

CTA Elite Gala (L3+) - 14/02/2026

Psych Sheet - CTA Elite Gala - L3+

Event 100 Mixed 800 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Van Zyl, Daniël R	M14	Tygers-CP	9:43.13
2	Mccollum, Aiden I	M14	Alpha-CP	10:01.78
3	Strydom, Luan	M17	Tygers-CP	10:20.59
4	Els, Jamie	W13	Aqua Dolphin-CP	10:43.52
5	Robinson, Alana	W15	Swimlab-CP	11:03.29
6	Skordis, Boyd A	M11	Swimlab-CP	11:04.31
7	Van der Merwe, Logan	M12	Tygers-CP	12:09.41
8	Van der Merwe, Ulric	M11	Tygers-CP	NT
9	De Smidt, Emma J	W13	Aqua Dolphin-CP	NT
10	Pardoe, James N	M14	SSISA-CP	NT
11	Wolson, Daniel A	M19	Swimlab-CP	NT

Event 101 Mixed 400 LC Meter IM

	Name	Age	Team	Seed Time
1	Roman, Noah P	M15	Alpha-CP	4:59.84
2	Bright, Michael C	M13	Curro Aquatics-CP	5:16.10
3	Martin, Alzhario	M17	Uwc-CP	5:32.92
4	Heunis, Le Roux	M13	Tygers-CP	5:37.69
5	Chibharo, Lethabo L	W13	Curro Aquatics-CP	6:03.70
6	Van Onselen, Pierre S	M12	Tygers-CP	NT
7	Cupido, Kirsten	W13	Cybersmart-CP	NT

Event 102 Mixed 100 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Le Clos, Chad G	M33	Cybersmart-CP	49.15
2	Wright, Keegan	M19	Tygers-CP	53.95
3	Bannister, Joshua G	M18	Tygers-CP	54.52
4	Haupt, Rhys A	M16	Vineyard-CP	54.62
5	Williams, Logan	M15	Vineyard-CP	55.68
6	Wollenschlaeger, Noah	M17	Vineyard-CP	55.79
7	Benecke, Alexander	M17	SSISA-CP	55.81
8	Eilers, De-Anzo C	M19	SSISA-CP	55.83
9	Terblanche, Luan L	M17	Tygers-CP	56.78
10	Pautz, Nathan M	M17	Blouberg Marlins-CP	56.92
11	Zellie, Thomas J	M18	Swimlab-CP	56.97
12	Alexander, Ammaar	M18	Marlin-CP	57.33
13	Coetzer, Milan J	M18	Cybersmart-CP	57.58
14	Verbeek, Pierre O	M14	Curro Aquatics-CP	58.51
15	Blauw, Tyriq D	M17	Tygers-CP	58.64
16	Wright, Jonah S	M15	Tygers-CP	58.67
17	McPetrie, James L	M18	Manta-CP	58.69
18	Afonso, Aragon G	M15	Quick Silver-CP	59.18
19	Pearson-Adams, Wolfe D	M16	Swimlab-CP	59.43
20	Burgess, Cassidy S	W17	Vineyard-CP	1:00.01
21	Gilbert, Thomas O	M18	Swimlab-CP	1:00.82
22	Hodgskiss, Fin J	M14	SSISA-CP	1:01.17
23	Poultney, Matthew	M13	Curro Aquatics-CP	1:01.18
24	Fury, Rebecca G	W18	Vineyard-CP	1:01.44
25	Moolman, Carter S	M17	Manta-CP	1:01.58
26	Pautz, Benjamin R	M13	Vineyard-CP	1:01.95
27	McHarg, Alexander	M15	Vineyard-CP	1:01.96
28	Walker, Yohan G	M17	Vineyard-CP	1:02.06
29	Poggenpoel, Troy J	M16	SSISA-CP	1:02.11
30	Magotsi, Riziki A	W16	Cybersmart-CP	1:02.24
31	Bowers, Joshua A	M23	Manta-CP	1:02.30

32	Samsodien, Saaligh S	M15	Marlin-CP	1:02.33
33	De Villiers, Anja	W14	Tygers-CP	1:02.71
34	Grobler, Chris I	M15	Curro Aquatics-CP	1:02.74
35	Viret, Seth R	M16	Helderberg Titan-CP	1:03.07
36	Addinall, Ethan	M15	Manta-CP	1:03.27
37	Barber-Luna, Layla R	W13	Vineyard-CP	1:03.32
38	Visser, Cara	W15	Cybersmart-CP	1:03.34
39	Combrink, Amy	W16	Vineyard-CP	1:03.70
40	Newton, Ava L	W16	Curro Aquatics-CP	1:03.76
41	Langeveldt, Christiano C	M15	Alpha-CP	1:03.78
42	Raimond, Marike M	W16	Tygers-CP	1:03.94
43	Cole, Jarryd C	M15	Vineyard-CP	1:03.95
44	Louw, Anieka	W15	Curro Aquatics-CP	1:03.96
45	Groenewald, Mia T	W16	Curro Aquatics-CP	1:04.36
46	Field, Joshua J	M15	Vineyard-CP	1:04.50
47	Tsai-Rieb, Pei-Chi P	W14	Cybersmart-CP	1:04.62
48	Botha, Rebecca P	W14	Curro Aquatics-CP	1:04.70
49	Latimer, Olivia H	W14	Swimlab-CP	1:04.85
50	Gullan, Sophia	W13	Vineyard-CP	1:05.00
51	Williams, Evan B	M15	SSISA-CP	1:05.38
52	Niemand, Leo	M14	Cybersmart-CP	1:05.65
53	Ramorwesi, Oratilwe M	M14	Swimlab-CP	1:06.04
54	White, Rebecca M	W16	SSISA-CP	1:06.10
55	Hayes, Kerrigan L	W16	Curro Aquatics-CP	1:06.56
56	Pahl, Shelly	W14	Quick Silver-CP	1:06.81
57	Jacobs, Seth G	M13	Manta-CP	1:07.11
58	Burger, Juanè	W15	Curro Aquatics-CP	1:07.38
59	Odendaal, Sarah-Kate	W13	Quick Silver-CP	1:07.67
60	Boshoff, Anja	W13	Tygers-CP	1:07.72
61	Olivier, Julie M	W13	Curro Aquatics-CP	1:07.79
62	February, Dillon S	M13	Curro Aquatics-CP	1:08.12
63	Holman, Acaylia	W15	Marlin-CP	1:08.12
64	Shipton, Christopher J	M13	Quick Silver-CP	1:08.18
65	Joyce, Jenna	W13	Curro Aquatics-CP	1:08.29
66	Vd Westhuizen, Joy	W18	Alpha-CP	1:08.33
67	Badenhorst, Storme	W16	Marlin-CP	1:08.38
68	Louw, James	M13	Vineyard-CP	1:08.40
69	Gamielidien, Idreess	M14	Marlin-CP	1:08.45
70	Lategan, Emma M	W17	Curro Aquatics-CP	1:08.84
71	Lockitch, Zara	W13	Cybersmart-CP	1:09.48
72	Pearson-Adams, Oshun O	W13	Swimlab-CP	1:09.69
73	Jantjies, Zara	W13	Manta-CP	1:10.29
74	Neuhold, Sebastian	M12	Vineyard-CP	1:10.37
75	Nienaber, Mila J	W14	Elite Swimming A-CE	1:10.56
76	Newham, Christopher J	M13	Tygers-CP	1:10.63
77	Serfontein, Christi	W17	Quick Silver-CP	1:10.92
78	Myers, Kirsten E	W15	Swimlab-CP	1:11.18
79	Groenewald, Emma A	W14	Curro Aquatics-CP	1:11.46
80	Theron, Alex	W13	Curro Aquatics-CP	1:11.51
81	Engela, Isabel C	W15	Swimlab-CP	1:11.53
82	Poultney, Daniel	M10	Curro Aquatics-CP	1:11.64
83	Lloyd, Jemma A	W13	Vineyard-CP	1:11.74
84	Lourens, Mia	W14	Curro Aquatics-CP	1:11.85
85	Harder, Callum R	M12	Vineyard-CP	1:11.86
86	Sebastian, Alexander	M12	Manta-CP	1:11.87
87	Sudding, Kaila J	W14	Swimlab-CP	1:12.16
88	Gerber, Luke M	M12	Curro Aquatics-CP	1:12.26
89	Matthee, Zarah	W13	Uwc-CP	1:12.31

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Psych Sheet - CTA Elite Gala - L3+

Event 102 ... (Mixed 100 LC Meter Freestyle)

	Name	Age	Team	Seed Time
90	Van Onselen, Annabelle	W11	Tygers-CP	1:12.44
91	Engelbrecht, Giselle K	W15	Helderberg Titan-CP	1:12.51
92	Sebastian, Catherine	W12	Manta-CP	1:12.56
93	Rinquest, Taaliah	W18	Marlin-CP	1:12.82
94	Wyngaard, Dakota J	W19	Quick Silver-CP	1:12.83
95	Swartz, Seth J	M12	Curro Aquatics-CP	1:12.90
96	Odendaal, Riko	M13	Curro Aquatics-CP	1:13.27
97	Van der Merwe, Logan	M12	Tygers-CP	1:13.35
98	Rossouw, Marais	M12	Quick Silver-CP	1:13.42
99	Rosenstrauch, Lara	W13	Helderberg Titan-CP	1:13.79
100	Parfitt, Ethan L	M10	Curro Aquatics-CP	1:13.98
101	Kuhn, Adrian-Brand	M11	Curro Aquatics-CP	1:14.03
102	Parfitt, Cayden C	W12	Curro Aquatics-CP	1:14.18
103	Edwards, Bryce	M11	Cape Town Otters-CPT	1:14.21
104	Beukes, Ryan M	M11	Swimlab-CP	1:14.69
105	Barthus, Alessia	W12	Manta-CP	1:14.72
106	Hengst, Emily A	W12	Curro Aquatics-CP	1:14.79
107	Stevenson, Mikayla	W13	Quick Silver-CP	1:15.21
108	Van der Merwe, Ulric	M11	Tygers-CP	1:15.39
109	Klopper, Lene	W12	Quick Silver-CP	1:15.43
110	Mallin, Aron	M9	Swimlab-CP	1:15.88
111	Jephta, Ra-eesa	W21	Manta-CP	1:15.94
112	Heiberg, Ethan	M12	Manta-CP	1:16.57
113	Engela, Emma N	W15	Swimlab-CP	1:16.79
114	Gamiel dien, Zuhair	M11	Marlin-CP	1:16.85
115	Keun, Lente	W10	Vineyard-CP	1:17.70
116	Maritz, Ava C	W10	Cape Town Otters-CPT	1:17.81
117	Schenck, Maya K	W11	Tygers-CP	1:18.06
118	Sadi, Chrisela F	W11	Swimlab-CP	1:19.93
119	October, Jemma F	W11	Alpha-CP	1:24.80
120	Groenewald, Nina H	W11	Curro Aquatics-CP	1:26.77
121	Fakier, Ayesha i	W11	Cape Town Otters-CPT	1:29.66
122	Walker, Kayla-Anne	W12	Cybersmart-CP	NT
123	Chong, Sophie	W11	Cybersmart-CP	NT
124	Vergotine, Valentino H	M38	Vineyard-CP	NT

Event 103 Mixed 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Jani, Tawanda	M18	Cybersmart-CP	1:06.76
2	Gilbert, Andrew A	M16	Swimlab-CP	1:07.38
3	Klein, Adam J	M20	Uwc-CP	1:07.73
4	Theron, Luca D	M18	Swimlab-CP	1:08.19
5	February, Gerard G	M17	Curro Aquatics-CP	1:09.03
6	Stanfliet, Nicholas	M16	Vineyard-CP	1:09.38
7	Southworth, Matthew W	M17	Curro Aquatics-CP	1:12.66
8	Alexander, Ammaar	M18	Marlin-CP	1:12.80
9	Krenin, Damon R	M18	Curro Aquatics-CP	1:12.89
10	Oaten, Rourke	M15	Curro Aquatics-CP	1:15.41
11	Douries, Ean	M14	Curro Aquatics-CP	1:15.74
12	Vd Wal, Mieke	W17	Curro Aquatics-CP	1:16.22
13	Lombard, Kyle M	M18	Curro Aquatics-CP	1:16.97
14	Theron, Oloff A	M15	Vineyard-CP	1:17.19
15	Martin, Alzhario	M17	Uwc-CP	1:18.41
16	Morris, Jenna	W16	Vineyard-CP	1:18.86
17	Isaacs, Christiano A	M16	Uwc-CP	1:19.10
18	Schreuder, Hannah G	W17	Swimlab-CP	1:19.57

19	Samsodien, Saaligh S	M15	Marlin-CP	1:20.25
20	Johnson, Ella J	W12	Cape Town Otters-CPT	1:20.26
21	Strydom, Luan	M17	Tygers-CP	1:20.36
22	Bright, Michael C	M13	Curro Aquatics-CP	1:21.12
23	Pautz, Benjamin R	M13	Vineyard-CP	1:21.41
24	Adams, Sydni M	W16	Vineyard-CP	1:21.67
25	Addinall, Ethan	M15	Manta-CP	1:21.72
26	Gomez, Alex W	M15	Marlin-CP	1:22.33
27	Gamiel dien, Idreess	M14	Marlin-CP	1:22.40
28	Albino, Nemzi L	W16	Swimlab-CP	1:24.35
29	Latimer, Olivia H	W14	Swimlab-CP	1:24.40
30	Van Vondel, Roland	M14	Tygers-CP	1:24.46
31	Kenmuir, Ethan	M13	Vineyard-CP	1:25.50
32	Laufs, Connor R	M13	Cape Town Otters-CPT	1:25.77
33	Ganger, Zeke D	M15	Marlin-CP	1:26.51
34	Newkirk, Gia	W13	Tygers-CP	1:26.53
35	Rossouw, Cara	W16	Tygers-CP	1:26.86
36	Serfontein, Christi	W17	Quick Silver-CP	1:28.05
37	Sebastian, Alexander	M12	Manta-CP	1:28.39
38	Perez Castellano, Emilio	M12	Curro Aquatics-CP	1:28.52
39	Fortune, Hakeem	M14	Manta-CP	1:28.97
40	Benade, Aria	W11	Swimlab-CP	1:29.21
41	Abrahams, Amaani	W14	Marlin-CP	1:29.46
42	Badenhorst, Storme	W16	Marlin-CP	1:29.48
43	Strydom, Marli	W12	Quick Silver-CP	1:30.76
44	Witten, Hannah	W18	Cybersmart-CP	1:30.78
45	Fortune, Yaseen	M15	Manta-CP	1:30.90
46	Botha, Andre	M13	Tygers-CP	1:31.12
47	Levi, Zara	W11	Cape Town Otters-CPT	1:31.24
48	Mguli, Sandi	W13	Swimlab-CP	1:31.69
49	Onkruid, Gianna R	W12	Uwc-CP	1:31.77
50	Jacobs, Seth G	M13	Manta-CP	1:32.27
51	Heiberg, Ethan	M12	Manta-CP	1:33.35
52	Ras, Annabelle	W12	Curro Aquatics-CP	1:33.48
53	Abrahamse, Lexi	W11	Vineyard-CP	1:33.62
54	Kimani, Katja	W11	Cybersmart-CP	1:33.89
55	Rosenstrauch, Lara	W13	Helderberg Titan-CP	1:33.94
56	Jephta, Ra-eesa	W21	Manta-CP	1:34.04
57	Haynes-Smart, Kaitlyn	W13	Vineyard-CP	1:34.61
58	Kleynhans, Michael	M11	Curro Aquatics-CP	1:34.89
59	Lloyd, Jemma A	W13	Vineyard-CP	1:35.33
60	Engelbrecht, Zia-Bella L	W12	Helderberg Titan-CP	1:37.86
61	Vleggaar, Daniel	M13	Tygers-CP	1:38.16
62	Nothnagel, Henk K	M12	Curro Aquatics-CP	1:38.95
63	Nicholson, Gemma	W10	Swimlab-CP	1:39.94
64	Fakier, Ayesha i	W11	Cape Town Otters-CPT	1:42.37
65	Sebastian, Catherine	W12	Manta-CP	1:42.49
66	Pretorius, Henri	M11	Tygers-CP	1:43.08
67	Magotsi, Ahadi	M12	Cybersmart-CP	1:43.75
68	Vincent, Joshua	M10	Quick Silver-CP	1:47.60
69	Odendaal, Ella C	W10	Quick Silver-CP	1:49.58
70	Schutte, Ethan	M11	Quick Silver-CP	1:51.21
71	Loubser, Markú Z	M10	Curro Aquatics-CP	NT
72	Wyngaard, Dakota J	W19	Quick Silver-CP	NT
73	McPetrie, James L	M18	Manta-CP	NT
74	Gamiel dien, Zuhair	M11	Marlin-CP	NT
75	Walker, Kayla-Anne	W12	Cybersmart-CP	NT
76	Vergotine, Valentino H	M38	Vineyard-CP	NT

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Psych Sheet - CTA Elite Gala - L3+

Event 103 ...(Mixed 100 LC Meter Breaststroke)

Name	Age	Team	Seed Time
77 Sudding, Kaila J	W14	Swimlab-CP	NT

Event 104 Mixed 200 LC Meter Butterfly

Name	Age	Team	Seed Time
1 Theron, Ryan P	M16	Curro Aquatics-CP	2:16.25
2 Roman, Noah P	M15	Alpha-CP	2:19.17
3 Louw, Guillaume	M22	Curro Aquatics-CP	2:20.07
4 Afonso, Aragon G	M15	Quick Silver-CP	2:29.10
5 van Wyk, Tariq K	M15	Curro Aquatics-CP	2:32.31
6 Tsai-Rieb, Pei-Chi P	W14	Cybersmart-CP	2:32.33
7 Francis, Ethan	M14	Marlin-CP	2:34.30
8 Mallin, Lukas	M11	Swimlab-CP	2:48.81
9 Boshoff, Anja	W13	Tygers-CP	2:49.41
10 Parfitt, Cayden C	W12	Curro Aquatics-CP	2:57.55
11 Chibharo, Lethabo L	W13	Curro Aquatics-CP	3:02.05
12 Hendricks, Jada	W12	Curro Aquatics-CP	3:08.82
13 Heunis, Le Roux	M13	Tygers-CP	NT

Event 105 Mixed 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Wright, Keegan	M19	Tygers-CP	4:05.78
2 Bannister, Joshua G	M18	Tygers-CP	4:12.12
3 Terblanche, Luan L	M17	Tygers-CP	4:16.10
4 Roman, Noah P	M15	Alpha-CP	4:29.03
5 McPetrie, James L	M18	Manta-CP	4:38.16
6 Verbeek, Pierre O	M14	Curro Aquatics-CP	4:38.41
7 Oaten, Rourke	M15	Curro Aquatics-CP	4:43.02
8 Mccollum, Aiden I	M14	Alpha-CP	4:47.30
9 Southworth, Matthew W	M17	Curro Aquatics-CP	4:48.52
10 Cole, Jarryd C	M15	Vineyard-CP	4:49.50
11 Daniels, Tylan H	M13	Alpha-CP	4:53.08
12 Johnson, Ella J	W12	Cape Town Otters-CPT	4:54.28
13 Laufs, Connor R	M13	Cape Town Otters-CPT	4:55.69
14 Louw, Anieka	W15	Curro Aquatics-CP	4:56.53
15 De Villiers, Anja	W14	Tygers-CP	4:58.57
16 Langeveldt, Christiano C	M15	Alpha-CP	4:59.88
17 Akinci, Can Batu	M14	Vineyard-CP	5:01.51
18 Hodgskiss, Fin J	M14	SSISA-CP	5:04.91
19 Hucce, Tegan	M14	Cape Town Otters-CPT	5:07.79
20 Davids, Ethan M	M18	Uwc-CP	5:08.12
21 Visser, Cara	W15	Cybersmart-CP	5:20.32
22 Shipton, Christopher J	M13	Quick Silver-CP	5:27.34
23 Levi, Zara	W11	Cape Town Otters-CPT	5:32.88
24 Theron, Alex	W13	Curro Aquatics-CP	5:33.47
25 Lee, Daniel	M13	Tygers-CP	5:42.73
26 Haynes-Smart, Kaitlyn	W13	Vineyard-CP	5:45.22
27 Van der Merwe, Logan	M12	Tygers-CP	5:47.06
28 Vleggaar, Daniel	M13	Tygers-CP	5:47.76
29 Van der Merwe, Ulric	M11	Tygers-CP	5:51.40
30 Maritz, Ava C	W10	Cape Town Otters-CPT	5:53.61
31 De Lange, Niah	W11	Curro Aquatics-CP	5:55.12
32 Edwards, Bryce	M11	Cape Town Otters-CPT	5:59.86
33 Louw, Milea	W11	Tygers-CP	6:14.58
34 Philander, Mika	W11	Swimlab-CP	6:26.91
35 Loubser, Markú Z	M10	Curro Aquatics-CP	NT
36 Rossouw, Marais	M12	Quick Silver-CP	NT

37 Pretorius, Henri	M11	Tygers-CP	NT
38 Magotsi, Ahadi	M12	Cybersmart-CP	NT
39 Woodrup, Connor	M12	Cybersmart-CP	NT

Event 106 Mixed 200 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Bestel, Luc M	M16	Vineyard-CP	2:06.19
2 Wollenschlaeger, Noah	M17	Vineyard-CP	2:11.42
3 Coetzer, Milan J	M18	Cybersmart-CP	2:16.19
4 Bayly, Arabella	W15	Vineyard-CP	2:18.53
5 Blauw, Tyriq D	M17	Tygers-CP	2:18.79
6 Burgess, Cassidy S	W17	Vineyard-CP	2:18.90
7 Sirin, Ben	M16	Vineyard-CP	2:20.11
8 Bright, Michael C	M13	Curro Aquatics-CP	2:22.71
9 Van Zyl, Daniël R	M14	Tygers-CP	2:23.01
10 Newton, Ava L	W16	Curro Aquatics-CP	2:24.59
11 Wright, Jonah S	M15	Tygers-CP	2:24.95
12 Bowers, Joshua A	M23	Manta-CP	2:27.71
13 Lombard, Kyle M	M18	Curro Aquatics-CP	2:28.21
14 van Wyk, Tariq K	M15	Curro Aquatics-CP	2:29.75
15 Hayes, Kerrigan L	W16	Curro Aquatics-CP	2:30.89
16 Trout, Sophia L	W16	Vineyard-CP	2:30.99
17 Williams, Evan B	M15	SSISA-CP	2:31.65
18 Grobler, Chris I	M15	Curro Aquatics-CP	2:31.72
19 Fortune, Yaseen	M15	Manta-CP	2:34.84
20 Lategan, Emma M	W17	Curro Aquatics-CP	2:34.90
21 Visser, Cara	W15	Cybersmart-CP	2:35.52
22 Van Onselen, Pierre S	M12	Tygers-CP	2:36.17
23 McHarg, Alexander	M15	Vineyard-CP	2:36.93
24 Schaefer, Daniel C	M13	SSISA-CP	2:37.56
25 Rossouw, Cara	W16	Tygers-CP	2:37.63
26 Field, Joshua J	M15	Vineyard-CP	2:38.68
27 Olivier, Julie M	W13	Curro Aquatics-CP	2:38.76
28 February, Dillon S	M13	Curro Aquatics-CP	2:41.56
29 Hucce, Tegan	M14	Cape Town Otters-CPT	2:41.75
30 Akinci, Can Batu	M14	Vineyard-CP	2:41.90
31 Nienaber, Mila J	W14	Elite Swimming A-CE	2:44.38
32 Harder, Callum R	M12	Vineyard-CP	2:44.84
33 Burger, Juanè	W15	Curro Aquatics-CP	2:45.85
34 Pearson-Adams, Oshun O	W13	Swimlab-CP	2:46.20
35 Engelbrecht, Giselle K	W15	Helderberg Titan-CP	2:46.40
36 Botha, Rebecca P	W14	Curro Aquatics-CP	2:49.65
37 Parfitt, Ethan L	M10	Curro Aquatics-CP	2:50.81
38 Lourens, Mia	W14	Curro Aquatics-CP	2:51.25
39 Odendaal, Riko	M13	Curro Aquatics-CP	2:52.15
40 Robinson, Alana	W15	Swimlab-CP	2:52.31
41 Holman, Acaylia	W15	Marlin-CP	2:52.73
42 Barthus, Alessia	W12	Manta-CP	2:53.29
43 Kuhn, Adrian-Brand	M11	Curro Aquatics-CP	2:53.31
44 Groenewald, Emma A	W14	Curro Aquatics-CP	2:53.59
45 Stevenson, Mikayla	W13	Quick Silver-CP	2:54.34
46 Gerber, Luke M	M12	Curro Aquatics-CP	2:54.51
47 Swartz, Seth J	M12	Curro Aquatics-CP	2:56.03
48 Parfitt, Cayden C	W12	Curro Aquatics-CP	2:56.93
49 Van Onselen, Annabelle	W11	Tygers-CP	2:57.00
50 Matthee, Zarah	W13	Uwc-CP	2:58.19
51 Wyngaard, Dakota J	W19	Quick Silver-CP	3:00.51
52 Myers, Kirsten E	W15	Swimlab-CP	3:01.05

CTA Elite Gala (L3+) - 14/02/2026

Psych Sheet - CTA Elite Gala - L3+

Event 106 ... (Mixed 200 LC Meter Backstroke)

	Name	Age	Team	Seed Time
53	Hengst, Emily A	W12	Curro Aquatics-CP	3:01.19
54	Ras, Annabelle	W12	Curro Aquatics-CP	3:02.87
55	Engelbrecht, Zia-Bella L	W12	Helderberg Titan-CP	3:03.11
56	Viret, Seth R	M16	Helderberg Titan-CP	3:05.33
57	Hendricks, Jada	W12	Curro Aquatics-CP	3:07.65
58	Groenewald, Nina H	W11	Curro Aquatics-CP	3:12.39
59	Beukes, Ryan M	M11	Swimlab-CP	3:14.48
60	Glass, Gabi	W11	Swimlab-CP	3:16.89
61	Vincent, Joshua	M10	Quick Silver-CP	3:22.34
62	Keun, Lente	W10	Vineyard-CP	3:36.14
63	Pautz, Nathan M	M17	Blouberg Marlins-CP	NT
64	Walker, Kayla-Anne	W12	Cybersmart-CP	NT
65	Woodrup, Connor	M12	Cybersmart-CP	NT
66	Chong, Sophie	W11	Cybersmart-CP	NT
67	Engela, Emma N	W15	Swimlab-CP	NT
68	Engela, Isabel C	W15	Swimlab-CP	NT
69	Möller, Peer	M20	Unattached-CPT	NT

Event 200 Mixed 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Southey, Jamie	M16	Aqua Dolphin-CP	17:56.31
2	Raimond, Marike M	W16	Tygers-CP	18:59.23
3	Johnson, Ella J	W12	Cape Town Otters-CPT	19:19.33

Event 201 Mixed 200 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Wolson, Daniel A	M19	Swimlab-CP	1:55.73
2	Bannister, Joshua G	M18	Tygers-CP	1:58.83
3	Terblanche, Luan L	M17	Tygers-CP	2:01.80
4	Verbeek, Pierre O	M14	Curro Aquatics-CP	2:06.29
5	Zellie, Thomas J	M18	Swimlab-CP	2:06.85
6	Haupt, Rhys A	M16	Vineyard-CP	2:07.18
7	McPetrie, James L	M18	Manta-CP	2:08.09
8	Van Zyl, Daniël R	M14	Tygers-CP	2:08.47
9	Wright, Jonah S	M15	Tygers-CP	2:08.92
10	Afonso, Aragon G	M15	Quick Silver-CP	2:09.36
11	Blauw, Tyriq D	M17	Tygers-CP	2:11.46
12	Oaten, Rourke	M15	Curro Aquatics-CP	2:13.26
13	Poultney, Matthew	M13	Curro Aquatics-CP	2:14.27
14	Bowers, Joshua A	M23	Manta-CP	2:16.76
15	Hodgskiss, Fin J	M14	SSISA-CP	2:17.50
16	Strydom, Luan	M17	Tygers-CP	2:17.55
17	Swart, Nico N	M14	Aqua Sharks-CP	2:17.82
18	Langeveldt, Christiano C	M15	Alpha-CP	2:18.09
19	Walker, Yohan G	M17	Vineyard-CP	2:18.13
20	Daniels, Tylan H	M13	Alpha-CP	2:18.98
21	Visser, Cara	W15	Cybersmart-CP	2:19.01
22	Grobler, Chris I	M15	Curro Aquatics-CP	2:21.67
23	Groenewald, Mia T	W16	Curro Aquatics-CP	2:22.12
24	Akinci, Can Batu	M14	Vineyard-CP	2:23.59
25	Gomez, Alex W	M15	Marlin-CP	2:24.05
26	Davids, Ethan M	M18	Uwc-CP	2:24.16
27	Laufs, Connor R	M13	Cape Town Otters-CPT	2:24.99
28	Els, Jamie	W13	Aqua Dolphin-CP	2:26.01
29	Benecke, Delmar	M14	Vineyard-CP	2:26.02
30	Pahl, Shelly	W14	Quick Silver-CP	2:26.16

31	Botha, Rebecca P	W14	Curro Aquatics-CP	2:26.56
32	Gullan, Sophia	W13	Vineyard-CP	2:27.43
33	Vd Westhuizen, Joy	W18	Alpha-CP	2:27.56
34	Nienaber, Mila J	W14	Elite Swimming A-CE	2:28.43
35	Niemand, Leo	M14	Cybersmart-CP	2:30.36
36	Chibharo, Lethabo L	W13	Curro Aquatics-CP	2:30.46
37	Shipton, Christopher J	M13	Quick Silver-CP	2:31.14
38	Moolman, Carter S	M17	Manta-CP	2:32.16
39	Badenhorst, Storme	W16	Marlin-CP	2:33.51
40	Fortune, Yaseen	M15	Manta-CP	2:33.58
41	Odendaal, Sarah-Kate	W13	Quick Silver-CP	2:35.12
42	Serfontein, Christi	W17	Quick Silver-CP	2:35.27
43	Jacobs, Seth G	M13	Manta-CP	2:35.33
44	Levi, Zara	W11	Cape Town Otters-CPT	2:35.47
45	Poultney, Daniel	M10	Curro Aquatics-CP	2:37.30
46	Engelbrecht, Giselle K	W15	Helderberg Titan-CP	2:37.74
47	Lloyd, Jemma A	W13	Vineyard-CP	2:38.33
48	Hendricks, Jada	W12	Curro Aquatics-CP	2:38.45
49	Theron, Alex	W13	Curro Aquatics-CP	2:39.66
50	Swartz, Seth J	M12	Curro Aquatics-CP	2:40.31
51	Fortune, Hakeem	M14	Manta-CP	2:40.74
52	Neuhold, Sebastian	M12	Vineyard-CP	2:41.92
53	Strydom, Marli	W12	Quick Silver-CP	2:45.11
54	Rossouw, Marais	M12	Quick Silver-CP	2:47.12
55	Edwards, Bryce	M11	Cape Town Otters-CPT	2:47.14
56	Maritz, Ava C	W10	Cape Town Otters-CPT	2:47.79
57	De Lange, Niah	W11	Curro Aquatics-CP	2:49.21
58	Cloete, Albert	M11	Tygers-CP	2:49.34
59	Schenck, Maya K	W11	Tygers-CP	2:50.96
60	Philander, Mika	W11	Swimlab-CP	2:55.92
61	Nothnagel, Henk K	M12	Curro Aquatics-CP	2:56.18
62	Nicholson, Gemma	W10	Swimlab-CP	2:57.22
63	Schutte, Ethan	M11	Quick Silver-CP	3:00.09
64	October, Jemma F	W11	Alpha-CP	3:00.35
65	Fakier, Ayesha i	W11	Cape Town Otters-CPT	3:03.31
66	Abrahamse, Lexi	W11	Vineyard-CP	3:07.19
67	Brown, Magmoed	M13	Vineyard-CP	3:33.44
68	Wyngaard, Dakota J	W19	Quick Silver-CP	NT
69	Theron, Luca D	M18	Swimlab-CP	NT
70	Sudding, Kaila J	W14	Swimlab-CP	NT

Event 202 Mixed 100 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Le Clos, Chad G	M33	Cybersmart-CP	52.21
2	Wright, Keegan	M19	Tygers-CP	59.65
3	Barber, Dino B	M36	Cape Town Master-CP	59.75
4	Theron, Ryan P	M16	Curro Aquatics-CP	1:00.78
5	Krenin, Damon R	M18	Curro Aquatics-CP	1:01.44
6	Alexander, Ammaar	M18	Marlin-CP	1:02.10
7	Coetzer, Milan J	M18	Cybersmart-CP	1:02.15
8	Southworth, Matthew W	M17	Curro Aquatics-CP	1:02.22
9	Louw, Guillaume	M22	Curro Aquatics-CP	1:02.23
10	Eilers, De-Anzo C	M19	SSISA-CP	1:02.76
11	February, Gerard G	M17	Curro Aquatics-CP	1:03.18
12	Moolman, Carter S	M17	Manta-CP	1:03.89
13	Afonso, Aragon G	M15	Quick Silver-CP	1:05.12
14	van Wyk, Tariq K	M15	Curro Aquatics-CP	1:05.83
15	Martin, Alzhario	M17	Uwc-CP	1:07.19

CTA Elite Gala (L3+) - 14/02/2026

Psych Sheet - CTA Elite Gala - L3+

Event 202 ...(Mixed 100 LC Meter Butterfly)

	Name	Age	Team	Seed Time
16	Francis, Ethan	M14	Marlin-CP	1:07.23
17	Spencer, Marcus W	M14	Cybersmart-CP	1:07.35
18	Mccollum, Aiden I	M14	Alpha-CP	1:09.06
19	Magotsi, Riziki A	W16	Cybersmart-CP	1:09.71
20	Ganger, Zeke D	M15	Marlin-CP	1:10.19
21	Heunis, Le Roux	M13	Tygers-CP	1:10.24
22	Vd Wal, Mieke	W17	Curro Aquatics-CP	1:11.17
23	Joyce, Jenna	W13	Curro Aquatics-CP	1:11.47
24	Louw, Anieka	W15	Curro Aquatics-CP	1:11.67
25	Samsodien, Saaligh S	M15	Marlin-CP	1:11.76
26	Pearson-Adams, Wolfe D	M16	Swimlab-CP	1:11.82
27	Barber-Luna, Layla R	W13	Vineyard-CP	1:11.93
28	Viret, Seth R	M16	Helderberg Titan-CP	1:12.96
29	Mallin, Lukas	M11	Swimlab-CP	1:13.82
30	Douries, Ean	M14	Curro Aquatics-CP	1:14.40
31	Ramorwesi, Oratilwe M	M14	Swimlab-CP	1:14.96
32	Van Onselen, Pierre S	M12	Tygers-CP	1:15.91
33	Parfitt, Cayden C	W12	Curro Aquatics-CP	1:16.39
34	Cupido, Kirsten	W13	Cybersmart-CP	1:16.50
35	Jacobs, Seth G	M13	Manta-CP	1:17.33
36	Jephta, Ra-eesa	W21	Manta-CP	1:18.62
37	Lockitch, Zara	W13	Cybersmart-CP	1:18.96
38	Parfitt, Ethan L	M10	Curro Aquatics-CP	1:19.54
39	Abrahams, Amaani	W14	Marlin-CP	1:20.29
40	Groenewald, Emma A	W14	Curro Aquatics-CP	1:20.44
41	Jantjies, Zara	W13	Manta-CP	1:20.67
42	Lourens, Mia	W14	Curro Aquatics-CP	1:22.27
43	Rinquest, Taaliah	W18	Marlin-CP	1:22.38
44	Kimani, Katja	W11	Cybersmart-CP	1:22.48
45	Barthus, Alessia	W12	Manta-CP	1:22.56
46	Pahl, Shelly	W14	Quick Silver-CP	1:22.67
47	Sebastian, Alexander	M12	Manta-CP	1:23.55
48	Perez Castellano, Emilio	M12	Curro Aquatics-CP	1:25.01
49	Lee, Daniel	M13	Tygers-CP	1:25.42
50	Klopper, Lene	W12	Quick Silver-CP	1:25.84
51	Onkruid, Gianna R	W12	Uwc-CP	1:26.48
52	Cloete, Albert	M11	Tygers-CP	1:29.57
53	Beukes, Ryan M	M11	Swimlab-CP	1:31.04
54	Magotsi, Ahadi	M12	Cybersmart-CP	1:32.89
55	Sadi, Chrisela F	W11	Swimlab-CP	1:36.02
56	Kleynhans, Michael	M11	Curro Aquatics-CP	NT
57	Rossouw, Marais	M12	Quick Silver-CP	NT
58	Newham, Christopher J	M13	Tygers-CP	NT
59	Van Vondel, Roland	M14	Tygers-CP	NT
60	Van Onselen, Annabelle	W11	Tygers-CP	NT
61	De Smidt, Emma J	W13	Aqua Dolphin-CP	NT
62	Pautz, Nathan M	M17	Blouberg Marlins-CP	NT
63	Walker, Kayla-Anne	W12	Cybersmart-CP	NT
64	Woodrup, Connor	M12	Cybersmart-CP	NT
65	Chong, Sophie	W11	Cybersmart-CP	NT
66	Louw, James	M13	Vineyard-CP	NT
67	Field, Joshua J	M15	Vineyard-CP	NT

Event 203 Mixed 100 LC Meter Backstroke

	Name	Age	Team	Seed Time
1	Bestel, Luc M	M16	Vineyard-CP	57.60

2	Bannister, Joshua G	M18	Tygers-CP	1:01.34
3	Burgess, Cassidy S	W17	Vineyard-CP	1:02.48
4	Blauw, Tyriq D	M17	Tygers-CP	1:02.53
5	Bayly, Arabella	W15	Vineyard-CP	1:04.43
6	Sirin, Ben	M16	Vineyard-CP	1:04.64
7	Walker, Yohan G	M17	Vineyard-CP	1:04.69
8	Williams, Logan	M15	Vineyard-CP	1:04.78
9	Bowers, Joshua A	M23	Manta-CP	1:05.85
10	Bright, Michael C	M13	Curro Aquatics-CP	1:06.20
11	Combrink, Amy	W16	Vineyard-CP	1:06.44
12	Newton, Ava L	W16	Curro Aquatics-CP	1:06.49
13	Trout, Sophia L	W16	Vineyard-CP	1:07.08
14	Grobler, Chris I	M15	Curro Aquatics-CP	1:07.26
15	Wright, Jonah S	M15	Tygers-CP	1:09.26
16	Hayes, Kerrigan L	W16	Curro Aquatics-CP	1:09.69
17	Heunis, Le Roux	M13	Tygers-CP	1:10.51
18	Gilbert, Thomas O	M18	Swimlab-CP	1:10.60
19	De Villiers, Anja	W14	Tygers-CP	1:10.72
20	Barber-Luna, Layla R	W13	Vineyard-CP	1:10.75
21	Holman, Acaylia	W15	Marlin-CP	1:11.03
22	Field, Joshua J	M15	Vineyard-CP	1:11.13
23	Groenewald, Mia T	W16	Curro Aquatics-CP	1:11.18
24	Fortune, Yaseen	M15	Manta-CP	1:11.36
25	Lategan, Emma M	W17	Curro Aquatics-CP	1:11.39
26	Van Vondel, Roland	M14	Tygers-CP	1:11.54
27	Morris, Jenna	W16	Vineyard-CP	1:11.64
28	Hodgskiss, Fin J	M14	SSISA-CP	1:12.86
29	Raimond, Marike M	W16	Tygers-CP	1:13.08
30	Addinall, Ethan	M15	Manta-CP	1:13.13
31	February, Dillon S	M13	Curro Aquatics-CP	1:14.12
32	Botha, Rebecca P	W14	Curro Aquatics-CP	1:14.32
33	Akinci, Can Batu	M14	Vineyard-CP	1:14.40
34	Harder, Callum R	M12	Vineyard-CP	1:14.74
35	Hucke, Tegan	M14	Cape Town Otters-CPT	1:14.84
36	Pearson-Adams, Oshun O	W13	Swimlab-CP	1:15.67
37	Shipton, Christopher J	M13	Quick Silver-CP	1:16.34
38	Gullan, Sophia	W13	Vineyard-CP	1:16.79
39	Vd Westhuizen, Joy	W18	Alpha-CP	1:16.95
40	Albino, Nemzi L	W16	Swimlab-CP	1:17.26
41	Engelbrecht, Giselle K	W15	Helderberg Titan-CP	1:17.32
42	Odendaal, Riko	M13	Curro Aquatics-CP	1:17.51
43	Nienaber, Mila J	W14	Elite Swimming A-CE	1:17.55
44	Barthus, Alessia	W12	Manta-CP	1:17.58
45	Burger, Juanè	W15	Curro Aquatics-CP	1:17.68
46	Fortune, Hakeem	M14	Manta-CP	1:18.72
47	Myers, Kirsten E	W15	Swimlab-CP	1:18.92
48	Sebastian, Alexander	M12	Manta-CP	1:19.74
49	Stevenson, Mikayla	W13	Quick Silver-CP	1:19.82
50	Kuhn, Adrian-Brand	M11	Curro Aquatics-CP	1:20.82
51	Robinson, Alana	W15	Swimlab-CP	1:21.02
52	Gerber, Luke M	M12	Curro Aquatics-CP	1:21.29
53	Matthee, Zarah	W13	Uwc-CP	1:21.42
54	Lloyd, Jemma A	W13	Vineyard-CP	1:21.62
55	Swartz, Seth J	M12	Curro Aquatics-CP	1:21.71
56	Wyngaard, Dakota J	W19	Quick Silver-CP	1:21.76
57	Jantjies, Zara	W13	Manta-CP	1:22.48
58	Hengst, Emily A	W12	Curro Aquatics-CP	1:23.46
59	Haynes-Smart, Kaitlyn	W13	Vineyard-CP	1:24.19

CTA Elite Gala (L3+) - 14/02/2026

Psych Sheet - CTA Elite Gala - L3+

Event 203 ...(Mixed 100 LC Meter Backstroke)

	Name	Age	Team	Seed Time
60	Engelbrecht, Zia-Bella L	W12	Helderberg Titan-CP	1:25.35
61	Engela, Isabel C	W15	Swimlab-CP	1:25.39
62	Neuhold, Sebastian	M12	Vineyard-CP	1:25.53
63	Edwards, Bryce	M11	Cape Town Otters-CPT	1:25.74
64	Schenck, Maya K	W11	Tygers-CP	1:25.84
65	Heiberg, Ethan	M12	Manta-CP	1:25.98
66	Klopper, Lene	W12	Quick Silver-CP	1:26.26
67	Engela, Emma N	W15	Swimlab-CP	1:29.07
68	Rosenstrauch, Lara	W13	Helderberg Titan-CP	1:29.09
69	Gamiieldien, Zuhair	M11	Marlin-CP	1:29.38
70	Vleggaar, Daniel	M13	Tygers-CP	1:29.65
71	Glass, Gabi	W11	Swimlab-CP	1:29.74
72	De Lange, Niah	W11	Curro Aquatics-CP	1:30.61
73	Loubser, Markú Z	M10	Curro Aquatics-CP	1:31.25
74	Schutte, Ethan	M11	Quick Silver-CP	1:31.39
75	Mallin, Aron	M9	Swimlab-CP	1:32.43
76	Groenewald, Nina H	W11	Curro Aquatics-CP	1:33.11
77	Odendaal, Ella C	W10	Quick Silver-CP	1:33.94
78	Pautz, Nathan M	M17	Blouberg Marlins-CP	NT
79	Woodrup, Connor	M12	Cybersmart-CP	NT
80	Chong, Sophie	W11	Cybersmart-CP	NT
81	Vergotine, Valentino H	M38	Vineyard-CP	NT
82	Benade, Aria	W11	Swimlab-CP	NT
83	Möller, Peer	M20	Unattached-CPT	NT

Event 204 Mixed 200 LC Meter IM

	Name	Age	Team	Seed Time
1	Krenin, Damon R	M18	Curro Aquatics-CP	2:15.58
2	Terblanche, Luan L	M17	Tygers-CP	2:17.51
3	Wright, Keegan	M19	Tygers-CP	2:19.12
4	Roman, Noah P	M15	Alpha-CP	2:22.70
5	Alexander, Ammaar	M18	Marlin-CP	2:23.82
6	Van Zyl, Daniël R	M14	Tygers-CP	2:26.79
7	Benecke, Alexander	M17	SSISA-CP	2:27.76
8	Eilers, De-Anzo C	M19	SSISA-CP	2:28.71
9	Spencer, Marcus W	M14	Cybersmart-CP	2:31.30
10	Oaten, Rourke	M15	Curro Aquatics-CP	2:32.05
11	Pautz, Benjamin R	M13	Vineyard-CP	2:35.50
12	Daniels, Tylan H	M13	Alpha-CP	2:36.08
13	Rossouw, Cara	W16	Tygers-CP	2:36.09
14	Francis, Ethan	M14	Marlin-CP	2:36.27
15	Van Onselen, Pierre S	M12	Tygers-CP	2:37.42
16	Ganger, Zeke D	M15	Marlin-CP	2:38.80
17	Schaefer, Daniel C	M13	SSISA-CP	2:39.33
18	Mccollum, Aiden I	M14	Alpha-CP	2:39.81
19	De Villiers, Anja	W14	Tygers-CP	2:39.85
20	Langeveldt, Christiano C	M15	Alpha-CP	2:42.65
21	Theron, Oloff A	M15	Vineyard-CP	2:42.68
22	Gamiieldien, Idreess	M14	Marlin-CP	2:43.26
23	Joyce, Jenna	W13	Curro Aquatics-CP	2:43.47
24	Samsodien, Saaligh S	M15	Marlin-CP	2:45.33
25	Niemand, Leo	M14	Cybersmart-CP	2:46.13
26	Shipton, Christopher J	M13	Quick Silver-CP	2:50.13
27	Hucke, Tegan	M14	Cape Town Otters-CPT	2:50.40
28	Serfontein, Christi	W17	Quick Silver-CP	2:50.99
29	Cupido, Kirsten	W13	Cybersmart-CP	2:51.67

30	Lockitch, Zara	W13	Cybersmart-CP	2:52.93
31	Parfitt, Ethan L	M10	Curro Aquatics-CP	2:54.90
32	Lee, Daniel	M13	Tygers-CP	2:56.02
33	Rinquest, Taaliah	W18	Marlin-CP	2:56.74
34	Jantjies, Zara	W13	Manta-CP	2:57.58
35	Matthee, Zarah	W13	Uwc-CP	2:59.11
36	Odendaal, Sarah-Kate	W13	Quick Silver-CP	2:59.72
37	Sebastian, Catherine	W12	Manta-CP	3:01.74
38	Hendricks, Jada	W12	Curro Aquatics-CP	3:03.09
39	Onkruid, Gianna R	W12	Uwc-CP	3:05.15
40	Cloete, Albert	M11	Tygers-CP	3:06.18
41	Vleggaar, Daniel	M13	Tygers-CP	3:06.59
42	Van Onselen, Annabelle	W11	Tygers-CP	3:07.73
43	Neuhold, Sebastian	M12	Vineyard-CP	3:08.09
44	Strydom, Marli	W12	Quick Silver-CP	3:09.51
45	Keun, Lente	W10	Vineyard-CP	3:13.88
46	Rossouw, Marais	M12	Quick Silver-CP	3:14.96
47	Maritz, Ava C	W10	Cape Town Otters-CPT	3:19.90
48	October, Jemma F	W11	Alpha-CP	3:38.14
49	Gerber, Luke M	M12	Curro Aquatics-CP	NT
50	Loubser, Markú Z	M10	Curro Aquatics-CP	NT
51	Fury, Rebecca G	W18	Vineyard-CP	NT

Event 205 Mixed 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Jani, Tawanda	M18	Cybersmart-CP	2:22.40
2	February, Gerard G	M17	Curro Aquatics-CP	2:24.52
3	Klein, Adam J	M20	Uwc-CP	2:29.72
4	Stanfliet, Nicholas	M16	Vineyard-CP	2:31.36
5	Southworth, Matthew W	M17	Curro Aquatics-CP	2:40.32
6	Combrink, Amy	W16	Vineyard-CP	2:43.12
7	Vd Wal, Mieke	W17	Curro Aquatics-CP	2:43.31
8	Swart, Nico N	M14	Aqua Sharks-CP	2:43.56
9	Douries, Ean	M14	Curro Aquatics-CP	2:43.70
10	Lombard, Kyle M	M18	Curro Aquatics-CP	2:48.97
11	Poultney, Matthew	M13	Curro Aquatics-CP	2:49.03
12	Johnson, Ella J	W12	Cape Town Otters-CPT	2:52.17
13	Isaacs, Christiano A	M16	Uwc-CP	2:54.28
14	Schreuder, Hannah G	W17	Swimlab-CP	2:55.05
15	Pautz, Benjamin R	M13	Vineyard-CP	2:55.20
16	Gomez, Alex W	M15	Marlin-CP	2:56.12
17	Tsai-Rieb, Pei-Chi P	W14	Cybersmart-CP	2:57.91
18	Strydom, Luan	M17	Tygers-CP	2:58.03
19	Adams, Sydni M	W16	Vineyard-CP	2:59.28
20	Addinall, Ethan	M15	Manta-CP	3:01.23
21	Van Vondel, Roland	M14	Tygers-CP	3:02.43
22	Witten, Hannah	W18	Cybersmart-CP	3:02.91
23	Fortune, Hakeem	M14	Manta-CP	3:04.72
24	Magotsi, Riziki A	W16	Cybersmart-CP	3:05.84
25	Kenmuir, Ethan	M13	Vineyard-CP	3:06.45
26	Chibharo, Lethabo L	W13	Curro Aquatics-CP	3:06.72
27	Albino, Nemzi L	W16	Swimlab-CP	3:07.56
28	Abrahams, Amaani	W14	Marlin-CP	3:11.58
29	Perez Castellano, Emilio	M12	Curro Aquatics-CP	3:14.05
30	Benade, Aria	W11	Swimlab-CP	3:14.32
31	Kimani, Katja	W11	Cybersmart-CP	3:15.35
32	Botha, Andre	M13	Tygers-CP	3:16.34
33	Laufs, Connor R	M13	Cape Town Otters-CPT	3:17.65

CTA Elite Gala (L3+) - 14/02/2026**Psych Sheet - CTA Elite Gala - L3+****Event 205 ...(Mixed 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time
34	Abrahamse, Lexi	W11	Vineyard-CP	3:17.72
35	Kleynhans, Michael	M11	Curro Aquatics-CP	3:18.03
36	Onkruid, Gianna R	W12	Uwc-CP	3:18.05
37	Jephta, Ra-eesa	W21	Manta-CP	3:18.28
38	Levi, Zara	W11	Cape Town Otters-CPT	3:18.62
39	Nothnagel, Henk K	M12	Curro Aquatics-CP	3:21.91
40	Poultney, Daniel	M10	Curro Aquatics-CP	3:24.82
41	Rosenstrauch, Lara	W13	Helderberg Titan-CP	3:24.98
42	Ras, Annabelle	W12	Curro Aquatics-CP	3:25.06
43	Heiberg, Ethan	M12	Manta-CP	3:25.97
44	Haynes-Smart, Kaitlyn	W13	Vineyard-CP	3:26.35
45	Engelbrecht, Zia-Bella L	W12	Helderberg Titan-CP	3:31.27
46	Sebastian, Catherine	W12	Manta-CP	3:33.88
47	Fakier, Ayesha i	W11	Cape Town Otters-CPT	3:33.98
48	Keun, Lente	W10	Vineyard-CP	3:38.71
49	Nicholson, Gemma	W10	Swimlab-CP	3:40.81
50	Pretorius, Henri	M11	Tygers-CP	3:41.38
51	Vincent, Joshua	M10	Quick Silver-CP	3:48.22
52	Mguli, Sandi	W13	Swimlab-CP	3:51.53
53	Lee, Daniel	M13	Tygers-CP	NT
54	Moolman, Carter S	M17	Manta-CP	NT
55	Coetzer, Milan J	M18	Cybersmart-CP	NT