05 Western Cape Summer Championships 2018    |
| 5:05,83                                     | S     | F     | 400 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 5:17,81                                     | L     | F     | 400 | IM     | 2018/06/22 PEA Winter Gala 2018                      |
| <b>Els, Imke (10) W (Yr: AR)</b>            |       |       |     |        |  |
| 19,03                                       | S     | F     | 25  | Free   | 2018/06/30 CTMA Level 1 Gala #2                      |
| 42,19                                       | L     | F     | 50  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 43,19                                       | S     | F     | 50  | Free   | 2018/07/28 CTMA Level 1 Gala #3                      |
| 1:33,17                                     | S     | F     | 100 | Free   | 2018/11/10 CTMA Level 2 Gala #5                      |
| 1:37,17                                     | L     | F     | 100 | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 21,40                                       | S     | F     | 25  | Back   | 2018/07/28 CTMA Level 1 Gala #3                      |
| 45,71                                       | L     | F     | 50  | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 51,66                                       | S     | F     | 50  | Back   | 2018/09/22 CTMA Level 1 Gala #5                      |
| 1:44,86                                     | S     | F     | 100 | Back   | 2018/11/10 CTMA Level 2 Gala #5                      |
| 1:47,36                                     | L     | F     | 100 | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 24,56                                       | S     | F     | 25  | Breast | 2018/06/30 CTMA Level 1 Gala #2                      |
| 51,42                                       | S     | F     | 50  | Breast | 2018/11/10 CTMA Level 2 Gala #5                      |
| 52,22                                       | L     | F     | 50  | Breast | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 1:53,78                                     | L     | F     | 100 | Breast | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 1:58,38                                     | S     | F     | 100 | Breast | 2018/07/28 CTMA Level 1 Gala #3                      |
| 3:44,34                                     | S     | F     | 200 | IM     | 2018/09/22 CTMA Level 1 Gala #5                      |
| 4:00,89                                     | L     | F     | 200 | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| <b>Els, Liam R (9) M (Yr: AR)</b>           |       |       |     |        |  |
| 20,84                                       | S     | F     | 25  | Free   | 2018/06/30 CTMA Level 1 Gala #2                      |
| 47,75                                       | S     | F     | 50  | Free   | 2018/09/22 CTMA Level 1 Gala #5                      |
| 1:40,76                                     | S     | F     | 100 | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 1:47,07                                     | L     | F     | 100 | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 23,78                                       | S     | F     | 25  | Back   | 2018/07/28 CTMA Level 1 Gala #3                      |
| 47,79                                       | S     | F     | 50  | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 52,34                                       | L     | F     | 50  | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 1:44,29                                     | S     | F     | 100 | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 30,34                                       | S     | F     | 25  | Breast | 2018/06/30 CTMA Level 1 Gala #2                      |
| 1:00,89                                     | S     | F     | 50  | Breast | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 2:08,36                                     | S     | F     | 100 | Breast | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 2:16,58                                     | L     | F     | 100 | Breast | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 2:00,19                                     | S     | F     | 100 | IM     | 2018/09/22 CTMA Level 1 Gala #5                      |
| <b>Engelbrecht, Ethan (14) M (Yr: AR)</b>   |       |       |     |        |  |
| 29,02                                       | S     | F     | 50  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 1:04,52                                     | S     | F     | 100 | Free   | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 2:19,93                                     | S     | F     | 200 | Free   | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 1:17,61                                     | S     | F     | 100 | Breast | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 2:54,36                                     | S     | F     | 200 | Breast | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 1:09,78                                     | S     | F     | 100 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018 |
| 2:41,43                                     | S     | F     | 200 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018 |
| <b>Engelbrecht, Heine B (11) M (Yr: AR)</b> |       |       |     |        |  |
| 1:23,96                                     | S     | F     | 100 | Free   | 2018/11/17 CTMA Level 1 Gala #7                      |
| 1:29,52                                     | L     | F     | 100 | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 44,74                                       | L     | F     | 50  | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 1:37,21                                     | L     | F     | 100 | Back   | 2019/02/02 WC Jack Currie Champs - 2019              |
| 1:37,43                                     | S     | F     | 100 | Back   | 2018/06/30 CTMA Level 1 Gala #2                      |
| 3:19,64                                     | L     | F     | 200 | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 56,47                                       | S     | F     | 50  | Breast | 2018/11/17 CTMA Level 1 Gala #7                      |

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|--|-------|-------|-----|--------|---|
| <b>Engelbrecht, Heine B (11) M (Yr: AR)</b>  |       |       |     |        |   |
| 57,98  | L     | F     | 50  | Breast | 2019/02/02 WC Jack Currie Champs - 2019                 |
| 51,21  | S     | F     | 50  | Fly    | 2018/06/30 CTMA Level 1 Gala #2                         |
| 1:45,00                                      | S     | F     | 100 | IM     | 2018/06/30 CTMA Level 1 Gala #2                         |
| 3:34,97                                      | S     | F     | 200 | IM     | 2018/11/17 CTMA Level 1 Gala #7                         |
| 3:36,71                                      | L     | F     | 200 | IM     | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| <b>Engelbrecht, Ruben J (11) M (Yr: CR)</b>  |       |       |     |        |   |
| 30,63  | L     | F     | 50  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 31,21  | S     | F     | 50  | Free   | 2018/08/18 CTMA Level 3&UP Gala #4                      |
| 1:11,49                                      | L     | F     | 100 | Free   | 2018/06/22 PEA Winter Gala 2018                         |
| 1:12,35                                      | S     | F     | 100 | Free   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 2:40,58                                      | S     | F     | 200 | Free   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 2:43,72                                      | L     | F     | 200 | Free   | 2018/06/22 PEA Winter Gala 2018                         |
| 36,93  | L     | F     | 50  | Back   | 2018/12/05 Western Cape Summer Championships 2018       |
| 37,37  | S     | F     | 50  | Back   | 2019/03/09 Glenn Petersen Benefit Gala                  |
| 1:18,33                                      | L     | F     | 100 | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| 1:21,07                                      | S     | F     | 100 | Back   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 40,53  | L     | F     | 50  | Breast | 2018/06/22 PEA Winter Gala 2018                         |
| 40,56  | S     | F     | 50  | Breast | 2019/03/09 Glenn Petersen Benefit Gala                  |
| 1:29,03                                      | S     | F     | 100 | Breast | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 1:30,58                                      | L     | F     | 100 | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 3:14,11                                      | S     | F     | 200 | Breast | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 3:16,30                                      | L     | F     | 200 | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 32,28  | L     | F     | 50  | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 33,59  | S     | F     | 50  | Fly    | 2019/03/09 Glenn Petersen Benefit Gala                  |
| 1:18,67                                      | L     | F     | 100 | Fly    | 2019/01/12 BCA Inter District Gala 2019                 |
| 1:19,31                                      | S     | F     | 100 | Fly    | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 1:18,03                                      | S     | F     | 100 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 2:51,18                                      | S     | F     | 200 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 2:54,13                                      | L     | F     | 200 | IM     | 2019/01/12 BCA Inter District Gala 2019                 |
| <b>Erasmus, Joshua (12) M (Yr: HN)</b>       |       |       |     |        |   |
| 26,37  | S     | F     | 25  | Free   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 31,91  | S     | F     | 25  | Back   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 42,41  | S     | F     | 25  | Breast | 2018/08/25 CTMA Level 1 Gala #4                         |
| <b>Esterhuysen, Joshua N (11) M (Yr: AR)</b> |       |       |     |        |   |
| 31,22  | L     | F     | 50  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 32,95  | S     | F     | 50  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 1:07,26                                      | L     | F     | 100 | Free   | 2018/12/05 Western Cape Summer Championships 2018       |
| 1:10,68                                      | S     | F     | 100 | Free   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 2:29,10                                      | L     | F     | 200 | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:34,67                                      | S     | F     | 200 | Free   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 5:25,15                                      | L     | F     | 400 | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 39,03  | S     | F     | 50  | Back   | 2018/11/10 CTMA Level 3&UP Gala #5                      |
| 40,13  | L     | P     | 50  | Back   | 2018/12/05 Western Cape Summer Championships 2018       |
| 1:24,93                                      | L     | F     | 100 | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:25,33                                      | S     | F     | 100 | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 3:00,04                                      | L     | F     | 200 | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 3:04,23                                      | S     | F     | 200 | Back   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 46,02  | S     | F     | 50  | Breast | 2018/11/10 CTMA Level 3&UP Gala #5                      |
| 47,66  | L     | F     | 50  | Breast | 2019/01/12 BCA Inter District Gala 2019                 |
| 33,94  | L     | F     | 50  | Fly    | 2018/12/05 Western Cape Summer Championships 2018       |
| 37,41  | S     | F     | 50  | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 1:17,00                                      | L     | P     | 100 | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:25,27                                      | S     | F     | 100 | Fly    | 2018/11/10 CTMA Level 3&UP Gala #5                      |
| 2:52,59                                      | L     | F     | 200 | IM     | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:55,00                                      | S     | F     | 200 | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| <b>Evans, Caitlin N (8) W (Yr: AR)</b>       |       |       |     |        |   |
| 20,28  | S     | F     | 25  | Free   | 2018/06/30 CTMA Level 1 Gala #2                         |
| 41,57  | S     | F     | 50  | Free   | 2019/03/09 Glenn Petersen Benefit Gala                  |
| 44,20  | L     | F     | 50  | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| 1:32,36                                      | S     | F     | 100 | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |



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| <b>Evans, Caitlin N (8) W (Yr: AR)</b>  |       |            |            |  |  |
| 1:39,91                                 | L F   | 100 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 24,40                                   | S F   | 25 Back    | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 48,38                                   | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 50,26                                   | L F   | 50 Back    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:41,10                                 | S F   | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:51,56                                 | L F   | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 27,75                                   | S F   | 25 Breast  | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 56,47                                   | S F   | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 2:01,68                                 | S F   | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 2:11,95                                 | L F   | 100 Breast | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 25,28                                   | S F   | 25 Fly     | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 48,67                                   | S F   | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:50,32                                 | S F   | 100 IM     | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| <b>Evans, Reese (8) W (Yr: HN)</b>      |       |            |            |  |  |
| 23,66                                   | S F   | 25 Free    | 2018/11/17 | CTMA Level 1 Gala #7                         |  |
| 47,70                                   | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 49,27                                   | L F   | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 26,87                                   | S F   | 25 Back    | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 32,57                                   | S F   | 25 Breast  | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| <b>Feder, Aislyn T (11) W (Yr: AR)</b>  |       |            |            |  |  |
| 39,88                                   | S F   | 50 Free    | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 40,92                                   | L F   | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:31,23                                 | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 45,55                                   | S F   | 50 Back    | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 1:40,60                                 | S F   | 100 Back   | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 1:48,94                                 | L F   | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 54,50                                   | L F   | 50 Breast  | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 55,75                                   | S F   | 50 Breast  | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 1:57,27                                 | S F   | 100 Breast | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 49,91                                   | S F   | 50 Fly     | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 1:43,44                                 | S F   | 100 IM     | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 3:35,67                                 | S F   | 200 IM     | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 3:47,87                                 | L F   | 200 IM     | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| <b>Fourie, Charnè J (11) W (Yr: AR)</b> |       |            |            |  |  |
| 31,70                                   | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 32,21                                   | L F   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:11,48                                 | S F   | 100 Free   | 2018/07/29 | CTMA Level 3&UP Gala #3                      |  |
| 1:11,60                                 | L F   | 100 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 2:35,79                                 | L F   | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:42,15                                 | S F   | 200 Free   | 2018/12/15 | Valley Classic Meet                          |  |
| 37,33                                   | S F   | 50 Back    | 2018/07/29 | CTMA Level 3&UP Gala #3                      |  |
| 37,85                                   | L F   | 50 Back    | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 1:18,19                                 | S F   | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:21,95                                 | L F   | 100 Back   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 2:45,86                                 | S F   | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:48,83                                 | L F   | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 42,36                                   | S F   | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 42,43                                   | L P   | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:31,52                                 | S F   | 100 Breast | 2018/12/15 | Valley Classic Meet                          |  |
| 1:32,29                                 | L F   | 100 Breast | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 3:15,91                                 | L F   | 200 Breast | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 3:18,47                                 | S F   | 200 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 38,14                                   | S F   | 50 Fly     | 2018/12/15 | Valley Classic Meet                          |  |
| 38,36                                   | L F   | 50 Fly     | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 1:24,47                                 | S F   | 100 Fly    | 2018/12/15 | Valley Classic Meet                          |  |
| 1:25,87                                 | L F   | 100 Fly    | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 1:21,39                                 | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:53,99                                 | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:55,24                                 | L F   | 200 IM     | 2018/10/04 | Aquabear Invitational Meet                   |  |
| <b>Funnell, Tatum K (14) W (Yr: HN)</b> |       |            |            |  |  |

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| <b>Funnell, Tatum K (14) W (Yr: HN)</b> |       |       |      |        |  |
| 24,90                                   | S     | F     | 25   | Free   | 2018/09/22 CTMA Level 1 Gala #5          |
| 30,78                                   | S     | F     | 25   | Back   | 2018/08/25 CTMA Level 1 Gala #4          |
| 30,78                                   | S     | F     | 25   | Back   | 2018/09/22 CTMA Level 1 Gala #5          |
| 29,34                                   | S     | F     | 25   | Breast | 2018/09/22 CTMA Level 1 Gala #5          |
| 59,28                                   | S     | F     | 50   | Breast | 2018/11/17 CTMA Level 1 Gala #7          |
| <b>Gerber, Logan (8) M (Yr: HN)</b>     |       |       |      |        |  |
| 18,97                                   | S     | F     | 25   | Free   | 2018/09/22 CTMA Level 1 Gala #5          |
| 26,06                                   | S     | F     | 25   | Back   | 2018/09/22 CTMA Level 1 Gala #5          |
| 27,46                                   | S     | F     | 25   | Breast | 2018/09/22 CTMA Level 1 Gala #5          |
| 31,90                                   | S     | F     | 25   | Fly    | 2018/10/20 CTMA Level 1 Gala #6          |
| <b>Glover, Erin K (11) W (Yr: AR)</b>   |       |       |      |        |  |
| 37,29                                   | L     | F     | 50   | Free   | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 38,43                                   | S     | F     | 50   | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2   |
| 1:22,11                                 | S     | F     | 100  | Free   | 2018/11/10 CTMA Level 2 Gala #5          |
| 1:22,53                                 | L     | F     | 100  | Free   | 2019/02/02 WC Jack Currie Champs - 2019  |
| 3:01,49                                 | L     | F     | 200  | Free   | 2019/02/02 WC Jack Currie Champs - 2019  |
| 3:04,00                                 | S     | F     | 200  | Free   | 2018/08/18 CTMA Level 2 Gala #4          |
| 19:36,60                                | L     | O     | 1000 | Free   | 2018/12/16 Open Water Swimming Challenge |
| 44,97                                   | L     | F     | 50   | Back   | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 49,07                                   | S     | F     | 50   | Back   | 2018/06/30 CTMA Level 2 Gala #2          |
| 1:37,77                                 | L     | F     | 100  | Back   | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 1:39,18                                 | S     | F     | 100  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2   |
| 3:28,62                                 | L     | F     | 200  | Back   | 2019/02/02 WC Jack Currie Champs - 2019  |
| 3:39,57                                 | S     | F     | 200  | Back   | 2018/06/30 CTMA Level 2 Gala #2          |
| 52,11                                   | S     | F     | 50   | Breast | 2018/11/10 CTMA Level 2 Gala #5          |
| 53,20                                   | L     | F     | 50   | Breast | 2019/02/02 WC Jack Currie Champs - 2019  |
| 1:50,33                                 | L     | F     | 100  | Breast | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 1:52,01                                 | S     | F     | 100  | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2   |
| 3:50,32                                 | L     | F     | 200  | Breast | 2019/02/02 WC Jack Currie Champs - 2019  |
| 4:21,07                                 | S     | F     | 200  | Breast | 2018/07/28 CTMA Level 2 Gala #3          |
| 43,54                                   | L     | F     | 50   | Fly    | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 47,23                                   | S     | F     | 50   | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2   |
| 3:22,66                                 | L     | F     | 200  | IM     | 2019/02/02 WC Jack Currie Champs - 2019  |
| 3:25,76                                 | S     | F     | 200  | IM     | 2018/11/10 CTMA Level 2 Gala #5          |
| <b>Gous, Luka (8) M (Yr: HN)</b>        |       |       |      |        |  |
| 20,19                                   | S     | F     | 25   | Free   | 2018/09/22 CTMA Level 1 Gala #5          |
| 43,63                                   | L     | F     | 50   | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3   |
| 1:51,85                                 | S     | F     | 100  | Free   | 2018/10/20 CTMA Level 1 Gala #6          |
| 24,69                                   | S     | F     | 25   | Back   | 2018/09/22 CTMA Level 1 Gala #5          |
| 53,98                                   | S     | F     | 50   | Back   | 2018/10/20 CTMA Level 1 Gala #6          |
| 1:59,94                                 | L     | F     | 100  | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3   |
| 35,88                                   | S     | F     | 25   | Breast | 2018/09/22 CTMA Level 1 Gala #5          |
| 1:13,22                                 | S     | F     | 50   | Breast | 2018/10/20 CTMA Level 1 Gala #6          |
| 25,92                                   | S     | F     | 25   | Fly    | 2018/09/22 CTMA Level 1 Gala #5          |
| <b>Green, Zoe K (10) W (Yr: AR)</b>     |       |       |      |        |  |
| 38,94                                   | L     | F     | 50   | Free   | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 41,00                                   | S     | F     | 50   | Free   | 2018/07/28 CTMA Level 1 Gala #3          |
| 1:32,23                                 | L     | F     | 100  | Free   | 2019/02/02 WC Jack Currie Champs - 2019  |
| 1:34,98                                 | S     | F     | 100  | Free   | 2018/09/08 CTMA Qualifying Gala #1       |
| 20,10                                   | S     | F     | 25   | Back   | 2018/07/28 CTMA Level 1 Gala #3          |
| 45,38                                   | L     | F     | 50   | Back   | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 47,85                                   | S     | F     | 50   | Back   | 2018/09/08 CTMA Qualifying Gala #1       |
| 1:41,11                                 | L     | F     | 100  | Back   | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 1:41,37                                 | S     | F     | 100  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2   |
| 3:38,46                                 | L     | F     | 200  | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3   |
| 52,70                                   | S     | F     | 50   | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2   |
| 1:50,22                                 | S     | F     | 100  | Breast | 2018/07/28 CTMA Level 1 Gala #3          |
| 1:52,35                                 | L     | F     | 100  | Breast | 2019/02/02 WC Jack Currie Champs - 2019  |
| 3:54,92                                 | L     | F     | 200  | Breast | 2019/02/16 CTMA L2&L3 CHAMPS             |
| 4:10,03                                 | S     | F     | 200  | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2   |

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| Time   | P/F/S | Event |     |        |  |
|--|-------|-------|-----|--------|--|
| <b>Green, Zoe K (10) W (Yr: AR)</b>            |       |       |     |        |  |
| 53,60  | S     | F     | 50  | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 1:48,69  | S     | F     | 100 | IM     | 2018/07/28 CTMA Level 1 Gala #3                          |
| 3:44,70  | L     | F     | 200 | IM     | 2019/02/02 WC Jack Currie Champs - 2019                  |
| 3:45,13  | S     | F     | 200 | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| <b>Greyling, Soleil M (12) W (Yr: AR)</b>      |       |       |     |        |  |
| 30,72  | L     | F     | 50  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 31,79  | S     | F     | 50  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 1:07,63  | L     | F     | 100 | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 1:10,11  | S     | F     | 100 | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 2:32,69  | L     | F     | 200 | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 2:44,06  | S     | F     | 200 | Free   | 2018/09/08 CTMA Qualifying Gala #1                       |
| 37,28  | S     | F     | 50  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 37,90  | L     | P     | 50  | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:24,93  | L     | P     | 100 | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:25,77  | S     | F     | 100 | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 47,93  | L     | P     | 50  | Breast | 2018/12/05 Western Cape Summer Championships 2018        |
| 48,70  | S     | F     | 50  | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 3:48,68  | S     | F     | 200 | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 35,12  | L     | F     | 50  | Fly    | 2018/12/05 Western Cape Summer Championships 2018        |
| 37,97  | S     | F     | 50  | Fly    | 2018/09/08 CTMA Qualifying Gala #1                       |
| 3:00,73  | L     | F     | 200 | IM     | 2018/12/05 Western Cape Summer Championships 2018        |
| 3:01,15  | S     | F     | 200 | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| <b>Groenewald, Stephanie Y (12) W (Yr: AN)</b> |       |       |     |        |  |
| 40,37  | S     | F     | 50  | Free   | 2018/08/25 CTMA Level 1 Gala #4                          |
| 1:24,73  | S     | F     | 100 | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 21,92  | S     | F     | 25  | Back   | 2018/05/19 CTMA Level 1 Gala #1                          |
| 46,03  | S     | F     | 50  | Back   | 2018/09/22 CTMA Level 1 Gala #5                          |
| 1:39,97  | S     | F     | 100 | Back   | 2018/08/25 CTMA Level 1 Gala #4                          |
| 54,59  | S     | F     | 50  | Breast | 2018/11/17 CTMA Level 1 Gala #7                          |
| 2:01,37  | S     | F     | 100 | Breast | 2018/07/28 CTMA Level 1 Gala #3                          |
| 22,00  | S     | F     | 25  | Fly    | 2018/05/19 CTMA Level 1 Gala #1                          |
| 1:44,47  | S     | F     | 100 | IM     | 2018/07/28 CTMA Level 1 Gala #3                          |
| 3:38,00  | S     | F     | 200 | IM     | 2018/09/22 CTMA Level 1 Gala #5                          |
| <b>Hartzenberg, Erin R (17) W (Yr: AR)</b>     |       |       |     |        |  |
| 28,44  | L     | P     | 50  | Free   | 2019/02/22 2019 Grand Prix Invitational Swimming Meet-CT |
| 28,64  | S     | F     | 50  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:02,36  | L     | P     | 100 | Free   | 2019/02/22 2019 Grand Prix Invitational Swimming Meet-CT |
| 1:02,37  | S     | F     | 100 | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 2:22,23  | S     | F     | 200 | Free   | 2018/08/18 CTMA Level 3&UP Gala #4                       |
| 31,24  | S     | F     | 50  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 32,35  | L     | P     | 50  | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:08,16  | S     | F     | 100 | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 1:09,93  | L     | P     | 100 | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:38,32  | S     | F     | 200 | Back   | 2018/06/23 CTMA Level 3&UP Gala #2                       |
| 29,94  | L     | F     | 50  | Fly    | 2018/12/05 Western Cape Summer Championships 2018        |
| 29,94  | L     | P     | 50  | Fly    | 2019/02/22 2019 Grand Prix Invitational Swimming Meet-CT |
| 30,67  | S     | F     | 50  | Fly    | 2018/06/23 CTMA Level 3&UP Gala #2                       |
| 1:09,55  | S     | F     | 100 | Fly    | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:10,11  | L     | P     | 100 | Fly    | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:10,38  | S     | F     | 100 | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:41,66  | S     | F     | 200 | IM     | 2018/08/18 CTMA Level 3&UP Gala #4                       |
| <b>Hearne, Trinity S (15) W (Yr: AR)</b>       |       |       |     |        |  |
| 27,62  | L     | F     | 50  | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 27,62  | S     | P     | 50  | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 58,60  | S     | F     | 100 | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 58,86  | L     | F     | 100 | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:05,03  | S     | F     | 200 | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:07,16  | L     | F     | 200 | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 4:27,72  | S     | P     | 400 | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 4:31,02  | L     | F     | 400 | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |

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|--|-------|-------|------|--------|--|
| <b>Hearne, Trinity S (15) W (Yr: AR)</b>   |       |       |      |        |  |
| 9:14,30                                    | S     | F     | 800  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:07:20,00                                 | L     | O     | 5000 | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 34,20                                      | S     | F     | 50   | Back   | 2018/11/10 CTMA Level 3&UP Gala #5                       |
| 1:09,00                                    | S     | F     | 100  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:28,59                                    | S     | F     | 200  | Back   | 2018/06/23 CTMA Level 3&UP Gala #2                       |
| 37,77                                      | S     | F     | 50   | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 28,48                                      | L     | F     | 50   | Fly    | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 29,24                                      | S     | P     | 50   | Fly    | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 1:02,63                                    | L S   | F     | 100  | Fly    | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:03,15                                    | S     | F     | 100  | Fly    | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:18,74                                    | S     | F     | 200  | Fly    | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:19,69                                    | L     | F     | 200  | Fly    | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:07,72                                    | S     | F     | 100  | IM     | 2018/06/30 CTMA Level 1 Gala #2                          |
| 2:21,73                                    | L     | F     | 200  | IM     | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:24,21                                    | S     | F     | 200  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 4:56,68                                    | S     | F     | 400  | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| <b>Heerschap, Jana (11) W (Yr: AR)</b>     |       |       |      |        |  |
| 42,19                                      | S     | F     | 50   | Free   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 1:30,98                                    | S     | F     | 100  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 1:48,22                                    | S     | F     | 100  | Back   | 2018/07/28 CTMA Level 2 Gala #3                          |
| 58,16                                      | S     | F     | 50   | Breast | 2018/07/28 CTMA Level 2 Gala #3                          |
| 2:04,31                                    | S     | F     | 100  | Breast | 2018/06/30 CTMA Level 2 Gala #2                          |
| 3:46,63                                    | S     | F     | 200  | IM     | 2018/06/30 CTMA Level 2 Gala #2                          |
| <b>Heilbron, Aaliah (14) W (Yr: AR)</b>    |       |       |      |        |  |
| 37,59                                      | S     | F     | 50   | Free   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 1:27,63                                    | S     | F     | 100  | Free   | 2018/07/28 CTMA Level 2 Gala #3                          |
| 48,13                                      | S     | F     | 50   | Back   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 1:46,46                                    | S     | F     | 100  | Back   | 2018/07/28 CTMA Level 2 Gala #3                          |
| 44,34                                      | S     | F     | 50   | Breast | 2018/10/21 WC SCHOOLS TRIALS - 21Oct18                   |
| 1:41,90                                    | S     | F     | 100  | Breast | 2018/06/30 CTMA Level 2 Gala #2                          |
| 3:47,40                                    | S     | F     | 200  | Breast | 2018/07/28 CTMA Level 2 Gala #3                          |
| 42,18                                      | S     | F     | 50   | Fly    | 2018/07/28 CTMA Level 2 Gala #3                          |
| 3:37,25                                    | S     | F     | 200  | IM     | 2018/06/30 CTMA Level 2 Gala #2                          |
| <b>Heilbron, Zubair (16) M (Yr: AR)</b>    |       |       |      |        |  |
| 28,58                                      | S     | F     | 50   | Free   | 2018/10/21 WC SCHOOLS TRIALS - 21Oct18                   |
| 1:08,92                                    | S     | F     | 100  | Free   | 2018/10/13 CTMA SCHOOLS TRIAL                            |
| 36,59                                      | S     | F     | 50   | Back   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 34,36                                      | S     | F     | 50   | Breast | 2018/10/21 WC SCHOOLS TRIALS - 21Oct18                   |
| 1:20,48                                    | S     | F     | 100  | Breast | 2018/10/21 WC SCHOOLS TRIALS - 21Oct18                   |
| 3:08,39                                    | S     | F     | 200  | Breast | 2018/07/28 CTMA Level 2 Gala #3                          |
| 32,11                                      | S     | F     | 50   | Fly    | 2018/07/28 CTMA Level 2 Gala #3                          |
| 1:25,98                                    | S     | F     | 100  | Fly    | 2018/10/13 CTMA SCHOOLS TRIAL                            |
| 2:48,47                                    | S     | F     | 200  | IM     | 2018/06/30 CTMA Level 2 Gala #2                          |
| <b>Heunis, Rossouw C (9) M (Yr: HN)</b>    |       |       |      |        |  |
| 21,22                                      | S     | F     | 25   | Free   | 2018/11/17 CTMA Level 1 Gala #7                          |
| 54,06                                      | S     | F     | 50   | Free   | 2018/11/17 CTMA Level 1 Gala #7                          |
| 25,50                                      | S     | F     | 25   | Back   | 2018/11/17 CTMA Level 1 Gala #7                          |
| <b>Holshausen, Jason C (18) M (Yr: AR)</b> |       |       |      |        |  |
| 27,45                                      | S     | F     | 50   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 59,39                                      | S     | F     | 100  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:12,54                                    | S     | F     | 200  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 31,50                                      | S     | F     | 50   | Back   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:06,83                                    | S     | F     | 100  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:26,92                                    | S     | F     | 200  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 30,74                                      | S     | F     | 50   | Fly    | 2018/08/18 CTMA Level 3&UP Gala #4                       |
| 1:07,14                                    | S     | F     | 100  | Fly    | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:30,77                                    | S     | F     | 200  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| <b>Hopkins, Timothy (13) M (Yr: AR)</b>    |       |       |      |        |  |
| 27,89                                      | L     | F     | 50   | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 29,06                                      | S     | F     | 50   | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |

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|--|-------|------------|------------|--|--|
| <b>Hopkins, Timothy (13) M (Yr: AR)</b>  |       |            |            |  |  |
| 1:04,10                                  | L F   | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:05,18                                  | S F   | 100 Free   | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 2:29,24                                  | L P   | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:32,92                                  | S F   | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 33,59                                    | L P   | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 36,10                                    | S F   | 50 Back    | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 1:15,63                                  | L F   | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:18,26                                  | S F   | 100 Back   | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 3:01,14                                  | S F   | 200 Back   | 2018/06/30 | CTMA Level 2 Gala #2                         |  |
| 45,93                                    | S F   | 50 Breast  | 2018/05/19 | CTMA Level 2 Gala #1                         |  |
| 1:32,23                                  | L F   | 100 Breast | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:33,40                                  | S F   | 100 Breast | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 35,25                                    | S F   | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:24,47                                  | S F   | 100 Fly    | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 2:46,00                                  | L F   | 200 IM     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:49,11                                  | S F   | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| <b>Hulley, Adam D (11) M (Yr: AR)</b>    |       |            |            |  |  |
| 35,57                                    | L F   | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 36,55                                    | S F   | 50 Free    | 2018/12/15 | Valley Classic Meet                          |  |
| 1:23,61                                  | L F   | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:26,80                                  | S F   | 100 Free   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 38,42                                    | S F   | 50 Back    | 2018/12/15 | Valley Classic Meet                          |  |
| 38,94                                    | L F   | 50 Back    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:28,25                                  | L F   | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:28,53                                  | S F   | 100 Back   | 2018/12/15 | Valley Classic Meet                          |  |
| 3:11,61                                  | L F   | 200 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 3:13,43                                  | S F   | 200 Back   | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 49,81                                    | S F   | 50 Breast  | 2018/12/15 | Valley Classic Meet                          |  |
| 51,27                                    | L F   | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 42,06                                    | S F   | 50 Fly     | 2018/12/15 | Valley Classic Meet                          |  |
| 3:32,96                                  | S F   | 200 IM     | 2018/12/15 | Valley Classic Meet                          |  |
| 3:34,48                                  | L F   | 200 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| <b>Jacobs, Irshaad (16) M (Yr: AR)</b>   |       |            |            |  |  |
| 1:07,23                                  | S F   | 100 Free   | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 19,35                                    | S F   | 25 Back    | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 40,16                                    | S F   | 50 Breast  | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 1:30,52                                  | S F   | 100 Breast | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 19,56                                    | S F   | 25 Fly     | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 1:25,67                                  | S F   | 100 IM     | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| <b>Jafthas, Jordan J (14) M (Yr: HN)</b> |       |            |            |  |  |
| 15,62                                    | S F   | 25 Free    | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 30,44                                    | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:10,64                                  | S F   | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 21:10,61                                 | L O   | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 37,68                                    | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:27,48                                  | S F   | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 23,44                                    | S F   | 25 Breast  | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 42,93                                    | S F   | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:34,72                                  | S F   | 100 Breast | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 18,66                                    | S F   | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 34,70                                    | S F   | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:28,97                                  | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 3:08,40                                  | S F   | 200 IM     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| <b>Janson, Lana J (16) W (Yr: AR)</b>    |       |            |            |  |  |
| 28,22                                    | L F   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 28,89                                    | S F   | 50 Free    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:00,57                                  | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:01,12                                  | L F   | 100 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN    |  |
| 2:15,01                                  | L P   | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN    |  |
| 2:20,50                                  | S F   | 200 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |

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| <b>Janson, Lana J (16) W (Yr: AR)</b>    |       |            |            |   |  |
| 4:42,78                                  | S F   | 400 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2               |  |
| 4:46,31                                  | L F   | 400 Free   | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 32,43                                    | S F   | 50 Back    | 2018/07/29 | CTMA Level 3&UP Gala #3                   |  |
| 1:09,77                                  | S F   | 100 Back   | 2018/09/08 | CTMA Qualifying Gala #1                   |  |
| 1:11,75                                  | L P   | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 2:30,05                                  | S F   | 200 Back   | 2018/09/08 | CTMA Qualifying Gala #1                   |  |
| 35,13                                    | L F   | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 35,13                                    | L F   | 50 Breast  | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN |  |
| 36,70                                    | S F   | 50 Breast  | 2018/11/10 | CTMA Level 3&UP Gala #5                   |  |
| 1:17,18                                  | S F   | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2               |  |
| 1:19,11                                  | L F   | 100 Breast | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 2:51,24                                  | L S F | 200 Breast | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN |  |
| 2:51,65                                  | S F   | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                   |  |
| 32,48                                    | S F   | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                   |  |
| 1:16,61                                  | S F   | 100 Fly    | 2018/11/10 | CTMA Level 3&UP Gala #5                   |  |
| 2:31,67                                  | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 2:34,35                                  | S F   | 200 IM     | 2018/07/29 | CTMA Level 3&UP Gala #3                   |  |
| 5:19,29                                  | S F   | 400 IM     | 2018/09/08 | CTMA Qualifying Gala #1                   |  |
| <b>Joachims, Annie (8) W (Yr: HN)</b>    |       |            |            |   |  |
| 30,78                                    | S F   | 25 Back    | 2018/05/19 | CTMA Level 1 Gala #1                      |  |
| <b>Joachims, Hannah (10) W (Yr: AR)</b>  |       |            |            |   |  |
| 1:31,34                                  | S F   | 100 Free   | 2018/05/19 | CTMA Level 1 Gala #1                      |  |
| 2:00,22                                  | S F   | 100 IM     | 2018/05/19 | CTMA Level 1 Gala #1                      |  |
| <b>Johnston, Kerryn (14) W (Yr: HN)</b>  |       |            |            |   |  |
| 1:24,94                                  | S F   | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 46,07                                    | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 1:41,10                                  | S F   | 100 Back   | 2019/02/09 | CTMA Level 1 Champs                       |  |
| 46,36                                    | S F   | 50 Breast  | 2019/02/09 | CTMA Level 1 Champs                       |  |
| 1:44,32                                  | S F   | 100 Breast | 2019/02/09 | CTMA Level 1 Champs                       |  |
| 44,92                                    | S F   | 50 Fly     | 2019/02/09 | CTMA Level 1 Champs                       |  |
| 1:43,50                                  | S F   | 100 IM     | 2018/05/19 | CTMA Level 1 Gala #1                      |  |
| <b>Jongsma, Olivia M (11) W (Yr: AR)</b> |       |            |            |   |  |
| 36,10                                    | L F   | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                         |  |
| 40,18                                    | S F   | 50 Free    | 2018/08/18 | CTMA Level 2 Gala #4                      |  |
| 1:20,24                                  | L F   | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                         |  |
| 1:29,37                                  | S F   | 100 Free   | 2018/07/28 | CTMA Level 2 Gala #3                      |  |
| 3:01,99                                  | L F   | 200 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                         |  |
| 3:18,38                                  | S F   | 200 Free   | 2018/08/18 | CTMA Level 2 Gala #4                      |  |
| 42,97                                    | L F   | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS                         |  |
| 47,80                                    | S F   | 50 Back    | 2018/09/08 | CTMA Qualifying Gala #1                   |  |
| 1:32,87                                  | L F   | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                         |  |
| 1:41,98                                  | S F   | 100 Back   | 2018/07/28 | CTMA Level 2 Gala #3                      |  |
| 55,82                                    | S F   | 50 Breast  | 2018/07/28 | CTMA Level 2 Gala #3                      |  |
| 1:48,54                                  | L F   | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019              |  |
| 1:57,10                                  | S F   | 100 Breast | 2018/08/18 | CTMA Level 2 Gala #4                      |  |
| 46,43                                    | L F   | 50 Fly     | 2019/01/25 | CTMA/TYR Qualifying Gala #3               |  |
| 3:47,31                                  | S F   | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                   |  |
| <b>Jooste, Janetta E (15) W (Yr: HN)</b> |       |            |            |   |  |
| 18,75                                    | S F   | 25 Free    | 2018/06/30 | CTMA Level 1 Gala #2                      |  |
| 40,26                                    | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 1:29,24                                  | S F   | 100 Free   | 2019/02/09 | CTMA Level 1 Champs                       |  |
| 1:47,34                                  | S F   | 100 Back   | 2018/06/30 | CTMA Level 1 Gala #2                      |  |
| 1:53,31                                  | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                      |  |
| <b>Joubert, Jana (11) W (Yr: AR)</b>     |       |            |            |   |  |
| 37,48                                    | L F   | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                         |  |
| 39,50                                    | S F   | 50 Free    | 2018/07/28 | CTMA Level 1 Gala #3                      |  |
| 1:26,75                                  | S F   | 100 Free   | 2018/11/10 | CTMA Level 2 Gala #5                      |  |
| 1:29,02                                  | L F   | 100 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3               |  |
| 20,32                                    | S F   | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3                      |  |
| 43,86                                    | S F   | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2               |  |

## Individual Top Times

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| Time                                      | P/F/S | Event      |            |  |  |
|---|-------|------------|------------|--|--|
| <b>Joubert, Jana (11) W (Yr: AR)</b>      |       |            |            |  |  |
| 45,30                                     | L F   | 50 Back    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:34,02                                   | L F   | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 1:36,22                                   | S F   | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 53,65                                     | S F   | 50 Breast  | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 2:01,37                                   | S F   | 100 Breast | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 21,72                                     | S F   | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 45,82                                     | L F   | 50 Fly     | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 47,10                                     | S F   | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:44,78                                   | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 3:37,30                                   | S F   | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:40,89                                   | L F   | 200 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| <b>Kim, Hyorin (12) W (Yr: AR)</b>        |       |            |            |  |  |
| 40,93                                     | S F   | 50 Free    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:33,31                                   | S F   | 100 Free   | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 21:36,68                                  | L O   | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 47,44                                     | S F   | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:41,81                                   | S F   | 100 Back   | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 49,39                                     | S F   | 50 Breast  | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 1:48,63                                   | S F   | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:49,27                                   | S F   | 200 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:42,93                                   | S F   | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| <b>Kinnear, Connor (10) M (Yr: AR)</b>    |       |            |            |  |  |
| 38,59                                     | S F   | 50 Free    | 2018/06/30 | CTMA Level 2 Gala #2                         |  |
| 38,63                                     | L F   | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:23,18                                   | S F   | 100 Free   | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 1:25,79                                   | L F   | 100 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 3:10,07                                   | S F   | 200 Free   | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 3:13,26                                   | L F   | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 17:35,22                                  | L O   | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 43,78                                     | L F   | 50 Back    | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 45,65                                     | S F   | 50 Back    | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 1:35,78                                   | L F   | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:38,70                                   | S F   | 100 Back   | 2018/07/28 | CTMA Level 2 Gala #3                         |  |
| 3:19,87                                   | S F   | 200 Back   | 2018/06/30 | CTMA Level 2 Gala #2                         |  |
| 3:21,73                                   | L F   | 200 Back   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 48,12                                     | S F   | 50 Breast  | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 49,24                                     | L F   | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:46,92                                   | S F   | 100 Breast | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 1:47,80                                   | L F   | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 3:45,00                                   | L F   | 200 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 3:49,50                                   | S F   | 200 Breast | 2018/07/28 | CTMA Level 2 Gala #3                         |  |
| 43,34                                     | L F   | 50 Fly     | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 45,91                                     | S F   | 50 Fly     | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 3:16,52                                   | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 3:21,70                                   | S F   | 200 IM     | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| <b>Kotzè, Sifrè (17) W (Yr: AR)</b>       |       |            |            |  |  |
| 31,76                                     | S F   | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 34,03                                     | S F   | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 2:53,84                                   | S F   | 200 IM     | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| <b>Langenhoven, Aimee (14) W (Yr: AR)</b> |       |            |            |  |  |
| 31,37                                     | L P   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 31,63                                     | S F   | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 1:07,67                                   | L L F | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:09,93                                   | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:28,86                                   | L F   | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:32,46                                   | S F   | 200 Free   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 5:29,87                                   | L F   | 400 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 5:35,62                                   | S F   | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 34,11                                     | S F   | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 35,45                                     | L F   | 50 Back    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |

## Individual Top Times

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| Time  | P/F/S | Event      |            |  |  |
|---|-------|------------|------------|--|--|
| <b>Langenhoven, Aimee (14) W (Yr: AR)</b>   |       |            |            |  |  |
| 1:17,02                                     | S F   | 100 Back   | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 1:17,15                                     | L F   | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 2:44,71                                     | S F   | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:47,91                                     | L F   | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 46,83                                       | L F   | 50 Breast  | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 49,19                                       | S F   | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 1:43,19                                     | L F   | 100 Breast | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 34,12                                       | L F   | 50 Fly     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 37,93                                       | S F   | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 1:22,12                                     | L F   | 100 Fly    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:20,60                                     | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:53,33                                     | S F   | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 2:55,38                                     | L F   | 200 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 6:16,77                                     | L F   | 400 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| <b>Langenhoven, Erin (12) W (Yr: AR)</b>    |       |            |            |  |  |
| 32,25                                       | L F   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 33,87                                       | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:12,71                                     | L F   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:15,82                                     | S F   | 100 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 2:43,79                                     | L F   | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:54,49                                     | S F   | 200 Free   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 38,19                                       | S F   | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 39,78                                       | L P   | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:26,35                                     | S F   | 100 Back   | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 1:27,47                                     | L F   | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 3:01,64                                     | S F   | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:06,31                                     | L F   | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 42,31                                       | L F   | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 44,21                                       | S F   | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:35,74                                     | L F   | 100 Breast | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 3:33,25                                     | L F   | 200 Breast | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 3:40,60                                     | S F   | 200 Breast | 2018/07/29 | CTMA Level 3&UP Gala #3                      |  |
| 36,32                                       | L F   | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 38,41                                       | S F   | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:30,98                                     | L F   | 100 Fly    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 1:31,89                                     | S F   | 100 Fly    | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 3:01,28                                     | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 3:11,59                                     | S F   | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| <b>Leith, Christopher G (13) M (Yr: AR)</b> |       |            |            |  |  |
| 35,28                                       | S F   | 50 Free    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 35,35                                       | L F   | 50 Free    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 1:16,54                                     | L F   | 100 Free   | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 1:20,69                                     | S F   | 100 Free   | 2018/05/19 | CTMA Level 2 Gala #1                         |  |
| 2:49,26                                     | L F   | 200 Free   | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 2:49,90                                     | S F   | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 37,78                                       | S F   | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 40,17                                       | L F   | 50 Back    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 1:24,63                                     | S F   | 100 Back   | 2018/05/19 | CTMA Level 2 Gala #1                         |  |
| 1:28,06                                     | L F   | 100 Back   | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 2:51,27                                     | S F   | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:06,92                                     | L F   | 200 Back   | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 48,07                                       | S F   | 50 Breast  | 2018/05/19 | CTMA Level 2 Gala #1                         |  |
| 48,24                                       | L F   | 50 Breast  | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 41,42                                       | S F   | 50 Fly     | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 42,98                                       | L F   | 50 Fly     | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala    |  |
| 3:08,58                                     | S F   | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| <b>Lombard, Naor (14) M (Yr: BR)</b>        |       |            |            |  |  |
| 29,50                                       | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:01,68                                     | S F   | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:04,89                                     | L P   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |



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| <b>Lombard, Naor (14) M (Yr: BR)</b>    |       |            |            |   |  |
| 2:11,33                                 | S F   | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:15,09                                 | L F   | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 4:36,90                                 | L F   | 400 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 4:37,30                                 | S F   | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 9:12,57                                 | S F   | 800 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 9:31,99                                 | L F   | 800 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:04:12,00                              | L O   | 5000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 1:07,97                                 | S F   | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:11,07                                 | L P   | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:22,94                                 | S F   | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:32,31                                 | L F   | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 34,07                                   | S F   | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 1:25,36                                 | S F   | 100 Fly    | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 2:37,99                                 | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| <b>Louw, Michiel J (14) M (Yr: AR)</b>  |       |            |            |   |  |
| 30,51                                   | L P   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:07,19                                 | L P   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:08,51                                 | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:25,00                                 | L F   | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:25,80                                 | S F   | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 5:04,58                                 | L F   | 400 Free   | 2018/10/13 | Winelands SL 3                                |  |
| 5:21,84                                 | S F   | 400 Free   | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 20:03,86                                | S F   | 1500 Free  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 20:17,71                                | L F   | 1500 Free  | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 37,02                                   | S F   | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 37,12                                   | L P   | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:16,75                                 | S F   | 100 Back   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 1:22,71                                 | L P   | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:43,18                                 | S F   | 200 Back   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 2:49,61                                 | L F   | 200 Back   | 2018/10/13 | Winelands SL 3                                |  |
| 40,94                                   | S F   | 50 Breast  | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 1:31,82                                 | S F   | 100 Breast | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 34,50                                   | L P   | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 34,62                                   | S F   | 50 Fly     | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 1:21,21                                 | L F   | 100 Fly    | 2018/10/13 | Winelands SL 3                                |  |
| 2:42,92                                 | S F   | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:44,60                                 | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| <b>Ludorf, Joseph F (13) M (Yr: AR)</b> |       |            |            |   |  |
| 35,37                                   | S F   | 50 Free    | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 1:22,22                                 | S F   | 100 Free   | 2018/05/19 | CTMA Level 1 Gala #1                          |  |
| 1:26,66                                 | S F   | 100 Back   | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 45,66                                   | S F   | 50 Breast  | 2018/05/19 | CTMA Level 1 Gala #1                          |  |
| 1:42,78                                 | S F   | 100 Breast | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 1:32,72                                 | S F   | 100 IM     | 2018/05/19 | CTMA Level 1 Gala #1                          |  |
| 3:15,03                                 | S F   | 200 IM     | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| <b>Ludorf, Luka (11) M (Yr: AR)</b>     |       |            |            |   |  |
| 34,57                                   | L F   | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:20,18                                 | S F   | 100 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 1:22,14                                 | L F   | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 38,20                                   | L P   | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 41,84                                   | S F   | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 1:27,04                                 | L F   | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 50,57                                   | S F   | 50 Breast  | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 38,72                                   | L F   | 50 Fly     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 3:18,39                                 | S F   | 200 IM     | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 3:19,05                                 | L F   | 200 IM     | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| <b>Marais, Robyn M (18) W (Yr: AR)</b>  |       |            |            |   |  |
| 29,22                                   | S F   | 50 Free    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 29,90                                   | L P   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:03,29                                 | S P   | 100 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |

## Individual Top Times

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| Time                                    | P/F/S | Event |      |        |  |
|---|-------|-------|------|--------|--|
| <b>Marais, Robyn M (18) W (Yr: AR)</b>  |       |       |      |        |  |
| 1:06,16                                 | L     | P     | 100  | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 2:17,80                                 | S     | F     | 200  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:24,78                                 | L     | F     | 200  | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 19:45,47                                | L     | O     | 500  | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 14:43,85                                | L     | O     | 1000 | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 35,21                                   | S     | F     | 50   | Back   | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 36,04                                   | L     | P     | 50   | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:12,69                                 | S     | F     | 100  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 1:15,12                                 | L     | P     | 100  | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:30,76                                 | S     | F     | 200  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:39,29                                 | L     | F     | 200  | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 36,94                                   | S     | F     | 50   | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 39,08                                   | L     | P     | 50   | Breast | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:20,10                                 | S     | P     | 100  | Breast | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 1:23,76                                 | L     | F     | 100  | Breast | 2018/12/05 Western Cape Summer Championships 2018        |
| 31,75                                   | S     | F     | 50   | Fly    | 2018/09/08 CTMA Qualifying Gala #1                       |
| 32,00                                   | L     | P     | 50   | Fly    | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:10,45                                 | S     | F     | 100  | Fly    | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:33,51                                 | S     | F     | 200  | IM     | 2018/11/10 CTMA Level 3&UP Gala #5                       |
| 2:38,48                                 | L     | P     | 200  | IM     | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 5:26,61                                 | S     | P     | 400  | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 5:44,99                                 | L     | F     | 400  | IM     | 2019/01/25 CTMA/TYR Qualifying Gala #3                   |
| <b>Maxwell, Anlyn (13) W (Yr: AR)</b>   |       |       |      |        |  |
| 32,67                                   | S     | F     | 50   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 33,12                                   | L     | P     | 50   | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:11,68                                 | S     | F     | 100  | Free   | 2018/10/13 CTMA SCHOOLS TRIAL                            |
| 1:11,85                                 | L     | P     | 100  | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 2:45,53                                 | S     | F     | 200  | Free   | 2018/08/18 CTMA Level 2 Gala #4                          |
| 39,81                                   | L     | P     | 50   | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 39,85                                   | S     | F     | 50   | Back   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:26,09                                 | S     | F     | 100  | Back   | 2018/09/08 CTMA Qualifying Gala #1                       |
| 42,04                                   | L     | P     | 50   | Breast | 2018/12/05 Western Cape Summer Championships 2018        |
| 42,09                                   | S     | F     | 50   | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:33,49                                 | S     | F     | 100  | Breast | 2018/09/08 CTMA Qualifying Gala #1                       |
| 1:35,15                                 | L     | P     | 100  | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 3:23,57                                 | S     | F     | 200  | Breast | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 3:30,49                                 | L     | F     | 200  | Breast | 2018/12/05 Western Cape Summer Championships 2018        |
| 37,88                                   | L     | P     | 50   | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 40,19                                   | S     | F     | 50   | Fly    | 2018/09/08 CTMA Qualifying Gala #1                       |
| 1:22,74                                 | S     | F     | 100  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 3:04,12                                 | L     | F     | 200  | IM     | 2019/01/25 CTMA/TYR Qualifying Gala #3                   |
| 3:04,23                                 | S     | F     | 200  | IM     | 2018/06/30 CTMA Level 2 Gala #2                          |
| <b>McKenzie, Luke (13) M (Yr: AR)</b>   |       |       |      |        |  |
| 36,69                                   | S     | F     | 50   | Free   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 1:20,73                                 | S     | F     | 100  | Free   | 2018/07/28 CTMA Level 2 Gala #3                          |
| 39,28                                   | S     | F     | 50   | Back   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 1:24,76                                 | S     | F     | 100  | Back   | 2018/07/28 CTMA Level 2 Gala #3                          |
| 2:54,50                                 | S     | F     | 200  | Back   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 50,20                                   | S     | F     | 50   | Breast | 2018/07/28 CTMA Level 2 Gala #3                          |
| 1:51,75                                 | S     | F     | 100  | Breast | 2018/06/30 CTMA Level 2 Gala #2                          |
| 3:44,65                                 | S     | F     | 200  | Breast | 2018/07/28 CTMA Level 2 Gala #3                          |
| 42,52                                   | S     | F     | 50   | Fly    | 2018/07/28 CTMA Level 2 Gala #3                          |
| 3:19,73                                 | S     | F     | 200  | IM     | 2018/07/28 CTMA Level 2 Gala #3                          |
| <b>McKenzie, Tasmin (15) W (Yr: AR)</b> |       |       |      |        |  |
| 32,53                                   | S     | F     | 50   | Free   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 1:16,66                                 | S     | F     | 100  | Free   | 2018/07/28 CTMA Level 2 Gala #3                          |
| 39,06                                   | S     | F     | 50   | Back   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 1:25,76                                 | S     | F     | 100  | Back   | 2018/07/28 CTMA Level 2 Gala #3                          |
| 2:56,38                                 | S     | F     | 200  | Back   | 2018/06/30 CTMA Level 2 Gala #2                          |
| 44,53                                   | S     | F     | 50   | Breast | 2018/07/28 CTMA Level 2 Gala #3                          |

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| <b>McKenzie, Tasmin (15) W (Yr: AR)</b> |       |       |       |        |  |
| 1:34,94                                 | S     | F     | 100   | Breast | 2018/06/30 CTMA Level 2 Gala #2                          |
| 3:25,62                                 | S     | F     | 200   | Breast | 2018/07/28 CTMA Level 2 Gala #3                          |
| 38,00                                   | S     | F     | 50    | Fly    | 2018/07/28 CTMA Level 2 Gala #3                          |
| 2:57,56                                 | S     | F     | 200   | IM     | 2018/06/30 CTMA Level 2 Gala #2                          |
| <b>Meder, Abigail E (18) W (Yr: AR)</b> |       |       |       |        |  |
| 28,48                                   | S     | F     | 50    | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 28,68                                   | L     | P     | 50    | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 59,88                                   | S     | F     | 100   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:00,45                                 | L     | F     | 100   | Free   | 2018/06/22 PEA Winter Gala 2018                          |
| 2:01,18                                 | S     | F     | 200   | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:09,62                                 | L     | F     | 200   | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 4:12,98                                 | S     | F     | 400   | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 4:20,29                                 | L     | F     | 400   | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 8:48,91                                 | S     | F     | 800   | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 9:00,71                                 | L     | F     | 800   | Free   | 2019/02/22 2019 Grand Prix Invitational Swimming Meet-CT |
| 16:33,68                                | S     | F     | 1500  | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 17:26,94                                | L     | F     | 1500  | Free   | 2018/06/22 PEA Winter Gala 2018                          |
| 1:02:37,00                              | L     | O     | 5000  | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 2:11:23,00                              | L     | O     | 10000 | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 32,19                                   | S     | F     | 50    | Back   | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 32,36                                   | L L   | F     | 50    | Back   | 2018/06/22 PEA Winter Gala 2018                          |
| 1:05,20                                 | S     | F     | 100   | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:07,55                                 | L     | F     | 100   | Back   | 2018/06/22 PEA Winter Gala 2018                          |
| 2:15,16                                 | S     | F     | 200   | Back   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:22,40                                 | L     | P     | 200   | Back   | 2019/02/22 2019 Grand Prix Invitational Swimming Meet-CT |
| 1:24,73                                 | S     | F     | 100   | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 2:24,28                                 | S     | F     | 200   | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| <b>Meder, Rebecca A (16) W (Yr: AR)</b> |       |       |       |        |  |
| 26,12                                   | S L   | F     | 50    | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 56,22                                   | S L   | F     | 100   | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 58,15                                   | L     | P     | 100   | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:59,35                                 | S L   | F     | 200   | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:02,01                                 | L     | F     | 200   | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 4:12,58                                 | S     | F     | 400   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 4:19,48                                 | L     | F     | 400   | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 8:36,35                                 | S     | F     | 800   | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 31,22                                   | S     | F     | 50    | Back   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 2:18,98                                 | L S   | F     | 200   | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 32,73                                   | L     | P     | 50    | Breast | 2019/02/22 2019 Grand Prix Invitational Swimming Meet-CT |
| 33,22                                   | S     | F     | 50    | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 1:10,49                                 | S     | F     | 100   | Breast | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:27,67                                 | S     | F     | 200   | Breast | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:35,91                                 | L     | F     | 200   | Breast | 2019/01/05 2019 Grand Prix Invitation Swimming Meet-MP   |
| 29,45                                   | L     | F     | 50    | Fly    | 2018/07/10 TYR PRESTIGE CHAMPIONSHIPS 2018               |
| 1:04,28                                 | S     | F     | 100   | Fly    | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 1:01,54                                 | S     | F     | 100   | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:12,35                                 | S     | P     | 200   | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:17,05                                 | L     | F     | 200   | IM     | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 4:38,14                                 | S     | F     | 400   | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 4:47,88                                 | L     | F     | 400   | IM     | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| <b>Meyer, Chad V (14) M (Yr: AR)</b>    |       |       |       |        |  |
| 29,54                                   | L L   | F     | 50    | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 30,65                                   | S     | F     | 50    | Free   | 2018/08/18 CTMA Level 3&UP Gala #4                       |
| 1:05,12                                 | S     | F     | 100   | Free   | 2018/10/13 CTMA SCHOOLS TRIAL                            |
| 1:05,73                                 | L     | F     | 100   | Free   | 2018/06/22 PEA Winter Gala 2018                          |
| 2:21,94                                 | L     | F     | 200   | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 2:22,65                                 | S     | F     | 200   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 5:02,58                                 | L     | F     | 400   | Free   | 2018/06/22 PEA Winter Gala 2018                          |
| 5:02,72                                 | S     | F     | 400   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 10:15,81                                | S     | F     | 800   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |

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| <b>Meyer, Chad V (14) M (Yr: AR)</b>     |       |            |            |   |  |
| 10:23,50                                 | L F   | 800 Free   | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 34,65                                    | S F   | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                   |  |
| 34,90                                    | L F   | 50 Back    | 2018/06/22 | PEA Winter Gala 2018                      |  |
| 1:10,84                                  | S F   | 100 Back   | 2018/08/18 | CTMA Level 3&UP Gala #4                   |  |
| 1:14,05                                  | L F   | 100 Back   | 2018/06/22 | PEA Winter Gala 2018                      |  |
| 2:31,89                                  | S F   | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018 |  |
| 2:39,92                                  | L F   | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 43,09                                    | S F   | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                   |  |
| 1:32,63                                  | S F   | 100 Breast | 2018/08/18 | CTMA Level 3&UP Gala #4                   |  |
| 3:15,20                                  | S F   | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                   |  |
| 33,11                                    | L F   | 50 Fly     | 2018/06/22 | PEA Winter Gala 2018                      |  |
| 34,52                                    | S F   | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                   |  |
| 1:13,72                                  | S F   | 100 Fly    | 2018/07/13 | Western Cape Winter SC Championships 2018 |  |
| 1:13,87                                  | L P   | 100 Fly    | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 2:47,36                                  | S F   | 200 Fly    | 2018/09/08 | CTMA Qualifying Gala #1                   |  |
| 2:35,75                                  | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| 2:40,08                                  | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018 |  |
| 5:31,53                                  | S F   | 400 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2               |  |
| 5:32,10                                  | L F   | 400 IM     | 2018/12/05 | Western Cape Summer Championships 2018    |  |
| <b>Mills, Gabriel J (8) M (Yr: SN)</b>   |       |            |            |   |  |
| 27,78                                    | S F   | 25 Free    | 2018/11/17 | CTMA Level 1 Gala #7                      |  |
| 28,90                                    | S F   | 25 Back    | 2018/11/17 | CTMA Level 1 Gala #7                      |  |
| <b>Minnaar, Ben R (13) M (Yr: AR)</b>    |       |            |            |   |  |
| 31,71                                    | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 33,13                                    | L F   | 50 Free    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |
| 1:13,60                                  | S F   | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 1:17,76                                  | L F   | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019              |  |
| 11:50,06                                 | L O   | 500 Free   | 2018/12/16 | Open Water Swimming Challenge             |  |
| 19,47                                    | S F   | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3                      |  |
| 42,87                                    | L F   | 50 Back    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |
| 1:32,58                                  | L F   | 100 Back   | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |
| 1:33,35                                  | S F   | 100 Back   | 2018/10/20 | CTMA Level 1 Gala #6                      |  |
| 40,11                                    | S F   | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 44,07                                    | L F   | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019              |  |
| 1:25,67                                  | S F   | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 1:36,91                                  | L F   | 100 Breast | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |
| 17,41                                    | S F   | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3                      |  |
| 35,76                                    | S F   | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 36,94                                    | L F   | 50 Fly     | 2019/02/02 | WC Jack Currie Champs - 2019              |  |
| 1:30,34                                  | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                      |  |
| 3:04,80                                  | S F   | 200 IM     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| <b>Minnaar, Nicolas (9) M (Yr: AN)</b>   |       |            |            |   |  |
| 21,60                                    | S F   | 25 Free    | 2018/11/17 | CTMA Level 1 Gala #7                      |  |
| 44,96                                    | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 48,71                                    | L F   | 50 Free    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |
| 1:45,80                                  | S F   | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 1:55,27                                  | L F   | 100 Free   | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |
| 26,47                                    | S F   | 25 Back    | 2018/11/17 | CTMA Level 1 Gala #7                      |  |
| 1:00,08                                  | S F   | 50 Back    | 2018/10/20 | CTMA Level 1 Gala #6                      |  |
| 1:02,00                                  | L F   | 50 Back    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |
| 28,75                                    | S F   | 25 Breast  | 2018/11/17 | CTMA Level 1 Gala #7                      |  |
| 56,53                                    | S F   | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| <b>Minnaar, Stephanie (9) W (Yr: AN)</b> |       |            |            |   |  |
| 21,06                                    | S F   | 25 Free    | 2018/11/17 | CTMA Level 1 Gala #7                      |  |
| 44,91                                    | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 51,55                                    | L F   | 50 Free    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |
| 1:47,54                                  | S F   | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL              |  |
| 28,09                                    | S F   | 25 Back    | 2018/08/25 | CTMA Level 1 Gala #4                      |  |
| 58,96                                    | S F   | 50 Back    | 2019/02/09 | CTMA Level 1 Champs                       |  |
| 1:02,37                                  | L F   | 50 Back    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala |  |

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| <b>Minnaar, Stephanie (9) W (Yr: AN)</b>  |       |       |      |        |   |
| 33,03                                     | S     | F     | 25   | Breast | 2018/11/17 CTMA Level 1 Gala #7                         |
| 1:12,56                                   | S     | F     | 50   | Breast | 2019/02/09 CTMA Level 1 Champs                          |
| 32,69                                     | S     | F     | 25   | Fly    | 2018/11/17 CTMA Level 1 Gala #7                         |
| <b>Möller, Frederik C (12) M (Yr: AR)</b> |       |       |      |        |   |
| 35,62                                     | S     | F     | 50   | Free   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 37,71                                     | L     | F     | 50   | Free   | 2018/11/02 37th Freda Barnard Gala Invitational Gala    |
| 1:18,09                                   | L     | P     | 100  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:21,89                                   | S     | F     | 100  | Free   | 2018/05/26 CTMA Level 3&UP Gala #1                      |
| 2:38,99                                   | L     | F     | 200  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:46,72                                   | S     | F     | 200  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 16:15,93                                  | L     | O     | 1000 | Free   | 2018/12/16 Open Water Swimming Challenge                |
| 37,96                                     | L     | F     | 50   | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 41,99                                     | S     | F     | 50   | Back   | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 1:21,82                                   | L     | F     | 100  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:23,93                                   | S     | F     | 100  | Back   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 2:56,74                                   | L     | F     | 200  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:58,66                                   | S     | F     | 200  | Back   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 46,02                                     | L     | P     | 50   | Breast | 2018/12/05 Western Cape Summer Championships 2018       |
| 48,65                                     | S     | F     | 50   | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 1:38,20                                   | L     | P     | 100  | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:46,13                                   | S     | F     | 100  | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                      |
| 3:17,32                                   | L     | F     | 200  | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 3:33,01                                   | S     | F     | 200  | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 44,57                                     | L     | F     | 50   | Fly    | 2018/11/02 37th Freda Barnard Gala Invitational Gala    |
| 44,74                                     | S     | F     | 50   | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 3:02,82                                   | S     | F     | 200  | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 3:03,99                                   | L     | F     | 200  | IM     | 2018/12/05 Western Cape Summer Championships 2018       |
| <b>Muller, Alice (8) W (Yr: HN)</b>       |       |       |      |        |   |
| 22,75                                     | S     | F     | 25   | Free   | 2019/03/09 Glenn Petersen Benefit Gala                  |
| 51,00                                     | S     | F     | 50   | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 1:55,97                                   | S     | F     | 100  | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 26,36                                     | S     | F     | 25   | Back   | 2019/03/09 Glenn Petersen Benefit Gala                  |
| 57,09                                     | S     | F     | 50   | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 2:00,94                                   | S     | F     | 100  | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 29,18                                     | S     | F     | 25   | Breast | 2019/03/09 Glenn Petersen Benefit Gala                  |
| 1:06,94                                   | S     | F     | 50   | Breast | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 32,01                                     | S     | F     | 25   | Fly    | 2019/03/09 Glenn Petersen Benefit Gala                  |
| 2:19,72                                   | S     | F     | 100  | IM     | 2018/11/17 CTMA Level 1 Gala #7                         |
| <b>Murray, Ethan R (10) M (Yr: AR)</b>    |       |       |      |        |   |
| 42,26                                     | S     | F     | 50   | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 1:40,59                                   | S     | F     | 100  | Free   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 21,16                                     | S     | F     | 25   | Back   | 2018/05/19 CTMA Level 1 Gala #1                         |
| 46,10                                     | S     | F     | 50   | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 1:43,94                                   | S     | F     | 100  | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 1:00,42                                   | S     | F     | 50   | Breast | 2019/02/09 CTMA Level 1 Champs                          |
| 44,37                                     | S     | F     | 50   | Fly    | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 1:51,53                                   | S     | F     | 100  | IM     | 2018/10/20 CTMA Level 1 Gala #6                         |
| <b>Nel, Sonja (11) W (Yr: HN)</b>         |       |       |      |        |   |
| 49,25                                     | S     | F     | 50   | Free   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 1:47,38                                   | S     | F     | 100  | Free   | 2019/02/09 CTMA Level 1 Champs                          |
| 23,68                                     | S     | F     | 25   | Back   | 2018/07/28 CTMA Level 1 Gala #3                         |
| 52,34                                     | S     | F     | 50   | Back   | 2019/02/09 CTMA Level 1 Champs                          |
| 2:01,62                                   | S     | F     | 100  | Back   | 2018/10/20 CTMA Level 1 Gala #6                         |
| 2:06,43                                   | S     | F     | 100  | Breast | 2019/02/09 CTMA Level 1 Champs                          |
| 25,97                                     | S     | F     | 25   | Fly    | 2018/07/28 CTMA Level 1 Gala #3                         |
| <b>Novello, Rayden S (12) M (Yr: HN)</b>  |       |       |      |        |   |
| 18,25                                     | S     | F     | 25   | Free   | 2018/06/30 CTMA Level 1 Gala #2                         |
| 39,97                                     | S     | F     | 50   | Free   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 1:38,06                                   | S     | F     | 100  | Free   | 2018/05/19 CTMA Level 1 Gala #1                         |
| 1:41,13                                   | S     | F     | 100  | Back   | 2018/08/25 CTMA Level 1 Gala #4                         |

## Individual Top Times

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| Time                                       | P/F/S | Event      |            |  |  |
|--|-------|------------|------------|--|--|
| <b>Novello, Rayden S (12) M (Yr: HN)</b>   |       |            |            |  |  |
| 25,93 S                                    | F     | 25 Breast  | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 1:00,22 S                                  | F     | 50 Breast  | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 2:00,88 S                                  | F     | 100 Breast | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 50,81 S                                    | F     | 50 Fly     | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| 1:45,87 S                                  | F     | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 3:38,65 S                                  | F     | 200 IM     | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| <b>Olckers, Carlie (12) W (Yr: AR)</b>     |       |            |            |  |  |
| 31,03 L L                                  | F     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 31,70 S                                    | F     | 50 Free    | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 1:10,17 S                                  | F     | 100 Free   | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 1:10,19 L                                  | F     | 100 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 2:39,08 S                                  | F     | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:40,20 L                                  | F     | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 5:53,34 L                                  | F     | 400 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 37,42 S                                    | F     | 50 Back    | 2018/07/29 | CTMA Level 3&UP Gala #3                      |  |
| 38,34 L                                    | P     | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:19,38 S                                  | F     | 100 Back   | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 1:21,33 L                                  | F     | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:56,92 L                                  | F     | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 43,61 L                                    | P     | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 44,70 S                                    | F     | 50 Breast  | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 1:37,09 L                                  | P     | 100 Breast | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:37,49 S                                  | F     | 100 Breast | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 3:23,92 S                                  | F     | 200 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:30,70 L                                  | F     | 200 Breast | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 3:06,85 S                                  | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| <b>Olivier, Mickayla (14) W (Yr: HN)</b>   |       |            |            |  |  |
| 1:24,34 S                                  | F     | 100 Free   | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 45,38 S                                    | F     | 50 Back    | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| <b>Oosthuizen, Carla L (12) W (Yr: AR)</b> |       |            |            |  |  |
| 37,78 S                                    | F     | 50 Free    | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 1:25,50 S                                  | F     | 100 Free   | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 2:53,64 L                                  | F     | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:54,94 S                                  | F     | 200 Free   | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| 6:05,73 S                                  | F     | 400 Free   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 6:07,19 L                                  | F     | 400 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 12:39,16 L                                 | F     | 800 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 12:42,78 S                                 | F     | 800 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 58:52,23 L                                 | O     | 3000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 40,19 S                                    | F     | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 40,63 L                                    | F     | 50 Back    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:25,49 S                                  | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:26,11 L                                  | P     | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:59,65 L                                  | P     | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 3:00,82 S                                  | F     | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 3:26,13 S                                  | F     | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| <b>Otterbach, Lily (8) W (Yr: HN)</b>      |       |            |            |  |  |
| 19,70 S                                    | F     | 25 Free    | 2019/03/09 | Glenn Petersen Benefit Gala                  |  |
| 43,60 S                                    | F     | 50 Free    | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 46,53 L                                    | F     | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 23,03 S                                    | F     | 25 Back    | 2019/03/09 | Glenn Petersen Benefit Gala                  |  |
| 1:49,83 S                                  | F     | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 2:01,94 L                                  | F     | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 28,12 S                                    | F     | 25 Breast  | 2019/03/09 | Glenn Petersen Benefit Gala                  |  |
| 25,57 S                                    | F     | 25 Fly     | 2019/03/09 | Glenn Petersen Benefit Gala                  |  |
| 59,73 S                                    | F     | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:03,86 L                                  | F     | 50 Fly     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| <b>Pakendorf, Marcelle (17) W (Yr: AR)</b> |       |            |            |  |  |
| 31,18 S                                    | F     | 50 Free    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 31,33 L                                    | F     | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |

## Individual Top Times

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| Time                                       | P/F/S | Event |      |        |  |
|--|-------|-------|------|--------|--|
| <b>Pakendorf, Marcelle (17) W (Yr: AR)</b> |       |       |      |        |  |
| 1:07,65                                    | L     | P     | 100  | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:08,47                                    | S     | P     | 100  | Free   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:22,34                                    | S     | F     | 200  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 2:24,28                                    | L     | F     | 200  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 5:09,77                                    | S     | F     | 400  | Free   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 10:35,75                                   | S     | F     | 800  | Free   | 2018/06/23 CTMA Level 3&UP Gala #2                       |
| 1:15:28,00                                 | L     | O     | 5000 | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 36,21                                      | L     | P     | 50   | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 37,21                                      | S     | F     | 50   | Back   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:15,32                                    | S     | P     | 100  | Back   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 1:15,79                                    | L     | F     | 100  | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:15,79                                    | L     | F     | 100  | Back   | 2019/01/12 BCA Inter District Gala 2019                  |
| 2:38,64                                    | S     | F     | 200  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:39,61                                    | L     | F     | 200  | Back   | 2018/12/05 Western Cape Summer Championships 2018        |
| 39,95                                      | L     | F     | 50   | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 41,60                                      | S     | F     | 50   | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:27,70                                    | L     | F     | 100  | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 1:30,09                                    | S     | F     | 100  | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 33,13                                      | L     | F     | 50   | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 33,91                                      | S     | F     | 50   | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 2:41,61                                    | S     | P     | 200  | IM     | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:42,10                                    | L     | F     | 200  | IM     | 2019/01/12 BCA Inter District Gala 2019                  |
| 5:44,40                                    | S     | F     | 400  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 5:45,45                                    | L     | F     | 400  | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| <b>Pentz, Sebastian (11) M (Yr: HN)</b>    |       |       |      |        |  |
| 54,40                                      | S     | F     | 50   | Free   | 2018/07/28 CTMA Level 1 Gala #3                          |
| 26,72                                      | S     | F     | 25   | Back   | 2018/07/28 CTMA Level 1 Gala #3                          |
| 31,53                                      | S     | F     | 25   | Fly    | 2018/07/28 CTMA Level 1 Gala #3                          |
| <b>Pereira, Logan J (11) M (Yr: HN)</b>    |       |       |      |        |  |
| 17,25                                      | S     | F     | 25   | Free   | 2018/06/30 CTMA Level 1 Gala #2                          |
| 40,63                                      | S     | F     | 50   | Free   | 2018/07/28 CTMA Level 1 Gala #3                          |
| 23,75                                      | S     | F     | 25   | Breast | 2018/06/30 CTMA Level 1 Gala #2                          |
| 1:57,63                                    | S     | F     | 100  | Breast | 2018/07/28 CTMA Level 1 Gala #3                          |
| 1:43,47                                    | S     | F     | 100  | IM     | 2018/07/28 CTMA Level 1 Gala #3                          |
| <b>Prinsloo, Mila (12) W (Yr: AR)</b>      |       |       |      |        |  |
| 33,18                                      | L     | F     | 50   | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| 33,62                                      | S     | F     | 50   | Free   | 2019/01/13 Cape of Good Hope RocoMamas Gala              |
| 1:15,82                                    | L     | P     | 100  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 1:18,56                                    | S     | F     | 100  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:50,79                                    | L     | P     | 200  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 2:55,70                                    | S     | F     | 200  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 36,50                                      | L     | F     | 50   | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3                   |
| 38,21                                      | S     | F     | 50   | Back   | 2018/07/29 CTMA Level 3&UP Gala #3                       |
| 1:19,33                                    | L     | F     | 100  | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| 1:22,53                                    | S     | F     | 100  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:54,67                                    | L     | F     | 200  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC  |
| 2:56,72                                    | S     | F     | 200  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:30,21                                    | S     | F     | 100  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 3:14,44                                    | S     | F     | 200  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| <b>Prins, Sara (12) W (Yr: AR)</b>         |       |       |      |        |  |
| 36,15                                      | S     | F     | 50   | Free   | 2018/08/25 CTMA Level 1 Gala #4                          |
| 36,96                                      | L     | F     | 50   | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| 1:24,06                                    | L     | F     | 100  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| 1:25,34                                    | S     | F     | 100  | Free   | 2018/05/19 CTMA Level 2 Gala #1                          |
| 1:32,41                                    | S     | F     | 100  | Back   | 2018/11/10 CTMA Level 2 Gala #5                          |
| 1:39,54                                    | L     | F     | 100  | Back   | 2019/02/02 WC Jack Currie Champs - 2019                  |
| 50,75                                      | S     | F     | 50   | Breast | 2018/11/10 CTMA Level 2 Gala #5                          |
| 51,93                                      | L     | F     | 50   | Breast | 2019/02/16 CTMA L2&L3 CHAMPS                             |
| 1:52,40                                    | S     | F     | 100  | Breast | 2018/07/28 CTMA Level 1 Gala #3                          |
| 1:54,50                                    | L     | F     | 100  | Breast | 2019/02/02 WC Jack Currie Champs - 2019                  |

## Individual Top Times

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| Time                                      | P/F/S | Event      |            |  |  |
|---|-------|------------|------------|--|--|
| <b>Prins, Sara (12) W (Yr: AR)</b>        |       |            |            |  |  |
| 45,47 S                                   | F     | 50 Fly     | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 1:37,53 S                                 | F     | 100 IM     | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 3:26,28 L                                 | F     | 200 IM     | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 3:28,48 S                                 | F     | 200 IM     | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| <b>Putter, Inke M (14) W (Yr: AR)</b>     |       |            |            |  |  |
| 37,50 S                                   | F     | 50 Free    | 2018/06/30 | CTMA Level 2 Gala #2                         |  |
| 1:28,61 S                                 | F     | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 40,97 S                                   | F     | 50 Back    | 2018/06/30 | CTMA Level 2 Gala #2                         |  |
| 1:29,95 S                                 | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 47,03 S                                   | F     | 50 Breast  | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 1:47,03 S                                 | F     | 100 Breast | 2018/06/30 | CTMA Level 2 Gala #2                         |  |
| 3:33,19 S                                 | F     | 200 IM     | 2018/08/18 | CTMA Level 2 Gala #4                         |  |
| <b>Raimond, Jean P (16) M (Yr: AR)</b>    |       |            |            |  |  |
| 29,65 L                                   | P     | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 30,54 S                                   | F     | 50 Free    | 2018/06/30 | CTMA Level 2 Gala #2                         |  |
| 1:03,41 L L                               | F     | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:04,18 S                                 | F     | 100 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 2:19,37 S                                 | F     | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:22,61 L                                 | F     | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 4:49,51 S                                 | F     | 400 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 5:02,73 L                                 | F     | 400 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 20:22,11 L                                | F     | 1500 Free  | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 32,53 S                                   | F     | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 33,30 L                                   | P     | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:09,79 L                                 | F     | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:10,26 S                                 | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:25,40 L                                 | F     | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:27,84 S                                 | F     | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 41,26 L                                   | P     | 50 Breast  | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 41,42 S                                   | F     | 50 Breast  | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 3:12,29 S                                 | F     | 200 Breast | 2018/07/28 | CTMA Level 2 Gala #3                         |  |
| 3:15,64 L                                 | F     | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 32,93 L                                   | P     | 50 Fly     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:33,79 L                                 | F     | 200 IM     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:36,14 S                                 | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 5:43,40 L                                 | F     | 400 IM     | 2018/10/04 | Aquabear Invitational Meet                   |  |
| <b>Raimond, Marike M (9) W (Yr: HN)</b>   |       |            |            |  |  |
| 45,08 S                                   | F     | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 46,11 L                                   | F     | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:39,19 S                                 | F     | 100 Free   | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 24,38 S                                   | F     | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 49,40 S                                   | F     | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:44,69 S                                 | F     | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:49,66 L                                 | F     | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:00,24 S                                 | F     | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:04,90 L                                 | F     | 50 Breast  | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 26,10 S                                   | F     | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 54,08 S                                   | F     | 50 Fly     | 2019/02/09 | CTMA Level 1 Champs                          |  |
| 58,79 L                                   | F     | 50 Fly     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:51,69 S                                 | F     | 100 IM     | 2018/11/17 | CTMA Level 1 Gala #7                         |  |
| 4:04,66 S                                 | F     | 200 IM     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 4:06,26 L                                 | F     | 200 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| <b>Raimond, Stephan F (14) M (Yr: AR)</b> |       |            |            |  |  |
| 16,81 S                                   | F     | 25 Free    | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 34,98 L                                   | P     | 50 Free    | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 36,59 S                                   | F     | 50 Free    | 2018/08/25 | CTMA Level 1 Gala #4                         |  |
| 1:21,20 L                                 | F     | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:21,22 S                                 | F     | 100 Free   | 2018/11/17 | CTMA Level 1 Gala #7                         |  |
| 2:45,30 S                                 | F     | 200 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 2:50,57 L                                 | F     | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |



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| Time  | P/F/S | Event      |            |   |  |
|---|-------|------------|------------|---|--|
| <b>Raimond, Stephan F (14) M (Yr: AR)</b>     |       |            |            |   |  |
| 41,01   | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 42,42   | L P   | 50 Back    | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:27,44                                       | S F   | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 1:37,96                                       | L F   | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 21,29   | S F   | 25 Breast  | 2018/06/30 | CTMA Level 1 Gala #2                          |  |
| 44,75   | S F   | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 45,00   | L P   | 50 Breast  | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:34,73                                       | S F   | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 1:39,45                                       | L F   | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 3:26,06                                       | L F   | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 41,81   | L P   | 50 Fly     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 48,46   | S F   | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 1:31,35                                       | S F   | 100 IM     | 2018/06/30 | CTMA Level 1 Gala #2                          |  |
| 3:14,75                                       | S F   | 200 IM     | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 3:22,04                                       | L F   | 200 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| <b>Redelinghuys, Daniel A (20) M (Yr: AR)</b> |       |            |            |   |  |
| 26,40   | S F   | 50 Free    | 2019/03/09 | Glenn Petersen Benefit Gala                   |  |
| 26,47   | L P   | 50 Free    | 2019/02/22 | 2019 Grand Prix Invitational Swimming Meet-CT |  |
| 59,49   | S F   | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 59,52   | L P   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:17,21                                       | L F   | 200 Free   | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala     |  |
| 21:25,74                                      | L O   | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 44:58,19                                      | L O   | 3000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 31,49   | L F   | 50 Back    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala     |  |
| 31,97   | S F   | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 30,34   | L F   | 50 Breast  | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 31,13   | S F   | 50 Breast  | 2019/03/09 | Glenn Petersen Benefit Gala                   |  |
| 1:09,73                                       | S F   | 100 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:11,60                                       | L F   | 100 Breast | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala     |  |
| 2:36,81                                       | S F   | 200 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:40,37                                       | L F   | 200 Breast | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 28,14   | L P   | 50 Fly     | 2019/02/22 | 2019 Grand Prix Invitational Swimming Meet-CT |  |
| 28,45   | S F   | 50 Fly     | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 1:03,85                                       | L P   | 100 Fly    | 2019/02/22 | 2019 Grand Prix Invitational Swimming Meet-CT |  |
| 1:04,06                                       | S F   | 100 Fly    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:04,33                                       | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:24,97                                       | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:26,42                                       | L F   | 200 IM     | 2018/06/22 | PEA Winter Gala 2018                          |  |
| <b>Retief, Alec A (10) M (Yr: HN)</b>         |       |            |            |   |  |
| 24,46   | S F   | 25 Free    | 2018/11/17 | CTMA Level 1 Gala #7                          |  |
| 26,06   | S F   | 25 Back    | 2018/11/17 | CTMA Level 1 Gala #7                          |  |
| 29,00   | S F   | 25 Breast  | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 1:02,87                                       | S F   | 50 Breast  | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 2:17,69                                       | S F   | 100 Breast | 2018/11/17 | CTMA Level 1 Gala #7                          |  |
| <b>Ritchie, Andrew M (18) M (Yr: AR)</b>      |       |            |            |   |  |
| 26,33   | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 27,53   | L P   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 57,33   | S F   | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:00,35                                       | L P   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:02,19                                       | S F   | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:12,73                                       | L F   | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 4:21,29                                       | S F   | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 8:54,28                                       | S F   | 800 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:03:47,00                                    | L O   | 5000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 1:01,30                                       | S F   | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:05,22                                       | L F   | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:13,79                                       | S F   | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:23,63                                       | L F   | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:46,83                                       | L F   | 200 Breast | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:03,01                                       | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |

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| <b>Ritchie, Andrew M (18) M (Yr: AR)</b> |       |            |            |  |  |
| 2:20,55                                  | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:22,14                                  | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 4:45,45                                  | S F   | 400 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 5:04,76                                  | L F   | 400 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| <b>Rogers, Kayla A (14) W (Yr: AR)</b>   |       |            |            |  |  |
| 34,08                                    | L P   | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 36,28                                    | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:14,10                                  | L P   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:16,11                                  | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:44,59                                  | L F   | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 37,55                                    | L F   | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 39,62                                    | S F   | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 1:18,23                                  | L P   | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:20,80                                  | S F   | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:43,29                                  | S F   | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:47,58                                  | L F   | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:36,29                                  | S F   | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:37,02                                  | L F   | 100 Breast | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 3:29,60                                  | L F   | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 40,78                                    | S F   | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 1:29,62                                  | L P   | 100 Fly    | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 2:56,54                                  | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 3:03,93                                  | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| <b>Rossouw, Danel (12) W (Yr: AR)</b>    |       |            |            |  |  |
| 30,44                                    | L F   | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 31,62                                    | S F   | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 1:09,70                                  | L F   | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:12,98                                  | S F   | 100 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 2:44,88                                  | L P   | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:45,86                                  | S F   | 200 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 6:11,96                                  | L F   | 400 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 38,63                                    | L F   | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS                            |  |
| 41,25                                    | S F   | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 1:30,52                                  | L F   | 100 Back   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 1:32,03                                  | S F   | 100 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 3:11,33                                  | L F   | 200 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 43,59                                    | L P   | 50 Breast  | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 45,36                                    | S F   | 50 Breast  | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| 1:40,89                                  | L P   | 100 Breast | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:44,08                                  | S F   | 100 Breast | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 3:52,13                                  | L F   | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 42,37                                    | S F   | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 42,37                                    | S F   | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 3:08,86                                  | L P   | 200 IM     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 3:21,63                                  | S F   | 200 IM     | 2018/11/10 | CTMA Level 3&UP Gala #5                      |  |
| <b>Rossouw, Nadia (12) W (Yr: AR)</b>    |       |            |            |  |  |
| 33,04                                    | L P   | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 34,38                                    | S F   | 50 Free    | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:12,86                                  | L P   | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:16,67                                  | S F   | 100 Free   | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 2:37,21                                  | S F   | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:40,01                                  | L P   | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 5:33,48                                  | S F   | 400 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 5:40,18                                  | L F   | 400 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 38,18                                    | L P   | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:21,78                                  | L F   | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:22,14                                  | S F   | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 2:55,38                                  | L F   | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:59,22                                  | S F   | 200 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 1:42,20                                  | S F   | 100 Breast | 2018/09/08 | CTMA Qualifying Gala #1                      |  |

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| <b>Rossouw, Nadia (12) W (Yr: AR)</b>      |       |       |      |        |   |
| 37,20                                      | L     | P     | 50   | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 39,49                                      | S     | F     | 50   | Fly    | 2018/06/23 CTMA Level 3&UP Gala #2                      |
| 1:27,08                                    | L     | F     | 100  | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:29,40                                    | S     | F     | 100  | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:58,50                                    | S     | F     | 200  | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:59,75                                    | L     | F     | 200  | IM     | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| <b>Rothuysen, Layla (14) W (Yr: AR)</b>    |       |       |      |        |   |
| 32,04                                      | S     | F     | 50   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 32,83                                      | L     | F     | 50   | Free   | 2018/06/22 PEA Winter Gala 2018                         |
| 1:07,71                                    | S     | F     | 100  | Free   | 2018/11/10 CTMA Level 2 Gala #5                         |
| 1:08,05                                    | L     | F     | 100  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 2:30,05                                    | S     | F     | 200  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:35,94                                    | L     | F     | 200  | Free   | 2019/02/02 WC Jack Currie Champs - 2019                 |
| 5:21,57                                    | S     | F     | 400  | Free   | 2018/10/21 WC SCHOOLS TRIALS - 21Oct18                  |
| 5:24,50                                    | L     | F     | 400  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 48:02,85                                   | L     | O     | 3000 | Free   | 2018/12/16 Open Water Swimming Challenge                |
| 39,73                                      | S     | F     | 50   | Back   | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 40,12                                      | L     | F     | 50   | Back   | 2018/06/22 PEA Winter Gala 2018                         |
| 1:27,00                                    | S     | F     | 100  | Back   | 2018/10/13 CTMA SCHOOLS TRIAL                           |
| 3:05,00                                    | S     | F     | 200  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 43,23                                      | S     | F     | 50   | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 1:35,07                                    | S     | F     | 100  | Breast | 2018/10/13 CTMA SCHOOLS TRIAL                           |
| 34,37                                      | L     | F     | 50   | Fly    | 2019/02/02 WC Jack Currie Champs - 2019                 |
| 34,47                                      | S     | F     | 50   | Fly    | 2018/09/08 CTMA Qualifying Gala #1                      |
| 1:19,43                                    | L     | F     | 100  | Fly    | 2019/02/02 WC Jack Currie Champs - 2019                 |
| 1:21,41                                    | S     | F     | 100  | Fly    | 2018/09/08 CTMA Qualifying Gala #1                      |
| 1:24,25                                    | S     | F     | 100  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018    |
| 2:51,88                                    | S     | F     | 200  | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:57,26                                    | L     | F     | 200  | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| <b>Roux, Cullin (15) M (Yr: AR)</b>        |       |       |      |        |   |
| 1:06,76                                    | S     | F     | 100  | Free   | 2018/05/19 CTMA Level 2 Gala #1                         |
| 1:18,19                                    | S     | F     | 100  | Back   | 2018/05/19 CTMA Level 2 Gala #1                         |
| 39,68                                      | S     | F     | 50   | Breast | 2018/05/19 CTMA Level 2 Gala #1                         |
| 2:53,30                                    | S     | F     | 200  | IM     | 2018/05/19 CTMA Level 2 Gala #1                         |
| <b>Ryser, Aurora (11) W (Yr: AR)</b>       |       |       |      |        |   |
| 34,77                                      | S     | F     | 50   | Free   | 2019/01/13 Cape of Good Hope RocoMamas Gala             |
| 35,05                                      | L     | P     | 50   | Free   | 2018/12/05 Western Cape Summer Championships 2018       |
| 1:16,13                                    | L     | P     | 100  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:24,43                                    | S     | F     | 100  | Free   | 2018/07/28 CTMA Level 2 Gala #3                         |
| 2:48,24                                    | L     | F     | 200  | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| 2:49,83                                    | S     | F     | 200  | Free   | 2018/12/15 Valley Classic Meet                          |
| 6:06,79                                    | L     | F     | 400  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 18:19,40                                   | L     | O     | 1000 | Free   | 2018/12/16 Open Water Swimming Challenge                |
| 41,14                                      | L     | P     | 50   | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 41,18                                      | S     | F     | 50   | Back   | 2018/12/15 Valley Classic Meet                          |
| 1:25,96                                    | S     | F     | 100  | Back   | 2019/01/13 Cape of Good Hope RocoMamas Gala             |
| 1:27,61                                    | L     | P     | 100  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 3:05,10                                    | S     | F     | 200  | Back   | 2018/11/10 CTMA Level 2 Gala #5                         |
| 3:09,81                                    | L     | P     | 200  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 47,51                                      | S     | F     | 50   | Breast | 2018/11/10 CTMA Level 2 Gala #5                         |
| 1:43,20                                    | L     | F     | 100  | Breast | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| 1:46,73                                    | S     | F     | 100  | Breast | 2019/01/13 Cape of Good Hope RocoMamas Gala             |
| 40,44                                      | L     | P     | 50   | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 41,25                                      | S     | F     | 50   | Fly    | 2019/01/13 Cape of Good Hope RocoMamas Gala             |
| 3:11,70                                    | L     | P     | 200  | IM     | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 3:13,98                                    | S     | F     | 200  | IM     | 2018/12/15 Valley Classic Meet                          |
| <b>Samsodien, Ibtisaam (14) W (Yr: AR)</b> |       |       |      |        |   |
| 36,06                                      | S     | F     | 50   | Free   | 2018/08/25 CTMA Level 1 Gala #4                         |
| 1:33,63                                    | S     | F     | 100  | Back   | 2018/06/30 CTMA Level 1 Gala #2                         |
| 1:55,87                                    | S     | F     | 100  | Breast | 2018/10/20 CTMA Level 1 Gala #6                         |

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| <b>Samsodien, Ibtisaam (14) W (Yr: AR)</b> |       |            |            |   |  |
| 40,81 S                                    | F     | 50 Fly     | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 1:37,03 S                                  | F     | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 3:27,93 S                                  | F     | 200 IM     | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| <b>Scott, Aimeè (15) W (Yr: AR)</b>        |       |            |            |   |  |
| 29,61 S                                    | P     | 50 Free    | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 30,71 L                                    | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:03,99 S                                  | P     | 100 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:06,26 L                                  | P     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:18,72 S                                  | P     | 200 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:28,77 L                                  | F     | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 32,80 S                                    | P     | 50 Back    | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 34,51 L                                    | P     | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:10,69 S                                  | P     | 100 Back   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:13,60 L                                  | P     | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:29,92 S                                  | P     | 200 Back   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:35,30 L                                  | F     | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 32,48 S                                    | P     | 50 Fly     | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 32,86 L                                    | P     | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:45,79 S                                  | F     | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| <b>Scott, Joshua (16) M (Yr: AR)</b>       |       |            |            |   |  |
| 27,13 S                                    | F     | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 27,30 L                                    | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 58,31 S                                    | F     | 100 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 58,77 L                                    | P     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:15,76 L                                  | F     | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:16,09 S                                  | F     | 200 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 4:45,89 S                                  | F     | 400 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 1:06,74 S                                  | F     | 100 Fly    | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 1:08,02 L                                  | P     | 100 Fly    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:33,55 S                                  | F     | 200 IM     | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| <b>Seelig, Casy L (17) W (Yr: AR)</b>      |       |            |            |   |  |
| 30,05 S                                    | F     | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:08,04 S                                  | F     | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 36,27 S                                    | F     | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 1:19,01 S                                  | F     | 100 Back   | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 38,12 S                                    | F     | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 1:22,38 S                                  | F     | 100 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 36,05 S                                    | F     | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| 1:16,41 S                                  | F     | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:50,70 S                                  | F     | 200 IM     | 2018/06/23 | CTMA Level 3&UP Gala #2                       |  |
| <b>Senekal, Jardus (12) M (Yr: AR)</b>     |       |            |            |   |  |
| 34,70 L                                    | F     | 50 Free    | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 35,22 S                                    | F     | 50 Free    | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 1:19,73 S                                  | F     | 100 Free   | 2018/11/10 | CTMA Level 2 Gala #5                          |  |
| 1:21,94 L                                  | P     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 3:07,27 L                                  | F     | 200 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 3:10,07 S                                  | F     | 200 Free   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 40,21 L                                    | P     | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 40,37 S                                    | F     | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:25,86 S                                  | F     | 100 Back   | 2018/11/10 | CTMA Level 2 Gala #5                          |  |
| 1:29,18 L                                  | F     | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 3:08,09 S                                  | F     | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 3:13,30 L                                  | F     | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 45,67 S                                    | F     | 50 Breast  | 2018/11/10 | CTMA Level 2 Gala #5                          |  |
| 1:44,53 S                                  | F     | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:48,06 L                                  | F     | 100 Breast | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 41,79 L                                    | P     | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 44,91 S                                    | F     | 50 Fly     | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 3:19,55 S                                  | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 3:24,90 L                                  | F     | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018        |  |

## Individual Top Times

Times since: 01-May-08

| Time                                       | P/F/S | Event      |            |  |  |
|--|-------|------------|------------|--|--|
| <b>September, Shayden D (8) M (Yr: HN)</b> |       |            |            |  |  |
| 47,02 S                                    | F     | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:43,74 S                                  | F     | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 19:35,84 L                                 | O     | 500 Free   | 2018/12/16 | Open Water Swimming Challenge                |  |
| 28,00 S                                    | F     | 25 Back    | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 59,14 S                                    | F     | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 2:08,00 S                                  | F     | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:03,48 S                                  | F     | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 2:20,42 S                                  | F     | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 32,28 S                                    | F     | 25 Fly     | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 2:11,16 S                                  | F     | 100 IM     | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| <b>Smith, Courtney E (13) W (Yr: AR)</b>   |       |            |            |  |  |
| 32,59 S                                    | F     | 50 Free    | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 32,81 L                                    | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:11,02 S                                  | F     | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:12,06 L                                  | P     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:31,87 S                                  | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:38,44 L                                  | P     | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 5:37,35 L                                  | F     | 400 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 5:45,87 S                                  | F     | 400 Free   | 2018/05/26 | CTMA Level 3&UP Gala #1                      |  |
| 35,99 S                                    | F     | 50 Back    | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 37,38 L                                    | P     | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 37,38 L                                    | P     | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:15,55 S                                  | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:21,09 L                                  | P     | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 2:44,92 S                                  | F     | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:54,80 L                                  | F     | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 1:33,01 S                                  | F     | 100 Breast | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:35,72 L                                  | P     | 100 Breast | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 36,05 L                                    | P     | 50 Fly     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 36,47 S                                    | F     | 50 Fly     | 2018/06/23 | CTMA Level 3&UP Gala #2                      |  |
| 1:26,31 S                                  | F     | 100 Fly    | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 1:20,29 S                                  | F     | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:49,15 L                                  | F     | 200 IM     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:49,28 S                                  | F     | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| <b>Smith, Lara E (10) W (Yr: AR)</b>       |       |            |            |  |  |
| 41,93 S                                    | F     | 50 Free    | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 1:31,98 L                                  | F     | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:44,66 S                                  | F     | 100 Free   | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 20,00 S                                    | F     | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 49,22 L                                    | F     | 50 Back    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:42,88 L                                  | F     | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:43,22 S                                  | F     | 100 Back   | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| 56,07 S                                    | F     | 50 Breast  | 2018/11/10 | CTMA Level 2 Gala #5                         |  |
| 2:07,78 S                                  | F     | 100 Breast | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| 49,22 S                                    | F     | 50 Fly     | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| 50,63 L                                    | F     | 50 Fly     | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:47,94 S                                  | F     | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 3:48,55 L                                  | F     | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 3:52,75 S                                  | F     | 200 IM     | 2018/10/20 | CTMA Level 1 Gala #6                         |  |
| <b>Smith, William J (11) M (Yr: AR)</b>    |       |            |            |  |  |
| 18,87 S                                    | F     | 25 Free    | 2018/06/30 | CTMA Level 1 Gala #2                         |  |
| 39,98 L                                    | F     | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 42,00 S                                    | F     | 50 Free    | 2018/08/25 | CTMA Level 1 Gala #4                         |  |
| 1:29,34 L                                  | F     | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:30,81 S                                  | F     | 100 Free   | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 3:13,38 L                                  | F     | 200 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 43,59 L                                    | F     | 50 Back    | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 43,92 S                                    | F     | 50 Back    | 2018/09/22 | CTMA Level 1 Gala #5                         |  |
| 1:37,69 L                                  | F     | 100 Back   | 2018/10/04 | Aquabear Invitational Meet                   |  |
| 1:39,31 S                                  | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |

## Individual Top Times

Times since: 01-May-08

| Time   | P/F/S | Event      |            |   |  |
|--|-------|------------|------------|---|--|
| <b>Smith, William J (11) M (Yr: AR)</b>      |       |            |            |   |  |
| 3:31,23                                      | S F   | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 3:44,66                                      | L F   | 200 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 58,61  | L F   | 50 Breast  | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:00,91                                      | S F   | 50 Breast  | 2018/05/19 | CTMA Level 1 Gala #1                          |  |
| 45,16  | L F   | 50 Fly     | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 48,57  | S F   | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:49,50                                      | S F   | 100 IM     | 2018/06/30 | CTMA Level 1 Gala #2                          |  |
| 1:49,50                                      | S F   | 100 IM     | 2018/05/19 | CTMA Level 1 Gala #1                          |  |
| 3:37,35                                      | S F   | 200 IM     | 2018/09/22 | CTMA Level 1 Gala #5                          |  |
| 3:38,50                                      | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| <b>Smith, Sebastian N (9) M (Yr: AR)</b>     |       |            |            |   |  |
| 18,63  | S F   | 25 Free    | 2018/06/30 | CTMA Level 1 Gala #2                          |  |
| 37,92  | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 39,50  | L F   | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 1:27,38                                      | S L F | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 1:28,78                                      | L F   | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 3:09,01                                      | S F   | 200 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 41,07  | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 41,90  | L F   | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 1:28,72                                      | S F   | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 1:32,99                                      | L F   | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 3:11,94                                      | L F   | 200 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 3:23,14                                      | S F   | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 24,72  | S F   | 25 Breast  | 2018/06/30 | CTMA Level 1 Gala #2                          |  |
| 48,29  | S F   | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 51,27  | L F   | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 1:46,11                                      | L F   | 100 Breast | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 1:46,77                                      | S F   | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 3:45,92                                      | L F   | 200 Breast | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 3:51,56                                      | S F   | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 46,83  | S F   | 50 Fly     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 48,91  | L F   | 50 Fly     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:46,22                                      | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 3:19,16                                      | S F   | 200 IM     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 3:25,66                                      | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| <b>Smuts, Jamie (13) M (Yr: BR)</b>          |       |            |            |   |  |
| 30,07  | L P   | 50 Free    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 31,52  | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:06,66                                      | L P   | 100 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 1:09,32                                      | S F   | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:23,51                                      | L P   | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:31,75                                      | S F   | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 5:01,31                                      | L F   | 400 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 5:18,94                                      | S F   | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 47:41,92                                     | L O   | 3000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 32,37  | L P   | 50 Back    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 1:08,84                                      | L L F | 100 Back   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 1:10,81                                      | S F   | 100 Back   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 2:29,12                                      | S F   | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:33,75                                      | L P   | 200 Back   | 2019/02/22 | 2019 Grand Prix Invitational Swimming Meet-CT |  |
| 43,03  | L F   | 50 Breast  | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 1:31,95                                      | S F   | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:33,06                                      | L F   | 100 Breast | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala     |  |
| 31,35  | L P   | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:19,10                                      | S F   | 100 Fly    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:23,48                                      | L F   | 100 Fly    | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala     |  |
| 1:18,56                                      | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:44,77                                      | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:45,45                                      | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| <b>Southworth, Matthew W (10) M (Yr: HR)</b> |       |            |            |   |  |

## Individual Top Times

Times since: 01-May-08

| Time   | P/F/S | Event      |            |                              |  |
|--|-------|------------|------------|------------------------------|--|
| <b>Southworth, Matthew W (10) M (Yr: HR)</b> |       |            |            |                              |  |
| 1:26,33                                      | L F   | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 1:27,47                                      | S F   | 100 Free   | 2018/09/22 | CTMA Level 1 Gala #5         |  |
| 46,93  | L F   | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS            |  |
| 49,03  | S F   | 50 Back    | 2018/09/22 | CTMA Level 1 Gala #5         |  |
| 1:37,29                                      | L F   | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS            |  |
| 1:47,60                                      | S F   | 100 Back   | 2018/10/20 | CTMA Level 1 Gala #6         |  |
| 3:43,08                                      | L F   | 200 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3  |  |
| 1:52,85                                      | L F   | 100 Breast | 2019/02/16 | CTMA L2&L3 CHAMPS            |  |
| 1:54,85                                      | S F   | 100 Breast | 2018/10/20 | CTMA Level 1 Gala #6         |  |
| 44,82  | L F   | 50 Fly     | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 47,25  | S F   | 50 Fly     | 2018/10/20 | CTMA Level 1 Gala #6         |  |
| 3:28,06                                      | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 3:35,00                                      | S F   | 200 IM     | 2018/09/22 | CTMA Level 1 Gala #5         |  |
| <b>Stalmeester, Seth O (9) M (Yr: AR)</b>    |       |            |            |                              |  |
| 44,37  | S F   | 50 Free    | 2018/11/17 | CTMA Level 1 Gala #7         |  |
| 23,41  | S F   | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3         |  |
| 51,89  | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL |  |
| 1:45,97                                      | S F   | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL |  |
| 1:00,91                                      | S F   | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL |  |
| 2:12,15                                      | S F   | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL |  |
| 31,88  | S F   | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3         |  |
| 1:57,68                                      | S F   | 100 IM     | 2018/11/17 | CTMA Level 1 Gala #7         |  |
| <b>Stander, Mila (12) W (Yr: AR)</b>         |       |            |            |                              |  |
| 1:14,25                                      | L L F | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 1:19,06                                      | L F   | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 1:22,95                                      | S F   | 100 Free   | 2018/07/28 | CTMA Level 2 Gala #3         |  |
| 1:28,33                                      | L F   | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 1:41,07                                      | S F   | 100 Back   | 2018/07/28 | CTMA Level 2 Gala #3         |  |
| 47,47  | S F   | 50 Breast  | 2018/07/28 | CTMA Level 2 Gala #3         |  |
| 38,97  | L F   | 50 Fly     | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 40,48  | S F   | 50 Fly     | 2018/07/28 | CTMA Level 2 Gala #3         |  |
| 3:10,46                                      | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 3:29,17                                      | S F   | 200 IM     | 2018/07/28 | CTMA Level 2 Gala #3         |  |
| <b>Steffen, Ethan A (13) M (Yr: AR)</b>      |       |            |            |                              |  |
| 33,00  | S F   | 50 Free    | 2018/07/28 | CTMA Level 1 Gala #3         |  |
| 1:22,93                                      | S F   | 100 Free   | 2018/05/19 | CTMA Level 1 Gala #1         |  |
| 19,72  | S F   | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3         |  |
| 48,78  | S F   | 50 Breast  | 2018/05/19 | CTMA Level 1 Gala #1         |  |
| 1:50,63                                      | S F   | 100 Breast | 2018/07/28 | CTMA Level 1 Gala #3         |  |
| 19,62  | S F   | 25 Fly     | 2018/07/28 | CTMA Level 1 Gala #3         |  |
| 1:35,50                                      | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3         |  |
| <b>Strydom, Stephan (13) M (Yr: AR)</b>      |       |            |            |                              |  |
| 37,87  | S F   | 50 Free    | 2018/08/25 | CTMA Level 1 Gala #4         |  |
| 1:13,11                                      | L F   | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 1:21,73                                      | S F   | 100 Free   | 2018/05/19 | CTMA Level 1 Gala #1         |  |
| 42,98  | L F   | 50 Back    | 2019/01/25 | CTMA/TYR Qualifying Gala #3  |  |
| 1:27,01                                      | S F   | 100 Back   | 2018/10/20 | CTMA Level 1 Gala #6         |  |
| 1:28,03                                      | L F   | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 3:12,44                                      | L F   | 200 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3  |  |
| 51,11  | S F   | 50 Breast  | 2018/05/19 | CTMA Level 1 Gala #1         |  |
| 1:50,25                                      | L F   | 100 Breast | 2019/01/25 | CTMA/TYR Qualifying Gala #3  |  |
| 1:51,16                                      | S F   | 100 Breast | 2018/08/25 | CTMA Level 1 Gala #4         |  |
| 38,91  | L F   | 50 Fly     | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 41,12  | S F   | 50 Fly     | 2018/10/20 | CTMA Level 1 Gala #6         |  |
| 1:35,44                                      | S F   | 100 IM     | 2018/05/19 | CTMA Level 1 Gala #1         |  |
| 3:09,45                                      | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019 |  |
| 3:17,93                                      | S F   | 200 IM     | 2018/10/20 | CTMA Level 1 Gala #6         |  |
| <b>Stürmer, Danika L (10) W (Yr: HN)</b>     |       |            |            |                              |  |
| 22,50  | S F   | 25 Free    | 2018/10/20 | CTMA Level 1 Gala #6         |  |
| 1:58,95                                      | L F   | 100 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3  |  |

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|--|-------|-------|------|--------|---|
| <b>Stürmer, Danika L (10) W (Yr: HN)</b>   |       |       |      |        |   |
| 28,25                                      | S     | F     | 25   | Back   | 2018/11/17 CTMA Level 1 Gala #7                         |
| 55,29                                      | S     | F     | 50   | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 58,48                                      | L     | F     | 50   | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| 30,88                                      | S     | F     | 25   | Breast | 2018/11/17 CTMA Level 1 Gala #7                         |
| 2:06,44                                    | S     | F     | 100  | Breast | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 2:16,16                                    | L     | F     | 100  | Breast | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| 32,09                                      | S     | F     | 25   | Fly    | 2018/11/17 CTMA Level 1 Gala #7                         |
| <b>Swartz, Luke M (13) M (Yr: AR)</b>      |       |       |      |        |   |
| 35,46                                      | S     | F     | 50   | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 1:22,27                                    | S     | F     | 100  | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 21:53,22                                   | L     | O     | 1000 | Free   | 2018/12/16 Open Water Swimming Challenge                |
| 43,65                                      | S     | F     | 50   | Back   | 2018/09/22 CTMA Level 1 Gala #5                         |
| 1:37,07                                    | S     | F     | 100  | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 48,44                                      | S     | F     | 50   | Breast | 2018/05/19 CTMA Level 1 Gala #1                         |
| 1:44,68                                    | S     | F     | 100  | Breast | 2019/02/09 CTMA Level 1 Champs                          |
| 48,43                                      | S     | F     | 50   | Fly    | 2018/10/20 CTMA Level 1 Gala #6                         |
| 1:38,10                                    | S     | F     | 100  | IM     | 2018/07/28 CTMA Level 1 Gala #3                         |
| 3:35,94                                    | S     | F     | 200  | IM     | 2018/09/22 CTMA Level 1 Gala #5                         |
| <b>Swartz, Lyle T (10) M (Yr: HN)</b>      |       |       |      |        |   |
| 21,44                                      | S     | F     | 25   | Free   | 2018/06/30 CTMA Level 1 Gala #2                         |
| 44,91                                      | S     | F     | 50   | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 1:55,06                                    | S     | F     | 100  | Free   | 2018/11/17 CTMA Level 1 Gala #7                         |
| 27,25                                      | S     | F     | 25   | Back   | 2018/05/19 CTMA Level 1 Gala #1                         |
| 58,32                                      | S     | F     | 50   | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 2:35,73                                    | S     | F     | 100  | Back   | 2018/10/20 CTMA Level 1 Gala #6                         |
| 39,10                                      | S     | F     | 25   | Breast | 2018/06/30 CTMA Level 1 Gala #2                         |
| 1:11,04                                    | S     | F     | 50   | Breast | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL                 |
| 3:01,68                                    | S     | F     | 100  | Breast | 2018/10/20 CTMA Level 1 Gala #6                         |
| <b>Terblanche, Kiaan C (13) M (Yr: AR)</b> |       |       |      |        |   |
| 30,25                                      | L     | F     | 50   | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| 31,05                                      | S     | F     | 50   | Free   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 1:06,62                                    | L     | P     | 100  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:09,13                                    | S     | F     | 100  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:23,00                                    | L     | F     | 200  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:29,95                                    | S     | F     | 200  | Free   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 5:02,56                                    | L     | F     | 400  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 34,17                                      | S     | F     | 50   | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 34,22                                      | L     | F     | 50   | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 1:13,46                                    | L     | P     | 100  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:15,13                                    | S     | F     | 100  | Back   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 2:37,93                                    | L     | F     | 200  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:41,92                                    | S     | F     | 200  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 42,42                                      | L     | P     | 50   | Breast | 2018/12/05 Western Cape Summer Championships 2018       |
| 44,86                                      | S     | F     | 50   | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 1:30,81                                    | L     | F     | 100  | Breast | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 3:14,49                                    | L     | F     | 200  | Breast | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 33,12                                      | L     | F     | 50   | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:14,21                                    | L     | P     | 100  | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:39,23                                    | L     | F     | 200  | IM     | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:48,61                                    | S     | F     | 200  | IM     | 2018/09/08 CTMA Qualifying Gala #1                      |
| <b>Terblanche, Luan L (10) M (Yr: AR)</b>  |       |       |      |        |   |
| 33,75                                      | L     | F     | 50   | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 1:14,14                                    | L     | F     | 100  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 1:17,21                                    | S     | F     | 100  | Free   | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 2:38,81                                    | L     | F     | 200  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 2:45,05                                    | S     | F     | 200  | Free   | 2018/08/18 CTMA Level 3&UP Gala #4                      |
| 5:39,49                                    | L     | F     | 400  | Free   | 2018/10/04 Aquabear Invitational Meet                   |
| 39,50                                      | L     | F     | 50   | Back   | 2018/10/04 Aquabear Invitational Meet                   |
| 40,29                                      | S     | F     | 50   | Back   | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 1:23,70                                    | L     | F     | 100  | Back   | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |



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| <b>Terblanche, Luan L (10) M (Yr: AR)</b> |       |       |     |        |  |
| 1:23,88                                   | S     | F     | 100 | Back   | 2018/08/18 CTMA Level 3&UP Gala #4                   |
| 2:55,99                                   | L     | F     | 200 | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 44,00                                     | L     | F     | 50  | Breast | 2018/11/02 37th Freda Barnard Gala Invitational Gala |
| 46,13                                     | S     | F     | 50  | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                   |
| 1:35,35                                   | L     | F     | 100 | Breast | 2019/02/02 WC Jack Currie Champs - 2019              |
| 1:41,85                                   | S     | F     | 100 | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                   |
| 3:23,88                                   | L     | F     | 200 | Breast | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 3:38,99                                   | S     | F     | 200 | Breast | 2018/09/08 CTMA Qualifying Gala #1                   |
| 36,94                                     | L     | F     | 50  | Fly    | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 1:22,39                                   | L     | F     | 100 | Fly    | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 2:54,07                                   | L     | F     | 200 | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 3:00,75                                   | S     | F     | 200 | IM     | 2018/07/29 CTMA Level 3&UP Gala #3                   |
| <b>Theys, Jayden-Lee (10) M (Yr: GR)</b>  |       |       |     |        |  |
| 34,21                                     | L     | F     | 50  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 36,47                                     | S     | F     | 50  | Free   | 2018/09/08 CTMA Qualifying Gala #1                   |
| 1:22,88                                   | L     | F     | 100 | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 1:23,36                                   | S     | F     | 100 | Free   | 2018/11/10 CTMA Level 2 Gala #5                      |
| 3:02,79                                   | L     | F     | 200 | Free   | 2019/02/02 WC Jack Currie Champs - 2019              |
| 3:08,76                                   | S     | F     | 200 | Free   | 2018/09/08 CTMA Qualifying Gala #1                   |
| 42,64                                     | L     | F     | 50  | Back   | 2018/10/04 Aquabear Invitational Meet                |
| 1:32,60                                   | L     | F     | 100 | Back   | 2018/10/04 Aquabear Invitational Meet                |
| 1:42,34                                   | S     | F     | 100 | Back   | 2018/07/28 CTMA Level 2 Gala #3                      |
| 3:18,84                                   | L     | F     | 200 | Back   | 2018/10/04 Aquabear Invitational Meet                |
| 3:29,94                                   | S     | F     | 200 | Back   | 2018/09/08 CTMA Qualifying Gala #1                   |
| 47,20                                     | L     | F     | 50  | Breast | 2019/01/12 BCA Inter District Gala 2019              |
| 48,64                                     | S     | F     | 50  | Breast | 2018/11/10 CTMA Level 2 Gala #5                      |
| 1:45,70                                   | L     | F     | 100 | Breast | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 3:52,00                                   | L     | F     | 200 | Breast | 2018/10/04 Aquabear Invitational Meet                |
| 4:01,51                                   | S     | F     | 200 | Breast | 2018/07/28 CTMA Level 2 Gala #3                      |
| 40,13                                     | L     | F     | 50  | Fly    | 2019/01/12 BCA Inter District Gala 2019              |
| 43,18                                     | S     | F     | 50  | Fly    | 2018/07/28 CTMA Level 2 Gala #3                      |
| 3:22,69                                   | L     | F     | 200 | IM     | 2018/10/04 Aquabear Invitational Meet                |
| 3:24,51                                   | S     | F     | 200 | IM     | 2018/11/10 CTMA Level 2 Gala #5                      |
| <b>Thompson, Leila (9) W (Yr: AR)</b>     |       |       |     |        |  |
| 46,90                                     | S     | F     | 50  | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 1:50,79                                   | S     | F     | 100 | Free   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 56,69                                     | S     | F     | 50  | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 2:08,38                                   | S     | F     | 100 | Back   | 2019/03/15 WCA LEVEL 1 INTRA PROVINCIAL              |
| 1:13,12                                   | S     | F     | 50  | Breast | 2018/10/20 CTMA Level 1 Gala #6                      |
| 2:31,37                                   | S     | F     | 100 | Breast | 2018/11/17 CTMA Level 1 Gala #7                      |
| 2:13,50                                   | S     | F     | 100 | IM     | 2018/10/20 CTMA Level 1 Gala #6                      |
| <b>Tobin, Caitlin (14) W (Yr: AR)</b>     |       |       |     |        |  |
| 34,14                                     | L     | F     | 50  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 35,34                                     | S     | F     | 50  | Free   | 2018/06/30 CTMA Level 2 Gala #2                      |
| 1:18,32                                   | S     | F     | 100 | Free   | 2018/10/13 CTMA SCHOOLS TRIAL                        |
| 1:18,40                                   | L     | F     | 100 | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 2:54,87                                   | S     | F     | 200 | Free   | 2018/12/15 Valley Classic Meet                       |
| 40,52                                     | S     | F     | 50  | Back   | 2018/09/08 CTMA Qualifying Gala #1                   |
| 42,40                                     | L     | F     | 50  | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 1:27,40                                   | S     | F     | 100 | Back   | 2018/12/15 Valley Classic Meet                       |
| 45,41                                     | S     | F     | 50  | Breast | 2018/12/15 Valley Classic Meet                       |
| 46,86                                     | L     | F     | 50  | Breast | 2019/02/02 WC Jack Currie Champs - 2019              |
| 1:39,87                                   | S     | F     | 100 | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2               |
| 1:43,70                                   | L     | F     | 100 | Breast | 2019/01/25 CTMA/TYR Qualifying Gala #3               |
| 41,53                                     | S     | F     | 50  | Fly    | 2018/07/28 CTMA Level 2 Gala #3                      |
| 3:13,23                                   | L     | F     | 200 | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 3:17,66                                   | S     | F     | 200 | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2               |
| <b>Tolmay, Stéfke (16) W (Yr: AR)</b>     |       |       |     |        |  |
| 31,86                                     | L     | F     | 50  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                         |
| 31,93                                     | S     | F     | 50  | Free   | 2018/06/23 CTMA Level 3&UP Gala #2                   |

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| <b>Tolmay, Stéfke (16) W (Yr: AR)</b>     |       |       |      |        |   |
| 1:08,89                                   | S     | F     | 100  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2            |
| 1:09,84                                   | L     | F     | 100  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                      |
| 33,52                                     | S     | F     | 50   | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2            |
| 34,02                                     | L     | F     | 50   | Back   | 2018/12/05 Western Cape Summer Championships 2018 |
| 1:13,50                                   | S     | F     | 100  | Back   | 2018/06/23 CTMA Level 3&UP Gala #2                |
| 1:14,81                                   | L     | F     | 100  | Back   | 2019/01/12 BCA Inter District Gala 2019           |
| 2:38,93                                   | S     | F     | 200  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2            |
| 2:41,46                                   | L     | F     | 200  | Back   | 2018/12/05 Western Cape Summer Championships 2018 |
| 32,75                                     | L     | F     | 50   | Fly    | 2018/12/05 Western Cape Summer Championships 2018 |
| 33,65                                     | S     | F     | 50   | Fly    | 2018/06/23 CTMA Level 3&UP Gala #2                |
| 2:43,28                                   | S     | F     | 200  | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2            |
| 2:48,28                                   | L     | F     | 200  | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                      |
| <b>Trower, Michael (8) M (Yr: SN)</b>     |       |       |      |        |   |
| 22,88                                     | S     | F     | 25   | Free   | 2018/11/17 CTMA Level 1 Gala #7                   |
| 26,63                                     | S     | F     | 25   | Back   | 2018/11/17 CTMA Level 1 Gala #7                   |
| <b>Trower, Nicholas T (10) M (Yr: AR)</b> |       |       |      |        |   |
| 33,89                                     | L     | F     | 50   | Free   | 2019/02/02 WC Jack Currie Champs - 2019           |
| 36,56                                     | S     | F     | 50   | Free   | 2018/06/30 CTMA Level 2 Gala #2                   |
| 1:13,43                                   | L     | F     | 100  | Free   | 2018/10/04 Aquabear Invitational Meet             |
| 1:16,17                                   | S     | F     | 100  | Free   | 2018/11/10 CTMA Level 3&UP Gala #5                |
| 2:43,75                                   | L     | F     | 200  | Free   | 2019/02/02 WC Jack Currie Champs - 2019           |
| 2:52,23                                   | S     | F     | 200  | Free   | 2018/08/18 CTMA Level 2 Gala #4                   |
| 17:15,29                                  | L     | O     | 1000 | Free   | 2018/12/16 Open Water Swimming Challenge          |
| 39,16                                     | L     | F     | 50   | Back   | 2019/02/02 WC Jack Currie Champs - 2019           |
| 41,57                                     | S     | F     | 50   | Back   | 2018/11/10 CTMA Level 3&UP Gala #5                |
| 1:29,74                                   | L     | F     | 100  | Back   | 2018/10/04 Aquabear Invitational Meet             |
| 1:32,12                                   | S     | F     | 100  | Back   | 2018/07/28 CTMA Level 2 Gala #3                   |
| 3:06,01                                   | L     | F     | 200  | Back   | 2019/02/02 WC Jack Currie Champs - 2019           |
| 3:18,00                                   | S     | F     | 200  | Back   | 2018/06/30 CTMA Level 2 Gala #2                   |
| 47,51                                     | L     | F     | 50   | Breast | 2019/02/02 WC Jack Currie Champs - 2019           |
| 47,54                                     | S     | F     | 50   | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2            |
| 1:38,95                                   | S     | F     | 100  | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2            |
| 1:41,73                                   | L     | F     | 100  | Breast | 2018/10/04 Aquabear Invitational Meet             |
| 3:37,78                                   | L     | F     | 200  | Breast | 2018/10/04 Aquabear Invitational Meet             |
| 3:45,80                                   | S     | F     | 200  | Breast | 2018/07/28 CTMA Level 2 Gala #3                   |
| 39,38                                     | L     | F     | 50   | Fly    | 2019/02/16 CTMA L2&L3 CHAMPS                      |
| 41,59                                     | S     | F     | 50   | Fly    | 2018/07/28 CTMA Level 2 Gala #3                   |
| 3:05,05                                   | L     | F     | 200  | IM     | 2019/02/02 WC Jack Currie Champs - 2019           |
| 3:08,53                                   | S     | F     | 200  | IM     | 2018/11/10 CTMA Level 3&UP Gala #5                |
| <b>Uys, Tara (13) W (Yr: AR)</b>          |       |       |      |        |   |
| 32,61                                     | S     | F     | 50   | Free   | 2018/08/18 CTMA Level 3&UP Gala #4                |
| 32,62                                     | L     | P     | 50   | Free   | 2018/10/04 Aquabear Invitational Meet             |
| 1:12,12                                   | S     | F     | 100  | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2            |
| 1:12,49                                   | L     | F     | 100  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                      |
| 2:39,85                                   | L     | F     | 200  | Free   | 2018/10/04 Aquabear Invitational Meet             |
| 2:42,72                                   | S     | F     | 200  | Free   | 2018/09/08 CTMA Qualifying Gala #1                |
| 5:53,52                                   | L     | F     | 400  | Free   | 2019/01/25 CTMA/TYR Qualifying Gala #3            |
| 37,70                                     | L     | P     | 50   | Back   | 2018/10/04 Aquabear Invitational Meet             |
| 38,43                                     | S     | F     | 50   | Back   | 2018/11/10 CTMA Level 3&UP Gala #5                |
| 1:22,05                                   | S     | F     | 100  | Back   | 2018/09/08 CTMA Qualifying Gala #1                |
| 1:23,54                                   | L     | P     | 100  | Back   | 2018/12/05 Western Cape Summer Championships 2018 |
| 2:54,23                                   | L     | F     | 200  | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                      |
| 2:55,30                                   | S     | F     | 200  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2            |
| 45,83                                     | L     | P     | 50   | Breast | 2018/10/04 Aquabear Invitational Meet             |
| 1:43,37                                   | S     | F     | 100  | Breast | 2018/09/08 CTMA Qualifying Gala #1                |
| 1:44,46                                   | L     | P     | 100  | Breast | 2018/10/04 Aquabear Invitational Meet             |
| 36,72                                     | S     | F     | 50   | Fly    | 2018/08/18 CTMA Level 3&UP Gala #4                |
| 37,31                                     | L     | P     | 50   | Fly    | 2018/10/04 Aquabear Invitational Meet             |
| 1:24,82                                   | S     | F     | 100  | Fly    | 2018/11/10 CTMA Level 3&UP Gala #5                |
| 1:28,94                                   | L     | F     | 100  | Fly    | 2019/02/16 CTMA L2&L3 CHAMPS                      |

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| <b>Uys, Tara (13) W (Yr: AR)</b>          |       |       |     |        |   |
| 2:59,79                                   | S     | F     | 200 | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:59,86                                   | L     | F     | 200 | IM     | 2019/01/25 CTMA/TYR Qualifying Gala #3                  |
| <b>Van Aswegen, Mia (10) W (Yr: AR)</b>   |       |       |     |        |   |
| 41,03                                     | L     | F     | 50  | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 47,48                                     | S     | F     | 50  | Free   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 1:46,83                                   | S     | F     | 100 | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 43,68                                     | L     | F     | 50  | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 45,73                                     | S     | F     | 50  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 1:36,86                                   | L     | F     | 100 | Back   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 1:46,55                                   | S     | F     | 100 | Back   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 3:29,79                                   | L     | F     | 200 | Back   | 2019/02/02 WC Jack Currie Champs - 2019                 |
| 3:43,53                                   | S     | F     | 200 | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 59,61                                     | S     | F     | 50  | Breast | 2018/07/28 CTMA Level 2 Gala #3                         |
| 47,62                                     | L     | F     | 50  | Fly    | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 3:46,32                                   | L     | F     | 200 | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 3:52,63                                   | S     | F     | 200 | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| <b>Van Heerden, Dirk (11) M (Yr: AR)</b>  |       |       |     |        |   |
| 31,10                                     | L     | F     | 50  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 32,54                                     | S     | F     | 50  | Free   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 1:11,32                                   | L     | F     | 100 | Free   | 2018/10/04 Aquabear Invitational Meet                   |
| 1:13,32                                   | S     | F     | 100 | Free   | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 2:36,88                                   | L     | F     | 200 | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 2:43,03                                   | S     | F     | 200 | Free   | 2018/08/18 CTMA Level 3&UP Gala #4                      |
| 5:40,20                                   | S     | F     | 400 | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 5:43,39                                   | L     | F     | 400 | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 36,35                                     | S     | F     | 50  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 36,97                                     | L     | F     | 50  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:19,50                                   | L     | P     | 100 | Back   | 2018/12/05 Western Cape Summer Championships 2018       |
| 1:19,79                                   | S     | F     | 100 | Back   | 2018/08/18 CTMA Level 3&UP Gala #4                      |
| 2:46,81                                   | S     | F     | 200 | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:49,15                                   | L     | F     | 200 | Back   | 2018/10/04 Aquabear Invitational Meet                   |
| 43,16                                     | L     | F     | 50  | Breast | 2018/10/04 Aquabear Invitational Meet                   |
| 43,27                                     | S     | F     | 50  | Breast | 2018/09/08 CTMA Qualifying Gala #1                      |
| 1:33,11                                   | L     | F     | 100 | Breast | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 1:34,55                                   | S     | F     | 100 | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 3:23,03                                   | L     | F     | 200 | Breast | 2018/12/05 Western Cape Summer Championships 2018       |
| 3:23,61                                   | S     | F     | 200 | Breast | 2018/07/29 CTMA Level 3&UP Gala #3                      |
| 36,65                                     | L     | F     | 50  | Fly    | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 38,85                                     | S     | F     | 50  | Fly    | 2018/08/18 CTMA Level 3&UP Gala #4                      |
| 2:53,99                                   | S     | F     | 200 | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:57,41                                   | L     | F     | 200 | IM     | 2018/10/04 Aquabear Invitational Meet                   |
| <b>Van Tonder, Charnè (11) W (Yr: AR)</b> |       |       |     |        |   |
| 32,48                                     | L     | F     | 50  | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 35,61                                     | S     | F     | 50  | Free   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 1:15,67                                   | L     | F     | 100 | Free   | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| 1:21,19                                   | S     | F     | 100 | Free   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 2:55,78                                   | L     | P     | 200 | Free   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 3:07,78                                   | S     | F     | 200 | Free   | 2018/05/19 CTMA Level 2 Gala #1                         |
| 38,78                                     | L     | P     | 50  | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 39,50                                     | S     | F     | 50  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 1:28,15                                   | L     | P     | 100 | Back   | 2018/12/05 Western Cape Summer Championships 2018       |
| 1:32,26                                   | S     | F     | 100 | Back   | 2018/09/08 CTMA Qualifying Gala #1                      |
| 3:09,28                                   | L     | P     | 200 | Back   | 2019/03/28 SA Level 3 Regional Age Group Champs 2019-WC |
| 3:11,03                                   | S     | F     | 200 | Back   | 2018/11/10 CTMA Level 2 Gala #5                         |
| 49,37                                     | S     | F     | 50  | Breast | 2018/11/10 CTMA Level 2 Gala #5                         |
| 1:48,53                                   | S     | F     | 100 | Breast | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 40,59                                     | S     | F     | 50  | Fly    | 2018/11/10 CTMA Level 2 Gala #5                         |
| 3:14,81                                   | S     | F     | 200 | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                  |
| 3:17,36                                   | L     | F     | 200 | IM     | 2019/02/16 CTMA L2&L3 CHAMPS                            |
| <b>Van Tonder, Danelle (8) W (Yr: HN)</b> |       |       |     |        |   |

## Individual Top Times

Times since: 01-May-08

| Time                                       | P/F/S | Event      |            |  |  |
|--|-------|------------|------------|--|--|
| <b>Van Tonder, Danelle (8) W (Yr: HN)</b>  |       |            |            |  |  |
| 22,81 S                                    | F     | 25 Free    | 2018/11/17 | CTMA Level 1 Gala #7                   |  |
| 23,85 S                                    | F     | 25 Back    | 2018/11/17 | CTMA Level 1 Gala #7                   |  |
| 30,70 S                                    | F     | 25 Breast  | 2018/11/17 | CTMA Level 1 Gala #7                   |  |
| 25,81 S                                    | F     | 25 Fly     | 2018/11/17 | CTMA Level 1 Gala #7                   |  |
| <b>Van Vondel, Anton J (12) M (Yr: HN)</b> |       |            |            |  |  |
| 20,25 S                                    | F     | 25 Free    | 2018/06/30 | CTMA Level 1 Gala #2                   |  |
| 36,31 S L                                  | F     | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL           |  |
| 1:24,20 S                                  | F     | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL           |  |
| 20,05 S                                    | F     | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3                   |  |
| 41,94 S L                                  | F     | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL           |  |
| 1:30,18 S                                  | F     | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL           |  |
| 28,44 S                                    | F     | 25 Breast  | 2018/06/30 | CTMA Level 1 Gala #2                   |  |
| 48,60 S                                    | F     | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL           |  |
| 1:52,41 S                                  | F     | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL           |  |
| 1:58,38 S                                  | F     | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                   |  |
| 3:23,05 S                                  | F     | 200 IM     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL           |  |
| <b>Van Wyk, Anabel S (9) W (Yr: NN)</b>    |       |            |            |  |  |
| 24,91 S                                    | F     | 25 Free    | 2018/09/22 | CTMA Level 1 Gala #5                   |  |
| 26,56 S                                    | F     | 25 Back    | 2018/09/22 | CTMA Level 1 Gala #5                   |  |
| 42,88 S                                    | F     | 25 Breast  | 2018/09/22 | CTMA Level 1 Gala #5                   |  |
| <b>Van Wyk, Benjamin C (10) M (Yr: NN)</b> |       |            |            |  |  |
| 23,71 S                                    | F     | 25 Free    | 2018/09/22 | CTMA Level 1 Gala #5                   |  |
| 23,72 S                                    | F     | 25 Back    | 2018/09/22 | CTMA Level 1 Gala #5                   |  |
| 29,41 S                                    | F     | 25 Breast  | 2018/09/22 | CTMA Level 1 Gala #5                   |  |
| <b>Van Wyk, Morgan R (11) W (Yr: HN)</b>   |       |            |            |  |  |
| 22,41 S                                    | F     | 25 Free    | 2018/11/17 | CTMA Level 1 Gala #7                   |  |
| 25,88 S                                    | F     | 25 Back    | 2018/11/17 | CTMA Level 1 Gala #7                   |  |
| 27,84 S                                    | F     | 25 Breast  | 2018/11/17 | CTMA Level 1 Gala #7                   |  |
| 30,26 S                                    | F     | 25 Fly     | 2018/11/17 | CTMA Level 1 Gala #7                   |  |
| <b>Vd Merwe, Bianca (13) W (Yr: AR)</b>    |       |            |            |  |  |
| 33,40 S                                    | F     | 50 Free    | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18            |  |
| 34,14 L                                    | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018 |  |
| 1:17,57 S                                  | F     | 100 Free   | 2018/11/10 | CTMA Level 2 Gala #5                   |  |
| 2:51,98 L                                  | F     | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018 |  |
| 2:56,73 S                                  | F     | 200 Free   | 2018/08/18 | CTMA Level 2 Gala #4                   |  |
| 39,04 L                                    | F     | 50 Back    | 2019/02/16 | CTMA L2&L3 CHAMPS                      |  |
| 41,30 S                                    | F     | 50 Back    | 2018/08/18 | CTMA Level 2 Gala #4                   |  |
| 1:21,88 S                                  | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2            |  |
| 1:24,12 L                                  | F     | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3            |  |
| 2:54,63 S                                  | F     | 200 Back   | 2018/11/10 | CTMA Level 2 Gala #5                   |  |
| 3:00,50 L                                  | F     | 200 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3            |  |
| 44,45 S                                    | F     | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2            |  |
| 45,11 L                                    | F     | 50 Breast  | 2019/02/16 | CTMA L2&L3 CHAMPS                      |  |
| 1:35,46 S                                  | F     | 100 Breast | 2018/10/13 | CTMA SCHOOLS TRIAL                     |  |
| 1:38,08 L                                  | F     | 100 Breast | 2019/01/25 | CTMA/TYR Qualifying Gala #3            |  |
| 3:20,38 S                                  | F     | 200 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2            |  |
| 3:26,33 L                                  | F     | 200 Breast | 2018/12/05 | Western Cape Summer Championships 2018 |  |
| 42,42 S                                    | F     | 50 Fly     | 2018/05/19 | CTMA Level 2 Gala #1                   |  |
| 3:01,90 S                                  | F     | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2            |  |
| 3:04,37 L                                  | F     | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018 |  |
| <b>Vd Merwe, Hanno (11) M (Yr: AR)</b>     |       |            |            |  |  |
| 38,05 L                                    | F     | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019           |  |
| 38,52 S                                    | F     | 50 Free    | 2018/10/27 | CTMA/TYR Qualifying Gala #2            |  |
| 1:29,72 L                                  | F     | 100 Free   | 2018/10/04 | Aquabear Invitational Meet             |  |
| 3:13,52 L                                  | F     | 200 Free   | 2019/02/02 | WC Jack Currie Champs - 2019           |  |
| 3:14,93 S                                  | F     | 200 Free   | 2018/09/08 | CTMA Qualifying Gala #1                |  |
| 42,01 L                                    | F     | 50 Back    | 2019/02/02 | WC Jack Currie Champs - 2019           |  |
| 45,06 S                                    | F     | 50 Back    | 2018/06/30 | CTMA Level 2 Gala #2                   |  |
| 1:31,87 L                                  | F     | 100 Back   | 2018/10/04 | Aquabear Invitational Meet             |  |
| 1:35,45 S                                  | F     | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2            |  |

## Individual Top Times

Times since: 01-May-08

| Time                                      | P/F/S | Event      |            |   |  |
|---|-------|------------|------------|---|--|
| <b>Vd Merwe, Hanno (11) M (Yr: AR)</b>    |       |            |            |   |  |
| 3:14,79 L                                 | F     | 200 Back   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 3:22,69 S                                 | F     | 200 Back   | 2018/06/30 | CTMA Level 2 Gala #2                          |  |
| 50,65 L                                   | F     | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 50,82 S                                   | F     | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:53,71 S                                 | F     | 100 Breast | 2018/06/30 | CTMA Level 2 Gala #2                          |  |
| 1:55,73 L                                 | F     | 100 Breast | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 4:00,16 S                                 | F     | 200 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 4:09,55 L                                 | F     | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 3:38,74 S                                 | F     | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 3:44,50 L                                 | F     | 200 IM     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| <b>Vd Merwe, Joshua L (14) M (Yr: AR)</b> |       |            |            |   |  |
| 30,41 L                                   | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 30,42 S                                   | F     | 50 Free    | 2018/08/18 | CTMA Level 2 Gala #4                          |  |
| 1:09,23 S                                 | F     | 100 Free   | 2018/11/10 | CTMA Level 2 Gala #5                          |  |
| 1:09,92 L                                 | P     | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:32,45 S                                 | F     | 200 Free   | 2018/08/18 | CTMA Level 2 Gala #4                          |  |
| 2:41,85 L                                 | F     | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:19,21 L                                 | P     | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:23,09 S                                 | F     | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:50,62 S                                 | F     | 200 Back   | 2018/11/10 | CTMA Level 2 Gala #5                          |  |
| 2:52,91 L                                 | F     | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 45,23 S                                   | F     | 50 Breast  | 2018/05/19 | CTMA Level 2 Gala #1                          |  |
| 35,00 L                                   | P     | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 37,31 S                                   | F     | 50 Fly     | 2018/07/28 | CTMA Level 2 Gala #3                          |  |
| 1:19,36 S                                 | F     | 100 Fly    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:20,53 S                                 | F     | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:58,42 S                                 | F     | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| <b>Vd Werf, Danielle (11) W (Yr: HN)</b>  |       |            |            |   |  |
| 49,88 S                                   | F     | 50 Free    | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 1:54,07 S                                 | F     | 100 Back   | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 2:05,72 S                                 | F     | 100 Breast | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| <b>Veller, Lara (14) W (Yr: AR)</b>       |       |            |            |   |  |
| 30,89 L                                   | P     | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 31,29 S                                   | F     | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:05,88 L L                               | F     | 100 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:06,60 S                                 | F     | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:19,97 L                                 | F     | 200 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 2:25,32 S                                 | F     | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 4:48,19 S                                 | P     | 400 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 4:53,99 L                                 | F     | 400 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 10:06,95 S                                | F     | 800 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 10:18,17 L                                | F     | 800 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 19:27,81 S                                | F     | 1500 Free  | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 1:13:38,00 L                              | O     | 5000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 36,09 S                                   | F     | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 1:13,11 S                                 | P     | 100 Back   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:13,26 L                                 | P     | 100 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:32,59 S                                 | F     | 200 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:35,44 L                                 | F     | 200 Back   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 3:04,35 S                                 | F     | 200 Breast | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 31,02 L                                   | F     | 50 Fly     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 32,16 S                                   | P     | 50 Fly     | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:11,28 S                                 | P     | 100 Fly    | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:11,75 L                                 | F     | 100 Fly    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 2:38,05 L                                 | F     | 200 Fly    | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 2:41,37 S                                 | F     | 200 Fly    | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 1:16,09 S                                 | F     | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:37,61 L                                 | F     | 200 IM     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 2:37,87 S                                 | F     | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 5:22,86 S                                 | F     | 400 IM     | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |

## Individual Top Times

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| Time                                     | P/F/S | Event      |            |   |  |
|--|-------|------------|------------|---|--|
| <b>Veller, Lara (14) W (Yr: AR)</b>      |       |            |            |   |  |
| 5:29,88                                  | L F   | 400 IM     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| <b>Veller, Rourke (17) M (Yr: AR)</b>    |       |            |            |   |  |
| 56,89                                    | S F   | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:05,56                                  | S P   | 200 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 4:25,28                                  | S F   | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 4:30,88                                  | L F   | 400 Free   | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 9:13,51                                  | S F   | 800 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 17:30,87                                 | S F   | 1500 Free  | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 1:13,61                                  | S F   | 100 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:35,26                                  | S F   | 200 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:46,66                                  | L F   | 200 Breast | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 28,58                                    | S P   | 50 Fly     | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 29,55                                    | L P   | 50 Fly     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:02,57                                  | S P   | 100 Fly    | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:03,14                                  | L P   | 100 Fly    | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 2:15,93                                  | S P   | 200 Fly    | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:20,70                                  | L F   | 200 Fly    | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 1:05,44                                  | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:19,13                                  | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:24,63                                  | L F   | 200 IM     | 2018/10/04 | Aquabear Invitational Meet                    |  |
| 4:54,66                                  | S F   | 400 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| <b>Vermeulen, Hanco (9) M (Yr: HN)</b>   |       |            |            |   |  |
| 22,85                                    | S F   | 25 Free    | 2018/06/30 | CTMA Level 1 Gala #2                          |  |
| 1:36,70                                  | S F   | 100 Free   | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 49,12                                    | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 1:59,54                                  | S F   | 100 Back   | 2018/06/30 | CTMA Level 1 Gala #2                          |  |
| 32,47                                    | S F   | 25 Breast  | 2018/06/30 | CTMA Level 1 Gala #2                          |  |
| 56,44                                    | S F   | 50 Breast  | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 1:52,44                                  | S F   | 100 IM     | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| <b>Viljoen, Stèphen (12) M (Yr: AR)</b>  |       |            |            |   |  |
| 30,07                                    | L F   | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 31,84                                    | S F   | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 1:05,84                                  | L F   | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 1:11,12                                  | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:26,46                                  | L F   | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 2:36,87                                  | S F   | 200 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 38,05                                    | L P   | 50 Back    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 38,75                                    | S F   | 50 Back    | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 44,61                                    | L P   | 50 Breast  | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 46,59                                    | S F   | 50 Breast  | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:36,62                                  | L P   | 100 Breast | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 1:38,53                                  | S F   | 100 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 3:29,73                                  | S F   | 200 Breast | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 33,38                                    | L F   | 50 Fly     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 34,25                                    | S F   | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:15,64                                  | L F   | 100 Fly    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 1:20,09                                  | S F   | 100 Fly    | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 2:45,99                                  | L P   | 200 IM     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC  |  |
| 2:56,87                                  | S F   | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| <b>Visagie, Marius B (11) M (Yr: AR)</b> |       |            |            |   |  |
| 37,63                                    | L F   | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 37,78                                    | S F   | 50 Free    | 2018/06/30 | CTMA Level 2 Gala #2                          |  |
| 1:24,68                                  | L F   | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 1:27,24                                  | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 3:07,44                                  | L F   | 200 Free   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 3:10,46                                  | S F   | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 44,49                                    | S F   | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 45,66                                    | L F   | 50 Back    | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 1:33,50                                  | L F   | 100 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 1:37,52                                  | S F   | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |

## Individual Top Times

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| Time                                     | P/F/S | Event      |            |   |  |
|--|-------|------------|------------|---|--|
| <b>Visagie, Marius B (11) M (Yr: AR)</b> |       |            |            |   |  |
| 3:25,12                                  | S F   | 200 Back   | 2018/06/30 | CTMA Level 2 Gala #2                          |  |
| 3:25,73                                  | L F   | 200 Back   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 53,38                                    | L F   | 50 Breast  | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala     |  |
| 53,47                                    | S F   | 50 Breast  | 2018/05/19 | CTMA Level 2 Gala #1                          |  |
| 1:55,25                                  | S F   | 100 Breast | 2018/06/30 | CTMA Level 2 Gala #2                          |  |
| 2:00,69                                  | L F   | 100 Breast | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala     |  |
| 42,19                                    | L F   | 50 Fly     | 2018/11/02 | 37th Freda Barnard Gala Invitational Gala     |  |
| 43,55                                    | S F   | 50 Fly     | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 3:22,84                                  | S F   | 200 IM     | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 3:30,14                                  | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| <b>Volschenk, Ben T (12) M (Yr: AR)</b>  |       |            |            |   |  |
| 1:23,81                                  | S F   | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 20,22                                    | S F   | 25 Back    | 2018/05/19 | CTMA Level 1 Gala #1                          |  |
| 40,59                                    | S F   | 50 Back    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 1:38,97                                  | S F   | 100 Back   | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 2:01,24                                  | S F   | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| 3:30,47                                  | S F   | 200 IM     | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                  |  |
| <b>Vroon, Amanda L (15) W (Yr: AR)</b>   |       |            |            |   |  |
| 28,92                                    | L P   | 50 Free    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 29,05                                    | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:01,96                                  | L P   | 100 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 1:02,44                                  | S P   | 100 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:14,69                                  | S P   | 200 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:15,76                                  | L P   | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 32,48                                    | L P   | 50 Back    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 33,68                                    | S F   | 50 Back    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:10,38                                  | L P   | 100 Back   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 1:10,44                                  | S P   | 100 Back   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:29,53                                  | S P   | 200 Back   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 2:31,80                                  | L S P | 200 Back   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 30,41                                    | L P   | 50 Fly     | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 31,94                                    | S F   | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:08,00                                  | L P   | 100 Fly    | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:09,38                                  | S F   | 100 Fly    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:36,13                                  | S F   | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| <b>West, Gabriel (14) M (Yr: AR)</b>     |       |            |            |   |  |
| 27,23                                    | L P   | 50 Free    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 27,61                                    | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 59,12                                    | S F   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 59,25                                    | L P   | 100 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:07,81                                  | L P   | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:11,33                                  | S F   | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 4:32,11                                  | L F   | 400 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 4:43,32                                  | S F   | 400 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 9:40,42                                  | S F   | 800 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 9:58,40                                  | L F   | 800 Free   | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 41:50,52                                 | L O   | 3000 Free  | 2018/12/16 | Open Water Swimming Challenge                 |  |
| 34,59                                    | S F   | 50 Back    | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 39,54                                    | S F   | 50 Breast  | 2018/05/26 | CTMA Level 3&UP Gala #1                       |  |
| 1:21,45                                  | S F   | 100 Breast | 2018/10/13 | CTMA SCHOOLS TRIAL                            |  |
| 1:28,04                                  | L F   | 100 Breast | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 3:06,86                                  | L F   | 200 Breast | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 29,27                                    | L P   | 50 Fly     | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 1:04,03                                  | L S F | 100 Fly    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 1:06,99                                  | S F   | 100 Fly    | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:26,73                                  | L F   | 200 Fly    | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 2:30,34                                  | S F   | 200 Fly    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 1:10,34                                  | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 2:26,80                                  | S F   | 200 IM     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:28,20                                  | L P   | 200 IM     | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |

## Individual Top Times

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| Time                                     | P/F/S | Event      |            |  |  |
|--|-------|------------|------------|--|--|
| <b>West, Gabriel (14) M (Yr: AR)</b>     |       |            |            |  |  |
| 5:14,21                                  | S F   | 400 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 5:17,37                                  | L F   | 400 IM     | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN    |  |
| <b>West, Lucien (14) M (Yr: AR)</b>      |       |            |            |  |  |
| 28,51                                    | L P   | 50 Free    | 2018/12/05 | Western Cape Summer Championships 2018       |  |
| 29,59                                    | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 1:06,54                                  | S P   | 100 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 1:06,56                                  | L F   | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:27,68                                  | S F   | 200 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:29,95                                  | L P   | 200 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 47:49,18                                 | L O   | 3000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 33,22                                    | L F   | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 33,81                                    | S F   | 50 Back    | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 1:12,14                                  | L F   | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:13,13                                  | S F   | 100 Back   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:36,81                                  | L F   | 200 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:37,96                                  | S F   | 200 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                  |  |
| 42,27                                    | L F   | 50 Breast  | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 43,35                                    | S F   | 50 Breast  | 2018/05/19 | CTMA Level 2 Gala #1                         |  |
| 1:33,07                                  | L F   | 100 Breast | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 1:33,25                                  | S F   | 100 Breast | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 3:20,35                                  | L F   | 200 Breast | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 34,65                                    | S F   | 50 Fly     | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 36,05                                    | L F   | 50 Fly     | 2018/06/22 | PEA Winter Gala 2018                         |  |
| 1:18,11                                  | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:50,57                                  | S F   | 200 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:55,65                                  | L F   | 200 IM     | 2018/06/22 | PEA Winter Gala 2018                         |  |
| <b>Williams, Aidan H (18) M (Yr: AR)</b> |       |            |            |  |  |
| 26,22                                    | S F   | 50 Free    | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 26,38                                    | L F   | 50 Free    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 57,77                                    | S F   | 100 Free   | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 58,58                                    | L F   | 100 Free   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:13,86                                  | S F   | 200 Free   | 2018/10/21 | WC SCHOOLS TRIALS - 21Oct18                  |  |
| 16:03,94                                 | L O   | 1000 Free  | 2018/12/16 | Open Water Swimming Challenge                |  |
| 30,65                                    | S F   | 50 Back    | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 31,73                                    | L F   | 50 Back    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:07,36                                  | S F   | 100 Back   | 2018/10/13 | CTMA SCHOOLS TRIAL                           |  |
| 1:12,18                                  | L P   | 100 Back   | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 2:44,73                                  | L F   | 200 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 27,79                                    | L P   | 50 Fly     | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 28,58                                    | S F   | 50 Fly     | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| 1:04,61                                  | S F   | 100 Fly    | 2018/09/08 | CTMA Qualifying Gala #1                      |  |
| 1:05,58                                  | L P   | 100 Fly    | 2019/03/28 | SA Level 3 Regional Age Group Champs 2019-WC |  |
| 1:06,69                                  | S F   | 100 IM     | 2018/07/13 | Western Cape Winter SC Championships 2018    |  |
| 2:37,56                                  | L F   | 200 IM     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 2:38,91                                  | S F   | 200 IM     | 2018/08/18 | CTMA Level 3&UP Gala #4                      |  |
| <b>Wilson, Isabella (11) W (Yr: AR)</b>  |       |            |            |  |  |
| 43,99                                    | S F   | 50 Free    | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 45,64                                    | L F   | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 1:40,39                                  | S F   | 100 Free   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:46,14                                  | L F   | 100 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 23,90                                    | S F   | 25 Back    | 2018/07/28 | CTMA Level 1 Gala #3                         |  |
| 1:45,08                                  | S F   | 100 Back   | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:54,69                                  | L F   | 100 Back   | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 51,42                                    | S F   | 50 Breast  | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 53,57                                    | L F   | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 1:52,91                                  | S F   | 100 Breast | 2019/03/15 | WCA LEVEL 1 INTRA PROVINCIAL                 |  |
| 1:57,37                                  | L F   | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                 |  |
| 4:13,28                                  | L F   | 200 Breast | 2019/01/25 | CTMA/TYR Qualifying Gala #3                  |  |
| 25,04                                    | S F   | 25 Fly     | 2018/05/19 | CTMA Level 1 Gala #1                         |  |
| 1:04,53                                  | S F   | 50 Fly     | 2018/10/20 | CTMA Level 1 Gala #6                         |  |



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|---|-------|------------|------------|---|--|
| <b>Wilson, Isabella (11) W (Yr: AR)</b>     |       |            |            |   |  |
| 1:52,44                                     | S F   | 100 IM     | 2018/07/28 | CTMA Level 1 Gala #3                          |  |
| 4:15,69                                     | S F   | 200 IM     | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| <b>Wilson, Jayde D (12) W (Yr: DN)</b>      |       |            |            |   |  |
| 38,00                                       | L F   | 50 Free    | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 40,94                                       | S F   | 50 Free    | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 1:36,72                                     | S F   | 100 Free   | 2018/09/22 | CTMA Level 1 Gala #5                          |  |
| 45,66                                       | L F   | 50 Back    | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 47,59                                       | S F   | 50 Back    | 2018/09/22 | CTMA Level 1 Gala #5                          |  |
| 1:41,37                                     | S F   | 100 Back   | 2018/08/25 | CTMA Level 1 Gala #4                          |  |
| 1:43,85                                     | L F   | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 1:53,87                                     | L F   | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 1:54,81                                     | S F   | 100 Breast | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 46,73                                       | L F   | 50 Fly     | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 51,87                                       | S F   | 50 Fly     | 2018/10/20 | CTMA Level 1 Gala #6                          |  |
| 3:33,49                                     | L F   | 200 IM     | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 3:47,76                                     | S F   | 200 IM     | 2018/09/22 | CTMA Level 1 Gala #5                          |  |
| <b>Wilson, Leia (15) W (Yr: AR)</b>         |       |            |            |   |  |
| 32,82                                       | L F   | 50 Free    | 2019/01/25 | CTMA/TYR Qualifying Gala #3                   |  |
| 1:13,25                                     | S F   | 100 Free   | 2018/07/28 | CTMA Level 2 Gala #3                          |  |
| 1:13,27                                     | L F   | 100 Free   | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| 2:36,17                                     | S F   | 200 Free   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:39,47                                     | L F   | 200 Free   | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 5:44,56                                     | S F   | 400 Free   | 2018/09/08 | CTMA Qualifying Gala #1                       |  |
| 1:21,31                                     | S F   | 100 Back   | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 1:24,64                                     | L F   | 100 Back   | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 42,96                                       | L F   | 50 Breast  | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 43,43                                       | S F   | 50 Breast  | 2018/07/28 | CTMA Level 2 Gala #3                          |  |
| 1:35,14                                     | S F   | 100 Breast | 2018/08/18 | CTMA Level 2 Gala #4                          |  |
| 1:39,01                                     | L F   | 100 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 3:20,59                                     | S F   | 200 Breast | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 3:24,54                                     | L F   | 200 Breast | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 36,84                                       | L F   | 50 Fly     | 2019/02/02 | WC Jack Currie Champs - 2019                  |  |
| 37,10                                       | S F   | 50 Fly     | 2018/10/27 | CTMA/TYR Qualifying Gala #2                   |  |
| 2:52,70                                     | S F   | 200 IM     | 2018/08/18 | CTMA Level 2 Gala #4                          |  |
| 2:57,81                                     | L F   | 200 IM     | 2019/02/16 | CTMA L2&L3 CHAMPS                             |  |
| <b>Wolstenholme, Jaco R (18) M (Yr: AR)</b> |       |            |            |   |  |
| 59,12                                       | L P   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 59,71                                       | S F   | 100 Free   | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 2:07,71                                     | S F   | 200 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 2:10,65                                     | L F   | 200 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 4:37,84                                     | S F   | 400 Free   | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 4:39,04                                     | L F   | 400 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 9:44,55                                     | S F   | 800 Free   | 2018/11/10 | CTMA Level 3&UP Gala #5                       |  |
| 9:48,03                                     | L F   | 800 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 19:03,66                                    | L F   | 1500 Free  | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 19:15,50                                    | S F   | 1500 Free  | 2018/07/29 | CTMA Level 3&UP Gala #3                       |  |
| 2:26,16                                     | S F   | 200 IM     | 2018/08/18 | CTMA Level 3&UP Gala #4                       |  |
| 2:28,74                                     | L F   | 200 IM     | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| <b>Wright, Dylan (16) M (Yr: AR)</b>        |       |            |            |   |  |
| 25,70                                       | S F   | 50 Free    | 2018/07/13 | Western Cape Winter SC Championships 2018     |  |
| 26,18                                       | L L F | 50 Free    | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 54,21                                       | S L F | 100 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 55,77                                       | L P   | 100 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 1:55,40                                     | S P   | 200 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 1:58,50                                     | L P   | 200 Free   | 2019/03/20 | SA National JNR Age Group Champs 2019-KZN     |  |
| 3:57,41                                     | S F   | 400 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 4:06,44                                     | L F   | 400 Free   | 2018/12/05 | Western Cape Summer Championships 2018        |  |
| 8:14,80                                     | S F   | 800 Free   | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |
| 8:36,59                                     | L F   | 800 Free   | 2018/06/22 | PEA Winter Gala 2018                          |  |
| 15:41,18                                    | S F   | 1500 Free  | 2018/08/09 | Sa Short Course Swimming Champs (25m) Durb 18 |  |

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|---------------------------------------|-------|-------|------|--------|--|
| <b>Wright, Dylan (16) M (Yr: AR)</b>  |       |       |      |        |  |
| 16:14,29                              | L     | F     | 1500 | Free   | 2018/06/22 PEA Winter Gala 2018                          |
| 27,12                                 | S     | P     | 50   | Back   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 27,80                                 | L     | F     | 50   | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 57,13                                 | S     | P     | 100  | Back   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 59,22                                 | L     | F     | 100  | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:00,39                               | S     | F     | 200  | Back   | 2018/08/09 Sa Short Course Swimming Champs (25m) Durb 18 |
| 2:04,49                               | L S   | P     | 200  | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 35,08                                 | S     | F     | 50   | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:16,38                               | S     | F     | 100  | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 28,13                                 | L     | F     | 50   | Fly    | 2018/06/22 PEA Winter Gala 2018                          |
| 1:00,86                               | L     | F     | 100  | Fly    | 2018/06/22 PEA Winter Gala 2018                          |
| 2:08,97                               | S     | F     | 200  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:09,62                               | L     | F     | 200  | IM     | 2018/12/05 Western Cape Summer Championships 2018        |
| 4:24,40                               | S     | F     | 400  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| <b>Wright, Keegan (12) M (Yr: AR)</b> |       |       |      |        |  |
| 29,34                                 | L     | P     | 50   | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 31,49                                 | S     | F     | 50   | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:03,81                               | L     | P     | 100  | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:08,21                               | S     | F     | 100  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:15,52                               | L     | F     | 200  | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:22,40                               | S     | F     | 200  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 4:40,54                               | L     | F     | 400  | Free   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 4:57,30                               | S     | F     | 400  | Free   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 10:14,04                              | L     | F     | 800  | Free   | 2018/12/05 Western Cape Summer Championships 2018        |
| 41:48,96                              | L     | O     | 3000 | Free   | 2018/12/16 Open Water Swimming Challenge                 |
| 33,09                                 | L     | F     | 50   | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 35,95                                 | S     | F     | 50   | Back   | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 1:09,27                               | L     | F     | 100  | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 1:13,99                               | S     | F     | 100  | Back   | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 2:27,83                               | L S   | F     | 200  | Back   | 2019/03/20 SA National JNR Age Group Champs 2019-KZN     |
| 2:35,88                               | S     | F     | 200  | Back   | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 47,65                                 | S     | F     | 50   | Breast | 2018/05/26 CTMA Level 3&UP Gala #1                       |
| 33,88                                 | S     | F     | 50   | Fly    | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |
| 34,76                                 | L     | F     | 50   | Fly    | 2018/06/22 PEA Winter Gala 2018                          |
| 1:16,01                               | L     | P     | 100  | Fly    | 2018/12/05 Western Cape Summer Championships 2018        |
| 1:17,75                               | S     | F     | 100  | Fly    | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 1:19,98                               | S     | F     | 100  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 2:43,23                               | S     | F     | 200  | IM     | 2018/07/13 Western Cape Winter SC Championships 2018     |
| 5:38,30                               | S     | F     | 400  | IM     | 2018/10/27 CTMA/TYR Qualifying Gala #2                   |