

**CTMAAGE STANDARDS CTMA AgeGroup TS Short Course Meters**

**Women 10 & Under**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				37,20
100 Free	1:04,98	1:06,93	1:17,53	1:32,81
200 Free	2:21,09	2:25,32	2:48,38	3:21,51
400 Free	4:55,60	5:04,47	5:55,16	
50 Back				46,40
100 Back	1:14,64	1:16,88	1:28,81	1:45,84
200 Back	2:39,49	2:44,27	3:11,24	3:43,95
50 Breast				48,00
100 Breast	1:21,97	1:24,43	1:39,37	1:58,54
200 Breast	2:57,53	3:02,86	3:33,40	4:10,12
50 Fly				44,30
100 Fly	1:10,99	1:13,12	1:25,48	1:41,91
200 IM	2:41,38	2:46,22	3:12,84	3:38,18

**Women 11-11**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				35,25
100 Free	1:04,98	1:06,93	1:17,53	1:27,35
200 Free	2:21,09	2:25,32	2:48,38	3:09,68
400 Free	4:55,60	5:04,47	5:55,16	
50 Back				45,25
100 Back	1:14,64	1:16,88	1:28,81	1:39,76
200 Back	2:39,49	2:44,27	3:11,24	3:30,86
50 Breast				46,23
100 Breast	1:21,97	1:24,43	1:39,37	1:51,69
200 Breast	2:57,53	3:02,86	3:33,40	3:55,43
50 Fly				42,76
100 Fly	1:10,99	1:13,12	1:25,48	1:36,04
200 IM	2:40,83	2:45,65	3:12,84	3:38,18

**Women 12-12**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				33,29
100 Free	1:04,98	1:06,93	1:13,71	1:22,98
200 Free	2:21,09	2:25,32	2:40,10	3:00,21
400 Free	4:55,60	5:04,47	5:37,70	
800 Free	9:54,17	10:12,00		
50 Back				42,23
100 Back	1:14,64	1:16,88	1:24,56	1:34,90
200 Back	2:39,49	2:44,27	3:02,08	3:20,40
50 Breast				43,30
100 Breast	1:21,97	1:24,43	1:34,57	1:46,21
200 Breast	2:57,53	3:02,86	3:23,11	3:43,67
50 Fly				40,66
100 Fly	1:10,99	1:13,12	1:21,37	1:31,35
200 Fly	2:36,15	2:40,83		
200 IM	2:41,38	2:46,22	3:03,50	3:38,18
400 IM	5:31,46	5:41,40		

**Women 13-13**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				33,19
100 Free	1:03,55	1:05,46	1:10,43	1:19,16

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200 Free	2:18,20	2:22,35	2:33,00	2:51,93
400 Free	4:49,56	4:58,25	5:22,74	
800 Free	9:54,17	10:12,00		
50 Back				41,14
100 Back	1:12,52	1:14,70	1:20,91	1:30,64
200 Back	2:34,96	2:39,61	2:54,23	3:15,17
50 Breast				43,37
100 Breast	1:19,62	1:22,01	1:30,46	1:41,42
200 Breast	2:52,45	2:57,62	3:14,30	3:37,80
50 Fly				38,83
100 Fly	1:08,97	1:11,04	1:17,85	1:27,24
200 Fly	2:36,15	2:40,83		
200 IM	2:36,77	2:41,47	2:55,50	3:18,17
400 IM	5:31,46	5:41,40		

**Women 14-14**

	CTSJ	CT3+	CT3	CT2
50 Free				32,94
100 Free	1:02,33	1:04,20	1:07,70	1:15,89
200 Free	2:15,54	2:19,61	2:27,08	2:44,83
400 Free	4:43,97	4:52,49	5:10,27	
800 Free	9:54,17	10:12,00		
50 Back				40,52
100 Back	1:12,02	1:14,18	1:17,87	1:26,99
200 Back	2:33,90	2:38,52	2:47,69	3:07,32
50 Breast				43,00
100 Breast	1:19,70	1:22,09	1:27,04	1:37,31
200 Breast	2:51,26	2:56,40	3:06,96	3:28,99
50 Fly				37,26
100 Fly	1:08,50	1:10,55	1:14,91	1:23,71
200 Fly	2:36,15	2:40,83		
200 IM	2:35,70	2:40,37	2:48,83	3:10,17
400 IM	5:31,46	5:41,40		

**Women 15-15**

	CTSJ	CT3+	CT3	CT2
50 Free				31,78
100 Free	1:01,94	1:03,80	1:05,52	1:13,16
200 Free	2:14,66	2:18,70	2:22,35	2:38,91
400 Free	4:42,20	4:50,67	5:00,30	
800 Free	9:31,89	9:49,05		
50 Back				39,10
100 Back	1:11,54	1:13,69	1:15,43	1:23,95
200 Back	2:32,87	2:37,46	2:42,46	3:00,78
50 Breast				42,89
100 Breast	1:18,54	1:20,90	1:24,30	1:33,89
200 Breast	2:50,11	2:55,21	3:01,08	3:21,65
50 Fly				35,95
100 Fly	1:08,04	1:10,08	1:12,56	1:20,78
200 Fly	2:27,71	2:32,14		
200 IM	2:34,65	2:39,29	2:43,50	3:03,50
400 IM	5:20,43	5:30,04		

**Women 16-16**

	CTSJ	CT3+	CT3	CT2
50 Free				31,78

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100 Free	1:01,18	1:03,02	1:05,52	1:13,16
200 Free	2:13,06	2:17,05	2:22,35	2:38,91
400 Free	4:38,78	4:47,14	5:00,30	
800 Free	9:31,89	9:49,05		
50 Back				39,10
100 Back	1:10,61	1:12,73	1:15,43	1:23,95
200 Back	2:30,89	2:35,42	2:42,46	3:00,78
50 Breast				42,89
100 Breast	1:17,51	1:19,84	1:24,30	1:33,89
200 Breast	2:47,89	2:52,93	3:01,08	3:21,65
50 Fly				35,95
100 Fly	1:07,15	1:09,16	1:12,56	1:20,78
200 Fly	2:27,71	2:32,14		
200 IM	2:32,64	2:37,22	2:43,50	3:03,50
400 IM	5:22,73	5:32,41		

**Women 17-17**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				31,78
100 Free	1:01,18	1:03,02	1:05,52	1:13,16
200 Free	2:13,06	2:17,05	2:22,35	2:38,91
400 Free	4:38,78	4:47,14	5:00,30	
800 Free	9:31,89	9:49,05		
50 Back				39,10
100 Back	1:10,61	1:12,73	1:15,43	1:23,95
200 Back	2:30,89	2:35,42	2:42,46	3:00,78
50 Breast				42,89
100 Breast	1:17,51	1:19,84	1:24,30	1:33,89
200 Breast	2:47,89	2:52,93	3:01,08	3:21,65
50 Fly				35,95
100 Fly	1:07,15	1:09,16	1:12,56	1:20,78
200 Fly	2:27,71	2:32,14		
200 IM	2:32,64	2:37,22	2:43,50	3:03,50
400 IM	5:22,73	5:32,41		

**Women 18 & Over**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				31,78
100 Free	1:01,18	1:03,02	1:05,52	1:13,16
200 Free	2:13,06	2:17,05	2:22,35	2:38,91
400 Free	4:38,78	4:47,14	5:00,30	
800 Free	9:31,89	9:49,05		
50 Back				39,10
100 Back	1:16,98	1:19,29	1:15,43	1:23,95
200 Back	2:30,89	2:35,42	2:42,46	3:00,78
50 Breast				42,89
100 Breast	1:17,51	1:19,84	1:24,30	1:33,89
200 Breast	2:47,89	2:52,93	3:01,08	3:21,65
50 Fly				35,95
100 Fly	1:07,15	1:09,16	1:12,56	1:20,78
200 Fly	2:27,71	2:32,14		
200 IM	2:32,64	2:37,22	2:43,50	3:03,50
400 IM	5:22,73	5:32,60		

**CTMAAGE STANDARDS CTMA AgeGroup TS Short Course Meters**

**Women**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
400 IM	5:22,91			

**Men 10 & Under**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				36,30
100 Free	1:05,61	1:07,58	1:17,97	1:31,16
200 Free	2:22,91	2:27,20	2:52,54	3:10,88
400 Free	5:10,25	5:19,56	6:06,73	
50 Back				43,79
100 Back	1:15,50	1:17,77	1:29,10	1:43,79
200 Back	2:42,80	2:47,68	3:14,27	3:34,41
50 Breast				44,39
100 Breast	1:24,46	1:26,99	1:38,09	1:55,32
200 Breast	3:03,85	3:09,37	3:34,68	3:50,50
50 Fly				41,77
100 Fly	1:12,09	1:14,25	1:25,51	1:39,65
200 IM	2:44,91	2:49,86	3:15,08	3:30,70

**Men 11-11**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				35,06
100 Free	1:05,61	1:07,58	1:17,97	1:23,83
200 Free	2:22,91	2:27,20	2:52,54	3:05,49
400 Free	5:10,25	5:19,56	6:06,73	
50 Back				44,15
100 Back	1:15,50	1:17,77	1:29,10	1:35,63
200 Back	2:42,80	2:47,68	3:14,27	3:28,49
50 Breast				43,00
100 Breast	1:24,46	1:26,99	1:38,09	1:46,21
200 Breast	3:03,85	3:09,37	3:34,68	3:39,95
50 Fly				41,18
100 Fly	1:12,09	1:14,25	1:25,51	1:31,80
200 IM	2:44,91	2:49,86	3:15,08	3:30,70

**Men 12-12**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				32,33
100 Free	1:05,61	1:07,58	1:11,14	1:17,49
200 Free	2:22,91	2:27,20	2:37,45	2:40,97
400 Free	5:10,25	5:19,56	5:34,69	
1500 Free	19:08,46	19:42,91		
50 Back				40,88
100 Back	1:15,50	1:17,77	1:21,48	1:28,56
200 Back	2:42,80	2:47,68	2:57,68	3:12,39
50 Breast				42,00
100 Breast	1:24,46	1:26,99	1:30,40	1:38,30
200 Breast	3:03,85	3:09,37	3:16,24	3:29,10
50 Fly				38,12
100 Fly	1:12,09	1:14,25	1:18,18	1:24,99
200 Fly	2:32,52	2:37,10		
200 IM	2:44,91	2:49,86	2:58,25	3:15,08
400 IM	5:27,34	5:37,16		

**CTMAAGE STANDARDS CTMA AgeGroup TS Short Course Meters**

**Men 13-13**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				31,19
100 Free	1:02,06	1:03,92	1:07,23	1:12,12
200 Free	2:15,23	2:19,29	2:28,82	2:39,61
400 Free	4:52,28	5:01,05	5:16,37	
1500 Free	19:08,46	19:42,91		
50 Back				38,12
100 Back	1:11,02	1:13,15	1:17,13	1:22,58
200 Back	2:33,49	2:38,09	2:48,00	3:00,06
50 Breast				40,27
100 Breast	1:17,57	1:19,90	1:25,53	1:31,62
200 Breast	2:52,91	2:58,10	3:05,70	3:18,88
50 Fly				35,54
100 Fly	1:07,99	1:10,03	1:13,99	1:19,23
200 Fly	2:32,52	2:37,10		
200 IM	2:35,59	2:40,26	2:48,64	3:01,86
400 IM	5:27,34	5:37,16		

**Men 14-14**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				29,91
100 Free	58,73	1:00,49	1:03,33	1:07,72
200 Free	2:07,99	2:11,83	2:20,20	2:29,90
400 Free	4:36,64	4:44,94	4:58,06	
1500 Free	19:08,46	19:42,91		
50 Back				35,85
100 Back	1:07,49	1:09,51	1:12,78	1:17,68
200 Back	2:24,80	2:29,14	2:38,73	2:49,40
50 Breast				38,92
100 Breast	1:13,69	1:15,90	1:20,67	1:26,15
200 Breast	2:44,27	2:49,20	2:55,16	3:07,02
50 Fly				33,42
100 Fly	1:04,60	1:06,54	1:09,80	1:14,52
200 Fly	2:32,52	2:37,10		
200 IM	2:27,83	2:32,26	2:39,02	2:51,05
400 IM	5:27,34	5:37,16		

**Men 15-15**

	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				27,98
100 Free	56,00	57,68	1:00,40	1:05,28
200 Free	2:02,05	2:05,71	2:13,73	2:26,67
400 Free	4:23,84	4:31,76	4:44,32	
1500 Free	17:00,44	17:31,05		
50 Back				34,09
100 Back	1:04,12	1:06,04	1:09,52	1:14,96
200 Back	2:18,61	2:22,77	2:31,62	2:43,47
50 Breast				36,99
100 Breast	1:09,97	1:12,07	1:17,02	1:23,11
200 Breast	2:36,02	2:40,70	2:47,80	3:00,44
50 Fly				31,77
100 Fly	1:01,36	1:03,20	1:06,66	1:11,90
200 Fly	2:17,69	2:21,82		
200 IM	2:20,43	2:24,64	2:31,81	2:45,04
400 IM	5:00,81	5:09,83		

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**CTMAAGE STANDARDS CTMA AgeGroup TS Short Course Meters**


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**Men 16-16**


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	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				27,98
100 Free	54,65	56,29	1:00,40	1:05,28
200 Free	1:59,10	2:02,67	2:13,73	2:26,67
400 Free	4:17,48	4:25,20	4:44,32	
1500 Free	17:00,44	17:31,05		
50 Back				34,09
100 Back	1:03,27	1:05,17	1:09,52	1:14,96
200 Back	2:16,77	2:20,84	2:31,62	2:43,47
50 Breast				36,99
100 Breast	1:09,04	1:11,11	1:17,02	1:23,11
200 Breast	2:33,94	2:38,56	2:47,80	3:00,44
50 Fly				31,77
100 Fly	1:00,55	1:02,37	1:06,66	1:11,90
200 Fly	2:15,86	2:19,94		
200 IM	2:18,56	2:22,72	2:31,81	2:45,04
400 IM	4:56,82	5:05,72		

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**Men 17-17**


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	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				27,98
100 Free	54,33	55,96	1:00,40	1:05,28
200 Free	1:58,41	2:01,96	2:13,73	2:26,67
400 Free	4:15,98	4:23,66	4:44,32	
1500 Free	17:00,44	17:31,05		
50 Back				34,09
100 Back	1:02,08	1:03,94	1:09,52	1:14,96
200 Back	2:14,20	2:18,23	2:31,62	2:43,47
50 Breast				36,99
100 Breast	1:07,72	1:09,75	1:17,02	1:23,11
200 Breast	2:31,01	2:35,54	2:47,80	3:00,44
50 Fly				31,77
100 Fly	59,40	1:01,18	1:06,66	1:11,90
200 Fly	2:13,30	2:17,30		
200 IM	2:15,93	2:20,01	2:31,81	2:45,04
400 IM	4:51,21	4:59,95		

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**Men 18 & Over**


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	<b>CTSJ</b>	<b>CT3+</b>	<b>CT3</b>	<b>CT2</b>
50 Free				27,98
100 Free	54,33	55,96	1:00,40	1:05,28
200 Free	1:58,41	2:01,96	2:13,73	2:26,67
400 Free	4:15,98	4:23,66	4:44,32	
1500 Free	17:00,44	17:31,05		
50 Back				34,09
100 Back	1:02,08	1:03,94	1:09,52	1:14,96
200 Back	2:14,20	2:18,23	2:31,62	2:43,47
50 Breast				36,99
100 Breast	1:07,72	1:09,75	1:17,02	1:23,11
200 Breast	2:31,01	2:35,54	2:47,80	3:00,44
50 Fly				31,77
100 Fly	59,40	1:01,18	1:06,66	1:11,90
200 Fly	2:13,30	2:17,30		
200 IM	2:15,93	2:20,01	2:31,51	2:45,04

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400 IM

4:51,21

4:59,95

