

Individual Top Times

Times since: 01-May-23

Tygerberg Aquatics [TYGE-CPT]

Time	P/F/S	Event			
Aarninkhof, Paige (9) W (Yr: AR)					
51,53	S	F	50	Free	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
53,72	L S	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023
1:57,14	S S	F	100	Free	2023/09/23 CTA Invitational SC Meet
2:05,70	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
1:02,06	S	F	50	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:03,19	L S	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
2:12,34	S	F	100	Back	2024/04/27 WCA Inter-district Lev1 Team Champs 2024
2:26,55	L	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023
1:08,03	S S	F	50	Breast	2023/09/23 CTA Invitational SC Meet
1:09,15	L	F	50	Breast	2023/11/24 CTA A & B CHAMPS 2023
2:20,99	S S	F	100	Breast	2023/09/23 CTA Invitational SC Meet
2:31,91	L S	F	100	Breast	2023/11/24 CTA A & B CHAMPS 2023
28,14	S	F	25	Fly	2023/08/05 CTA CLUB MEET 4 - GSA
1:02,25	S	F	50	Fly	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:05,37	L	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023
2:16,77	S	F	100	IM	2023/08/05 CTA CLUB MEET 4 - GSA
Adams, Ella (11) W (Yr: AR)					
38,65	L	F	50	Free	2024/02/10 WCA-B Champs - 2024
39,19	S S	F	50	Free	2023/09/23 CTA Invitational SC Meet
1:23,14	L LEV2	F	100	Free	2024/02/10 WCA-B Champs - 2024
1:30,84	S S	F	100	Free	2023/09/23 CTA Invitational SC Meet
3:00,33	L LEV2	F	200	Free	2024/02/10 WCA-B Champs - 2024
3:20,06	S	F	200	Free	2023/09/23 CTA Invitational SC Meet
6:36,79	L	F	400	Free	2024/02/10 WCA-B Champs - 2024
49,67	L LEV2	F	50	Back	2024/02/10 WCA-B Champs - 2024
52,94	S	F	50	Back	2023/08/05 CTA CLUB MEET 4 - GSA
1:45,83	S	F	100	Back	2023/09/23 CTA Invitational SC Meet
1:48,22	L	F	100	Back	2024/02/03 CTA BRIAN BUTTON Qualifying Meet
3:55,14	S S	F	200	Back	2023/09/23 CTA Invitational SC Meet
4:08,32	L	F	200	Back	2023/11/11 Winelands SL4
1:06,82	S	F	50	Breast	2023/08/05 CTA CLUB MEET 4 - GSA
1:12,10	L	F	50	Breast	2023/11/11 Winelands SL4
48,41	L LEV2	F	50	Fly	2024/02/10 WCA-B Champs - 2024
51,98	S S	F	50	Fly	2023/09/23 CTA Invitational SC Meet
1:54,83	S	F	100	IM	2023/08/05 CTA CLUB MEET 4 - GSA
3:48,61	L	F	200	IM	2024/02/10 WCA-B Champs - 2024
Adendorff, James (16) M (Yr: AR)					
27,63	S LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
27,77	L LEV2	F	50	Free	2023/09/17 CTA B MEET 3
1:02,88	S LEV2	P	100	Free	2023/07/13 WCA SC Championships 2023
2:22,40	S LEV2	P	200	Free	2023/07/13 WCA SC Championships 2023
31,55	S LEV2	F	50	Back	2023/05/27 CTA QUALIFYING MEET 1
33,30	L LEV2	P	50	Back	2023/12/14 Western Cape LC-A Championship 2023
1:08,58	S LEV2	F	100	Back	2023/09/23 CTA Invitational SC Meet
1:13,30	L LEV2	F	100	Back	2023/09/17 CTA B MEET 3
34,89	L LEV2	P	50	Breast	2023/12/14 Western Cape LC-A Championship 2023
35,15	S LEV2	F	50	Breast	2023/05/27 CTA QUALIFYING MEET 1
1:12,56	S LEV2	F	100	Breast	2023/09/23 CTA Invitational SC Meet
1:18,82	L LEV2	P	100	Breast	2023/12/14 Western Cape LC-A Championship 2023
2:30,28	S LEV2	P	200	IM	2023/07/13 WCA SC Championships 2023
2:38,92	L LEV2	F	200	IM	2023/09/17 CTA B MEET 3
Adriaan, Shaina (18) W (Yr: AR)					
31,86	L LEV2	F	50	Free	2024/02/10 WCA-B Champs - 2024
31,96	S LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
1:10,68	L LEV2	F	100	Free	2024/02/10 WCA-B Champs - 2024
1:13,28	S	P	100	Free	2023/07/13 WCA SC Championships 2023
2:35,89	L LEV2	F	200	Free	2024/02/10 WCA-B Champs - 2024
2:40,43	S LEV2	P	200	Free	2023/07/13 WCA SC Championships 2023
37,11	L LEV2	F	50	Back	2024/02/10 WCA-B Champs - 2024

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Time	P/F/S	Event
Adriaan, Shaina (18) W (Yr: AR)		
1:22,82 L	LEV2 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
1:25,34 S	LEV2 P	100 Back 2023/07/13 WCA SC Championships 2023
42,88 L	LEV2 F	50 Breast 2024/02/10 WCA-B Champs - 2024
43,05 S	LEV2 F	50 Breast 2023/05/27 CTA QUALIFYING MEET 1
1:34,91 L	LEV2 F	100 Breast 2024/02/10 WCA-B Champs - 2024
1:35,51 S	LEV2 P	100 Breast 2023/07/13 WCA SC Championships 2023
35,27 L	F	50 Fly 2024/02/10 WCA-B Champs - 2024
1:22,27 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:57,40 L	LEV2 F	200 IM 2024/02/10 WCA-B Champs - 2024
3:07,08 S	LEV2 P	200 IM 2023/07/13 WCA SC Championships 2023
Badenhorst, Christiaan (9) M (Yr: AR)		
47,66 S	F	50 Free 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
52,91 S	F	50 Back 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
33,32 S	F	25 Breast 2023/10/07 CTA CLUB MEET 6 - CURRO DV
31,73 S	F	25 Fly 2023/11/04 CTA CLUB MEET 7 - UWC
Bannister, Joshua (16) M (Yr: AR)		
27,14 S	LEV2 P	50 Free 2023/07/13 WCA SC Championships 2023
58,21 S	LEV2 P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
58,54 L	LEV3 P	100 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:04,93 S	LEV3 P	200 Free 2023/07/13 WCA SC Championships 2023
2:06,98 L	LEV3 P	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
4:23,09 S	LEV3 P	400 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:23,18 L	SANJ F	400 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
9:10,33 S	F	800 Free 2023/07/23 CTA A MEET 1
9:17,26 L	F	800 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
17:25,96 L	SANJ F	1500 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:16:26,00 L	O	5000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
31,23 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
1:07,16 S	LEV2 P	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:07,62 L	LEV3 P	100 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:23,47 S	LEV3 P	200 Back 2023/07/13 WCA SC Championships 2023
2:27,69 L S	LEV3 P	200 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
37,40 L	LEV2 F	50 Breast 2023/11/11 Winelands SL4
1:16,11 S	LEV2 P	100 Breast 2023/07/13 WCA SC Championships 2023
1:20,91 L	LEV2 P	100 Breast 2024/03/15 SA National Junior Age Group Champs-KZN 2024
30,63 L	LEV2 F	50 Fly 2023/11/18 CTA QUALIFYING MEET 2
1:09,26 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:25,64 S	LEV2 P	200 IM 2023/07/13 WCA SC Championships 2023
2:27,06 L	LEV2 P	200 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
Barnes, Kiara (23) W (Yr: AR)		
30,75 L	P	50 Free 2023/06/24 PEA Winter Gala 2023
1:04,73 S	P	100 Free 2023/07/13 WCA SC Championships 2023
1:06,80 L	P	100 Free 2023/06/24 PEA Winter Gala 2023
2:21,11 S	P	200 Free 2023/07/13 WCA SC Championships 2023
2:23,55 L	F	200 Free 2023/06/24 PEA Winter Gala 2023
4:54,58 S	F	400 Free 2023/07/13 WCA SC Championships 2023
5:05,04 L	F	400 Free 2023/06/24 PEA Winter Gala 2023
9:47,73 S S	F	800 Free 2023/07/13 WCA SC Championships 2023
34,12 L	F	50 Back 2023/06/24 PEA Winter Gala 2023
1:11,02 S	P	100 Back 2023/07/13 WCA SC Championships 2023
1:13,23 L	F	100 Back 2023/06/24 PEA Winter Gala 2023
2:29,91 S	P	200 Back 2023/07/13 WCA SC Championships 2023
2:41,02 L	F	200 Back 2023/06/24 PEA Winter Gala 2023
42,54 L	P	50 Breast 2023/06/24 PEA Winter Gala 2023
33,53 L	P	50 Fly 2023/06/24 PEA Winter Gala 2023
2:38,38 S	P	200 IM 2023/07/13 WCA SC Championships 2023
2:45,88 L	F	200 IM 2023/06/24 PEA Winter Gala 2023
Bosch, Ewan (11) M (Yr: AR)		
33,19 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
35,32 S	LEV2 P	50 Free 2023/07/13 WCA SC Championships 2023

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Time	P/F/S	Event
Bosch, Ewan (11) M (Yr: AR)		
1:12,54 L	LEV3 F	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:17,56 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
2:40,65 L	LEV3 P	200 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:50,20 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
5:29,22 L	LEV3 F	400 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
38,21 L	LEV2 P	50 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
42,69 S	LEV2 F	50 Back 2023/06/16 CTA INVITATIONAL SC MEET
1:22,34 L	LEV3 F	100 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:29,97 S	LEV2 P	100 Back 2023/07/13 WCA SC Championships 2023
2:57,18 L	LEV3 F	200 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
46,97 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:40,23 L	LEV3 P	100 Breast 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:45,87 S	LEV2 P	100 Breast 2023/07/13 WCA SC Championships 2023
3:40,37 L	LEV3 F	200 Breast 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
34,06 L	LEV2 F	50 Fly 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
38,97 S S	LEV2 F	50 Fly 2023/06/16 CTA INVITATIONAL SC MEET
1:17,69 L	LEV3 F	100 Fly 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:25,54 S	LEV3 F	100 Fly 2023/07/13 WCA SC Championships 2023
2:54,47 L	LEV3 F	200 IM 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
3:13,84 S	LEV2 P	200 IM 2023/07/13 WCA SC Championships 2023
Boshoff, Anja (11) W (Yr: AR)		
34,15 S L	LEV2 F	50 Free 2023/07/13 WCA SC Championships 2023
34,40 L S	LEV2 F	50 Free 2023/10/05 42nd Freda Barnard Invitational Gala
1:15,51 L L	LEV3 F	100 Free 2023/12/14 Western Cape LC-A Championship 2023
2:46,34 S	LEV3 F	200 Free 2023/09/23 CTA Invitational SC Meet
17:25,82 L	O	1000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
37,27 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
38,05 S L	LEV2 F	50 Back 2023/07/13 WCA SC Championships 2023
1:19,23 S	LEV3 F	100 Back 2023/09/23 CTA Invitational SC Meet
1:19,52 L	LEV3 F	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:50,36 L	LEV3 F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
2:53,43 S	LEV3 F	200 Back 2023/07/13 WCA SC Championships 2023
50,17 L	LEV2 F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
39,58 L	LEV2 P	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
1:29,60 S	LEV3 F	100 Fly 2023/07/13 WCA SC Championships 2023
1:33,54 L S	LEV3 F	100 Fly 2023/12/14 Western Cape LC-A Championship 2023
1:27,86 S	F	100 IM 2023/07/13 WCA SC Championships 2023
3:07,71 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
Botha, Andre (12) M (Yr: AR)		
44,21 L	F	50 Free 2024/01/21 CTA BMEET 4
44,57 S	F	50 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:39,17 S	F	100 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:47,53 L	F	100 Free 2024/01/21 CTA BMEET 4
48,70 S	F	50 Back 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
55,23 L	F	50 Back 2024/01/21 CTA BMEET 4
51,69 S	F	50 Breast 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
54,69 L	F	50 Breast 2024/01/21 CTA BMEET 4
4:13,75 L	F	200 IM 2024/01/21 CTA BMEET 4
Bouwer, Jason (13) M (Yr: AR)		
30,14 L	LEV2 P	50 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
30,81 S	LEV2 P	50 Free 2023/07/13 WCA SC Championships 2023
1:06,07 L	LEV3 P	100 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:07,24 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
2:24,80 L	LEV3 P	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:26,28 S	LEV3 P	200 Free 2023/07/13 WCA SC Championships 2023
4:59,11 L	SANJ F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
5:04,15 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
10:28,27 L S	F	800 Free 2023/12/14 Western Cape LC-A Championship 2023
19:40,37 S	F	1500 Free 2023/08/26 CTA A MEET 2
20:12,19 L	F	1500 Free 2023/12/14 Western Cape LC-A Championship 2023

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Time	P/F/S	Event
Bouwer, Jason (13) M (Yr: AR)		
50:38,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
33,44 S	LEV2 F	50 Back 2023/09/23 CTA Invitational SC Meet
33,85 L	LEV2 P	50 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:10,77 L	SANJ P	100 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:11,87 S	LEV3 F	100 Back 2023/09/23 CTA Invitational SC Meet
2:32,91 S	SANJ F	200 Back 2023/09/23 CTA Invitational SC Meet
2:34,83 L S	SANJ P	200 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
37,49 L	LEV2 P	50 Breast 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:21,37 L	SANJ P	100 Breast 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:24,54 S	LEV3 F	100 Breast 2023/07/13 WCA SC Championships 2023
3:01,28 L	SANJ F	200 Breast 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
3:02,57 S	LEV3 F	200 Breast 2023/06/16 CTA INVITATIONAL SC MEET
30,68 L	LEV2 P	50 Fly 2024/03/15 SA National Junior Age Group Champs-KZN 2024
32,68 S S	LEV2 F	50 Fly 2023/06/16 CTA INVITATIONAL SC MEET
1:08,32 L S	SANJ P	100 Fly 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:11,07 S S	LEV3 F	100 Fly 2023/09/23 CTA Invitational SC Meet
2:32,30 L	SANJ F	200 Fly 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:43,25 S	F	200 Fly 2023/07/13 WCA SC Championships 2023
1:15,57 S	F	100 IM 2023/07/13 WCA SC Championships 2023
2:34,09 L	SANJ F	200 IM 2023/12/14 Western Cape LC-A Championship 2023
2:38,14 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
5:24,30 L	SANJ F	400 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
5:38,94 S	F	400 IM 2023/07/13 WCA SC Championships 2023
Bouwer, Juno (11) W (Yr: AR)		
42,06 S S	F	50 Free 2023/06/16 CTA INVITATIONAL SC MEET
1:34,60 S S	F	100 Free 2023/09/23 CTA Invitational SC Meet
1:36,07 L	F	100 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
3:26,35 L	F	200 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
3:38,90 S	F	200 Free 2023/07/23 CTA B MEET 1
20:37,05 L	O	1000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
49,28 S	F	50 Back 2023/09/23 CTA Invitational SC Meet
1:48,04 S	F	100 Back 2023/09/23 CTA Invitational SC Meet
1:49,48 L	F	100 Back 2023/10/05 42nd Freda Barnard Invitational Gala
3:41,33 S S	LEV2 F	200 Back 2023/09/23 CTA Invitational SC Meet
53,93 S	F	50 Breast 2023/07/23 CTA B MEET 1
54,96 L	F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
1:56,50 L	F	100 Breast 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
1:56,70 S S	F	100 Breast 2023/09/23 CTA Invitational SC Meet
4:13,80 S	LEV2 F	200 Breast 2023/09/23 CTA Invitational SC Meet
4:15,38 L	LEV2 F	200 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
3:52,83 S S	F	200 IM 2023/06/16 CTA INVITATIONAL SC MEET
3:53,97 L	F	200 IM 2023/10/05 42nd Freda Barnard Invitational Gala
Burger, Juanè (14) W (Yr: AR)		
33,51 S S	P	50 Free 2023/06/16 CTA INVITATIONAL SC MEET
33,56 L	LEV2 P	50 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:12,20 L	LEV2 P	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:12,67 S	LEV2 P	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
2:36,14 L	LEV2 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
2:36,74 S	LEV2 P	200 Free 2023/06/16 CTA INVITATIONAL SC MEET
5:25,73 S	F	400 Free 2023/07/23 CTA A MEET 1
5:28,21 L	F	400 Free 2023/11/24 CTA A & B CHAMPS 2023
11:18,18 L	F	800 Free 2023/11/18 CTA QUALIFYING MEET 2
39,40 L	LEV2 P	50 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:24,91 L	LEV2 F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
1:25,33 S	LEV2 P	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
2:58,21 S	LEV2 P	200 Back 2023/06/16 CTA INVITATIONAL SC MEET
2:58,30 L	LEV2 P	200 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
45,65 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:37,16 L	LEV2 P	100 Breast 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:38,60 S	LEV2 F	100 Breast 2023/07/23 CTA A MEET 1

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Burger, Juanè (14) W (Yr: AR)					
35,94	L LEV2 P	50 Fly	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:18,73	L LEV3 F	100 Fly	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
2:53,22	L LEV3 F	200 IM	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
3:00,17	S S LEV2 P	200 IM	2023/06/16	CTA INVITATIONAL SC MEET	
Chibharo, Ruvarashe (11) W (Yr: AR)					
33,63	L LEV2 P	50 Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
36,18	S S LEV2 F	50 Free	2023/09/23	CTA Invitational SC Meet	
1:13,58	L LEV3 P	100 Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:22,45	S S LEV2 F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
2:42,82	L LEV3 P	200 Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
2:54,46	S LEV2 F	200 Free	2023/09/23	CTA Invitational SC Meet	
5:42,69	L LEV3 F	400 Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
17:43,22	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
42,72	L LEV2 P	50 Back	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:37,09	L LEV2 F	100 Back	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
3:29,28	L LEV2 F	200 Back	2024/02/10	WCA-B Champs - 2024	
43,96	L LEV2 P	50 Breast	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
46,95	S S LEV2 F	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:38,00	L LEV3 P	100 Breast	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:43,17	S S LEV2 F	100 Breast	2023/09/23	CTA Invitational SC Meet	
3:30,61	L LEV3 F	200 Breast	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
3:34,57	S LEV3 F	200 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
42,24	L LEV2 P	50 Fly	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
42,85	S S LEV2 F	50 Fly	2023/09/23	CTA Invitational SC Meet	
1:38,07	L LEV2 P	100 Fly	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:43,98	S S LEV2 F	100 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
3:07,79	L LEV3 P	200 IM	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
Cloete, Albert (10) M (Yr: AR)					
37,45	L LEV2 F	50 Free	2024/02/10	WCA-B Champs - 2024	
41,47	S F	50 Free	2023/08/05	CTA CLUB MEET 4 - GSA	
1:34,61	L F	100 Free	2024/01/21	CTA BMEET 4	
3:14,58	L LEV2 F	200 Free	2024/02/10	WCA-B Champs - 2024	
42,82	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
49,36	S F	50 Back	2023/08/05	CTA CLUB MEET 4 - GSA	
1:40,52	L LEV2 F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
3:34,17	L LEV2 F	200 Back	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
3:44,96	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	
1:05,34	L F	50 Breast	2023/09/17	CTA B MEET 3	
1:07,23	S F	50 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
47,43	L LEV2 F	50 Fly	2024/02/10	WCA-B Champs - 2024	
50,83	S LEV2 F	50 Fly	2023/08/26	CTA B MEET 2	
1:55,17	S F	100 IM	2023/07/08	CTA CLUB MEET 3 - Fairmont	
3:44,54	L LEV2 F	200 IM	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
Coetzee, Dewan (16) M (Yr: AR)					
30,23	L F	50 Free	2024/02/17	Swartland Invitational Gala 2024	
1:06,10	S F	100 Free	2023/05/27	CTA QUALIFYING MEET 1	
2:31,04	L LEV2 F	200 Free	2023/09/16	CTA A MEET 3	
55:29,00	L O	3000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
33,97	S LEV2 F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
34,68	L LEV2 F	50 Back	2024/02/17	Swartland Invitational Gala 2024	
1:15,47	L LEV2 F	100 Back	2023/09/16	CTA A MEET 3	
2:52,08	L F	200 IM	2023/09/16	CTA A MEET 3	
Collen, Jennah (10) W (Yr: AR)					
26,23	S F	25 Free	2023/11/04	CTA CLUB MEET 7 - UWC	
1:04,94	L F	50 Free	2024/01/21	CTA BMEET 4	
28,61	S F	25 Back	2023/11/04	CTA CLUB MEET 7 - UWC	
1:04,35	L F	50 Back	2024/01/21	CTA BMEET 4	
Combrinck, Hannah (9) W (Yr: AR)					
49,52	S F	50 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
36,55	S F	25 Breast	2023/11/04	CTA CLUB MEET 7 - UWC	

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Time	P/F/S	Event
Crookham, Mia (15) W (Yr: AR)		
33,36 S	P	50 Free 2023/07/13 WCA SC Championships 2023
33,40 L S LEV2	F	50 Free 2023/11/24 CTA A & B CHAMPS 2023
1:14,46 L LEV2	F	100 Free 2024/02/10 WCA-B Champs - 2024
1:16,26 S	F	100 Free 2023/07/23 CTA B MEET 1
2:44,42 L LEV2	F	200 Free 2024/02/10 WCA-B Champs - 2024
2:52,21 S	F	200 Free 2023/05/27 CTA QUALIFYING MEET 1
38,40 L LEV2	F	50 Back 2024/02/10 WCA-B Champs - 2024
41,11 S	F	50 Back 2023/05/27 CTA QUALIFYING MEET 1
1:29,92 L	F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
1:31,43 S	F	100 Back 2023/07/23 CTA B MEET 1
47,03 L	F	50 Breast 2024/02/10 WCA-B Champs - 2024
48,60 S	F	50 Breast 2023/07/23 CTA B MEET 1
1:51,57 L	F	100 Breast 2024/02/17 Swartland Invitational Gala 2024
37,72 L LEV2	F	50 Fly 2024/02/10 WCA-B Champs - 2024
1:30,25 S	P	100 IM 2023/07/13 WCA SC Championships 2023
3:13,38 L	F	200 IM 2024/01/21 CTA BMEET 4
3:20,17 S	P	200 IM 2023/07/13 WCA SC Championships 2023
Das Neves, Lucas (14) M (Yr: AR)		
27,66 L LEV2	P	50 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
27,98 S S LEV2	F	50 Free 2023/09/23 CTA Invitational SC Meet
1:01,15 S LEV3	F	100 Free 2023/09/23 CTA Invitational SC Meet
1:01,15 L LEV3	P	100 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:15,83 L LEV3	P	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
33,41 L LEV2	P	50 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:09,86 L LEV3	P	100 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:31,75 S LEV3	F	200 Back 2023/09/23 CTA Invitational SC Meet
2:38,89 L S LEV3	P	200 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
39,09 L LEV2	F	50 Breast 2023/09/16 CTA A MEET 3
29,07 L LEV2	P	50 Fly 2024/03/15 SA National Junior Age Group Champs-KZN 2024
29,52 S S LEV2	F	50 Fly 2023/09/23 CTA Invitational SC Meet
1:03,85 L S SANJ	P	100 Fly 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:06,02 S S LEV3	F	100 Fly 2023/06/16 CTA INVITATIONAL SC MEET
2:50,30 L	F	200 Fly 2023/10/05 42nd Freda Barnard Invitational Gala
2:40,61 S S LEV2	P	200 IM 2023/06/16 CTA INVITATIONAL SC MEET
2:43,04 L LEV2	F	200 IM 2023/09/16 CTA A MEET 3
De Bruyn, Jaelyn (9) W (Yr: AR)		
22,47 S	F	25 Free 2023/10/07 CTA CLUB MEET 6 - CURRO DV
36,81 S	F	25 Back 2023/08/05 CTA CLUB MEET 4 - GSA
57,35 S	F	25 Breast 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
56,63 S	F	25 Fly 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
De Jager, Alexander (14) M (Yr: AR)		
34,69 L	P	50 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
37,88 S	F	50 Free 2023/07/23 CTA B MEET 1
1:18,09 L	P	100 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:28,94 S	F	100 Free 2023/05/27 CTA QUALIFYING MEET 1
3:14,62 S	F	200 Free 2023/07/23 CTA B MEET 1
38,97 L	F	50 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
42,32 S	F	50 Back 2023/05/27 CTA QUALIFYING MEET 1
1:26,10 L LEV2	F	100 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:37,69 S	F	100 Back 2023/07/23 CTA B MEET 1
43,65 L LEV2	F	50 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
47,54 S	F	50 Breast 2023/07/23 CTA B MEET 1
1:33,71 L LEV2	P	100 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:45,04 S	F	100 Breast 2023/05/27 CTA QUALIFYING MEET 1
3:25,12 L LEV2	F	200 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:21,70 L	F	200 IM 2024/01/21 CTA BMEET 4
De Lange, Adriaan (14) M (Yr: AR)		
27,20 S L	F	25 Free 2023/07/13 WCA SC Championships 2023
27,05 L LEV2	P	50 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
27,80 S LEV2	P	50 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023

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Time	P/F/S	Event
De Lange, Adriaan (14) M (Yr: AR)		
59,39 L	LEV3 P	100 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:00,14 S	LEV3 P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:10,66 L	SANJ P	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
4:36,97 S	SANJ P	400 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:39,05 L	SANJ F	400 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
10:39,92 L	F	800 Free 2023/09/16 CTA A MEET 3
29,82 L L	LEV2 F	50 Back 2024/04/19 SA Schools Swimming Championship 2024
29,99 S L	LEV2 F	50 Back 2023/07/13 WCA SC Championships 2023
1:03,12 L	SANJ F	100 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:03,62 S	SANJ P	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:14,81 L S	SANJ F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
2:15,16 S	SANJ F	200 Back 2023/07/13 WCA SC Championships 2023
38,16 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:24,89 L	LEV3 P	100 Breast 2023/12/14 Western Cape LC-A Championship 2023
2:55,03 L	LEV3 F	200 Breast 2023/12/14 Western Cape LC-A Championship 2023
29,49 L	LEV2 F	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
30,63 S	LEV2 P	50 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:05,15 L S	SANJ F	100 Fly 2023/12/14 Western Cape LC-A Championship 2023
1:09,94 S S	LEV3 F	100 Fly 2023/09/23 CTA Invitational SC Meet
1:09,61 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:23,51 L	SANJ F	200 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:27,23 S	LEV3 F	200 IM 2023/07/13 WCA SC Championships 2023
5:09,05 L	SANJ F	400 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
5:14,02 S	SANJ F	400 IM 2023/07/13 WCA SC Championships 2023
De Oliveira, Aliyah (14) W (Yr: AR)		
31,90 L	LEV2 F	50 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
1:09,92 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
1:12,05 L	LEV2 F	100 Free 2023/11/24 CTA A & B CHAMPS 2023
2:31,61 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
2:36,91 L S	LEV2 F	200 Free 2023/11/24 CTA A & B CHAMPS 2023
5:13,97 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
5:31,13 L	F	400 Free 2023/09/16 CTA A MEET 3
36,55 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
37,13 S	LEV2 F	50 Back 2023/05/27 CTA QUALIFYING MEET 1
1:16,64 S	LEV3 F	100 Back 2023/07/13 WCA SC Championships 2023
1:17,87 L	LEV3 F	100 Back 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
2:42,12 S	LEV3 P	200 Back 2023/07/13 WCA SC Championships 2023
2:47,38 L	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
41,29 L	LEV2 F	50 Breast 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
43,01 S	LEV2 F	50 Breast 2023/05/27 CTA QUALIFYING MEET 1
1:31,25 L	LEV3 P	100 Breast 2023/12/14 Western Cape LC-A Championship 2023
3:14,70 L	LEV3 F	200 Breast 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
35,05 L	LEV2 F	50 Fly 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
1:21,32 L	LEV2 F	100 Fly 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:23,87 S	LEV2 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:51,51 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
2:52,08 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
6:05,19 L	F	400 IM 2023/12/14 Western Cape LC-A Championship 2023
De Villiers, Anja (13) W (Yr: AR)		
29,82 L	LEV2 F	50 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
30,60 S S	LEV2 F	50 Free 2023/09/23 CTA Invitational SC Meet
1:05,32 L	SANJ P	100 Free 2024/04/19 SA Schools Swimming Championship 2024
1:07,77 S	LEV3 P	100 Free 2023/07/13 WCA SC Championships 2023
2:22,27 L	SANJ P	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:30,58 S	LEV3 P	200 Free 2023/07/13 WCA SC Championships 2023
4:58,52 L	SANJ F	400 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
5:04,07 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
10:35,87 L	SANJ F	800 Free 2023/12/14 Western Cape LC-A Championship 2023
34,72 L	LEV2 F	50 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
35,20 S L	LEV2 F	50 Back 2023/07/13 WCA SC Championships 2023

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Time	P/F/S	Event
De Villiers, Anja (13) W (Yr: AR)		
1:14,57 L	SANJ P	100 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:15,39 S	LEV3 F	100 Back 2023/07/13 WCA SC Championships 2023
2:38,83 L S	SANJ P	200 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:42,88 S	LEV3 F	200 Back 2023/07/13 WCA SC Championships 2023
44,29 L	LEV2 F	50 Breast 2024/02/17 Swartland Invitaional Gala 2024
1:33,13 L	LEV3 F	100 Breast 2024/02/17 Swartland Invitaional Gala 2024
3:22,26 S	LEV2 F	200 Breast 2023/08/26 CTA A MEET 2
3:23,87 L	LEV2 F	200 Breast 2024/02/17 Swartland Invitaional Gala 2024
35,36 L S	LEV2 F	50 Fly 2023/10/05 42nd Freda Barnard Invitational Gala
37,07 S	LEV2 F	50 Fly 2023/08/26 CTA A MEET 2
1:20,72 L	LEV3 F	100 Fly 2023/11/18 CTA QUALIFYING MEET 2
1:25,28 S	LEV2 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:48,13 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
2:50,68 S S	LEV3 F	200 IM 2023/09/23 CTA Invitational SC Meet
6:00,81 L	F	400 IM 2023/11/11 Swartland Prestige Gala 2023
De Villiers, Nikola (8) W (Yr: AR)		
26,17 S	F	25 Free 2024/01/27 CTA Level 0 Champs
51,31 S	F	50 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:00,71 L S	F	50 Free 2023/10/05 42nd Freda Barnard Invitational Gala
2:10,86 L	F	100 Free 2023/10/05 42nd Freda Barnard Invitational Gala
28,62 S	F	25 Back 2024/01/27 CTA Level 0 Champs
1:02,77 L	F	50 Back 2024/02/17 Swartland Invitaional Gala 2024
1:05,67 S	F	50 Back 2023/08/05 CTA CLUB MEET 4 - GSA
2:00,32 S	F	100 Back 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
2:17,37 L	F	100 Back 2024/02/17 Swartland Invitaional Gala 2024
42,22 S	F	25 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:13,06 L	F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
1:15,35 S	F	50 Breast 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
2:23,63 S	F	100 Breast 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
2:33,49 L	F	100 Breast 2024/02/17 Swartland Invitaional Gala 2024
28,57 S	F	25 Fly 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
2:09,37 S	F	100 IM 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
Diedricks, Joshua (11) M (Yr: AR)		
38,81 S S	F	50 Free 2023/09/23 CTA Invitational SC Meet
1:31,12 L	F	100 Free 2023/11/18 CTA QUALIFYING MEET 2
1:39,30 L	LEV2 F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
1:59,43 L	LEV2 F	100 Breast 2023/11/18 CTA QUALIFYING MEET 2
1:00,04 L	F	50 Fly 2023/11/18 CTA QUALIFYING MEET 2
1:01,95 S S	F	50 Fly 2023/09/23 CTA Invitational SC Meet
Dockerill, Max (12) M (Yr: AR)		
33,84 S	LEV2 F	50 Free 2023/09/09 West Coast Spring Gala 2023
35,62 L S	P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
1:21,65 S S	F	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
3:02,40 S	LEV2 F	200 Free 2023/06/16 CTA INVITATIONAL SC MEET
41,59 S	LEV2 F	50 Back 2023/09/09 West Coast Spring Gala 2023
1:32,40 S	LEV2 F	100 Back 2023/09/09 West Coast Spring Gala 2023
49,19 S S	F	50 Breast 2023/06/16 CTA INVITATIONAL SC MEET
39,46 S	LEV2 F	50 Fly 2023/09/09 West Coast Spring Gala 2023
40,18 L	LEV2 P	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
1:35,62 S	LEV2 F	100 Fly 2023/09/09 West Coast Spring Gala 2023
3:20,44 S	LEV2 F	200 IM 2023/09/09 West Coast Spring Gala 2023
Du Randt, Ashley (10) W (Yr: AR)		
40,29 L	P	50 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
43,73 S	F	50 Free 2024/01/26 Winelands JL final
1:29,01 L	LEV2 P	100 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:38,45 S	F	100 Free 2024/01/26 Winelands JL final
3:16,66 L	LEV2 P	200 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
47,53 L	LEV2 P	50 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
50,44 S	F	50 Back 2024/01/26 Winelands JL final
1:45,90 L	LEV2 P	100 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA

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Time	P/F/S	Event			
Du Randt, Ashley (10) W (Yr: AR)					
1:01,66	S F	50 Breast	2024/01/26	Winelands JL final	
2:22,43	L F	100 Breast	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
52,76	L LEV2 P	50 Fly	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
59,61	S F	50 Fly	2024/01/26	Winelands JL final	
3:47,96	L LEV2 P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
Du Randt, Zack (12) M (Yr: AR)					
33,35	L LEV2 F	50 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
34,87	S F	50 Free	2024/01/26	Winelands JL final	
1:14,78	L LEV2 F	100 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:20,87	S F	100 Free	2024/01/26	Winelands JL final	
2:46,37	L LEV3 P	200 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
41,32	L LEV2 F	50 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
41,58	S LEV2 F	50 Back	2024/01/26	Winelands JL final	
1:31,80	L LEV2 F	100 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
3:14,94	L LEV2 P	200 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
49,68	S F	50 Breast	2024/01/26	Winelands JL final	
50,19	L P	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
47,38	S F	50 Fly	2024/01/26	Winelands JL final	
49,71	L F	50 Fly	2024/02/17	Swartland Invitaional Gala 2024	
3:23,75	L P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
Engelbrecht, Louw (13) M (Yr: AR)					
32,93	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
33,70	S F	50 Free	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
1:19,90	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
3:17,47	L F	200 Free	2023/11/18	CTA QUALIFYING MEET 2	
39,78	S LEV2 F	50 Back	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
40,26	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:32,94	L F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
49,63	L F	50 Breast	2023/11/18	CTA QUALIFYING MEET 2	
1:53,07	L S F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023	
1:54,62	S F	100 Breast	2023/08/26	CTA B MEET 2	
41,24	S F	50 Fly	2023/08/26	CTA B MEET 2	
45,30	L F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023	
1:35,29	S F	100 IM	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
3:47,79	L F	200 IM	2023/11/18	CTA QUALIFYING MEET 2	
Esterhuysen, Joshua (16) M (Yr: AR)					
23,21	S L F	25 Free	2023/07/13	WCA SC Championships 2023	
23,01	L S LEV2 F	50 Free	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
23,57	S LEV2 F	50 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
51,78	L SANJ P	100 Free	2024/04/08	SA National Aquatic Champ 2024-PE	
52,34	S SANJ P	100 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:52,93	S SANJ F	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:55,79	L SANJ F	200 Free	2023/12/06	15th African Junior Championships 2023	
4:21,46	L SANJ F	400 Free	2024/01/20	CTA A MEET 4	
28,04	L LEV2 F	50 Back	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
28,26	S LEV2 F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
57,47	S SANJ F	100 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:00,85	L SANJ F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
32,29	L LEV2 F	50 Breast	2024/01/20	CTA A MEET 4	
25,10	L LEV2 P	50 Fly	2024/04/08	SA National Aquatic Champ 2024-PE	
25,47	S LEV2 F	50 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
55,64	L S SANJ F	100 Fly	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
58,10	S SANJ P	100 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:10,95	S SANJ F	200 Fly	2023/07/13	WCA SC Championships 2023	
2:10,84	S SANJ F	200 IM	2023/07/13	WCA SC Championships 2023	
2:14,54	L SANJ F	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
Evans, Caitlin (13) W (Yr: AR)					
29,71	L LEV2 F	50 Free	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
30,63	S LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023	
1:02,88	L SANJ F	100 Free	2023/12/14	Western Cape LC-A Championship 2023	

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Time	P/F/S	Event
Evans, Caitlin (13) W (Yr: AR)		
1:05,02 S	LEV3 P	100 Free 2023/07/13 WCA SC Championships 2023
2:15,41 L	SANJ F	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:18,00 S	SANJ P	200 Free 2023/07/13 WCA SC Championships 2023
4:38,66 L	SANJ F	400 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
4:49,96 S	SANJ F	400 Free 2023/07/13 WCA SC Championships 2023
9:51,41 S S	SANJ F	800 Free 2023/07/13 WCA SC Championships 2023
9:56,29 L	SANJ F	800 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
18:18,18 S	SANJ F	1500 Free 2023/08/26 CTA A MEET 2
18:42,73 L	SANJ F	1500 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
39:37,26 L	O	3000 Free 2024/03/08 SA National OWS Championship 2023-PE
1:10:13,11 L	O	5000 Free 2024/03/08 SA National OWS Championship 2023-PE
34,33 L	LEV2 F	50 Back 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
36,96 S	LEV2 F	50 Back 2023/05/27 CTA QUALIFYING MEET 1
1:12,04 L	SANJ F	100 Back 2023/12/14 Western Cape LC-A Championship 2023
1:12,33 S	SANJ P	100 Back 2023/07/13 WCA SC Championships 2023
2:31,59 S	SANJ P	200 Back 2023/07/13 WCA SC Championships 2023
2:33,27 L S	SANJ F	200 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
36,44 S	LEV2 F	50 Breast 2023/09/23 CTA Invitational SC Meet
36,68 L	LEV2 F	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:17,16 S	SANJ F	100 Breast 2023/09/23 CTA Invitational SC Meet
1:17,83 L	SANJ F	100 Breast 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:44,21 S	SANJ F	200 Breast 2023/09/23 CTA Invitational SC Meet
2:46,19 L S	SANJ F	200 Breast 2024/03/15 SA National Junior Age Group Champs-KZN 2024
33,44 L S	LEV2 F	50 Fly 2023/10/05 42nd Freda Barnard Invitational Gala
1:10,83 L S	SANJ F	100 Fly 2023/12/14 Western Cape LC-A Championship 2023
1:13,52 S	SANJ P	100 Fly 2023/07/13 WCA SC Championships 2023
2:36,08 L	SANJ F	200 Fly 2023/12/14 Western Cape LC-A Championship 2023
1:11,10 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:28,20 L	SANJ F	200 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:29,61 S S	SANJ F	200 IM 2023/09/23 CTA Invitational SC Meet
5:14,00 S	SANJ F	400 IM 2023/09/23 CTA Invitational SC Meet
5:14,56 L	SANJ F	400 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
Fouche, Kayla (8) W (Yr: AR)		
46,54 S	F	50 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
51,44 L S	F	50 Free 2023/10/05 42nd Freda Barnard Invitational Gala
1:47,88 S	F	100 Free 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
1:55,86 L	F	100 Free 2024/02/17 Swartland Invitational Gala 2024
53,67 S	F	50 Back 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
1:00,75 L S	F	50 Back 2023/10/05 42nd Freda Barnard Invitational Gala
1:04,86 S	F	50 Breast 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
1:05,51 L	F	50 Breast 2024/02/17 Swartland Invitational Gala 2024
2:14,39 S	F	100 Breast 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
2:25,74 L S	F	100 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
Glover, Erin (16) W (Yr: AR)		
30,32 S	LEV2 P	50 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
31,28 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
1:04,62 S	LEV3 P	100 Free 2023/07/13 WCA SC Championships 2023
1:06,74 L	LEV3 P	100 Free 2023/12/14 Western Cape LC-A Championship 2023
2:16,52 S	LEV3 P	200 Free 2023/07/13 WCA SC Championships 2023
2:21,77 L S	LEV3 F	200 Free 2023/11/24 CTA A & B CHAMPS 2023
4:49,49 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
5:02,21 L	LEV3 F	400 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
9:45,77 S	SANJ F	800 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
10:16,25 L	SANJ F	800 Free 2023/12/14 Western Cape LC-A Championship 2023
18:54,93 S	SANJ F	1500 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
19:52,38 L	F	1500 Free 2023/06/24 PEA Winter Gala 2023
52:19,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
36,08 L	LEV2 P	50 Back 2023/06/24 PEA Winter Gala 2023
1:12,17 S	LEV3 P	100 Back 2023/07/13 WCA SC Championships 2023
1:14,00 L	LEV3 P	100 Back 2023/12/14 Western Cape LC-A Championship 2023

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Time	P/F/S	Event
Glover, Erin (16) W (Yr: AR)		
2:38,51 S	LEV3 F	200 Back 2023/06/16 CTA INVITATIONAL SC MEET
2:43,44 L	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
42,30 L	LEV2 F	50 Breast 2023/11/11 Winelands SL4
1:30,34 S	LEV2 F	100 Breast 2023/05/27 CTA QUALIFYING MEET 1
1:32,95 L S	LEV2 F	100 Breast 2023/11/24 CTA A & B CHAMPS 2023
3:13,78 L	LEV3 F	200 Breast 2023/06/24 PEA Winter Gala 2023
34,21 L	LEV2 P	50 Fly 2023/06/24 PEA Winter Gala 2023
1:20,39 S S	LEV2 P	100 Fly 2023/06/16 CTA INVITATIONAL SC MEET
1:15,16 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:37,45 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
2:45,78 L	LEV3 F	200 IM 2023/06/24 PEA Winter Gala 2023
5:53,46 L	F	400 IM 2023/06/24 PEA Winter Gala 2023
Goebel, Zoë (15) W (Yr: AR)		
29,69 S L	LEV2 F	50 Free 2023/07/13 WCA SC Championships 2023
30,31 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
1:04,88 S	LEV3 P	100 Free 2023/07/13 WCA SC Championships 2023
1:06,39 L	LEV3 P	100 Free 2023/12/14 Western Cape LC-A Championship 2023
32,99 S L	LEV2 F	50 Back 2023/07/13 WCA SC Championships 2023
34,39 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
1:15,02 S	LEV3 P	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:15,06 L	LEV3 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
2:42,89 L S	LEV3 F	200 Back 2023/11/24 CTA A & B CHAMPS 2023
2:42,98 S	LEV3 P	200 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
40,31 L	LEV2 F	50 Breast 2023/11/11 Swartland Prestige Gala 2023
1:12,60 S	F	100 IM 2023/07/13 WCA SC Championships 2023
2:47,07 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
2:48,73 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
Harbron, Johan (10) M (Yr: AR)		
45,69 S	F	50 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
54,78 S	F	50 Back 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
36,00 S	F	25 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
27,00 S	F	25 Fly 2024/01/27 CTA Level 0 Champs
Havenga, Mieka (13) W (Yr: AR)		
41,78 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
51,60 S	F	50 Back 2023/07/08 CTA CLUB MEET 3 - Fairmont
56,17 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:54,08 S	F	100 IM 2023/10/07 CTA CLUB MEET 6 - CURRO DV
Hendricks, Cara (8) W (Yr: AR)		
26,28 S	F	25 Free 2023/08/05 CTA CLUB MEET 4 - GSA
58,43 S S	F	50 Free 2023/09/23 CTA Invitational SC Meet
35,34 S	F	25 Back 2023/08/05 CTA CLUB MEET 4 - GSA
1:04,42 S	F	50 Back 2023/09/23 CTA Invitational SC Meet
40,56 S	F	25 Breast 2023/08/05 CTA CLUB MEET 4 - GSA
31,23 S	F	25 Fly 2023/08/05 CTA CLUB MEET 4 - GSA
Hendricks, Hanaan (11) W (Yr: AR)		
48,01 L	F	50 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
49,14 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:52,32 S S	F	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
3:49,84 L S	F	200 Free 2023/11/24 CTA A & B CHAMPS 2023
3:59,39 S	F	200 Free 2023/07/23 CTA B MEET 1
59,33 L	F	50 Back 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
1:05,26 S	F	50 Back 2023/07/08 CTA CLUB MEET 3 - Fairmont
4:37,19 L	F	200 Back 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
1:00,12 S	F	50 Breast 2023/07/23 CTA B MEET 1
2:02,29 L S	F	100 Breast 2023/11/24 CTA A & B CHAMPS 2023
2:08,45 S S	F	100 Breast 2023/06/16 CTA INVITATIONAL SC MEET
4:17,02 L	LEV2 F	200 Breast 2023/11/18 CTA QUALIFYING MEET 2
59,36 S	F	50 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
2:06,20 S	F	100 IM 2023/07/08 CTA CLUB MEET 3 - Fairmont
4:18,15 L	F	200 IM 2023/11/18 CTA QUALIFYING MEET 2

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Time	P/F/S	Event
Hendricks, Jada (11) W (Yr: AR)		
36,68 L	LEV2 P	50 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
36,77 S	LEV2 P	50 Free 2023/07/13 WCA SC Championships 2023
1:22,30 L	LEV2 P	100 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:27,10 S S	F	100 Free 2023/09/23 CTA Invitational SC Meet
3:00,90 L	LEV2 P	200 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:09,52 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
6:41,57 L	F	400 Free 2024/02/10 WCA-B Champs - 2024
42,27 S	LEV2 F	50 Back 2023/09/23 CTA Invitational SC Meet
44,47 L	LEV2 P	50 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:35,87 S	LEV2 P	100 Back 2023/07/13 WCA SC Championships 2023
1:40,93 L	LEV2 F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
3:26,42 S S	LEV2 F	200 Back 2023/09/23 CTA Invitational SC Meet
3:32,97 L	LEV2 P	200 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
50,50 L	LEV2 P	50 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
55,05 S S	F	50 Breast 2023/06/16 CTA INVITATIONAL SC MEET
1:47,87 L	LEV2 P	100 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:49,57 S	LEV2 F	100 Breast 2023/08/26 CTA B MEET 2
3:50,88 L	LEV2 F	200 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:50,99 S	LEV2 F	200 Breast 2023/08/26 CTA B MEET 2
43,77 S S	LEV2 F	50 Fly 2023/09/23 CTA Invitational SC Meet
44,93 L	LEV2 P	50 Fly 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:38,10 S	P	100 IM 2023/07/13 WCA SC Championships 2023
3:22,07 S	LEV2 F	200 IM 2023/08/26 CTA B MEET 2
3:22,42 L	LEV2 P	200 IM 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
Hendricks, Jorja-Lee (9) W (Yr: AR)		
47,07 S	F	50 Free 2023/11/04 CTA CLUB MEET 7 - UWC
48,23 L	F	50 Free 2023/09/17 CTA B MEET 3
1:48,87 L	F	100 Free 2023/10/05 42nd Freda Barnard Invitational Gala
57,56 L	F	50 Back 2024/01/21 CTA BMEET 4
58,25 S	F	50 Back 2023/08/05 CTA CLUB MEET 4 - GSA
32,82 S	F	25 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:04,65 S	F	50 Breast 2023/11/04 CTA CLUB MEET 7 - UWC
1:05,73 L	F	50 Breast 2023/09/17 CTA B MEET 3
28,28 S	F	25 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
2:07,13 S	F	100 IM 2024/01/27 CTA Level 0 Champs
Hendricks, Zareer (10) M (Yr: AR)		
1:05,08 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:12,89 S	F	50 Back 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:05,40 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
34,47 S	F	25 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
2:29,11 S	F	100 IM 2023/07/08 CTA CLUB MEET 3 - Fairmont
Hendricks, Zeeana (10) W (Yr: AR)		
1:01,73 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:20,20 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
34,51 S	F	25 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
2:39,92 S	F	100 IM 2023/07/08 CTA CLUB MEET 3 - Fairmont
Heunis, Le Roux (12) M (Yr: AR)		
34,76 L	LEV2 F	50 Free 2023/11/18 CTA QUALIFYING MEET 2
1:19,43 L	P	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:21,87 S S	F	100 Free 2023/09/23 CTA Invitational SC Meet
2:53,20 L	LEV2 P	200 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:56,62 S	LEV2 F	200 Free 2023/09/23 CTA Invitational SC Meet
6:06,43 L	LEV3 F	400 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
40,05 L S	LEV2 F	50 Back 2023/11/24 CTA A & B CHAMPS 2023
42,05 S	LEV2 F	50 Back 2023/06/16 CTA INVITATIONAL SC MEET
1:20,99 L	LEV3 F	100 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:27,48 S	LEV2 F	100 Back 2023/09/23 CTA Invitational SC Meet
2:58,72 L	LEV3 F	200 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
3:04,25 S S	LEV2 F	200 Back 2023/09/23 CTA Invitational SC Meet
45,10 L	LEV2 P	50 Breast 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC

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Time	P/F/S	Event			
Heunis, Le Roux (12) M (Yr: AR)					
50,22	S S F	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:51,12	L F	100 Breast	2023/09/16	CTA A MEET 3	
42,18	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
3:05,16	L LEV2 P	200 IM	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
Kanyik, Vincent (13) M (Yr: AR)					
32,88	S F	50 Free	2024/04/27	WCA Inter-district Lev1 Team Champs 2024	
37,78	L F	50 Free	2023/09/17	CTA B MEET 3	
1:18,69	S F	100 Free	2024/04/27	WCA Inter-district Lev1 Team Champs 2024	
1:26,83	L F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
3:46,34	L F	200 Free	2023/09/17	CTA B MEET 3	
44,47	S F	50 Back	2023/06/03	CTA CLUB MEET 2	
46,10	L F	50 Back	2023/09/17	CTA B MEET 3	
1:43,35	S F	100 Back	2024/04/27	WCA Inter-district Lev1 Team Champs 2024	
2:04,95	L F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
27,00	S F	25 Breast	2023/06/03	CTA CLUB MEET 2	
41,97	S F	50 Fly	2024/04/27	WCA Inter-district Lev1 Team Champs 2024	
56,85	L F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
Kellerman, Jean Luc (11) M (Yr: AR)					
56,30	S F	50 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:07,95	S F	50 Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:06,19	S F	50 Breast	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
35,37	S F	25 Fly	2023/09/02	CTA CLUB MEET 5 - FAIRMONT	
Kinnear, Connor (15) M (Yr: AR)					
27,60	S S LEV2 F	50 Free	2023/06/16	CTA INVITATIONAL SC MEET	
27,86	L S LEV2 F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:00,12	S LEV2 P	100 Free	2023/07/13	WCA SC Championships 2023	
1:00,78	L LEV2 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:10,15	S LEV2 P	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:13,66	L LEV2 P	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
4:34,11	S LEV3 P	400 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
4:40,79	L LEV3 F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
32,78	S LEV2 F	50 Back	2023/09/23	CTA Invitational SC Meet	
1:09,34	S LEV2 P	100 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:10,70	L LEV2 F	100 Back	2024/01/20	CTA A MEET 4	
2:26,34	S LEV3 P	200 Back	2023/07/13	WCA SC Championships 2023	
2:26,90	L S LEV3 P	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
33,74	L LEV2 P	50 Breast	2023/12/14	Western Cape LC-A Championship 2023	
34,63	S LEV2 P	50 Breast	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:15,36	S LEV2 P	100 Breast	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:16,07	L LEV2 F	100 Breast	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
2:43,53	S LEV3 F	200 Breast	2023/09/23	CTA Invitational SC Meet	
2:48,98	L LEV3 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
29,50	L LEV2 F	50 Fly	2023/11/11	Winelands SL4	
1:06,64	S LEV2 P	100 Fly	2023/07/13	WCA SC Championships 2023	
1:06,72	L LEV2 F	100 Fly	2024/02/17	Swartland Invitaional Gala 2024	
1:08,52	S P	100 IM	2023/07/13	WCA SC Championships 2023	
2:23,65	L LEV3 P	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
2:23,74	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023	
Kotze, Abigail (14) W (Yr: AR)					
26,53	S LEV2 F	50 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
26,59	L LEV2 F	50 Free	2023/12/06	15th African Junior Championships 2023	
57,86	S SANJ F	100 Free	2023/07/13	WCA SC Championships 2023	
58,85	L SANJ F	100 Free	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
2:09,16	L SANJ F	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:09,57	S SANJ P	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
4:34,64	L SANJ F	400 Free	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
4:39,25	S SANJ F	400 Free	2023/07/13	WCA SC Championships 2023	
9:51,29	L SANJ F	800 Free	2023/09/16	CTA A MEET 3	
30,68	S LEV2 F	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	
31,36	L LEV2 F	50 Back	2024/03/15	SA National Junior Age Group Champs-KZN 2024	

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Time	P/F/S	Event				
Kotze, Abigail (14) W (Yr: AR)						
1:05,68	S SANJ F	100 Back	2023/06/16	CTA INVITATIONAL SC MEET		
1:08,45	L SANJ F	100 Back	2023/12/14	Western Cape LC-A Championship 2023		
2:25,92	L S SANJ P	200 Back	2024/03/15	SA National Junior Age Group Champs-KZN 2024		
2:27,12	S SANJ P	200 Back	2023/07/13	WCA SC Championships 2023		
39,70	L LEV2 F	50 Breast	2024/01/20	CTA A MEET 4		
1:30,95	L LEV3 F	100 Breast	2024/01/20	CTA A MEET 4		
27,83	L LEV2 F	50 Fly	2023/12/06	15th African Junior Championships 2023		
27,84	S S LEV2 F	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET		
1:01,25	S SANJ F	100 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023		
1:01,78	L S SANJ F	100 Fly	2023/12/14	Western Cape LC-A Championship 2023		
2:20,26	L SANJ F	200 Fly	2024/03/15	SA National Junior Age Group Champs-KZN 2024		
2:22,21	S SANJ F	200 Fly	2023/08/12	Winelands SL 1		
1:09,41	S F	100 IM	2023/07/13	WCA SC Championships 2023		
2:26,87	L SANJ F	200 IM	2023/12/14	Western Cape LC-A Championship 2023		
2:35,03	S SANJ P	200 IM	2023/07/13	WCA SC Championships 2023		
Lazarus, Kyle (13) M (Yr: AR)						
34,64	S F	50 Free	2023/08/26	CTA A MEET 2		
1:17,23	S S F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET		
1:25,71	L F	100 Free	2024/01/21	CTA BMEET 4		
2:50,43	S P	200 Free	2023/07/13	WCA SC Championships 2023		
1:22,90	S LEV2 P	100 Back	2023/07/13	WCA SC Championships 2023		
1:33,17	L F	100 Back	2024/01/21	CTA BMEET 4		
2:59,65	S LEV2 P	200 Back	2023/07/13	WCA SC Championships 2023		
3:09,62	L LEV2 F	200 Back	2024/02/10	WCA-B Champs - 2024		
1:41,81	S S F	100 Breast	2023/06/16	CTA INVITATIONAL SC MEET		
1:49,89	L F	100 Breast	2024/02/10	WCA-B Champs - 2024		
37,60	S LEV2 F	50 Fly	2023/05/27	CTA QUALIFYING MEET 1		
37,93	L LEV2 F	50 Fly	2024/02/10	WCA-B Champs - 2024		
1:27,24	S LEV2 F	100 Fly	2023/08/26	CTA A MEET 2		
1:26,89	S P	100 IM	2023/07/13	WCA SC Championships 2023		
3:03,44	S F	200 IM	2023/08/26	CTA A MEET 2		
3:17,28	L F	200 IM	2024/01/21	CTA BMEET 4		
Liebenberg, Matthew (11) M (Yr: AR)						
42,51	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023		
45,02	S F	50 Free	2023/08/26	CTA B MEET 2		
1:30,15	L P	100 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
1:43,88	S S F	100 Free	2023/09/23	CTA Invitational SC Meet		
3:21,35	L LEV2 P	200 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
46,89	L LEV2 P	50 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
54,07	S F	50 Back	2023/09/23	CTA Invitational SC Meet		
1:42,45	L LEV2 P	100 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
1:50,00	S F	100 Back	2023/09/23	CTA Invitational SC Meet		
55,73	L P	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
57,69	S S F	50 Breast	2023/09/23	CTA Invitational SC Meet		
2:01,35	L LEV2 P	100 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
2:14,91	S F	100 Breast	2023/08/26	CTA B MEET 2		
3:58,01	L P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
4:10,36	S F	200 IM	2023/08/26	CTA B MEET 2		
Liebenberg, Leah (9) W (Yr: AR)						
43,29	L F	50 Free	2024/01/21	CTA BMEET 4		
44,15	S F	50 Free	2023/08/26	CTA B MEET 2		
1:38,63	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023		
1:41,17	S S F	100 Free	2023/09/23	CTA Invitational SC Meet		
3:34,42	L LEV2 F	200 Free	2023/11/18	CTA QUALIFYING MEET 2		
47,41	L LEV2 P	50 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
47,98	S LEV2 F	50 Back	2023/09/23	CTA Invitational SC Meet		
1:46,11	L LEV2 P	100 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		
1:52,80	S F	100 Back	2023/09/23	CTA Invitational SC Meet		
4:02,35	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2		
58,18	L P	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA		

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Time	P/F/S	Event			
Liebenberg, Leah (9) W (Yr: AR)					
1:02,65	S S F	50 Breast	2023/09/23	CTA Invitational SC Meet	
49,45	L LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023	
50,15	S LEV2 F	50 Fly	2023/08/26	CTA B MEET 2	
4:05,53	L P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
Li, Jinxuan (10) W (Yr: AR)					
47,85	S S F	50 Free	2023/09/23	CTA Invitational SC Meet	
53,21	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:58,18	S F	100 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
2:08,41	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
52,97	S F	50 Back	2024/04/27	WCA Inter-district Lev1 Team Champs 2024	
55,12	L S F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
2:03,03	L F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
2:03,77	S F	100 Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:03,70	S F	50 Breast	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:09,02	L F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023	
2:18,91	S F	100 Breast	2024/04/27	WCA Inter-district Lev1 Team Champs 2024	
2:23,32	L S F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023	
32,10	S F	25 Fly	2023/06/03	CTA CLUB MEET 2	
59,39	S F	50 Fly	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
Lilley, Kenna (11) W (Yr: AR)					
1:32,46	L P	100 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:38,94	S F	100 Free	2023/05/27	CTA QUALIFYING MEET 1	
3:22,65	L P	200 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
44,88	L LEV2 P	50 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
47,72	S F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
1:40,94	L LEV2 P	100 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
53,76	L P	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:52,96	L LEV2 P	100 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
2:05,11	S F	100 Breast	2023/05/27	CTA QUALIFYING MEET 1	
3:38,24	L LEV2 P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
Loots, Emmelize (14) W (Yr: AR)					
35,30	L P	50 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:16,94	L P	100 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:19,82	S F	100 Free	2023/07/23	CTA B MEET 1	
2:52,75	L P	200 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
2:53,05	S P	200 Free	2023/07/13	WCA SC Championships 2023	
6:05,25	S F	400 Free	2023/09/23	CTA Invitational SC Meet	
6:18,87	L F	400 Free	2024/02/10	WCA-B Champs - 2024	
1:37,05	L F	100 Back	2023/10/05	42nd Freda Barnard Invitational Gala	
44,34	L LEV2 F	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
47,11	S F	50 Breast	2023/07/23	CTA B MEET 1	
1:43,11	L LEV2 P	100 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
3:32,51	L LEV2 F	200 Breast	2024/02/10	WCA-B Champs - 2024	
3:32,56	S LEV2 F	200 Breast	2023/07/13	WCA SC Championships 2023	
3:13,38	L P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
3:20,16	S F	200 IM	2023/07/23	CTA B MEET 1	
Loots, Tanya (10) W (Yr: AR)					
40,32	S F	50 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:39,87	S F	100 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:41,55	L F	100 Free	2023/10/05	42nd Freda Barnard Invitational Gala	
47,80	S LEV2 F	50 Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
56,52	S F	50 Breast	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:01,89	L F	50 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
2:04,22	S F	100 IM	2023/07/08	CTA CLUB MEET 3 - Fairmont	
Louw, Milea (10) W (Yr: AR)					
44,80	S F	50 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:38,23	S F	100 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:47,16	L F	100 Free	2023/09/17	CTA B MEET 3	
48,60	S LEV2 F	50 Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
54,64	L F	50 Back	2023/09/17	CTA B MEET 3	

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Time	P/F/S	Event				
Louw, Milea (10) W (Yr: AR)						
1:48,06	S LEV2	F	100	Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
1:54,72	L	F	100	Back	2023/11/24	CTA A & B CHAMPS 2023
1:03,18	S	F	50	Breast	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
1:09,48	L	F	50	Breast	2023/09/17	CTA B MEET 3
28,71	S	F	25	Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont
2:03,83	S	F	100	IM	2023/11/04	CTA CLUB MEET 7 - UWC
Louw, Stefanus (10) M (Yr: AR)						
41,68	S S	F	50	Free	2023/09/23	CTA Invitational SC Meet
42,91	L	F	50	Free	2023/09/17	CTA B MEET 3
1:37,91	L	F	100	Free	2023/09/17	CTA B MEET 3
1:40,42	S S	F	100	Free	2023/09/23	CTA Invitational SC Meet
48,80	L	F	50	Back	2023/09/17	CTA B MEET 3
49,36	S	F	50	Back	2023/09/23	CTA Invitational SC Meet
1:53,68	S	F	100	Back	2023/09/23	CTA Invitational SC Meet
1:01,94	L	F	50	Breast	2023/09/17	CTA B MEET 3
1:03,79	S S	F	50	Breast	2023/09/23	CTA Invitational SC Meet
25,09	S	F	25	Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont
Louw, Yvette (12) W (Yr: AR)						
36,13	L	F	50	Free	2023/11/18	CTA QUALIFYING MEET 2
37,58	S S	F	50	Free	2023/09/23	CTA Invitational SC Meet
1:24,16	L	F	100	Free	2023/11/18	CTA QUALIFYING MEET 2
1:26,96	S S	F	100	Free	2023/06/16	CTA INVITATIONAL SC MEET
3:14,74	L	F	200	Free	2024/01/21	CTA BMEET 4
3:15,06	S	F	200	Free	2023/07/23	CTA B MEET 1
42,20	S LEV2	F	50	Back	2023/06/16	CTA INVITATIONAL SC MEET
46,11	L	F	50	Back	2023/09/17	CTA B MEET 3
1:32,78	L LEV2	F	100	Back	2023/11/18	CTA QUALIFYING MEET 2
1:35,65	S	F	100	Back	2023/06/16	CTA INVITATIONAL SC MEET
3:36,43	L LEV2	F	200	Back	2023/11/18	CTA QUALIFYING MEET 2
48,41	L	F	50	Breast	2024/01/21	CTA BMEET 4
48,86	S S	F	50	Breast	2023/06/16	CTA INVITATIONAL SC MEET
1:53,00	L	F	100	Breast	2023/11/18	CTA QUALIFYING MEET 2
1:53,45	S S	F	100	Breast	2023/06/16	CTA INVITATIONAL SC MEET
4:08,31	S	F	200	Breast	2023/06/16	CTA INVITATIONAL SC MEET
45,31	S S	F	50	Fly	2023/09/23	CTA Invitational SC Meet
3:41,91	L	F	200	IM	2023/11/18	CTA QUALIFYING MEET 2
Makinza, Melokuhle (12) W (Yr: AR)						
43,15	S	F	50	Free	2023/11/04	CTA CLUB MEET 7 - UWC
1:36,99	L	F	100	Free	2023/11/18	CTA QUALIFYING MEET 2
55,44	S	F	50	Back	2023/08/05	CTA CLUB MEET 4 - GSA
1:51,08	L	F	100	Back	2023/11/18	CTA QUALIFYING MEET 2
3:29,34	S LEV2	F	200	Back	2023/08/26	CTA B MEET 2
1:01,34	S	F	50	Breast	2023/08/05	CTA CLUB MEET 4 - GSA
1:03,79	L	F	50	Breast	2023/11/24	CTA A & B CHAMPS 2023
2:23,35	L	F	100	Breast	2023/11/18	CTA QUALIFYING MEET 2
26,19	S	F	25	Fly	2023/08/05	CTA CLUB MEET 4 - GSA
50,97	L	F	50	Fly	2023/11/24	CTA A & B CHAMPS 2023
54,18	S	F	50	Fly	2023/11/04	CTA CLUB MEET 7 - UWC
1:58,58	S	F	100	IM	2023/11/04	CTA CLUB MEET 7 - UWC
4:11,00	L	F	200	IM	2023/11/24	CTA A & B CHAMPS 2023
4:18,74	S	F	200	IM	2023/08/26	CTA B MEET 2
McWilliam, Benn (18) M (Yr: AR)						
2:11:59,98	L	O	11	Free	2024/03/08	SA National OWS Championship 2023-PE
25,95	S LEV2	P	50	Free	2023/07/13	WCA SC Championships 2023
55,92	S LEV3	P	100	Free	2023/07/13	WCA SC Championships 2023
57,27	L LEV3	P	100	Free	2024/04/08	SA National Aquatic Champ 2024-PE
2:01,92	S LEV3	P	200	Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
2:02,41	L SANJ	F	200	Free	2023/12/14	Western Cape LC-A Championship 2023
4:16,13	S SANJ	F	400	Free	2023/07/13	WCA SC Championships 2023
4:16,92	L SANJ	F	400	Free	2023/12/14	Western Cape LC-A Championship 2023

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Time	P/F/S	Event
McWilliam, Benn (18) M (Yr: AR)		
8:30,46 S	SANJ F	800 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
9:02,77 L S	SANJ F	800 Free 2023/12/14 Western Cape LC-A Championship 2023
16:12,09 S	SANJ F	1500 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
17:16,00 L	SANJ O	1500 Free 2023/12/08 2023 SA OWS Champ Trials -PE
1:01:25,00 L	O	5000 Free 2023/12/08 2023 SA OWS Champ Trials -PE
1:04,24 L	LEV3 F	100 Back 2024/01/20 CTA A MEET 4
2:16,40 S	LEV3 P	200 Back 2023/07/13 WCA SC Championships 2023
32,08 L	LEV2 F	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
32,17 S	LEV2 P	50 Breast 2023/06/16 CTA INVITATIONAL SC MEET
1:10,92 S	LEV3 P	100 Breast 2023/06/16 CTA INVITATIONAL SC MEET
1:14,21 L	LEV3 F	100 Breast 2024/01/20 CTA A MEET 4
2:33,84 S	LEV3 F	200 Breast 2023/06/16 CTA INVITATIONAL SC MEET
28,19 L	LEV2 F	50 Fly 2023/11/18 CTA QUALIFYING MEET 2
1:01,45 S S	LEV3 F	100 Fly 2023/06/16 CTA INVITATIONAL SC MEET
1:02,11 L S	LEV3 P	100 Fly 2024/04/08 SA National Aquatic Champ 2024-PE
2:19,42 S	F	200 Fly 2023/07/13 WCA SC Championships 2023
2:20,57 L	P	200 Fly 2024/04/08 SA National Aquatic Champ 2024-PE
2:11,46 S	SANJ P	200 IM 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:14,89 L	SANJ F	200 IM 2024/04/19 SA Schools Swimming Championship 2024
4:35,18 S	SANJ F	400 IM 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:46,40 L	SANJ F	400 IM 2024/04/08 SA National Aquatic Champ 2024-PE
McWilliam, Troy (16) M (Yr: AR)		
27,30 L S	LEV2 P	50 Free 2024/04/08 SA National Aquatic Champ 2024-PE
28,51 S	P	50 Free 2023/07/13 WCA SC Championships 2023
59,33 L	LEV2 P	100 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
59,51 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
2:03,76 S	LEV3 P	200 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:07,32 L	LEV3 P	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
4:11,56 S	SANJ F	400 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:24,18 L	SANJ P	400 Free 2024/04/08 SA National Aquatic Champ 2024-PE
8:39,21 S S	SANJ F	800 Free 2023/07/13 WCA SC Championships 2023
8:57,71 L S	SANJ F	800 Free 2024/04/08 SA National Aquatic Champ 2024-PE
16:32,74 S	SANJ F	1500 Free 2023/07/13 WCA SC Championships 2023
16:59,13 L	SANJ F	1500 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:03:02,12 L	O	5000 Free 2024/03/08 SA National OWS Championship 2023-PE
1:36:24,39 L	O	7500 Free 2024/03/08 SA National OWS Championship 2023-PE
1:11,46 L	LEV2 F	100 Back 2024/01/20 CTA A MEET 4
2:22,01 S	LEV3 P	200 Back 2023/07/13 WCA SC Championships 2023
2:28,54 L S	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
34,71 L	LEV2 F	50 Breast 2024/01/20 CTA A MEET 4
1:15,11 S	LEV2 F	100 Breast 2023/07/13 WCA SC Championships 2023
1:17,57 L	LEV2 F	100 Breast 2024/01/20 CTA A MEET 4
2:39,94 S	LEV3 F	200 Breast 2023/07/13 WCA SC Championships 2023
2:45,84 L	LEV3 F	200 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:11,23 S	LEV2 P	100 Fly 2023/07/13 WCA SC Championships 2023
1:08,73 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:22,20 S	LEV3 P	200 IM 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:24,41 L S	LEV3 P	200 IM 2024/04/08 SA National Aquatic Champ 2024-PE
4:57,25 S	F	400 IM 2023/07/13 WCA SC Championships 2023
4:58,01 L	SANJ F	400 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
Minnaar, Nicolas (14) M (Yr: AR)		
29,80 L	LEV2 P	50 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
29,80 L	LEV2 F	50 Free 2024/02/10 WCA-B Champs - 2024
1:03,70 L	LEV2 P	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:19,24 L	LEV3 F	200 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
4:59,33 L	LEV3 F	400 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
57:25,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
1:21,48 L	LEV2 F	100 Back 2024/01/20 CTA A MEET 4
1:25,56 L	LEV3 F	100 Breast 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
3:07,56 L	LEV3 F	200 Breast 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC

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Time	P/F/S	Event			
Minnaar, Nicolas (14) M (Yr: AR)					
3:10,84	S LEV2 F	200 Breast	2023/05/27	CTA QUALIFYING MEET 1	
32,46	L LEV2 F	50 Fly	2024/02/10	WCA-B Champs - 2024	
36,04	S F	50 Fly	2023/05/27	CTA QUALIFYING MEET 1	
2:42,23	L LEV2 F	200 IM	2024/02/10	WCA-B Champs - 2024	
2:51,05	S LEV2 F	200 IM	2023/05/27	CTA QUALIFYING MEET 1	
Minnaar, Stephanie (14) W (Yr: AR)					
32,79	L LEV2 F	50 Free	2024/02/10	WCA-B Champs - 2024	
1:14,09	L LEV2 F	100 Free	2024/02/10	WCA-B Champs - 2024	
2:59,09	L F	200 Free	2024/01/21	CTA BMEET 4	
18:43,42	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
3:22,61	L F	200 IM	2024/01/21	CTA BMEET 4	
Möller, Frederik (17) M (Yr: AR)					
28,35	L LEV2 F	50 Free	2023/11/11	Winelands SL4	
28,61	S P	50 Free	2023/07/13	WCA SC Championships 2023	
1:00,75	S LEV2 P	100 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:00,81	L LEV2 F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
2:09,59	S LEV2 P	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:13,18	L LEV2 F	200 Free	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
4:33,64	S LEV3 F	400 Free	2023/07/13	WCA SC Championships 2023	
4:35,95	L LEV3 F	400 Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
9:20,41	S F	800 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
9:42,20	L F	800 Free	2023/11/18	CTA QUALIFYING MEET 2	
17:51,92	S F	1500 Free	2023/07/13	WCA SC Championships 2023	
18:15,28	L F	1500 Free	2023/11/11	Winelands SL4	
49:10,00	L O	3000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
31,37	L LEV2 F	50 Back	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
32,51	S LEV2 F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
1:06,49	L LEV3 F	100 Back	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
1:06,72	S LEV2 P	100 Back	2023/07/13	WCA SC Championships 2023	
2:20,52	L S LEV3 F	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:21,46	S LEV3 P	200 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
37,18	L LEV2 F	50 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
1:22,01	L LEV2 P	100 Breast	2023/12/14	Western Cape LC-A Championship 2023	
1:22,72	S LEV2 P	100 Breast	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:52,29	L LEV3 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
2:55,36	S LEV2 P	200 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
30,69	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
33,74	S S P	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
1:09,41	S P	100 IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:25,97	L LEV3 F	200 IM	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
2:28,66	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023	
5:32,24	L F	400 IM	2023/09/16	CTA A MEET 3	
Newham, Christopher (11) M (Yr: AR)					
40,32	L P	50 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
42,86	S F	50 Free	2023/08/26	CTA B MEET 2	
1:34,25	L P	100 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:37,43	S F	100 Free	2023/07/23	CTA B MEET 1	
3:28,21	L LEV2 F	200 Free	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
47,17	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
50,80	S F	50 Back	2023/07/23	CTA B MEET 1	
1:50,81	L P	100 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
3:40,35	L LEV2 F	200 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
4:14,85	S F	200 Back	2023/08/26	CTA B MEET 2	
59,19	L P	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
24,14	S F	25 Fly	2023/08/05	CTA CLUB MEET 4 - GSA	
4:15,31	L P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
4:31,25	S F	200 IM	2023/08/26	CTA B MEET 2	
Newkirk, Gia (11) W (Yr: AR)					
37,34	L LEV2 P	50 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
39,48	S F	50 Free	2023/07/23	CTA B MEET 1	

Individual Top Times

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Time	P/F/S	Event			
Newkirk, Gia (11) W (Yr: AR)					
1:29,89	L F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:31,92	S F	100 Free	2023/05/27	CTA QUALIFYING MEET 1	
3:23,51	S F	200 Free	2023/06/16	CTA INVITATIONAL SC MEET	
3:27,65	L F	200 Free	2024/01/21	CTA BMEET 4	
41,94	L LEV2 P	50 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
45,54	S LEV2 F	50 Back	2023/07/23	CTA B MEET 1	
1:35,62	L LEV2 F	100 Back	2024/02/10	WCA-B Champs - 2024	
1:38,11	S LEV2 F	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	
3:29,49	L LEV2 F	200 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
3:47,81	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	
46,35	L LEV2 F	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
51,76	S F	50 Breast	2023/07/23	CTA B MEET 1	
1:41,53	L LEV3 F	100 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:56,70	S F	100 Breast	2023/05/27	CTA QUALIFYING MEET 1	
3:41,33	L LEV3 F	200 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
3:58,08	S LEV2 F	200 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
41,38	L LEV2 P	50 Fly	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
50,88	S F	50 Fly	2023/08/26	CTA B MEET 2	
3:33,58	L LEV2 P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
3:38,10	S LEV2 F	200 IM	2023/05/27	CTA QUALIFYING MEET 1	
Nilsson, Rebecca (12) W (Yr: AR)					
31,58	L LEV2 P	50 Free	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
31,98	S S LEV2 F	50 Free	2023/09/23	CTA Invitational SC Meet	
1:09,64	L LEV3 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
1:13,65	S S LEV2 F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
2:29,77	L LEV3 P	200 Free	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
2:33,23	S LEV3 F	200 Free	2023/09/23	CTA Invitational SC Meet	
5:21,36	L LEV3 F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
11:15,70	L F	800 Free	2023/12/14	Western Cape LC-A Championship 2023	
21:40,21	S F	1500 Free	2023/08/26	CTA A MEET 2	
21:57,48	L S F	1500 Free	2023/12/14	Western Cape LC-A Championship 2023	
46:13,00	L O	3000 Free	2023/10/15	EC Swim Series OWS 1 2023	
1:23,29	S LEV3 P	100 Back	2023/07/13	WCA SC Championships 2023	
1:26,35	L LEV3 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
3:02,33	S S LEV3 F	200 Back	2023/06/16	CTA INVITATIONAL SC MEET	
40,03	L LEV2 P	50 Breast	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
40,51	S S LEV2 F	50 Breast	2023/09/23	CTA Invitational SC Meet	
1:26,42	L SANJ F	100 Breast	2023/12/14	Western Cape LC-A Championship 2023	
1:27,32	S S LEV3 F	100 Breast	2023/09/23	CTA Invitational SC Meet	
3:04,12	S SANJ F	200 Breast	2023/09/23	CTA Invitational SC Meet	
3:07,22	L SANJ F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
32,26	L LEV2 F	50 Fly	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
1:11,26	L S SANJ F	100 Fly	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
1:15,86	S S SANJ F	100 Fly	2023/09/23	CTA Invitational SC Meet	
2:47,96	L SANJ F	200 Fly	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
2:43,23	L SANJ F	200 IM	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
5:54,23	L SANJ F	400 IM	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
Ntshona, Iminathi (13) M (Yr: AR)					
37,58	L F	50 Free	2023/06/24	PEA Winter Gala 2023	
38,89	S F	50 Free	2023/08/26	CTA B MEET 2	
1:23,36	S S F	100 Free	2023/09/23	CTA Invitational SC Meet	
1:24,80	L P	100 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
2:59,74	S F	200 Free	2023/09/23	CTA Invitational SC Meet	
3:00,33	L S F	200 Free	2023/11/24	CTA A & B CHAMPS 2023	
6:32,17	L F	400 Free	2023/11/11	Winelands SL4	
17:53,21	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
44,41	L F	50 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:33,38	L F	100 Back	2023/11/11	Winelands SL4	
1:34,33	S F	100 Back	2023/09/23	CTA Invitational SC Meet	
3:15,42	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	

Individual Top Times

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Time	P/F/S	Event
Ntshona, Iminathi (13) M (Yr: AR)		
3:21,82 L	LEV2 F	200 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
49,59 L	F	50 Breast 2023/06/24 PEA Winter Gala 2023
1:46,35 L	P	100 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:44,32 L	LEV2 P	200 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:50,88 S	LEV2 F	200 Breast 2023/08/26 CTA B MEET 2
44,98 L	F	50 Fly 2023/11/11 Winelands SL4
1:46,44 S	F	100 Fly 2023/08/26 CTA B MEET 2
1:49,05 L	F	100 Fly 2023/06/24 PEA Winter Gala 2023
3:18,82 S S	F	200 IM 2023/09/23 CTA Invitational SC Meet
3:25,93 L	F	200 IM 2023/06/24 PEA Winter Gala 2023
Olivier, Julie (12) W (Yr: AR)		
33,20 L	LEV2 F	50 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:10,49 L	LEV3 F	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:17,00 S	LEV2 F	100 Free 2023/07/13 WCA SC Championships 2023
2:32,75 L	LEV3 F	200 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:45,43 S	LEV2 F	200 Free 2023/05/27 CTA QUALIFYING MEET 1
5:15,42 L	SANJ F	400 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
5:40,35 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
14:16,00 L	O	1000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
36,53 L	LEV2 F	50 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
40,52 S	LEV2 F	50 Back 2023/05/27 CTA QUALIFYING MEET 1
1:20,51 L	LEV3 F	100 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:46,12 L	SANJ F	200 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:58,83 S	LEV3 F	200 Back 2023/07/13 WCA SC Championships 2023
46,79 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
49,03 S	F	50 Breast 2023/05/27 CTA QUALIFYING MEET 1
1:41,54 L	LEV2 P	100 Breast 2023/12/14 Western Cape LC-A Championship 2023
3:34,67 L	LEV2 F	200 Breast 2023/12/14 Western Cape LC-A Championship 2023
35,74 L	LEV2 F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
1:22,10 L	LEV3 F	100 Fly 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:25,24 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:51,72 L	LEV3 F	200 IM 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
3:01,67 S	LEV3 F	200 IM 2023/07/13 WCA SC Championships 2023
Olivier, Stefan (11) M (Yr: AR)		
43,31 S	F	50 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
44,41 L	F	50 Free 2024/02/10 WCA-B Champs - 2024
47,33 S	F	50 Back 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
48,58 L	F	50 Back 2024/02/10 WCA-B Champs - 2024
Otterbach, Lily (13) W (Yr: AR)		
32,11 L	LEV2 F	50 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
32,48 S	LEV2 P	50 Free 2023/07/13 WCA SC Championships 2023
1:10,74 S	LEV2 F	100 Free 2023/05/27 CTA QUALIFYING MEET 1
1:11,04 L	LEV2 F	100 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
2:37,25 L	LEV2 F	200 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
2:42,31 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
38,54 L	LEV2 F	50 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:24,57 S	LEV2 P	100 Back 2023/07/13 WCA SC Championships 2023
1:25,02 L	LEV2 F	100 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
46,74 L	LEV2 F	50 Breast 2024/01/21 CTA BMEET 4
1:42,76 S	P	100 Breast 2023/07/13 WCA SC Championships 2023
35,93 L	LEV2 F	50 Fly 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:26,45 S	LEV2 P	100 Fly 2023/07/13 WCA SC Championships 2023
1:26,70 L	LEV2 F	100 Fly 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:10,89 S	LEV2 P	200 IM 2023/07/13 WCA SC Championships 2023
3:10,89 L	LEV2 F	200 IM 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
Perez Castellano, Emilio (10) M (Yr: AR)		
36,92 L	LEV2 P	50 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
37,01 S	LEV2 F	50 Free 2023/08/26 CTA B MEET 2
1:30,68 L	LEV2 P	100 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:37,02 S	F	100 Free 2023/07/23 CTA B MEET 1

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Time	P/F/S	Event			
Perez Castellano, Emilio (10) M (Yr: AR)					
3:16,05	L LEV2 P	200 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
3:49,11	S F	200 Free	2023/07/23	CTA B MEET 1	
48,84	L F	50 Back	2024/02/17	Swartland Invitaional Gala 2024	
56,38	S F	50 Back	2023/09/02	CTA CLUB MEET 5 - FAIRMONT	
1:44,63	L LEV2 P	100 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
47,90	L LEV2 F	50 Breast	2024/02/10	WCA-B Champs - 2024	
51,63	S LEV2 F	50 Breast	2023/09/02	CTA CLUB MEET 5 - FAIRMONT	
1:54,69	L LEV2 P	100 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
2:00,75	S S LEV2 F	100 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
4:00,73	L LEV2 P	200 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
4:19,84	S LEV2 F	200 Breast	2023/08/26	CTA B MEET 2	
44,51	L LEV2 P	50 Fly	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
53,35	S F	50 Fly	2023/08/26	CTA B MEET 2	
1:51,06	S F	100 IM	2023/09/02	CTA CLUB MEET 5 - FAIRMONT	
3:48,24	L LEV2 P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
Perez Castellano, Enrique (8) M (Yr: AR)					
21,48	S F	25 Free	2024/01/27	CTA Level 0 Champs	
49,48	L F	50 Free	2024/02/17	Swartland Invitaional Gala 2024	
27,60	S F	25 Back	2024/01/27	CTA Level 0 Champs	
1:07,74	L F	50 Back	2024/02/17	Swartland Invitaional Gala 2024	
30,52	S F	25 Breast	2024/01/27	CTA Level 0 Champs	
1:12,23	L F	50 Breast	2024/02/17	Swartland Invitaional Gala 2024	
31,03	S F	25 Fly	2024/01/27	CTA Level 0 Champs	
Pretorius, Cecile (12) W (Yr: AR)					
44,97	S F	50 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
45,20	L F	50 Free	2024/01/21	CTA BMEET 4	
51,24	S F	50 Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
53,41	L F	50 Back	2024/02/17	Swartland Invitaional Gala 2024	
59,45	S F	50 Breast	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:02,28	L F	50 Breast	2024/01/21	CTA BMEET 4	
2:11,28	L F	100 Breast	2024/02/17	Swartland Invitaional Gala 2024	
4:22,85	L F	200 IM	2024/02/17	Swartland Invitaional Gala 2024	
Pretorius, Henri (10) M (Yr: AR)					
44,82	S F	50 Free	2023/07/23	CTA B MEET 1	
47,16	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:46,62	L F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:49,58	S S F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
47,74	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
50,17	S F	50 Back	2023/07/23	CTA B MEET 1	
1:49,02	L LEV2 F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
1:49,50	S F	100 Back	2023/07/23	CTA B MEET 1	
52,98	L LEV2 F	50 Breast	2023/11/18	CTA QUALIFYING MEET 2	
56,38	S F	50 Breast	2023/07/23	CTA B MEET 1	
1:56,14	L LEV2 F	100 Breast	2023/11/18	CTA QUALIFYING MEET 2	
1:57,52	S LEV2 F	100 Breast	2023/08/26	CTA B MEET 2	
4:11,69	L LEV2 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
4:32,55	S LEV2 F	200 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
Pretorius, Guillaume (10) M (Yr: AR)					
40,61	L F	50 Free	2024/02/17	Swartland Invitaional Gala 2024	
44,78	S F	50 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:36,11	L P	100 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:50,33	S F	100 Free	2023/07/23	CTA B MEET 1	
3:57,74	L F	200 Free	2024/01/21	CTA BMEET 4	
45,75	L LEV2 P	50 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
59,23	S F	50 Back	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:43,19	L LEV2 P	100 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:56,59	S F	100 Back	2023/07/23	CTA B MEET 1	
51,27	L LEV2 P	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
56,28	S F	50 Breast	2023/09/02	CTA CLUB MEET 5 - FAIRMONT	
1:56,43	L LEV2 P	100 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	

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Time	P/F/S	Event				
Pretorius, Guillaume (10) M (Yr: AR)						
2:03,99	S	F	100	Breast	2023/08/26 CTA B MEET 2	
25,18	S	F	25	Fly	2023/07/08 CTA CLUB MEET 3 - Fairmont	
1:07,27	S	F	50	Fly	2023/09/02 CTA CLUB MEET 5 - FAIRMONT	
2:00,09	S	F	100	IM	2023/09/02 CTA CLUB MEET 5 - FAIRMONT	
4:06,31	L	P	200	IM	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA	
Pretorius, Theo (12) M (Yr: AR)						
1:25,74	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023	
1:27,59	S S	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET	
3:15,52	S	F	200	Free	2023/06/16 CTA INVITATIONAL SC MEET	
6:51,09	L	F	400	Free	2023/11/18 CTA QUALIFYING MEET 2	
1:27,32	L	LEV2	F	100	Back	2024/02/17 Swartland Invitaional Gala 2024
1:29,44	S	LEV2	F	100	Back	2023/06/16 CTA INVITATIONAL SC MEET
3:17,12	L S	LEV2	F	200	Back	2023/11/24 CTA A & B CHAMPS 2023
3:18,51	S	LEV2	F	200	Back	2023/08/26 CTA A MEET 2
47,30	L	LEV2	F	50	Breast	2023/11/18 CTA QUALIFYING MEET 2
1:42,11	L S	LEV2	F	100	Breast	2023/11/24 CTA A & B CHAMPS 2023
1:45,57	S S	LEV2	F	100	Breast	2023/06/16 CTA INVITATIONAL SC MEET
3:44,84	S	LEV2	F	200	Breast	2023/06/16 CTA INVITATIONAL SC MEET
3:17,48	S	LEV2	F	200	IM	2023/08/26 CTA A MEET 2
3:21,58	L	LEV2	F	200	IM	2023/11/24 CTA A & B CHAMPS 2023
Putter, Tanè (16) W (Yr: AR)						
28,12	S	LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
29,12	L	LEV2	P	50	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:01,54	S	LEV3	F	100	Free	2023/07/13 WCA SC Championships 2023
1:04,31	L	LEV3	P	100	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:21,47	S	LEV3	F	200	Free	2023/05/27 CTA QUALIFYING MEET 1
30,81	S	LEV2	F	50	Back	2023/09/09 West Coast Spring Gala 2023
34,48	L S	LEV2	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
1:07,69	S	SANJ	F	100	Back	2023/09/09 West Coast Spring Gala 2023
1:13,45	L	LEV3	P	100	Back	2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:30,67	S	SANJ	P	200	Back	2023/07/13 WCA SC Championships 2023
35,20	S	LEV2	F	50	Breast	2023/09/09 West Coast Spring Gala 2023
37,70	L	LEV2	P	50	Breast	2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:15,49	S	SANJ	P	100	Breast	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:24,14	L	LEV3	F	100	Breast	2024/02/17 Swartland Invitaional Gala 2024
2:44,35	S	SANJ	F	200	Breast	2023/07/13 WCA SC Championships 2023
3:00,04	L S	LEV3	P	200	Breast	2024/03/15 SA National Junior Age Group Champs-KZN 2024
30,17	S	LEV2	F	50	Fly	2023/09/09 West Coast Spring Gala 2023
31,30	L	LEV2	P	50	Fly	2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:08,69	S	LEV3	F	100	Fly	2023/07/13 WCA SC Championships 2023
1:18,73	L	LEV2	F	100	Fly	2023/11/18 CTA QUALIFYING MEET 2
1:06,41	S	F	100	IM	2023/07/13 WCA SC Championships 2023	
2:25,25	S	SANJ	F	200	IM	2023/07/13 WCA SC Championships 2023
2:39,20	L	LEV3	P	200	IM	2024/03/15 SA National Junior Age Group Champs-KZN 2024
5:23,49	S	SANJ	P	400	IM	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
Raimond, Marike (14) W (Yr: AR)						
30,98	S S	LEV2	F	50	Free	2023/09/23 CTA Invitational SC Meet
31,19	L S	LEV2	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023
1:06,60	S	LEV3	P	100	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:07,20	L	LEV3	P	100	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:22,82	S	LEV3	P	200	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:22,85	L	LEV3	P	200	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
4:59,71	S	LEV3	F	400	Free	2023/07/13 WCA SC Championships 2023
5:04,44	L	LEV3	F	400	Free	2023/12/14 Western Cape LC-A Championship 2023
10:11,54	L	SANJ	F	800	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
10:13,54	S	SANJ	F	800	Free	2023/09/23 CTA Invitational SC Meet
19:49,70	S	SANJ	F	1500	Free	2023/08/26 CTA A MEET 2
19:57,20	L S	SANJ	F	1500	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
19:57,20	L S	SANJ	F	1500	Free	2023/12/14 Western Cape LC-A Championship 2023
44:01,25	L	O	3000	Free	2024/03/08 SA National OWS Championship 2023-PE	

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Time	P/F/S	Event			
Raimond, Marike (14) W (Yr: AR)					
35,68 L	LEV2 P	50 Back	2023/12/14	Western Cape LC-A Championship 2023	
1:15,82 S	LEV3 P	100 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:16,23 L	LEV3 P	100 Back	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
2:45,16 S	LEV3 P	200 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
35,14 L	LEV2 P	50 Fly	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
35,52 S	LEV2 P	50 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:19,51 S	P	100 IM	2023/07/13	WCA SC Championships 2023	
2:51,19 S	LEV3 P	200 IM	2023/07/13	WCA SC Championships 2023	
2:52,87 L	LEV3 F	200 IM	2023/11/24	CTA A & B CHAMPS 2023	
Rossouw, Cara (14) W (Yr: AR)					
1:10,08 L	LEV2 P	100 Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:14,92 S	F	100 Free	2023/08/26	CTA A MEET 2	
2:32,29 L	LEV2 P	200 Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
2:35,90 S	LEV2 F	200 Free	2023/09/23	CTA Invitational SC Meet	
5:21,49 L	LEV3 F	400 Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:19,65 S	LEV2 F	100 Back	2023/09/23	CTA Invitational SC Meet	
1:20,44 L	LEV2 F	100 Back	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
2:46,50 S	LEV3 F	200 Back	2023/09/23	CTA Invitational SC Meet	
2:47,29 L	LEV3 F	200 Back	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
41,05 L	LEV2 P	50 Breast	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
42,17 S	LEV2 F	50 Breast	2023/09/23	CTA Invitational SC Meet	
1:31,62 L	LEV2 P	100 Breast	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
33,34 L	LEV2 F	50 Fly	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
34,63 S S	LEV2 F	50 Fly	2023/09/23	CTA Invitational SC Meet	
1:16,96 L	LEV3 F	100 Fly	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:17,64 S S	LEV3 F	100 Fly	2023/09/23	CTA Invitational SC Meet	
2:46,04 L	LEV3 F	200 IM	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
2:57,32 S	LEV2 F	200 IM	2023/08/26	CTA A MEET 2	
Rossouw, Emma (15) W (Yr: AR)					
2:30,00 L	LEV2 P	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:30,56 S	LEV2 P	200 Free	2023/06/16	CTA INVITATIONAL SC MEET	
2:22:58,00 L	O	7500 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
34,25 S	LEV2 P	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	
35,22 L S	LEV2 F	50 Back	2023/10/05	42nd Freda Barnard Invitational Gala	
1:12,02 S	LEV3 P	100 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:15,47 L	LEV3 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
2:37,85 S	LEV3 F	200 Back	2023/06/16	CTA INVITATIONAL SC MEET	
2:41,86 L	LEV3 F	200 Back	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:30,01 S	LEV2 P	100 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:32,53 L	LEV2 F	100 Breast	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:32,53 L	LEV2 P	100 Breast	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
2:44,00 S	LEV3 P	200 IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:47,52 L	LEV3 P	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
5:50,92 L	F	400 IM	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
Rulashe, Luthando (13) M (Yr: AR)					
35,75 S	F	50 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
36,81 L	F	50 Free	2024/02/17	Swartland Invitational Gala 2024	
1:28,49 S	F	100 Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:33,70 L	F	100 Free	2024/02/17	Swartland Invitational Gala 2024	
43,33 S	F	50 Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
48,30 L	F	50 Back	2024/02/17	Swartland Invitational Gala 2024	
1:43,65 S	F	100 Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
1:50,34 L	F	100 Back	2023/09/17	CTA B MEET 3	
44,61 S	LEV2 F	50 Breast	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
47,11 L	F	50 Breast	2024/02/17	Swartland Invitational Gala 2024	
1:47,25 L	F	100 Breast	2024/02/17	Swartland Invitational Gala 2024	
58,01 S	F	50 Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:44,14 S	F	100 IM	2023/07/08	CTA CLUB MEET 3 - Fairmont	
4:03,24 S	F	200 IM	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT	
4:07,48 L	F	200 IM	2023/09/17	CTA B MEET 3	

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Time	P/F/S	Event					
Ryser, Aurora (17) W (Yr: AR)							
29,78	S S	LEV2	F	50	Free	2023/06/16	CTA INVITATIONAL SC MEET
30,04	L S	LEV2	P	50	Free	2023/12/14	Western Cape LC-A Championship 2023
1:04,79	S	LEV3	P	100	Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
1:05,32	L	LEV3	F	100	Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC
2:22,39	S	LEV3	P	200	Free	2023/07/13	WCA SC Championships 2023
2:24,44	L	LEV3	F	200	Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC
5:04,78	L	LEV3	F	400	Free	2023/11/24	CTA A & B CHAMPS 2023
51:50,00	L		O	3000	Free	2024/01/28	Tygerberg Aquatics Open Water Swim
33,03	S	LEV2	F	50	Back	2023/06/16	CTA INVITATIONAL SC MEET
33,86	L S	LEV2	F	50	Back	2023/11/24	CTA A & B CHAMPS 2023
1:10,36	S	LEV3	P	100	Back	2023/07/13	WCA SC Championships 2023
1:13,38	L	LEV3	F	100	Back	2024/02/03	CTA BRIAN BUTTON Qualifying Meet
2:33,36	S	LEV3	F	200	Back	2023/07/13	WCA SC Championships 2023
2:40,12	L	LEV3	F	200	Back	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC
40,79	L	LEV2	F	50	Breast	2023/09/16	CTA A MEET 3
1:26,00	S	LEV3	P	100	Breast	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
1:30,45	L	LEV2	F	100	Breast	2023/09/16	CTA A MEET 3
32,56	S	LEV2	P	50	Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
33,01	L		F	50	Fly	2023/11/24	CTA A & B CHAMPS 2023
1:13,83	L	LEV3	F	100	Fly	2023/11/18	CTA QUALIFYING MEET 2
1:13,15	S		P	100	IM	2023/07/13	WCA SC Championships 2023
2:38,10	S	LEV3	P	200	IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
2:39,90	L	LEV3	F	200	IM	2023/12/14	Western Cape LC-A Championship 2023
5:48,91	L		F	400	IM	2023/11/18	CTA QUALIFYING MEET 2
Schenck, Maya (9) W (Yr: AR)							
40,54	S		F	50	Free	2023/10/07	CTA CLUB MEET 6 - CURRO DV
41,15	L		F	50	Free	2023/11/18	CTA QUALIFYING MEET 2
1:33,89	L		F	100	Free	2023/11/24	CTA A & B CHAMPS 2023
1:35,71	S		F	100	Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
3:27,40	S	LEV2	F	200	Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
3:58,42	L		F	200	Free	2023/09/17	CTA B MEET 3
45,87	S	LEV2	F	50	Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
46,21	L	LEV2	F	50	Back	2024/02/10	WCA-B Champs - 2024
1:40,31	L	LEV2	F	100	Back	2024/02/10	WCA-B Champs - 2024
1:42,52	S	LEV2	F	100	Back	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
3:36,62	L S	LEV2	F	200	Back	2023/11/24	CTA A & B CHAMPS 2023
3:52,71	S	LEV2	F	200	Back	2023/08/26	CTA B MEET 2
51,82	S	LEV2	F	50	Breast	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
52,47	L	LEV2	F	50	Breast	2024/02/10	WCA-B Champs - 2024
1:49,30	S	LEV2	F	100	Breast	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
1:52,15	L	LEV2	F	100	Breast	2024/02/10	WCA-B Champs - 2024
4:07,67	L	LEV2	F	200	Breast	2024/02/10	WCA-B Champs - 2024
22,92	S		F	25	Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont
51,81	S	LEV2	F	50	Fly	2023/10/07	CTA CLUB MEET 6 - CURRO DV
1:53,16	S		F	100	IM	2023/11/04	CTA CLUB MEET 7 - UWC
3:46,57	S	LEV2	F	200	IM	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
3:56,79	L	LEV2	F	200	IM	2023/11/18	CTA QUALIFYING MEET 2
Schoeman, Niel (8) M (Yr: AR)							
42,21	S		F	50	Free	2024/03/02	SA Level 1 Regional Age Group Champs 2024-CT
46,28	L		F	50	Free	2024/02/17	Swartland Invitational Gala 2024
47,84	S	LEV2	F	50	Back	2024/04/27	WCA Inter-district Lev1 Team Champs 2024
52,63	L		F	50	Back	2024/02/17	Swartland Invitational Gala 2024
31,80	S		F	25	Breast	2024/04/27	WCA Inter-district Lev1 Team Champs 2024
22,49	S		F	25	Fly	2024/04/27	WCA Inter-district Lev1 Team Champs 2024
Senekal, Margo (14) W (Yr: AR)							
30,24	S	LEV2	F	50	Free	2023/07/13	WCA SC Championships 2023
30,82	L	LEV2	F	50	Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC
1:05,71	S	LEV3	F	100	Free	2023/07/13	WCA SC Championships 2023
1:06,12	L	LEV3	F	100	Free	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC
2:20,21	S	LEV3	F	200	Free	2023/07/13	WCA SC Championships 2023

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Time	P/F/S	Event
Senekal, Margo (14) W (Yr: AR)		
2:24,83 L	LEV3 F	200 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
4:53,17 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
4:58,21 L	LEV3 F	400 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
11:05,98 L	F	800 Free 2023/09/16 CTA A MEET 3
56:08,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
36,83 L	LEV2 F	50 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
36,86 S	LEV2 F	50 Back 2023/05/27 CTA QUALIFYING MEET 1
1:17,85 S	LEV3 P	100 Back 2023/07/13 WCA SC Championships 2023
1:18,89 L	LEV3 F	100 Back 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
2:46,49 L	LEV3 F	200 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:47,19 S	LEV3 F	200 Back 2023/08/26 CTA A MEET 2
1:27,78 S	LEV3 F	100 Breast 2023/07/13 WCA SC Championships 2023
1:24,95 L	LEV2 F	100 Fly 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
1:25,09 S	LEV2 F	100 Fly 2023/05/27 CTA QUALIFYING MEET 1
2:39,42 S	LEV3 F	200 IM 2023/07/13 WCA SC Championships 2023
2:43,79 L	LEV3 F	200 IM 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
6:06,07 L	F	400 IM 2023/11/11 Winelands SL4
Smith, Lara (16) W (Yr: AR)		
30,52 L	LEV2 F	50 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
30,57 S	LEV2 P	50 Free 2023/07/13 WCA SC Championships 2023
1:07,73 L	LEV2 F	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:38,32 L	LEV2 F	200 Free 2024/02/17 Swartland Invitational Gala 2024
1:15,11 L	LEV3 F	100 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
42,67 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:31,80 S	LEV2 P	100 Breast 2023/07/13 WCA SC Championships 2023
1:32,84 L	LEV2 F	100 Breast 2023/11/11 Winelands SL4
31,68 L	LEV2 F	50 Fly 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:15,89 L	LEV3 P	100 Fly 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:17,50 S	LEV2 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:53,01 L	LEV3 F	200 IM 2023/11/18 CTA QUALIFYING MEET 2
Smith, Sebastian (14) M (Yr: AR)		
28,21 L	LEV2 F	50 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
28,23 S	LEV2 P	50 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
59,56 L	LEV3 P	100 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:01,72 S	LEV3 P	100 Free 2023/07/13 WCA SC Championships 2023
2:08,32 L	SANJ P	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:12,75 S	LEV3 F	200 Free 2023/09/23 CTA Invitational SC Meet
4:35,39 L	SANJ F	400 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
51:28,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
31,64 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
1:06,03 S	SANJ F	100 Back 2023/09/23 CTA Invitational SC Meet
1:07,03 L S	SANJ F	100 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:21,21 L S	SANJ F	200 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
35,51 L	LEV2 P	50 Breast 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:17,71 L	LEV3 P	100 Breast 2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:20,81 S	LEV3 P	100 Breast 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:55,37 L	LEV3 F	200 Breast 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
2:23,34 L	SANJ F	200 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:30,59 S S	LEV3 F	200 IM 2023/09/23 CTA Invitational SC Meet
Sonnekus, Anya (12) W (Yr: AR)		
33,84 L	LEV2 F	50 Free 2023/11/11 Winelands SL4
34,35 S S	LEV2 F	50 Free 2023/09/23 CTA Invitational SC Meet
1:14,53 L	LEV3 P	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:16,29 S	LEV2 F	100 Free 2023/07/13 WCA SC Championships 2023
2:38,16 L	LEV3 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
2:41,04 S	LEV3 F	200 Free 2023/09/23 CTA Invitational SC Meet
5:30,50 L	LEV3 F	400 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
12:00,56 L	F	800 Free 2023/11/11 Winelands SL4
40,89 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
41,60 S	LEV2 F	50 Back 2023/08/26 CTA A MEET 2

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Time	P/F/S	Event				
Sonnekus, Anya (12) W (Yr: AR)						
1:24,70	S LEV3	F	100	Back	2023/07/13	WCA SC Championships 2023
1:27,41	L LEV2	F	100	Back	2023/11/24	CTA A & B CHAMPS 2023
2:58,30	S LEV3	F	200	Back	2023/08/26	CTA A MEET 2
3:02,07	L LEV3	P	200	Back	2023/12/14	Western Cape LC-A Championship 2023
45,13	S S LEV2	F	50	Breast	2023/09/23	CTA Invitational SC Meet
45,27	L LEV2	F	50	Breast	2023/11/24	CTA A & B CHAMPS 2023
1:38,73	S S LEV2	F	100	Breast	2023/09/23	CTA Invitational SC Meet
1:39,92	L LEV2	F	100	Breast	2023/11/11	Winelands SL4
3:27,99	S LEV3	F	200	Breast	2023/07/13	WCA SC Championships 2023
3:30,61	L LEV3	F	200	Breast	2023/11/24	CTA A & B CHAMPS 2023
37,72	L LEV2	F	50	Fly	2023/11/11	Winelands SL4
1:29,48	L LEV3	F	100	Fly	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC
1:30,14	S LEV3	F	100	Fly	2023/08/26	CTA A MEET 2
1:26,61	S	P	100	IM	2023/07/13	WCA SC Championships 2023
2:59,02	S LEV3	F	200	IM	2023/08/26	CTA A MEET 2
3:01,45	L LEV3	P	200	IM	2023/12/14	Western Cape LC-A Championship 2023
Stasch, Alexander (10) M (Yr: AR)						
20,65	S	F	25	Free	2023/08/05	CTA CLUB MEET 4 - GSA
47,16	L	F	50	Free	2024/01/21	CTA BMEET 4
1:51,72	L	F	100	Free	2024/02/03	CTA BRIAN BUTTON Qualifying Meet
3:56,21	L	F	200	Free	2024/02/03	CTA BRIAN BUTTON Qualifying Meet
48,22	L S LEV2	F	50	Back	2023/11/24	CTA A & B CHAMPS 2023
50,00	S	F	50	Back	2023/10/07	CTA CLUB MEET 6 - CURRO DV
1:52,64	L	F	100	Back	2024/02/03	CTA BRIAN BUTTON Qualifying Meet
1:01,70	L	F	50	Breast	2023/11/24	CTA A & B CHAMPS 2023
1:03,58	S	F	50	Breast	2023/08/05	CTA CLUB MEET 4 - GSA
2:23,21	L	F	100	Breast	2024/02/03	CTA BRIAN BUTTON Qualifying Meet
4:10,16	L	F	200	IM	2024/01/21	CTA BMEET 4
Stevenson, Andrea (15) W (Yr: AR)						
18,91	S	F	25	Free	2023/11/04	CTA CLUB MEET 7 - UWG
47,32	S	F	50	Back	2024/04/27	WCA Inter-district Lev1 Team Champs 2024
56,06	S	F	50	Breast	2024/04/27	WCA Inter-district Lev1 Team Champs 2024
52,03	S	F	50	Fly	2024/04/27	WCA Inter-district Lev1 Team Champs 2024
Strydom, Luan (15) M (Yr: AR)						
30,71	L L	F	50	Free	2024/02/10	WCA-B Champs - 2024
1:08,28	L	F	100	Free	2023/11/24	CTA A & B CHAMPS 2023
1:08,97	S	P	100	Free	2023/06/16	CTA INVITATIONAL SC MEET
2:22,62	L LEV2	F	200	Free	2024/02/10	WCA-B Champs - 2024
2:31,67	S	P	200	Free	2023/06/16	CTA INVITATIONAL SC MEET
5:04,12	L	F	400	Free	2024/02/10	WCA-B Champs - 2024
5:08,96	S	F	400	Free	2023/09/23	CTA Invitational SC Meet
10:48,35	S	F	800	Free	2023/09/23	CTA Invitational SC Meet
11:46,79	L	F	800	Free	2023/09/16	CTA A MEET 3
20:37,07	S S	F	1500	Free	2023/09/23	CTA Invitational SC Meet
20:53,35	L	F	1500	Free	2024/02/03	CTA BRIAN BUTTON Qualifying Meet
52:38,00	L	O	3000	Free	2024/01/28	Tygerberg Aquatics Open Water Swim
1:19,70	L LEV2	F	100	Back	2023/11/24	CTA A & B CHAMPS 2023
1:20,11	S LEV2	F	100	Back	2023/06/16	CTA INVITATIONAL SC MEET
2:44,76	S LEV2	F	200	Back	2023/06/16	CTA INVITATIONAL SC MEET
2:45,53	L LEV2	F	200	Back	2024/02/10	WCA-B Champs - 2024
39,28	L LEV2	F	50	Breast	2024/01/21	CTA BMEET 4
1:27,65	L LEV2	F	100	Breast	2024/02/03	CTA BRIAN BUTTON Qualifying Meet
1:35,05	S	P	100	Breast	2023/06/16	CTA INVITATIONAL SC MEET
3:07,16	L LEV2	F	200	Breast	2024/02/10	WCA-B Champs - 2024
3:18,73	S LEV2	F	200	Breast	2023/09/23	CTA Invitational SC Meet
2:43,99	L LEV2	F	200	IM	2024/02/10	WCA-B Champs - 2024
2:50,21	S	F	200	IM	2023/08/26	CTA A MEET 2
Strydom, Martinus (47) M (Yr: AR)						
1:18,35	L L	F	50	Back	2023/10/05	42nd Freda Barnard Invitational Gala
Strydom, Stephan (18) M (Yr: AR)						

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Time	P/F/S	Event
Strydom, Stephan (18) M (Yr: AR)		
58,18 L	LEV3 P	100 Free 2023/12/14 Western Cape LC-A Championship 2023
58,53 S	LEV2 F	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
2:07,48 L	LEV3 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
2:07,57 S	LEV2 P	200 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:26,67 S	LEV3 P	400 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:31,92 L	LEV3 F	400 Free 2023/11/24 CTA A & B CHAMPS 2023
9:18,02 S	F	800 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
9:26,94 L S	F	800 Free 2023/12/14 Western Cape LC-A Championship 2023
17:59,40 S	F	1500 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
18:15,28 L	F	1500 Free 2023/12/14 Western Cape LC-A Championship 2023
1:11:24,00 L	O	5000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
31,10 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
31,65 S	LEV2 F	50 Back 2023/05/27 CTA QUALIFYING MEET 1
1:05,88 S	LEV3 P	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
1:07,42 L	LEV3 F	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:22,66 S	LEV3 P	200 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:25,45 L S	LEV3 F	200 Back 2023/11/24 CTA A & B CHAMPS 2023
2:26,17 L	LEV2 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
Swartz, Seth (10) M (Yr: AR)		
37,53 L	LEV2 F	50 Free 2024/02/10 WCA-B Champs - 2024
39,85 S S	F	50 Free 2023/09/23 CTA Invitational SC Meet
1:26,84 L	LEV2 P	100 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:33,07 S S	F	100 Free 2023/09/23 CTA Invitational SC Meet
3:14,88 L	LEV2 F	200 Free 2024/02/10 WCA-B Champs - 2024
3:26,45 S	LEV2 F	200 Free 2023/09/23 CTA Invitational SC Meet
44,83 L	LEV2 P	50 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
49,97 S	F	50 Back 2023/08/05 CTA CLUB MEET 4 - GSA
1:37,48 L	LEV2 P	100 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:52,66 S	F	100 Back 2023/07/23 CTA B MEET 1
3:27,29 L	LEV2 F	200 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:33,10 S S	LEV2 F	200 Back 2023/09/23 CTA Invitational SC Meet
57,31 L	F	50 Breast 2024/02/10 WCA-B Champs - 2024
1:07,67 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
46,84 L	LEV2 F	50 Fly 2024/02/10 WCA-B Champs - 2024
53,22 S	F	50 Fly 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
1:54,00 S	F	100 IM 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
3:50,00 L	LEV2 P	200 IM 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:54,59 S S	F	200 IM 2023/09/23 CTA Invitational SC Meet
Szapira, Saul (17) M (Yr: AR)		
27,71 S	LEV2 P	50 Free 2023/07/13 WCA SC Championships 2023
27,99 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
58,35 S	LEV2 F	100 Free 2023/09/23 CTA Invitational SC Meet
1:00,84 L	LEV2 F	100 Free 2023/10/05 42nd Freda Barnard Invitational Gala
2:06,98 S	LEV3 F	200 Free 2023/09/23 CTA Invitational SC Meet
2:15,57 L	LEV2 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
4:41,32 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
4:46,54 L	LEV3 F	400 Free 2023/11/11 Winelands SL4
9:52,25 L	F	800 Free 2023/09/16 CTA A MEET 3
19:26,49 L	F	1500 Free 2023/11/11 Winelands SL4
48:15,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
1:11:15,00 L	O	5000 Free 2023/10/15 EC Swim Series OWS 1 2023
31,56 L S	LEV2 F	50 Back 2023/10/05 42nd Freda Barnard Invitational Gala
1:06,00 S	LEV3 P	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:09,32 L	LEV2 P	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:23,31 S	LEV3 P	200 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:28,57 L S	LEV3 F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
37,83 L	LEV2 F	50 Breast 2023/11/24 CTA A & B CHAMPS 2023
1:22,32 L S	LEV2 F	100 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
29,46 L	LEV2 F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
29,65 S	LEV2 P	50 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023

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Time	P/F/S	Event
Szapira, Saul (17) M (Yr: AR)		
1:04,81 S	LEV2 P	100 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:06,58 L S	LEV2 P	100 Fly 2023/12/14 Western Cape LC-A Championship 2023
2:39,16 L	F	200 Fly 2023/10/05 42nd Freda Barnard Invitational Gala
1:09,50 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:29,72 S	LEV2 P	200 IM 2023/07/13 WCA SC Championships 2023
2:31,06 L	LEV2 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
Terblanche, Luan (15) M (Yr: AR)		
29,44 L	P	50 Free 2023/06/24 PEA Winter Gala 2023
1:02,62 L	LEV2 P	100 Free 2024/02/23 2024 Grand Prix 2 Invitational Meet - KZN
2:10,25 L	LEV3 P	200 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
4:37,00 L	LEV3 F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
9:18,26 L	SANJ F	800 Free 2024/01/20 CTA A MEET 4
9:20,67 S	F	800 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
17:25,60 L	SANJ F	1500 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
17:50,80 S	SANJ F	1500 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:03:56,99 L	O	5000 Free 2024/03/08 SA National OWS Championship 2023-PE
1:37:35,63 L	O	7500 Free 2024/03/08 SA National OWS Championship 2023-PE
1:09,66 L	LEV2 P	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:28,72 L S	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
34,91 S	LEV2 F	50 Breast 2023/06/16 CTA INVITATIONAL SC MEET
35,14 L	LEV2 F	50 Breast 2024/01/20 CTA A MEET 4
1:16,91 L S	LEV2 F	100 Breast 2023/11/24 CTA A & B CHAMPS 2023
2:42,46 L S	LEV3 F	200 Breast 2024/03/15 SA National Junior Age Group Champs-KZN 2024
30,71 L	LEV2 P	50 Fly 2024/02/23 2024 Grand Prix 2 Invitational Meet - KZN
1:07,76 L	LEV2 F	100 Fly 2023/11/18 CTA QUALIFYING MEET 2
1:08,37 S	LEV2 P	100 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:29,30 S	P	200 Fly 2023/06/16 CTA INVITATIONAL SC MEET
2:29,42 L	F	200 Fly 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:23,92 L	LEV3 F	200 IM 2023/12/14 Western Cape LC-A Championship 2023
2:25,41 S	LEV2 P	200 IM 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:59,50 L	SANJ F	400 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
5:06,22 S	P	400 IM 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
Thirsk, Madison (13) W (Yr: AR)		
33,62 L	LEV2 P	50 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
34,57 S	P	50 Free 2023/07/13 WCA SC Championships 2023
1:13,11 L	LEV2 P	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:14,14 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
2:29,88 L	LEV3 F	200 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:40,98 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
5:09,25 L	LEV3 F	400 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
5:34,61 S	F	400 Free 2023/09/23 CTA Invitational SC Meet
14:16,36 L	O	1000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
39,74 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
43,36 S	F	50 Back 2023/06/03 CTA CLUB MEET 2
1:25,74 L	LEV2 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
1:26,12 S	LEV2 P	100 Back 2023/07/13 WCA SC Championships 2023
2:53,29 L	LEV3 F	200 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:55,86 S	LEV2 F	200 Back 2023/08/26 CTA A MEET 2
45,25 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
50,88 S	F	50 Breast 2023/06/03 CTA CLUB MEET 2
1:41,59 S	LEV2 P	100 Breast 2023/07/13 WCA SC Championships 2023
3:34,39 S	LEV2 F	200 Breast 2023/08/26 CTA A MEET 2
38,09 L	LEV2 P	50 Fly 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
45,00 S	F	50 Fly 2023/06/03 CTA CLUB MEET 2
1:27,72 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:59,82 L	LEV2 P	200 IM 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
3:00,38 S	LEV2 F	200 IM 2023/08/26 CTA A MEET 2
Thirsk, Savannah (12) W (Yr: AR)		
34,99 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
35,72 S	F	50 Free 2023/06/03 CTA CLUB MEET 2

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Time	P/F/S	Event
Thirsk, Savannah (12) W (Yr: AR)		
1:18,57 L	LEV2 P	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:20,91 S S	F	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
2:52,82 L	LEV2 P	200 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:55,55 S	LEV2 F	200 Free 2023/06/16 CTA INVITATIONAL SC MEET
6:07,39 L	F	400 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
16:55,44 L	O	1000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
38,55 L	LEV2 F	50 Back 2023/12/14 Western Cape LC-A Championship 2023
41,53 S	LEV2 F	50 Back 2023/06/03 CTA CLUB MEET 2
1:23,25 L	LEV3 F	100 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:25,21 S	LEV3 F	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
2:58,17 L	LEV3 F	200 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
3:04,92 S S	LEV3 F	200 Back 2023/06/16 CTA INVITATIONAL SC MEET
54,62 S	F	50 Breast 2023/06/03 CTA CLUB MEET 2
1:52,04 S	P	100 Breast 2023/07/13 WCA SC Championships 2023
4:06,45 S	F	200 Breast 2023/08/26 CTA A MEET 2
40,95 L	LEV2 F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
43,22 S	LEV2 F	50 Fly 2023/06/03 CTA CLUB MEET 2
1:34,47 S	F	100 IM 2023/06/03 CTA CLUB MEET 2
3:16,63 S S	LEV2 F	200 IM 2023/06/16 CTA INVITATIONAL SC MEET
3:18,78 L	LEV2 P	200 IM 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
Tomlinson, Joshua (8) M (Yr: AR)		
39,75 S	F	50 Free 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
47,70 L	F	50 Free 2023/09/17 CTA B MEET 3
46,96 S	LEV2 F	50 Back 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
1:00,35 L	F	50 Back 2023/09/17 CTA B MEET 3
57,11 S	F	50 Breast 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
1:08,55 L	F	50 Breast 2023/09/17 CTA B MEET 3
19,41 S	F	25 Fly 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
Trower, Michael (13) M (Yr: AR)		
31,43 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
32,37 S	P	50 Free 2023/07/13 WCA SC Championships 2023
1:08,75 L	LEV2 P	100 Free 2023/12/14 Western Cape LC-A Championship 2023
1:10,97 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
2:27,86 L	LEV3 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
2:31,76 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
5:12,16 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
5:21,94 L	LEV3 F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
10:53,11 L	F	800 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
20:42,66 S	F	1500 Free 2023/08/26 CTA A MEET 2
20:58,34 L	F	1500 Free 2023/12/14 Western Cape LC-A Championship 2023
55:48,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
37,15 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
1:18,41 L	LEV3 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
1:20,46 S	LEV2 P	100 Back 2023/07/13 WCA SC Championships 2023
2:46,59 L S	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
2:51,42 S	LEV3 P	200 Back 2023/07/13 WCA SC Championships 2023
45,98 L	F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
1:34,34 S	LEV2 P	100 Breast 2023/07/13 WCA SC Championships 2023
3:35,18 L	LEV2 F	200 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
1:19,84 L S	LEV2 F	100 Fly 2023/11/24 CTA A & B CHAMPS 2023
1:21,68 S	LEV2 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:51,99 L	LEV2 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
2:55,39 S	LEV2 P	200 IM 2023/07/13 WCA SC Championships 2023
6:06,40 L	F	400 IM 2023/12/14 Western Cape LC-A Championship 2023
Trower, Nicholas (15) M (Yr: AR)		
24,62 L	LEV2 F	50 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
25,11 S	LEV2 F	50 Free 2023/07/13 WCA SC Championships 2023
53,27 L	SANJ F	100 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
54,31 S	SANJ P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:57,10 S	SANJ F	200 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023

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Time	P/F/S	Event
Trower, Nicholas (15) M (Yr: AR)		
1:57,87 L	SANJ P	200 Free 2024/04/08 SA National Aquatic Champ 2024-PE
4:15,42 L	SANJ F	400 Free 2024/03/15 SA National Junior Age Group Champs-KZN 2024
4:16,60 S	SANJ F	400 Free 2023/07/13 WCA SC Championships 2023
9:07,70 L	SANJ F	800 Free 2023/09/16 CTA A MEET 3
45:53,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
28,72 S L	LEV2 F	50 Back 2023/07/13 WCA SC Championships 2023
29,05 L	LEV2 F	50 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
54,66 L L	SANJ F	100 Back 2024/03/15 SA National Junior Age Group Champs-KZN 2024
58,88 S	SANJ F	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:04,24 S	SANJ F	200 Back 2023/07/13 WCA SC Championships 2023
2:08,83 L	SANJ F	200 Back 2024/04/08 SA National Aquatic Champ 2024-PE
34,62 L	LEV2 F	50 Breast 2024/01/20 CTA A MEET 4
27,02 L	LEV2 F	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
27,86 S	LEV2 P	50 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:01,78 L	SANJ F	100 Fly 2024/02/17 Swartland Invitaional Gala 2024
1:01,80 S	LEV3 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:15,90 L	SANJ F	200 Fly 2024/01/20 CTA A MEET 4
1:03,28 S	F	100 IM 2023/07/13 WCA SC Championships 2023
2:11,54 L	SANJ F	200 IM 2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:12,87 S	SANJ F	200 IM 2023/07/13 WCA SC Championships 2023
4:49,63 L	SANJ F	400 IM 2023/12/14 Western Cape LC-A Championship 2023
4:50,42 S	SANJ F	400 IM 2023/07/13 WCA SC Championships 2023
Van der Merwe, Johanni (8) W (Yr: AR)		
50,43 S	F	50 Free 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
1:00,67 S	F	50 Back 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:03,29 S	F	50 Breast 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
31,59 S	F	25 Fly 2023/11/04 CTA CLUB MEET 7 - UWC
Van Der Ross, Peyton (12) W (Yr: AR)		
35,10 S	F	50 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
40,17 L	F	50 Free 2023/09/17 CTA B MEET 3
1:21,71 S	F	100 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:30,44 L	F	100 Free 2023/10/05 42nd Freda Barnard Invitational Gala
42,13 S	LEV2 F	50 Back 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
43,85 L S	F	50 Back 2023/10/05 42nd Freda Barnard Invitational Gala
1:31,41 S	LEV2 F	100 Back 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:43,68 L	F	100 Back 2023/09/17 CTA B MEET 3
49,79 S	F	50 Breast 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
54,97 L	F	50 Breast 2023/09/17 CTA B MEET 3
4:18,50 L	F	200 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
20,02 S	F	25 Fly 2023/08/05 CTA CLUB MEET 4 - Sweet Valley
39,87 S	LEV2 F	50 Fly 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
44,72 L S	F	50 Fly 2023/10/05 42nd Freda Barnard Invitational Gala
1:35,63 S	F	100 IM 2023/11/04 CTA CLUB MEET 7 - UWC
3:25,06 S	LEV2 F	200 IM 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
3:35,63 L	F	200 IM 2023/10/05 42nd Freda Barnard Invitational Gala
Van Heerden, Alic (10) W (Yr: AR)		
49,15 S	F	50 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
52,47 L	F	50 Free 2024/02/17 Swartland Invitaional Gala 2024
1:50,30 S	F	100 Free 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
2:03,25 L	F	100 Free 2024/01/21 CTA BMEET 4
3:45,43 S	F	200 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
4:09,43 L	F	200 Free 2024/02/17 Swartland Invitaional Gala 2024
1:00,43 S	F	50 Back 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:03,76 L	F	50 Back 2024/02/17 Swartland Invitaional Gala 2024
1:58,34 S	F	100 Back 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
2:28,48 L	F	100 Back 2024/01/21 CTA BMEET 4
1:01,16 S	F	50 Breast 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
1:05,70 L	F	50 Breast 2024/01/21 CTA BMEET 4
35,67 S	F	25 Fly 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
1:56,50 S	F	100 IM 2024/04/27 WCA Inter-district Lev1 Team Champs 2024

Individual Top Times

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Time	P/F/S	Event				
Van Heerden, Cassie (12) W (Yr: AR)						
44,51	S	F	50	Free	2023/07/08 CTA CLUB MEET 3 - Fairmont	
1:30,38	S	F	100	Free	2024/04/27 WCA Inter-district Lev1 Team Champs 2024	
1:39,33	L	F	100	Free	2024/01/21 CTA BMEET 4	
3:18,11	L	F	200	Free	2024/02/17 Swartland Invitaional Gala 2024	
46,61	S	F	50	Back	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT	
1:41,31	S	F	100	Back	2024/04/27 WCA Inter-district Lev1 Team Champs 2024	
1:49,20	L	F	100	Back	2024/01/21 CTA BMEET 4	
3:50,76	L	F	200	Back	2024/02/17 Swartland Invitaional Gala 2024	
56,95	S	F	50	Breast	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT	
1:03,76	L	F	50	Breast	2024/01/21 CTA BMEET 4	
1:57,17	S	F	100	Breast	2024/04/27 WCA Inter-district Lev1 Team Champs 2024	
2:07,37	L	F	100	Breast	2024/02/17 Swartland Invitaional Gala 2024	
4:21,83	L	F	200	Breast	2024/02/17 Swartland Invitaional Gala 2024	
50,72	S	F	50	Fly	2024/04/27 WCA Inter-district Lev1 Team Champs 2024	
1:41,31	S	F	100	IM	2024/04/27 WCA Inter-district Lev1 Team Champs 2024	
3:43,98	S	F	200	IM	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT	
3:54,67	L	F	200	IM	2024/02/17 Swartland Invitaional Gala 2024	
Van Jaarsveld, Bianca (10) W (Yr: AR)						
38,85	L	LEV2	P	50	Free	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
41,44	S		F	50	Free	2023/08/05 CTA CLUB MEET 4 - GSA
1:30,38	L	LEV2	P	100	Free	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:37,72	S		F	100	Free	2023/07/23 CTA B MEET 1
3:15,25	L	LEV2	P	200	Free	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:38,20	S		F	200	Free	2023/07/23 CTA B MEET 1
46,36	L	LEV2	P	50	Back	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
48,84	S		F	50	Back	2023/08/05 CTA CLUB MEET 4 - GSA
1:43,69	L	LEV2	P	100	Back	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:53,41	S		F	100	Back	2023/07/23 CTA B MEET 1
58,03	S		F	50	Breast	2023/08/05 CTA CLUB MEET 4 - GSA
1:02,22	L		F	50	Breast	2024/01/21 CTA BMEET 4
2:07,25	L		F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2
2:10,01	S		F	100	Breast	2023/08/26 CTA B MEET 2
51,00	L	LEV2	F	50	Fly	2023/11/18 CTA QUALIFYING MEET 2
52,22	S	LEV2	F	50	Fly	2023/08/26 CTA B MEET 2
1:51,86	S		F	100	IM	2023/08/05 CTA CLUB MEET 4 - GSA
3:46,64	L	LEV2	P	200	IM	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
3:52,61	S	LEV2	F	200	IM	2023/08/26 CTA B MEET 2
Van Onselen, Annabelle (9) W (Yr: AR)						
38,08	S	LEV2	F	50	Free	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
39,24	L	LEV2	F	50	Free	2024/02/10 WCA-B Champs - 2024
1:27,83	S	LEV2	F	100	Free	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:31,17	L	LEV2	F	100	Free	2024/02/17 Swartland Invitaional Gala 2024
3:13,68	S	LEV2	F	200	Free	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
3:22,76	L	LEV2	F	200	Free	2024/02/17 Swartland Invitaional Gala 2024
45,33	S	LEV2	F	50	Back	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
47,96	L S	LEV2	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
1:36,53	S	LEV2	F	100	Back	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
1:39,16	L	LEV2	F	100	Back	2024/02/10 WCA-B Champs - 2024
3:37,62	L	LEV2	F	200	Back	2024/02/17 Swartland Invitaional Gala 2024
3:39,25	S S	LEV2	F	200	Back	2023/09/23 CTA Invitational SC Meet
54,10	L	LEV2	F	50	Breast	2023/11/24 CTA A & B CHAMPS 2023
54,71	S S		F	50	Breast	2023/09/23 CTA Invitational SC Meet
1:56,71	S	LEV2	F	100	Breast	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
2:00,90	L	LEV2	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2
4:12,47	S	LEV2	F	200	Breast	2023/08/26 CTA B MEET 2
4:15,68	L	LEV2	F	200	Breast	2023/11/24 CTA A & B CHAMPS 2023
50,80	S	LEV2	F	50	Fly	2023/08/26 CTA B MEET 2
52,28	L	LEV2	F	50	Fly	2024/02/10 WCA-B Champs - 2024
3:33,94	S	LEV2	F	200	IM	2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
3:44,63	L	LEV2	F	200	IM	2024/02/10 WCA-B Champs - 2024

Individual Top Times

Times since: 01-May-23

Time	P/F/S	Event
Van Onselen, Pierre (11) M (Yr: AR)		
33,31 L L	LEV2 F	50 Free 2023/12/14 Western Cape LC-A Championship 2023
33,50 S S	LEV2 F	50 Free 2023/09/23 CTA Invitational SC Meet
1:15,09 L	LEV3 P	100 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:15,58 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
2:46,39 L	LEV3 P	200 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
2:50,39 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
5:51,73 L	LEV3 F	400 Free 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
37,59 L	LEV2 F	50 Back 2023/12/14 Western Cape LC-A Championship 2023
38,71 S	LEV2 F	50 Back 2023/09/23 CTA Invitational SC Meet
1:23,47 L	LEV3 P	100 Back 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:23,78 S	LEV3 F	100 Back 2023/09/23 CTA Invitational SC Meet
2:59,49 L S	LEV3 F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
3:02,72 S S	LEV3 F	200 Back 2023/09/23 CTA Invitational SC Meet
45,76 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
49,69 S	LEV2 F	50 Breast 2023/05/27 CTA QUALIFYING MEET 1
1:40,17 L	LEV3 P	100 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:49,12 S	LEV2 F	100 Breast 2023/05/27 CTA QUALIFYING MEET 1
3:31,54 L	LEV3 P	200 Breast 2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
3:43,97 S	LEV3 F	200 Breast 2023/08/26 CTA A MEET 2
38,04 L	LEV2 P	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
39,22 S	LEV2 F	50 Fly 2023/08/26 CTA A MEET 2
1:27,56 S		100 IM 2023/07/13 WCA SC Championships 2023
3:01,91 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
3:08,15 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
Van Rensburg, Janco (13) M (Yr: AR)		
34,19 S	F	50 Free 2023/07/23 CTA B MEET 1
34,31 L	F	50 Free 2024/02/10 WCA-B Champs - 2024
34,31 L	F	50 Free 2023/11/11 Swartland Prestige Gala 2023
1:15,35 L	F	100 Free 2023/11/18 CTA QUALIFYING MEET 2
1:19,45 S	F	100 Free 2023/07/23 CTA B MEET 1
3:06,75 L	F	200 Free 2023/09/17 CTA B MEET 3
42,46 L	F	50 Back 2023/09/17 CTA B MEET 3
1:30,28 L	LEV2 F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
45,00 L	LEV2 F	50 Breast 2023/11/18 CTA QUALIFYING MEET 2
46,13 S	F	50 Breast 2023/07/23 CTA B MEET 1
1:34,05 L	LEV2 F	100 Breast 2024/02/10 WCA-B Champs - 2024
1:44,15 S	F	100 Breast 2023/05/27 CTA QUALIFYING MEET 1
3:36,71 L	LEV2 F	200 Breast 2023/11/11 Swartland Prestige Gala 2023
38,27 L	LEV2 F	50 Fly 2024/02/10 WCA-B Champs - 2024
1:31,28 L	LEV2 F	100 Fly 2024/02/17 Swartland Invitational Gala 2024
3:11,14 L	F	200 IM 2024/02/17 Swartland Invitational Gala 2024
3:14,65 S	F	200 IM 2023/07/23 CTA B MEET 1
Van Rooyen, Michelle (16) W (Yr: AR)		
2:36,19 L	LEV2 F	200 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
2:38,98 S	LEV2 P	200 Free 2023/06/16 CTA INVITATIONAL SC MEET
5:35,00 S	P	400 Free 2023/06/16 CTA INVITATIONAL SC MEET
5:46,88 L	F	400 Free 2024/02/10 WCA-B Champs - 2024
1:03:05,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
37,71 S	LEV2 P	50 Back 2023/06/16 CTA INVITATIONAL SC MEET
38,68 L	LEV2 F	50 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:24,13 S	LEV2 P	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
1:25,75 L	LEV2 F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
3:08,60 L	LEV2 F	200 Back 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
38,72 S	F	50 Fly 2023/05/27 CTA QUALIFYING MEET 1
40,72 L	F	50 Fly 2023/11/18 CTA QUALIFYING MEET 2
1:35,84 L	LEV2 F	100 Fly 2024/02/17 Swartland Invitational Gala 2024
3:08,29 L	LEV2 F	200 IM 2023/11/24 CTA A & B CHAMPS 2023
3:11,19 S	F	200 IM 2023/05/27 CTA QUALIFYING MEET 1
Van Vondel, Roland (13) M (Yr: AR)		
32,57 L	F	50 Free 2023/11/11 Winelands SL4

Individual Top Times

Times since: 01-May-23

Time	P/F/S	Event			
Van Vondel, Roland (13) M (Yr: AR)					
1:19,46	L	F	100	Free	2024/02/03 CTA BRIAN BUTTON Qualifying Meet
2:52,87	S	P	200	Free	2023/07/13 WCA SC Championships 2023
35,98	S	LEV2	50	Back	2023/09/23 CTA Invitational SC Meet
36,23	L L	LEV2	50	Back	2023/12/14 Western Cape LC-A Championship 2023
1:17,50	S	LEV3	100	Back	2023/09/23 CTA Invitational SC Meet
1:17,87	L	LEV3	100	Back	2023/12/14 Western Cape LC-A Championship 2023
2:47,30	L S	LEV3	200	Back	2023/12/14 Western Cape LC-A Championship 2023
2:55,22	S	LEV2	200	Back	2023/05/27 CTA QUALIFYING MEET 1
41,98	L	LEV2	50	Breast	2024/01/20 CTA A MEET 4
1:32,43	L	LEV3	100	Breast	2023/09/16 CTA A MEET 3
1:34,58	S	LEV2	100	Breast	2023/05/27 CTA QUALIFYING MEET 1
3:22,27	L	LEV3	200	Breast	2023/12/14 Western Cape LC-A Championship 2023
3:28,78	S	LEV2	200	Breast	2023/07/13 WCA SC Championships 2023
39,21	L	LEV2	50	Fly	2023/12/14 Western Cape LC-A Championship 2023
2:57,82	L	LEV2	200	IM	2024/01/20 CTA A MEET 4
Van Zyl, Daniël (12) M (Yr: AR)					
30,44	S L	F	25	Free	2023/07/13 WCA SC Championships 2023
31,01	S	LEV2	50	Free	2023/08/26 CTA A MEET 2
31,42	L S	LEV2	50	Free	2023/12/14 Western Cape LC-A Championship 2023
1:06,08	L	LEV3	100	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:07,81	S	LEV3	100	Free	2023/07/13 WCA SC Championships 2023
2:22,27	L	SANJ	200	Free	2023/12/14 Western Cape LC-A Championship 2023
2:23,68	S	LEV3	200	Free	2023/07/13 WCA SC Championships 2023
4:49,93	L	SANJ	400	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
4:57,12	S	SANJ	400	Free	2023/07/13 WCA SC Championships 2023
9:57,05	L S	SANJ	800	Free	2024/03/15 SA National Junior Age Group Champs-KZN 2024
19:14,70	L	SANJ	1500	Free	2023/12/14 Western Cape LC-A Championship 2023
19:17,24	S	SANJ	1500	Free	2023/08/26 CTA A MEET 2
37,61	L	LEV2	50	Back	2023/12/14 Western Cape LC-A Championship 2023
1:16,93	S	LEV3	100	Back	2023/05/27 CTA QUALIFYING MEET 1
1:18,15	L	LEV3	100	Back	2024/03/15 SA National Junior Age Group Champs-KZN 2024
2:40,05	S	SANJ	200	Back	2023/07/13 WCA SC Championships 2023
2:43,87	L S	LEV3	200	Back	2024/03/15 SA National Junior Age Group Champs-KZN 2024
45,07	L	LEV2	50	Breast	2023/09/16 CTA A MEET 3
1:35,02	L	LEV3	100	Breast	2024/02/03 CTA BRIAN BUTTON Qualifying Meet
3:27,01	S	LEV3	200	Breast	2023/05/27 CTA QUALIFYING MEET 1
34,20	L	LEV2	50	Fly	2024/03/15 SA National Junior Age Group Champs-KZN 2024
36,23	S	LEV2	50	Fly	2023/05/27 CTA QUALIFYING MEET 1
1:14,31	S	LEV3	100	Fly	2023/07/13 WCA SC Championships 2023
1:14,83	L S	LEV3	100	Fly	2024/03/15 SA National Junior Age Group Champs-KZN 2024
1:17,32	S	F	100	IM	2023/07/13 WCA SC Championships 2023
2:43,99	L	LEV3	200	IM	2024/04/19 SA Schools Swimming Championship 2024
2:47,09	S	LEV3	200	IM	2023/07/13 WCA SC Championships 2023
5:45,25	L	SANJ	400	IM	2024/03/15 SA National Junior Age Group Champs-KZN 2024
Van Zyl, Lily (10) W (Yr: AR)					
41,24	L	P	50	Free	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
42,37	S	F	50	Free	2023/08/26 CTA B MEET 2
1:30,32	L	LEV2	100	Free	2024/02/10 WCA-B Champs - 2024
3:19,02	L	LEV2	200	Free	2024/02/10 WCA-B Champs - 2024
47,90	L	LEV2	50	Back	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:43,54	L	LEV2	100	Back	2024/02/10 WCA-B Champs - 2024
3:56,68	S	LEV2	200	Back	2023/08/26 CTA B MEET 2
55,24	L	F	50	Breast	2024/02/10 WCA-B Champs - 2024
2:00,31	L	LEV2	100	Breast	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
2:14,06	S	F	100	Breast	2023/08/26 CTA B MEET 2
3:52,09	L	LEV2	200	IM	2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
4:08,34	S	F	200	IM	2023/08/26 CTA B MEET 2
Vd Merwe, Elizabeth (13) W (Yr: AR)					
38,48	S	F	50	Free	2023/08/26 CTA B MEET 2
1:20,66	L	F	100	Free	2024/02/17 Swartland Invitational Gala 2024

Individual Top Times

Times since: 01-May-23

Time	P/F/S	Event			
Vd Merwe, Elizabeth (13) W (Yr: AR)					
1:23,28	S S	F	100	Free	2023/09/23 CTA Invitational SC Meet
2:58,04	L	F	200	Free	2024/02/17 Swartland Invitational Gala 2024
1:32,26	L	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2
1:34,53	S	F	100	Back	2023/09/23 CTA Invitational SC Meet
48,99	L	F	50	Breast	2023/11/18 CTA QUALIFYING MEET 2
1:46,06	L	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2
1:49,19	S	F	100	Breast	2023/08/26 CTA B MEET 2
3:48,28	S LEV2	F	200	Breast	2023/09/23 CTA Invitational SC Meet
3:55,46	L LEV2	F	200	Breast	2024/02/17 Swartland Invitational Gala 2024
3:29,76	S	F	200	IM	2023/08/26 CTA B MEET 2
Vlegaar, Daniel (11) M (Yr: AR)					
39,39	L S	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023
40,83	S S	F	50	Free	2023/06/16 CTA INVITATIONAL SC MEET
1:31,17	L	P	100	Free	2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:33,14	S S	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET
3:14,76	L LEV2	P	200	Free	2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
48,18	L LEV2	P	50	Breast	2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
51,94	S S LEV2	F	50	Breast	2023/06/16 CTA INVITATIONAL SC MEET
1:46,27	L LEV2	P	100	Breast	2024/03/21 SA Level 3 Regional Age Group Champs 2024-EC
1:55,65	S S LEV2	F	100	Breast	2023/06/16 CTA INVITATIONAL SC MEET
3:44,18	L LEV3	F	200	Breast	2024/02/10 WCA-B Champs - 2024
55,07	S S	F	50	Fly	2023/06/16 CTA INVITATIONAL SC MEET
3:44,32	L LEV2	F	200	IM	2023/11/24 CTA A & B CHAMPS 2023
3:56,59	S S	F	200	IM	2023/06/16 CTA INVITATIONAL SC MEET
Volschenk, Mila (14) W (Yr: AR)					
34,26	S S	P	50	Free	2023/06/16 CTA INVITATIONAL SC MEET
1:18,87	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
1:29,08	L LEV2	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023
37,31	L LEV2	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023
37,56	S S LEV2	P	50	Fly	2023/06/16 CTA INVITATIONAL SC MEET
1:34,77	S S LEV2	P	100	Fly	2023/06/16 CTA INVITATIONAL SC MEET
3:25,23	L	F	200	IM	2023/09/17 CTA B MEET 3
Wait, Hugo (9) M (Yr: AR)					
42,52	S	F	50	Free	2023/10/07 CTA CLUB MEET 6 - CURRO DV
54,96	S	F	50	Back	2024/01/27 CTA Level 0 Champs
1:04,89	S	F	50	Breast	2023/08/05 CTA CLUB MEET 4 - GSA
23,22	S	F	25	Fly	2024/01/27 CTA Level 0 Champs
2:02,46	S	F	100	IM	2023/10/07 CTA CLUB MEET 6 - CURRO DV
Wentzel, Kara (13) W (Yr: AR)					
40,38	S S	F	50	Free	2023/06/16 CTA INVITATIONAL SC MEET
1:28,73	S S	F	100	Free	2023/09/23 CTA Invitational SC Meet
1:33,65	L	F	100	Free	2024/02/17 Swartland Invitational Gala 2024
3:29,16	L	F	200	Free	2024/02/17 Swartland Invitational Gala 2024
49,32	S	F	50	Back	2023/07/08 CTA CLUB MEET 3 - Fairmont
1:39,58	S	F	100	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:47,43	L	F	100	Back	2024/02/17 Swartland Invitational Gala 2024
3:31,39	S S	F	200	Back	2023/09/23 CTA Invitational SC Meet
3:45,13	L	F	200	Back	2024/02/17 Swartland Invitational Gala 2024
54,17	S S	F	50	Breast	2023/09/23 CTA Invitational SC Meet
1:53,31	S	F	100	Breast	2023/08/26 CTA B MEET 2
2:00,23	L	F	100	Breast	2024/02/17 Swartland Invitational Gala 2024
4:02,43	S	F	200	Breast	2023/08/26 CTA B MEET 2
25,11	S	F	25	Fly	2023/07/08 CTA CLUB MEET 3 - Fairmont
59,26	S S	F	50	Fly	2023/06/16 CTA INVITATIONAL SC MEET
1:48,56	S	F	100	IM	2023/07/08 CTA CLUB MEET 3 - Fairmont
3:48,94	L	F	200	IM	2024/02/17 Swartland Invitational Gala 2024
4:01,39	S S	F	200	IM	2023/06/16 CTA INVITATIONAL SC MEET
West, Gabriel (19) M (Yr: AR)					
24,87	S LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
25,16	L S LEV2	P	50	Free	2024/04/08 SA National Aquatic Champ 2024-PE

Individual Top Times

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Time	P/F/S	Event
West, Gabriel (19) M (Yr: AR)		
53,51 S	SANJ P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
53,51 S	SANJ F	100 Free 2023/07/13 WCA SC Championships 2023
55,88 L	SANJ P	100 Free 2024/04/08 SA National Aquatic Champ 2024-PE
1:58,17 S	SANJ F	200 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:02,66 L	SANJ F	200 Free 2024/02/17 Swartland Invitaional Gala 2024
4:20,08 S	LEV3 F	400 Free 2023/06/16 CTA INVITATIONAL SC MEET
4:31,19 L	LEV3 F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
32,38 S	LEV2 F	50 Breast 2023/06/16 CTA INVITATIONAL SC MEET
33,13 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
25,47 S	LEV2 F	50 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
25,78 L	LEV2 F	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
57,30 S	SANJ P	100 Fly 2023/07/13 WCA SC Championships 2023
57,92 L S	SANJ F	100 Fly 2023/12/14 Western Cape LC-A Championship 2023
2:09,07 S	SANJ F	200 Fly 2023/09/23 CTA Invitational SC Meet
2:14,13 L	SANJ F	200 Fly 2024/04/08 SA National Aquatic Champ 2024-PE
1:02,33 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:15,10 S S	SANJ F	200 IM 2023/06/16 CTA INVITATIONAL SC MEET
2:19,19 L	LEV3 F	200 IM 2023/12/14 Western Cape LC-A Championship 2023
Weza, Lithe-Thaa (15) M (Yr: AR)		
36,09 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:21,57 L	F	100 Free 2023/11/24 CTA A & B CHAMPS 2023
1:21,73 S	F	100 Free 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
46,94 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
48,25 L	F	50 Breast 2023/11/24 CTA A & B CHAMPS 2023
1:38,56 S	F	100 Breast 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
42,87 S	F	50 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
45,15 L	F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
1:26,01 S	F	100 IM 2024/04/27 WCA Inter-district Lev1 Team Champs 2024
3:20,93 S	F	200 IM 2024/03/02 SA Level 1 Regional Age Group Champs 2024-CT
Wiener, Will (10) M (Yr: AR)		
42,10 L	F	50 Free 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
44,09 S	F	50 Free 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
1:32,64 L	P	100 Free 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
1:44,99 S S	F	100 Free 2023/09/23 CTA Invitational SC Meet
3:45,99 L	F	200 Free 2023/11/11 Winelands SL4
3:50,85 S	F	200 Free 2023/09/23 CTA Invitational SC Meet
19:07,02 L	O	1000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
51,32 L	F	50 Back 2023/11/11 Winelands SL4
56,38 S	F	50 Back 2023/10/07 CTA CLUB MEET 6 - CURRO DV
1:52,67 L	F	100 Back 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
1:54,63 S	F	100 Back 2023/09/23 CTA Invitational SC Meet
4:05,60 L	F	200 Back 2023/11/11 Winelands SL4
4:09,34 S S	F	200 Back 2023/09/23 CTA Invitational SC Meet
51,17 L	LEV2 P	50 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
57,88 S	F	50 Breast 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
2:02,64 L	LEV2 F	100 Breast 2024/02/03 CTA BRIAN BUTTON Qualifying Meet
2:06,60 S S	F	100 Breast 2023/09/23 CTA Invitational SC Meet
4:08,92 L	LEV2 P	200 Breast 2024/04/04 SA Level 2 Regional Age Group Champs 2024-WCA
4:12,64 S	LEV2 F	200 Breast 2023/09/23 CTA Invitational SC Meet
59,74 S	F	50 Fly 2023/10/07 CTA CLUB MEET 6 - CURRO DV
1:00,35 L	F	50 Fly 2023/11/11 Winelands SL4
1:55,67 S	F	100 IM 2023/10/07 CTA CLUB MEET 6 - CURRO DV
4:04,08 L	F	200 IM 2023/11/11 Winelands SL4
Wright, Dylan (21) M (Yr: AR)		
22,47 S L	F	25 Free 2023/07/13 WCA SC Championships 2023
24,24 S L	F	50 Free 2023/07/13 WCA SC Championships 2023
25,54 L S	P	50 Free 2024/04/08 SA National Aquatic Champ 2024-PE
45,34 Y L	F	100 Free 2023/12/01 2023 PRINCETON BIG AL INVITATIONAL
52,89 S	F	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
1:42,09 Y	F	200 Free 2023/10/20 DU @ USAFA

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Time	P/F/S	Event			
Wright, Dylan (21) M (Yr: AR)					
1:52,83	S P	200 Free	2023/07/13	WCA SC Championships 2023	
4:01,81	S F	400 Free	2023/07/13	WCA SC Championships 2023	
4:21,19	Y F	500 Free	2023/12/01	2023 PRINCETON BIG AL INVITATIONAL	
22,72	Y L F	50 Back	2023/12/01	2023 PRINCETON BIG AL INVITATIONAL	
26,59	S L F	50 Back	2023/07/13	WCA SC Championships 2023	
27,31	L P	50 Back	2024/04/08	SA National Aquatic Champ 2024-PE	
47,58	Y P	100 Back	2023/12/01	2023 PRINCETON BIG AL INVITATIONAL	
56,23	S F	100 Back	2023/07/13	WCA SC Championships 2023	
58,35	L F	100 Back	2024/04/08	SA National Aquatic Champ 2024-PE	
1:41,80	Y F	200 Back	2023/12/01	2023 PRINCETON BIG AL INVITATIONAL	
1:59,24	S F	200 Back	2023/07/13	WCA SC Championships 2023	
2:00,66	L F	200 Back	2023/11/30	2023 BIG AL LCM TIME TRIAL	
1:50,85	Y F	200 Fly	2023/10/13	2023 GCU,DU,Seattle vs CBU	
2:03,12	L F	200 Fly	2024/04/08	SA National Aquatic Champ 2024-PE	
2:05,52	S F	200 Fly	2023/07/13	WCA SC Championships 2023	
Wright, Jonah (13) M (Yr: AR)					
33,38	L F	50 Free	2024/01/21	CTA BMEET 4	
35,97	S F	50 Free	2023/08/26	CTA B MEET 2	
1:12,45	L LEV2 F	100 Free	2024/02/10	WCA-B Champs - 2024	
1:23,21	S F	100 Free	2023/07/23	CTA B MEET 1	
2:48,64	L F	200 Free	2024/02/10	WCA-B Champs - 2024	
2:59,09	S F	200 Free	2023/05/27	CTA QUALIFYING MEET 1	
39,19	L LEV2 F	50 Back	2024/01/21	CTA BMEET 4	
42,46	S F	50 Back	2023/07/23	CTA B MEET 1	
1:22,21	L LEV2 P	100 Back	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:29,67	S LEV2 F	100 Back	2023/05/27	CTA QUALIFYING MEET 1	
2:49,41	L LEV3 F	200 Back	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
3:13,98	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	
43,86	L LEV2 F	50 Breast	2024/02/10	WCA-B Champs - 2024	
1:35,02	L LEV2 P	100 Breast	2024/03/21	SA Level 3 Regional Age Group Champs 2024-EC	
1:43,02	S F	100 Breast	2023/08/26	CTA B MEET 2	
3:33,61	L LEV2 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
3:15,78	S F	200 IM	2023/08/26	CTA B MEET 2	
3:19,25	L F	200 IM	2023/10/05	42nd Freda Barnard Invitational Gala	
Wright, Keegan (18) M (Yr: AR)					
26,13	S LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023	
26,32	L LEV2 F	50 Free	2023/11/11	Winelands SL4	
55,30	L SANJ P	100 Free	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
56,10	S LEV3 P	100 Free	2023/07/13	WCA SC Championships 2023	
56,10	S LEV3 F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:57,13	S SANJ F	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:58,80	L SANJ F	200 Free	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
4:01,40	S SANJ F	400 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
4:08,94	L SANJ F	400 Free	2024/03/15	SA National Junior Age Group Champs-KZN 2024	
8:27,10	S SANJ F	800 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
8:43,38	L S SANJ F	800 Free	2024/04/08	SA National Aquatic Champ 2024-PE	
16:41,94	L SANJ F	1500 Free	2024/04/08	SA National Aquatic Champ 2024-PE	
16:53,03	S SANJ F	1500 Free	2023/07/13	WCA SC Championships 2023	
1:05:11,00	L O	5000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
29,46	L LEV2 F	50 Back	2024/02/03	CTA BRIAN BUTTON Qualifying Meet	
1:02,14	S LEV3 P	100 Back	2023/07/13	WCA SC Championships 2023	
1:02,44	L SANJ P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:07,14	S SANJ F	200 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:13,25	L S SANJ F	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
28,34	L LEV2 F	50 Fly	2024/02/17	Swartland Invitational Gala 2024	
1:02,02	S LEV2 P	100 Fly	2023/07/13	WCA SC Championships 2023	
2:12,01	L SANJ F	200 Fly	2024/04/08	SA National Aquatic Champ 2024-PE	
1:04,32	S P	100 IM	2023/07/13	WCA SC Championships 2023	
2:14,14	S SANJ P	200 IM	2023/07/13	WCA SC Championships 2023	
2:18,40	L SANJ F	200 IM	2024/01/20	CTA A MEET 4	

Individual Top Times

Times since: 01-May-23

Time	P/F/S	Event			
Wright, Keegan (18) M (Yr: AR)					
4:57,90	L SANJ F	400 IM	2023/11/24	CTA A & B CHAMPS 2023	
Zwarts, Izak (11) M (Yr: AR)					
41,62	S F	50 Free	2023/11/04	CTA CLUB MEET 7 - UWC	
43,03	L F	50 Free	2023/09/17	CTA B MEET 3	
1:37,62	L P	100 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
1:49,98	S S F	100 Free	2023/09/23	CTA Invitational SC Meet	
3:28,45	L LEV2 P	200 Free	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
41,82	L LEV2 F	50 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
48,27	S F	50 Back	2023/11/04	CTA CLUB MEET 7 - UWC	
1:38,70	L LEV2 F	100 Back	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
56,84	L P	50 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
59,75	S S F	50 Breast	2023/09/23	CTA Invitational SC Meet	
2:08,00	L P	100 Breast	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	
2:18,76	S F	100 Breast	2023/08/26	CTA B MEET 2	
23,49	S F	25 Fly	2023/08/05	CTA CLUB MEET 4 - GSA	
58,40	L F	50 Fly	2024/02/17	Swartland Invitational Gala 2024	
2:00,78	S F	100 IM	2023/11/04	CTA CLUB MEET 7 - UWC	
4:02,86	L P	200 IM	2024/04/04	SA Level 2 Regional Age Group Champs 2024-WCA	