



Western Cape Aquatics

Winter Short Course Championship 2025

You are cordially invited to participate in the Western Cape Aquatics Winter Short Course Championship 2025. Hosted from 17-20 July 2025, this prestigious event will take place at Generations Pool, Somerset West.

Competition Rules:

The event will adhere to WORLD AQUATICS rules.

Participation is reserved for fully capitated swimmers meeting the specified criteria.

Age will be determined as of the first day of the championship.

Please ensure adherence to the detailed entry guidelines and deadlines specified below:

Entry Guidelines:

- 🕒 Entries must be submitted via your District Convenor by noon on 1 July 2025.
- 🕒 All events qualified for can be entered. 100m IM may be entered with a no-time. Qualifying times are Level 3, SANJ & SANAT QT's.
- 🕒 Swimmers must have a minimum of one qualifying time.
- 🕒 Swimmers may enter as many events as they want, they must enter at least 1 event with a qualifying time.
- 🕒 Entries with no-times are not accepted (except 100m IM). Times from 1 May 2024 will be accepted.
- 🕒 Only two relay teams per club per event are allowed.
- 🕒 PLEASE RENAME **ALL FILES** TO START WITH YOUR CLUB/District ABBREVIATION.
 - TM Zip file for athlete's entries.
 - Pdf entry report including **proof of times** and **time standards** from 1 May 2024.
 - Pdf entry fee report.
 - Pdf relay report.
 - List of officials completed on officials Excel form:
This form must accompany the entries. Officials must be qualified and registered, no probation officials. Entries will not be accepted without the officials attached on the correct form.
- 🕒 All Technical Officials must be correctly attired: white shirts, navy trousers or skirts and closed white shoes.
- 🕒 **Entry fee per event** **R80 per event**
Entry fee per relay **R160 per relay**
Surcharge per swimmer **R120 per swimmer**
- 🕒 Late entries will be accepted from **1 to 7 July 2025** @ x 5 original entry fee.
- 🕒 Extra late entries after **8 July 2025** @ x 10 original entry fee if there is a lane open.
- 🕒 Payment via Districts to WCA bank account; WCA will invoice Districts after 1st corrections.
- 🕒 Multi-disability swimmers must enter multi-disability events and may swim prelims and finals or only finals, prelims will be swum with the able-bodied swimmers.



Competition Format:

- ⌚ Prelims will be swum slowest to fastest in the following ages: 11 & under, 12-13, 14-15, 16 & over.
- ⌚ Medals for 200m Butterfly, 400m Individual Medley, and 800m/1500m Freestyle will be awarded in the following age groups: 11-13, 14-15, 16 & over. In the 800m and 1500m, the 10 fastest boys and girls will be seeded in a mixed event of 2 heats.
- ⌚ In the 50m events the 20 fastest swimmers will be in the finals.

General Information:

- ⌚ WORLD AQUATICS & SSA Rules will govern this event.
- ⌚ Clubs are requested to see that the area is kept neat, bins will be placed & cleaned regularly.
- ⌚ No flash photography during the start of a race.
- ⌚ We request everyone to please remain silent during the start of a race.
- ⌚ NO alcohol is permitted on the premises. NO fire or gas braais are permitted on the premises.
- ⌚ The pool grounds are a NO SMOKING ZONE.
- ⌚ Only Team Managers are allowed at the recording table.

Other Regulations:

- ⌚ Swimmers will be fined R300 if they do not scratch timeously from a final or prelim; clubs will be invoiced.
- ⌚ Water polo players, synchro swimmers & divers may enter WCA Short Course Champs provided they meet the WC Champs qualifying criteria.
- ⌚ The entry fee will be forfeited for any entry received that does not comply.
- ⌚ Sessions with events are attached as pdf.
- ⌚ ONLY the following training equipment is allowed during warm-up: boards, paddles NO Fins
- ⌚ Lane 1 will be allocated to disabled swimmers, and lanes 2 & 10 to be used for dives.
- ⌚ Please exit the pool via the stairs. NO climbing out over the touch pads.

Protests:

- ⌚ Protests will only be accepted from Team managers, completed on a protest form with a R500 Protest Fee lodged with the Admin Office within 20 minutes (twenty) of the announcement of the disqualification.
- ⌚ NO media footage or photos will be permitted.
- ⌚ In the case of a dispute, the referees' decision is final.

Admission to the Pool:

Tickets for admission: (pre-ordered on the sheet attached)

WEEKEND ADULT TICKET:	R400
WEEKEND KIDS TICKET:	R100
SESSION ADULT TICKET:	R70
SESSION KIDS TICKET:	R20



Programs & Results:

- Each club will receive 2 free programs for their team manager and coaches.
- Meet mobile will be activated.
- Meet mobile results are unofficial.

Team Managers' Instructions:

- All Team Managers are to collect your TM pack before the 1st session of the gala. This will be available from 09:30am on Thursday.
- This will be the last opportunity for late entries, subject to a late entry fee of 10x (ten times) the original entry fee and the availability of a lane in the event.
- Scratchings for the first session can be done until 09:30 for the 1st session thereafter scratchings will close at the end of each session for the next session.
- Team Managers must have their accreditation with them when approaching the recording table with queries.
- TM packs will contain the following:
 - Documentation: relay confirmation forms & scratching forms.
 - Programs for the first session that does not include session 1 scratchings (thereafter available at the table for collection by TM's)
- There will be a short opening ceremony on Saturday afternoon, at 14:15, finals start 14:30 (time depending)

Pool Access:

- Clubs are kindly requested to be considerate towards one another with regards to space.
- Limited space is available.
- Gates will open 30 minutes before the warm-up session.

Merchandise:

- Pre-ordered long-sleeve shirts will be packed for collection at the ETD Table by Team Managers only.
- Orders to be placed on the attached form by **20 June 2025**. No extra shirts will be ordered.

Medical Facility:

- There will be a qualified paramedic on duty for the duration of the event.

Catering & Vendors:

- There will be various food vendors present.
- Officials will be supplied with refreshments on pool deck.
- There will be various food, drinks & swimming apparel vendors.

For any inquiries, please send them via your District Convenor.

Warm regards,
WCA Technical Committee