



CTA TEAM 2026

WCA INTER DISTRICT PRESTIGE CHAMPS 2026

GQEBERHA: 10 JANUARY 2026

INFORMATION LETTER

Dear Parents, Swimmers, and Coaches,

We are excited to announce the **WCA Inter-District Prestige Champs 2026**, scheduled for **Saturday, 10 January 2026**. The event will take place at **Newton Park swimming pool in Gqeberha**.

TEAM SELECTION

The CTA team include swimmers from the following age groups:

- 10 & Under
- 11–12
- 13–14
- 15–16
- Open

Team selection was based on the **top times achieved since 1 May 2025**.

PROCEDURES AND DEADLINES

All required submissions must adhere to the following deadlines:

1. **Confirmation of participation - 10:00 AM, Friday, 12 December 2025**
2. **T-shirt size and order form - 10:00 AM, Friday, 12 December 2025**
3. **Proof of payment – 31 December 2025**

<https://forms.gle/4Rsx1ZAYWSUs1rmp9>

Complete the link to indicate availability even if not available. If no response by Friday at 10am the selected reserves will get the invite.

TEAM SELECTION CRITERIA

*President: Fagri Omar Vice President: Johan Malan Development: Chris van Niekerk Athletes High Performance: Hilton Slack
Transformation: Timothy Hartman Treasurer: Elna Cecil Secretary: Sandra Freeks*

L.T.S SWIMMING O.W.S. DIVING WATERPOLO SYNCHRO MASTERS



1. Swimmers must be **SSA registered with CTA**.
2. Selection is based on the **season's best times from 1 May 2025**.
3. Swimmers will compete in **1 to 4 individual events** based on their best possible contributions to the team's success.
4. Event selection is determined by the selection panel to maximize the district's performance.
5. Parents and swimmers **cannot choose events** - this is decided by the selection panel.
6. Relay team entries may be adjusted based on results in individual events during the first session.
7. National rankings and stroke dominance will be factored into event selection.
8. Relay teams are chosen collaboratively by the Team Manager and Coaches for optimal results.

IMPORTANT GUIDELINES

- Swimmers **must travel with the team bus to Gqeberha** and stay with the team.
- After the gala, swimmers may leave with their parents, but parents must confirm with coaches and the Team Manager.
- Swimmers must participate in all selected events. Scratching from an event requires a doctor's note; otherwise, a fine of **R200 per event** will be charged.

COSTS

Item	Cost
Entries	R 250.00
Swimming Cap	Free
T-shirt	R 250.00
Transport, Accommodation and meals	R4 500.00 (meals included Friday: dinner, Saturday breakfast & dinner, Sunday breakfast)
Pocket money	Friday, Saturday and Sunday lunch for own account

BANKING DETAILS

Please email proof of payment to treasurer@ctmaquatics.co.za

Account Name: Cape Town Metro Aquatics

Bank: FNB

Account Number: 62764954296

Branch Code: 250655 (MyBranch)

Reference: IDP Name & Surname

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TECHNICAL OFFICIALS

Each district is required to supply qualified technical officials. Please submit a list of available **registered timekeepers and judges** (no probation officials).

- Attire: Dark blue/navy pants, white shirt, and closed white shoes.
- Names and preferred sessions please indicate on the link.

MEDALS & TROPHIES

- Medals will be awarded to the **top three swimmers** in each age group (10 & Under, 11/12, 13/14, 15/16, Open).
- A trophy will be awarded to the district with the **highest overall points**.
- Swimmers must be dressed in district T-shirts and shoes for medal presentations.

CONTACT DETAILS

For queries or document submissions, please email:

- swimboard@ctmaquatics.co.za
- CC: treasurer@ctmaquatics.co.za and swimboardjl@gmail.com

We look forward to a fantastic competition and wish our swimmers the best of luck in representing the CTA District!

CTA Coaches and Team Manager

- **Nicole Robertson** (Female Coach)
- **Guillaume Louw** (Male Coach)
- **Eric Ehrenreich** (Team Manager)

Selected Team: *(Listed by name, age, and club)*

Thank you for your support and cooperation.

Best regards,
CTA Team



Boys	Age Group	Club
Ethan Parfitt	u10	CASC
Ben Horn	u10	XCEL
Daniel Poultney	u10	CASC
Simon Tredoux	u10	BARR
Milan Louw	u10	CASC
Matthew Poultney	11 12	CASC
Lukas Mallin	11 12	SAAW
Patrick Maughan	11 12	ASAC
Jagger Viljoen	11 12	ASAC
Pierre Van Onselen	11 12	TYGE
Tristan van Rensburg	13 14	CASC
Noah Loots	13 14	ASAC
Pierre Verbeek	13 14	CASC
Ean Douries	13 14	CASC
Michael Bright	13 14	CASC
Nicolaas Lichthart	13 14	QSSC
Ernst Bezuidenhout	15 16	CASC
Ryan Theron	15 16	CASC
Andrew Gilbert	15 16	SAAW
James Wing	15 16	CASC
Rhys Haupt	15 16	VINE
Luc Bestel	15 16	VINE
Nic Tower	Open	SAAW
Andrei Dos-Santos	Open	CYBE
Noah Wollenschlaeger	Open	VINE
Ruan Myburgh	Open	BLMA
Gerard February	Open	CASC
Joshua Bannister	Open	TYGE

Girls	Age Group	Club
Niah De Lange	u10	CASC
Lente Keun	u10	VINE
Chrisela Sadi	u10	SAAW
Zara Ferrao	u10	SSISA
Aria Mossay	u10	UWCA
Leah Dabrowski	11 12	BLMA
Sarah-Kate Odendaal	11 12	QSSC
Hayden Perrins	11 12	CASC
Ella Johnson	11 12	CTO
Gia Newkirk	11 12	TYGE
Ava Lorenzen	13 14	BLMA
Arabella Bayly	13 14	VINE
Anna Horn	13 14	XCEL
Aqeelah Williams	13 14	UWCA
Anja De Villiers	13 14	TYGE
Sianne Wilson	13 14	SAAW
Caitlin Evans	15 16	CASC
Mikalla Laubcher	15 16	CASC
Simone Gerber	15 16	CASC
Amy Combrink	15 16	VINE
Sophia Trout	15 16	VINE
Ava Newton	15 16	CASC
Mieke Vd Wal	Open	CASC
Cassidy Burgess	Open	VINE
Erin Glover	Open	CASC
Emma Lategan	Open	CASC
Hannah Schreuder	Open	SAAW
Nyriam Morais	Open	UWCA