

Individual Top Times

Times since: 01-May-23

Tygerberg Aquatics [TYGE-CPT]

Time	P/F/S	Event			
Aarninkhof, Paige (9) W (Yr: AR)					
51,91	S	F	50	Free	2023/08/26 CTA B MEET 2
53,72	L S	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023
1:57,14	S S	F	100	Free	2023/09/23 CTA Invitational SC Meet
2:05,70	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
1:02,06	S	F	50	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:03,19	L S	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
2:18,94	S	F	100	Back	2023/09/23 CTA Invitational SC Meet
2:26,55	L	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023
1:08,03	S S	F	50	Breast	2023/09/23 CTA Invitational SC Meet
1:09,15	L	F	50	Breast	2023/11/24 CTA A & B CHAMPS 2023
2:20,99	S S	F	100	Breast	2023/09/23 CTA Invitational SC Meet
2:31,91	L S	F	100	Breast	2023/11/24 CTA A & B CHAMPS 2023
28,14	S	F	25	Fly	2023/08/05 CTA CLUB MEET 4 - GSA
1:05,37	L	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023
1:09,04	S	F	50	Fly	2023/07/08 CTA CLUB MEET 3 - Fairmont
2:16,77	S	F	100	IM	2023/08/05 CTA CLUB MEET 4 - GSA
Adams, Ella (11) W (Yr: AR)					
39,19	S S	F	50	Free	2023/09/23 CTA Invitational SC Meet
43,08	L	F	50	Free	2023/11/11 Winelands SL4
1:30,84	S S	F	100	Free	2023/09/23 CTA Invitational SC Meet
1:32,59	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
3:12,65	L LEV2	F	200	Free	2023/11/11 Winelands SL4
3:20,06	S	F	200	Free	2023/09/23 CTA Invitational SC Meet
7:14,69	L	F	400	Free	2023/11/11 Winelands SL4
52,48	L	F	50	Back	2023/11/11 Winelands SL4
52,94	S	F	50	Back	2023/08/05 CTA CLUB MEET 4 - GSA
1:45,83	S	F	100	Back	2023/09/23 CTA Invitational SC Meet
1:48,46	L	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023
3:55,14	S S	F	200	Back	2023/09/23 CTA Invitational SC Meet
4:08,32	L	F	200	Back	2023/11/11 Winelands SL4
1:06,82	S	F	50	Breast	2023/08/05 CTA CLUB MEET 4 - GSA
1:12,10	L	F	50	Breast	2023/11/11 Winelands SL4
51,98	S S	F	50	Fly	2023/09/23 CTA Invitational SC Meet
53,29	L	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023
1:54,83	S	F	100	IM	2023/08/05 CTA CLUB MEET 4 - GSA
4:03,03	L	F	200	IM	2023/11/24 CTA A & B CHAMPS 2023
Adendorff, James (16) M (Yr: AR)					
27,63	S LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
27,77	L LEV2	F	50	Free	2023/09/17 CTA B MEET 3
1:02,88	S LEV2	P	100	Free	2023/07/13 WCA SC Championships 2023
2:22,40	S LEV2	P	200	Free	2023/07/13 WCA SC Championships 2023
31,55	S LEV2	F	50	Back	2023/05/27 CTA QUALIFYING MEET 1
33,30	L LEV2	P	50	Back	2023/12/14 Western Cape LC-A Championship 2023
1:08,58	S LEV2	F	100	Back	2023/09/23 CTA Invitational SC Meet
1:13,30	L LEV2	F	100	Back	2023/09/17 CTA B MEET 3
34,89	L LEV2	P	50	Breast	2023/12/14 Western Cape LC-A Championship 2023
35,15	S LEV2	F	50	Breast	2023/05/27 CTA QUALIFYING MEET 1
1:12,56	S LEV2	F	100	Breast	2023/09/23 CTA Invitational SC Meet
1:18,82	L LEV2	P	100	Breast	2023/12/14 Western Cape LC-A Championship 2023
2:30,28	S LEV2	P	200	IM	2023/07/13 WCA SC Championships 2023
2:38,92	L LEV2	F	200	IM	2023/09/17 CTA B MEET 3
Adriaan, Shaina (18) W (Yr: AR)					
31,96	S LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
32,18	L LEV2	F	50	Free	2023/09/17 CTA B MEET 3
1:11,92	L LEV2	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
1:13,28	S	P	100	Free	2023/07/13 WCA SC Championships 2023
2:40,43	S LEV2	P	200	Free	2023/07/13 WCA SC Championships 2023
2:42,77	L S LEV2	F	200	Free	2023/11/24 CTA A & B CHAMPS 2023
38,44	L S LEV2	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023

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Time	P/F/S	Event				
Adriaan, Shaina (18) W (Yr: AR)						
1:22,82	L LEV2 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023		
1:25,34	S LEV2 P	100 Back	2023/07/13	WCA SC Championships 2023		
43,05	S LEV2 F	50 Breast	2023/05/27	CTA QUALIFYING MEET 1		
44,26	L LEV2 F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023		
1:35,51	S LEV2 P	100 Breast	2023/07/13	WCA SC Championships 2023		
1:38,89	L S LEV2 F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023		
39,74	L F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2		
1:22,27	S P	100 IM	2023/07/13	WCA SC Championships 2023		
3:02,83	L LEV2 F	200 IM	2023/11/24	CTA A & B CHAMPS 2023		
3:07,08	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023		
Anderson, Dillon (8) M (Yr: BN)						
24,85	S F	25 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont		
28,71	S F	25 Back	2023/07/08	CTA CLUB MEET 3 - Fairmont		
Anderson, Owyn (10) M (Yr: AR)						
24,87	S F	25 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont		
32,86	S F	25 Back	2023/07/08	CTA CLUB MEET 3 - Fairmont		
35,90	S F	25 Breast	2023/07/08	CTA CLUB MEET 3 - Fairmont		
Assad, Lia (14) W (Yr: BR)						
2:38,53	S LEV2 F	200 Free	2023/07/23	CTA A MEET 1		
1:23,78	L LEV2 F	100 Back	2023/10/05	42nd Freda Barnard Invitational Gala		
39,64	S LEV2 F	50 Breast	2023/07/23	CTA A MEET 1		
41,44	L LEV2 F	50 Breast	2023/10/05	42nd Freda Barnard Invitational Gala		
2:48,57	S LEV3 F	200 IM	2023/07/23	CTA A MEET 1		
2:57,49	L LEV2 F	200 IM	2023/10/05	42nd Freda Barnard Invitational Gala		
Assad, Maria (52) W (Yr: BR)						
21:13,73	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim		
Badenhorst, Christiaan (9) M (Yr: CN)						
57,78	S F	50 Free	2023/11/04	CTA CLUB MEET 7 - UWC		
1:02,67	S F	50 Back	2023/10/07	CTA CLUB MEET 6 - CURRO DV		
33,32	S F	25 Breast	2023/10/07	CTA CLUB MEET 6 - CURRO DV		
31,73	S F	25 Fly	2023/11/04	CTA CLUB MEET 7 - UWC		
Bannister, Joshua (16) M (Yr: AR)						
27,14	S LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023		
58,21	S LEV2 P	100 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023		
58,80	L LEV3 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023		
2:04,93	S LEV3 P	200 Free	2023/07/13	WCA SC Championships 2023		
2:09,66	L LEV3 P	200 Free	2023/12/14	Western Cape LC-A Championship 2023		
4:23,09	S LEV3 P	400 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023		
4:26,15	L SANJ F	400 Free	2024/01/20	CTA A MEET 4		
9:10,33	S F	800 Free	2023/07/23	CTA A MEET 1		
9:23,16	L S F	800 Free	2023/12/14	Western Cape LC-A Championship 2023		
17:47,06	L SANJ F	1500 Free	2023/12/14	Western Cape LC-A Championship 2023		
1:16:26,00	L O	5000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim		
31,23	L LEV2 P	50 Back	2023/12/14	Western Cape LC-A Championship 2023		
1:07,16	S LEV2 P	100 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023		
1:08,77	L LEV2 P	100 Back	2023/12/14	Western Cape LC-A Championship 2023		
2:23,47	S LEV3 P	200 Back	2023/07/13	WCA SC Championships 2023		
2:27,93	L S LEV3 P	200 Back	2023/12/14	Western Cape LC-A Championship 2023		
37,40	L LEV2 F	50 Breast	2023/11/11	Winelands SL4		
1:16,11	S LEV2 P	100 Breast	2023/07/13	WCA SC Championships 2023		
1:22,72	L LEV2 P	100 Breast	2023/12/14	Western Cape LC-A Championship 2023		
30,63	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2		
1:09,26	S P	100 IM	2023/07/13	WCA SC Championships 2023		
2:25,64	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023		
2:30,19	L LEV2 F	200 IM	2023/11/24	CTA A & B CHAMPS 2023		
Barnes, Kiara (23) W (Yr: AR)						
30,75	L P	50 Free	2023/06/24	PEA Winter Gala 2023		
1:04,73	S P	100 Free	2023/07/13	WCA SC Championships 2023		
1:06,80	L P	100 Free	2023/06/24	PEA Winter Gala 2023		
2:21,11	S P	200 Free	2023/07/13	WCA SC Championships 2023		

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Time	P/F/S	Event				
Barnes, Kiara (23) W (Yr: AR)						
2:23,55	L	F	200	Free	2023/06/24 PEA Winter Gala 2023	
4:54,58	S	F	400	Free	2023/07/13 WCA SC Championships 2023	
5:05,04	L	F	400	Free	2023/06/24 PEA Winter Gala 2023	
9:47,73	S S	F	800	Free	2023/07/13 WCA SC Championships 2023	
34,12	L	F	50	Back	2023/06/24 PEA Winter Gala 2023	
1:11,02	S	P	100	Back	2023/07/13 WCA SC Championships 2023	
1:13,23	L	F	100	Back	2023/06/24 PEA Winter Gala 2023	
2:29,91	S	P	200	Back	2023/07/13 WCA SC Championships 2023	
2:41,02	L	F	200	Back	2023/06/24 PEA Winter Gala 2023	
42,54	L	P	50	Breast	2023/06/24 PEA Winter Gala 2023	
33,53	L	P	50	Fly	2023/06/24 PEA Winter Gala 2023	
2:38,38	S	P	200	IM	2023/07/13 WCA SC Championships 2023	
2:45,88	L	F	200	IM	2023/06/24 PEA Winter Gala 2023	
Basson, Katelyn (13) W (Yr: BN)						
41,56	S	F	50	Free	2023/08/05 CTA CLUB MEET 4 - GSA	
56,06	S	F	50	Back	2023/08/05 CTA CLUB MEET 4 - GSA	
1:02,48	S	F	50	Breast	2023/08/05 CTA CLUB MEET 4 - GSA	
Bester, Eben (16) M (Yr: AR)						
27,09	L S	LEV2	P	50	Free	2023/12/14 Western Cape LC-A Championship 2023
27,39	S	LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
59,97	L	LEV2	P	100	Free	2023/12/14 Western Cape LC-A Championship 2023
1:00,09	S	LEV2	P	100	Free	2023/07/13 WCA SC Championships 2023
2:11,21	S	LEV2	P	200	Free	2023/07/13 WCA SC Championships 2023
2:24,57	L	LEV2	F	200	Free	2024/01/20 CTA A MEET 4
4:40,87	S	LEV3	F	400	Free	2023/07/13 WCA SC Championships 2023
4:57,21	L		F	400	Free	2023/12/14 Western Cape LC-A Championship 2023
32,02	L	LEV2	P	50	Back	2023/12/14 Western Cape LC-A Championship 2023
1:05,91	S	LEV3	P	100	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:08,43	L	LEV2	P	100	Back	2023/12/14 Western Cape LC-A Championship 2023
2:20,14	S	LEV3	F	200	Back	2023/06/16 CTA INVITATIONAL SC MEET
2:29,05	L S	LEV3	F	200	Back	2023/11/24 CTA A & B CHAMPS 2023
33,80	L	LEV2	P	50	Breast	2023/12/14 Western Cape LC-A Championship 2023
1:14,97	S	LEV2	F	100	Breast	2023/06/16 CTA INVITATIONAL SC MEET
1:16,64	L S	LEV2	F	100	Breast	2023/11/24 CTA A & B CHAMPS 2023
2:42,53	S	LEV3	F	200	Breast	2023/06/16 CTA INVITATIONAL SC MEET
2:50,13	L	LEV3	F	200	Breast	2023/11/24 CTA A & B CHAMPS 2023
30,74	L	LEV2	P	50	Fly	2023/12/14 Western Cape LC-A Championship 2023
1:11,25	S	LEV2	P	100	Fly	2023/07/13 WCA SC Championships 2023
1:08,87	S		P	100	IM	2023/07/13 WCA SC Championships 2023
2:25,86	S	LEV2	P	200	IM	2023/07/13 WCA SC Championships 2023
2:30,04	L	LEV2	P	200	IM	2023/12/14 Western Cape LC-A Championship 2023
5:12,12	S		F	400	IM	2023/06/16 CTA INVITATIONAL SC MEET
5:29,10	L		F	400	IM	2023/12/14 Western Cape LC-A Championship 2023
Bosch, Ewan (11) M (Yr: AR)						
33,19	L S	LEV2	P	50	Free	2023/12/14 Western Cape LC-A Championship 2023
35,32	S	LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
1:14,42	L	LEV3	P	100	Free	2023/12/14 Western Cape LC-A Championship 2023
1:17,56	S	LEV2	P	100	Free	2023/07/13 WCA SC Championships 2023
2:44,12	L S	LEV3	F	200	Free	2023/11/24 CTA A & B CHAMPS 2023
2:50,20	S	LEV2	P	200	Free	2023/07/13 WCA SC Championships 2023
5:58,77	L	LEV3	F	400	Free	2023/12/14 Western Cape LC-A Championship 2023
40,61	L S	LEV2	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
42,69	S	LEV2	F	50	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:25,86	L	LEV3	P	100	Back	2023/12/14 Western Cape LC-A Championship 2023
1:29,97	S	LEV2	P	100	Back	2023/07/13 WCA SC Championships 2023
46,97	L	LEV2	P	50	Breast	2023/12/14 Western Cape LC-A Championship 2023
1:45,87	S	LEV2	P	100	Breast	2023/07/13 WCA SC Championships 2023
3:51,12	L	LEV2	F	200	Breast	2023/11/11 Winelands SL4
35,22	L	LEV2	F	50	Fly	2023/12/14 Western Cape LC-A Championship 2023
38,97	S S	LEV2	F	50	Fly	2023/06/16 CTA INVITATIONAL SC MEET

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Time	P/F/S	Event			
Bosch, Ewan (11) M (Yr: AR)					
1:20,93	L S LEV3 F	100 Fly	2023/12/14	Western Cape LC-A Championship 2023	
1:25,54	S LEV3 F	100 Fly	2023/07/13	WCA SC Championships 2023	
3:02,19	L LEV3 P	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
3:13,84	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023	
Boshoff, Anja (11) W (Yr: AR)					
34,15	S L LEV2 F	50 Free	2023/07/13	WCA SC Championships 2023	
34,40	L S LEV2 F	50 Free	2023/10/05	42nd Freda Barnard Invitational Gala	
1:15,51	L L LEV3 F	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:46,34	S LEV3 F	200 Free	2023/09/23	CTA Invitational SC Meet	
17:25,82	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
37,27	L LEV2 P	50 Back	2023/12/14	Western Cape LC-A Championship 2023	
38,05	S L LEV2 F	50 Back	2023/07/13	WCA SC Championships 2023	
1:19,23	S LEV3 F	100 Back	2023/09/23	CTA Invitational SC Meet	
1:19,52	L LEV3 F	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:50,36	L LEV3 F	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:53,43	S LEV3 F	200 Back	2023/07/13	WCA SC Championships 2023	
50,17	L LEV2 F	50 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
39,58	L LEV2 P	50 Fly	2023/12/14	Western Cape LC-A Championship 2023	
1:29,60	S LEV3 F	100 Fly	2023/07/13	WCA SC Championships 2023	
1:33,54	L S LEV3 F	100 Fly	2023/12/14	Western Cape LC-A Championship 2023	
1:27,86	S F	100 IM	2023/07/13	WCA SC Championships 2023	
3:07,71	L LEV3 P	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
Boshoff, Juan (18) M (Yr: AR)					
26,16	L S LEV2 F	50 Free	2023/10/05	42nd Freda Barnard Invitational Gala	
56,98	L LEV3 F	100 Free	2023/10/05	42nd Freda Barnard Invitational Gala	
2:01,95	L L SANJ F	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
4:23,62	L SANJ F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
9:04,34	L SANJ F	800 Free	2023/10/05	42nd Freda Barnard Invitational Gala	
28,53	L S LEV2 F	50 Back	2023/10/05	42nd Freda Barnard Invitational Gala	
58,37	S SANJ F	100 Back	2023/07/13	WCA SC Championships 2023	
58,91	L SANJ F	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:05,45	S SANJ F	200 Back	2023/07/13	WCA SC Championships 2023	
2:07,89	L SANJ F	200 Back	2023/12/06	15th African Junior Championships 2023	
31,02	L LEV2 F	50 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
1:05,68	S SANJ F	100 Breast	2023/07/13	WCA SC Championships 2023	
1:07,31	L SANJ F	100 Breast	2023/12/14	Western Cape LC-A Championship 2023	
2:30,60	L SANJ F	200 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
26,35	L S LEV2 F	50 Fly	2023/10/05	42nd Freda Barnard Invitational Gala	
1:02,01	S LEV2 P	100 Fly	2023/07/13	WCA SC Championships 2023	
2:07,19	L SANJ F	200 Fly	2023/12/06	15th African Junior Championships 2023	
59,59	S F	100 IM	2023/07/13	WCA SC Championships 2023	
2:06,95	S SANJ F	200 IM	2023/07/13	WCA SC Championships 2023	
2:09,06	L SANJ F	200 IM	2023/12/06	15th African Junior Championships 2023	
4:28,41	S SANJ F	400 IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
4:40,79	L SANJ F	400 IM	2023/12/06	15th African Junior Championships 2023	
Botha, Andre (11) M (Yr: AR)					
44,21	L F	50 Free	2024/01/21	CTA BMEET 4	
1:47,53	L F	100 Free	2024/01/21	CTA BMEET 4	
55,23	L F	50 Back	2024/01/21	CTA BMEET 4	
54,69	L F	50 Breast	2024/01/21	CTA BMEET 4	
4:13,75	L F	200 IM	2024/01/21	CTA BMEET 4	
Botha, Dylan (16) M (Yr: BN)					
33,95	S F	50 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:17,08	S F	100 Free	2023/09/23	CTA Invitational SC Meet	
1:20,45	L F	100 Free	2023/09/17	CTA B MEET 3	
3:05,38	S F	200 Free	2023/07/23	CTA B MEET 1	
40,95	S F	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	
1:32,84	L F	100 Back	2023/09/17	CTA B MEET 3	
1:33,36	S P	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	
22,49	S F	25 Breast	2023/06/03	CTA CLUB MEET 2	

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Time	P/F/S	Event			
Botha, Dylan (16) M (Yr: BN)					
51,37 S	P	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:46,18 S	F	100 Breast	2023/08/26	CTA B MEET 2	
18,69 S	F	25 Fly	2023/06/03	CTA CLUB MEET 2	
40,20 S	F	50 Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:33,62 S S	F	100 Fly	2023/09/23	CTA Invitational SC Meet	
1:42,66 S	F	100 IM	2023/06/03	CTA CLUB MEET 2	
3:23,39 S	F	200 IM	2023/08/26	CTA B MEET 2	
Bouwer, Jason (13) M (Yr: AR)					
30,81 S	LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023	
30,90 L	LEV2 F	50 Free	2023/11/11	Winelands SL4	
1:06,77 L	LEV3 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
1:07,24 S	LEV2 P	100 Free	2023/07/13	WCA SC Championships 2023	
2:25,65 L	LEV3 P	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:26,28 S	LEV3 P	200 Free	2023/07/13	WCA SC Championships 2023	
4:59,11 L	SANJ F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
5:04,15 S	LEV3 F	400 Free	2023/07/13	WCA SC Championships 2023	
10:28,27 L S	F	800 Free	2023/12/14	Western Cape LC-A Championship 2023	
19:40,37 S	F	1500 Free	2023/08/26	CTA A MEET 2	
20:12,19 L	F	1500 Free	2023/12/14	Western Cape LC-A Championship 2023	
50:38,00 L	O	3000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
33,44 S	LEV2 F	50 Back	2023/09/23	CTA Invitational SC Meet	
34,23 L	LEV2 F	50 Back	2023/11/11	Winelands SL4	
1:11,45 L	SANJ P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
1:11,87 S	LEV3 F	100 Back	2023/09/23	CTA Invitational SC Meet	
2:32,91 S	SANJ F	200 Back	2023/09/23	CTA Invitational SC Meet	
2:38,73 L S	LEV3 P	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
38,81 L	LEV2 P	50 Breast	2023/12/14	Western Cape LC-A Championship 2023	
1:24,54 S	LEV3 F	100 Breast	2023/07/13	WCA SC Championships 2023	
1:25,37 L	LEV3 P	100 Breast	2023/12/14	Western Cape LC-A Championship 2023	
3:02,57 S	LEV3 F	200 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
3:05,67 L	LEV3 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
31,77 L	LEV2 P	50 Fly	2023/12/14	Western Cape LC-A Championship 2023	
32,68 S S	LEV2 F	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
1:09,16 L S	SANJ F	100 Fly	2023/12/14	Western Cape LC-A Championship 2023	
1:11,07 S S	LEV3 F	100 Fly	2023/09/23	CTA Invitational SC Meet	
2:37,83 L	SANJ F	200 Fly	2023/12/14	Western Cape LC-A Championship 2023	
2:43,25 S	F	200 Fly	2023/07/13	WCA SC Championships 2023	
1:15,57 S	F	100 IM	2023/07/13	WCA SC Championships 2023	
2:34,09 L	SANJ F	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
2:38,14 S	LEV3 P	200 IM	2023/07/13	WCA SC Championships 2023	
5:34,20 L	SANJ F	400 IM	2023/12/14	Western Cape LC-A Championship 2023	
5:38,94 S	F	400 IM	2023/07/13	WCA SC Championships 2023	
Bouwer, Juno (11) W (Yr: AR)					
42,06 S S	F	50 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:34,60 S S	F	100 Free	2023/09/23	CTA Invitational SC Meet	
1:36,76 L	F	100 Free	2023/10/05	42nd Freda Barnard Invitational Gala	
3:38,90 S	F	200 Free	2023/07/23	CTA B MEET 1	
20:37,05 L	O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
49,28 S	F	50 Back	2023/09/23	CTA Invitational SC Meet	
1:48,04 S	F	100 Back	2023/09/23	CTA Invitational SC Meet	
1:49,48 L	F	100 Back	2023/10/05	42nd Freda Barnard Invitational Gala	
3:41,33 S S	LEV2 F	200 Back	2023/09/23	CTA Invitational SC Meet	
53,93 S	F	50 Breast	2023/07/23	CTA B MEET 1	
54,96 L	F	50 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
1:56,70 S S	F	100 Breast	2023/09/23	CTA Invitational SC Meet	
4:13,80 S	LEV2 F	200 Breast	2023/09/23	CTA Invitational SC Meet	
4:15,38 L	LEV2 F	200 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
3:52,83 S S	F	200 IM	2023/06/16	CTA INVITATIONAL SC MEET	
3:53,97 L	F	200 IM	2023/10/05	42nd Freda Barnard Invitational Gala	
Burger, Juanè (13) W (Yr: BR)					

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Time	P/F/S	Event			
Burger, Juanè (13) W (Yr: BR)					
33,51	S S	P	50	Free	2023/06/16 CTA INVITATIONAL SC MEET
33,88	L S	LEV2	50	Free	2023/12/14 Western Cape LC-A Championship 2023
1:12,67	S	LEV2	100	Free	2023/06/16 CTA INVITATIONAL SC MEET
1:13,10	L	LEV2	100	Free	2023/12/14 Western Cape LC-A Championship 2023
2:36,14	L	LEV2	200	Free	2023/12/14 Western Cape LC-A Championship 2023
2:36,74	S	LEV2	200	Free	2023/06/16 CTA INVITATIONAL SC MEET
5:25,73	S	LEV3	400	Free	2023/07/23 CTA A MEET 1
5:28,21	L	LEV3	400	Free	2023/11/24 CTA A & B CHAMPS 2023
11:18,18	L		800	Free	2023/11/18 CTA QUALIFYING MEET 2
1:24,91	L	LEV2	100	Back	2023/11/18 CTA QUALIFYING MEET 2
1:25,33	S	LEV2	100	Back	2023/06/16 CTA INVITATIONAL SC MEET
2:58,21	S	LEV2	200	Back	2023/06/16 CTA INVITATIONAL SC MEET
2:59,56	L	LEV2	200	Back	2023/11/11 Swartland Prestige Gala 2023
45,65	L	LEV2	50	Breast	2023/12/14 Western Cape LC-A Championship 2023
1:38,27	L S	LEV2	100	Breast	2023/11/24 CTA A & B CHAMPS 2023
1:38,60	S	LEV2	100	Breast	2023/07/23 CTA A MEET 1
36,25	L	LEV2	50	Fly	2023/12/14 Western Cape LC-A Championship 2023
1:25,89	L S	LEV2	100	Fly	2023/12/14 Western Cape LC-A Championship 2023
2:56,43	L	LEV3	200	IM	2023/12/14 Western Cape LC-A Championship 2023
3:00,17	S S	LEV2	200	IM	2023/06/16 CTA INVITATIONAL SC MEET
Chibharo, Ruvarashe (11) W (Yr: AR)					
36,18	S S	LEV2	50	Free	2023/09/23 CTA Invitational SC Meet
36,53	L	LEV2	50	Free	2023/11/11 Winelands SL4
1:22,45	S S	LEV2	100	Free	2023/06/16 CTA INVITATIONAL SC MEET
1:24,00	L	LEV2	100	Free	2023/10/05 42nd Freda Barnard Invitational Gala
2:53,99	L S	LEV2	200	Free	2023/11/24 CTA A & B CHAMPS 2023
2:54,46	S	LEV2	200	Free	2023/09/23 CTA Invitational SC Meet
6:38,54	L		400	Free	2023/11/11 Winelands SL4
17:43,22	L		1000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim
45,50	L	LEV2	50	Back	2023/11/11 Winelands SL4
1:41,72	L		100	Back	2023/11/11 Winelands SL4
3:31,17	L S	LEV2	200	Back	2023/11/24 CTA A & B CHAMPS 2023
46,95	S S	LEV2	50	Breast	2023/06/16 CTA INVITATIONAL SC MEET
49,55	L	LEV2	50	Breast	2023/11/24 CTA A & B CHAMPS 2023
1:43,17	S S	LEV2	100	Breast	2023/09/23 CTA Invitational SC Meet
1:46,51	L S	LEV2	100	Breast	2023/10/05 42nd Freda Barnard Invitational Gala
3:34,57	S	LEV3	200	Breast	2023/06/16 CTA INVITATIONAL SC MEET
3:46,05	L	LEV2	200	Breast	2023/11/24 CTA A & B CHAMPS 2023
42,85	S S	LEV2	50	Fly	2023/09/23 CTA Invitational SC Meet
48,98	L	LEV2	50	Fly	2023/11/11 Winelands SL4
1:43,98	S S	LEV2	100	Fly	2023/06/16 CTA INVITATIONAL SC MEET
3:18,23	L	LEV3	200	IM	2023/11/24 CTA A & B CHAMPS 2023
Cloete, Albert (9) M (Yr: AR)					
40,21	L		50	Free	2023/09/17 CTA B MEET 3
41,47	S		50	Free	2023/08/05 CTA CLUB MEET 4 - GSA
1:34,61	L		100	Free	2024/01/21 CTA BMEET 4
3:26,39	L	LEV2	200	Free	2023/11/18 CTA QUALIFYING MEET 2
42,82	L S	LEV2	50	Back	2023/11/24 CTA A & B CHAMPS 2023
49,36	S		50	Back	2023/08/05 CTA CLUB MEET 4 - GSA
1:40,52	L	LEV2	100	Back	2023/11/18 CTA QUALIFYING MEET 2
3:44,96	S	LEV2	200	Back	2023/08/26 CTA B MEET 2
1:05,34	L		50	Breast	2023/09/17 CTA B MEET 3
1:07,23	S		50	Breast	2023/08/05 CTA CLUB MEET 4 - GSA
49,63	L	LEV2	50	Fly	2023/11/18 CTA QUALIFYING MEET 2
50,83	S	LEV2	50	Fly	2023/08/26 CTA B MEET 2
1:55,17	S		100	IM	2023/07/08 CTA CLUB MEET 3 - Fairmont
3:58,51	L		200	IM	2024/01/21 CTA BMEET 4
Cloete, Anè (14) W (Yr: BR)					
32,83	S S	LEV2	50	Free	2023/06/16 CTA INVITATIONAL SC MEET
34,24	L		50	Free	2023/09/17 CTA B MEET 3

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Time	P/F/S	Event			
Cloete, Anè (14) W (Yr: BR)					
1:14,64	S P	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:18,21	L F	100 Free	2023/09/17	CTA B MEET 3	
2:45,32	S LEV2 P	200 Free	2023/06/16	CTA INVITATIONAL SC MEET	
17:05,75	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
1:23,16	S LEV2 P	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	
1:28,24	L LEV2 F	100 Back	2023/09/17	CTA B MEET 3	
46,74	S P	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
50,37	L F	50 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
3:04,86	S S LEV2 P	200 IM	2023/06/16	CTA INVITATIONAL SC MEET	
3:10,19	L LEV2 F	200 IM	2023/10/05	42nd Freda Barnard Invitational Gala	
Coetzee, Dewan (16) M (Yr: AR)					
1:06,10	S F	100 Free	2023/05/27	CTA QUALIFYING MEET 1	
2:31,04	L LEV2 F	200 Free	2023/09/16	CTA A MEET 3	
55:29,00	L O	3000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
33,97	S LEV2 F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
1:15,47	L LEV2 F	100 Back	2023/09/16	CTA A MEET 3	
2:52,08	L F	200 IM	2023/09/16	CTA A MEET 3	
Collen, Jennah (9) W (Yr: BN)					
26,23	S F	25 Free	2023/11/04	CTA CLUB MEET 7 - UWC	
1:04,94	L F	50 Free	2024/01/21	CTA BMEET 4	
28,61	S F	25 Back	2023/11/04	CTA CLUB MEET 7 - UWC	
1:04,35	L F	50 Back	2024/01/21	CTA BMEET 4	
Combrinck, Hannah (8) W (Yr: BN)					
57,02	S F	50 Free	2023/11/04	CTA CLUB MEET 7 - UWC	
36,55	S F	25 Breast	2023/11/04	CTA CLUB MEET 7 - UWC	
Crookham, Mia (14) W (Yr: AR)					
33,36	S P	50 Free	2023/07/13	WCA SC Championships 2023	
33,40	L S LEV2 F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:14,54	L LEV2 F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:16,26	S F	100 Free	2023/07/23	CTA B MEET 1	
2:51,46	L F	200 Free	2024/01/21	CTA BMEET 4	
2:52,21	S F	200 Free	2023/05/27	CTA QUALIFYING MEET 1	
40,59	L LEV2 F	50 Back	2024/01/21	CTA BMEET 4	
41,11	S F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
1:29,92	L F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
1:31,43	S F	100 Back	2023/07/23	CTA B MEET 1	
47,79	L F	50 Breast	2024/01/21	CTA BMEET 4	
48,60	S F	50 Breast	2023/07/23	CTA B MEET 1	
1:52,82	L F	100 Breast	2023/11/18	CTA QUALIFYING MEET 2	
39,79	L LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023	
1:30,25	S P	100 IM	2023/07/13	WCA SC Championships 2023	
3:13,38	L F	200 IM	2024/01/21	CTA BMEET 4	
3:20,17	S P	200 IM	2023/07/13	WCA SC Championships 2023	
Crookham, Ryan (11) M (Yr: AR)					
42,05	S F	50 Free	2023/11/04	CTA CLUB MEET 7 - UWC	
42,39	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
3:38,19	L F	200 Free	2024/01/21	CTA BMEET 4	
48,93	L F	50 Back	2024/01/21	CTA BMEET 4	
49,21	S F	50 Back	2023/11/04	CTA CLUB MEET 7 - UWC	
1:05,93	S F	50 Breast	2023/11/04	CTA CLUB MEET 7 - UWC	
1:11,85	L F	50 Breast	2023/09/17	CTA B MEET 3	
24,34	S F	25 Fly	2023/06/03	CTA CLUB MEET 2	
49,63	L LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023	
51,88	S F	50 Fly	2023/11/04	CTA CLUB MEET 7 - UWC	
1:54,21	S F	100 IM	2023/11/04	CTA CLUB MEET 7 - UWC	
4:07,84	L F	200 IM	2024/01/21	CTA BMEET 4	
Das Neves, Lucas (14) M (Yr: AR)					
27,98	S S LEV2 F	50 Free	2023/09/23	CTA Invitational SC Meet	
28,04	L S LEV2 P	50 Free	2023/12/14	Western Cape LC-A Championship 2023	
1:01,15	S LEV3 F	100 Free	2023/09/23	CTA Invitational SC Meet	

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Time	P/F/S	Event				
Das Neves, Lucas (14) M (Yr: AR)						
1:02,15	L LEV3	F	100	Free	2023/10/05	42nd Freda Barnard Invitational Gala
2:20,50	L S LEV3	F	200	Free	2023/10/05	42nd Freda Barnard Invitational Gala
33,80	L LEV2	P	50	Back	2023/12/14	Western Cape LC-A Championship 2023
1:12,85	L LEV3	F	100	Back	2023/09/16	CTA A MEET 3
2:31,75	S LEV3	F	200	Back	2023/09/23	CTA Invitational SC Meet
39,09	L LEV2	F	50	Breast	2023/09/16	CTA A MEET 3
29,47	L S LEV2	F	50	Fly	2023/10/05	42nd Freda Barnard Invitational Gala
29,52	S S LEV2	F	50	Fly	2023/09/23	CTA Invitational SC Meet
1:05,85	L S LEV3	F	100	Fly	2023/12/14	Western Cape LC-A Championship 2023
1:06,02	S S LEV3	F	100	Fly	2023/06/16	CTA INVITATIONAL SC MEET
2:50,30	L	F	200	Fly	2023/10/05	42nd Freda Barnard Invitational Gala
2:40,61	S S LEV2	P	200	IM	2023/06/16	CTA INVITATIONAL SC MEET
2:43,04	L LEV2	F	200	IM	2023/09/16	CTA A MEET 3
De Bruyn, Jaelyn (8) W (Yr: EN)						
22,47	S	F	25	Free	2023/10/07	CTA CLUB MEET 6 - CURRO DV
36,81	S	F	25	Back	2023/08/05	CTA CLUB MEET 4 - GSA
57,35	S	F	25	Breast	2023/09/02	CTA CLUB MEET 5 - FAIRMONT
56,63	S	F	25	Fly	2023/09/02	CTA CLUB MEET 5 - FAIRMONT
De Jager, Alexander (13) M (Yr: BR)						
35,57	L S	F	50	Free	2023/11/24	CTA A & B CHAMPS 2023
37,88	S	F	50	Free	2023/07/23	CTA B MEET 1
1:28,94	S	F	100	Free	2023/05/27	CTA QUALIFYING MEET 1
3:14,62	S	F	200	Free	2023/07/23	CTA B MEET 1
41,66	L S	F	50	Back	2023/11/24	CTA A & B CHAMPS 2023
42,32	S	F	50	Back	2023/05/27	CTA QUALIFYING MEET 1
1:34,54	L	F	100	Back	2023/09/17	CTA B MEET 3
1:37,69	S	F	100	Back	2023/07/23	CTA B MEET 1
47,54	S	F	50	Breast	2023/07/23	CTA B MEET 1
50,52	L	F	50	Breast	2023/09/17	CTA B MEET 3
1:41,43	L S LEV2	F	100	Breast	2023/11/24	CTA A & B CHAMPS 2023
1:45,04	S	F	100	Breast	2023/05/27	CTA QUALIFYING MEET 1
3:43,50	L LEV2	F	200	Breast	2023/11/11	Swartland Prestige Gala 2023
3:21,70	L	F	200	IM	2024/01/21	CTA BMEET 4
De Lange, Adriaan (14) M (Yr: BR)						
27,20	S L	F	25	Free	2023/07/13	WCA SC Championships 2023
27,80	S LEV2	P	50	Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
27,85	L L LEV2	F	50	Free	2023/12/14	Western Cape LC-A Championship 2023
1:00,14	S LEV3	P	100	Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
1:00,82	L L LEV3	F	100	Free	2023/12/14	Western Cape LC-A Championship 2023
2:12,08	L LEV3	F	200	Free	2023/12/14	Western Cape LC-A Championship 2023
4:36,97	S SANJ	P	400	Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
4:47,07	L LEV3	F	400	Free	2023/12/14	Western Cape LC-A Championship 2023
10:39,92	L	F	800	Free	2023/09/16	CTA A MEET 3
29,99	S L LEV2	F	50	Back	2023/07/13	WCA SC Championships 2023
30,07	L LEV2	F	50	Back	2023/12/14	Western Cape LC-A Championship 2023
1:03,62	S SANJ	P	100	Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
1:04,07	L SANJ	F	100	Back	2023/12/14	Western Cape LC-A Championship 2023
2:14,81	L S SANJ	F	200	Back	2023/12/14	Western Cape LC-A Championship 2023
2:15,16	S SANJ	F	200	Back	2023/07/13	WCA SC Championships 2023
38,16	L LEV2	P	50	Breast	2023/12/14	Western Cape LC-A Championship 2023
1:24,89	L LEV3	P	100	Breast	2023/12/14	Western Cape LC-A Championship 2023
2:55,03	L LEV3	F	200	Breast	2023/12/14	Western Cape LC-A Championship 2023
29,49	L LEV2	F	50	Fly	2023/12/14	Western Cape LC-A Championship 2023
30,63	S LEV2	P	50	Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023
1:05,15	L S SANJ	F	100	Fly	2023/12/14	Western Cape LC-A Championship 2023
1:09,94	S S LEV3	F	100	Fly	2023/09/23	CTA Invitational SC Meet
1:09,61	S	P	100	IM	2023/07/13	WCA SC Championships 2023
2:25,35	L SANJ	F	200	IM	2023/12/14	Western Cape LC-A Championship 2023
2:27,23	S LEV3	F	200	IM	2023/07/13	WCA SC Championships 2023
5:14,02	S SANJ	F	400	IM	2023/07/13	WCA SC Championships 2023

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Time	P/F/S	Event
De Lange, Adriaan (14) M (Yr: BR)		
5:17,81 L	SANJ F	400 IM 2023/12/14 Western Cape LC-A Championship 2023
De Oliveira, Aliyah (14) W (Yr: AR)		
1:09,92 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
1:12,05 L	LEV2 F	100 Free 2023/11/24 CTA A & B CHAMPS 2023
2:31,61 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
2:36,91 L S	LEV2 F	200 Free 2023/11/24 CTA A & B CHAMPS 2023
5:13,97 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
5:31,13 L	F	400 Free 2023/09/16 CTA A MEET 3
36,55 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
37,13 S	LEV2 F	50 Back 2023/05/27 CTA QUALIFYING MEET 1
1:16,64 S	LEV3 F	100 Back 2023/07/13 WCA SC Championships 2023
1:20,40 L	LEV2 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
2:42,12 S	LEV3 P	200 Back 2023/07/13 WCA SC Championships 2023
2:47,38 L	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
43,01 S	LEV2 F	50 Breast 2023/05/27 CTA QUALIFYING MEET 1
45,69 L	LEV2 F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
1:31,25 L	LEV3 P	100 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:23,87 S	LEV2 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:51,51 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
2:52,08 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
6:05,19 L	F	400 IM 2023/12/14 Western Cape LC-A Championship 2023
De Villiers, Anja (12) W (Yr: BR)		
30,23 L S	LEV2 F	50 Free 2023/12/14 Western Cape LC-A Championship 2023
30,60 S S	LEV2 F	50 Free 2023/09/23 CTA Invitational SC Meet
1:07,08 L	SANJ F	100 Free 2023/10/05 42nd Freda Barnard Invitational Gala
1:07,77 S	LEV3 P	100 Free 2023/07/13 WCA SC Championships 2023
2:24,22 L S	SANJ F	200 Free 2023/10/05 42nd Freda Barnard Invitational Gala
2:30,58 S	LEV3 P	200 Free 2023/07/13 WCA SC Championships 2023
5:04,07 S	SANJ F	400 Free 2023/07/13 WCA SC Championships 2023
5:05,47 L	SANJ F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
10:35,87 L	SANJ F	800 Free 2023/12/14 Western Cape LC-A Championship 2023
34,82 L	LEV2 F	50 Back 2023/12/14 Western Cape LC-A Championship 2023
35,20 S L	LEV2 F	50 Back 2023/07/13 WCA SC Championships 2023
1:15,39 S	SANJ F	100 Back 2023/07/13 WCA SC Championships 2023
1:16,07 L	SANJ F	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:42,88 S	SANJ F	200 Back 2023/07/13 WCA SC Championships 2023
2:43,03 L	SANJ F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
45,24 L	LEV2 F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
1:35,32 L S	LEV3 F	100 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
3:22,26 S	LEV3 F	200 Breast 2023/08/26 CTA A MEET 2
3:27,77 L	LEV3 F	200 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
35,36 L S	LEV2 F	50 Fly 2023/10/05 42nd Freda Barnard Invitational Gala
37,07 S	LEV2 F	50 Fly 2023/08/26 CTA A MEET 2
1:20,72 L	LEV3 F	100 Fly 2023/11/18 CTA QUALIFYING MEET 2
1:25,28 S	LEV3 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:48,13 L	SANJ P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
2:50,68 S S	LEV3 F	200 IM 2023/09/23 CTA Invitational SC Meet
6:00,81 L	SANJ F	400 IM 2023/11/11 Swartland Prestige Gala 2023
De Villiers, Nikola (8) W (Yr: BR)		
26,17 S	F	25 Free 2024/01/27 CTA Level 0 Champs
57,40 S	F	50 Free 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
1:00,71 L S	F	50 Free 2023/10/05 42nd Freda Barnard Invitational Gala
2:10,86 L	F	100 Free 2023/10/05 42nd Freda Barnard Invitational Gala
28,62 S	F	25 Back 2024/01/27 CTA Level 0 Champs
1:04,35 L S	F	50 Back 2023/10/05 42nd Freda Barnard Invitational Gala
1:05,67 S	F	50 Back 2023/08/05 CTA CLUB MEET 4 - GSA
42,22 S	F	25 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:13,06 L	F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
1:15,35 S	F	50 Breast 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
2:35,67 L S	F	100 Breast 2023/10/05 42nd Freda Barnard Invitational Gala

Individual Top Times

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Time	P/F/S	Event			
De Villiers, Nikola (8) W (Yr: BR)					
30,98	S	F	25	Fly	2024/01/27 CTA Level 0 Champs
2:20,62	S	F	100	IM	2024/01/27 CTA Level 0 Champs
Diedricks, Joshua (10) M (Yr: AR)					
38,81	S S	F	50	Free	2023/09/23 CTA Invitational SC Meet
1:31,12	L LEV2	F	100	Free	2023/11/18 CTA QUALIFYING MEET 2
1:39,30	L LEV2	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2
1:59,43	L LEV2	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2
1:00,04	L	F	50	Fly	2023/11/18 CTA QUALIFYING MEET 2
1:01,95	S S	F	50	Fly	2023/09/23 CTA Invitational SC Meet
Du Randt, Ashley (10) W (Yr: IN)					
43,73	S	F	50	Free	2024/01/26 Winelands JL final
1:38,45	S	F	100	Free	2024/01/26 Winelands JL final
50,44	S	F	50	Back	2024/01/26 Winelands JL final
1:01,66	S	F	50	Breast	2024/01/26 Winelands JL final
59,61	S	F	50	Fly	2024/01/26 Winelands JL final
Du Randt, Zack (12) M (Yr: IN)					
34,87	S	F	50	Free	2024/01/26 Winelands JL final
1:20,87	S	F	100	Free	2024/01/26 Winelands JL final
41,58	S LEV2	F	50	Back	2024/01/26 Winelands JL final
49,68	S	F	50	Breast	2024/01/26 Winelands JL final
47,38	S	F	50	Fly	2024/01/26 Winelands JL final
Dyers-Botha, Zachary (11) M (Yr: BN)					
45,97	S	F	50	Free	2023/06/03 CTA CLUB MEET 2
1:39,36	S	F	100	Free	2023/07/23 CTA B MEET 1
3:30,61	S LEV2	F	200	Free	2023/07/23 CTA B MEET 1
45,34	S LEV2	F	50	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:52,23	S	F	100	Back	2023/07/23 CTA B MEET 1
56,00	S	F	50	Breast	2023/06/03 CTA CLUB MEET 2
1:58,26	S S LEV2	F	100	Breast	2023/06/16 CTA INVITATIONAL SC MEET
1:55,96	S	F	100	IM	2023/06/03 CTA CLUB MEET 2
4:21,95	S	F	200	IM	2023/07/23 CTA B MEET 1
Engelbrecht, Louw (13) M (Yr: CN)					
32,93	L S	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023
33,70	S	F	50	Free	2023/10/07 CTA CLUB MEET 6 - CURRO DV
1:19,90	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
3:17,47	L	F	200	Free	2023/11/18 CTA QUALIFYING MEET 2
39,78	S LEV2	F	50	Back	2023/10/07 CTA CLUB MEET 6 - CURRO DV
40,26	L S LEV2	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
1:32,94	L	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023
49,63	L	F	50	Breast	2023/11/18 CTA QUALIFYING MEET 2
1:53,07	L S	F	100	Breast	2023/11/24 CTA A & B CHAMPS 2023
1:54,62	S	F	100	Breast	2023/08/26 CTA B MEET 2
41,24	S	F	50	Fly	2023/08/26 CTA B MEET 2
45,30	L	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023
1:35,29	S	F	100	IM	2023/10/07 CTA CLUB MEET 6 - CURRO DV
3:47,79	L	F	200	IM	2023/11/18 CTA QUALIFYING MEET 2
Erasmus, Carla (13) W (Yr: BR)					
35,62	L	F	50	Free	2023/11/11 Winelands SL4
1:22,28	L	F	100	Free	2023/11/11 Winelands SL4
1:29,20	S	F	100	Free	2023/05/27 CTA QUALIFYING MEET 1
3:14,27	S	P	200	Free	2023/07/13 WCA SC Championships 2023
40,57	S LEV2	F	50	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:29,11	S	P	100	Back	2023/07/13 WCA SC Championships 2023
51,32	S	F	50	Breast	2023/05/27 CTA QUALIFYING MEET 1
42,99	L	F	50	Fly	2023/11/11 Winelands SL4
Esterhuysen, Joshua (16) M (Yr: AR)					
23,21	S L	F	25	Free	2023/07/13 WCA SC Championships 2023
23,51	L LEV2	F	50	Free	2023/12/06 15th African Junior Championships 2023
23,57	S LEV2	F	50	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
52,23	L SANJ	F	100	Free	2023/12/06 15th African Junior Championships 2023

Individual Top Times

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Time	P/F/S	Event
Esterhuysen, Joshua (16) M (Yr: AR)		
52,34 S SANJ P	100 Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:52,93 S SANJ F	200 Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:55,79 L SANJ F	200 Free	2023/12/06 15th African Junior Championships 2023
4:21,46 L SANJ F	400 Free	2024/01/20 CTA A MEET 4
28,26 S LEV2 F	50 Back	2023/05/27 CTA QUALIFYING MEET 1
28,78 L S LEV2 F	50 Back	2023/11/24 CTA A & B CHAMPS 2023
57,47 S SANJ F	100 Back	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:00,85 L SANJ F	100 Back	2023/11/18 CTA QUALIFYING MEET 2
32,29 L LEV2 F	50 Breast	2024/01/20 CTA A MEET 4
25,21 L LEV2 F	50 Fly	2023/12/06 15th African Junior Championships 2023
25,47 S LEV2 F	50 Fly	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
57,39 L S SANJ F	100 Fly	2023/12/14 Western Cape LC-A Championship 2023
58,10 S SANJ P	100 Fly	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:10,95 S SANJ F	200 Fly	2023/07/13 WCA SC Championships 2023
2:10,84 S SANJ F	200 IM	2023/07/13 WCA SC Championships 2023
2:14,54 L SANJ F	200 IM	2023/12/14 Western Cape LC-A Championship 2023
Evans, Caitlin (13) W (Yr: AR)		
30,63 S LEV2 P	50 Free	2023/07/13 WCA SC Championships 2023
30,85 L LEV2 F	50 Free	2023/11/11 Winelands SL4
1:02,88 L SANJ F	100 Free	2023/12/14 Western Cape LC-A Championship 2023
1:05,02 S LEV3 P	100 Free	2023/07/13 WCA SC Championships 2023
2:15,53 L SANJ F	200 Free	2023/12/14 Western Cape LC-A Championship 2023
2:18,00 S SANJ P	200 Free	2023/07/13 WCA SC Championships 2023
4:45,38 L SANJ F	400 Free	2023/12/14 Western Cape LC-A Championship 2023
4:49,96 S SANJ F	400 Free	2023/07/13 WCA SC Championships 2023
9:51,41 S S SANJ F	800 Free	2023/07/13 WCA SC Championships 2023
9:59,10 L SANJ F	800 Free	2023/12/14 Western Cape LC-A Championship 2023
18:18,18 S SANJ F	1500 Free	2023/08/26 CTA A MEET 2
19:08,83 L S SANJ F	1500 Free	2023/12/14 Western Cape LC-A Championship 2023
42:04,00 L	3000 Free	2023/10/15 EC Swim Series OWS 1 2023
1:16:24,00 L	5000 Free	2024/01/28 Tygerberg Aquatics Open Water Swim
35,57 L LEV2 F	50 Back	2023/06/24 PEA Winter Gala 2023
36,96 S LEV2 F	50 Back	2023/05/27 CTA QUALIFYING MEET 1
1:12,04 L SANJ F	100 Back	2023/12/14 Western Cape LC-A Championship 2023
1:12,33 S SANJ P	100 Back	2023/07/13 WCA SC Championships 2023
2:31,59 S SANJ P	200 Back	2023/07/13 WCA SC Championships 2023
2:34,73 L SANJ F	200 Back	2023/12/14 Western Cape LC-A Championship 2023
36,44 S LEV2 F	50 Breast	2023/09/23 CTA Invitational SC Meet
36,68 L LEV2 F	50 Breast	2023/12/14 Western Cape LC-A Championship 2023
1:17,16 S SANJ F	100 Breast	2023/09/23 CTA Invitational SC Meet
1:17,86 L SANJ F	100 Breast	2023/12/14 Western Cape LC-A Championship 2023
2:44,21 S SANJ F	200 Breast	2023/09/23 CTA Invitational SC Meet
2:48,83 L SANJ F	200 Breast	2023/12/14 Western Cape LC-A Championship 2023
33,44 L S LEV2 F	50 Fly	2023/10/05 42nd Freda Barnard Invitational Gala
1:10,83 L S SANJ F	100 Fly	2023/12/14 Western Cape LC-A Championship 2023
1:13,52 S SANJ P	100 Fly	2023/07/13 WCA SC Championships 2023
2:36,08 L SANJ F	200 Fly	2023/12/14 Western Cape LC-A Championship 2023
1:11,10 S	100 IM	2023/07/13 WCA SC Championships 2023
2:29,61 S S SANJ F	200 IM	2023/09/23 CTA Invitational SC Meet
2:30,41 L SANJ F	200 IM	2023/12/14 Western Cape LC-A Championship 2023
5:14,00 S SANJ F	400 IM	2023/09/23 CTA Invitational SC Meet
5:22,52 L SANJ F	400 IM	2023/12/14 Western Cape LC-A Championship 2023
Filter, Ingrid (8) W (Yr: CN)		
26:29,69 L	1000 Free	2024/01/28 Tygerberg Aquatics Open Water Swim
Fouche, Jack (12) M (Yr: AR)		
33,53 L S LEV2 F	50 Free	2023/11/24 CTA A & B CHAMPS 2023
34,90 S	50 Free	2023/07/13 WCA SC Championships 2023
1:14,70 L LEV2 P	100 Free	2023/12/14 Western Cape LC-A Championship 2023
1:17,36 S S LEV2 F	100 Free	2023/06/16 CTA INVITATIONAL SC MEET
2:47,17 L S LEV2 F	200 Free	2023/11/24 CTA A & B CHAMPS 2023

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Time	P/F/S	Event
Fouche, Jack (12) M (Yr: AR)		
2:49,44 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
5:51,98 L	LEV3 F	400 Free 2023/11/18 CTA QUALIFYING MEET 2
17:11,30 L	O	1000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
41,96 S	LEV2 F	50 Back 2023/06/16 CTA INVITATIONAL SC MEET
42,03 L	LEV2 F	50 Back 2023/11/11 Winelands SL4
1:31,00 L	LEV2 F	100 Back 2023/11/11 Winelands SL4
1:31,65 S	LEV2 P	100 Back 2023/07/13 WCA SC Championships 2023
3:14,08 L	LEV2 F	200 Back 2023/11/11 Winelands SL4
44,32 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
46,98 S S	LEV2 F	50 Breast 2023/06/16 CTA INVITATIONAL SC MEET
1:40,32 L	LEV2 F	100 Breast 2023/11/11 Winelands SL4
1:41,44 S S	LEV2 F	100 Breast 2023/06/16 CTA INVITATIONAL SC MEET
3:29,67 S	LEV3 F	200 Breast 2023/06/16 CTA INVITATIONAL SC MEET
3:35,13 L	LEV2 F	200 Breast 2023/11/11 Winelands SL4
42,57 L	LEV2 P	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
3:07,86 L	LEV2 F	200 IM 2023/11/24 CTA A & B CHAMPS 2023
3:17,70 S	LEV2 P	200 IM 2023/07/13 WCA SC Championships 2023
Fouche, Kayla (7) W (Yr: GN)		
49,21 S	F	50 Free 2024/01/27 CTA Level 0 Champs
51,44 L S	F	50 Free 2023/10/05 42nd Freda Barnard Invitational Gala
55,84 S	F	50 Back 2024/01/27 CTA Level 0 Champs
1:00,75 L S	F	50 Back 2023/10/05 42nd Freda Barnard Invitational Gala
1:08,94 S	F	50 Breast 2024/01/27 CTA Level 0 Champs
1:10,34 L	F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
2:25,74 L S	F	100 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
Fouche, Ryan (9) M (Yr: AR)		
37,05 L S	LEV2 F	50 Free 2023/11/24 CTA A & B CHAMPS 2023
37,49 S S	LEV2 F	50 Free 2023/06/16 CTA INVITATIONAL SC MEET
1:21,97 L	LEV2 F	100 Free 2023/10/05 42nd Freda Barnard Invitational Gala
1:23,80 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
3:00,27 L S	LEV2 F	200 Free 2023/10/05 42nd Freda Barnard Invitational Gala
3:01,30 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
6:23,41 L	F	400 Free 2023/11/18 CTA QUALIFYING MEET 2
19:10,61 L	O	1000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
45,25 L S	LEV2 F	50 Back 2023/10/05 42nd Freda Barnard Invitational Gala
47,27 S	LEV2 F	50 Back 2023/06/16 CTA INVITATIONAL SC MEET
1:36,03 L	LEV2 F	100 Back 2023/10/05 42nd Freda Barnard Invitational Gala
1:37,42 S	LEV2 P	100 Back 2023/07/13 WCA SC Championships 2023
3:31,84 L	LEV2 F	200 Back 2023/11/11 Winelands SL4
56,78 S S	F	50 Breast 2023/06/16 CTA INVITATIONAL SC MEET
57,02 L	F	50 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
1:57,05 L S	LEV2 F	100 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
2:01,25 S S	LEV2 F	100 Breast 2023/06/16 CTA INVITATIONAL SC MEET
4:10,29 L	LEV2 F	200 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
4:10,82 S	LEV2 F	200 Breast 2023/08/26 CTA B MEET 2
42,76 L	LEV2 F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
47,61 S	LEV2 F	50 Fly 2023/08/26 CTA B MEET 2
3:29,91 L	LEV2 F	200 IM 2023/11/24 CTA A & B CHAMPS 2023
3:36,32 S	LEV2 P	200 IM 2023/07/13 WCA SC Championships 2023
Funnell, Tatum (19) W (Yr: CR)		
50,13 S	F	50 Free 2023/08/05 CTA CLUB MEET 4 - GSA
30,79 S	F	25 Back 2023/08/05 CTA CLUB MEET 4 - GSA
58,29 S	F	50 Breast 2023/08/05 CTA CLUB MEET 4 - GSA
Glover, Erin (16) W (Yr: AR)		
30,32 S	LEV2 P	50 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
31,28 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
1:04,62 S	LEV3 P	100 Free 2023/07/13 WCA SC Championships 2023
1:06,74 L	LEV3 P	100 Free 2023/12/14 Western Cape LC-A Championship 2023
2:16,52 S	LEV3 P	200 Free 2023/07/13 WCA SC Championships 2023
2:21,77 L S	LEV3 F	200 Free 2023/11/24 CTA A & B CHAMPS 2023

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Time	P/F/S	Event
Glover, Erin (16) W (Yr: AR)		
4:49,49 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
5:02,36 L	LEV3 F	400 Free 2023/09/16 CTA A MEET 3
9:45,77 S	SANJ F	800 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
10:16,25 L	SANJ F	800 Free 2023/12/14 Western Cape LC-A Championship 2023
18:54,93 S	SANJ F	1500 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
19:52,38 L	F F	1500 Free 2023/06/24 PEA Winter Gala 2023
52:19,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
36,08 L	LEV2 P	50 Back 2023/06/24 PEA Winter Gala 2023
1:12,17 S	LEV3 P	100 Back 2023/07/13 WCA SC Championships 2023
1:14,00 L	LEV3 P	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:38,51 S	LEV3 F	200 Back 2023/06/16 CTA INVITATIONAL SC MEET
2:43,44 L	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
42,30 L	LEV2 F	50 Breast 2023/11/11 Winelands SL4
1:30,34 S	LEV2 F	100 Breast 2023/05/27 CTA QUALIFYING MEET 1
1:32,95 L S	LEV2 F	100 Breast 2023/11/24 CTA A & B CHAMPS 2023
3:13,78 L	LEV3 F	200 Breast 2023/06/24 PEA Winter Gala 2023
34,21 L	LEV2 P	50 Fly 2023/06/24 PEA Winter Gala 2023
1:20,39 S S	LEV2 P	100 Fly 2023/06/16 CTA INVITATIONAL SC MEET
1:15,16 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:37,45 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
2:45,78 L	LEV3 F	200 IM 2023/06/24 PEA Winter Gala 2023
5:53,46 L	F	400 IM 2023/06/24 PEA Winter Gala 2023
Goebel, Zoë (15) W (Yr: AR)		
29,69 S L	LEV2 F	50 Free 2023/07/13 WCA SC Championships 2023
30,31 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
1:04,88 S	LEV3 P	100 Free 2023/07/13 WCA SC Championships 2023
1:06,39 L	LEV3 P	100 Free 2023/12/14 Western Cape LC-A Championship 2023
32,99 S L	LEV2 F	50 Back 2023/07/13 WCA SC Championships 2023
34,39 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
1:15,02 S	LEV3 P	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:15,06 L	LEV3 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
2:42,89 L S	LEV3 F	200 Back 2023/11/24 CTA A & B CHAMPS 2023
2:42,98 S	LEV3 P	200 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
40,31 L	LEV2 F	50 Breast 2023/11/11 Swartland Prestige Gala 2023
1:12,60 S	F	100 IM 2023/07/13 WCA SC Championships 2023
2:47,07 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
2:48,73 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
Greyling, Stella (13) W (Yr: AR)		
42,03 S	F	50 Free 2023/08/05 CTA CLUB MEET 4 - GSA
1:34,70 L	F	100 Free 2023/09/17 CTA B MEET 3
3:36,08 L	F	200 Free 2023/09/17 CTA B MEET 3
51,69 S	F	50 Back 2023/08/05 CTA CLUB MEET 4 - GSA
54,97 L	F	50 Breast 2023/09/17 CTA B MEET 3
55,21 S	F	50 Breast 2023/08/05 CTA CLUB MEET 4 - GSA
59,07 S	F	50 Fly 2023/08/05 CTA CLUB MEET 4 - GSA
1:51,47 S	F	100 IM 2023/08/05 CTA CLUB MEET 4 - GSA
Harbron, Johan (9) M (Yr: BN)		
46,29 S	F	50 Free 2024/01/27 CTA Level 0 Champs
57,76 S	F	50 Back 2024/01/27 CTA Level 0 Champs
36,00 S	F	25 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
27,00 S	F	25 Fly 2024/01/27 CTA Level 0 Champs
Havenga, Mieka (12) W (Yr: CR)		
41,78 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
51,60 S	F	50 Back 2023/07/08 CTA CLUB MEET 3 - Fairmont
56,17 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:54,08 S	F	100 IM 2023/10/07 CTA CLUB MEET 6 - CURRO DV
Hayes, Cassidy (13) W (Yr: AR)		
48,05 S S	P	50 Fly 2023/06/16 CTA INVITATIONAL SC MEET
3:39,86 S S	P	200 IM 2023/06/16 CTA INVITATIONAL SC MEET
Hayes, Madison (15) W (Yr: BR)		

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Time	P/F/S	Event			
Hayes, Madison (15) W (Yr: BR)					
33,54	S S P	50 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:14,89	S P	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
2:45,94	S LEV2 P	200 Free	2023/07/13	WCA SC Championships 2023	
38,33	S S LEV2 F	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
3:11,24	S S P	200 IM	2023/06/16	CTA INVITATIONAL SC MEET	
Healy, Connor (9) M (Yr: AR)					
21,07	S F	25 Free	2023/08/05	CTA CLUB MEET 4 - GSA	
28,75	S F	25 Back	2023/08/05	CTA CLUB MEET 4 - GSA	
29,66	S F	25 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
29,86	S F	25 Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont	
Hendricks, Cara (7) W (Yr: FN)					
26,28	S F	25 Free	2023/08/05	CTA CLUB MEET 4 - GSA	
58,43	S S F	50 Free	2023/09/23	CTA Invitational SC Meet	
35,34	S F	25 Back	2023/08/05	CTA CLUB MEET 4 - GSA	
1:04,42	S F	50 Back	2023/09/23	CTA Invitational SC Meet	
40,56	S F	25 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
31,23	S F	25 Fly	2023/08/05	CTA CLUB MEET 4 - GSA	
Hendricks, Hanaan (10) W (Yr: AR)					
49,14	S F	50 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:52,32	S S F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
3:49,84	L S F	200 Free	2023/11/24	CTA A & B CHAMPS 2023	
3:59,39	S F	200 Free	2023/07/23	CTA B MEET 1	
1:02,26	L S F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:05,26	S F	50 Back	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:00,12	S F	50 Breast	2023/07/23	CTA B MEET 1	
2:02,29	L S LEV2 F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023	
2:08,45	S S F	100 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
4:17,02	L LEV2 F	200 Breast	2023/11/18	CTA QUALIFYING MEET 2	
59,36	S F	50 Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont	
2:06,20	S F	100 IM	2023/07/08	CTA CLUB MEET 3 - Fairmont	
4:18,15	L F	200 IM	2023/11/18	CTA QUALIFYING MEET 2	
Hendricks, Jada (11) W (Yr: AR)					
36,77	S LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023	
1:27,10	S S F	100 Free	2023/09/23	CTA Invitational SC Meet	
1:28,01	L F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
3:09,52	S LEV2 P	200 Free	2023/07/13	WCA SC Championships 2023	
6:44,78	L F	400 Free	2023/11/18	CTA QUALIFYING MEET 2	
42,27	S LEV2 F	50 Back	2023/09/23	CTA Invitational SC Meet	
1:35,87	S LEV2 P	100 Back	2023/07/13	WCA SC Championships 2023	
1:40,93	L LEV2 F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
3:26,42	S S LEV2 F	200 Back	2023/09/23	CTA Invitational SC Meet	
3:40,74	L LEV2 F	200 Back	2023/11/18	CTA QUALIFYING MEET 2	
55,05	S S F	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:49,57	S LEV2 F	100 Breast	2023/08/26	CTA B MEET 2	
3:50,99	S LEV2 F	200 Breast	2023/08/26	CTA B MEET 2	
4:05,95	L LEV2 F	200 Breast	2023/11/18	CTA QUALIFYING MEET 2	
43,77	S S LEV2 F	50 Fly	2023/09/23	CTA Invitational SC Meet	
1:38,10	S P	100 IM	2023/07/13	WCA SC Championships 2023	
3:22,07	S LEV2 F	200 IM	2023/08/26	CTA B MEET 2	
3:34,83	L LEV2 F	200 IM	2023/11/18	CTA QUALIFYING MEET 2	
Hendricks, Jorja-Lee (9) W (Yr: BN)					
47,07	S F	50 Free	2023/11/04	CTA CLUB MEET 7 - UWC	
48,23	L F	50 Free	2023/09/17	CTA B MEET 3	
1:48,87	L F	100 Free	2023/10/05	42nd Freda Barnard Invitational Gala	
57,56	L F	50 Back	2024/01/21	CTA BMEET 4	
58,25	S F	50 Back	2023/08/05	CTA CLUB MEET 4 - GSA	
32,82	S F	25 Breast	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:04,65	S F	50 Breast	2023/11/04	CTA CLUB MEET 7 - UWC	
1:05,73	L F	50 Breast	2023/09/17	CTA B MEET 3	
28,28	S F	25 Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont	

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Time	P/F/S	Event			
Hendricks, Jorja-Lee (9) W (Yr: BN)					
2:07,13	S F	100 IM	2024/01/27	CTA Level 0 Champs	
Hendricks, Zareer (9) M (Yr: AR)					
1:05,08	S F	50 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:12,89	S F	50 Back	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:05,40	S F	50 Breast	2023/07/08	CTA CLUB MEET 3 - Fairmont	
34,47	S F	25 Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont	
2:29,11	S F	100 IM	2023/07/08	CTA CLUB MEET 3 - Fairmont	
Hendricks, Zeeana (9) W (Yr: AR)					
1:01,73	S F	50 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont	
1:20,20	S F	50 Breast	2023/07/08	CTA CLUB MEET 3 - Fairmont	
34,51	S F	25 Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont	
2:39,92	S F	100 IM	2023/07/08	CTA CLUB MEET 3 - Fairmont	
Heunis, Le Roux (12) M (Yr: AR)					
34,76	L LEV2 F	50 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:20,91	L F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:21,87	S S F	100 Free	2023/09/23	CTA Invitational SC Meet	
2:56,62	S LEV2 F	200 Free	2023/09/23	CTA Invitational SC Meet	
2:57,17	L S LEV2 F	200 Free	2023/11/24	CTA A & B CHAMPS 2023	
6:07,74	L LEV3 F	400 Free	2024/01/20	CTA A MEET 4	
40,05	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
42,05	S LEV2 F	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	
1:27,32	L LEV2 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:27,48	S LEV2 F	100 Back	2023/09/23	CTA Invitational SC Meet	
3:04,25	S S LEV2 F	200 Back	2023/09/23	CTA Invitational SC Meet	
3:05,82	L S LEV2 F	200 Back	2023/11/24	CTA A & B CHAMPS 2023	
47,89	L LEV2 F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023	
50,22	S S F	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:51,12	L F	100 Breast	2023/09/16	CTA A MEET 3	
42,18	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
3:10,60	L LEV2 F	200 IM	2023/11/24	CTA A & B CHAMPS 2023	
Hopkins, Timothy (18) M (Yr: AR)					
24,22	S LEV2 P	50 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
24,66	L S LEV2 P	50 Free	2023/12/14	Western Cape LC-A Championship 2023	
55,65	L SANJ P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
55,74	S LEV3 P	100 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:05,24	S LEV3 P	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:14,32	L S LEV2 F	200 Free	2023/11/24	CTA A & B CHAMPS 2023	
29,08	S LEV2 P	50 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
32,05	L LEV2 F	50 Back	2023/11/11	Winelands SL4	
1:03,67	S LEV3 F	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	
1:09,23	L LEV2 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:12,25	S LEV2 F	100 Breast	2023/05/27	CTA QUALIFYING MEET 1	
1:03,81	S LEV2 F	100 Fly	2023/05/27	CTA QUALIFYING MEET 1	
2:23,28	S S LEV2 P	200 IM	2023/06/16	CTA INVITATIONAL SC MEET	
2:26,78	L LEV2 F	200 IM	2023/11/11	Winelands SL4	
Isaacs, Corban (10) M (Yr: AR)					
39,33	S F	50 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont	
41,93	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:27,43	S S LEV2 F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
3:13,39	L S LEV2 F	200 Free	2023/11/24	CTA A & B CHAMPS 2023	
3:23,32	S LEV2 F	200 Free	2023/07/23	CTA B MEET 1	
52,46	S F	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	
54,46	L S F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:46,00	S LEV2 F	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	
3:43,11	S S LEV2 F	200 Back	2023/09/23	CTA Invitational SC Meet	
3:56,57	L S LEV2 F	200 Back	2023/11/24	CTA A & B CHAMPS 2023	
55,06	S S F	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
2:10,32	S F	100 Breast	2023/08/26	CTA B MEET 2	
2:14,40	L S F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023	
50,82	S S LEV2 F	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	

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Time	P/F/S	Event			
Isaacs, Corban (10) M (Yr: AR)					
1:52,12	S F	100 IM	2023/07/08	CTA CLUB MEET 3 - Fairmont	
3:55,42	S F	200 IM	2023/08/26	CTA B MEET 2	
Jacobs, Marc (16) M (Yr: GN)					
19,65	S F	25 Free	2023/11/04	CTA CLUB MEET 7 - UWC	
27,32	S F	25 Back	2023/11/04	CTA CLUB MEET 7 - UWC	
23,38	S F	25 Breast	2023/11/04	CTA CLUB MEET 7 - UWC	
26,26	S F	25 Fly	2023/11/04	CTA CLUB MEET 7 - UWC	
Jafthas, Jordan (19) M (Yr: AR)					
28,27	L LEV2 F	50 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:05,00	L LEV2 F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
2:30,47	S P	200 Free	2023/06/16	CTA INVITATIONAL SC MEET	
36,58	S F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
1:21,05	L LEV2 F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
35,87	S LEV2 P	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:22,01	S LEV2 F	100 Breast	2023/05/27	CTA QUALIFYING MEET 1	
1:31,78	L F	100 Breast	2023/11/18	CTA QUALIFYING MEET 2	
3:04,97	S LEV2 P	200 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
29,56	S S LEV2 P	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
1:12,83	S S LEV2 P	100 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
2:46,50	S S P	200 IM	2023/06/16	CTA INVITATIONAL SC MEET	
Janson, Lana (21) W (Yr: CR)					
58,23	S F	100 Free	2023/07/13	WCA SC Championships 2023	
2:07,90	S F	200 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:13,68	S F	100 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:05,07	S F	100 IM	2023/07/13	WCA SC Championships 2023	
2:20,76	S F	200 IM	2023/07/13	WCA SC Championships 2023	
Jin, Yu Xi (10) W (Yr: BN)					
27,90	S F	25 Free	2023/06/03	CTA CLUB MEET 2	
46,10	S F	50 Free	2023/08/26	CTA B MEET 2	
48,75	L F	50 Free	2023/11/11	Winelands SL4	
1:51,67	S S F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:59,81	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
4:07,54	L F	200 Free	2023/11/11	Winelands SL4	
25,05	S F	25 Back	2023/06/03	CTA CLUB MEET 2	
54,79	S F	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	
57,19	L F	50 Back	2023/11/11	Winelands SL4	
1:40,75	S LEV2 F	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	
1:56,92	L F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
26,75	S F	25 Breast	2023/06/03	CTA CLUB MEET 2	
57,99	L F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023	
1:00,67	S S F	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
2:10,39	S F	100 Breast	2023/08/26	CTA B MEET 2	
2:10,57	L F	100 Breast	2023/11/11	Winelands SL4	
4:32,66	L LEV2 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
4:45,19	S F	200 Breast	2023/08/26	CTA B MEET 2	
24,63	S F	25 Fly	2023/06/03	CTA CLUB MEET 2	
53,40	L LEV2 F	50 Fly	2023/11/11	Winelands SL4	
55,06	S S LEV2 F	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
2:04,91	S F	100 IM	2023/06/03	CTA CLUB MEET 2	
4:02,77	S F	200 IM	2023/08/26	CTA B MEET 2	
4:09,32	L F	200 IM	2023/11/11	Winelands SL4	
Jin, Yu Xuan (11) W (Yr: BN)					
19,44	S F	25 Free	2023/06/03	CTA CLUB MEET 2	
44,95	S F	50 Free	2023/08/26	CTA B MEET 2	
1:41,31	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:41,51	S S F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
25,07	S F	25 Back	2023/06/03	CTA CLUB MEET 2	
56,65	S F	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	
1:59,83	L F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
2:00,68	S F	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	

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Time	P/F/S	Event			
Jin, Yu Xuan (11) W (Yr: BN)					
26,66 S	F	25 Breast	2023/06/03	CTA CLUB MEET 2	
56,06 L	F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023	
1:04,30 S S	F	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
2:20,74 S	F	100 Breast	2023/08/26	CTA B MEET 2	
4:24,89 L	F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
4:46,62 S	F	200 Breast	2023/08/26	CTA B MEET 2	
24,09 S	F	25 Fly	2023/06/03	CTA CLUB MEET 2	
53,99 S S	F	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
2:01,84 S	F	100 IM	2023/06/03	CTA CLUB MEET 2	
Kanyik, Vincent (13) M (Yr: AR)					
33,93 S	F	50 Free	2023/06/03	CTA CLUB MEET 2	
37,78 L	F	50 Free	2023/09/17	CTA B MEET 3	
1:26,83 L	F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
3:46,34 L	F	200 Free	2023/09/17	CTA B MEET 3	
44,47 S	F	50 Back	2023/06/03	CTA CLUB MEET 2	
46,10 L	F	50 Back	2023/09/17	CTA B MEET 3	
2:04,95 L	F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
27,00 S	F	25 Breast	2023/06/03	CTA CLUB MEET 2	
56,85 L	F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
Kellerman, Jean Luc (10) M (Yr: BN)					
57,48 S	F	50 Free	2023/09/02	CTA CLUB MEET 5 - FAIRMONT	
1:08,95 S	F	50 Back	2024/01/27	CTA Level 0 Champs	
1:09,12 S	F	50 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
35,37 S	F	25 Fly	2023/09/02	CTA CLUB MEET 5 - FAIRMONT	
Kinnear, Connor (15) M (Yr: AR)					
27,60 S S	LEV2 F	50 Free	2023/06/16	CTA INVITATIONAL SC MEET	
27,86 L S	LEV2 F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:00,12 S	LEV2 P	100 Free	2023/07/13	WCA SC Championships 2023	
1:00,78 L	LEV2 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:10,15 S	LEV2 P	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:13,66 L	LEV2 P	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
4:34,11 S	LEV3 P	400 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
4:40,79 L	LEV3 F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
32,78 S	LEV2 F	50 Back	2023/09/23	CTA Invitational SC Meet	
1:09,34 S	LEV2 P	100 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:10,70 L	LEV2 F	100 Back	2024/01/20	CTA A MEET 4	
2:26,34 S	LEV3 P	200 Back	2023/07/13	WCA SC Championships 2023	
2:26,90 L S	LEV3 P	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
33,74 L	LEV2 P	50 Breast	2023/12/14	Western Cape LC-A Championship 2023	
34,63 S	LEV2 P	50 Breast	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:15,36 S	LEV2 P	100 Breast	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:16,88 L	LEV2 F	100 Breast	2023/11/11	Winelands SL4	
2:43,53 S	LEV3 F	200 Breast	2023/09/23	CTA Invitational SC Meet	
2:48,98 L	LEV3 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
29,50 L	LEV2 F	50 Fly	2023/11/11	Winelands SL4	
1:06,64 S	LEV2 P	100 Fly	2023/07/13	WCA SC Championships 2023	
1:12,37 L S	LEV2 F	100 Fly	2023/11/24	CTA A & B CHAMPS 2023	
1:08,52 S	P	100 IM	2023/07/13	WCA SC Championships 2023	
2:23,65 L	LEV3 P	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
2:23,74 S	LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023	
Kotze, Abigail (14) W (Yr: AR)					
26,53 S	LEV2 F	50 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
26,59 L	LEV2 F	50 Free	2023/12/06	15th African Junior Championships 2023	
57,86 S	SANJ F	100 Free	2023/07/13	WCA SC Championships 2023	
59,01 L	SANJ F	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:09,16 L	SANJ F	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:09,57 S	SANJ P	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
4:39,25 S	SANJ F	400 Free	2023/07/13	WCA SC Championships 2023	
9:51,29 L	SANJ F	800 Free	2023/09/16	CTA A MEET 3	
30,68 S	LEV2 F	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	

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Time	P/F/S	Event			
Kotze, Abigail (14) W (Yr: AR)					
32,07	L LEV2 F	50 Back	2023/12/14	Western Cape LC-A Championship 2023	
1:05,68	S SANJ F	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	
1:08,45	L SANJ F	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:27,12	S SANJ P	200 Back	2023/07/13	WCA SC Championships 2023	
39,70	L LEV2 F	50 Breast	2024/01/20	CTA A MEET 4	
1:30,95	L LEV3 F	100 Breast	2024/01/20	CTA A MEET 4	
27,83	L LEV2 F	50 Fly	2023/12/06	15th African Junior Championships 2023	
27,84	S S LEV2 F	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
1:01,25	S SANJ F	100 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:01,78	L S SANJ F	100 Fly	2023/12/14	Western Cape LC-A Championship 2023	
2:22,21	S SANJ F	200 Fly	2023/08/12	Winelands SL 1	
1:09,41	S F	100 IM	2023/07/13	WCA SC Championships 2023	
2:26,87	L SANJ F	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
2:35,03	S SANJ P	200 IM	2023/07/13	WCA SC Championships 2023	
Lazarus, Kyle (13) M (Yr: AR)					
34,64	S F	50 Free	2023/08/26	CTA A MEET 2	
1:17,23	S S F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:25,71	L F	100 Free	2024/01/21	CTA BMEET 4	
2:50,43	S P	200 Free	2023/07/13	WCA SC Championships 2023	
1:22,90	S LEV2 P	100 Back	2023/07/13	WCA SC Championships 2023	
1:33,17	L F	100 Back	2024/01/21	CTA BMEET 4	
2:59,65	S LEV2 P	200 Back	2023/07/13	WCA SC Championships 2023	
1:41,81	S S F	100 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
37,60	S LEV2 F	50 Fly	2023/05/27	CTA QUALIFYING MEET 1	
1:27,24	S LEV2 F	100 Fly	2023/08/26	CTA A MEET 2	
1:26,89	S P	100 IM	2023/07/13	WCA SC Championships 2023	
3:03,44	S F	200 IM	2023/08/26	CTA A MEET 2	
3:17,28	L F	200 IM	2024/01/21	CTA BMEET 4	
Liebenberg, Matthew (11) M (Yr: AR)					
42,51	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
45,02	S F	50 Free	2023/08/26	CTA B MEET 2	
1:38,55	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:43,88	S S F	100 Free	2023/09/23	CTA Invitational SC Meet	
3:45,54	L F	200 Free	2024/01/21	CTA BMEET 4	
48,91	L S F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
54,07	S F	50 Back	2023/09/23	CTA Invitational SC Meet	
1:45,15	L LEV2 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:50,00	S F	100 Back	2023/09/23	CTA Invitational SC Meet	
55,87	L F	50 Breast	2024/01/21	CTA BMEET 4	
57,69	S S F	50 Breast	2023/09/23	CTA Invitational SC Meet	
2:12,28	L S F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023	
2:14,91	S F	100 Breast	2023/08/26	CTA B MEET 2	
4:10,36	S F	200 IM	2023/08/26	CTA B MEET 2	
4:23,69	L F	200 IM	2023/09/17	CTA B MEET 3	
Liebenberg, Leah (9) W (Yr: AR)					
43,29	L F	50 Free	2024/01/21	CTA BMEET 4	
44,15	S F	50 Free	2023/08/26	CTA B MEET 2	
1:38,63	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:41,17	S S F	100 Free	2023/09/23	CTA Invitational SC Meet	
3:34,42	L LEV2 F	200 Free	2023/11/18	CTA QUALIFYING MEET 2	
47,98	S LEV2 F	50 Back	2023/09/23	CTA Invitational SC Meet	
49,22	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:48,49	L LEV2 F	100 Back	2024/01/21	CTA BMEET 4	
1:52,80	S F	100 Back	2023/09/23	CTA Invitational SC Meet	
4:02,35	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	
1:02,14	L F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023	
1:02,65	S S F	50 Breast	2023/09/23	CTA Invitational SC Meet	
49,45	L LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023	
50,15	S LEV2 F	50 Fly	2023/08/26	CTA B MEET 2	
4:16,09	L F	200 IM	2023/09/17	CTA B MEET 3	

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Time	P/F/S	Event				
Li, Jinxuan (10) W (Yr: AR)						
47,85	S S	F	50	Free	2023/09/23 CTA Invitational SC Meet	
53,21	L S	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023	
2:02,16	S S	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET	
2:08,41	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023	
55,12	L S	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023	
55,12	S	F	50	Back	2023/09/23 CTA Invitational SC Meet	
2:03,03	L	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023	
2:05,22	S	F	100	Back	2023/09/23 CTA Invitational SC Meet	
1:05,64	S	F	50	Breast	2023/09/02 CTA CLUB MEET 5 - FAIRMONT	
1:09,02	L	F	50	Breast	2023/11/24 CTA A & B CHAMPS 2023	
2:20,08	S S	F	100	Breast	2023/09/23 CTA Invitational SC Meet	
2:23,32	L S	F	100	Breast	2023/11/24 CTA A & B CHAMPS 2023	
32,10	S	F	25	Fly	2023/06/03 CTA CLUB MEET 2	
1:02,99	S	F	50	Fly	2023/08/26 CTA B MEET 2	
Lilley, Kenna (11) W (Yr: AR)						
1:38,94	S	F	100	Free	2023/05/27 CTA QUALIFYING MEET 1	
3:46,67	L	F	200	Free	2023/11/18 CTA QUALIFYING MEET 2	
47,72	S	F	50	Back	2023/05/27 CTA QUALIFYING MEET 1	
48,76	L	F	50	Back	2023/11/18 CTA QUALIFYING MEET 2	
1:49,21	L	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2	
57,47	L	F	50	Breast	2023/11/18 CTA QUALIFYING MEET 2	
2:05,11	S	F	100	Breast	2023/05/27 CTA QUALIFYING MEET 1	
2:08,90	L	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2	
3:56,38	L	F	200	IM	2023/11/18 CTA QUALIFYING MEET 2	
Loftus, Anina (13) W (Yr: CR)						
35,50	L S	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023	
37,25	S	F	50	Free	2023/10/07 CTA CLUB MEET 6 - CURRO DV	
1:19,51	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023	
2:56,17	L S	F	200	Free	2023/11/24 CTA A & B CHAMPS 2023	
42,88	L S	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023	
44,94	S	F	50	Back	2023/10/07 CTA CLUB MEET 6 - CURRO DV	
1:34,16	L	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023	
50,05	L	F	50	Breast	2023/11/24 CTA A & B CHAMPS 2023	
50,49	S	F	50	Breast	2023/10/07 CTA CLUB MEET 6 - CURRO DV	
49,04	L	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023	
49,49	S	F	50	Fly	2023/10/07 CTA CLUB MEET 6 - CURRO DV	
1:36,48	S	F	100	IM	2023/10/07 CTA CLUB MEET 6 - CURRO DV	
Loots, Emmelize (13) W (Yr: AR)						
37,41	L	F	50	Free	2024/01/21 CTA BMEET 4	
1:19,82	S	F	100	Free	2023/07/23 CTA B MEET 1	
1:21,66	L	F	100	Free	2024/01/21 CTA BMEET 4	
2:53,05	S	P	200	Free	2023/07/13 WCA SC Championships 2023	
2:59,98	L	F	200	Free	2024/01/21 CTA BMEET 4	
6:05,25	S	F	400	Free	2023/09/23 CTA Invitational SC Meet	
1:37,05	L	F	100	Back	2023/10/05 42nd Freda Barnard Invitational Gala	
46,87	L	F	50	Breast	2024/01/21 CTA BMEET 4	
47,11	S	F	50	Breast	2023/07/23 CTA B MEET 1	
3:32,56	S	LEV2	F	200	Breast	2023/07/13 WCA SC Championships 2023
3:43,29	L	LEV2	F	200	Breast	2023/10/05 42nd Freda Barnard Invitational Gala
3:20,16	S	F	200	IM	2023/07/23 CTA B MEET 1	
3:25,90	L	F	200	IM	2023/10/05 42nd Freda Barnard Invitational Gala	
Loots, Tanya (10) W (Yr: AR)						
44,88	S	F	50	Free	2023/07/08 CTA CLUB MEET 3 - Fairmont	
1:41,55	L	F	100	Free	2023/10/05 42nd Freda Barnard Invitational Gala	
1:41,81	S	F	100	Free	2023/07/23 CTA B MEET 1	
52,89	S	F	50	Back	2023/07/23 CTA B MEET 1	
1:00,39	S	F	50	Breast	2023/07/23 CTA B MEET 1	
1:01,89	L	F	50	Breast	2023/10/05 42nd Freda Barnard Invitational Gala	
2:04,22	S	F	100	IM	2023/07/08 CTA CLUB MEET 3 - Fairmont	
Lotter, Jemma (11) W (Yr: AR)						

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Time	P/F/S	Event				
Lotter, Jemma (11) W (Yr: AR)						
52,78	S	F	50	Free	2023/07/08 CTA CLUB MEET 3 - Fairmont	
54,40	L	F	50	Free	2023/09/17 CTA B MEET 3	
1:01,28	L	F	50	Back	2023/09/17 CTA B MEET 3	
1:21,96	L	F	50	Breast	2023/09/17 CTA B MEET 3	
30,11	S	F	25	Fly	2023/07/08 CTA CLUB MEET 3 - Fairmont	
Louw, Milea (9) W (Yr: BN)						
45,53	S	F	50	Free	2023/11/04 CTA CLUB MEET 7 - UWC	
1:47,16	L	F	100	Free	2023/09/17 CTA B MEET 3	
52,78	S	F	50	Back	2023/09/02 CTA CLUB MEET 5 - FAIRMONT	
54,64	L	F	50	Back	2023/09/17 CTA B MEET 3	
1:54,72	L	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023	
1:06,45	S	F	50	Breast	2023/11/04 CTA CLUB MEET 7 - UWC	
1:09,48	L	F	50	Breast	2023/09/17 CTA B MEET 3	
28,71	S	F	25	Fly	2023/07/08 CTA CLUB MEET 3 - Fairmont	
2:03,83	S	F	100	IM	2023/11/04 CTA CLUB MEET 7 - UWC	
Louw, Stefanus (10) M (Yr: BN)						
41,68	S S	F	50	Free	2023/09/23 CTA Invitational SC Meet	
42,91	L	F	50	Free	2023/09/17 CTA B MEET 3	
1:37,91	L	F	100	Free	2023/09/17 CTA B MEET 3	
1:40,42	S S	F	100	Free	2023/09/23 CTA Invitational SC Meet	
48,80	L	F	50	Back	2023/09/17 CTA B MEET 3	
49,36	S	F	50	Back	2023/09/23 CTA Invitational SC Meet	
1:53,68	S	F	100	Back	2023/09/23 CTA Invitational SC Meet	
1:01,94	L	F	50	Breast	2023/09/17 CTA B MEET 3	
1:03,79	S S	F	50	Breast	2023/09/23 CTA Invitational SC Meet	
25,09	S	F	25	Fly	2023/07/08 CTA CLUB MEET 3 - Fairmont	
Louw, Yvette (11) W (Yr: CR)						
36,13	L	LEV2	F	50	Free	2023/11/18 CTA QUALIFYING MEET 2
37,58	S S	F	50	Free	2023/09/23 CTA Invitational SC Meet	
1:24,16	L	LEV2	F	100	Free	2023/11/18 CTA QUALIFYING MEET 2
1:26,96	S S	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET	
3:14,74	L	LEV2	F	200	Free	2024/01/21 CTA BMEET 4
3:15,06	S	LEV2	F	200	Free	2023/07/23 CTA B MEET 1
42,20	S	LEV2	F	50	Back	2023/06/16 CTA INVITATIONAL SC MEET
46,11	L	LEV2	F	50	Back	2023/09/17 CTA B MEET 3
1:32,78	L	LEV2	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2
1:35,65	S	LEV2	F	100	Back	2023/06/16 CTA INVITATIONAL SC MEET
3:36,43	L	LEV2	F	200	Back	2023/11/18 CTA QUALIFYING MEET 2
48,41	L	LEV2	F	50	Breast	2024/01/21 CTA BMEET 4
48,86	S S	LEV2	F	50	Breast	2023/06/16 CTA INVITATIONAL SC MEET
1:53,00	L	LEV2	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2
1:53,45	S S	F	100	Breast	2023/06/16 CTA INVITATIONAL SC MEET	
4:08,31	S	LEV2	F	200	Breast	2023/06/16 CTA INVITATIONAL SC MEET
45,31	S S	LEV2	F	50	Fly	2023/09/23 CTA Invitational SC Meet
3:41,91	L	F	200	IM	2023/11/18 CTA QUALIFYING MEET 2	
Makinza, Melokuhle (11) W (Yr: FN)						
43,15	S	F	50	Free	2023/11/04 CTA CLUB MEET 7 - UWC	
1:36,99	L	F	100	Free	2023/11/18 CTA QUALIFYING MEET 2	
55,44	S	F	50	Back	2023/08/05 CTA CLUB MEET 4 - GSA	
1:51,08	L	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2	
3:29,34	S	LEV2	F	200	Back	2023/08/26 CTA B MEET 2
1:01,34	S	F	50	Breast	2023/08/05 CTA CLUB MEET 4 - GSA	
1:03,79	L	F	50	Breast	2023/11/24 CTA A & B CHAMPS 2023	
2:23,35	L	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2	
26,19	S	F	25	Fly	2023/08/05 CTA CLUB MEET 4 - GSA	
50,97	L	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023	
54,18	S	F	50	Fly	2023/11/04 CTA CLUB MEET 7 - UWC	
1:58,58	S	F	100	IM	2023/11/04 CTA CLUB MEET 7 - UWC	
4:11,00	L	F	200	IM	2023/11/24 CTA A & B CHAMPS 2023	
4:18,74	S	F	200	IM	2023/08/26 CTA B MEET 2	

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Time	P/F/S	Event			
McWilliam, Amy (14) W (Yr: AR)					
1:11,35	S LEV2 P	100 Free	2023/07/13	WCA SC Championships 2023	
2:35,33	S LEV2 P	200 Free	2023/07/13	WCA SC Championships 2023	
1:19,22	S LEV2 P	100 Back	2023/07/13	WCA SC Championships 2023	
1:22,64	L LEV2 F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
2:52,46	S LEV2 P	200 Back	2023/07/13	WCA SC Championships 2023	
37,20	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
1:23,89	S P	100 IM	2023/07/13	WCA SC Championships 2023	
3:00,87	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023	
McWilliam, Benn (17) M (Yr: AR)					
2:13:00,00	L O	11 Free	2023/10/15	EC Swim Series OWS 1 2023	
25,95	S LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023	
55,92	S LEV3 P	100 Free	2023/07/13	WCA SC Championships 2023	
58,91	L LEV3 P	100 Free	2023/10/18	BRICS Games Swimming 2023-KZN	
2:01,92	S LEV3 P	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:02,41	L SANJ F	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
4:16,13	S SANJ F	400 Free	2023/07/13	WCA SC Championships 2023	
4:16,92	L SANJ F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
8:30,46	S SANJ F	800 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
9:02,77	L S SANJ F	800 Free	2023/12/14	Western Cape LC-A Championship 2023	
16:12,09	S SANJ F	1500 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
17:16,00	L SANJ O	1500 Free	2023/12/08	2023 SA OWS Champ Trials -PE	
1:01:25,00	L O	5000 Free	2023/12/08	2023 SA OWS Champ Trials -PE	
2:12:01,00	L O	10000 Free	2023/12/08	2023 SA OWS Champ Trials -PE	
1:04,24	L LEV3 F	100 Back	2024/01/20	CTA A MEET 4	
2:16,40	S LEV3 P	200 Back	2023/07/13	WCA SC Championships 2023	
32,08	L LEV2 F	50 Breast	2023/12/14	Western Cape LC-A Championship 2023	
32,17	S LEV2 P	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:10,92	S LEV3 P	100 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
1:14,21	L LEV3 F	100 Breast	2024/01/20	CTA A MEET 4	
2:33,84	S LEV3 F	200 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
28,19	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
1:01,45	S S LEV3 F	100 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
1:03,89	L S LEV2 P	100 Fly	2023/12/14	Western Cape LC-A Championship 2023	
2:19,42	S F	200 Fly	2023/07/13	WCA SC Championships 2023	
2:36,95	L S F	200 Fly	2023/11/24	CTA A & B CHAMPS 2023	
2:11,46	S SANJ P	200 IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:17,47	L SANJ F	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
4:35,18	S SANJ F	400 IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
4:57,21	L SANJ F	400 IM	2023/12/14	Western Cape LC-A Championship 2023	
McWilliam, Troy (16) M (Yr: AR)					
28,51	S P	50 Free	2023/07/13	WCA SC Championships 2023	
28,83	L S LEV2 P	50 Free	2023/12/14	Western Cape LC-A Championship 2023	
59,51	S LEV2 P	100 Free	2023/07/13	WCA SC Championships 2023	
1:00,71	L LEV2 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:03,76	S LEV3 P	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:10,71	L LEV3 P	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
4:11,56	S SANJ F	400 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
4:32,80	L LEV3 F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
8:39,21	S S SANJ F	800 Free	2023/07/13	WCA SC Championships 2023	
9:07,05	L S SANJ F	800 Free	2023/12/14	Western Cape LC-A Championship 2023	
16:32,74	S SANJ F	1500 Free	2023/07/13	WCA SC Championships 2023	
17:53,01	L SANJ F	1500 Free	2023/12/14	Western Cape LC-A Championship 2023	
1:04:31,00	L O	5000 Free	2023/12/08	2023 SA OWS Champ Trials -PE	
1:42:35,00	L O	7500 Free	2023/10/15	EC Swim Series OWS 1 2023	
1:11,46	L LEV2 F	100 Back	2024/01/20	CTA A MEET 4	
2:22,01	S LEV3 P	200 Back	2023/07/13	WCA SC Championships 2023	
2:28,54	L S LEV3 P	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
34,71	L LEV2 F	50 Breast	2024/01/20	CTA A MEET 4	
1:15,11	S LEV2 F	100 Breast	2023/07/13	WCA SC Championships 2023	
1:17,57	L LEV2 F	100 Breast	2024/01/20	CTA A MEET 4	

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Time	P/F/S	Event			
McWilliam, Troy (16) M (Yr: AR)					
2:39,94	S LEV3	F	200	Breast	2023/07/13 WCA SC Championships 2023
2:45,84	L LEV3	F	200	Breast	2023/12/14 Western Cape LC-A Championship 2023
1:11,23	S LEV2	P	100	Fly	2023/07/13 WCA SC Championships 2023
1:08,73	S	P	100	IM	2023/07/13 WCA SC Championships 2023
2:22,20	S LEV3	P	200	IM	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:32,14	L LEV2	P	200	IM	2023/12/14 Western Cape LC-A Championship 2023
4:57,25	S	F	400	IM	2023/07/13 WCA SC Championships 2023
5:16,29	L	F	400	IM	2023/12/14 Western Cape LC-A Championship 2023
Minnaar, Ben (18) M (Yr: AR)					
1:07:43,00	L	O	3000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim
Minnaar, Nicolas (14) M (Yr: AR)					
30,17	L LEV2	F	50	Free	2023/11/11 Winelands SL4
1:05,23	L LEV2	F	100	Free	2023/11/11 Winelands SL4
2:23,39	L S LEV2	F	200	Free	2023/11/24 CTA A & B CHAMPS 2023
5:15,09	L LEV3	F	400	Free	2024/01/20 CTA A MEET 4
57:25,00	L	O	3000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim
1:21,48	L LEV2	F	100	Back	2024/01/20 CTA A MEET 4
1:28,64	L LEV2	F	100	Breast	2024/01/20 CTA A MEET 4
3:10,84	S LEV2	F	200	Breast	2023/05/27 CTA QUALIFYING MEET 1
3:12,76	L LEV3	F	200	Breast	2023/11/24 CTA A & B CHAMPS 2023
33,75	L LEV2	F	50	Fly	2023/11/11 Winelands SL4
36,04	S	F	50	Fly	2023/05/27 CTA QUALIFYING MEET 1
2:51,05	S LEV2	F	200	IM	2023/05/27 CTA QUALIFYING MEET 1
2:57,05	L	F	200	IM	2023/09/16 CTA A MEET 3
Minnaar, Stephanie (14) W (Yr: AR)					
33,44	L LEV2	F	50	Free	2024/01/21 CTA BMEET 4
1:17,23	L	F	100	Free	2024/01/21 CTA BMEET 4
2:59,09	L	F	200	Free	2024/01/21 CTA BMEET 4
18:43,42	L	O	1000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim
3:22,61	L	F	200	IM	2024/01/21 CTA BMEET 4
Möller, Frederik (16) M (Yr: AR)					
28,35	L LEV2	F	50	Free	2023/11/11 Winelands SL4
28,61	S	P	50	Free	2023/07/13 WCA SC Championships 2023
1:00,75	S LEV2	P	100	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:00,81	L LEV2	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
2:09,59	S LEV2	P	200	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:14,24	L LEV2	P	200	Free	2023/12/14 Western Cape LC-A Championship 2023
4:33,64	S LEV3	F	400	Free	2023/07/13 WCA SC Championships 2023
4:36,38	L LEV3	F	400	Free	2023/11/24 CTA A & B CHAMPS 2023
9:20,41	S	F	800	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
9:42,20	L	F	800	Free	2023/11/18 CTA QUALIFYING MEET 2
17:51,92	S	F	1500	Free	2023/07/13 WCA SC Championships 2023
18:15,28	L	F	1500	Free	2023/11/11 Winelands SL4
49:10,00	L	O	3000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim
32,51	S LEV2	F	50	Back	2023/05/27 CTA QUALIFYING MEET 1
1:06,72	S LEV2	P	100	Back	2023/07/13 WCA SC Championships 2023
1:07,31	L LEV3	F	100	Back	2024/01/20 CTA A MEET 4
2:20,52	L S LEV3	F	200	Back	2023/12/14 Western Cape LC-A Championship 2023
2:21,46	S LEV3	P	200	Back	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
37,18	L LEV2	F	50	Breast	2023/10/05 42nd Freda Barnard Invitational Gala
1:22,01	L LEV2	P	100	Breast	2023/12/14 Western Cape LC-A Championship 2023
1:22,72	S LEV2	P	100	Breast	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:52,29	L LEV3	F	200	Breast	2023/11/24 CTA A & B CHAMPS 2023
2:55,36	S LEV2	P	200	Breast	2023/06/16 CTA INVITATIONAL SC MEET
30,69	L LEV2	F	50	Fly	2023/11/18 CTA QUALIFYING MEET 2
33,74	S S	P	50	Fly	2023/06/16 CTA INVITATIONAL SC MEET
1:09,41	S	P	100	IM	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:28,66	S LEV2	P	200	IM	2023/07/13 WCA SC Championships 2023
2:29,02	L LEV2	F	200	IM	2023/11/24 CTA A & B CHAMPS 2023
5:32,24	L	F	400	IM	2023/09/16 CTA A MEET 3

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Time	P/F/S	Event			
Möller, Gideon (13) M (Yr: AR)					
16:03,90	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
Myburgh, Alex (14) M (Yr: BR)					
35,90	S F	50 Free	2023/08/26	CTA B MEET 2	
3:00,70	S F	200 Free	2023/07/23	CTA B MEET 1	
42,97	S F	50 Back	2023/08/05	CTA CLUB MEET 4 - GSA	
1:43,66	S F	100 Back	2023/07/23	CTA B MEET 1	
3:27,53	S F	200 Back	2023/08/26	CTA B MEET 2	
48,47	S F	50 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
1:46,60	S F	100 Breast	2023/08/26	CTA B MEET 2	
44,15	S F	50 Fly	2023/08/05	CTA CLUB MEET 4 - GSA	
1:31,11	S F	100 IM	2023/08/05	CTA CLUB MEET 4 - GSA	
3:25,10	S F	200 IM	2023/07/23	CTA B MEET 1	
Myburgh, Emily (11) W (Yr: BR)					
45,39	S F	50 Free	2023/07/08	CTA CLUB MEET 3 - Fairmont	
50,64	S F	50 Back	2023/08/05	CTA CLUB MEET 4 - GSA	
1:01,09	S F	50 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
2:14,60	S F	100 Breast	2023/08/26	CTA B MEET 2	
22,85	S F	25 Fly	2023/08/05	CTA CLUB MEET 4 - GSA	
Nel, Trent (13) M (Yr: BN)					
16,06	S F	25 Free	2023/08/05	CTA CLUB MEET 4 - GSA	
37,48	S F	50 Free	2023/06/03	CTA CLUB MEET 2	
53,91	S F	50 Back	2023/06/03	CTA CLUB MEET 2	
24,03	S F	25 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
58,73	S F	50 Breast	2023/06/03	CTA CLUB MEET 2	
Newham, Christopher (11) M (Yr: BN)					
41,57	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
42,86	S F	50 Free	2023/08/26	CTA B MEET 2	
1:34,80	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:37,43	S F	100 Free	2023/07/23	CTA B MEET 1	
3:40,46	L F	200 Free	2024/01/21	CTA BMEET 4	
47,17	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
50,80	S F	50 Back	2023/07/23	CTA B MEET 1	
1:54,82	L F	100 Back	2024/01/21	CTA BMEET 4	
4:14,85	S F	200 Back	2023/08/26	CTA B MEET 2	
24,14	S F	25 Fly	2023/08/05	CTA CLUB MEET 4 - GSA	
4:18,66	L F	200 IM	2023/11/24	CTA A & B CHAMPS 2023	
4:31,25	S F	200 IM	2023/08/26	CTA B MEET 2	
Newkirk, Gia (11) W (Yr: AR)					
37,76	L LEV2 F	50 Free	2023/11/11	Winelands SL4	
39,48	S F	50 Free	2023/07/23	CTA B MEET 1	
1:29,89	L F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:31,92	S F	100 Free	2023/05/27	CTA QUALIFYING MEET 1	
3:23,51	S F	200 Free	2023/06/16	CTA INVITATIONAL SC MEET	
3:27,65	L F	200 Free	2024/01/21	CTA BMEET 4	
43,24	L LEV2 F	50 Back	2023/11/11	Winelands SL4	
45,54	S LEV2 F	50 Back	2023/07/23	CTA B MEET 1	
1:38,11	S LEV2 F	100 Back	2023/06/16	CTA INVITATIONAL SC MEET	
1:39,17	L LEV2 F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
3:47,81	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	
51,33	L LEV2 F	50 Breast	2023/11/18	CTA QUALIFYING MEET 2	
51,76	S F	50 Breast	2023/07/23	CTA B MEET 1	
1:56,70	S F	100 Breast	2023/05/27	CTA QUALIFYING MEET 1	
3:58,08	S LEV2 F	200 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
45,12	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
50,88	S F	50 Fly	2023/08/26	CTA B MEET 2	
3:35,71	L LEV2 F	200 IM	2024/01/21	CTA BMEET 4	
3:38,10	S LEV2 F	200 IM	2023/05/27	CTA QUALIFYING MEET 1	
Ngonyama, Luniko (10) M (Yr: CN)					
20,38	S F	25 Free	2023/06/03	CTA CLUB MEET 2	
27,36	S F	25 Back	2023/06/03	CTA CLUB MEET 2	

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Time	P/F/S	Event			
Ngonyama, Luniko (10) M (Yr: CN)					
35,06	S	F	25	Breast	2023/06/03 CTA CLUB MEET 2
30,10	S	F	25	Fly	2023/06/03 CTA CLUB MEET 2
Nilsson, Rebecca (12) W (Yr: BR)					
31,88	L S	LEV2	P	50	Free
					2023/12/14 Western Cape LC-A Championship 2023
31,98	S S	LEV2	F	50	Free
					2023/09/23 CTA Invitational SC Meet
1:09,64	L	LEV3	P	100	Free
					2023/12/14 Western Cape LC-A Championship 2023
1:13,65	S S	LEV2	F	100	Free
					2023/06/16 CTA INVITATIONAL SC MEET
2:31,27	L	LEV3	P	200	Free
					2023/12/14 Western Cape LC-A Championship 2023
2:33,23	S	LEV3	F	200	Free
					2023/09/23 CTA Invitational SC Meet
5:21,36	L	LEV3	F	400	Free
					2023/12/14 Western Cape LC-A Championship 2023
11:15,70	L		F	800	Free
					2023/12/14 Western Cape LC-A Championship 2023
21:40,21	S		F	1500	Free
					2023/08/26 CTA A MEET 2
21:57,48	L S		F	1500	Free
					2023/12/14 Western Cape LC-A Championship 2023
46:13,00	L		O	3000	Free
					2023/10/15 EC Swim Series OWS 1 2023
1:23,29	S	LEV3	P	100	Back
					2023/07/13 WCA SC Championships 2023
1:26,35	L	LEV3	F	100	Back
					2023/11/24 CTA A & B CHAMPS 2023
3:02,33	S S	LEV3	F	200	Back
					2023/06/16 CTA INVITATIONAL SC MEET
40,51	S S	LEV2	F	50	Breast
					2023/09/23 CTA Invitational SC Meet
41,19	L	LEV2	P	50	Breast
					2023/12/14 Western Cape LC-A Championship 2023
1:26,42	L	SANJ	F	100	Breast
					2023/12/14 Western Cape LC-A Championship 2023
1:27,32	S S	LEV3	F	100	Breast
					2023/09/23 CTA Invitational SC Meet
3:04,12	S	SANJ	F	200	Breast
					2023/09/23 CTA Invitational SC Meet
3:07,22	L	SANJ	F	200	Breast
					2023/11/24 CTA A & B CHAMPS 2023
33,31	L	LEV2	P	50	Fly
					2023/12/14 Western Cape LC-A Championship 2023
1:15,86	S S	SANJ	F	100	Fly
					2023/09/23 CTA Invitational SC Meet
1:19,49	L S	LEV3	F	100	Fly
					2023/11/24 CTA A & B CHAMPS 2023
2:51,70	L	LEV3	P	200	IM
					2023/12/14 Western Cape LC-A Championship 2023
Ntshona, Iminathi (13) M (Yr: AR)					
37,58	L		F	50	Free
					2023/06/24 PEA Winter Gala 2023
38,89	S		F	50	Free
					2023/08/26 CTA B MEET 2
1:23,36	S S		F	100	Free
					2023/09/23 CTA Invitational SC Meet
1:25,44	L		F	100	Free
					2023/06/24 PEA Winter Gala 2023
2:59,74	S		F	200	Free
					2023/09/23 CTA Invitational SC Meet
3:00,33	L S		F	200	Free
					2023/11/24 CTA A & B CHAMPS 2023
6:32,17	L		F	400	Free
					2023/11/11 Winelands SL4
17:53,21	L		O	1000	Free
					2024/01/28 Tygerberg Aquatics Open Water Swim
45,55	L		F	50	Back
					2023/11/11 Winelands SL4
1:33,38	L		F	100	Back
					2023/11/11 Winelands SL4
1:34,33	S		F	100	Back
					2023/09/23 CTA Invitational SC Meet
3:15,42	S	LEV2	F	200	Back
					2023/08/26 CTA B MEET 2
3:26,22	L	LEV2	F	200	Back
					2023/06/24 PEA Winter Gala 2023
49,59	L		F	50	Breast
					2023/06/24 PEA Winter Gala 2023
1:51,07	L		F	100	Breast
					2023/06/24 PEA Winter Gala 2023
3:44,74	L	LEV2	F	200	Breast
					2023/06/24 PEA Winter Gala 2023
3:50,88	S	LEV2	F	200	Breast
					2023/08/26 CTA B MEET 2
44,98	L		F	50	Fly
					2023/11/11 Winelands SL4
1:46,44	S		F	100	Fly
					2023/08/26 CTA B MEET 2
1:49,05	L		F	100	Fly
					2023/06/24 PEA Winter Gala 2023
3:18,82	S S		F	200	IM
					2023/09/23 CTA Invitational SC Meet
3:25,93	L		F	200	IM
					2023/06/24 PEA Winter Gala 2023
Oberhofer, Craig (12) M (Yr: BN)					
20,37	S		F	25	Free
					2023/09/02 CTA CLUB MEET 5 - FAIRMONT
21,93	S		F	25	Back
					2023/06/03 CTA CLUB MEET 2
29,57	S		F	25	Breast
					2023/08/05 CTA CLUB MEET 4 - GSA
Olivier, Julie (11) W (Yr: AR)					
33,73	L S	LEV2	F	50	Free
					2023/12/14 Western Cape LC-A Championship 2023
1:13,13	L	LEV3	F	100	Free
					2023/12/14 Western Cape LC-A Championship 2023
1:17,00	S	LEV2	F	100	Free
					2023/07/13 WCA SC Championships 2023
2:35,45	L	LEV3	F	200	Free
					2023/12/14 Western Cape LC-A Championship 2023
2:45,43	S	LEV3	F	200	Free
					2023/05/27 CTA QUALIFYING MEET 1

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Time	P/F/S	Event				
Olivier, Julie (11) W (Yr: AR)						
5:31,78	L LEV3 F	400 Free	2023/12/14	Western Cape LC-A Championship 2023		
5:40,35	S LEV3 F	400 Free	2023/07/13	WCA SC Championships 2023		
14:16,00	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim		
37,77	L LEV2 F	50 Back	2023/12/14	Western Cape LC-A Championship 2023		
40,52	S LEV2 F	50 Back	2023/05/27	CTA QUALIFYING MEET 1		
1:21,01	L LEV3 F	100 Back	2023/12/14	Western Cape LC-A Championship 2023		
2:48,90	L LEV3 F	200 Back	2023/12/14	Western Cape LC-A Championship 2023		
2:58,83	S LEV3 F	200 Back	2023/07/13	WCA SC Championships 2023		
46,79	L LEV2 P	50 Breast	2023/12/14	Western Cape LC-A Championship 2023		
49,03	S LEV2 F	50 Breast	2023/05/27	CTA QUALIFYING MEET 1		
1:41,54	L LEV3 P	100 Breast	2023/12/14	Western Cape LC-A Championship 2023		
3:34,67	L LEV3 F	200 Breast	2023/12/14	Western Cape LC-A Championship 2023		
35,74	L LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023		
1:25,24	S P	100 IM	2023/07/13	WCA SC Championships 2023		
2:57,05	L LEV3 F	200 IM	2023/12/14	Western Cape LC-A Championship 2023		
3:01,67	S LEV3 F	200 IM	2023/07/13	WCA SC Championships 2023		
Olivier, Stefan (11) M (Yr: AR)						
45,07	S F	50 Free	2024/01/27	CTA Level 0 Champs		
51,32	S F	50 Back	2024/01/27	CTA Level 0 Champs		
Otterbach, Lily (13) W (Yr: BR)						
32,48	S LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023		
32,72	L LEV2 F	50 Free	2024/01/21	CTA BMEET 4		
1:10,74	S LEV2 F	100 Free	2023/05/27	CTA QUALIFYING MEET 1		
2:42,31	S LEV2 P	200 Free	2023/07/13	WCA SC Championships 2023		
39,17	L LEV2 F	50 Back	2024/01/21	CTA BMEET 4		
1:24,57	S LEV2 P	100 Back	2023/07/13	WCA SC Championships 2023		
46,74	L LEV2 F	50 Breast	2024/01/21	CTA BMEET 4		
1:42,76	S P	100 Breast	2023/07/13	WCA SC Championships 2023		
1:26,45	S LEV2 P	100 Fly	2023/07/13	WCA SC Championships 2023		
3:10,89	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023		
Perez Castellano, Emilio (10) M (Yr: AR)						
37,01	S LEV2 F	50 Free	2023/08/26	CTA B MEET 2		
39,18	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023		
1:32,17	L F	100 Free	2024/01/21	CTA BMEET 4		
1:37,02	S F	100 Free	2023/07/23	CTA B MEET 1		
3:49,11	S F	200 Free	2023/07/23	CTA B MEET 1		
3:55,55	L F	200 Free	2023/09/17	CTA B MEET 3		
50,64	L F	50 Back	2024/01/21	CTA BMEET 4		
56,38	S F	50 Back	2023/09/02	CTA CLUB MEET 5 - FAIRMONT		
1:51,53	L F	100 Back	2024/01/21	CTA BMEET 4		
51,63	S LEV2 F	50 Breast	2023/09/02	CTA CLUB MEET 5 - FAIRMONT		
52,55	L LEV2 F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023		
1:55,24	L S LEV2 F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023		
2:00,75	S S LEV2 F	100 Breast	2023/06/16	CTA INVITATIONAL SC MEET		
4:12,33	L LEV2 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023		
4:19,84	S LEV2 F	200 Breast	2023/08/26	CTA B MEET 2		
48,50	L LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023		
53,35	S F	50 Fly	2023/08/26	CTA B MEET 2		
1:51,06	S F	100 IM	2023/09/02	CTA CLUB MEET 5 - FAIRMONT		
4:09,32	L F	200 IM	2023/09/17	CTA B MEET 3		
Perez Castellano, Enrique (8) M (Yr: AR)						
21,48	S F	25 Free	2024/01/27	CTA Level 0 Champs		
27,60	S F	25 Back	2024/01/27	CTA Level 0 Champs		
30,52	S F	25 Breast	2024/01/27	CTA Level 0 Champs		
31,03	S F	25 Fly	2024/01/27	CTA Level 0 Champs		
Pretorius, Cecile (12) W (Yr: GR)						
45,20	L F	50 Free	2024/01/21	CTA BMEET 4		
54,06	L F	50 Back	2024/01/21	CTA BMEET 4		
1:02,28	L F	50 Breast	2024/01/21	CTA BMEET 4		
Pretorius, Henri (10) M (Yr: AR)						

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Time	P/F/S	Event			
Pretorius, Henri (10) M (Yr: AR)					
44,82	S	F	50	Free	2023/07/23 CTA B MEET 1
47,16	L S	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023
1:46,62	L	F	100	Free	2023/11/18 CTA QUALIFYING MEET 2
1:49,58	S S	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET
47,74	L S LEV2	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
50,17	S	F	50	Back	2023/07/23 CTA B MEET 1
1:49,02	L LEV2	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2
1:49,50	S	F	100	Back	2023/07/23 CTA B MEET 1
52,98	L LEV2	F	50	Breast	2023/11/18 CTA QUALIFYING MEET 2
56,38	S	F	50	Breast	2023/07/23 CTA B MEET 1
1:56,14	L LEV2	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2
1:57,52	S LEV2	F	100	Breast	2023/08/26 CTA B MEET 2
4:11,69	L LEV2	F	200	Breast	2023/11/24 CTA A & B CHAMPS 2023
4:32,55	S LEV2	F	200	Breast	2023/06/16 CTA INVITATIONAL SC MEET
Pretorius, Guillaume (10) M (Yr: BR)					
44,78	S	F	50	Free	2023/07/08 CTA CLUB MEET 3 - Fairmont
1:40,73	L	F	100	Free	2023/11/18 CTA QUALIFYING MEET 2
1:50,33	S	F	100	Free	2023/07/23 CTA B MEET 1
3:57,74	L	F	200	Free	2024/01/21 CTA BMEET 4
59,23	S	F	50	Back	2023/07/08 CTA CLUB MEET 3 - Fairmont
1:52,73	L	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2
1:56,59	S	F	100	Back	2023/07/23 CTA B MEET 1
54,44	L LEV2	F	50	Breast	2023/09/17 CTA B MEET 3
56,28	S	F	50	Breast	2023/09/02 CTA CLUB MEET 5 - FAIRMONT
2:03,99	S	F	100	Breast	2023/08/26 CTA B MEET 2
2:06,03	L	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2
25,18	S	F	25	Fly	2023/07/08 CTA CLUB MEET 3 - Fairmont
1:07,27	S	F	50	Fly	2023/09/02 CTA CLUB MEET 5 - FAIRMONT
2:00,09	S	F	100	IM	2023/09/02 CTA CLUB MEET 5 - FAIRMONT
Pretorius, Marli (13) W (Yr: AR)					
40,90	S	F	50	Free	2023/10/07 CTA CLUB MEET 6 - CURRO DV
48,52	S	F	50	Back	2023/10/07 CTA CLUB MEET 6 - CURRO DV
48,73	S	F	50	Fly	2023/10/07 CTA CLUB MEET 6 - CURRO DV
Pretorius, Theo (12) M (Yr: AR)					
1:25,74	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
1:27,59	S S	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET
3:15,52	S	F	200	Free	2023/06/16 CTA INVITATIONAL SC MEET
6:51,09	L	F	400	Free	2023/11/18 CTA QUALIFYING MEET 2
1:27,78	L LEV2	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2
1:29,44	S LEV2	F	100	Back	2023/06/16 CTA INVITATIONAL SC MEET
3:17,12	L S LEV2	F	200	Back	2023/11/24 CTA A & B CHAMPS 2023
3:18,51	S LEV2	F	200	Back	2023/08/26 CTA A MEET 2
47,30	L LEV2	F	50	Breast	2023/11/18 CTA QUALIFYING MEET 2
1:42,11	L S LEV2	F	100	Breast	2023/11/24 CTA A & B CHAMPS 2023
1:45,57	S S LEV2	F	100	Breast	2023/06/16 CTA INVITATIONAL SC MEET
3:44,84	S LEV2	F	200	Breast	2023/06/16 CTA INVITATIONAL SC MEET
3:17,48	S LEV2	F	200	IM	2023/08/26 CTA A MEET 2
3:21,58	L LEV2	F	200	IM	2023/11/24 CTA A & B CHAMPS 2023
Putter, Tanè (16) W (Yr: AR)					
28,12	S LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
29,88	L S LEV2	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023
1:01,54	S LEV3	F	100	Free	2023/07/13 WCA SC Championships 2023
1:05,79	L LEV3	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023
2:21,47	S LEV3	F	200	Free	2023/05/27 CTA QUALIFYING MEET 1
30,81	S LEV2	F	50	Back	2023/09/09 West Coast Spring Gala 2023
34,48	L S LEV2	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
1:07,69	S SANJ	F	100	Back	2023/09/09 West Coast Spring Gala 2023
1:13,83	L LEV3	F	100	Back	2023/11/18 CTA QUALIFYING MEET 2
2:30,67	S SANJ	P	200	Back	2023/07/13 WCA SC Championships 2023
35,20	S LEV2	F	50	Breast	2023/09/09 West Coast Spring Gala 2023

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Time	P/F/S	Event
Putter, Tanè (16) W (Yr: AR)		
1:15,49 S	SANJ P	100 Breast 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:25,19 L S	LEV3 F	100 Breast 2023/11/24 CTA A & B CHAMPS 2023
2:44,35 S	SANJ F	200 Breast 2023/07/13 WCA SC Championships 2023
3:02,62 L	LEV3 F	200 Breast 2023/10/05 42nd Freda Barnard Invitational Gala
30,17 S	LEV2 F	50 Fly 2023/09/09 West Coast Spring Gala 2023
32,48 L	LEV2 F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
1:08,69 S	LEV3 F	100 Fly 2023/07/13 WCA SC Championships 2023
1:18,73 L	LEV2 F	100 Fly 2023/11/18 CTA QUALIFYING MEET 2
1:06,41 S	F	100 IM 2023/07/13 WCA SC Championships 2023
2:25,25 S	SANJ F	200 IM 2023/07/13 WCA SC Championships 2023
2:41,37 L	LEV3 F	200 IM 2023/10/05 42nd Freda Barnard Invitational Gala
5:23,49 S	SANJ P	400 IM 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
Rafael, Decanio (11) M (Yr: CN)		
26,38 S	F	25 Free 2023/11/04 CTA CLUB MEET 7 - UWC
28,47 S	F	25 Breast 2023/11/04 CTA CLUB MEET 7 - UWC
Raimond, Marike (14) W (Yr: AR)		
30,98 S S	LEV2 F	50 Free 2023/09/23 CTA Invitational SC Meet
31,19 L S	LEV2 F	50 Free 2023/11/24 CTA A & B CHAMPS 2023
1:06,60 S	LEV3 P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:07,57 L	LEV3 F	100 Free 2023/11/24 CTA A & B CHAMPS 2023
2:22,82 S	LEV3 P	200 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:25,87 L	LEV3 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
4:59,71 S	LEV3 F	400 Free 2023/07/13 WCA SC Championships 2023
5:04,44 L	LEV3 F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
10:13,54 S	SANJ F	800 Free 2023/09/23 CTA Invitational SC Meet
10:29,14 L	F	800 Free 2023/12/14 Western Cape LC-A Championship 2023
19:49,70 S	SANJ F	1500 Free 2023/08/26 CTA A MEET 2
19:57,20 L S	SANJ F	1500 Free 2023/12/14 Western Cape LC-A Championship 2023
51:46,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
35,68 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
1:15,82 S	LEV3 P	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:16,50 L	LEV3 P	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:45,16 S	LEV3 P	200 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
35,52 S	LEV2 P	50 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
35,73 L	LEV2 F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
1:19,51 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:51,19 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
2:52,87 L	LEV3 F	200 IM 2023/11/24 CTA A & B CHAMPS 2023
Ritchie, Andrew (23) M (Yr: AR)		
2:11,19 L	F	200 Free 2023/11/18 CTA QUALIFYING MEET 2
4:42,60 L	F	400 Free 2023/09/16 CTA A MEET 3
1:04,02 L	F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
2:12,68 S	F	200 Back 2023/05/27 CTA QUALIFYING MEET 1
33,44 L	P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:10,33 S	F	100 Breast 2023/05/27 CTA QUALIFYING MEET 1
2:16,34 S	F	200 IM 2023/05/27 CTA QUALIFYING MEET 1
2:19,83 L	F	200 IM 2023/12/14 Western Cape LC-A Championship 2023
5:07,10 L	F	400 IM 2023/11/18 CTA QUALIFYING MEET 2
Rossouw, Cara (14) W (Yr: AR)		
1:14,92 S	F	100 Free 2023/08/26 CTA A MEET 2
2:35,90 S	LEV2 F	200 Free 2023/09/23 CTA Invitational SC Meet
5:30,45 L	F	400 Free 2024/01/20 CTA A MEET 4
1:19,65 S	LEV2 F	100 Back 2023/09/23 CTA Invitational SC Meet
2:46,50 S	LEV3 F	200 Back 2023/09/23 CTA Invitational SC Meet
2:48,04 L S	LEV3 F	200 Back 2023/11/24 CTA A & B CHAMPS 2023
42,17 S	LEV2 F	50 Breast 2023/09/23 CTA Invitational SC Meet
1:34,71 L	LEV2 F	100 Breast 2024/01/20 CTA A MEET 4
33,71 L	LEV2 F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
34,63 S S	LEV2 F	50 Fly 2023/09/23 CTA Invitational SC Meet
1:17,64 S S	LEV3 F	100 Fly 2023/09/23 CTA Invitational SC Meet

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Time	P/F/S	Event
Rossouw, Cara (14) W (Yr: AR)		
2:57,32 S	LEV2 F	200 IM 2023/08/26 CTA A MEET 2
Rossouw, Emma (15) W (Yr: BR)		
2:30,00 L	LEV2 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
2:30,56 S	LEV2 P	200 Free 2023/06/16 CTA INVITATIONAL SC MEET
2:22:58,00 L	O	7500 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
34,25 S	LEV2 P	50 Back 2023/06/16 CTA INVITATIONAL SC MEET
35,22 L S	LEV2 F	50 Back 2023/10/05 42nd Freda Barnard Invitational Gala
1:12,02 S	LEV3 P	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:15,47 L	LEV3 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
2:37,85 S	LEV3 F	200 Back 2023/06/16 CTA INVITATIONAL SC MEET
2:44,66 L	LEV3 F	200 Back 2023/11/18 CTA QUALIFYING MEET 2
1:30,01 S	LEV2 P	100 Breast 2023/06/16 CTA INVITATIONAL SC MEET
1:34,37 L	LEV2 P	100 Breast 2023/12/14 Western Cape LC-A Championship 2023
2:44,00 S	LEV3 P	200 IM 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:47,52 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
5:51,67 L	F	400 IM 2023/12/14 Western Cape LC-A Championship 2023
Rossouw, Nadia (17) W (Yr: AR)		
29,34 L L	LEV2 F	50 Free 2023/12/14 Western Cape LC-A Championship 2023
1:05,76 S	LEV3 P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:06,40 L	LEV3 P	100 Free 2023/12/14 Western Cape LC-A Championship 2023
2:23,81 S	LEV3 P	200 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:25,62 L	LEV3 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
5:12,20 L	LEV3 F	400 Free 2024/01/20 CTA A MEET 4
34,34 S	LEV2 P	50 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:13,73 S	LEV3 P	100 Back 2023/07/13 WCA SC Championships 2023
1:14,67 L	LEV3 P	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:37,91 S	LEV3 P	200 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:39,43 L	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
39,40 L	LEV2 F	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
39,80 S	LEV2 F	50 Breast 2023/09/23 CTA Invitational SC Meet
1:28,93 L	LEV3 F	100 Breast 2024/01/20 CTA A MEET 4
1:15,64 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:43,90 S S	LEV3 F	200 IM 2023/09/23 CTA Invitational SC Meet
Rulashe, Luthando (13) M (Yr: AR)		
38,04 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
41,67 L	F	50 Free 2023/09/17 CTA B MEET 3
1:41,32 L	F	100 Free 2023/09/17 CTA B MEET 3
47,79 S	F	50 Back 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:50,34 L	F	100 Back 2023/09/17 CTA B MEET 3
47,56 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
58,01 S	F	50 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:44,14 S	F	100 IM 2023/07/08 CTA CLUB MEET 3 - Fairmont
4:07,48 L	F	200 IM 2023/09/17 CTA B MEET 3
Rulashe, Olwam (15) M (Yr: AR)		
32,72 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:22,79 L	F	100 Free 2023/09/17 CTA B MEET 3
3:27,03 L	F	200 Free 2023/09/17 CTA B MEET 3
45,32 S	F	50 Back 2023/07/08 CTA CLUB MEET 3 - Fairmont
48,83 L	F	50 Back 2023/09/17 CTA B MEET 3
51,10 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
51,56 L	F	50 Breast 2023/09/17 CTA B MEET 3
1:57,23 S	F	100 Breast 2023/08/26 CTA B MEET 2
4:23,16 S	F	200 Breast 2023/08/26 CTA B MEET 2
45,78 S	F	50 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:36,62 S	F	100 IM 2023/07/08 CTA CLUB MEET 3 - Fairmont
3:44,26 S	F	200 IM 2023/08/26 CTA B MEET 2
Ryser, Aurora (16) W (Yr: CR)		
29,78 S S	LEV2 F	50 Free 2023/06/16 CTA INVITATIONAL SC MEET
30,04 L S	LEV2 P	50 Free 2023/12/14 Western Cape LC-A Championship 2023
1:04,79 S	LEV3 P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023

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Time	P/F/S	Event			
Ryser, Aurora (16) W (Yr: CR)					
1:05,51	L L LEV3 F	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:22,39	S LEV3 P	200 Free	2023/07/13	WCA SC Championships 2023	
2:24,99	L LEV3 F	200 Free	2023/11/18	CTA QUALIFYING MEET 2	
5:04,78	L LEV3 F	400 Free	2023/11/24	CTA A & B CHAMPS 2023	
51:50,00	L O	3000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
33,03	S LEV2 F	50 Back	2023/06/16	CTA INVITATIONAL SC MEET	
33,86	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:10,36	S LEV3 P	100 Back	2023/07/13	WCA SC Championships 2023	
1:13,75	L LEV3 P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:33,36	S LEV3 F	200 Back	2023/07/13	WCA SC Championships 2023	
2:41,62	L LEV3 F	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
40,79	L LEV2 F	50 Breast	2023/09/16	CTA A MEET 3	
1:26,00	S LEV3 P	100 Breast	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:30,45	L LEV2 F	100 Breast	2023/09/16	CTA A MEET 3	
32,56	S LEV2 P	50 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
33,01	L LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023	
1:13,83	L LEV3 F	100 Fly	2023/11/18	CTA QUALIFYING MEET 2	
1:13,15	S P	100 IM	2023/07/13	WCA SC Championships 2023	
2:38,10	S LEV3 P	200 IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:39,90	L LEV3 F	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
5:48,91	L F	400 IM	2023/11/18	CTA QUALIFYING MEET 2	
Schenck, Maya (9) W (Yr: AR)					
40,54	S F	50 Free	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
41,15	L F	50 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:33,89	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
3:58,42	L F	200 Free	2023/09/17	CTA B MEET 3	
46,27	L S LEV2 F	50 Back	2023/11/24	CTA A & B CHAMPS 2023	
48,17	S LEV2 F	50 Back	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
1:42,92	L LEV2 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
3:36,62	L S LEV2 F	200 Back	2023/11/24	CTA A & B CHAMPS 2023	
3:52,71	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	
54,37	S F	50 Breast	2023/11/04	CTA CLUB MEET 7 - UWC	
57,77	L F	50 Breast	2023/11/18	CTA QUALIFYING MEET 2	
1:59,89	L LEV2 F	100 Breast	2023/11/18	CTA QUALIFYING MEET 2	
2:06,30	S F	100 Breast	2023/08/26	CTA B MEET 2	
4:19,07	L LEV2 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
22,92	S F	25 Fly	2023/07/08	CTA CLUB MEET 3 - Fairmont	
51,81	S LEV2 F	50 Fly	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
1:53,16	S F	100 IM	2023/11/04	CTA CLUB MEET 7 - UWC	
3:56,79	L LEV2 F	200 IM	2023/11/18	CTA QUALIFYING MEET 2	
4:04,44	S F	200 IM	2023/08/26	CTA B MEET 2	
Schoeman, Niel (8) M (Yr: BN)					
46,28	S F	50 Free	2023/11/04	CTA CLUB MEET 7 - UWC	
47,64	L F	50 Free	2023/09/17	CTA B MEET 3	
1:01,14	S F	50 Back	2023/11/04	CTA CLUB MEET 7 - UWC	
1:02,21	L F	50 Back	2023/09/17	CTA B MEET 3	
32,62	S F	25 Breast	2023/11/04	CTA CLUB MEET 7 - UWC	
29,51	S F	25 Fly	2023/11/04	CTA CLUB MEET 7 - UWC	
Senekal, Margo (14) W (Yr: AR)					
30,24	S LEV2 F	50 Free	2023/07/13	WCA SC Championships 2023	
1:05,71	S LEV3 F	100 Free	2023/07/13	WCA SC Championships 2023	
1:07,05	L LEV3 F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
2:20,21	S LEV3 F	200 Free	2023/07/13	WCA SC Championships 2023	
2:25,75	L LEV3 F	200 Free	2024/01/20	CTA A MEET 4	
4:53,17	S LEV3 F	400 Free	2023/07/13	WCA SC Championships 2023	
5:00,24	L LEV3 F	400 Free	2023/11/24	CTA A & B CHAMPS 2023	
11:05,98	L F	800 Free	2023/09/16	CTA A MEET 3	
56:08,00	L O	3000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
36,86	S LEV2 F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
1:17,85	S LEV3 P	100 Back	2023/07/13	WCA SC Championships 2023	

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Time	P/F/S	Event			
Senekal, Margo (14) W (Yr: AR)					
1:21,98	L LEV2 P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:47,19	S LEV3 F	200 Back	2023/08/26	CTA A MEET 2	
1:27,78	S LEV3 F	100 Breast	2023/07/13	WCA SC Championships 2023	
1:25,09	S LEV2 F	100 Fly	2023/05/27	CTA QUALIFYING MEET 1	
2:39,42	S LEV3 F	200 IM	2023/07/13	WCA SC Championships 2023	
2:49,69	L LEV3 F	200 IM	2023/11/24	CTA A & B CHAMPS 2023	
6:06,07	L F	400 IM	2023/11/11	Winelands SL4	
September, Shayden (13) M (Yr: AR)					
36,28	S F	50 Free	2023/08/05	CTA CLUB MEET 4 - GSA	
1:26,04	S F	100 Free	2023/07/23	CTA B MEET 1	
46,13	S F	50 Back	2023/07/23	CTA B MEET 1	
1:42,94	S F	100 Back	2023/07/23	CTA B MEET 1	
3:40,40	S F	200 Back	2023/08/26	CTA B MEET 2	
50,45	S F	50 Breast	2023/11/04	CTA CLUB MEET 7 - UWC	
1:59,04	S F	100 Breast	2023/08/26	CTA B MEET 2	
47,14	S F	50 Fly	2023/08/05	CTA CLUB MEET 4 - GSA	
1:40,09	S F	100 IM	2023/08/05	CTA CLUB MEET 4 - GSA	
3:38,22	S F	200 IM	2023/08/26	CTA B MEET 2	
Smith, Courtney (18) W (Yr: AR)					
1:09,61	S LEV2 P	100 Free	2023/07/13	WCA SC Championships 2023	
2:30,44	S LEV2 P	200 Free	2023/07/13	WCA SC Championships 2023	
38,82	S LEV2 F	50 Back	2023/05/27	CTA QUALIFYING MEET 1	
1:14,48	S LEV3 P	100 Back	2023/07/13	WCA SC Championships 2023	
2:42,91	S LEV3 P	200 Back	2023/07/13	WCA SC Championships 2023	
1:28,67	S LEV2 P	100 Breast	2023/07/13	WCA SC Championships 2023	
1:15,75	S LEV2 P	100 Fly	2023/07/13	WCA SC Championships 2023	
1:17,84	S P	100 IM	2023/07/13	WCA SC Championships 2023	
2:48,67	S LEV3 P	200 IM	2023/07/13	WCA SC Championships 2023	
Smith, Lara (15) W (Yr: BR)					
30,57	S LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023	
30,73	L S LEV2 F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:08,34	L LEV2 F	100 Free	2023/11/11	Winelands SL4	
1:16,55	L LEV3 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
42,67	L LEV2 P	50 Breast	2023/12/14	Western Cape LC-A Championship 2023	
1:31,80	S LEV2 P	100 Breast	2023/07/13	WCA SC Championships 2023	
1:32,84	L LEV2 F	100 Breast	2023/11/11	Winelands SL4	
33,11	L LEV2 F	50 Fly	2023/11/11	Winelands SL4	
1:17,46	L S LEV2 F	100 Fly	2023/11/24	CTA A & B CHAMPS 2023	
1:17,50	S LEV2 P	100 Fly	2023/07/13	WCA SC Championships 2023	
2:53,01	L LEV3 F	200 IM	2023/11/18	CTA QUALIFYING MEET 2	
Smith, Nicolas (11) M (Yr: AR)					
41,95	S F	50 Free	2023/08/05	CTA CLUB MEET 4 - GSA	
1:07,66	S F	50 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
20,79	S F	25 Fly	2023/08/05	CTA CLUB MEET 4 - GSA	
Smith, Sebastian (14) M (Yr: BR)					
28,23	S LEV2 P	50 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
28,46	L LEV2 F	50 Free	2023/11/11	Winelands SL4	
1:00,71	L LEV3 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
1:01,72	S LEV3 P	100 Free	2023/07/13	WCA SC Championships 2023	
2:11,05	L SANJ P	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:12,75	S LEV3 F	200 Free	2023/09/23	CTA Invitational SC Meet	
4:43,26	L SANJ F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
51:28,00	L O	3000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
31,64	L LEV2 P	50 Back	2023/12/14	Western Cape LC-A Championship 2023	
1:06,03	S SANJ F	100 Back	2023/09/23	CTA Invitational SC Meet	
1:08,62	L LEV3 P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:31,95	L LEV3 F	200 Back	2023/11/18	CTA QUALIFYING MEET 2	
36,47	L LEV2 F	50 Breast	2023/11/18	CTA QUALIFYING MEET 2	
1:20,81	S LEV3 P	100 Breast	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:22,25	L LEV3 P	100 Breast	2023/12/14	Western Cape LC-A Championship 2023	

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Time	P/F/S	Event
Smith, Sebastian (14) M (Yr: BR)		
2:29,73 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
2:30,59 S S	LEV3 F	200 IM 2023/09/23 CTA Invitational SC Meet
Sonnekus, Anya (12) W (Yr: BR)		
33,84 L	LEV2 F	50 Free 2023/11/11 Winelands SL4
34,35 S S	LEV2 F	50 Free 2023/09/23 CTA Invitational SC Meet
1:16,29 S	LEV2 F	100 Free 2023/07/13 WCA SC Championships 2023
1:16,35 L	LEV2 F	100 Free 2023/11/24 CTA A & B CHAMPS 2023
2:38,16 L	LEV3 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
2:41,04 S	LEV3 F	200 Free 2023/09/23 CTA Invitational SC Meet
5:54,81 L	LEV3 F	400 Free 2023/09/16 CTA A MEET 3
12:00,56 L	F	800 Free 2023/11/11 Winelands SL4
40,89 L	LEV2 P	50 Back 2023/12/14 Western Cape LC-A Championship 2023
41,60 S	LEV2 F	50 Back 2023/08/26 CTA A MEET 2
1:24,70 S	LEV3 F	100 Back 2023/07/13 WCA SC Championships 2023
1:27,41 L	LEV2 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
2:58,30 S	LEV3 F	200 Back 2023/08/26 CTA A MEET 2
3:02,07 L	LEV3 P	200 Back 2023/12/14 Western Cape LC-A Championship 2023
45,13 S S	LEV2 F	50 Breast 2023/09/23 CTA Invitational SC Meet
45,27 L	LEV2 F	50 Breast 2023/11/24 CTA A & B CHAMPS 2023
1:38,73 S S	LEV2 F	100 Breast 2023/09/23 CTA Invitational SC Meet
1:39,92 L	LEV2 F	100 Breast 2023/11/11 Winelands SL4
3:27,99 S	LEV3 F	200 Breast 2023/07/13 WCA SC Championships 2023
3:30,61 L	LEV3 F	200 Breast 2023/11/24 CTA A & B CHAMPS 2023
37,72 L	LEV2 F	50 Fly 2023/11/11 Winelands SL4
1:30,14 S	LEV3 F	100 Fly 2023/08/26 CTA A MEET 2
1:26,61 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:59,02 S	LEV3 F	200 IM 2023/08/26 CTA A MEET 2
3:01,45 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
Stander, Lume (8) W (Yr: BN)		
27,47 S	F	25 Back 2023/07/08 CTA CLUB MEET 3 - Fairmont
Stasch, Alexander (10) M (Yr: BN)		
20,65 S	F	25 Free 2023/08/05 CTA CLUB MEET 4 - GSA
47,16 L	F	50 Free 2024/01/21 CTA BMEET 4
48,22 L S	LEV2 F	50 Back 2023/11/24 CTA A & B CHAMPS 2023
50,00 S	F	50 Back 2023/10/07 CTA CLUB MEET 6 - CURRO DV
2:02,51 L	F	100 Back 2024/01/21 CTA BMEET 4
1:01,70 L	F	50 Breast 2023/11/24 CTA A & B CHAMPS 2023
1:03,58 S	F	50 Breast 2023/08/05 CTA CLUB MEET 4 - GSA
4:10,16 L	F	200 IM 2024/01/21 CTA BMEET 4
Stevenson, Andrea (15) W (Yr: GN)		
18,91 S	F	25 Free 2023/11/04 CTA CLUB MEET 7 - UWC
52,22 S	F	50 Back 2023/11/04 CTA CLUB MEET 7 - UWC
58,77 S	F	50 Breast 2023/11/04 CTA CLUB MEET 7 - UWC
1:04,92 S	F	50 Fly 2023/11/04 CTA CLUB MEET 7 - UWC
Strydom, Luan (15) M (Yr: AR)		
1:08,28 L	F	100 Free 2023/11/24 CTA A & B CHAMPS 2023
1:08,97 S	P	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
2:27,42 L	LEV2 F	200 Free 2023/11/18 CTA QUALIFYING MEET 2
2:31,67 S	P	200 Free 2023/06/16 CTA INVITATIONAL SC MEET
5:08,96 S	F	400 Free 2023/09/23 CTA Invitational SC Meet
5:18,01 L	F	400 Free 2023/11/18 CTA QUALIFYING MEET 2
10:48,35 S	F	800 Free 2023/09/23 CTA Invitational SC Meet
11:46,79 L	F	800 Free 2023/09/16 CTA A MEET 3
20:37,07 S S	F	1500 Free 2023/09/23 CTA Invitational SC Meet
52:38,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
1:19,70 L	LEV2 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
1:20,11 S	LEV2 F	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
2:44,76 S	LEV2 F	200 Back 2023/06/16 CTA INVITATIONAL SC MEET
2:47,37 L	LEV2 F	200 Back 2023/11/18 CTA QUALIFYING MEET 2
39,28 L	LEV2 F	50 Breast 2024/01/21 CTA BMEET 4

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Time	P/F/S	Event				
Strydom, Luan (15) M (Yr: AR)						
1:33,28	L	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2	
1:35,05	S	P	100	Breast	2023/06/16 CTA INVITATIONAL SC MEET	
3:18,73	S	LEV2	F	200	Breast	2023/09/23 CTA Invitational SC Meet
3:21,69	L	LEV2	F	200	Breast	2023/11/18 CTA QUALIFYING MEET 2
2:50,21	S	F	200	IM	2023/08/26 CTA A MEET 2	
2:50,75	L	F	200	IM	2024/01/21 CTA BMEET 4	
Strydom, Stephan (18) M (Yr: AR)						
58,18	L	LEV3	P	100	Free	2023/12/14 Western Cape LC-A Championship 2023
58,53	S	LEV2	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET
2:07,48	L	LEV3	P	200	Free	2023/12/14 Western Cape LC-A Championship 2023
2:07,57	S	LEV2	P	200	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:26,67	S	LEV3	P	400	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:31,92	L	LEV3	F	400	Free	2023/11/24 CTA A & B CHAMPS 2023
9:18,02	S	F	800	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023	
9:26,94	L S	F	800	Free	2023/12/14 Western Cape LC-A Championship 2023	
17:59,40	S	F	1500	Free	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023	
18:15,28	L	F	1500	Free	2023/12/14 Western Cape LC-A Championship 2023	
1:11:24,00	L	O	5000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim	
31,10	L	LEV2	P	50	Back	2023/12/14 Western Cape LC-A Championship 2023
31,65	S	LEV2	F	50	Back	2023/05/27 CTA QUALIFYING MEET 1
1:05,88	S	LEV3	P	100	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:07,42	L	LEV3	F	100	Back	2023/12/14 Western Cape LC-A Championship 2023
2:22,66	S	LEV3	P	200	Back	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:25,45	L S	LEV3	F	200	Back	2023/11/24 CTA A & B CHAMPS 2023
2:26,17	L	LEV2	P	200	IM	2023/12/14 Western Cape LC-A Championship 2023
Swartz, Seth (10) M (Yr: AR)						
39,85	S S	F	50	Free	2023/09/23 CTA Invitational SC Meet	
40,64	L S	F	50	Free	2023/11/24 CTA A & B CHAMPS 2023	
1:33,07	S S	F	100	Free	2023/09/23 CTA Invitational SC Meet	
1:37,78	L	F	100	Free	2023/11/24 CTA A & B CHAMPS 2023	
3:24,91	L S	LEV2	F	200	Free	2023/11/24 CTA A & B CHAMPS 2023
3:26,45	S	LEV2	F	200	Free	2023/09/23 CTA Invitational SC Meet
48,05	L S	LEV2	F	50	Back	2023/11/24 CTA A & B CHAMPS 2023
49,97	S	F	50	Back	2023/08/05 CTA CLUB MEET 4 - GSA	
1:41,55	L	LEV2	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023
1:52,66	S	F	100	Back	2023/07/23 CTA B MEET 1	
3:33,10	S S	LEV2	F	200	Back	2023/09/23 CTA Invitational SC Meet
3:34,21	L S	LEV2	F	200	Back	2023/11/24 CTA A & B CHAMPS 2023
1:00,77	L	F	50	Breast	2023/11/24 CTA A & B CHAMPS 2023	
1:07,67	S	F	50	Breast	2023/07/08 CTA CLUB MEET 3 - Fairmont	
49,43	L	LEV2	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023
53,22	S	F	50	Fly	2023/09/02 CTA CLUB MEET 5 - FAIRMONT	
1:54,00	S	F	100	IM	2023/09/02 CTA CLUB MEET 5 - FAIRMONT	
3:53,41	L	LEV2	F	200	IM	2023/11/24 CTA A & B CHAMPS 2023
3:54,59	S S	F	200	IM	2023/09/23 CTA Invitational SC Meet	
Szapira, Saul (17) M (Yr: AR)						
27,71	S	LEV2	P	50	Free	2023/07/13 WCA SC Championships 2023
27,99	L S	LEV2	P	50	Free	2023/12/14 Western Cape LC-A Championship 2023
58,35	S	LEV2	F	100	Free	2023/09/23 CTA Invitational SC Meet
1:00,84	L	LEV2	F	100	Free	2023/10/05 42nd Freda Barnard Invitational Gala
2:06,98	S	LEV3	F	200	Free	2023/09/23 CTA Invitational SC Meet
2:15,57	L	LEV2	P	200	Free	2023/12/14 Western Cape LC-A Championship 2023
4:41,32	S	LEV3	F	400	Free	2023/07/13 WCA SC Championships 2023
4:46,54	L	LEV3	F	400	Free	2023/11/11 Winelands SL4
9:52,25	L	F	800	Free	2023/09/16 CTA A MEET 3	
19:26,49	L	F	1500	Free	2023/11/11 Winelands SL4	
48:15,00	L	O	3000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim	
1:11:15,00	L	O	5000	Free	2023/10/15 EC Swim Series OWS 1 2023	
31,56	L S	LEV2	F	50	Back	2023/10/05 42nd Freda Barnard Invitational Gala
1:06,00	S	LEV3	P	100	Back	2023/08/19 SA National SC Champs WCA(25M)-Aug 2023

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Time	P/F/S	Event			
Szapira, Saul (17) M (Yr: AR)					
1:09,32	L LEV2 P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:23,31	S LEV3 P	200 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:28,57	L S LEV3 F	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
37,83	L LEV2 F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023	
1:22,32	L S LEV2 F	100 Breast	2023/10/05	42nd Freda Barnard Invitational Gala	
29,46	L LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023	
29,65	S LEV2 P	50 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:04,81	S LEV2 P	100 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
1:06,58	L S LEV2 P	100 Fly	2023/12/14	Western Cape LC-A Championship 2023	
2:39,16	L F	200 Fly	2023/10/05	42nd Freda Barnard Invitational Gala	
1:09,50	S P	100 IM	2023/07/13	WCA SC Championships 2023	
2:29,72	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023	
2:31,06	L LEV2 P	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
Terblanche, Luan (15) M (Yr: AR)					
29,44	L P	50 Free	2023/06/24	PEA Winter Gala 2023	
1:04,16	L LEV2 F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
2:12,88	L LEV2 P	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
4:37,00	L LEV3 F	400 Free	2023/12/14	Western Cape LC-A Championship 2023	
9:18,26	L SANJ F	800 Free	2024/01/20	CTA A MEET 4	
9:20,67	S F	800 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
17:50,80	S SANJ F	1500 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
18:20,68	L SANJ F	1500 Free	2023/11/11	Winelands SL4	
1:11:26,00	L O	5000 Free	2023/10/15	EC Swim Series OWS 1 2023	
1:42:13,00	L O	7500 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
1:09,66	L LEV2 P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:28,72	L S LEV3 P	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
34,91	S LEV2 F	50 Breast	2023/06/16	CTA INVITATIONAL SC MEET	
35,14	L LEV2 F	50 Breast	2024/01/20	CTA A MEET 4	
1:16,91	L S LEV2 F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023	
2:45,22	L LEV3 F	200 Breast	2023/12/14	Western Cape LC-A Championship 2023	
30,76	L LEV2 F	50 Fly	2024/01/12	2024 Grand Prix Invitation Swimming Meet-MP	
1:07,76	L LEV2 F	100 Fly	2023/11/18	CTA QUALIFYING MEET 2	
1:08,37	S LEV2 P	100 Fly	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:29,30	S P	200 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
2:29,82	L F	200 Fly	2023/12/14	Western Cape LC-A Championship 2023	
2:23,92	L LEV3 F	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
2:25,41	S LEV2 P	200 IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
5:06,22	S P	400 IM	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
5:06,26	L SANJ F	400 IM	2023/12/14	Western Cape LC-A Championship 2023	
Thirsk, Madison (13) W (Yr: BR)					
34,57	S P	50 Free	2023/07/13	WCA SC Championships 2023	
34,76	L S P	50 Free	2023/12/14	Western Cape LC-A Championship 2023	
1:14,08	L LEV2 F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:14,14	S LEV2 P	100 Free	2023/07/13	WCA SC Championships 2023	
2:40,10	L S LEV2 F	200 Free	2023/11/24	CTA A & B CHAMPS 2023	
2:40,98	S LEV2 P	200 Free	2023/07/13	WCA SC Championships 2023	
5:34,61	S F	400 Free	2023/09/23	CTA Invitational SC Meet	
5:45,16	L F	400 Free	2023/11/11	Winelands SL4	
14:16,36	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
39,74	L LEV2 P	50 Back	2023/12/14	Western Cape LC-A Championship 2023	
43,36	S F	50 Back	2023/06/03	CTA CLUB MEET 2	
1:25,74	L LEV2 F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
1:26,12	S LEV2 P	100 Back	2023/07/13	WCA SC Championships 2023	
2:55,86	S LEV2 F	200 Back	2023/08/26	CTA A MEET 2	
2:57,49	L LEV3 P	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
45,25	L LEV2 P	50 Breast	2023/12/14	Western Cape LC-A Championship 2023	
50,88	S F	50 Breast	2023/06/03	CTA CLUB MEET 2	
1:41,59	S LEV2 P	100 Breast	2023/07/13	WCA SC Championships 2023	
3:34,39	S LEV2 F	200 Breast	2023/08/26	CTA A MEET 2	
40,53	L P	50 Fly	2023/12/14	Western Cape LC-A Championship 2023	

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Time	P/F/S	Event				
Thirsk, Madison (13) W (Yr: BR)						
45,00	S	F	50	Fly	2023/06/03 CTA CLUB MEET 2	
1:27,72	S	P	100	IM	2023/07/13 WCA SC Championships 2023	
3:00,38	S	LEV2	F	200	IM	2023/08/26 CTA A MEET 2
3:01,60	L	LEV2	P	200	IM	2023/12/14 Western Cape LC-A Championship 2023
Thirsk, Savannah (12) W (Yr: BR)						
34,99	L S	LEV2	P	50	Free	2023/12/14 Western Cape LC-A Championship 2023
35,72	S	F	50	Free	2023/06/03 CTA CLUB MEET 2	
1:20,91	S S	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET	
1:22,77	L	P	100	Free	2023/12/14 Western Cape LC-A Championship 2023	
2:55,55	S	LEV2	F	200	Free	2023/06/16 CTA INVITATIONAL SC MEET
2:56,86	L S	LEV2	F	200	Free	2023/11/24 CTA A & B CHAMPS 2023
6:39,78	L	F	400	Free	2023/11/11 Winelands SL4	
16:55,44	L	O	1000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim	
38,55	L	LEV2	F	50	Back	2023/12/14 Western Cape LC-A Championship 2023
41,53	S	LEV2	F	50	Back	2023/06/03 CTA CLUB MEET 2
1:25,21	S	LEV3	F	100	Back	2023/06/16 CTA INVITATIONAL SC MEET
1:28,06	L	LEV2	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023
3:02,81	L	LEV3	F	200	Back	2023/12/14 Western Cape LC-A Championship 2023
3:04,92	S S	LEV3	F	200	Back	2023/06/16 CTA INVITATIONAL SC MEET
54,62	S	F	50	Breast	2023/06/03 CTA CLUB MEET 2	
1:52,04	S	P	100	Breast	2023/07/13 WCA SC Championships 2023	
4:06,45	S	F	200	Breast	2023/08/26 CTA A MEET 2	
40,95	L	LEV2	F	50	Fly	2023/11/24 CTA A & B CHAMPS 2023
43,22	S	LEV2	F	50	Fly	2023/06/03 CTA CLUB MEET 2
1:34,47	S	F	100	IM	2023/06/03 CTA CLUB MEET 2	
3:16,63	S S	LEV2	F	200	IM	2023/06/16 CTA INVITATIONAL SC MEET
3:19,42	L	LEV2	P	200	IM	2023/12/14 Western Cape LC-A Championship 2023
Tomlinson, Joshua (8) M (Yr: CN)						
45,50	S	F	50	Free	2024/01/27 CTA Level 0 Champs	
47,70	L	F	50	Free	2023/09/17 CTA B MEET 3	
50,66	S	F	50	Back	2024/01/27 CTA Level 0 Champs	
1:00,35	L	F	50	Back	2023/09/17 CTA B MEET 3	
59,81	S	F	50	Breast	2023/11/04 CTA CLUB MEET 7 - UWC	
1:08,55	L	F	50	Breast	2023/09/17 CTA B MEET 3	
20,23	S	F	25	Fly	2024/01/27 CTA Level 0 Champs	
Trower, Michael (13) M (Yr: AR)						
31,43	L S	LEV2	P	50	Free	2023/12/14 Western Cape LC-A Championship 2023
32,37	S	P	50	Free	2023/07/13 WCA SC Championships 2023	
1:08,75	L	LEV2	P	100	Free	2023/12/14 Western Cape LC-A Championship 2023
1:10,97	S	LEV2	P	100	Free	2023/07/13 WCA SC Championships 2023
2:27,86	L	LEV3	P	200	Free	2023/12/14 Western Cape LC-A Championship 2023
2:31,76	S	LEV2	P	200	Free	2023/07/13 WCA SC Championships 2023
5:12,16	S	LEV3	F	400	Free	2023/07/13 WCA SC Championships 2023
5:21,94	L	LEV3	F	400	Free	2023/12/14 Western Cape LC-A Championship 2023
10:59,21	L	F	800	Free	2023/11/11 Winelands SL4	
20:42,66	S	F	1500	Free	2023/08/26 CTA A MEET 2	
20:58,34	L	F	1500	Free	2023/12/14 Western Cape LC-A Championship 2023	
55:48,00	L	O	3000	Free	2024/01/28 Tygerberg Aquatics Open Water Swim	
37,15	L	LEV2	P	50	Back	2023/12/14 Western Cape LC-A Championship 2023
1:18,41	L	LEV3	F	100	Back	2023/11/24 CTA A & B CHAMPS 2023
1:20,46	S	LEV2	P	100	Back	2023/07/13 WCA SC Championships 2023
2:46,59	L S	LEV3	P	200	Back	2023/12/14 Western Cape LC-A Championship 2023
2:51,42	S	LEV3	P	200	Back	2023/07/13 WCA SC Championships 2023
45,98	L	F	50	Breast	2023/10/05 42nd Freda Barnard Invitational Gala	
1:34,34	S	LEV2	P	100	Breast	2023/07/13 WCA SC Championships 2023
3:35,18	L	LEV2	F	200	Breast	2023/10/05 42nd Freda Barnard Invitational Gala
1:19,84	L S	LEV2	F	100	Fly	2023/11/24 CTA A & B CHAMPS 2023
1:21,68	S	LEV2	P	100	Fly	2023/07/13 WCA SC Championships 2023
2:51,99	L	LEV2	P	200	IM	2023/12/14 Western Cape LC-A Championship 2023
2:55,39	S	LEV2	P	200	IM	2023/07/13 WCA SC Championships 2023

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Time	P/F/S	Event
Trower, Michael (13) M (Yr: AR)		
6:06,40 L	F	400 IM 2023/12/14 Western Cape LC-A Championship 2023
Trower, Nicholas (15) M (Yr: AR)		
25,11 S	LEV2 F	50 Free 2023/07/13 WCA SC Championships 2023
25,29 L	LEV2 F	50 Free 2023/11/18 CTA QUALIFYING MEET 2
53,94 L	SANJ F	100 Free 2023/12/14 Western Cape LC-A Championship 2023
54,31 S	SANJ P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:57,10 S	SANJ F	200 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:58,86 L	SANJ F	200 Free 2023/12/14 Western Cape LC-A Championship 2023
4:16,33 L	SANJ F	400 Free 2024/01/20 CTA A MEET 4
4:16,60 S	SANJ F	400 Free 2023/07/13 WCA SC Championships 2023
9:07,70 L	SANJ F	800 Free 2023/09/16 CTA A MEET 3
45:53,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
28,72 S L	LEV2 F	50 Back 2023/07/13 WCA SC Championships 2023
29,26 L	LEV2 F	50 Back 2023/12/14 Western Cape LC-A Championship 2023
58,88 S	SANJ F	100 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:00,26 L	SANJ F	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:04,24 S	SANJ F	200 Back 2023/07/13 WCA SC Championships 2023
2:10,18 L S	SANJ F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
34,62 L	LEV2 F	50 Breast 2024/01/20 CTA A MEET 4
27,02 L	LEV2 F	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
27,86 S	LEV2 P	50 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
1:01,80 S	LEV3 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:15,90 L	SANJ F	200 Fly 2024/01/20 CTA A MEET 4
1:03,28 S	F	100 IM 2023/07/13 WCA SC Championships 2023
2:12,87 S	SANJ F	200 IM 2023/07/13 WCA SC Championships 2023
2:14,08 L	SANJ F	200 IM 2023/12/14 Western Cape LC-A Championship 2023
4:49,63 L	SANJ F	400 IM 2023/12/14 Western Cape LC-A Championship 2023
4:50,42 S	SANJ F	400 IM 2023/07/13 WCA SC Championships 2023
Uys, Tara (18) W (Yr: AR)		
27,97 S	LEV2 F	50 Free 2023/07/13 WCA SC Championships 2023
29,96 L S	LEV2 F	50 Free 2023/11/24 CTA A & B CHAMPS 2023
1:00,56 S	SANJ F	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
1:04,82 L	LEV3 F	100 Free 2023/11/18 CTA QUALIFYING MEET 2
2:11,53 S	SANJ P	200 Free 2023/07/13 WCA SC Championships 2023
29,68 S	LEV2 F	50 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
30,96 L	LEV2 F	50 Back 2023/12/14 Western Cape LC-A Championship 2023
1:03,51 S	SANJ F	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
1:07,32 L	SANJ F	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:16,37 S	SANJ F	200 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:24,58 L	SANJ F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
32,21 L	P	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
1:08,11 S	LEV3 F	100 Fly 2023/07/13 WCA SC Championships 2023
1:10,78 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:25,51 S	SANJ F	200 IM 2023/07/13 WCA SC Championships 2023
2:36,63 L	SANJ F	200 IM 2023/12/14 Western Cape LC-A Championship 2023
Van der Merwe, Johanni (8) W (Yr: BN)		
55,29 S	F	50 Free 2023/08/05 CTA CLUB MEET 4 - GSA
1:01,98 S	F	50 Back 2023/08/05 CTA CLUB MEET 4 - GSA
1:12,46 S	F	50 Breast 2023/11/04 CTA CLUB MEET 7 - UWC
31,59 S	F	25 Fly 2023/11/04 CTA CLUB MEET 7 - UWC
Van Der Ross, Peyton (12) W (Yr: EN)		
37,38 S	F	50 Free 2023/08/05 CTA CLUB MEET 4 - Sweet Valley
40,17 L	F	50 Free 2023/09/17 CTA B MEET 3
1:30,44 L	F	100 Free 2023/10/05 42nd Freda Barnard Invitational Gala
43,85 L S	F	50 Back 2023/10/05 42nd Freda Barnard Invitational Gala
45,04 S	F	50 Back 2023/11/04 CTA CLUB MEET 7 - UWC
1:43,68 L	F	100 Back 2023/09/17 CTA B MEET 3
50,99 S	F	50 Breast 2023/11/04 CTA CLUB MEET 7 - UWC
54,97 L	F	50 Breast 2023/09/17 CTA B MEET 3
4:18,50 L	F	200 Breast 2023/10/05 42nd Freda Barnard Invitational Gala

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Time	P/F/S	Event			
Van Der Ross, Peyton (12) W (Yr: EN)					
20,02	S	F	25	Fly	2023/08/05 CTA CLUB MEET 4 - Sweet Valley
43,84	S	F	50	Fly	2023/11/04 CTA CLUB MEET 7 - UWC
44,72	L S	F	50	Fly	2023/10/05 42nd Freda Barnard Invitational Gala
1:35,63	S	F	100	IM	2023/11/04 CTA CLUB MEET 7 - UWC
3:35,63	L	F	200	IM	2023/10/05 42nd Freda Barnard Invitational Gala
Van Heerden, Alic (9) W (Yr: BN)					
54,00	L	F	50	Free	2023/09/17 CTA B MEET 3
55,49	S	F	50	Free	2023/09/02 CTA CLUB MEET 5 - FAIRMONT
2:03,25	L	F	100	Free	2024/01/21 CTA BMEET 4
2:25,11	S	F	100	Free	2023/07/23 CTA B MEET 1
4:19,81	L	F	200	Free	2024/01/21 CTA BMEET 4
1:04,78	S	F	50	Back	2023/09/02 CTA CLUB MEET 5 - FAIRMONT
1:05,19	L	F	50	Back	2024/01/21 CTA BMEET 4
2:28,48	L	F	100	Back	2024/01/21 CTA BMEET 4
2:32,52	S	F	100	Back	2023/07/23 CTA B MEET 1
1:05,70	L	F	50	Breast	2024/01/21 CTA BMEET 4
1:19,78	S	F	50	Breast	2023/07/08 CTA CLUB MEET 3 - Fairmont
35,67	S	F	25	Fly	2023/09/02 CTA CLUB MEET 5 - FAIRMONT
2:47,12	S	F	100	IM	2023/07/08 CTA CLUB MEET 3 - Fairmont
Van Heerden, Cassie (12) W (Yr: AR)					
44,51	S	F	50	Free	2023/07/08 CTA CLUB MEET 3 - Fairmont
1:39,33	L	F	100	Free	2024/01/21 CTA BMEET 4
1:44,56	S	F	100	Free	2023/07/23 CTA B MEET 1
3:35,15	L	F	200	Free	2024/01/21 CTA BMEET 4
57,03	S	F	50	Back	2023/07/08 CTA CLUB MEET 3 - Fairmont
1:49,20	L	F	100	Back	2024/01/21 CTA BMEET 4
1:59,36	S	F	100	Back	2023/07/23 CTA B MEET 1
1:03,76	L	F	50	Breast	2024/01/21 CTA BMEET 4
1:05,67	S	F	50	Breast	2023/07/08 CTA CLUB MEET 3 - Fairmont
1:03,34	S	F	50	Fly	2023/07/08 CTA CLUB MEET 3 - Fairmont
2:01,74	S	F	100	IM	2023/07/08 CTA CLUB MEET 3 - Fairmont
4:02,70	L	F	200	IM	2024/01/21 CTA BMEET 4
4:19,23	S	F	200	IM	2023/07/23 CTA B MEET 1
Van Jaarsveld, Bianca (9) W (Yr: AR)					
41,44	S	F	50	Free	2023/08/05 CTA CLUB MEET 4 - GSA
1:37,58	L	F	100	Free	2023/11/18 CTA QUALIFYING MEET 2
1:37,72	S	F	100	Free	2023/07/23 CTA B MEET 1
3:38,20	S	F	200	Free	2023/07/23 CTA B MEET 1
48,84	S	F	50	Back	2023/08/05 CTA CLUB MEET 4 - GSA
50,11	L	F	50	Back	2024/01/21 CTA BMEET 4
1:45,92	L	LEV2	100	Back	2023/11/18 CTA QUALIFYING MEET 2
1:53,41	S	F	100	Back	2023/07/23 CTA B MEET 1
58,03	S	F	50	Breast	2023/08/05 CTA CLUB MEET 4 - GSA
1:02,22	L	F	50	Breast	2024/01/21 CTA BMEET 4
2:07,25	L	F	100	Breast	2023/11/18 CTA QUALIFYING MEET 2
2:10,01	S	F	100	Breast	2023/08/26 CTA B MEET 2
51,00	L	LEV2	50	Fly	2023/11/18 CTA QUALIFYING MEET 2
52,22	S	LEV2	50	Fly	2023/08/26 CTA B MEET 2
1:51,86	S	F	100	IM	2023/08/05 CTA CLUB MEET 4 - GSA
3:52,61	S	LEV2	200	IM	2023/08/26 CTA B MEET 2
4:06,97	L	F	200	IM	2024/01/21 CTA BMEET 4
Van Onselen, Annabelle (9) W (Yr: AR)					
40,39	L	F	50	Free	2024/01/21 CTA BMEET 4
40,75	S	F	50	Free	2023/07/23 CTA B MEET 1
1:35,52	S S	F	100	Free	2023/06/16 CTA INVITATIONAL SC MEET
1:35,62	L	F	100	Free	2024/01/21 CTA BMEET 4
3:38,18	S	F	200	Free	2023/07/23 CTA B MEET 1
47,60	S	LEV2	50	Back	2023/06/16 CTA INVITATIONAL SC MEET
47,60	S	LEV2	50	Back	2023/09/23 CTA Invitational SC Meet
47,96	L S	LEV2	50	Back	2023/11/24 CTA A & B CHAMPS 2023

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Time	P/F/S	Event
Van Onselen, Annabelle (9) W (Yr: AR)		
1:42,81 L	LEV2 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
1:47,70 S	LEV2 F	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
3:39,25 S S	LEV2 F	200 Back 2023/09/23 CTA Invitational SC Meet
54,10 L	LEV2 F	50 Breast 2023/11/24 CTA A & B CHAMPS 2023
54,71 S S	F	50 Breast 2023/09/23 CTA Invitational SC Meet
1:58,14 S S	LEV2 F	100 Breast 2023/06/16 CTA INVITATIONAL SC MEET
2:00,90 L	LEV2 F	100 Breast 2023/11/18 CTA QUALIFYING MEET 2
4:12,47 S	LEV2 F	200 Breast 2023/08/26 CTA B MEET 2
4:15,68 L	LEV2 F	200 Breast 2023/11/24 CTA A & B CHAMPS 2023
50,80 S	LEV2 F	50 Fly 2023/08/26 CTA B MEET 2
53,52 L	LEV2 F	50 Fly 2023/11/18 CTA QUALIFYING MEET 2
3:53,42 S S	LEV2 F	200 IM 2023/09/23 CTA Invitational SC Meet
Van Onselen, Pierre (11) M (Yr: AR)		
33,31 L L	LEV2 F	50 Free 2023/12/14 Western Cape LC-A Championship 2023
33,50 S S	LEV2 F	50 Free 2023/09/23 CTA Invitational SC Meet
1:15,42 L	LEV3 P	100 Free 2023/12/14 Western Cape LC-A Championship 2023
1:15,58 S	LEV2 P	100 Free 2023/07/13 WCA SC Championships 2023
2:50,39 S	LEV2 P	200 Free 2023/07/13 WCA SC Championships 2023
5:58,06 L	LEV3 F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
37,59 L	LEV2 F	50 Back 2023/12/14 Western Cape LC-A Championship 2023
38,71 S	LEV2 F	50 Back 2023/09/23 CTA Invitational SC Meet
1:23,78 S	LEV3 F	100 Back 2023/09/23 CTA Invitational SC Meet
1:24,42 L	LEV3 P	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:59,49 L S	LEV3 F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
3:02,72 S S	LEV3 F	200 Back 2023/09/23 CTA Invitational SC Meet
45,76 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
49,69 S	LEV2 F	50 Breast 2023/05/27 CTA QUALIFYING MEET 1
1:40,17 L	LEV3 P	100 Breast 2023/12/14 Western Cape LC-A Championship 2023
1:49,12 S	LEV2 F	100 Breast 2023/05/27 CTA QUALIFYING MEET 1
3:43,97 S	LEV3 F	200 Breast 2023/08/26 CTA A MEET 2
38,04 L	LEV2 P	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
39,22 S	LEV2 F	50 Fly 2023/08/26 CTA A MEET 2
1:27,56 S	P	100 IM 2023/07/13 WCA SC Championships 2023
3:01,91 L	LEV3 P	200 IM 2023/12/14 Western Cape LC-A Championship 2023
3:08,15 S	LEV3 P	200 IM 2023/07/13 WCA SC Championships 2023
Van Rensburg, Janco (13) M (Yr: AR)		
34,19 S	F	50 Free 2023/07/23 CTA B MEET 1
34,31 L	F	50 Free 2023/11/11 Swartland Prestige Gala 2023
1:15,35 L	F	100 Free 2023/11/18 CTA QUALIFYING MEET 2
1:19,45 S	F	100 Free 2023/07/23 CTA B MEET 1
3:06,75 L	F	200 Free 2023/09/17 CTA B MEET 3
42,46 L	F	50 Back 2023/09/17 CTA B MEET 3
1:30,28 L	LEV2 F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
45,00 L	LEV2 F	50 Breast 2023/11/18 CTA QUALIFYING MEET 2
46,13 S	F	50 Breast 2023/07/23 CTA B MEET 1
1:36,64 L	LEV2 F	100 Breast 2023/11/18 CTA QUALIFYING MEET 2
1:44,15 S	F	100 Breast 2023/05/27 CTA QUALIFYING MEET 1
3:36,71 L	LEV2 F	200 Breast 2023/11/11 Swartland Prestige Gala 2023
38,69 L	LEV2 F	50 Fly 2023/11/11 Swartland Prestige Gala 2023
3:14,65 S	F	200 IM 2023/07/23 CTA B MEET 1
Van Rooyen, Michelle (16) W (Yr: AR)		
2:38,74 L	LEV2 F	200 Free 2024/01/21 CTA BMEET 4
2:38,98 S	LEV2 P	200 Free 2023/06/16 CTA INVITATIONAL SC MEET
5:35,00 S	P	400 Free 2023/06/16 CTA INVITATIONAL SC MEET
1:03:05,00 L	O	3000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
37,71 S	LEV2 P	50 Back 2023/06/16 CTA INVITATIONAL SC MEET
39,65 L S	LEV2 F	50 Back 2023/11/24 CTA A & B CHAMPS 2023
1:24,13 S	LEV2 P	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
1:25,75 L	LEV2 F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
38,72 S	F	50 Fly 2023/05/27 CTA QUALIFYING MEET 1

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Time	P/F/S	Event			
Van Rooyen, Michelle (16) W (Yr: AR)					
40,72 L	F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
3:08,29 L	LEV2 F	200 IM	2023/11/24	CTA A & B CHAMPS 2023	
3:11,19 S	F	200 IM	2023/05/27	CTA QUALIFYING MEET 1	
Van Tonder, Charnè (16) W (Yr: BR)					
31,86 L	LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
Van Tonder, Danelle (13) W (Yr: AR)					
32,85 L	LEV2 F	50 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:20,38 L	F	100 Free	2024/01/21	CTA BMEET 4	
3:03,67 L	F	200 Free	2024/01/21	CTA BMEET 4	
38,35 L	LEV2 F	50 Back	2023/11/18	CTA QUALIFYING MEET 2	
45,90 L	LEV2 F	50 Breast	2024/01/21	CTA BMEET 4	
3:15,98 L	LEV2 F	200 IM	2024/01/21	CTA BMEET 4	
Van Vondel, Anton (17) M (Yr: AR)					
26,26 L	LEV2 F	50 Free	2023/11/11	Winelands SL4	
56,15 S	LEV3 P	100 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
57,51 L	LEV3 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:06,06 S	LEV3 P	200 Free	2023/07/13	WCA SC Championships 2023	
26,65 S	LEV2 F	50 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
27,16 L	LEV2 F	50 Back	2023/12/14	Western Cape LC-A Championship 2023	
57,43 S	SANJ F	100 Back	2023/09/23	CTA Invitational SC Meet	
58,85 L	SANJ F	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:05,90 S	SANJ F	200 Back	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	
2:10,61 L S	SANJ F	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
33,42 L	LEV2 F	50 Breast	2023/11/11	Winelands SL4	
28,34 L	LEV2 F	50 Fly	2023/11/24	CTA A & B CHAMPS 2023	
1:06,37 S	P	100 IM	2023/07/13	WCA SC Championships 2023	
2:18,63 S	LEV3 P	200 IM	2023/07/13	WCA SC Championships 2023	
2:22,83 L	LEV3 F	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
Van Vondel, Roland (12) M (Yr: AR)					
32,57 L	LEV2 F	50 Free	2023/11/11	Winelands SL4	
2:52,87 S	LEV2 P	200 Free	2023/07/13	WCA SC Championships 2023	
35,98 S	LEV2 F	50 Back	2023/09/23	CTA Invitational SC Meet	
36,23 L L	LEV2 F	50 Back	2023/12/14	Western Cape LC-A Championship 2023	
1:17,50 S	LEV3 F	100 Back	2023/09/23	CTA Invitational SC Meet	
1:17,87 L	LEV3 P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:47,30 L S	LEV3 P	200 Back	2023/12/14	Western Cape LC-A Championship 2023	
2:55,22 S	LEV3 F	200 Back	2023/05/27	CTA QUALIFYING MEET 1	
41,98 L	LEV2 F	50 Breast	2024/01/20	CTA A MEET 4	
1:32,43 L	LEV3 F	100 Breast	2023/09/16	CTA A MEET 3	
1:34,58 S	LEV2 F	100 Breast	2023/05/27	CTA QUALIFYING MEET 1	
3:22,27 L	LEV3 P	200 Breast	2023/12/14	Western Cape LC-A Championship 2023	
3:28,78 S	LEV3 F	200 Breast	2023/07/13	WCA SC Championships 2023	
39,21 L	LEV2 P	50 Fly	2023/12/14	Western Cape LC-A Championship 2023	
2:57,82 L	LEV3 F	200 IM	2024/01/20	CTA A MEET 4	
Van Zyl, Daniël (12) M (Yr: AR)					
30,44 S L	F	25 Free	2023/07/13	WCA SC Championships 2023	
31,01 S	LEV2 F	50 Free	2023/08/26	CTA A MEET 2	
31,42 L S	LEV2 P	50 Free	2023/12/14	Western Cape LC-A Championship 2023	
1:07,02 L	LEV3 P	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
1:07,81 S	LEV3 F	100 Free	2023/07/13	WCA SC Championships 2023	
2:22,27 L	SANJ P	200 Free	2023/12/14	Western Cape LC-A Championship 2023	
2:23,68 S	LEV3 F	200 Free	2023/07/13	WCA SC Championships 2023	
4:57,12 S	SANJ F	400 Free	2023/07/13	WCA SC Championships 2023	
5:02,49 L	SANJ F	400 Free	2023/11/24	CTA A & B CHAMPS 2023	
10:07,11 L S	SANJ F	800 Free	2023/12/14	Western Cape LC-A Championship 2023	
19:14,70 L	SANJ F	1500 Free	2023/12/14	Western Cape LC-A Championship 2023	
19:17,24 S	SANJ F	1500 Free	2023/08/26	CTA A MEET 2	
37,61 L	LEV2 P	50 Back	2023/12/14	Western Cape LC-A Championship 2023	
1:16,93 S	LEV3 F	100 Back	2023/05/27	CTA QUALIFYING MEET 1	
1:19,79 L	LEV3 P	100 Back	2023/12/14	Western Cape LC-A Championship 2023	

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Time	P/F/S	Event			
Van Zyl, Daniël (12) M (Yr: AR)					
2:40,05	S SANJ F	200 Back	2023/07/13	WCA SC Championships 2023	
2:50,14	L S LEV3 F	200 Back	2023/11/24	CTA A & B CHAMPS 2023	
45,07	L LEV2 F	50 Breast	2023/09/16	CTA A MEET 3	
3:27,01	S LEV3 F	200 Breast	2023/05/27	CTA QUALIFYING MEET 1	
35,41	L LEV2 P	50 Fly	2023/12/14	Western Cape LC-A Championship 2023	
36,23	S LEV2 F	50 Fly	2023/05/27	CTA QUALIFYING MEET 1	
1:14,31	S LEV3 F	100 Fly	2023/07/13	WCA SC Championships 2023	
1:16,75	L S LEV3 P	100 Fly	2023/12/14	Western Cape LC-A Championship 2023	
1:17,32	S F	100 IM	2023/07/13	WCA SC Championships 2023	
2:47,09	S LEV3 F	200 IM	2023/07/13	WCA SC Championships 2023	
2:50,10	L LEV3 P	200 IM	2023/12/14	Western Cape LC-A Championship 2023	
5:49,71	L SANJ F	400 IM	2023/11/24	CTA A & B CHAMPS 2023	
Van Zyl, Lily (10) W (Yr: BR)					
41,63	L S F	50 Free	2023/11/24	CTA A & B CHAMPS 2023	
42,37	S F	50 Free	2023/08/26	CTA B MEET 2	
1:36,23	L F	100 Free	2024/01/21	CTA BMEET 4	
3:30,46	L S LEV2 F	200 Free	2023/11/24	CTA A & B CHAMPS 2023	
48,80	L LEV2 F	50 Back	2024/01/21	CTA BMEET 4	
1:47,25	L LEV2 F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
3:56,68	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	
56,12	L F	50 Breast	2024/01/21	CTA BMEET 4	
2:05,19	L S F	100 Breast	2023/11/24	CTA A & B CHAMPS 2023	
2:14,06	S F	100 Breast	2023/08/26	CTA B MEET 2	
4:06,41	L F	200 IM	2023/11/24	CTA A & B CHAMPS 2023	
4:08,34	S F	200 IM	2023/08/26	CTA B MEET 2	
Vd Merwe, Elizabeth (13) W (Yr: AR)					
38,48	S F	50 Free	2023/08/26	CTA B MEET 2	
1:22,70	L F	100 Free	2024/01/21	CTA BMEET 4	
1:23,28	S S F	100 Free	2023/09/23	CTA Invitational SC Meet	
1:32,26	L F	100 Back	2023/11/18	CTA QUALIFYING MEET 2	
1:34,53	S F	100 Back	2023/09/23	CTA Invitational SC Meet	
48,99	L F	50 Breast	2023/11/18	CTA QUALIFYING MEET 2	
1:46,06	L F	100 Breast	2023/11/18	CTA QUALIFYING MEET 2	
1:49,19	S F	100 Breast	2023/08/26	CTA B MEET 2	
3:48,28	S LEV2 F	200 Breast	2023/09/23	CTA Invitational SC Meet	
3:29,76	S F	200 IM	2023/08/26	CTA B MEET 2	
Vermeulen, Mieka (13) W (Yr: AR)					
37,26	S F	50 Free	2023/07/23	CTA B MEET 1	
1:13,38	L LEV2 F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:23,44	S F	100 Free	2023/07/23	CTA B MEET 1	
3:10,11	S F	200 Free	2023/07/23	CTA B MEET 1	
18:29,94	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
38,77	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
3:28,37	S F	200 IM	2023/07/23	CTA B MEET 1	
Volschenk, Ben (17) M (Yr: AR)					
25,86	S S LEV2 P	50 Free	2023/06/16	CTA INVITATIONAL SC MEET	
55,55	S LEV3 P	100 Free	2023/07/13	WCA SC Championships 2023	
57,22	L LEV3 F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
2:05,77	S LEV3 P	200 Free	2023/07/13	WCA SC Championships 2023	
2:13,20	L LEV2 F	200 Free	2023/09/16	CTA A MEET 3	
1:02,89	S LEV3 P	100 Back	2023/07/13	WCA SC Championships 2023	
1:10,00	L LEV2 F	100 Back	2023/09/16	CTA A MEET 3	
38,13	L LEV2 F	50 Breast	2023/11/18	CTA QUALIFYING MEET 2	
27,68	L LEV2 F	50 Fly	2023/11/18	CTA QUALIFYING MEET 2	
28,53	S S LEV2 P	50 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
1:06,74	S S LEV2 P	100 Fly	2023/06/16	CTA INVITATIONAL SC MEET	
2:29,07	S LEV2 P	200 IM	2023/07/13	WCA SC Championships 2023	
2:39,12	L LEV2 F	200 IM	2023/09/16	CTA A MEET 3	
Volschenk, Mila (14) W (Yr: AR)					
34,26	S S P	50 Free	2023/06/16	CTA INVITATIONAL SC MEET	

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Volschenk, Mila (14) W (Yr: AR)		
1:18,87 L	F	100 Free 2023/11/24 CTA A & B CHAMPS 2023
1:29,08 L	LEV2 F	100 Back 2023/11/24 CTA A & B CHAMPS 2023
37,31 L	LEV2 F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
37,56 S S	LEV2 P	50 Fly 2023/06/16 CTA INVITATIONAL SC MEET
1:34,77 S S	LEV2 P	100 Fly 2023/06/16 CTA INVITATIONAL SC MEET
3:25,23 L	F	200 IM 2023/09/17 CTA B MEET 3
Wait, Hugo (9) M (Yr: AR)		
42,52 S	F	50 Free 2023/10/07 CTA CLUB MEET 6 - CURRO DV
54,96 S	F	50 Back 2024/01/27 CTA Level 0 Champs
1:04,89 S	F	50 Breast 2023/08/05 CTA CLUB MEET 4 - GSA
23,22 S	F	25 Fly 2024/01/27 CTA Level 0 Champs
2:02,46 S	F	100 IM 2023/10/07 CTA CLUB MEET 6 - CURRO DV
Wentzel, Kara (13) W (Yr: AR)		
40,38 S S	F	50 Free 2023/06/16 CTA INVITATIONAL SC MEET
1:28,73 S S	F	100 Free 2023/09/23 CTA Invitational SC Meet
49,32 S	F	50 Back 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:39,58 S	F	100 Back 2023/06/16 CTA INVITATIONAL SC MEET
3:31,39 S S	F	200 Back 2023/09/23 CTA Invitational SC Meet
54,17 S S	F	50 Breast 2023/09/23 CTA Invitational SC Meet
1:53,31 S	F	100 Breast 2023/08/26 CTA B MEET 2
4:02,43 S	F	200 Breast 2023/08/26 CTA B MEET 2
25,11 S	F	25 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
59,26 S S	F	50 Fly 2023/06/16 CTA INVITATIONAL SC MEET
1:48,56 S	F	100 IM 2023/07/08 CTA CLUB MEET 3 - Fairmont
4:01,39 S S	F	200 IM 2023/06/16 CTA INVITATIONAL SC MEET
West, Gabriel (19) M (Yr: AR)		
24,87 S	LEV2 P	50 Free 2023/07/13 WCA SC Championships 2023
25,52 L S	LEV2 F	50 Free 2023/12/14 Western Cape LC-A Championship 2023
53,51 S	SANJ P	100 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
53,51 S	SANJ F	100 Free 2023/07/13 WCA SC Championships 2023
56,66 L L	LEV3 F	100 Free 2023/12/14 Western Cape LC-A Championship 2023
1:58,17 S	SANJ F	200 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:04,10 L	LEV3 P	200 Free 2023/12/14 Western Cape LC-A Championship 2023
4:20,08 S	LEV3 F	400 Free 2023/06/16 CTA INVITATIONAL SC MEET
4:31,19 L	LEV3 F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
32,38 S	LEV2 F	50 Breast 2023/06/16 CTA INVITATIONAL SC MEET
33,13 L	LEV2 P	50 Breast 2023/12/14 Western Cape LC-A Championship 2023
25,47 S	LEV2 F	50 Fly 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
25,78 L	LEV2 F	50 Fly 2023/12/14 Western Cape LC-A Championship 2023
57,30 S	SANJ P	100 Fly 2023/07/13 WCA SC Championships 2023
57,92 L S	SANJ F	100 Fly 2023/12/14 Western Cape LC-A Championship 2023
2:09,07 S	SANJ F	200 Fly 2023/09/23 CTA Invitational SC Meet
2:15,21 L	SANJ F	200 Fly 2023/12/14 Western Cape LC-A Championship 2023
1:02,33 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:15,10 S S	SANJ F	200 IM 2023/06/16 CTA INVITATIONAL SC MEET
2:19,19 L	LEV3 F	200 IM 2023/12/14 Western Cape LC-A Championship 2023
Weza, Lithe-Thaa (15) M (Yr: AR)		
36,09 S	F	50 Free 2023/07/08 CTA CLUB MEET 3 - Fairmont
1:21,57 L	F	100 Free 2023/11/24 CTA A & B CHAMPS 2023
1:25,33 S	P	100 Free 2023/06/16 CTA INVITATIONAL SC MEET
46,94 S	F	50 Breast 2023/07/08 CTA CLUB MEET 3 - Fairmont
48,25 L	F	50 Breast 2023/11/24 CTA A & B CHAMPS 2023
1:44,82 S	P	100 Breast 2023/06/16 CTA INVITATIONAL SC MEET
42,87 S	F	50 Fly 2023/07/08 CTA CLUB MEET 3 - Fairmont
45,15 L	F	50 Fly 2023/11/24 CTA A & B CHAMPS 2023
1:34,38 S	F	100 IM 2023/06/03 CTA CLUB MEET 2
3:32,90 S	F	200 IM 2023/07/23 CTA B MEET 1
Wiener, Will (10) M (Yr: EN)		
44,09 S	F	50 Free 2023/09/02 CTA CLUB MEET 5 - FAIRMONT
45,51 L	F	50 Free 2023/11/11 Winelands SL4

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Time	P/F/S	Event			
Wiener, Will (10) M (Yr: EN)					
1:39,37	L F	100 Free	2023/11/24	CTA A & B CHAMPS 2023	
1:44,99	S S F	100 Free	2023/09/23	CTA Invitational SC Meet	
3:45,99	L F	200 Free	2023/11/11	Winelands SL4	
3:50,85	S F	200 Free	2023/09/23	CTA Invitational SC Meet	
19:07,02	L O	1000 Free	2024/01/28	Tygerberg Aquatics Open Water Swim	
51,32	L F	50 Back	2023/11/11	Winelands SL4	
56,38	S F	50 Back	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
1:54,63	S F	100 Back	2023/09/23	CTA Invitational SC Meet	
1:54,63	L F	100 Back	2023/11/24	CTA A & B CHAMPS 2023	
4:05,60	L F	200 Back	2023/11/11	Winelands SL4	
4:09,34	S S F	200 Back	2023/09/23	CTA Invitational SC Meet	
56,28	L F	50 Breast	2023/11/24	CTA A & B CHAMPS 2023	
57,88	S F	50 Breast	2023/09/02	CTA CLUB MEET 5 - FAIRMONT	
2:05,85	L F	100 Breast	2023/11/11	Winelands SL4	
2:06,60	S S F	100 Breast	2023/09/23	CTA Invitational SC Meet	
4:10,46	L LEV2 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
4:12,64	S LEV2 F	200 Breast	2023/09/23	CTA Invitational SC Meet	
59,74	S F	50 Fly	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
1:00,35	L F	50 Fly	2023/11/11	Winelands SL4	
1:55,67	S F	100 IM	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
4:04,08	L F	200 IM	2023/11/11	Winelands SL4	
Williams, Logan (7) M (Yr: HN)					
21,53	S F	25 Free	2023/10/07	CTA CLUB MEET 6 - CURRO DV	
30,23	S F	25 Back	2023/08/05	CTA CLUB MEET 4 - GSA	
34,00	S F	25 Breast	2023/08/05	CTA CLUB MEET 4 - GSA	
Wright, Dylan (21) M (Yr: AR)					
22,47	S L F	25 Free	2023/07/13	WCA SC Championships 2023	
24,24	S L F	50 Free	2023/07/13	WCA SC Championships 2023	
52,89	S F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:52,83	S P	200 Free	2023/07/13	WCA SC Championships 2023	
4:01,81	S F	400 Free	2023/07/13	WCA SC Championships 2023	
26,59	S L F	50 Back	2023/07/13	WCA SC Championships 2023	
56,23	S F	100 Back	2023/07/13	WCA SC Championships 2023	
1:59,24	S F	200 Back	2023/07/13	WCA SC Championships 2023	
2:00,66	L F	200 Back	2023/11/30	2023 BIG AL LCM TIME TRIAL	
2:05,52	S F	200 Fly	2023/07/13	WCA SC Championships 2023	
Wright, Jonah (13) M (Yr: AR)					
33,38	L F	50 Free	2024/01/21	CTA BMEET 4	
35,97	S F	50 Free	2023/08/26	CTA B MEET 2	
1:15,84	L F	100 Free	2023/11/18	CTA QUALIFYING MEET 2	
1:23,21	S F	100 Free	2023/07/23	CTA B MEET 1	
2:59,09	S F	200 Free	2023/05/27	CTA QUALIFYING MEET 1	
39,19	L LEV2 F	50 Back	2024/01/21	CTA BMEET 4	
42,46	S F	50 Back	2023/07/23	CTA B MEET 1	
1:24,07	L LEV2 F	100 Back	2024/01/21	CTA BMEET 4	
1:29,67	S LEV2 F	100 Back	2023/05/27	CTA QUALIFYING MEET 1	
3:13,98	S LEV2 F	200 Back	2023/08/26	CTA B MEET 2	
44,03	L LEV2 F	50 Breast	2024/01/21	CTA BMEET 4	
1:42,92	L F	100 Breast	2023/11/18	CTA QUALIFYING MEET 2	
1:43,02	S F	100 Breast	2023/08/26	CTA B MEET 2	
3:33,61	L LEV2 F	200 Breast	2023/11/24	CTA A & B CHAMPS 2023	
3:15,78	S F	200 IM	2023/08/26	CTA B MEET 2	
3:19,25	L F	200 IM	2023/10/05	42nd Freda Barnard Invitational Gala	
Wright, Keegan (17) M (Yr: AR)					
26,13	S LEV2 P	50 Free	2023/07/13	WCA SC Championships 2023	
26,32	L LEV2 F	50 Free	2023/11/11	Winelands SL4	
55,76	L SANJ F	100 Free	2023/12/14	Western Cape LC-A Championship 2023	
56,10	S LEV3 P	100 Free	2023/07/13	WCA SC Championships 2023	
56,10	S LEV3 F	100 Free	2023/06/16	CTA INVITATIONAL SC MEET	
1:57,13	S SANJ F	200 Free	2023/08/19	SA National SC Champs WCA(25M)-Aug 2023	

Individual Top Times

Times since: 01-May-23

Time	P/F/S	Event
Wright, Keegan (17) M (Yr: AR)		
1:59,77 L	SANJ F	200 Free 2023/12/14 Western Cape LC-A Championship 2023
4:01,40 S	SANJ F	400 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
4:09,05 L	SANJ F	400 Free 2023/12/14 Western Cape LC-A Championship 2023
8:27,10 S	SANJ F	800 Free 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
8:43,39 L	SANJ F	800 Free 2023/12/06 15th African Junior Championships 2023
16:46,19 L	SANJ F	1500 Free 2023/12/14 Western Cape LC-A Championship 2023
16:53,03 S	SANJ F	1500 Free 2023/07/13 WCA SC Championships 2023
1:05:11,00 L	O	5000 Free 2024/01/28 Tygerberg Aquatics Open Water Swim
1:02,14 S	LEV3 P	100 Back 2023/07/13 WCA SC Championships 2023
1:02,44 L	SANJ P	100 Back 2023/12/14 Western Cape LC-A Championship 2023
2:07,14 S	SANJ F	200 Back 2023/08/19 SA National SC Champs WCA(25M)-Aug 2023
2:13,25 L S	SANJ F	200 Back 2023/12/14 Western Cape LC-A Championship 2023
1:02,02 S	LEV2 P	100 Fly 2023/07/13 WCA SC Championships 2023
2:17,57 L	SANJ F	200 Fly 2024/01/20 CTA A MEET 4
1:04,32 S	P	100 IM 2023/07/13 WCA SC Championships 2023
2:14,14 S	SANJ P	200 IM 2023/07/13 WCA SC Championships 2023
2:18,40 L	SANJ F	200 IM 2024/01/20 CTA A MEET 4
4:57,90 L	SANJ F	400 IM 2023/11/24 CTA A & B CHAMPS 2023
Zwarts, Izak (11) M (Yr: BN)		
41,62 S	F	50 Free 2023/11/04 CTA CLUB MEET 7 - UWC
43,03 L	F	50 Free 2023/09/17 CTA B MEET 3
1:41,39 L	F	100 Free 2023/11/18 CTA QUALIFYING MEET 2
1:49,98 S S	F	100 Free 2023/09/23 CTA Invitational SC Meet
3:42,62 L	F	200 Free 2024/01/21 CTA BMEET 4
48,27 S	F	50 Back 2023/11/04 CTA CLUB MEET 7 - UWC
48,60 L	F	50 Back 2023/09/17 CTA B MEET 3
1:43,61 L	LEV2 F	100 Back 2023/11/18 CTA QUALIFYING MEET 2
59,75 S S	F	50 Breast 2023/09/23 CTA Invitational SC Meet
1:00,36 L	F	50 Breast 2023/09/17 CTA B MEET 3
2:15,31 L	F	100 Breast 2023/11/18 CTA QUALIFYING MEET 2
2:18,76 S	F	100 Breast 2023/08/26 CTA B MEET 2
23,49 S	F	25 Fly 2023/08/05 CTA CLUB MEET 4 - GSA
2:00,78 S	F	100 IM 2023/11/04 CTA CLUB MEET 7 - UWC
4:32,48 L	F	200 IM 2024/01/21 CTA BMEET 4