

Individual Top Times

Times since: 01-May-22

Tygerberg Aquatics [TYGE-CPT]

| Time | P/F/S | Event | | | |
|---|-------|------------|------------|--|--|
| Aarninkhof, Paige (9) W (Yr: AR) | | | | | |
| 52,39 S S | F | 50 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:03,42 S S | F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:02,06 S | F | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:22,83 S | F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:14,01 S | F | 50 Breast | 2023/02/25 | CTA Future Stars Meet #8 | |
| 31,31 S | F | 25 Fly | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:09,75 S S | F | 50 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| Adams, Ella (10) W (Yr: AR) | | | | | |
| 44,07 S | F | 50 Free | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| 1:49,98 S | F | 100 Free | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| 3:43,01 S | F | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 56,98 S | F | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:04,19 S | F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:20,08 S | F | 50 Breast | 2022/06/11 | CTA Future Stars Meet #1 | |
| 3:14,22 S | F | 100 Breast | 2022/07/30 | CTA Future Stars Meet #2 | |
| 58,09 S S | F | 50 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 4:50,38 S | F | 200 IM | 2022/11/19 | CTA Future Stars Meet #6 | |
| Adendorff, James (15) M (Yr: AR) | | | | | |
| 27,51 L LEV2 | F | 50 Free | 2022/11/04 | CTA A CHAMPS 2022 | |
| 29,05 S | F | 50 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 1:02,83 L LEV2 | P | 100 Free | 2023/04/21 | SA Schools Swimming Championship 2023 | |
| 1:05,14 S | F | 100 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 2:20,99 S LEV2 | F | 200 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 2:25,91 L LEV2 | F | 200 Free | 2023/01/21 | CTA Qualifying Meet #7 | |
| 31,55 S LEV2 | F | 50 Back | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 32,47 L LEV2 | F | 50 Back | 2023/01/28 | NMBA Intra-District Championship | |
| 1:13,62 S LEV2 | F | 100 Back | 2022/07/15 | WCA SC Championships 2022 | |
| 1:14,35 L LEV2 | P | 100 Back | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 2:40,48 S LEV2 | F | 200 Back | 2022/07/15 | WCA SC Championships 2022 | |
| 34,57 L LEV2 | F | 50 Breast | 2022/11/04 | CTA A CHAMPS 2022 | |
| 35,15 S LEV2 | F | 50 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:18,35 S LEV2 | F | 100 Breast | 2022/07/15 | WCA SC Championships 2022 | |
| 1:19,87 L LEV2 | F | 100 Breast | 2022/11/04 | CTA A CHAMPS 2022 | |
| 29,41 L LEV2 | F | 50 Fly | 2023/01/21 | CTA Qualifying Meet #7 | |
| 1:10,58 S | F | 100 IM | 2022/07/15 | WCA SC Championships 2022 | |
| 2:38,87 S LEV2 | F | 200 IM | 2022/06/04 | CTA Qualifying Meet #1 | |
| 2:39,52 L LEV2 | P | 200 IM | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| Adriaan, Shaina (17) W (Yr: AR) | | | | | |
| 31,84 S LEV2 | F | 50 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 31,94 L LEV2 | F | 50 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:10,17 S LEV2 | F | 100 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 1:11,61 L LEV2 | F | 100 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 2:32,28 S LEV2 | F | 200 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 2:39,26 L LEV2 | F | 200 Free | 2022/11/04 | CTA A CHAMPS 2022 | |
| 37,36 S L LEV2 | F | 50 Back | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 37,45 L LEV2 | F | 50 Back | 2022/10/15 | CTA Qualifying Meet #6 | |
| 1:25,42 L LEV2 | F | 100 Back | 2022/10/15 | CTA Qualifying Meet #6 | |
| 1:25,96 S LEV2 | F | 100 Back | 2022/07/15 | WCA SC Championships 2022 | |
| 3:03,18 L LEV2 | F | 200 Back | 2022/10/15 | CTA Qualifying Meet #6 | |
| 42,20 L LEV2 | F | 50 Breast | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 43,05 S LEV2 | F | 50 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:36,27 S LEV2 | F | 100 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:38,65 L LEV2 | F | 100 Breast | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 36,33 L | F | 50 Fly | 2023/02/11 | WCA-B Champs - 2023 | |
| 38,90 S | F | 50 Fly | 2022/07/23 | CTA Qualifying Meet #2 | |
| 1:23,10 S | F | 100 IM | 2022/07/15 | WCA SC Championships 2022 | |
| 2:56,74 S LEV2 | F | 200 IM | 2022/07/15 | WCA SC Championships 2022 | |
| 3:05,97 L LEV2 | F | 200 IM | 2023/02/11 | WCA-B Champs - 2023 | |
| Assad, Lia (13) W (Yr: BR) | | | | | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|---|
| Assad, Lia (13) W (Yr: BR) | | |
| 31,99 S S | LEV2 F | 50 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:12,83 S S | LEV2 F | 100 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:13,98 L | LEV2 F | 100 Free 2022/10/07 41st Freda Barnard Invitational Gala |
| 2:47,27 L | LEV2 F | 200 Free 2022/10/07 41st Freda Barnard Invitational Gala |
| 38,10 L | LEV2 F | 50 Back 2022/10/07 41st Freda Barnard Invitational Gala |
| 41,43 S S | LEV2 F | 50 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:29,64 L | LEV3 P | 100 Breast 2023/02/24 Western Cape Elite Gala |
| 1:31,09 S S | LEV3 F | 100 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:52,23 L | LEV3 P | 200 IM 2023/02/24 Western Cape Elite Gala |
| 2:56,88 S S | LEV2 F | 200 IM 2022/07/02 CTA Invitational Meet - July 2022 |
| Aucamp, Larah (13) W (Yr: AR) | | |
| 33,76 L | LEV2 P | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 34,42 S | F | 50 Free 2022/08/13 CTA Qualifying Meet #3 |
| 1:16,72 L | LEV2 P | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:55,81 L | F | 200 Free 2023/02/18 Swartland Invitational Gala 2023 |
| 39,28 S | LEV2 F | 50 Back 2022/08/13 CTA Qualifying Meet #3 |
| 1:29,23 L | LEV2 F | 100 Back 2023/01/21 CTA Qualifying Meet #7 |
| 3:10,63 S | LEV2 F | 200 Back 2022/08/13 CTA Qualifying Meet #3 |
| 42,35 L | LEV2 P | 50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:31,03 L | LEV3 F | 100 Breast 2023/02/18 Swartland Invitational Gala 2023 |
| 3:21,94 L | LEV3 F | 200 Breast 2023/02/18 Swartland Invitational Gala 2023 |
| 3:27,36 S | LEV2 F | 200 Breast 2022/08/13 CTA Qualifying Meet #3 |
| 38,88 L | LEV2 F | 50 Fly 2023/01/28 Winelands SL Final |
| 3:15,95 L | LEV2 F | 200 IM 2023/01/28 Winelands SL Final |
| Bannister, Joshua (15) M (Yr: AR) | | |
| 25,81 S L | F | 25 Free 2022/07/15 WCA SC Championships 2022 |
| 27,31 S | LEV2 F | 50 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 27,81 L | LEV2 P | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 27,81 L | LEV2 F | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 59,58 L L | LEV2 F | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:01,07 S | LEV2 F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 2:13,31 S | LEV2 P | 200 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:14,73 L | LEV2 P | 200 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 4:37,52 L | LEV3 F | 400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 4:38,51 S | LEV3 F | 400 Free 2022/07/15 WCA SC Championships 2022 |
| 9:26,79 S | F | 800 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 32,31 S | LEV2 P | 50 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 32,77 L L | LEV2 F | 50 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:08,92 S | LEV2 F | 100 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:10,42 L | LEV2 F | 100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:30,97 S | LEV3 F | 200 Back 2022/07/15 WCA SC Championships 2022 |
| 2:31,64 L | LEV3 F | 200 Back 2022/11/04 CTA A CHAMPS 2022 |
| 37,20 L | LEV2 P | 50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 38,24 S | LEV2 F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 1:21,78 S | LEV2 F | 100 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:24,58 L | LEV2 P | 100 Breast 2022/12/09 Western Cape LC-A Championship 2022 |
| 3:01,68 L | LEV2 F | 200 Breast 2022/09/24 CTA Qualifying Meet #5 |
| 31,25 L | LEV2 P | 50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:10,73 S | LEV2 F | 100 Fly 2022/07/15 WCA SC Championships 2022 |
| 1:11,15 L S | LEV2 P | 100 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:40,61 L | F | 200 Fly 2022/10/15 CTA Qualifying Meet #6 |
| 1:12,42 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:30,35 S | LEV2 F | 200 IM 2023/05/27 CTA QUALIFYING MEET 1 |
| 2:30,52 L | LEV2 F | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 5:25,56 L | F | 400 IM 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| Barnes, Kiara (22) W (Yr: AR) | | |
| 30,75 L | LEV2 P | 50 Free 2023/06/24 PEA Winter Gala 2023 |
| 1:06,80 L | LEV3 P | 100 Free 2023/06/24 PEA Winter Gala 2023 |
| 2:15,41 S | LEV3 F | 200 Free 2022/07/15 WCA SC Championships 2022 |
| 2:23,55 L | LEV3 F | 200 Free 2023/06/24 PEA Winter Gala 2023 |

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Times since: 01-May-22

| Time | P/F/S | Event |
|---------------------------------------|--------|--|
| Barnes, Kiara (22) W (Yr: AR) | | |
| 4:39,78 S | LEV3 F | 400 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 5:05,04 L | LEV3 F | 400 Free 2023/06/24 PEA Winter Gala 2023 |
| 9:38,55 S | B-QT F | 800 Free 2022/07/15 WCA SC Championships 2022 |
| 18:22,13 S | B-QT F | 1500 Free 2022/07/15 WCA SC Championships 2022 |
| 32,92 S L | LEV2 F | 50 Back 2022/07/15 WCA SC Championships 2022 |
| 34,12 L | LEV2 F | 50 Back 2023/06/24 PEA Winter Gala 2023 |
| 1:09,48 S | LEV3 F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 1:13,23 L | LEV3 F | 100 Back 2023/06/24 PEA Winter Gala 2023 |
| 2:27,61 S | B-QT F | 200 Back 2022/07/15 WCA SC Championships 2022 |
| 2:41,02 L | LEV3 F | 200 Back 2023/06/24 PEA Winter Gala 2023 |
| 42,54 L | LEV2 P | 50 Breast 2023/06/24 PEA Winter Gala 2023 |
| 33,53 L | P | 50 Fly 2023/06/24 PEA Winter Gala 2023 |
| 2:40,48 S | LEV3 F | 200 IM 2022/06/04 CTA Qualifying Meet #1 |
| 2:45,88 L | LEV3 F | 200 IM 2023/06/24 PEA Winter Gala 2023 |
| Bayly, Frances (11) W (Yr: AR) | | |
| 18,93 S | F | 25 Free 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 22,34 S | F | 25 Back 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 25,56 S | F | 25 Fly 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 2:00,62 S | F | 100 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| Bester, Eben (15) M (Yr: AR) | | |
| 27,57 L L | LEV2 F | 50 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 28,81 S | F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 1:00,10 S | LEV2 P | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:00,82 L | LEV2 P | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:17,13 L | LEV2 P | 200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:20,71 S | LEV2 F | 200 Free 2022/06/04 CTA Qualifying Meet #1 |
| 4:55,31 L | F | 400 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 32,15 S | LEV2 P | 50 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 32,52 L | LEV2 P | 50 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:05,91 S | LEV3 P | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:09,13 L | LEV2 F | 100 Back 2022/11/04 CTA A CHAMPS 2022 |
| 2:20,14 S | LEV3 F | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:27,47 L S | LEV3 P | 200 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 34,76 L | LEV2 F | 50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 36,43 S | LEV2 F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 1:14,97 S | LEV2 F | 100 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:19,02 L | LEV2 P | 100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:42,53 S | LEV3 F | 200 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:48,72 L | LEV3 F | 200 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 31,14 L | LEV2 P | 50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:12,70 L S | LEV2 P | 100 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:10,21 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:29,38 L | LEV2 F | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:31,74 S | LEV2 F | 200 IM 2022/07/15 WCA SC Championships 2022 |
| 5:12,12 S | F | 400 IM 2023/06/16 CTA INVITATIONAL SC MEET |
| 5:32,92 L | F | 400 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| Bosch, Ewan (10) M (Yr: AR) | | |
| 36,58 L | LEV2 F | 50 Free 2022/11/04 CTA A CHAMPS 2022 |
| 39,98 S | F | 50 Free 2022/08/13 CTA Qualifying Meet #3 |
| 1:25,14 S | LEV2 F | 100 Free 2022/07/23 CTA Qualifying Meet #2 |
| 1:25,23 L | LEV2 F | 100 Free 2022/11/04 CTA A CHAMPS 2022 |
| 2:57,79 S | LEV2 F | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:05,68 L | LEV2 F | 200 Free 2023/01/21 CTA Qualifying Meet #7 |
| 42,69 S | LEV2 F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 44,59 L | LEV2 F | 50 Back 2022/11/04 CTA A CHAMPS 2022 |
| 1:42,09 L | LEV2 F | 100 Back 2022/09/24 CTA Qualifying Meet #5 |
| 1:46,09 S | LEV2 F | 100 Back 2022/06/04 CTA Qualifying Meet #1 |
| 3:33,00 L | LEV2 F | 200 Back 2022/09/03 CTA Qualifying Meet #4 |
| 53,50 L | LEV2 F | 50 Breast 2022/11/04 CTA A CHAMPS 2022 |
| 56,82 S | F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--------------------------------------|--------|---|
| Bosch, Ewan (10) M (Yr: AR) | | |
| 1:59,09 S | LEV2 F | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 1:59,37 L | LEV2 F | 100 Breast 2022/09/24 CTA Qualifying Meet #5 |
| 4:14,84 L | LEV2 F | 200 Breast 2022/09/03 CTA Qualifying Meet #4 |
| 38,97 S S | LEV2 F | 50 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 39,82 L | LEV2 F | 50 Fly 2022/11/04 CTA A CHAMPS 2022 |
| 1:34,07 L | LEV2 F | 100 Fly 2022/11/04 CTA A CHAMPS 2022 |
| 1:46,21 S | LEV2 F | 100 Fly 2022/08/13 CTA Qualifying Meet #3 |
| 3:19,16 S S | LEV2 F | 200 IM 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:29,69 L | LEV2 F | 200 IM 2022/11/04 CTA A CHAMPS 2022 |
| Boshoff, Anja (10) W (Yr: AR) | | |
| 35,32 L | LEV2 P | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:20,18 L | LEV2 P | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:28,99 S S | LEV2 F | 100 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 3:01,66 L | LEV2 F | 200 Free 2022/10/07 41st Freda Barnard Invitational Gala |
| 38,55 L | LEV2 F | 50 Back 2023/01/28 NMBA Intra-District Championship |
| 42,06 S | LEV2 F | 50 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:24,05 L | LEV3 F | 100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:31,92 S | LEV2 F | 100 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:59,45 L | LEV3 F | 200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:16,76 S S | LEV2 F | 200 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 52,06 S | LEV2 F | 50 Breast 2022/06/11 CTA Future Stars Meet #1 |
| 52,41 L | LEV2 F | 50 Breast 2022/10/07 41st Freda Barnard Invitational Gala |
| 1:54,24 L | LEV2 F | 100 Breast 2022/10/07 41st Freda Barnard Invitational Gala |
| 41,08 L | LEV2 F | 50 Fly 2022/11/04 CTA A CHAMPS 2022 |
| 44,53 S | LEV2 F | 50 Fly 2022/07/30 CTA Future Stars Meet #2 |
| 1:36,26 L | LEV3 F | 100 Fly 2023/01/28 NMBA Intra-District Championship |
| 3:16,14 L | LEV3 P | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:28,35 S | LEV2 F | 200 IM 2022/06/11 CTA Future Stars Meet #1 |
| Boshoff, Juan (18) M (Yr: AR) | | |
| 25,50 L L | LEV2 F | 50 Free 2023/01/28 NMBA Intra-District Championship |
| 56,50 L | LEV3 F | 100 Free 2022/10/07 41st Freda Barnard Invitational Gala |
| 2:02,14 L | B-QT F | 200 Free 2023/04/21 SA Schools Swimming Championship 2023 |
| 2:02,16 S | LEV3 F | 200 Free 2022/06/04 CTA Qualifying Meet #1 |
| 4:19,44 S | LEV3 F | 400 Free 2022/06/04 CTA Qualifying Meet #1 |
| 4:23,43 L | B-QT F | 400 Free 2022/12/04 AUSC-Region 5 Under 20 YTH Games 2022-Malawi |
| 27,67 L L | B-QT F | 50 Back 2023/04/21 SA Schools Swimming Championship 2023 |
| 58,74 S | B-QT F | 100 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 59,83 L | A-QT F | 100 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:06,73 L S | A-QT F | 200 Back 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 2:09,04 S | B-QT P | 200 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 30,73 L | B-QT P | 50 Breast 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 1:07,81 L | B-QT F | 100 Breast 2023/01/28 NMBA Intra-District Championship |
| 2:31,42 L | B-QT F | 200 Breast 2022/12/09 Western Cape LC-A Championship 2022 |
| 26,03 L | B-QT F | 50 Fly 2023/01/28 NMBA Intra-District Championship |
| 58,15 L | B-QT P | 100 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 2:09,77 L | A-QT P | 200 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 2:08,31 L | A-QT F | 200 IM 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 4:28,17 S | A-QT F | 400 IM 2023/02/18 Winelands TT and Team Relay gala |
| 4:40,49 L | A-QT F | 400 IM 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| Botha, Andre (11) M (Yr: AR) | | |
| 45,53 S | F | 50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:50,68 S | F | 100 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 53,26 S | F | 50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 2:00,98 S | F | 100 Back 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 53,89 S | F | 50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 2:00,15 S | F | 100 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 59,66 S | F | 50 Fly 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| Botha, Dylan (15) M (Yr: BN) | | |
| 34,80 S S | P | 50 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:20,11 S | P | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | | |
|--------------------------------------|-------|-------|-----|--------|-------------------------------------|---|
| Botha, Dylan (15) M (Yr: BN) | | | | | | |
| 40,95 | S | F | 50 | Back | 2023/06/16 CTA INVITATIONAL SC MEET | |
| 1:33,36 | S | P | 100 | Back | 2023/06/16 CTA INVITATIONAL SC MEET | |
| 22,49 | S | F | 25 | Breast | 2023/06/03 CTA CLUB MEET 2 | |
| 51,37 | S | P | 50 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET | |
| 18,69 | S | F | 25 | Fly | 2023/06/03 CTA CLUB MEET 2 | |
| 44,08 | S S | P | 50 | Fly | 2023/06/16 CTA INVITATIONAL SC MEET | |
| 1:42,66 | S | F | 100 | IM | 2023/06/03 CTA CLUB MEET 2 | |
| Bouwer, Jason (13) M (Yr: AR) | | | | | | |
| 30,92 | L | LEV2 | P | 50 | Free | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 32,38 | S | | F | 50 | Free | 2022/07/15 WCA SC Championships 2022 |
| 1:08,17 | L | LEV2 | P | 100 | Free | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:10,35 | S | LEV2 | F | 100 | Free | 2023/05/27 CTA QUALIFYING MEET 1 |
| 2:29,63 | L | LEV3 | P | 200 | Free | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:34,53 | S | LEV2 | F | 200 | Free | 2022/06/04 CTA Qualifying Meet #1 |
| 5:06,48 | S | LEV3 | F | 400 | Free | 2023/02/18 Winelands TT and Team Relay gala |
| 5:17,37 | L | LEV3 | F | 400 | Free | 2022/11/04 CTA A CHAMPS 2022 |
| 10:38,39 | L S | | F | 800 | Free | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 21:29,69 | L | | F | 1500 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 21:47,97 | S | | F | 1500 | Free | 2022/08/13 CTA Qualifying Meet #3 |
| 33,69 | S | LEV2 | F | 50 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 34,51 | L S | LEV2 | P | 50 | Back | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:12,11 | S | LEV3 | F | 100 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:13,49 | L | LEV3 | F | 100 | Back | 2023/01/21 CTA Qualifying Meet #7 |
| 2:38,05 | L | SANJ | P | 200 | Back | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:41,84 | S | LEV3 | F | 200 | Back | 2022/07/15 WCA SC Championships 2022 |
| 39,46 | L | LEV2 | P | 50 | Breast | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 44,08 | S | LEV2 | F | 50 | Breast | 2022/06/04 CTA Qualifying Meet #1 |
| 1:26,80 | L | LEV3 | P | 100 | Breast | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:32,48 | S | LEV2 | F | 100 | Breast | 2022/07/15 WCA SC Championships 2022 |
| 3:02,57 | S | LEV3 | F | 200 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:13,06 | L | LEV3 | F | 200 | Breast | 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 32,22 | L | LEV2 | P | 50 | Fly | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 32,68 | S S | LEV2 | F | 50 | Fly | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:10,77 | L S | LEV3 | F | 100 | Fly | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:12,90 | S S | LEV3 | F | 100 | Fly | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:51,89 | L | | P | 200 | Fly | 2023/02/24 Western Cape Elite Gala |
| 2:52,17 | S | | F | 200 | Fly | 2023/02/18 Winelands TT and Team Relay gala |
| 2:38,22 | L | LEV3 | F | 200 | IM | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:39,73 | S S | LEV3 | F | 200 | IM | 2023/06/16 CTA INVITATIONAL SC MEET |
| 5:41,76 | L | | F | 400 | IM | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| Bouwer, Juno (10) W (Yr: AR) | | | | | | |
| 42,06 | S S | | F | 50 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 44,00 | L | | F | 50 | Free | 2022/10/07 41st Freda Barnard Invitational Gala |
| 1:42,54 | S | | F | 100 | Free | 2022/07/23 CTA Qualifying Meet #2 |
| 1:44,11 | L | | F | 100 | Free | 2022/10/07 41st Freda Barnard Invitational Gala |
| 3:38,37 | L | LEV2 | F | 200 | Free | 2023/01/21 CTA Qualifying Meet #7 |
| 49,45 | S | | F | 50 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 50,43 | L | | F | 50 | Back | 2022/09/24 CTA Qualifying Meet #5 |
| 1:48,09 | L | LEV2 | F | 100 | Back | 2023/01/21 CTA Qualifying Meet #7 |
| 1:48,79 | S | | F | 100 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:58,33 | L | LEV2 | F | 200 | Back | 2022/09/24 CTA Qualifying Meet #5 |
| 59,38 | L | | F | 50 | Breast | 2022/10/07 41st Freda Barnard Invitational Gala |
| 59,40 | S | | F | 50 | Breast | 2022/06/04 CTA Qualifying Meet #1 |
| 2:05,06 | S S | | F | 100 | Breast | 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:05,48 | L | | F | 100 | Breast | 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 4:19,64 | S | LEV2 | F | 200 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 4:27,16 | L | LEV2 | F | 200 | Breast | 2022/11/04 CTA A CHAMPS 2022 |
| 1:02,11 | L | | F | 50 | Fly | 2022/10/07 41st Freda Barnard Invitational Gala |
| 3:52,83 | S S | LEV2 | F | 200 | IM | 2023/06/16 CTA INVITATIONAL SC MEET |
| 4:00,64 | L | LEV2 | F | 200 | IM | 2023/02/04 CTA Brian Button Qualifying Meet #8 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|--|
| Burger, Juanè (13) W (Yr: BR) | | |
| 33,26 L S | LEV2 P | 50 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 33,51 S S | | 50 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:12,65 L | LEV2 P | 100 Free 2023/02/24 Western Cape Elite Gala |
| 1:12,67 S | LEV2 P | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:36,74 S | LEV2 P | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:37,05 L | LEV2 F | 200 Free 2023/01/21 CTA Qualifying Meet #7 |
| 5:33,90 L | LEV3 F | 400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 5:45,30 S | | 400 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 11:36,49 L | | 800 Free 2023/02/24 Western Cape Elite Gala |
| 11:44,11 S | | 800 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 22:21,26 L | | 1500 Free 2022/11/04 CTA A CHAMPS 2022 |
| 22:28,14 S | | 1500 Free 2022/08/13 CTA Qualifying Meet #3 |
| 40,37 L | LEV2 P | 50 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 41,07 S | | 50 Back 2022/08/13 CTA Qualifying Meet #3 |
| 1:25,33 S | LEV2 P | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:25,69 L | LEV2 P | 100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:58,21 S | LEV2 P | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:03,07 L | LEV2 P | 200 Back 2023/02/24 Western Cape Elite Gala |
| 1:45,01 L | | 100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:45,41 S | | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 1:45,41 S | | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 37,90 L | LEV2 P | 50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:58,27 L | LEV2 F | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:00,17 S S | LEV2 P | 200 IM 2023/06/16 CTA INVITATIONAL SC MEET |
| Butler, Noah (13) M (Yr: AR) | | |
| 42,31 S | | 50 Free 2022/11/19 CTA Future Stars Meet #6 |
| 50,47 S | | 50 Back 2022/11/19 CTA Future Stars Meet #6 |
| 52,19 S | | 50 Breast 2022/11/19 CTA Future Stars Meet #6 |
| 23,06 S | | 25 Fly 2022/11/19 CTA Future Stars Meet #6 |
| Chibharo, Ruvarashe (10) W (Yr: AR) | | |
| 37,60 L | LEV2 P | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:22,45 S S | LEV2 F | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:25,23 L | LEV2 P | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:06,26 S | LEV2 F | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:09,23 L | LEV2 P | 200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 48,08 L | LEV2 P | 50 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 56,49 S | | 50 Back 2022/06/11 CTA Future Stars Meet #1 |
| 1:48,15 L | LEV2 F | 100 Back 2023/01/21 CTA Qualifying Meet #7 |
| 2:05,29 S | | 100 Back 2022/07/30 CTA Future Stars Meet #2 |
| 4:01,20 L | LEV2 F | 200 Back 2023/01/21 CTA Qualifying Meet #7 |
| 46,95 S S | LEV2 F | 50 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 47,16 L | LEV2 F | 50 Breast 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 1:43,27 L | LEV3 F | 100 Breast 2023/02/11 WCA-B Champs - 2023 |
| 1:44,21 S S | LEV2 F | 100 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:34,57 S | LEV3 F | 200 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:44,06 L | LEV3 F | 200 Breast 2023/02/11 WCA-B Champs - 2023 |
| 44,80 L | LEV2 F | 50 Fly 2023/02/11 WCA-B Champs - 2023 |
| 49,43 S | LEV2 F | 50 Fly 2022/07/30 CTA Future Stars Meet #2 |
| 1:43,98 S S | LEV2 F | 100 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:28,20 L | LEV2 P | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| Cloete, Albert (9) M (Yr: AR) | | |
| 45,37 S | | 50 Free 2023/02/25 CTA Future Stars Meet #8 |
| 1:47,29 S | | 100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 1:55,17 L | | 100 Free 2022/11/12 CTA B LC CHAMPS |
| 51,06 S | | 50 Back 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 52,83 L | | 50 Back 2022/11/12 CTA B LC CHAMPS |
| 1:51,10 S | | 100 Back 2023/02/25 CTA Future Stars Meet #8 |
| 1:54,39 L | | 100 Back 2022/11/12 CTA B LC CHAMPS |
| 1:16,45 S | | 50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 1:16,60 L | | 50 Breast 2022/11/12 CTA B LC CHAMPS |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---------------------------------------|-------|-------|-----|--------|-------------------------------------|
| Cloete, Albert (9) M (Yr: AR) | | | | | |
| 2:50,41 | S | F | 100 | Breast | 2022/07/30 CTA Future Stars Meet #2 |
| 24,81 | S | F | 25 | Fly | 2022/11/12 CTA B SC CHAMPS |
| 55,66 | S | F | 50 | Fly | 2023/02/25 CTA Future Stars Meet #8 |
| Cloete, Anè (14) W (Yr: BR) | | | | | |
| 32,83 | S S | LEV2 | F | 50 | Free |
| 33,83 | L | | F | 50 | Free |
| 1:14,64 | S | | P | 100 | Free |
| 2:45,32 | S | LEV2 | P | 200 | Free |
| 40,27 | L | LEV2 | F | 50 | Back |
| 1:23,16 | S | LEV2 | P | 100 | Back |
| 1:26,72 | L | LEV2 | F | 100 | Back |
| 3:03,25 | S | LEV2 | F | 200 | Back |
| 3:08,70 | L | LEV2 | F | 200 | Back |
| 46,74 | S | | P | 50 | Breast |
| 48,31 | L | | F | 50 | Breast |
| 1:43,95 | L | | F | 100 | Breast |
| 3:45,46 | S | LEV2 | F | 200 | Breast |
| 3:45,92 | L | LEV2 | F | 200 | Breast |
| 3:04,86 | S S | LEV2 | P | 200 | IM |
| 3:19,21 | L | | F | 200 | IM |
| Coetzee, Dewan (15) M (Yr: AR) | | | | | |
| 1:04,15 | L | LEV2 | F | 100 | Free |
| 1:06,10 | S | | F | 100 | Free |
| 2:23,46 | L | LEV2 | F | 200 | Free |
| 2:27,53 | S | LEV2 | F | 200 | Free |
| 33,97 | S | LEV2 | F | 50 | Back |
| 1:12,47 | L | LEV2 | F | 100 | Back |
| 1:13,15 | S | LEV2 | F | 100 | Back |
| 41,04 | L | | F | 50 | Breast |
| 42,12 | S | | F | 50 | Breast |
| 1:31,95 | S | | F | 100 | Breast |
| 1:33,70 | L | | F | 100 | Breast |
| 34,38 | L | | F | 50 | Fly |
| 1:26,79 | L | | F | 100 | Fly |
| 2:49,33 | S | | F | 200 | IM |
| Consani, Dario (17) M (Yr: AR) | | | | | |
| 27,91 | S | LEV2 | F | 50 | Free |
| 28,42 | L | LEV2 | F | 50 | Free |
| 1:01,18 | S | LEV2 | F | 100 | Free |
| 1:02,08 | L | LEV2 | F | 100 | Free |
| 33,05 | L | LEV2 | F | 50 | Back |
| 1:12,07 | S | LEV2 | F | 100 | Back |
| 1:25,40 | S | LEV2 | F | 100 | Breast |
| 30,02 | L | LEV2 | F | 50 | Fly |
| 30,48 | S | LEV2 | F | 50 | Fly |
| 1:06,79 | S | LEV2 | F | 100 | Fly |
| 1:08,95 | L | LEV2 | F | 100 | Fly |
| 2:40,28 | L | | F | 200 | Fly |
| 1:10,14 | S | | F | 100 | IM |
| 2:36,89 | L | LEV2 | F | 200 | IM |
| Crookham, Mia (14) W (Yr: AR) | | | | | |
| 34,04 | L | | F | 50 | Free |
| 34,04 | L | | F | 50 | Free |
| 34,78 | S | | F | 50 | Free |
| 1:15,28 | L | LEV2 | F | 100 | Free |
| 1:15,76 | S | | F | 100 | Free |
| 2:46,44 | L | LEV2 | F | 200 | Free |
| 2:52,21 | S | | F | 200 | Free |
| 6:13,29 | L | | F | 400 | Free |
| 39,50 | S | LEV2 | F | 50 | Back |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|--|
| Crookham, Mia (14) W (Yr: AR) | | |
| 40,07 L | LEV2 F | 50 Back 2022/11/04 CTA A CHAMPS 2022 |
| 1:28,61 L | LEV2 F | 100 Back 2022/09/24 CTA Qualifying Meet #5 |
| 1:30,88 S | F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 3:12,62 L | LEV2 F | 200 Back 2022/09/24 CTA Qualifying Meet #5 |
| 48,41 L | P | 50 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 49,88 S | P | 50 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:49,82 S | F | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 1:52,88 L | F | 100 Breast 2023/01/21 CTA Qualifying Meet #7 |
| 4:01,30 L | P | 200 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 4:01,80 S | F | 200 Breast 2022/07/15 WCA SC Championships 2022 |
| 43,46 L | F | 50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 43,46 L | P | 50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 46,18 S | F | 50 Fly 2022/07/23 CTA Qualifying Meet #2 |
| 3:16,47 L | F | 200 IM 2023/02/11 WCA-B Champs - 2023 |
| 3:23,98 S | F | 200 IM 2022/07/15 WCA SC Championships 2022 |
| Crookham, Ryan (10) M (Yr: AR) | | |
| 42,09 S | F | 50 Free 2023/06/03 CTA CLUB MEET 2 |
| 44,64 L | F | 50 Free 2022/11/12 CTA B LC CHAMPS |
| 1:42,59 S | F | 100 Free 2023/02/25 CTA Future Stars Meet #8 |
| 1:46,94 L | F | 100 Free 2022/11/12 CTA B LC CHAMPS |
| 51,83 L | F | 50 Back 2022/11/12 CTA B LC CHAMPS |
| 52,23 S | F | 50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:55,90 S | F | 100 Back 2023/02/25 CTA Future Stars Meet #8 |
| 1:58,48 L | F | 100 Back 2022/11/12 CTA B LC CHAMPS |
| 1:10,69 S | F | 50 Breast 2023/06/03 CTA CLUB MEET 2 |
| 1:19,74 L | F | 50 Breast 2022/11/12 CTA B LC CHAMPS |
| 24,34 S | F | 25 Fly 2023/06/03 CTA CLUB MEET 2 |
| 55,23 S | F | 50 Fly 2023/02/25 CTA Future Stars Meet #8 |
| 59,29 L | F | 50 Fly 2022/11/12 CTA B LC CHAMPS |
| 2:05,87 S | F | 100 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| Das Neves, Lucas (14) M (Yr: AR) | | |
| 28,01 S S | LEV2 P | 50 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 28,59 L | LEV2 F | 50 Free 2023/02/24 Western Cape Elite Gala |
| 1:02,87 L | LEV3 P | 100 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:17,55 L | LEV3 P | 200 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:28,36 S | LEV2 F | 200 Free 2022/06/04 CTA Qualifying Meet #1 |
| 1:11,72 L | LEV3 P | 100 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:14,79 S | LEV2 F | 100 Back 2022/06/04 CTA Qualifying Meet #1 |
| 3:01,75 L | LEV2 F | 200 Back 2022/09/24 CTA Qualifying Meet #5 |
| 41,85 S | LEV2 F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 29,90 S S | LEV2 P | 50 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 30,44 L | LEV2 F | 50 Fly 2023/02/24 Western Cape Elite Gala |
| 1:06,02 S S | LEV3 F | 100 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:08,01 L S | LEV3 P | 100 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:50,47 L | F | 200 Fly 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 2:40,61 S S | LEV2 P | 200 IM 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:40,66 L | LEV3 P | 200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| De Jager, Alexander (13) M (Yr: BR) | | |
| 41,76 L | F | 50 Free 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 41,91 S | F | 50 Free 2022/11/19 CTA Future Stars Meet #6 |
| 1:28,94 S | F | 100 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 3:28,81 S | F | 200 Free 2022/10/22 CTA Future Stars Meet #5 |
| 42,32 S | F | 50 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:38,12 S | F | 100 Back 2022/10/22 CTA Future Stars Meet #5 |
| 3:30,50 L | LEV2 F | 200 Back 2022/11/11 Swartland Prestige Gala 2022 |
| 54,38 S | F | 50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 1:45,04 S | F | 100 Breast 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:54,17 L | F | 100 Breast 2022/11/11 Swartland Prestige Gala 2022 |
| 4:12,99 L | F | 200 Breast 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 54,39 S | F | 50 Fly 2022/10/22 CTA Future Stars Meet #5 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|--|-------|-------|-----|-----|--|
| De Jager, Alexander (13) M (Yr: BR) | | | | | |
| 1:49,23 | S | F | 100 | IM | 2022/08/20 CTA Future Stars Meet #3 - CURRO CC |
| 3:47,25 | S | F | 200 | IM | 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| De Lange, Adriaan (13) M (Yr: BR) | | | | | |
| 28,07 | L S | LEV2 | P | 50 | Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 29,26 | S S | LEV2 | F | 50 | Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:01,50 | L | SANJ | P | 100 | Free 2023/04/21 SA Schools Swimming Championship 2023 |
| 1:04,74 | S | LEV3 | F | 100 | Free 2022/07/23 CTA Qualifying Meet #2 |
| 2:16,48 | L | SANJ | P | 200 | Free 2023/04/21 SA Schools Swimming Championship 2023 |
| 2:22,30 | S | LEV3 | F | 200 | Free 2022/07/15 WCA SC Championships 2022 |
| 4:43,85 | L | SANJ | F | 400 | Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 5:03,78 | S | LEV3 | F | 400 | Free 2022/07/15 WCA SC Championships 2022 |
| 30,94 | L S | LEV2 | F | 50 | Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 32,24 | S | LEV2 | F | 50 | Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:05,17 | L | SANJ | F | 100 | Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:09,30 | S | SANJ | F | 100 | Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:20,89 | L | SANJ | F | 200 | Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:28,44 | S | SANJ | F | 200 | Back 2022/07/15 WCA SC Championships 2022 |
| 39,00 | L | LEV2 | F | 50 | Breast 2023/01/28 Winelands SL Final |
| 1:29,48 | L | LEV3 | F | 100 | Breast 2023/01/28 Winelands SL Final |
| 3:11,32 | L | LEV3 | F | 200 | Breast 2023/01/28 Winelands SL Final |
| 31,19 | L | LEV2 | P | 50 | Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 32,86 | S S | LEV2 | F | 50 | Fly 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:14,98 | S | LEV3 | F | 100 | Fly 2022/07/15 WCA SC Championships 2022 |
| 1:13,90 | S | | F | 100 | IM 2022/07/15 WCA SC Championships 2022 |
| 2:33,50 | L | SANJ | F | 200 | IM 2023/04/21 SA Schools Swimming Championship 2023 |
| 2:36,39 | S | LEV3 | F | 200 | IM 2022/07/15 WCA SC Championships 2022 |
| 5:25,99 | L | SANJ | F | 400 | IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 5:39,23 | S | | F | 400 | IM 2022/07/23 CTA Qualifying Meet #2 |
| De Oliveira, Aliyah (13) W (Yr: AR) | | | | | |
| 32,11 | L L | LEV2 | F | 50 | Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:11,27 | S | LEV2 | F | 100 | Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:11,36 | L | LEV2 | P | 100 | Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:32,85 | L | LEV3 | P | 200 | Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:41,31 | S | LEV2 | F | 200 | Free 2022/06/04 CTA Qualifying Meet #1 |
| 5:21,29 | L | LEV3 | F | 400 | Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 37,13 | S | LEV2 | F | 50 | Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 38,05 | L | LEV2 | F | 50 | Back 2022/11/04 CTA A CHAMPS 2022 |
| 1:21,45 | L | LEV3 | P | 100 | Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:22,45 | S | LEV2 | F | 100 | Back 2022/06/04 CTA Qualifying Meet #1 |
| 2:50,51 | L | LEV3 | P | 200 | Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 43,01 | S | LEV2 | F | 50 | Breast 2023/05/27 CTA QUALIFYING MEET 1 |
| 43,84 | L | LEV2 | F | 50 | Breast 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 1:38,89 | L | LEV2 | F | 100 | Breast 2022/11/04 CTA A CHAMPS 2022 |
| 1:39,51 | S | LEV2 | F | 100 | Breast 2022/07/23 CTA Qualifying Meet #2 |
| 37,17 | L | LEV2 | F | 50 | Fly 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 39,69 | S | | F | 50 | Fly 2022/07/23 CTA Qualifying Meet #2 |
| 1:27,17 | L | LEV2 | P | 100 | Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:51,58 | L | LEV3 | F | 200 | IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:58,90 | S | LEV2 | F | 200 | IM 2022/07/23 CTA Qualifying Meet #2 |
| De Villiers, Anja (12) W (Yr: BR) | | | | | |
| 31,62 | L | LEV2 | F | 50 | Free 2022/10/07 41st Freda Barnard Invitational Gala |
| 32,00 | S | LEV2 | F | 50 | Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:10,67 | L | LEV3 | P | 100 | Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:10,70 | S | LEV3 | F | 100 | Free 2022/07/15 WCA SC Championships 2022 |
| 2:30,13 | L | LEV3 | F | 200 | Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:38,49 | S | LEV3 | F | 200 | Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 5:19,31 | L | SANJ | F | 400 | Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 5:39,87 | S | LEV3 | F | 400 | Free 2022/07/15 WCA SC Championships 2022 |
| 36,65 | L | LEV2 | P | 50 | Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:18,41 | L | LEV3 | F | 100 | Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | | |
|---|------------|------------|------------|---|--|--|
| De Villiers, Anja (12) W (Yr: BR) | | | | | | |
| 1:18,87 | S LEV3 F | 100 Back | 2023/05/27 | CTA QUALIFYING MEET 1 | | |
| 2:50,61 | S S LEV3 F | 200 Back | 2022/07/02 | CTA Invitational Meet - July 2022 | | |
| 2:50,64 | L LEV3 F | 200 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 42,62 | L LEV2 P | 50 Breast | 2023/02/24 | Western Cape Elite Gala | | |
| 1:36,07 | L LEV3 P | 100 Breast | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 1:44,07 | S LEV2 F | 100 Breast | 2022/07/23 | CTA Qualifying Meet #2 | | |
| 3:25,42 | L LEV3 P | 200 Breast | 2022/12/09 | Western Cape LC-A Championship 2022 | | |
| 3:34,01 | S LEV2 F | 200 Breast | 2022/07/15 | WCA SC Championships 2022 | | |
| 35,83 | L LEV2 F | 50 Fly | 2023/01/28 | Winelands SL Final | | |
| 40,53 | S LEV2 F | 50 Fly | 2022/07/23 | CTA Qualifying Meet #2 | | |
| 1:25,96 | L LEV3 F | 100 Fly | 2023/01/28 | Winelands SL Final | | |
| 1:27,85 | S S LEV3 F | 100 Fly | 2022/07/02 | CTA Invitational Meet - July 2022 | | |
| 2:53,19 | L LEV3 P | 200 IM | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 2:53,39 | S LEV3 F | 200 IM | 2023/05/27 | CTA QUALIFYING MEET 1 | | |
| De Villiers, Nikola (7) W (Yr: BR) | | | | | | |
| 37,61 | S F | 25 Free | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | | |
| 35,39 | S F | 25 Back | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | | |
| Diedricks, Joshua (10) M (Yr: AR) | | | | | | |
| 40,94 | S F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | | |
| 44,22 | L F | 50 Free | 2022/11/12 | CTA B LC CHAMPS | | |
| 1:32,67 | S F | 100 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | | |
| 1:42,39 | L F | 100 Free | 2022/11/12 | CTA B LC CHAMPS | | |
| 3:37,13 | S F | 200 Free | 2023/02/25 | CTA Future Stars Meet #8 | | |
| 45,66 | S LEV2 F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | | |
| 50,54 | L F | 50 Back | 2022/11/12 | CTA B LC CHAMPS | | |
| 1:44,67 | S LEV2 F | 100 Back | 2023/02/25 | CTA Future Stars Meet #8 | | |
| 1:45,70 | L LEV2 F | 100 Back | 2022/11/12 | CTA B LC CHAMPS | | |
| 28,52 | S F | 25 Breast | 2022/09/10 | CTA Future Stars Meet #4 - FAIRMONT | | |
| 54,90 | S F | 50 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | | |
| 59,32 | L F | 50 Breast | 2022/11/12 | CTA B LC CHAMPS | | |
| 2:01,13 | S LEV2 F | 100 Breast | 2023/02/25 | CTA Future Stars Meet #8 | | |
| 28,58 | S F | 25 Fly | 2022/07/30 | CTA Future Stars Meet #2 | | |
| 55,80 | S F | 50 Fly | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | | |
| 1:56,38 | S F | 100 IM | 2022/11/19 | CTA Future Stars Meet #6 | | |
| Du Toit, Luca (13) M (Yr: BR) | | | | | | |
| 1:34,42 | S F | 100 Free | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | | |
| 3:18,49 | S F | 200 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | | |
| 46,34 | S F | 50 Back | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | | |
| 48,97 | S F | 50 Breast | 2022/11/19 | CTA Future Stars Meet #6 | | |
| 1:47,59 | S F | 100 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | | |
| 19,20 | S F | 25 Fly | 2022/11/19 | CTA Future Stars Meet #6 | | |
| 45,38 | S F | 50 Fly | 2022/07/30 | CTA Future Stars Meet #2 | | |
| 3:40,06 | S F | 200 IM | 2022/07/30 | CTA Future Stars Meet #2 | | |
| Du Toit, Mia (10) W (Yr: BR) | | | | | | |
| 45,88 | S F | 50 Free | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | | |
| 1:38,59 | S F | 100 Free | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | | |
| 25,34 | S F | 25 Back | 2022/11/19 | CTA Future Stars Meet #6 | | |
| 50,03 | S F | 50 Back | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | | |
| 58,14 | S F | 50 Breast | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | | |
| 2:02,25 | S F | 100 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | | |
| 27,05 | S F | 25 Fly | 2022/11/19 | CTA Future Stars Meet #6 | | |
| 1:57,66 | S F | 100 IM | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | | |
| 4:09,50 | S F | 200 IM | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | | |
| Dyers-Botha, Zachary (10) M (Yr: BN) | | | | | | |
| 45,97 | S F | 50 Free | 2023/06/03 | CTA CLUB MEET 2 | | |
| 1:43,46 | S S F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 45,34 | S LEV2 F | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 2:00,29 | S F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 56,00 | S F | 50 Breast | 2023/06/03 | CTA CLUB MEET 2 | | |
| 1:58,26 | S S LEV2 F | 100 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---|------------|-----------|------------|---|--|
| Dyers-Botha, Zachary (10) M (Yr: BN) | | | | | |
| 1:55,96 | S F | 100 IM | 2023/06/03 | CTA CLUB MEET 2 | |
| Erasmus, Carla (12) W (Yr: BR) | | | | | |
| 36,14 | L F | 50 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 39,72 | S F | 50 Free | 2022/11/19 | CTA Future Stars Meet #6 | |
| 1:29,20 | S F | 100 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 3:17,02 | S F | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 40,57 | S LEV2 F | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 41,90 | L LEV2 F | 50 Back | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:30,60 | S LEV2 F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 51,00 | S F | 50 Breast | 2022/11/19 | CTA Future Stars Meet #6 | |
| 53,59 | L F | 50 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 19,51 | S F | 25 Fly | 2022/10/22 | CTA Future Stars Meet #5 | |
| 42,65 | L LEV2 F | 50 Fly | 2023/02/11 | WCA-B Champs - 2023 | |
| 43,84 | S F | 50 Fly | 2022/11/19 | CTA Future Stars Meet #6 | |
| 1:48,19 | S F | 100 IM | 2022/10/22 | CTA Future Stars Meet #5 | |
| Esterhuysen, Joshua (15) M (Yr: AR) | | | | | |
| 23,89 | L A-QT F | 50 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 24,63 | S S LEV2 F | 50 Free | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 52,90 | L A-QT F | 100 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 53,71 | S B-QT F | 100 Free | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 1:57,07 | S B-QT F | 200 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:57,78 | L B-QT F | 200 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 4:22,98 | L B-QT F | 400 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 28,26 | S LEV2 F | 50 Back | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 28,88 | L S LEV2 F | 50 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:02,46 | L SANJ F | 100 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:03,44 | S LEV3 P | 100 Back | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 2:19,26 | L SANJ P | 200 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 34,61 | S LEV2 F | 50 Breast | 2022/06/04 | CTA Qualifying Meet #1 | |
| 34,97 | L LEV2 F | 50 Breast | 2022/09/24 | CTA Qualifying Meet #5 | |
| 26,20 | L B-QT F | 50 Fly | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 27,65 | S LEV2 P | 50 Fly | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 57,56 | L S B-QT F | 100 Fly | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:00,02 | S S SANJ F | 100 Fly | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 2:19,14 | L SANJ F | 200 Fly | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 2:19,70 | S P | 200 Fly | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 1:06,03 | S P | 100 IM | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 2:16,40 | L B-QT F | 200 IM | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 2:16,77 | S SANJ F | 200 IM | 2022/06/04 | CTA Qualifying Meet #1 | |
| Evans, Caitlin (12) W (Yr: AR) | | | | | |
| 31,19 | L LEV2 F | 50 Free | 2023/06/24 | PEA Winter Gala 2023 | |
| 31,33 | S L LEV2 F | 50 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 1:08,45 | L LEV3 F | 100 Free | 2022/10/07 | 41st Freda Barnard Invitational Gala | |
| 1:09,04 | S LEV3 F | 100 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 2:19,19 | S SANJ F | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:22,46 | L SANJ P | 200 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 4:55,99 | L SANJ F | 400 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 5:01,33 | S SANJ F | 400 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 10:06,09 | L SANJ F | 800 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 19:03,02 | S SANJ F | 1500 Free | 2022/08/13 | CTA Qualifying Meet #3 | |
| 19:38,68 | L S SANJ F | 1500 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 43:47,88 | L O | 3000 Free | 2023/03/10 | SA National OWS Championship 2023-PE | |
| 35,57 | L LEV2 F | 50 Back | 2023/06/24 | PEA Winter Gala 2023 | |
| 36,96 | S LEV2 F | 50 Back | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:13,86 | L SANJ F | 100 Back | 2023/06/24 | PEA Winter Gala 2023 | |
| 1:16,52 | S SANJ F | 100 Back | 2022/07/15 | WCA SC Championships 2022 | |
| 2:33,35 | S S SANJ F | 200 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:36,71 | L SANJ F | 200 Back | 2023/06/24 | PEA Winter Gala 2023 | |
| 37,15 | L LEV2 F | 50 Breast | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 37,25 | S S LEV2 F | 50 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|---------------------------------------|------------|--|
| Evans, Caitlin (12) W (Yr: AR) | | |
| 1:19,59 S S SANJ F | 100 Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:20,06 L SANJ F | 100 Breast | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:46,82 L S B-QT F | 200 Breast | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:49,11 S SANJ F | 200 Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 34,38 L LEV2 F | 50 Fly | 2023/06/24 PEA Winter Gala 2023 |
| 1:15,95 L SANJ F | 100 Fly | 2023/01/28 NMBA Intra-District Championship |
| 1:19,88 S LEV3 F | 100 Fly | 2022/07/15 WCA SC Championships 2022 |
| 1:16,40 S F | 100 IM | 2022/07/15 WCA SC Championships 2022 |
| 2:33,72 L B-QT F | 200 IM | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:33,84 S S SANJ F | 200 IM | 2023/06/16 CTA INVITATIONAL SC MEET |
| 5:30,84 L SANJ F | 400 IM | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| Fouche, Jack (11) M (Yr: AR) | | |
| 35,32 S S LEV2 F | 50 Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 35,88 L LEV2 F | 50 Free | 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:17,36 S S LEV2 F | 100 Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:22,24 L LEV2 F | 100 Free | 2023/02/11 WCA-B Champs - 2023 |
| 3:01,02 L LEV2 F | 200 Free | 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 3:36,31 S F | 200 Free | 2022/06/04 CTA Qualifying Meet #1 |
| 41,96 S LEV2 F | 50 Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 44,25 L LEV2 F | 50 Back | 2022/11/04 CTA A CHAMPS 2022 |
| 44,25 L LEV2 F | 50 Back | 2023/02/11 WCA-B Champs - 2023 |
| 1:34,67 L LEV2 F | 100 Back | 2022/11/04 CTA A CHAMPS 2022 |
| 1:44,26 S LEV2 F | 100 Back | 2022/06/04 CTA Qualifying Meet #1 |
| 3:23,70 L LEV2 F | 200 Back | 2023/02/11 WCA-B Champs - 2023 |
| 45,97 L LEV2 F | 50 Breast | 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 46,98 S S LEV2 F | 50 Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:41,44 S S LEV3 F | 100 Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:42,30 L LEV3 F | 100 Breast | 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 3:29,67 S LEV3 F | 200 Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:34,37 L LEV3 F | 200 Breast | 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 47,85 L LEV2 F | 50 Fly | 2022/11/11 Swartland Prestige Gala 2022 |
| 1:48,93 S F | 100 IM | 2022/07/15 WCA SC Championships 2022 |
| 3:24,91 L LEV2 F | 200 IM | 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 3:59,45 S S F | 200 IM | 2022/07/02 CTA Invitational Meet - July 2022 |
| Fouche, Ryan (9) M (Yr: AR) | | |
| 18,34 S F | 25 Free | 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| 37,49 S S LEV2 F | 50 Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 39,18 L F | 50 Free | 2023/02/18 Swartland Invitational Gala 2023 |
| 1:23,98 S S LEV2 F | 100 Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:29,00 L LEV2 F | 100 Free | 2023/02/18 Swartland Invitational Gala 2023 |
| 3:13,90 L LEV2 F | 200 Free | 2023/02/18 Swartland Invitational Gala 2023 |
| 3:16,23 S LEV2 F | 200 Free | 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 23,08 S F | 25 Back | 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| 47,27 S LEV2 F | 50 Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 54,94 L F | 50 Back | 2022/11/12 CTA B LC CHAMPS |
| 1:39,84 S LEV2 F | 100 Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:55,44 L F | 100 Back | 2022/10/07 41st Freda Barnard Invitational Gala |
| 26,60 S F | 25 Breast | 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| 56,78 S S F | 50 Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:00,38 L F | 50 Breast | 2023/02/18 Swartland Invitational Gala 2023 |
| 2:01,25 S S LEV2 F | 100 Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:33,19 L F | 100 Breast | 2022/11/12 CTA B LC CHAMPS |
| 21,66 S F | 25 Fly | 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| 50,06 S LEV2 F | 50 Fly | 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| 55,97 L F | 50 Fly | 2023/02/18 Swartland Invitational Gala 2023 |
| 1:47,76 S F | 100 IM | 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| 3:54,78 L LEV2 F | 200 IM | 2023/02/18 Swartland Invitational Gala 2023 |
| 3:55,24 S F | 200 IM | 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| Glover, Erin (15) W (Yr: AR) | | |
| 31,68 S LEV2 F | 50 Free | 2022/07/15 WCA SC Championships 2022 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|---|--------|---|
| Glover, Erin (15) W (Yr: AR) | | |
| 31,95 L | LEV2 P | 50 Free 2023/06/24 PEA Winter Gala 2023 |
| 1:06,94 S | LEV2 F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 1:08,03 L | LEV2 P | 100 Free 2023/06/24 PEA Winter Gala 2023 |
| 2:23,46 L | LEV3 F | 200 Free 2023/06/24 PEA Winter Gala 2023 |
| 2:24,20 S | LEV3 F | 200 Free 2022/07/15 WCA SC Championships 2022 |
| 4:58,86 S | LEV3 F | 400 Free 2022/07/15 WCA SC Championships 2022 |
| 5:05,98 L | LEV3 F | 400 Free 2023/01/21 CTA Qualifying Meet #7 |
| 10:08,73 S | SANJ F | 800 Free 2022/07/15 WCA SC Championships 2022 |
| 10:18,05 L | SANJ F | 800 Free 2023/06/24 PEA Winter Gala 2023 |
| 19:18,55 S | SANJ F | 1500 Free 2022/07/15 WCA SC Championships 2022 |
| 19:52,38 L | SANJ F | 1500 Free 2023/06/24 PEA Winter Gala 2023 |
| 36,08 L | LEV2 P | 50 Back 2023/06/24 PEA Winter Gala 2023 |
| 1:16,13 L | LEV3 P | 100 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:37,92 S | LEV3 F | 200 Back 2022/07/15 WCA SC Championships 2022 |
| 2:43,67 L | LEV3 F | 200 Back 2023/06/24 PEA Winter Gala 2023 |
| 41,15 L | LEV2 P | 50 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:30,34 S | LEV2 F | 100 Breast 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:34,30 L | LEV2 P | 100 Breast 2023/06/24 PEA Winter Gala 2023 |
| 3:10,35 S | LEV3 F | 200 Breast 2022/07/15 WCA SC Championships 2022 |
| 3:13,78 L | LEV3 F | 200 Breast 2023/06/24 PEA Winter Gala 2023 |
| 34,21 L | LEV2 P | 50 Fly 2023/06/24 PEA Winter Gala 2023 |
| 1:20,39 S S | LEV2 P | 100 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:43,73 S | LEV3 F | 200 IM 2022/07/15 WCA SC Championships 2022 |
| 2:45,78 L | LEV3 F | 200 IM 2023/06/24 PEA Winter Gala 2023 |
| 5:53,46 L | F | 400 IM 2023/06/24 PEA Winter Gala 2023 |
| Gobel, Leah (12) W (Yr: AR) | | |
| 36,80 L | F | 50 Free 2023/02/11 WCA-B Champs - 2023 |
| 38,25 S | F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 1:29,67 L | F | 100 Free 2023/02/11 WCA-B Champs - 2023 |
| 1:31,43 S | F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 46,07 L | F | 50 Back 2022/11/04 CTA A CHAMPS 2022 |
| 1:44,31 S | F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 1:46,31 L | F | 100 Back 2022/11/04 CTA A CHAMPS 2022 |
| 3:44,27 L | F | 200 Back 2022/11/04 CTA A CHAMPS 2022 |
| 2:01,19 L | F | 100 Breast 2023/02/11 WCA-B Champs - 2023 |
| 2:02,21 S | F | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 46,91 L | F | 50 Fly 2022/11/04 CTA A CHAMPS 2022 |
| 3:48,17 L | F | 200 IM 2022/11/04 CTA A CHAMPS 2022 |
| Gobel, Zoë (14) W (Yr: AR) | | |
| 30,78 S | LEV2 F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 30,80 L S | LEV2 P | 50 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:06,87 L | LEV3 P | 100 Free 2023/02/24 Western Cape Elite Gala |
| 1:07,85 S | LEV2 F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 2:30,93 L | LEV3 P | 200 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:32,53 S | LEV2 P | 200 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 5:35,91 S | P | 400 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 34,25 L | LEV2 P | 50 Back 2023/04/21 SA Schools Swimming Championship 2023 |
| 35,64 S | LEV2 F | 50 Back 2022/08/13 CTA Qualifying Meet #3 |
| 1:13,43 L | LEV3 F | 100 Back 2023/02/24 Western Cape Elite Gala |
| 1:16,09 S | LEV3 F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 2:45,38 L | LEV3 F | 200 Back 2023/02/24 Western Cape Elite Gala |
| 2:50,64 S | LEV3 P | 200 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:33,79 S | LEV2 P | 100 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:50,69 L | LEV3 F | 200 IM 2023/01/28 Winelands SL Final |
| 2:55,67 S | LEV2 F | 200 IM 2022/08/13 CTA Qualifying Meet #3 |
| Greyling, Stella (12) W (Yr: AR) | | |
| 43,78 S | F | 50 Free 2022/11/19 CTA Future Stars Meet #6 |
| 1:42,67 S | F | 100 Free 2022/06/11 CTA Future Stars Meet #1 |
| 57,39 S | F | 50 Back 2022/06/11 CTA Future Stars Meet #1 |
| 2:07,58 S | F | 100 Back 2023/01/28 CTA Future Stars Meet #7 - Fairmont |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|--|--------|------------|------------|---|--|
| Greyling, Stella (12) W (Yr: AR) | | | | | |
| 59,63 S | F | 50 Breast | 2022/11/19 | CTA Future Stars Meet #6 | |
| 2:05,69 S | F | 100 Breast | 2022/11/19 | CTA Future Stars Meet #6 | |
| 24,50 S | F | 25 Fly | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| 1:57,30 S | F | 100 IM | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| Havenga, Mieka (12) W (Yr: CR) | | | | | |
| 40,41 S | F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:40,20 S | F | 100 Free | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| 51,27 S | F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 58,80 S | F | 50 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 27,01 S | F | 25 Fly | 2022/10/22 | CTA Future Stars Meet #5 | |
| 2:03,93 S | F | 100 IM | 2022/10/22 | CTA Future Stars Meet #5 | |
| Hayes, Cassidy (13) W (Yr: AR) | | | | | |
| 48,05 S S | P | 50 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:39,86 S S | P | 200 IM | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| Hayes, Madison (14) W (Yr: BR) | | | | | |
| 33,54 S S | P | 50 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 34,38 L | F | 50 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:14,47 S | LEV2 F | 100 Free | 2022/07/23 | CTA Qualifying Meet #2 | |
| 1:15,25 L | LEV2 F | 100 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 2:41,53 S | LEV2 F | 200 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 2:44,40 L | LEV2 F | 200 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 5:43,52 S | F | 400 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 5:53,10 L | F | 400 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 12:09,76 L | F | 800 Free | 2022/10/15 | CTA Qualifying Meet #6 | |
| 1:33,48 S | F | 100 Back | 2022/07/15 | WCA SC Championships 2022 | |
| 1:44,33 S | F | 100 Breast | 2022/07/15 | WCA SC Championships 2022 | |
| 3:39,41 S | LEV2 F | 200 Breast | 2022/07/15 | WCA SC Championships 2022 | |
| 38,33 S S | LEV2 F | 50 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:29,92 S | F | 100 IM | 2022/07/15 | WCA SC Championships 2022 | |
| 3:10,33 S | F | 200 IM | 2022/07/15 | WCA SC Championships 2022 | |
| Hendricks, Hanaan (10) W (Yr: AR) | | | | | |
| 50,12 S | F | 50 Free | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:52,32 S S | F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:07,82 S | F | 50 Back | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:00,90 S S | F | 50 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:08,45 S S | F | 100 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 59,43 S | F | 50 Fly | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 2:09,17 S | F | 100 IM | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| Hendricks, Jada (10) W (Yr: AR) | | | | | |
| 37,58 S S | LEV2 F | 50 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:40,54 L | F | 100 Free | 2023/02/04 | CTA Brian Button Qualifying Meet #8 | |
| 1:48,37 S | F | 100 Free | 2022/09/10 | CTA Future Stars Meet #4 - FAIRMONT | |
| 3:44,46 L | F | 200 Free | 2023/01/21 | CTA Qualifying Meet #7 | |
| 55,78 S | F | 50 Back | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 1:48,97 L | LEV2 F | 100 Back | 2023/01/21 | CTA Qualifying Meet #7 | |
| 2:16,42 S | F | 100 Back | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 3:36,43 S S | LEV2 F | 200 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:55,30 L | LEV2 F | 200 Back | 2023/01/21 | CTA Qualifying Meet #7 | |
| 55,05 S S | F | 50 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 57,39 L | F | 50 Breast | 2023/02/04 | CTA Brian Button Qualifying Meet #8 | |
| 1:57,03 S S | LEV2 F | 100 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:07,13 L | F | 100 Breast | 2023/02/04 | CTA Brian Button Qualifying Meet #8 | |
| 52,69 S | LEV2 F | 50 Fly | 2022/10/22 | CTA Future Stars Meet #5 | |
| 1:58,12 S | F | 100 IM | 2022/09/10 | CTA Future Stars Meet #4 - FAIRMONT | |
| 3:44,34 S S | LEV2 F | 200 IM | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:55,85 L | LEV2 F | 200 IM | 2023/01/21 | CTA Qualifying Meet #7 | |
| Hendricks, Zareer (9) M (Yr: AR) | | | | | |
| 30,56 S | F | 25 Free | 2022/11/19 | CTA Future Stars Meet #6 | |
| 1:11,40 S | F | 50 Free | 2023/02/25 | CTA Future Stars Meet #8 | |
| 33,81 S | F | 25 Back | 2022/11/19 | CTA Future Stars Meet #6 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---|------------|------------|------------|---|--|
| Hendricks, Zareer (9) M (Yr: AR) | | | | | |
| 1:08,67 | S F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 33,44 | S F | 25 Breast | 2022/11/19 | CTA Future Stars Meet #6 | |
| 2:24,68 | S F | 100 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 50,32 | S F | 25 Fly | 2022/11/19 | CTA Future Stars Meet #6 | |
| Hendricks, Zeeana (9) W (Yr: AR) | | | | | |
| 29,00 | S F | 25 Free | 2022/11/19 | CTA Future Stars Meet #6 | |
| 2:34,68 | S F | 100 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 35,78 | S F | 25 Back | 2022/11/19 | CTA Future Stars Meet #6 | |
| 1:13,69 | S F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 37,07 | S F | 25 Breast | 2022/11/19 | CTA Future Stars Meet #6 | |
| 1:20,22 | S F | 50 Breast | 2023/02/25 | CTA Future Stars Meet #8 | |
| 41,12 | S F | 25 Fly | 2022/11/19 | CTA Future Stars Meet #6 | |
| Heunis, Le Roux (11) M (Yr: AR) | | | | | |
| 39,60 | L F | 50 Free | 2023/01/21 | CTA Qualifying Meet #7 | |
| 1:22,19 | S S LEV2 F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:29,63 | L P | 100 Free | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 3:05,45 | S LEV2 F | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:08,15 | L LEV2 P | 200 Free | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 42,05 | S LEV2 F | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 42,07 | L L LEV2 F | 50 Back | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:33,66 | L LEV2 F | 100 Back | 2022/11/04 | CTA A CHAMPS 2022 | |
| 1:34,54 | S LEV2 F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:07,14 | S S LEV3 F | 200 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:27,89 | L LEV2 F | 200 Back | 2023/02/04 | CTA Brian Button Qualifying Meet #8 | |
| 50,22 | S S LEV2 F | 50 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 52,33 | L LEV2 P | 50 Breast | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 1:51,90 | L LEV2 F | 100 Breast | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 45,88 | L LEV2 F | 50 Fly | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:27,73 | L LEV2 F | 200 IM | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| Hopkins, Timothy (18) M (Yr: AR) | | | | | |
| 25,07 | L B-QT P | 50 Free | 2023/04/12 | SA National Aquatic SNR-Champ 2023-PE | |
| 25,18 | S S LEV2 F | 50 Free | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 25,18 | S S LEV2 F | 50 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 54,33 | L B-QT P | 100 Free | 2023/04/12 | SA National Aquatic SNR-Champ 2023-PE | |
| 56,06 | S LEV3 F | 100 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 2:05,07 | S LEV3 F | 200 Free | 2022/06/04 | CTA Qualifying Meet #1 | |
| 2:08,05 | L LEV3 F | 200 Free | 2023/02/24 | Western Cape Elite Gala | |
| 30,04 | L LEV2 P | 50 Back | 2023/04/12 | SA National Aquatic SNR-Champ 2023-PE | |
| 1:03,67 | S LEV3 F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:07,63 | L LEV3 F | 100 Back | 2023/02/24 | Western Cape Elite Gala | |
| 2:18,85 | S LEV3 F | 200 Back | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 2:27,12 | L S LEV3 P | 200 Back | 2023/04/12 | SA National Aquatic SNR-Champ 2023-PE | |
| 34,12 | S LEV2 F | 50 Breast | 2022/06/04 | CTA Qualifying Meet #1 | |
| 34,92 | L LEV2 F | 50 Breast | 2022/09/24 | CTA Qualifying Meet #5 | |
| 1:12,25 | S LEV2 F | 100 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 28,93 | L LEV2 P | 50 Fly | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 1:03,81 | S LEV2 F | 100 Fly | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 2:23,04 | S S LEV2 P | 200 IM | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 2:31,71 | L LEV2 P | 200 IM | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| Isaacs, Corban (9) M (Yr: AR) | | | | | |
| 39,37 | S S F | 50 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:27,43 | S S LEV2 F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 52,46 | S F | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:46,00 | S LEV2 F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 55,06 | S S F | 50 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:20,25 | S F | 100 Breast | 2022/07/30 | CTA Future Stars Meet #2 | |
| 50,82 | S S LEV2 F | 50 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:52,22 | S F | 100 IM | 2023/06/03 | CTA CLUB MEET 2 | |
| Jafthas, Jordan (19) M (Yr: AR) | | | | | |
| 27,42 | S LEV2 F | 50 Free | 2022/07/15 | WCA SC Championships 2022 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|--|
| Jafthas, Jordan (19) M (Yr: AR) | | |
| 27,94 L | LEV2 F | 50 Free 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 1:00,53 S | LEV2 P | 100 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:03,11 L | LEV2 F | 100 Free 2023/01/21 CTA Qualifying Meet #7 |
| 2:20,70 S | LEV2 F | 200 Free 2022/06/04 CTA Qualifying Meet #1 |
| 2:41,39 L | F | 200 Free 2022/10/15 CTA Qualifying Meet #6 |
| 33,95 L | LEV2 F | 50 Back 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 36,58 S | F | 50 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:20,48 L | LEV2 F | 100 Back 2022/10/15 CTA Qualifying Meet #6 |
| 35,60 S | LEV2 F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 36,22 L | LEV2 F | 50 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:20,11 S | LEV2 F | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 1:25,34 L | LEV2 F | 100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 3:04,97 S | LEV2 P | 200 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:19,85 L | LEV2 P | 200 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 29,56 S S | LEV2 P | 50 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 30,62 L | LEV2 F | 50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:10,39 S | LEV2 F | 100 Fly 2022/07/15 WCA SC Championships 2022 |
| 1:13,62 L | LEV2 P | 100 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:12,84 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:44,72 S S | P | 200 IM 2022/07/02 CTA Invitational Meet - July 2022 |
| Janson, Lana (20) W (Yr: CR) | | |
| 26,91 S L | B-QT F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 58,18 S | B-QT F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 2:05,44 S | A-QT F | 200 Free 2022/07/15 WCA SC Championships 2022 |
| 33,44 S | B-QT F | 50 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:11,93 S | A-QT F | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 1:06,43 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:27,19 S S | B-QT F | 200 IM 2022/07/02 CTA Invitational Meet - July 2022 |
| Jin, Yu Xi (9) W (Yr: BN) | | |
| 27,90 S | F | 25 Free 2023/06/03 CTA CLUB MEET 2 |
| 49,62 S S | F | 50 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:51,67 S S | F | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 25,05 S | F | 25 Back 2023/06/03 CTA CLUB MEET 2 |
| 54,79 S | F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:40,75 S | LEV2 F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 26,75 S | F | 25 Breast 2023/06/03 CTA CLUB MEET 2 |
| 1:00,67 S S | F | 50 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 24,63 S | F | 25 Fly 2023/06/03 CTA CLUB MEET 2 |
| 55,06 S S | LEV2 F | 50 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:04,91 S | F | 100 IM 2023/06/03 CTA CLUB MEET 2 |
| Jin, Yu Xuan (11) W (Yr: BN) | | |
| 19,44 S | F | 25 Free 2023/06/03 CTA CLUB MEET 2 |
| 45,13 S S | F | 50 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:41,51 S S | F | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 25,07 S | F | 25 Back 2023/06/03 CTA CLUB MEET 2 |
| 56,65 S | F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:00,68 S | F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 26,66 S | F | 25 Breast 2023/06/03 CTA CLUB MEET 2 |
| 1:04,30 S S | F | 50 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 24,09 S | F | 25 Fly 2023/06/03 CTA CLUB MEET 2 |
| 53,99 S S | F | 50 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:01,84 S | F | 100 IM 2023/06/03 CTA CLUB MEET 2 |
| Kanyik, Vincent (12) M (Yr: AR) | | |
| 33,93 S | LEV2 F | 50 Free 2023/06/03 CTA CLUB MEET 2 |
| 44,47 S | F | 50 Back 2023/06/03 CTA CLUB MEET 2 |
| 27,00 S | F | 25 Breast 2023/06/03 CTA CLUB MEET 2 |
| Kinnear, Connor (14) M (Yr: AR) | | |
| 27,60 S S | LEV2 F | 50 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 29,13 L | LEV2 P | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:03,65 L | LEV3 F | 100 Free 2023/01/21 CTA Qualifying Meet #7 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|------------|---|
| Kinnear, Connor (14) M (Yr: AR) | | |
| 1:03,91 | S LEV2 P | 100 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:13,92 | S LEV3 F | 200 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 2:19,93 | L LEV3 F | 200 Free 2022/11/04 CTA A CHAMPS 2022 |
| 4:40,46 | S LEV3 F | 400 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 4:56,72 | L LEV3 F | 400 Free 2022/09/03 CTA Qualifying Meet #4 |
| 35,02 | L LEV2 F | 50 Back 2022/09/03 CTA Qualifying Meet #4 |
| 1:10,11 | S LEV3 F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:11,10 | L LEV3 F | 100 Back 2023/01/21 CTA Qualifying Meet #7 |
| 2:29,88 | L LEV3 F | 200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:31,55 | S LEV3 F | 200 Back 2022/08/13 CTA Qualifying Meet #3 |
| 34,50 | L LEV2 F | 50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 34,51 | S LEV2 F | 50 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:15,44 | S LEV3 F | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 1:17,48 | L LEV3 F | 100 Breast 2022/09/24 CTA Qualifying Meet #5 |
| 2:45,89 | S LEV3 F | 200 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:52,46 | L LEV3 P | 200 Breast 2023/02/24 Western Cape Elite Gala |
| 1:08,91 | S S LEV3 F | 100 Fly 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:11,05 | L LEV3 F | 100 Fly 2022/09/03 CTA Qualifying Meet #4 |
| 2:25,77 | S S LEV3 F | 200 IM 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:30,48 | L LEV3 F | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| Kotze, Abigail (13) W (Yr: AR) | | |
| 26,29 | S A-QT F | 50 Free 2022/10/21 2022 FINA WORLD CUP - BERLIN |
| 26,49 | L A-QT P | 50 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 57,79 | S S A-QT F | 100 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 58,39 | L A-QT F | 100 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:09,08 | S B-QT F | 200 Free 2022/10/21 2022 FINA WORLD CUP - BERLIN |
| 2:10,28 | L A-QT F | 200 Free 2022/06/25 PEA Winter Gala 2022 |
| 4:35,35 | L B-QT F | 400 Free 2022/06/25 PEA Winter Gala 2022 |
| 30,68 | S B-QT F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 32,07 | L S B-QT P | 50 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:05,68 | S B-QT F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:08,53 | L B-QT F | 100 Back 2022/06/25 PEA Winter Gala 2022 |
| 2:36,34 | L SANJ F | 200 Back 2022/09/03 CTA Qualifying Meet #4 |
| 27,37 | L A-QT F | 50 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 27,84 | S S A-QT F | 50 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:01,05 | L A-QT F | 100 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 1:01,06 | S A-QT F | 100 Fly 2022/07/15 WCA SC Championships 2022 |
| 2:20,71 | S A-QT F | 200 Fly 2022/07/15 WCA SC Championships 2022 |
| 2:22,47 | L A-QT F | 200 Fly 2022/06/25 PEA Winter Gala 2022 |
| 1:08,79 | S F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:33,90 | S SANJ F | 200 IM 2022/06/04 CTA Qualifying Meet #1 |
| 2:50,85 | L LEV3 F | 200 IM 2022/09/03 CTA Qualifying Meet #4 |
| Lazarus, Kyle (12) M (Yr: AR) | | |
| 37,90 | S F | 50 Free 2022/08/13 CTA Qualifying Meet #3 |
| 39,16 | L F | 50 Free 2022/09/24 CTA Qualifying Meet #5 |
| 1:17,23 | S S LEV2 F | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:21,30 | L F | 100 Free 2023/02/11 WCA-B Champs - 2023 |
| 3:01,31 | L LEV2 F | 200 Free 2022/11/04 CTA A CHAMPS 2022 |
| 3:04,84 | S LEV2 F | 200 Free 2022/06/04 CTA Qualifying Meet #1 |
| 39,45 | L LEV2 F | 50 Back 2023/02/11 WCA-B Champs - 2023 |
| 41,69 | S LEV2 F | 50 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:24,67 | S LEV2 F | 100 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:30,99 | L LEV2 F | 100 Back 2022/09/03 CTA Qualifying Meet #4 |
| 2:59,95 | S S LEV3 F | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:05,50 | L LEV2 F | 200 Back 2023/02/11 WCA-B Champs - 2023 |
| 52,23 | L F | 50 Breast 2022/10/15 CTA Qualifying Meet #6 |
| 55,18 | S F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 1:41,81 | S S LEV2 F | 100 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:47,90 | L LEV2 F | 100 Breast 2023/02/11 WCA-B Champs - 2023 |
| 37,60 | S LEV2 F | 50 Fly 2023/05/27 CTA QUALIFYING MEET 1 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|--|--------|------------|------------|---|--|
| Lazarus, Kyle (12) M (Yr: AR) | | | | | |
| 37,67 L | LEV2 F | 50 Fly | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:09,44 S | LEV2 F | 200 IM | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 3:29,51 L | F | 200 IM | 2022/09/24 | CTA Qualifying Meet #5 | |
| Liebenberg, Matthew (10) M (Yr: AR) | | | | | |
| 50,07 S | F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:55,71 S | F | 100 Free | 2023/02/25 | CTA Future Stars Meet #8 | |
| 56,22 S | F | 50 Back | 2023/02/25 | CTA Future Stars Meet #8 | |
| 1:59,76 S | F | 100 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 38,27 S | F | 25 Breast | 2022/09/10 | CTA Future Stars Meet #4 - FAIRMONT | |
| 1:06,43 S | F | 50 Breast | 2023/02/25 | CTA Future Stars Meet #8 | |
| 31,54 S | F | 25 Fly | 2022/10/22 | CTA Future Stars Meet #5 | |
| Liebenberg, Leah (8) W (Yr: AR) | | | | | |
| 44,96 S | F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:44,70 S | F | 100 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 52,94 S | F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:52,99 S | F | 100 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 35,88 S | F | 25 Breast | 2022/06/11 | CTA Future Stars Meet #1 | |
| 1:11,99 S | F | 50 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 26,36 S | F | 25 Fly | 2022/10/22 | CTA Future Stars Meet #5 | |
| 2:02,19 S | F | 100 IM | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| Li, Jinxuan (8) W (Yr: AR) | | | | | |
| 51,96 S S | F | 50 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:02,16 S S | F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 57,84 S | F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 2:08,25 S | F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 41,36 S | F | 25 Breast | 2022/09/10 | CTA Future Stars Meet #4 - FAIRMONT | |
| 1:10,79 S S | F | 50 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 32,10 S | F | 25 Fly | 2023/06/03 | CTA CLUB MEET 2 | |
| Lilley, Kenna (10) W (Yr: AR) | | | | | |
| 40,44 S | F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 42,16 L | F | 50 Free | 2022/11/12 | CTA B LC CHAMPS | |
| 1:37,63 S | F | 100 Free | 2023/02/25 | CTA Future Stars Meet #8 | |
| 47,56 S | LEV2 F | 50 Back | 2023/02/25 | CTA Future Stars Meet #8 | |
| 2:05,11 S | F | 100 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 2:15,32 L | F | 100 Breast | 2022/11/12 | CTA B LC CHAMPS | |
| 49,05 S | LEV2 F | 50 Fly | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| Loftus, Anina (12) W (Yr: CR) | | | | | |
| 37,75 S | F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:27,13 S | F | 100 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 3:08,06 S | F | 200 Free | 2023/02/25 | CTA Future Stars Meet #8 | |
| 3:23,64 L | F | 200 Free | 2022/11/12 | CTA B LC CHAMPS | |
| 47,13 S | F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:44,01 S | F | 100 Back | 2022/10/22 | CTA Future Stars Meet #5 | |
| 1:44,79 L | F | 100 Back | 2022/11/12 | CTA B LC CHAMPS | |
| 51,02 S | F | 50 Breast | 2022/06/11 | CTA Future Stars Meet #1 | |
| 1:50,35 S | F | 100 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:54,33 L | F | 100 Breast | 2022/11/12 | CTA B LC CHAMPS | |
| 55,32 S | F | 50 Fly | 2022/10/22 | CTA Future Stars Meet #5 | |
| Loots, Emmelize (13) W (Yr: AR) | | | | | |
| 1:25,55 L | F | 100 Free | 2023/01/28 | Winelands SL Final | |
| 3:02,93 L | F | 200 Free | 2023/01/28 | Winelands SL Final | |
| 3:05,96 S | F | 200 Free | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 43,97 L | F | 50 Back | 2023/02/11 | WCA-B Champs - 2023 | |
| 47,69 S | F | 50 Back | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 1:37,77 S | F | 100 Back | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 1:40,78 L | F | 100 Back | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:31,74 S | F | 200 Back | 2022/08/13 | CTA Qualifying Meet #3 | |
| 49,37 L | F | 50 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:46,51 L | F | 100 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:42,58 S | LEV2 F | 200 Breast | 2022/07/02 | CTA Invitational Meet - July 2022 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---|----------|------------|------------|---|--|
| Loots, Emmelize (13) W (Yr: AR) | | | | | |
| 3:44,80 | L LEV2 F | 200 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:25,97 | S F | 200 IM | 2022/08/13 | CTA Qualifying Meet #3 | |
| 3:33,55 | L F | 200 IM | 2023/02/11 | WCA-B Champs - 2023 | |
| Loots, Tanya (10) W (Yr: AR) | | | | | |
| 21,78 | S F | 25 Free | 2022/11/19 | CTA Future Stars Meet #6 | |
| 44,74 | S F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:47,41 | S F | 100 Free | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| 25,90 | S F | 25 Back | 2022/11/19 | CTA Future Stars Meet #6 | |
| 52,69 | S F | 50 Back | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| 2:01,07 | S F | 100 Back | 2022/07/30 | CTA Future Stars Meet #2 | |
| 1:01,48 | S F | 50 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 2:13,07 | S F | 100 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 30,69 | S F | 25 Fly | 2022/07/30 | CTA Future Stars Meet #2 | |
| 2:01,75 | S F | 100 IM | 2022/11/19 | CTA Future Stars Meet #6 | |
| Lotter, Jemma (10) W (Yr: AR) | | | | | |
| 33,41 | S F | 25 Back | 2022/06/11 | CTA Future Stars Meet #1 | |
| 43,02 | S F | 25 Breast | 2022/06/11 | CTA Future Stars Meet #1 | |
| 2:24,21 | S F | 100 IM | 2022/10/22 | CTA Future Stars Meet #5 | |
| Loubser, Jacobus (13) M (Yr: BR) | | | | | |
| 1:18,41 | L F | 100 Free | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 3:05,50 | L F | 200 Free | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 3:10,90 | S F | 200 Free | 2022/10/22 | CTA Future Stars Meet #5 | |
| 43,79 | L F | 50 Back | 2023/01/21 | CTA Qualifying Meet #7 | |
| 1:39,62 | S F | 100 Back | 2022/10/22 | CTA Future Stars Meet #5 | |
| 43,66 | L LEV2 F | 50 Breast | 2023/01/21 | CTA Qualifying Meet #7 | |
| 1:36,91 | L LEV2 F | 100 Breast | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 3:35,25 | L LEV2 F | 200 Breast | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 42,09 | L F | 50 Fly | 2023/02/04 | CTA Brian Button Qualifying Meet #8 | |
| 46,58 | S F | 50 Fly | 2022/10/22 | CTA Future Stars Meet #5 | |
| 3:24,18 | L F | 200 IM | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 3:36,27 | S F | 200 IM | 2022/10/22 | CTA Future Stars Meet #5 | |
| Loubser, Petrus (11) M (Yr: BR) | | | | | |
| 50,44 | L F | 50 Free | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 56,75 | L F | 50 Back | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 2:02,05 | S F | 100 Back | 2022/10/22 | CTA Future Stars Meet #5 | |
| 1:05,87 | L F | 50 Breast | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 28,28 | S F | 25 Fly | 2022/10/22 | CTA Future Stars Meet #5 | |
| 2:14,30 | S F | 100 IM | 2022/10/22 | CTA Future Stars Meet #5 | |
| Louw, Ben (11) M (Yr: BR) | | | | | |
| 36,80 | L LEV2 F | 50 Free | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 39,59 | S F | 50 Free | 2022/08/13 | CTA Qualifying Meet #3 | |
| 1:20,73 | L LEV2 F | 100 Free | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 1:32,61 | S F | 100 Free | 2022/06/11 | CTA Future Stars Meet #1 | |
| 3:02,42 | L LEV2 F | 200 Free | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 45,59 | L LEV2 F | 50 Back | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 50,65 | S F | 50 Back | 2022/08/13 | CTA Qualifying Meet #3 | |
| 46,66 | L LEV2 F | 50 Breast | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 53,61 | S F | 50 Breast | 2022/06/11 | CTA Future Stars Meet #1 | |
| 1:49,39 | L LEV2 P | 100 Breast | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 50,60 | L LEV2 F | 50 Fly | 2022/10/07 | 41st Freda Barnard Invitational Gala | |
| 3:39,65 | L LEV2 F | 200 IM | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:39,65 | L LEV2 F | 200 IM | 2022/11/04 | CTA A CHAMPS 2022 | |
| 3:50,03 | S F | 200 IM | 2022/08/13 | CTA Qualifying Meet #3 | |
| Louw, Stefanus (9) M (Yr: BN) | | | | | |
| 2:01,92 | S S F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 52,19 | S F | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:04,42 | S S F | 50 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| Louw, Yvette (11) W (Yr: CR) | | | | | |
| 40,04 | L F | 50 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:26,96 | S S F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|--|-------|-------|------|--------|--|
| Louw, Yvette (11) W (Yr: CR) | | | | | |
| 1:34,58 | L | F | 100 | Free | 2023/02/11 WCA-B Champs - 2023 |
| 3:41,97 | S | F | 200 | Free | 2022/07/30 CTA Future Stars Meet #2 |
| 42,20 | S | LEV2 | 50 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 49,70 | L | F | 50 | Back | 2022/09/24 CTA Qualifying Meet #5 |
| 1:35,65 | S | LEV2 | 100 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:43,54 | L | F | 100 | Back | 2023/02/11 WCA-B Champs - 2023 |
| 48,86 | S S | LEV2 | 50 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:53,45 | S S | F | 100 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:02,65 | L | F | 100 | Breast | 2023/02/11 WCA-B Champs - 2023 |
| 4:08,31 | S | LEV2 | 200 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:04,62 | S | F | 50 | Fly | 2022/07/30 CTA Future Stars Meet #2 |
| McWilliam, Amy (13) W (Yr: AR) | | | | | |
| 1:17,99 | L | F | 100 | Free | 2023/01/21 CTA Qualifying Meet #7 |
| 2:44,13 | S | LEV2 | 200 | Free | 2022/07/15 WCA SC Championships 2022 |
| 2:49,44 | L | LEV2 | 200 | Free | 2023/01/28 Winelands SL Final |
| 6:07,67 | L | F | 400 | Free | 2023/01/21 CTA Qualifying Meet #7 |
| 38,68 | S L | LEV2 | 50 | Back | 2022/07/15 WCA SC Championships 2022 |
| 38,82 | L | LEV2 | 50 | Back | 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:22,55 | S | LEV2 | 100 | Back | 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:25,69 | L | LEV2 | 100 | Back | 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:59,11 | S S | LEV2 | 200 | Back | 2022/07/02 CTA Invitational Meet - July 2022 |
| 3:05,53 | L | LEV2 | 200 | Back | 2022/12/09 Western Cape LC-A Championship 2022 |
| 47,72 | S S | F | 50 | Breast | 2022/07/02 CTA Invitational Meet - July 2022 |
| 38,92 | L | LEV2 | 50 | Fly | 2022/12/09 Western Cape LC-A Championship 2022 |
| 40,11 | S S | F | 50 | Fly | 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:29,02 | S | F | 100 | IM | 2022/07/15 WCA SC Championships 2022 |
| 3:09,76 | S S | LEV2 | 200 | IM | 2022/07/02 CTA Invitational Meet - July 2022 |
| 3:12,17 | L | LEV2 | 200 | IM | 2022/12/09 Western Cape LC-A Championship 2022 |
| McWilliam, Benn (17) M (Yr: AR) | | | | | |
| 27,11 | L | LEV2 | 50 | Free | 2022/09/03 CTA Qualifying Meet #4 |
| 59,18 | S | LEV2 | 100 | Free | 2022/07/15 WCA SC Championships 2022 |
| 2:02,84 | S | LEV3 | 200 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:04,35 | L | LEV3 | 200 | Free | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 4:28,71 | L | LEV3 | 400 | Free | 2023/01/28 Winelands SL Final |
| 4:36,17 | S | LEV3 | 400 | Free | 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 9:11,29 | S | F | 800 | Free | 2022/07/02 CTA Invitational Meet - July 2022 |
| 9:18,03 | L | F | 800 | Free | 2022/10/15 CTA Qualifying Meet #6 |
| 17:03,10 | L | A-QT | 1500 | Free | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 17:44,64 | S | F | 1500 | Free | 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 36:25,92 | L | O | 3000 | Free | 2023/03/10 SA National OWS Championship 2023-PE |
| 1:03:35,00 | L | O | 5000 | Free | 2022/10/23 EC Swim Series OWS 1 2022 |
| 1:34:12,00 | L | O | 7500 | Free | 2023/03/10 SA National OWS Championship 2023-PE |
| 30,11 | L S | LEV2 | 50 | Back | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:03,54 | L | LEV3 | 100 | Back | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:05,23 | S | LEV3 | 100 | Back | 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:19,23 | S | LEV3 | 200 | Back | 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:21,55 | L | LEV3 | 200 | Back | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 32,17 | S | LEV2 | 50 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 32,51 | L | LEV2 | 50 | Breast | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:10,92 | S | LEV3 | 100 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:33,84 | S | LEV3 | 200 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:41,15 | L S | LEV3 | 200 | Breast | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 27,64 | L | LEV2 | 50 | Fly | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 28,14 | S | LEV2 | 50 | Fly | 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 59,62 | L S | LEV3 | 100 | Fly | 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:01,45 | S S | LEV3 | 100 | Fly | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:21,28 | L | F | 200 | Fly | 2023/01/28 Winelands SL Final |
| 2:21,64 | S | F | 200 | Fly | 2022/07/15 WCA SC Championships 2022 |
| 1:05,25 | S | P | 100 | IM | 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:15,20 | S S | LEV3 | 200 | IM | 2023/06/16 CTA INVITATIONAL SC MEET |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|---|--------|--|
| McWilliam, Benn (17) M (Yr: AR) | | |
| 2:16,83 L | B-QT P | 200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 4:50,40 L | B-QT F | 400 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 4:57,21 S | F | 400 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| McWilliam, Troy (15) M (Yr: AR) | | |
| 28,01 L | LEV2 F | 50 Free 2023/01/21 CTA Qualifying Meet #7 |
| 29,12 S | F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 1:01,02 L | LEV2 P | 100 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:03,32 S | LEV2 F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 2:06,33 S | LEV3 F | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:09,60 L | LEV3 P | 200 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 4:18,75 S | SANJ F | 400 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 4:23,92 L | B-QT F | 400 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 8:55,77 S | B-QT F | 800 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 9:06,84 L S | B-QT F | 800 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 16:55,40 S S | B-QT F | 1500 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 17:25,56 L | B-QT F | 1500 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 37:16,12 L | O | 3000 Free 2023/03/10 SA National OWS Championship 2023-PE |
| 1:02:24,43 L | O | 5000 Free 2023/03/10 SA National OWS Championship 2023-PE |
| 36,19 L | F | 50 Back 2023/01/28 Winelands SL Final |
| 1:11,15 L | LEV2 P | 100 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:23,29 S | LEV3 F | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:32,20 L S | LEV3 P | 200 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:19,83 L | LEV2 P | 100 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:21,24 S | LEV2 F | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 2:50,33 L S | LEV3 P | 200 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:51,02 S | LEV2 F | 200 Breast 2022/07/15 WCA SC Championships 2022 |
| 31,80 L | LEV2 P | 50 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:12,98 L | LEV2 F | 100 Fly 2023/01/21 CTA Qualifying Meet #7 |
| 1:14,39 S | P | 100 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:25,66 S S | LEV2 F | 200 IM 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:28,35 L | LEV2 P | 200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 5:22,61 L | F | 400 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| 5:26,82 S | P | 400 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| Minnaar, Ben (18) M (Yr: AR) | | |
| 28,41 L S | LEV2 P | 50 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 28,96 S S | P | 50 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:39,69 L | F | 200 Free 2022/10/15 CTA Qualifying Meet #6 |
| 34,28 S | LEV2 P | 50 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 34,61 L | LEV2 P | 50 Breast 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:17,23 S | LEV2 P | 100 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:23,66 L | LEV2 P | 100 Breast 2022/12/09 Western Cape LC-A Championship 2022 |
| 31,07 S S | LEV2 P | 50 Fly 2022/07/02 CTA Invitational Meet - July 2022 |
| 31,42 L | LEV2 P | 50 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:14,33 S S | LEV2 P | 100 Fly 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:19,56 L S | LEV2 P | 100 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:41,38 S | LEV2 F | 200 IM 2022/06/04 CTA Qualifying Meet #1 |
| 2:46,35 L | P | 200 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| Minnaar, Nicolas (13) M (Yr: AR) | | |
| 31,94 L S | LEV2 P | 50 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:09,83 L | LEV2 F | 100 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:11,78 S S | F | 100 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:37,88 L | LEV2 P | 200 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 2:42,11 S | LEV2 F | 200 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 6:05,70 S | F | 400 Free 2022/06/04 CTA Qualifying Meet #1 |
| 12:00,12 S | F | 800 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 44,54 L | LEV2 P | 50 Breast 2022/12/09 Western Cape LC-A Championship 2022 |
| 45,01 S | F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 1:36,05 L | LEV2 F | 100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:37,82 S S | LEV2 F | 100 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 3:10,84 S | LEV3 F | 200 Breast 2023/05/27 CTA QUALIFYING MEET 1 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---|------------|------------|------------|---|--|
| Minnaar, Nicolas (13) M (Yr: AR) | | | | | |
| 3:21,01 | L LEV3 F | 200 Breast | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 35,34 | L LEV2 F | 50 Fly | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 36,04 | S LEV2 F | 50 Fly | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 2:51,05 | S LEV2 F | 200 IM | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 2:57,62 | L LEV2 F | 200 IM | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| Minnaar, Stephanie (13) W (Yr: AR) | | | | | |
| 32,88 | L S LEV2 P | 50 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 33,01 | S S LEV2 F | 50 Free | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 1:14,34 | L LEV2 P | 100 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 1:15,02 | S S LEV2 F | 100 Free | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 2:51,64 | L P | 200 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 2:53,37 | S F | 200 Free | 2022/06/04 | CTA Qualifying Meet #1 | |
| 41,49 | L LEV2 P | 50 Back | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 47,47 | S F | 50 Breast | 2022/06/04 | CTA Qualifying Meet #1 | |
| 48,03 | L P | 50 Breast | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 41,36 | S S F | 50 Fly | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 42,51 | L P | 50 Fly | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 3:19,51 | L P | 200 IM | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 3:23,49 | S S F | 200 IM | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| Möller, Frederik (16) M (Yr: AR) | | | | | |
| 29,94 | L F | 50 Free | 2022/10/07 | 41st Freda Barnard Invitational Gala | |
| 1:03,59 | S LEV2 P | 100 Free | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 1:03,86 | L LEV2 P | 100 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:14,97 | L LEV2 P | 200 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 2:18,04 | S LEV2 F | 200 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 4:44,25 | S LEV3 P | 400 Free | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 4:44,72 | L LEV3 F | 400 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 9:39,32 | L S F | 800 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 9:45,29 | S F | 800 Free | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 17:56,65 | S S F | 1500 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 18:03,94 | L SANJ F | 1500 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 32,51 | S LEV2 F | 50 Back | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 32,76 | L S LEV2 P | 50 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:08,30 | S LEV2 P | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:09,80 | L LEV2 P | 100 Back | 2023/02/24 | Western Cape Elite Gala | |
| 2:27,40 | L LEV3 P | 200 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:36,16 | S LEV3 P | 200 Back | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 38,70 | L LEV2 F | 50 Breast | 2022/09/24 | CTA Qualifying Meet #5 | |
| 39,45 | S F | 50 Breast | 2022/06/04 | CTA Qualifying Meet #1 | |
| 1:23,45 | L LEV2 F | 100 Breast | 2022/10/07 | 41st Freda Barnard Invitational Gala | |
| 1:24,30 | S LEV2 F | 100 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 2:54,56 | L S LEV3 P | 200 Breast | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:55,36 | S LEV2 P | 200 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 33,54 | L F | 50 Fly | 2022/10/07 | 41st Freda Barnard Invitational Gala | |
| 33,74 | S S P | 50 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:14,87 | S P | 100 IM | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 2:31,65 | S S LEV2 P | 200 IM | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:32,49 | L LEV2 P | 200 IM | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 5:21,99 | L F | 400 IM | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| Möller, Gideon (12) M (Yr: AR) | | | | | |
| 33,91 | L LEV2 F | 50 Free | 2022/10/07 | 41st Freda Barnard Invitational Gala | |
| 1:15,16 | L LEV2 P | 100 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 1:19,25 | S F | 100 Free | 2022/07/23 | CTA Qualifying Meet #2 | |
| 2:44,66 | L LEV3 P | 200 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 5:42,01 | L LEV3 F | 400 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 39,46 | L LEV2 P | 50 Back | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 1:25,06 | L LEV3 F | 100 Back | 2022/11/04 | CTA A CHAMPS 2022 | |
| 1:28,53 | S LEV2 F | 100 Back | 2022/06/04 | CTA Qualifying Meet #1 | |
| 2:54,34 | L S LEV3 F | 200 Back | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 46,68 | L LEV2 P | 50 Breast | 2022/12/09 | Western Cape LC-A Championship 2022 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | | |
|--|-------|-------|------|--------|--|---|
| Möller, Gideon (12) M (Yr: AR) | | | | | | |
| 49,34 | S | F | 50 | Breast | 2022/06/04 CTA Qualifying Meet #1 | |
| 1:45,43 | S | LEV2 | F | 100 | Breast | 2022/07/23 CTA Qualifying Meet #2 |
| 1:45,82 | L | LEV2 | F | 100 | Breast | 2022/10/07 41st Freda Barnard Invitational Gala |
| 3:38,99 | L | LEV2 | P | 200 | Breast | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 38,49 | L | LEV2 | P | 50 | Fly | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 40,45 | S | LEV2 | F | 50 | Fly | 2022/07/23 CTA Qualifying Meet #2 |
| 3:07,22 | L | LEV2 | P | 200 | IM | 2023/02/24 Western Cape Elite Gala |
| 3:15,74 | S | LEV2 | F | 200 | IM | 2022/07/23 CTA Qualifying Meet #2 |
| Nel, Trent (12) M (Yr: BN) | | | | | | |
| 37,48 | S | F | 50 | Free | 2023/06/03 CTA CLUB MEET 2 | |
| 53,91 | S | F | 50 | Back | 2023/06/03 CTA CLUB MEET 2 | |
| 58,73 | S | F | 50 | Breast | 2023/06/03 CTA CLUB MEET 2 | |
| Newkirk, Gia (10) W (Yr: AR) | | | | | | |
| 1:31,92 | S | F | 100 | Free | 2023/05/27 CTA QUALIFYING MEET 1 | |
| 1:35,12 | L | F | 100 | Free | 2023/02/18 Swartland Invitational Gala 2023 | |
| 3:23,51 | S | LEV2 | F | 200 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:38,11 | S | LEV2 | F | 100 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:51,82 | L | F | 100 | Back | 2022/11/12 CTA B LC CHAMPS | |
| 27,75 | S | F | 25 | Breast | 2022/06/11 CTA Future Stars Meet #1 | |
| 52,06 | L | LEV2 | F | 50 | Breast | 2023/02/18 Swartland Invitational Gala 2023 |
| 1:01,99 | S | F | 50 | Breast | 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT | |
| 1:56,70 | S | LEV2 | F | 100 | Breast | 2023/05/27 CTA QUALIFYING MEET 1 |
| 3:58,08 | S | LEV2 | F | 200 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 21,87 | S | F | 25 | Fly | 2022/10/22 CTA Future Stars Meet #5 | |
| 47,41 | L | LEV2 | F | 50 | Fly | 2023/02/18 Swartland Invitational Gala 2023 |
| 1:49,41 | S | F | 100 | IM | 2022/10/22 CTA Future Stars Meet #5 | |
| 3:38,10 | S | LEV2 | F | 200 | IM | 2023/05/27 CTA QUALIFYING MEET 1 |
| 3:56,22 | L | LEV2 | F | 200 | IM | 2023/02/18 Swartland Invitational Gala 2023 |
| Ngonyama, Luniko (10) M (Yr: CN) | | | | | | |
| 20,38 | S | F | 25 | Free | 2023/06/03 CTA CLUB MEET 2 | |
| 27,36 | S | F | 25 | Back | 2023/06/03 CTA CLUB MEET 2 | |
| 35,06 | S | F | 25 | Breast | 2023/06/03 CTA CLUB MEET 2 | |
| 30,10 | S | F | 25 | Fly | 2023/06/03 CTA CLUB MEET 2 | |
| Nilsson, Rebecca (12) W (Yr: BR) | | | | | | |
| 34,34 | L S | LEV2 | P | 50 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 34,69 | S | LEV2 | F | 50 | Free | 2022/08/13 CTA Qualifying Meet #3 |
| 1:13,65 | S S | LEV2 | F | 100 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:14,46 | L | LEV3 | F | 100 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:41,86 | L | LEV3 | P | 200 | Free | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 5:46,47 | L | LEV3 | F | 400 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 50:05,00 | L | O | 3000 | Free | 2022/10/23 EC Swim Series OWS 1 2022 | |
| 39,73 | L | LEV2 | F | 50 | Back | 2023/02/24 Western Cape Elite Gala |
| 42,57 | S | LEV2 | F | 50 | Back | 2022/08/13 CTA Qualifying Meet #3 |
| 1:26,07 | L | LEV3 | F | 100 | Back | 2023/01/21 CTA Qualifying Meet #7 |
| 3:02,33 | S S | LEV3 | F | 200 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:12,00 | L | LEV2 | F | 200 | Back | 2023/02/04 CTA Brian Button Qualifying Meet #8 |
| 41,56 | S S | LEV2 | F | 50 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 41,91 | L | LEV2 | F | 50 | Breast | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:29,25 | S S | LEV3 | F | 100 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:31,63 | L | LEV3 | F | 100 | Breast | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:16,61 | L | LEV3 | F | 200 | Breast | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:31,58 | S | LEV2 | F | 200 | Breast | 2022/08/13 CTA Qualifying Meet #3 |
| 36,21 | L | LEV2 | F | 50 | Fly | 2023/01/21 CTA Qualifying Meet #7 |
| 41,90 | S | LEV2 | F | 50 | Fly | 2022/07/23 CTA Qualifying Meet #2 |
| 1:20,80 | L | LEV3 | F | 100 | Fly | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:41,35 | S | LEV2 | F | 100 | Fly | 2022/08/13 CTA Qualifying Meet #3 |
| 3:02,03 | L | LEV3 | P | 200 | IM | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:10,78 | S | LEV2 | F | 200 | IM | 2022/08/13 CTA Qualifying Meet #3 |
| Ntshona, Iminathi (12) M (Yr: AR) | | | | | | |
| 37,58 | L | F | 50 | Free | 2023/06/24 PEA Winter Gala 2023 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|--|
| Ntshona, Iminathi (12) M (Yr: AR) | | |
| 1:25,44 L | P | 100 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:25,44 L | F | 100 Free 2023/06/24 PEA Winter Gala 2023 |
| 1:47,51 S | F | 100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 3:05,80 L | LEV2 F | 200 Free 2023/06/24 PEA Winter Gala 2023 |
| 3:25,15 S | F | 200 Free 2022/11/19 CTA Future Stars Meet #6 |
| 7:12,71 L | F | 400 Free 2023/01/21 CTA Qualifying Meet #7 |
| 45,62 L | P | 50 Back 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:34,68 L | LEV2 F | 100 Back 2023/06/24 PEA Winter Gala 2023 |
| 1:44,41 S | F | 100 Back 2022/11/19 CTA Future Stars Meet #6 |
| 3:26,22 L | LEV2 F | 200 Back 2023/06/24 PEA Winter Gala 2023 |
| 49,59 L | LEV2 F | 50 Breast 2023/06/24 PEA Winter Gala 2023 |
| 1:03,50 S | F | 50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 1:51,07 L | F | 100 Breast 2023/06/24 PEA Winter Gala 2023 |
| 2:00,79 S | F | 100 Breast 2022/11/19 CTA Future Stars Meet #6 |
| 3:44,74 L | LEV2 F | 200 Breast 2023/06/24 PEA Winter Gala 2023 |
| 46,77 L | P | 50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 53,25 S | F | 50 Fly 2022/11/19 CTA Future Stars Meet #6 |
| 1:49,05 L | LEV2 F | 100 Fly 2023/06/24 PEA Winter Gala 2023 |
| 1:59,34 S | F | 100 IM 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 3:25,93 L | F | 200 IM 2023/06/24 PEA Winter Gala 2023 |
| 3:50,91 S | F | 200 IM 2022/11/19 CTA Future Stars Meet #6 |
| Oberhofer, Craig (11) M (Yr: BN) | | |
| 22,00 S | F | 25 Free 2023/06/03 CTA CLUB MEET 2 |
| 21,93 S | F | 25 Back 2023/06/03 CTA CLUB MEET 2 |
| 30,03 S | F | 25 Breast 2023/06/03 CTA CLUB MEET 2 |
| Olivier, Julie (11) W (Yr: AR) | | |
| 34,46 L | LEV2 F | 50 Free 2023/01/28 NMBA Intra-District Championship |
| 36,41 S | LEV2 F | 50 Free 2022/08/13 CTA Qualifying Meet #3 |
| 1:13,87 L L | LEV3 F | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:22,87 S | LEV2 F | 100 Free 2022/07/23 CTA Qualifying Meet #2 |
| 2:45,43 S | LEV3 F | 200 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 2:49,41 L | LEV3 F | 200 Free 2022/10/07 41st Freda Barnard Invitational Gala |
| 5:43,12 L | LEV3 F | 400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 40,06 S | LEV2 F | 50 Back 2022/08/13 CTA Qualifying Meet #3 |
| 41,30 L | LEV2 P | 50 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:27,40 L | LEV3 P | 100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:31,12 S | LEV2 F | 100 Back 2022/06/04 CTA Qualifying Meet #1 |
| 2:56,90 L | LEV3 F | 200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:08,75 S | LEV3 F | 200 Back 2022/08/13 CTA Qualifying Meet #3 |
| 48,66 L | LEV2 F | 50 Breast 2022/10/07 41st Freda Barnard Invitational Gala |
| 49,03 S | LEV2 F | 50 Breast 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:46,06 L | LEV2 P | 100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:49,22 S | LEV2 F | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 3:46,29 S | LEV2 F | 200 Breast 2022/08/13 CTA Qualifying Meet #3 |
| 3:46,86 L | LEV2 F | 200 Breast 2022/10/07 41st Freda Barnard Invitational Gala |
| 39,95 L | LEV2 F | 50 Fly 2023/02/11 WCA-B Champs - 2023 |
| 41,88 S | LEV2 F | 50 Fly 2022/07/23 CTA Qualifying Meet #2 |
| 3:08,33 L | LEV3 F | 200 IM 2023/01/28 NMBA Intra-District Championship |
| 3:20,22 S | LEV2 F | 200 IM 2022/07/23 CTA Qualifying Meet #2 |
| Olivier, Stefan (10) M (Yr: AR) | | |
| 46,60 S | F | 50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 56,57 L | F | 50 Free 2022/11/12 CTA B LC CHAMPS |
| 2:01,66 S | F | 100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 2:12,09 L | F | 100 Free 2022/11/12 CTA B LC CHAMPS |
| 54,69 S | F | 50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 59,74 L | F | 50 Back 2022/11/12 CTA B LC CHAMPS |
| Otterbach, Lily (12) W (Yr: BR) | | |
| 31,41 L | LEV2 F | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 32,43 S S | LEV2 F | 50 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:08,42 L | LEV3 F | 100 Free 2023/02/24 Western Cape Elite Gala |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | | |
|--|----------|-------|-----|--------|------------|---|
| Otterbach, Lily (12) W (Yr: BR) | | | | | | |
| 1:10,74 | S LEV3 | F | 100 | Free | 2023/05/27 | CTA QUALIFYING MEET 1 |
| 2:35,59 | L LEV3 | P | 200 | Free | 2023/02/24 | Western Cape Elite Gala |
| 2:47,82 | S LEV2 | F | 200 | Free | 2022/06/04 | CTA Qualifying Meet #1 |
| 35,70 | L LEV2 | F | 50 | Back | 2023/01/28 | NMBA Intra-District Championship |
| 36,87 | S LEV2 | F | 50 | Back | 2022/07/02 | CTA Invitational Meet - July 2022 |
| 1:23,35 | S LEV3 | F | 100 | Back | 2022/07/02 | CTA Invitational Meet - July 2022 |
| 1:24,10 | L LEV3 | P | 100 | Back | 2022/12/09 | Western Cape LC-A Championship 2022 |
| 45,76 | L LEV2 | P | 50 | Breast | 2023/02/24 | Western Cape Elite Gala |
| 45,84 | S S LEV2 | F | 50 | Breast | 2022/07/02 | CTA Invitational Meet - July 2022 |
| 1:44,97 | L LEV2 | F | 100 | Breast | 2023/02/18 | Swartland Invitational Gala 2023 |
| 34,51 | L LEV2 | F | 50 | Fly | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC |
| 36,78 | S S LEV2 | F | 50 | Fly | 2022/07/02 | CTA Invitational Meet - July 2022 |
| 1:21,19 | L LEV3 | F | 100 | Fly | 2023/01/21 | CTA Qualifying Meet #7 |
| 3:07,01 | L LEV3 | P | 200 | IM | 2022/12/09 | Western Cape LC-A Championship 2022 |
| 3:07,67 | S LEV2 | F | 200 | IM | 2022/06/04 | CTA Qualifying Meet #1 |
| Perez Castellano, Emilio (9) M (Yr: AR) | | | | | | |
| 41,26 | S | F | 50 | Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:49,94 | S S | F | 100 | Free | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 29,72 | S | F | 25 | Back | 2022/08/20 | CTA Future Stars Meet #3 - CURRO CC |
| 57,98 | S | F | 50 | Back | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 56,61 | S S | F | 50 | Breast | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 1:59,90 | S LEV2 | F | 100 | Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 26,09 | S | F | 25 | Fly | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont |
| 2:03,25 | S | F | 100 | IM | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont |
| Pretorius, Henri (9) M (Yr: AR) | | | | | | |
| 49,04 | S | F | 50 | Free | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont |
| 1:49,58 | S S | F | 100 | Free | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 26,16 | S | F | 25 | Back | 2022/06/11 | CTA Future Stars Meet #1 |
| 51,36 | S | F | 50 | Back | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 56,84 | S S | F | 50 | Breast | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 58,31 | L | F | 50 | Breast | 2022/11/12 | CTA B LC CHAMPS |
| 2:01,91 | S S LEV2 | F | 100 | Breast | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 4:32,55 | S LEV2 | F | 200 | Breast | 2023/06/16 | CTA INVITATIONAL SC MEET |
| Pretorius, Guillaume (9) M (Yr: BR) | | | | | | |
| 59,57 | S | F | 50 | Free | 2022/11/19 | CTA Future Stars Meet #6 |
| 1:56,10 | S | F | 100 | Free | 2023/02/25 | CTA Future Stars Meet #8 |
| 53,62 | S | F | 50 | Back | 2023/02/25 | CTA Future Stars Meet #8 |
| 1:57,22 | S | F | 100 | Back | 2023/02/25 | CTA Future Stars Meet #8 |
| 59,06 | S | F | 50 | Breast | 2022/11/19 | CTA Future Stars Meet #6 |
| Pretorius, Marli (13) W (Yr: AR) | | | | | | |
| 39,70 | S | F | 50 | Free | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont |
| 42,46 | L | F | 50 | Free | 2022/11/12 | CTA B LC CHAMPS |
| 1:33,30 | S | F | 100 | Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 3:15,53 | S | F | 200 | Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 3:36,98 | L | F | 200 | Free | 2022/11/12 | CTA B LC CHAMPS |
| 47,03 | S | F | 50 | Back | 2023/02/25 | CTA Future Stars Meet #8 |
| 1:41,37 | S | F | 100 | Back | 2023/02/25 | CTA Future Stars Meet #8 |
| 1:55,05 | L | F | 100 | Back | 2022/11/12 | CTA B LC CHAMPS |
| 56,57 | S | F | 50 | Breast | 2023/02/25 | CTA Future Stars Meet #8 |
| 2:06,27 | S | F | 100 | Breast | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont |
| 2:15,11 | L | F | 100 | Breast | 2022/11/12 | CTA B LC CHAMPS |
| 1:53,20 | S | F | 100 | IM | 2022/10/22 | CTA Future Stars Meet #5 |
| Pretorius, Theo (11) M (Yr: AR) | | | | | | |
| 36,22 | L LEV2 | F | 50 | Free | 2023/02/18 | Swartland Invitational Gala 2023 |
| 39,79 | S | F | 50 | Free | 2022/08/13 | CTA Qualifying Meet #3 |
| 1:27,59 | S S | F | 100 | Free | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 1:31,89 | L | F | 100 | Free | 2022/10/15 | CTA Qualifying Meet #6 |
| 3:15,52 | S LEV2 | F | 200 | Free | 2023/06/16 | CTA INVITATIONAL SC MEET |
| 3:18,72 | L LEV2 | F | 200 | Free | 2023/02/18 | Swartland Invitational Gala 2023 |
| 48,22 | S | F | 50 | Back | 2022/08/13 | CTA Qualifying Meet #3 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|---|
| Pretorius, Theo (11) M (Yr: AR) | | |
| 1:29,44 S | LEV3 F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:38,02 L | LEV2 F | 100 Back 2022/10/15 CTA Qualifying Meet #6 |
| 51,21 S | LEV2 F | 50 Breast 2022/06/11 CTA Future Stars Meet #1 |
| 51,24 L | LEV2 F | 50 Breast 2022/10/15 CTA Qualifying Meet #6 |
| 1:45,57 S S | LEV2 F | 100 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:49,40 L | LEV2 F | 100 Breast 2022/09/24 CTA Qualifying Meet #5 |
| 3:44,84 S | LEV3 F | 200 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 55,16 L | F | 50 Fly 2022/10/15 CTA Qualifying Meet #6 |
| 3:28,49 S | LEV2 F | 200 IM 2023/05/27 CTA QUALIFYING MEET 1 |
| 3:35,93 L | LEV2 F | 200 IM 2023/02/18 Swartland Invitational Gala 2023 |
| Putter, Tanè (15) W (Yr: AR) | | |
| 28,59 S | LEV2 P | 50 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 28,74 L S | LEV2 F | 50 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:01,66 S | SANJ F | 100 Free 2022/09/03 West Coast Spring Gala 2022 |
| 1:04,66 L | LEV3 F | 100 Free 2023/01/28 NMBA Intra-District Championship |
| 2:17,57 S | LEV3 F | 200 Free 2022/09/03 West Coast Spring Gala 2022 |
| 2:30,85 L | LEV2 P | 200 Free 2022/06/25 PEA Winter Gala 2022 |
| 5:06,58 L | LEV3 F | 400 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 5:11,36 S | LEV3 P | 400 Free 2022/06/29 Cape Coastal GP 2 |
| 11:05,48 L | F | 800 Free 2022/06/25 PEA Winter Gala 2022 |
| 31,69 S | B-QT F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 33,29 L L | LEV2 F | 50 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:09,00 S | SANJ F | 100 Back 2022/09/03 West Coast Spring Gala 2022 |
| 1:13,87 L | LEV3 P | 100 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:29,94 S | SANJ F | 200 Back 2022/09/03 West Coast Spring Gala 2022 |
| 2:47,65 L | LEV3 P | 200 Back 2022/06/25 PEA Winter Gala 2022 |
| 35,49 S | LEV2 F | 50 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 36,50 L | LEV2 F | 50 Breast 2023/01/28 NMBA Intra-District Championship |
| 1:15,09 S | B-QT F | 100 Breast 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 1:20,73 L | SANJ P | 100 Breast 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:47,57 S | SANJ F | 200 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:54,44 L | SANJ F | 200 Breast 2022/06/25 PEA Winter Gala 2022 |
| 30,49 S | LEV2 F | 50 Fly 2023/05/27 CTA QUALIFYING MEET 1 |
| 31,47 L | LEV2 F | 50 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:08,22 S | SANJ F | 100 Fly 2022/09/03 West Coast Spring Gala 2022 |
| 1:14,53 L | LEV3 F | 100 Fly 2023/01/28 NMBA Intra-District Championship |
| 1:08,25 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:29,09 S | B-QT F | 200 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:35,52 L | SANJ F | 200 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| 5:22,64 S | SANJ F | 400 IM 2022/07/15 WCA SC Championships 2022 |
| 5:46,27 L | F | 400 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| Raimond, Marike (13) W (Yr: AR) | | |
| 31,03 S | LEV2 F | 50 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 31,47 L | LEV2 F | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:09,01 L | LEV3 P | 100 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:15,96 S | LEV2 F | 100 Free 2022/07/23 CTA Qualifying Meet #2 |
| 2:24,89 S | LEV3 P | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:31,45 L | LEV3 P | 200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 5:04,00 S | LEV3 P | 400 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 5:18,51 L | LEV3 F | 400 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 10:24,70 S | F | 800 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 11:01,91 L | F | 800 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 37,96 L | LEV2 P | 50 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:21,75 L | LEV3 F | 100 Back 2022/11/04 CTA A CHAMPS 2022 |
| 2:48,15 S | LEV3 F | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:52,92 L | LEV3 F | 200 Back 2022/11/04 CTA A CHAMPS 2022 |
| 1:45,05 S | F | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 36,33 L | LEV2 P | 50 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 40,25 S S | F | 50 Fly 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:51,26 S | LEV3 F | 200 IM 2023/05/27 CTA QUALIFYING MEET 1 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | | |
|--|------------|------------|------------|--|--|--|
| Raimond, Marike (13) W (Yr: AR) | | | | | | |
| 2:58,29 | L LEV2 P | 200 IM | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| Ritchie, Andrew (22) M (Yr: AR) | | | | | | |
| 2:12,68 | S B-QT F | 200 Back | 2023/05/27 | CTA QUALIFYING MEET 1 | | |
| 1:10,33 | S LEV3 F | 100 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | | |
| 2:16,34 | S LEV3 F | 200 IM | 2023/05/27 | CTA QUALIFYING MEET 1 | | |
| Rossouw, Cara (13) W (Yr: AR) | | | | | | |
| 32,97 | S LEV2 F | 50 Free | 2022/08/13 | CTA Qualifying Meet #3 | | |
| 1:16,42 | L LEV2 F | 100 Free | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 2:47,36 | L LEV2 F | 200 Free | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 5:48,50 | S F | 400 Free | 2022/07/15 | WCA SC Championships 2022 | | |
| 38,03 | S LEV2 F | 50 Back | 2022/08/13 | CTA Qualifying Meet #3 | | |
| 1:23,03 | L LEV2 P | 100 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 1:24,25 | S LEV2 F | 100 Back | 2022/07/15 | WCA SC Championships 2022 | | |
| 2:53,63 | L LEV3 F | 200 Back | 2022/11/04 | CTA A CHAMPS 2022 | | |
| 2:59,41 | S LEV2 F | 200 Back | 2022/07/15 | WCA SC Championships 2022 | | |
| 45,40 | L LEV2 F | 50 Breast | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 1:41,20 | L LEV2 F | 100 Breast | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 3:37,00 | S LEV2 F | 200 Breast | 2022/08/13 | CTA Qualifying Meet #3 | | |
| 34,24 | L LEV2 F | 50 Fly | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 1:19,49 | L LEV3 F | 100 Fly | 2022/11/04 | CTA A CHAMPS 2022 | | |
| 1:27,35 | S LEV2 F | 100 Fly | 2022/07/15 | WCA SC Championships 2022 | | |
| 2:57,82 | L LEV3 P | 200 IM | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 3:01,66 | S LEV2 F | 200 IM | 2022/08/13 | CTA Qualifying Meet #3 | | |
| Rossouw, Danel (16) W (Yr: AR) | | | | | | |
| 30,23 | S L LEV2 F | 50 Free | 2022/07/15 | WCA SC Championships 2022 | | |
| 31,14 | L LEV2 F | 50 Free | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 1:07,03 | S LEV2 F | 100 Free | 2022/07/15 | WCA SC Championships 2022 | | |
| 1:08,27 | L LEV2 F | 100 Free | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 2:34,75 | L LEV2 F | 200 Free | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 34,61 | L LEV2 F | 50 Fly | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 2:56,54 | S LEV2 F | 200 IM | 2022/07/15 | WCA SC Championships 2022 | | |
| 2:56,81 | L LEV2 F | 200 IM | 2022/09/24 | CTA Qualifying Meet #5 | | |
| Rossouw, Emma (14) W (Yr: BR) | | | | | | |
| 31,75 | L S LEV2 P | 50 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | | |
| 1:09,74 | L LEV2 P | 100 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | | |
| 2:30,56 | S LEV2 P | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 2:33,89 | L LEV2 P | 200 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | | |
| 5:27,40 | L LEV3 F | 400 Free | 2022/11/04 | CTA A CHAMPS 2022 | | |
| 34,25 | S LEV2 P | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 34,60 | L LEV2 F | 50 Back | 2022/11/04 | CTA A CHAMPS 2022 | | |
| 1:13,23 | S LEV3 P | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 1:13,86 | L LEV3 F | 100 Back | 2023/02/24 | Western Cape Elite Gala | | |
| 2:37,85 | S LEV3 F | 200 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 2:40,61 | L LEV3 P | 200 Back | 2023/02/24 | Western Cape Elite Gala | | |
| 42,47 | L LEV2 F | 50 Breast | 2023/01/21 | CTA Qualifying Meet #7 | | |
| 1:30,01 | S LEV2 P | 100 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 1:31,66 | L LEV2 F | 100 Breast | 2023/02/04 | CTA Brian Button Qualifying Meet #8 | | |
| 3:18,87 | L LEV2 F | 200 Breast | 2023/01/21 | CTA Qualifying Meet #7 | | |
| 34,65 | L LEV2 F | 50 Fly | 2022/11/04 | CTA A CHAMPS 2022 | | |
| 1:28,10 | L S LEV2 P | 100 Fly | 2022/12/09 | Western Cape LC-A Championship 2022 | | |
| 3:07,94 | S F | 200 Fly | 2022/06/04 | CTA Qualifying Meet #1 | | |
| 2:47,90 | S S LEV3 P | 200 IM | 2023/06/16 | CTA INVITATIONAL SC MEET | | |
| 2:52,61 | L LEV3 P | 200 IM | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| Rossouw, Nadia (16) W (Yr: AR) | | | | | | |
| 1:05,12 | L LEV3 P | 100 Free | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 2:33,24 | L LEV2 F | 200 Free | 2022/09/24 | CTA Qualifying Meet #5 | | |
| 1:16,18 | L L F | 50 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 1:14,43 | L LEV3 F | 100 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 2:37,85 | L LEV3 F | 200 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | | |
| 2:39,88 | S LEV3 F | 200 Back | 2022/08/13 | CTA Qualifying Meet #3 | | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|--|------------|------------|------------|---|--|
| Rossouw, Nadia (16) W (Yr: AR) | | | | | |
| 40,55 | L LEV2 F | 50 Breast | 2022/09/24 | CTA Qualifying Meet #5 | |
| 1:32,84 | L LEV2 F | 100 Breast | 2023/01/21 | CTA Qualifying Meet #7 | |
| 35,14 | L LEV2 F | 50 Fly | 2023/01/21 | CTA Qualifying Meet #7 | |
| 2:44,22 | S LEV3 F | 200 IM | 2022/08/13 | CTA Qualifying Meet #3 | |
| 2:44,87 | L LEV3 P | 200 IM | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| Rulashe, Luthando (12) M (Yr: AR) | | | | | |
| 39,73 | S F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 43,77 | L F | 50 Free | 2022/11/12 | CTA B LC CHAMPS | |
| 1:36,41 | S F | 100 Free | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | |
| 3:35,65 | S F | 200 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 48,51 | S F | 50 Back | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | |
| 52,49 | L F | 50 Back | 2022/11/12 | CTA B LC CHAMPS | |
| 1:47,06 | S F | 100 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:53,36 | L F | 100 Back | 2022/11/12 | CTA B LC CHAMPS | |
| 48,88 | S F | 50 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 54,44 | L F | 50 Breast | 2022/11/12 | CTA B LC CHAMPS | |
| 1:50,71 | S F | 100 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 26,65 | S F | 25 Fly | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| 59,04 | S F | 50 Fly | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | |
| 1:45,89 | S F | 100 IM | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | |
| Rulashe, Olwam (14) M (Yr: AR) | | | | | |
| 33,10 | S F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 34,82 | L F | 50 Free | 2022/11/12 | CTA B LC CHAMPS | |
| 1:16,64 | S F | 100 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:24,63 | L F | 100 Free | 2022/11/12 | CTA B LC CHAMPS | |
| 3:01,63 | S F | 200 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 45,84 | S F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 46,42 | L F | 50 Back | 2022/11/12 | CTA B LC CHAMPS | |
| 1:38,39 | S F | 100 Back | 2022/10/22 | CTA Future Stars Meet #5 | |
| 1:40,17 | L F | 100 Back | 2022/11/12 | CTA B LC CHAMPS | |
| 49,79 | S F | 50 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 50,32 | L F | 50 Breast | 2022/11/12 | CTA B LC CHAMPS | |
| 1:51,59 | S F | 100 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:52,58 | L F | 100 Breast | 2022/11/12 | CTA B LC CHAMPS | |
| 45,16 | S F | 50 Fly | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | |
| 1:35,16 | S F | 100 IM | 2023/04/22 | WCA Inter-district Lev1 Team Champs 2023 | |
| Ryser, Aurora (16) W (Yr: CR) | | | | | |
| 29,78 | S S LEV2 F | 50 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 30,22 | L LEV2 F | 50 Free | 2022/10/07 | 41st Freda Barnard Invitational Gala | |
| 1:05,94 | L LEV3 P | 100 Free | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 2:24,26 | S LEV3 P | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:25,69 | L LEV3 P | 200 Free | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 5:09,59 | L LEV3 F | 400 Free | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 33,03 | S LEV2 F | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 34,36 | L LEV2 P | 50 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 1:10,37 | S LEV3 P | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:13,06 | L LEV3 F | 100 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 2:35,92 | S LEV3 F | 200 Back | 2022/07/15 | WCA SC Championships 2022 | |
| 2:38,47 | L LEV3 F | 200 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 39,17 | L LEV2 F | 50 Breast | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 39,80 | S LEV2 F | 50 Breast | 2022/06/04 | CTA Qualifying Meet #1 | |
| 1:22,49 | S LEV3 F | 100 Breast | 2022/07/15 | WCA SC Championships 2022 | |
| 1:25,94 | L LEV3 F | 100 Breast | 2022/10/07 | 41st Freda Barnard Invitational Gala | |
| 3:03,32 | S LEV3 F | 200 Breast | 2022/07/15 | WCA SC Championships 2022 | |
| 3:07,45 | L LEV3 F | 200 Breast | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 33,20 | S S LEV2 P | 50 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 33,22 | L LEV2 P | 50 Fly | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 1:13,07 | S LEV3 F | 100 Fly | 2022/07/15 | WCA SC Championships 2022 | |
| 1:14,60 | L LEV3 F | 100 Fly | 2023/01/28 | Winelands SL Final | |
| 1:12,61 | S F | 100 IM | 2022/07/15 | WCA SC Championships 2022 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|---|--------|---|
| Ryser, Aurora (16) W (Yr: CR) | | |
| 2:37,63 S | LEV3 F | 200 IM 2022/07/15 WCA SC Championships 2022 |
| 2:41,73 L | LEV3 F | 200 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| Schenck, Maya (9) W (Yr: AR) | | |
| 44,39 L | F | 50 Free 2022/11/12 CTA B LC CHAMPS |
| 44,51 S | F | 50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:42,84 S | F | 100 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:46,49 L | F | 100 Free 2022/11/12 CTA B LC CHAMPS |
| 3:47,96 S | F | 200 Free 2023/02/25 CTA Future Stars Meet #8 |
| 51,00 L | F | 50 Back 2023/02/18 Swartland Invitational Gala 2023 |
| 52,85 S | F | 50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:52,85 S | F | 100 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 57,48 L | F | 50 Breast 2023/02/18 Swartland Invitational Gala 2023 |
| 59,80 S | F | 50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 2:05,55 S | F | 100 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 2:07,72 L | F | 100 Breast 2023/02/18 Swartland Invitational Gala 2023 |
| 25,78 S | F | 25 Fly 2022/11/12 CTA B SC CHAMPS |
| 2:00,95 S | F | 100 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| Senekal, Margo (13) W (Yr: AR) | | |
| 30,79 L | LEV2 F | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 32,47 S L | LEV2 F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 1:09,22 L | LEV3 P | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:11,37 S | LEV2 F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 2:27,97 L | LEV3 F | 200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:29,66 S | LEV3 F | 200 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 5:18,33 L | LEV3 F | 400 Free 2022/11/04 CTA A CHAMPS 2022 |
| 36,86 S | LEV2 F | 50 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:23,83 S | LEV2 F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 1:24,78 L | LEV2 F | 100 Back 2023/01/28 Winelands SL Final |
| 40,98 L | LEV2 P | 50 Breast 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:31,39 S | LEV2 F | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 1:34,97 L | LEV2 F | 100 Breast 2022/11/04 CTA A CHAMPS 2022 |
| 3:24,04 L | LEV2 F | 200 Breast 2022/11/04 CTA A CHAMPS 2022 |
| 35,06 L | LEV2 F | 50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:24,61 S | LEV2 F | 100 Fly 2022/07/15 WCA SC Championships 2022 |
| 1:28,09 L | LEV2 F | 100 Fly 2022/11/11 Swartland Prestige Gala 2022 |
| 2:45,19 L | SANJ F | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:52,27 S | LEV3 F | 200 IM 2022/07/15 WCA SC Championships 2022 |
| September, Shayden (12) M (Yr: AR) | | |
| 37,48 L | F | 50 Free 2023/01/21 CTA Qualifying Meet #7 |
| 38,68 S | F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 1:26,54 L | F | 100 Free 2023/02/11 WCA-B Champs - 2023 |
| 1:32,44 S | F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 3:15,15 L | F | 200 Free 2022/11/04 CTA A CHAMPS 2022 |
| 45,87 L | F | 50 Back 2023/02/11 WCA-B Champs - 2023 |
| 48,54 S | F | 50 Back 2022/08/13 CTA Qualifying Meet #3 |
| 1:46,17 L | F | 100 Back 2022/10/15 CTA Qualifying Meet #6 |
| 1:47,59 S | F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 3:46,69 L | F | 200 Back 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 3:56,05 S | F | 200 Back 2022/08/13 CTA Qualifying Meet #3 |
| 51,15 L | F | 50 Breast 2023/02/11 WCA-B Champs - 2023 |
| 2:00,95 L | P | 100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 2:03,80 S | F | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 4:20,20 L | F | 200 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 48,77 L | F | 50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 49,78 S | F | 50 Fly 2022/07/23 CTA Qualifying Meet #2 |
| 1:45,28 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 3:56,06 S | F | 200 IM 2022/07/23 CTA Qualifying Meet #2 |
| Smith, Courtney (17) W (Yr: AR) | | |
| 32,65 S S | LEV2 P | 50 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 32,93 L | LEV2 F | 50 Free 2022/11/04 CTA A CHAMPS 2022 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|---|--------|--|
| Smith, Courtney (17) W (Yr: AR) | | |
| 1:09,20 L | LEV2 P | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:10,72 S | LEV2 F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 2:31,73 L | LEV2 F | 200 Free 2023/02/11 WCA-B Champs - 2023 |
| 2:40,19 S | LEV2 F | 200 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 5:11,65 S | LEV3 F | 400 Free 2022/07/15 WCA SC Championships 2022 |
| 5:15,49 L | LEV3 F | 400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 20:52,62 S | F | 1500 Free 2022/08/13 CTA Qualifying Meet #3 |
| 21:34,28 L | F | 1500 Free 2022/10/15 CTA Qualifying Meet #6 |
| 36,41 S | LEV2 P | 50 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:15,47 L | LEV3 F | 100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:15,52 S | LEV3 F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 2:43,60 L | LEV3 F | 200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:44,27 S | LEV3 F | 200 Back 2022/07/15 WCA SC Championships 2022 |
| 43,26 L | LEV2 F | 50 Breast 2023/01/21 CTA Qualifying Meet #7 |
| 1:28,28 S | LEV2 F | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 1:33,29 L | LEV2 F | 100 Breast 2022/11/04 CTA A CHAMPS 2022 |
| 3:10,81 L | LEV3 F | 200 Breast 2023/02/11 WCA-B Champs - 2023 |
| 3:16,43 S | LEV2 P | 200 Breast 2022/07/02 CTA Invitational Meet - July 2022 |
| 32,97 L | F | 50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 35,62 S S | LEV2 P | 50 Fly 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:14,81 L | LEV3 F | 100 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:18,71 S | LEV2 F | 100 Fly 2022/07/15 WCA SC Championships 2022 |
| 2:44,38 L | LEV3 F | 200 IM 2023/02/24 Western Cape Elite Gala |
| 2:45,96 S | LEV3 F | 200 IM 2022/07/15 WCA SC Championships 2022 |
| Smith, Lara (15) W (Yr: BR) | | |
| 30,96 L | LEV2 F | 50 Free 2022/11/04 CTA A CHAMPS 2022 |
| 31,30 S | LEV2 F | 50 Free 2022/08/13 CTA Qualifying Meet #3 |
| 1:09,21 L | LEV2 F | 100 Free 2022/11/04 CTA A CHAMPS 2022 |
| 1:10,84 S | LEV2 F | 100 Free 2022/07/23 CTA Qualifying Meet #2 |
| 2:35,87 L | LEV2 F | 200 Free 2022/10/15 CTA Qualifying Meet #6 |
| 34,44 S | LEV2 F | 50 Back 2022/08/13 CTA Qualifying Meet #3 |
| 34,61 L | LEV2 P | 50 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:16,06 L | LEV3 F | 100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:50,97 L | LEV3 F | 200 Back 2022/09/24 CTA Qualifying Meet #5 |
| 44,06 L | LEV2 F | 50 Breast 2022/10/15 CTA Qualifying Meet #6 |
| 1:33,61 S | LEV2 F | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 1:38,15 L | LEV2 F | 100 Breast 2022/09/24 CTA Qualifying Meet #5 |
| 32,03 L | LEV2 F | 50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 34,22 S | LEV2 F | 50 Fly 2022/07/23 CTA Qualifying Meet #2 |
| 1:15,20 L | LEV3 F | 100 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:22,47 S | LEV2 F | 100 Fly 2022/08/13 CTA Qualifying Meet #3 |
| 2:50,47 L | LEV3 P | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:55,03 S | LEV2 F | 200 IM 2022/07/23 CTA Qualifying Meet #2 |
| Smith, Nicolas (10) M (Yr: AR) | | |
| 19,62 S | F | 25 Free 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 42,53 S | F | 50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:48,88 S | F | 100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 53,13 S | F | 50 Back 2022/11/19 CTA Future Stars Meet #6 |
| 1:52,22 S | F | 100 Back 2022/07/30 CTA Future Stars Meet #2 |
| 30,72 S | F | 25 Breast 2022/11/19 CTA Future Stars Meet #6 |
| 1:06,37 S | F | 50 Breast 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 2:33,87 S | F | 100 Breast 2022/07/30 CTA Future Stars Meet #2 |
| 26,09 S | F | 25 Fly 2022/07/30 CTA Future Stars Meet #2 |
| 48,46 S | LEV2 F | 50 Fly 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:53,01 S | F | 100 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| Smith, Sebastian (14) M (Yr: BR) | | |
| 28,51 L | LEV2 P | 50 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:00,62 L | LEV3 P | 100 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:06,36 S | LEV2 F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 2:11,21 L | SANJ F | 200 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|---|--------|--|
| Smith, Sebastian (14) M (Yr: BR) | | |
| 2:25,00 S | LEV2 P | 200 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 4:40,98 L | SANJ F | 400 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 32,65 L | LEV2 P | 50 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 33,91 S | LEV2 P | 50 Back 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:09,89 L | LEV3 F | 100 Back 2023/04/21 SA Schools Swimming Championship 2023 |
| 1:12,92 S | LEV3 F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 2:25,55 L | SANJ F | 200 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 36,18 L | LEV2 P | 50 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:21,23 L | LEV3 P | 100 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:21,49 S | LEV3 F | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 2:57,10 L S | LEV3 P | 200 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 3:03,43 S | LEV3 F | 200 Breast 2022/07/15 WCA SC Championships 2022 |
| 31,83 L | LEV2 P | 50 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:25,75 L | SANJ F | 200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:41,04 S | LEV2 F | 200 IM 2022/07/15 WCA SC Championships 2022 |
| Sonnekus, Anya (11) W (Yr: BR) | | |
| 36,57 L | LEV2 P | 50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 38,65 S | F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 1:21,94 L | LEV2 F | 100 Free 2022/09/03 CTA Qualifying Meet #4 |
| 1:22,24 S | LEV2 F | 100 Free 2022/07/23 CTA Qualifying Meet #2 |
| 2:48,67 S | LEV3 F | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:54,14 L | LEV2 F | 200 Free 2022/11/04 CTA A CHAMPS 2022 |
| 6:28,32 S | F | 400 Free 2022/07/15 WCA SC Championships 2022 |
| 41,71 S | LEV2 F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 44,07 L | LEV2 F | 50 Back 2022/11/04 CTA A CHAMPS 2022 |
| 1:27,42 S | LEV3 F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:32,75 L | LEV2 P | 100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:20,66 L | LEV2 F | 200 Back 2022/11/04 CTA A CHAMPS 2022 |
| 44,89 L | LEV2 P | 50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 52,82 S | F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 1:39,60 L | LEV3 P | 100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:43,64 S | LEV2 F | 100 Breast 2022/07/15 WCA SC Championships 2022 |
| 3:32,02 L | LEV3 F | 200 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:37,21 S | LEV3 F | 200 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 40,57 L | LEV2 P | 50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 44,24 S | LEV2 F | 50 Fly 2022/07/23 CTA Qualifying Meet #2 |
| 3:10,19 L | LEV3 P | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:20,01 S | LEV2 F | 200 IM 2022/07/23 CTA Qualifying Meet #2 |
| Stander, Divan (11) M (Yr: BN) | | |
| 1:31,27 S S | F | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:33,68 S | F | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 49,78 S | F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:43,43 S | LEV2 F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:42,55 S S | LEV2 F | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 52,38 S S | LEV2 F | 50 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| Strydom, Luan (14) M (Yr: AR) | | |
| 37,10 S | F | 50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC |
| 1:08,97 S | P | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:18,27 L | F | 100 Free 2022/11/12 CTA B LC CHAMPS |
| 2:31,67 S | LEV2 P | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:55,18 L | F | 200 Free 2022/11/12 CTA B LC CHAMPS |
| 5:10,90 S | LEV3 F | 400 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 41,60 L | F | 50 Back 2022/11/12 CTA B LC CHAMPS |
| 44,98 S | F | 50 Back 2022/08/20 CTA Future Stars Meet #3 - CURRO CC |
| 1:20,11 S | LEV2 F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:28,12 L | F | 100 Back 2022/11/12 CTA B LC CHAMPS |
| 2:44,76 S | LEV3 F | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 50,08 S | F | 50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 1:35,05 S | LEV2 P | 100 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:51,09 L | F | 100 Breast 2022/11/12 CTA B LC CHAMPS |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | | |
|---|-------|-------|-----|------|--|--|
| Strydom, Luan (14) M (Yr: AR) | | | | | | |
| 42,53 | S | F | 50 | Fly | 2022/11/19 CTA Future Stars Meet #6 | |
| 3:04,88 | S | F | 200 | IM | 2023/01/28 CTA Future Stars Meet #7 - Fairmont | |
| 3:19,04 | L | F | 200 | IM | 2022/11/12 CTA B LC CHAMPS | |
| Strydom, Stephan (18) M (Yr: AR) | | | | | | |
| 27,09 | L S | LEV2 | P | 50 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 58,53 | S | LEV2 | F | 100 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 58,97 | L | LEV3 | P | 100 | Free | 2023/02/24 Western Cape Elite Gala |
| 2:08,09 | S | LEV2 | P | 200 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:08,63 | L | LEV3 | P | 200 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 4:31,41 | S | LEV3 | F | 400 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 4:33,47 | L | LEV3 | F | 400 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 9:24,26 | S | | F | 800 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 9:35,68 | L S | | F | 800 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 18:01,50 | S | | F | 1500 | Free | 2022/08/13 CTA Qualifying Meet #3 |
| 18:11,68 | L | | F | 1500 | Free | 2022/12/09 Western Cape LC-A Championship 2022 |
| 38:45,84 | L | | O | 3000 | Free | 2023/03/10 SA National OWS Championship 2023-PE |
| 31,65 | S | LEV2 | F | 50 | Back | 2023/05/27 CTA QUALIFYING MEET 1 |
| 32,81 | L | LEV2 | F | 50 | Back | 2023/02/24 Western Cape Elite Gala |
| 1:05,88 | S | LEV3 | P | 100 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:08,83 | L | LEV2 | P | 100 | Back | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:22,74 | S | LEV3 | P | 200 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:28,90 | L | LEV3 | F | 200 | Back | 2023/02/24 Western Cape Elite Gala |
| 31,49 | S | LEV2 | F | 50 | Fly | 2022/07/23 CTA Qualifying Meet #2 |
| 1:09,49 | S | LEV2 | F | 100 | Fly | 2022/08/13 CTA Qualifying Meet #3 |
| 2:30,13 | L | LEV2 | P | 200 | IM | 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:30,36 | S | LEV2 | F | 200 | IM | 2022/06/04 CTA Qualifying Meet #1 |
| Swartz, Levi (11) M (Yr: AR) | | | | | | |
| 47,67 | S | | F | 50 | Free | 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 54,54 | L | | F | 50 | Free | 2022/11/12 CTA B LC CHAMPS |
| 1:50,57 | S | | F | 100 | Free | 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 2:11,07 | L | | F | 100 | Free | 2022/11/12 CTA B LC CHAMPS |
| 28,12 | S | | F | 25 | Back | 2022/08/20 CTA Future Stars Meet #3 - CURRO CC |
| 1:02,44 | S | | F | 50 | Back | 2023/02/25 CTA Future Stars Meet #8 |
| 1:06,09 | L | | F | 50 | Back | 2022/11/12 CTA B LC CHAMPS |
| 2:14,66 | S | | F | 100 | Back | 2023/02/25 CTA Future Stars Meet #8 |
| 1:14,08 | S | | F | 50 | Breast | 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 1:33,84 | L | | F | 50 | Breast | 2022/11/12 CTA B LC CHAMPS |
| 1:04,68 | S | | F | 50 | Fly | 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| Swartz, Lyle (15) M (Yr: AR) | | | | | | |
| 29,20 | L | | F | 50 | Free | 2023/02/11 WCA-B Champs - 2023 |
| 30,15 | S | | F | 50 | Free | 2022/07/15 WCA SC Championships 2022 |
| 1:08,93 | S | | F | 100 | Free | 2022/07/15 WCA SC Championships 2022 |
| 1:10,62 | L | | F | 100 | Free | 2022/10/15 CTA Qualifying Meet #6 |
| 1:24,41 | L | | F | 100 | Back | 2022/11/04 CTA A CHAMPS 2022 |
| 1:24,52 | S | | F | 100 | Back | 2022/07/15 WCA SC Championships 2022 |
| 42,48 | L | | F | 50 | Breast | 2023/02/11 WCA-B Champs - 2023 |
| 1:36,87 | S | | F | 100 | Breast | 2022/07/15 WCA SC Championships 2022 |
| 1:40,66 | L | | F | 100 | Breast | 2022/11/04 CTA A CHAMPS 2022 |
| 1:23,62 | S | | F | 100 | IM | 2022/07/15 WCA SC Championships 2022 |
| 3:24,74 | L | | F | 200 | IM | 2022/10/15 CTA Qualifying Meet #6 |
| Swartz, Seth (9) M (Yr: AR) | | | | | | |
| 25,69 | S | | F | 25 | Free | 2022/11/12 CTA B SC CHAMPS |
| 44,82 | S S | | F | 50 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:46,62 | S S | | F | 100 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 26,10 | S | | F | 25 | Back | 2022/08/20 CTA Future Stars Meet #3 - CURRO CC |
| 56,37 | S | | F | 50 | Back | 2023/02/25 CTA Future Stars Meet #8 |
| 1:52,77 | S | | F | 100 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 39,08 | S | | F | 25 | Breast | 2022/11/12 CTA B SC CHAMPS |
| 1:11,97 | S | | F | 50 | Breast | 2023/06/03 CTA CLUB MEET 2 |
| 32,16 | S | | F | 25 | Fly | 2022/11/12 CTA B SC CHAMPS |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|---|
| Swartz, Seth (9) M (Yr: AR) | | |
| 1:00,80 S | F | 50 Fly 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT |
| 2:07,85 S | F | 100 IM 2023/06/03 CTA CLUB MEET 2 |
| Szapira, Saul (17) M (Yr: AR) | | |
| 28,13 S | LEV2 F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 28,74 L | LEV2 F | 50 Free 2022/10/07 41st Freda Barnard Invitational Gala |
| 1:01,01 S | LEV2 F | 100 Free 2022/07/15 WCA SC Championships 2022 |
| 1:04,09 L | LEV2 P | 100 Free 2022/06/25 PEA Winter Gala 2022 |
| 2:15,07 S | LEV2 P | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:20,22 L | LEV2 F | 200 Free 2022/10/07 41st Freda Barnard Invitational Gala |
| 4:44,54 S | LEV3 F | 400 Free 2022/07/15 WCA SC Championships 2022 |
| 4:52,43 L | LEV3 F | 400 Free 2022/09/03 CTA Qualifying Meet #4 |
| 10:02,90 L | F | 800 Free 2022/06/25 PEA Winter Gala 2022 |
| 19:33,36 L S | F | 1500 Free 2022/06/25 PEA Winter Gala 2022 |
| 1:11:09,00 L | O | 5000 Free 2022/10/23 EC Swim Series OWS 1 2022 |
| 1:49:42,00 L | O | 7500 Free 2022/10/23 EC Swim Series OWS 1 2022 |
| 32,80 L | LEV2 F | 50 Back 2022/10/07 41st Freda Barnard Invitational Gala |
| 1:07,12 S | LEV2 F | 100 Back 2022/07/15 WCA SC Championships 2022 |
| 1:12,27 L | LEV2 P | 100 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:31,77 S | LEV3 F | 200 Back 2022/07/15 WCA SC Championships 2022 |
| 2:37,82 L | LEV3 F | 200 Back 2022/10/07 41st Freda Barnard Invitational Gala |
| 40,81 L | P | 50 Breast 2023/06/24 PEA Winter Gala 2023 |
| 1:26,72 S | LEV2 F | 100 Breast 2022/07/23 CTA Qualifying Meet #2 |
| 30,53 S | LEV2 F | 50 Fly 2022/07/23 CTA Qualifying Meet #2 |
| 30,61 L | LEV2 P | 50 Fly 2023/06/24 PEA Winter Gala 2023 |
| 1:07,40 L S | LEV2 P | 100 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:09,48 S | LEV2 F | 100 Fly 2022/07/15 WCA SC Championships 2022 |
| 2:38,87 L | F | 200 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:12,03 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:31,00 S | LEV2 F | 200 IM 2022/07/15 WCA SC Championships 2022 |
| 2:38,09 L | LEV2 P | 200 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| 5:22,73 S | F | 400 IM 2022/07/15 WCA SC Championships 2022 |
| 5:36,65 L | F | 400 IM 2022/10/07 41st Freda Barnard Invitational Gala |
| Terblanche, Kiaan (17) M (Yr: AR) | | |
| 27,09 L | LEV2 F | 50 Free 2023/01/21 CTA Qualifying Meet #7 |
| 58,03 L | LEV3 P | 100 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 58,20 S | LEV2 P | 100 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:05,33 S | LEV3 F | 200 Free 2022/06/04 CTA Qualifying Meet #1 |
| 2:05,33 S | LEV3 F | 200 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 2:06,39 L | LEV3 P | 200 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 4:20,39 S | LEV3 F | 400 Free 2022/06/04 CTA Qualifying Meet #1 |
| 4:23,56 L S | B-QT P | 400 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 9:14,76 L | F | 800 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 17:46,03 L | B-QT F | 1500 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 30,63 L | LEV2 P | 50 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:03,65 S | LEV3 F | 100 Back 2022/06/04 CTA Qualifying Meet #1 |
| 1:06,84 L | LEV3 P | 100 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:13,40 S | B-QT F | 200 Back 2023/02/18 Winelands TT and Team Relay gala |
| 2:24,75 L S | LEV3 P | 200 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 38,23 L | LEV2 F | 50 Breast 2022/09/24 CTA Qualifying Meet #5 |
| 28,62 S | LEV2 P | 50 Fly 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 29,08 L | LEV2 F | 50 Fly 2023/01/21 CTA Qualifying Meet #7 |
| 1:02,68 S | LEV2 F | 100 Fly 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:03,07 L S | LEV3 F | 100 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:15,54 S | F | 200 Fly 2023/02/18 Winelands TT and Team Relay gala |
| 2:23,21 L | P | 200 Fly 2023/02/24 Western Cape Elite Gala |
| 2:28,37 L | LEV2 F | 200 IM 2022/09/03 CTA Qualifying Meet #4 |
| Terblanche, Luan (14) M (Yr: AR) | | |
| 29,44 L | LEV2 P | 50 Free 2023/06/24 PEA Winter Gala 2023 |
| 1:03,89 L | LEV2 P | 100 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:05,86 S | LEV2 P | 100 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---|------------|------------|------------|---|--|
| Terblanche, Luan (14) M (Yr: AR) | | | | | |
| 2:15,13 | L LEV3 P | 200 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:19,37 | S LEV3 P | 200 Free | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 4:31,98 | S SANJ F | 400 Free | 2023/02/18 | Winelands TT and Team Relay gala | |
| 4:43,34 | L SANJ F | 400 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 9:29,01 | S SANJ F | 800 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 9:35,36 | L S SANJ F | 800 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 18:10,40 | L SANJ F | 1500 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 18:30,30 | S SANJ F | 1500 Free | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 37:14,66 | L O | 3000 Free | 2023/03/10 | SA National OWS Championship 2023-PE | |
| 1:02:51,93 | L O | 5000 Free | 2023/03/10 | SA National OWS Championship 2023-PE | |
| 33,49 | L LEV2 F | 50 Back | 2023/01/21 | CTA Qualifying Meet #7 | |
| 1:10,62 | L LEV3 P | 100 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:11,87 | S LEV3 P | 100 Back | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 2:33,42 | L LEV3 F | 200 Back | 2023/06/24 | PEA Winter Gala 2023 | |
| 2:34,50 | S LEV3 P | 200 Back | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 34,91 | S LEV2 F | 50 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 37,04 | L LEV2 P | 50 Breast | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 1:20,34 | L LEV3 F | 100 Breast | 2023/01/28 | NMBA Intra-District Championship | |
| 2:50,17 | L S SANJ P | 200 Breast | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 30,98 | L LEV2 P | 50 Fly | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 32,56 | S LEV2 F | 50 Fly | 2022/07/23 | CTA Qualifying Meet #2 | |
| 1:09,94 | L LEV3 F | 100 Fly | 2023/01/28 | NMBA Intra-District Championship | |
| 1:13,00 | S P | 100 Fly | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 2:27,26 | S SANJ F | 200 Fly | 2023/02/18 | Winelands TT and Team Relay gala | |
| 2:27,69 | L SANJ F | 200 Fly | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:14,51 | S P | 100 IM | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 2:29,73 | L LEV3 P | 200 IM | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:33,45 | S LEV3 P | 200 IM | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 5:11,53 | L SANJ F | 400 IM | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 5:19,51 | S SANJ F | 400 IM | 2022/07/23 | CTA Qualifying Meet #2 | |
| Thirsk, Madison (12) W (Yr: BR) | | | | | |
| 35,60 | S F | 50 Free | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:15,68 | S S LEV2 F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:41,31 | S LEV3 F | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 43,36 | S F | 50 Back | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:26,45 | S LEV2 F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:04,06 | S S LEV3 F | 200 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 50,88 | S F | 50 Breast | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:42,20 | S S LEV2 F | 100 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 45,00 | S F | 50 Fly | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:32,19 | S F | 100 IM | 2023/06/03 | CTA CLUB MEET 2 | |
| 3:00,55 | S S LEV3 F | 200 IM | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| Thirsk, Savannah (11) W (Yr: BR) | | | | | |
| 35,72 | S LEV2 F | 50 Free | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:20,91 | S S LEV2 F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:55,55 | S LEV2 F | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 41,53 | S LEV2 F | 50 Back | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:25,21 | S LEV3 F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:04,92 | S S LEV3 F | 200 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 54,62 | S F | 50 Breast | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:57,24 | S S F | 100 Breast | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 43,22 | S LEV2 F | 50 Fly | 2023/06/03 | CTA CLUB MEET 2 | |
| 1:34,47 | S F | 100 IM | 2023/06/03 | CTA CLUB MEET 2 | |
| 3:16,63 | S S LEV3 F | 200 IM | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| Thomas, Carina (11) W (Yr: AR) | | | | | |
| 1:25,29 | L LEV2 F | 100 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:35,66 | S F | 100 Free | 2022/06/11 | CTA Future Stars Meet #1 | |
| 3:10,25 | L LEV2 F | 200 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 46,90 | S F | 50 Back | 2022/06/11 | CTA Future Stars Meet #1 | |
| 1:39,48 | L LEV2 F | 100 Back | 2023/02/11 | WCA-B Champs - 2023 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---|--------|------------|------------|---|--|
| Thomas, Carina (11) W (Yr: AR) | | | | | |
| 52,11 L | F | 50 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 53,61 S | F | 50 Breast | 2022/06/11 | CTA Future Stars Meet #1 | |
| 48,25 L | LEV2 F | 50 Fly | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:53,73 S | F | 200 IM | 2022/10/22 | CTA Future Stars Meet #5 | |
| Trower, Michael (12) M (Yr: AR) | | | | | |
| 32,11 L | LEV2 F | 50 Free | 2023/01/21 | CTA Qualifying Meet #7 | |
| 33,43 S | LEV2 F | 50 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 1:10,62 L | LEV3 P | 100 Free | 2023/02/24 | Western Cape Elite Gala | |
| 1:11,27 S | LEV2 F | 100 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 2:30,52 L | LEV3 F | 200 Free | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 2:36,59 S | LEV3 F | 200 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 5:15,36 L | LEV3 F | 400 Free | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 5:35,79 S | LEV3 F | 400 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 48:40,00 L | O | 3000 Free | 2022/10/23 | EC Swim Series OWS 1 2022 | |
| 37,65 L | LEV2 F | 50 Back | 2023/02/24 | Western Cape Elite Gala | |
| 1:22,23 L | LEV3 F | 100 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 1:31,82 S | LEV2 F | 100 Back | 2022/07/15 | WCA SC Championships 2022 | |
| 2:54,57 L | LEV3 P | 200 Back | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 3:13,64 S | LEV2 F | 200 Back | 2022/08/13 | CTA Qualifying Meet #3 | |
| 44,98 L | LEV2 P | 50 Breast | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 1:34,84 L | LEV3 F | 100 Breast | 2023/02/24 | Western Cape Elite Gala | |
| 3:32,92 L | LEV3 F | 200 Breast | 2023/01/21 | CTA Qualifying Meet #7 | |
| 3:38,55 S | LEV2 F | 200 Breast | 2022/08/13 | CTA Qualifying Meet #3 | |
| 36,51 L | LEV2 F | 50 Fly | 2022/11/04 | CTA A CHAMPS 2022 | |
| 1:21,64 L | LEV3 P | 100 Fly | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 1:31,52 S | LEV2 F | 100 Fly | 2022/07/15 | WCA SC Championships 2022 | |
| 2:55,91 L | LEV3 P | 200 IM | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 3:10,09 S | LEV2 F | 200 IM | 2022/08/13 | CTA Qualifying Meet #3 | |
| Trower, Nicholas (14) M (Yr: AR) | | | | | |
| 25,73 L S | LEV2 F | 50 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 26,55 S | LEV2 P | 50 Free | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 54,60 L | B-QT F | 100 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 57,76 S | LEV3 F | 100 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 1:59,65 S | SANJ F | 200 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:59,75 L | B-QT F | 200 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 4:18,84 L | B-QT F | 400 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 4:32,52 S | SANJ P | 400 Free | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 9:17,17 L S | SANJ F | 800 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 9:25,94 S | SANJ F | 800 Free | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 18:46,95 L | SANJ F | 1500 Free | 2022/09/03 | CTA Qualifying Meet #4 | |
| 1:10:46,00 L | O | 5000 Free | 2022/10/23 | EC Swim Series OWS 1 2022 | |
| 30,81 L S | LEV2 P | 50 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 31,21 S | LEV2 P | 50 Back | 2022/07/02 | CTA Invitational Meet - July 2022 | |
| 1:01,08 L | B-QT F | 100 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:05,25 S | SANJ P | 100 Back | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 2:11,88 L | B-QT F | 200 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:18,50 S | SANJ P | 200 Back | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 35,83 L | LEV2 F | 50 Breast | 2023/01/28 | Winelands SL Final | |
| 1:25,86 L | LEV3 F | 100 Breast | 2022/09/24 | CTA Qualifying Meet #5 | |
| 28,25 L | LEV2 F | 50 Fly | 2023/01/28 | Winelands SL Final | |
| 1:03,51 S | SANJ F | 100 Fly | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:05,39 L | SANJ F | 100 Fly | 2023/01/28 | Winelands SL Final | |
| 1:08,79 S | P | 100 IM | 2022/08/11 | Sa Short Course Swimming Champs (25m) PMBG 22 | |
| 2:15,69 L | B-QT F | 200 IM | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:21,31 S | SANJ F | 200 IM | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 4:53,91 L | B-QT F | 400 IM | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| Uys, Tara (18) W (Yr: AR) | | | | | |
| 29,26 L | LEV2 F | 50 Free | 2022/09/03 | CTA Qualifying Meet #4 | |
| 1:00,56 S | B-QT F | 100 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:02,22 L | LEV3 F | 100 Free | 2022/12/09 | Western Cape LC-A Championship 2022 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|--|
| Uys, Tara (18) W (Yr: AR) | | |
| 2:17,12 L | LEV3 F | 200 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 4:47,15 L | LEV3 F | 400 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 30,01 S | A-QT F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 30,47 L | A-QT F | 50 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:03,51 S | A-QT F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:05,94 L | A-QT F | 100 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:22,12 S | B-QT P | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:23,51 L | A-QT F | 200 Back 2023/02/24 Western Cape Elite Gala |
| 39,25 L | LEV2 F | 50 Breast 2023/01/28 Winelands SL Final |
| 1:29,05 L | LEV3 F | 100 Breast 2022/09/24 CTA Qualifying Meet #5 |
| 31,94 L | F F | 50 Fly 2023/01/28 Winelands SL Final |
| 1:09,73 L | LEV3 P | 100 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 1:10,32 S | LEV3 P | 100 Fly 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:30,85 L | B-QT F | 200 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:32,97 S | LEV3 P | 200 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| Van Heerden, Cassie (11) W (Yr: AR) | | |
| 50,95 S | F F | 50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC |
| 1:44,70 S | F F | 100 Free 2022/11/19 CTA Future Stars Meet #6 |
| 4:02,78 L | F F | 200 Free 2023/02/18 Swartland Invitational Gala 2023 |
| 2:11,18 S | F F | 100 Back 2022/07/30 CTA Future Stars Meet #2 |
| 1:13,34 S | F F | 50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| 2:23,28 S | F F | 100 Breast 2022/11/19 CTA Future Stars Meet #6 |
| 2:26,07 L | F F | 100 Breast 2023/02/18 Swartland Invitational Gala 2023 |
| 30,10 S | F F | 25 Fly 2022/10/22 CTA Future Stars Meet #5 |
| 2:05,41 S | F F | 100 IM 2022/11/19 CTA Future Stars Meet #6 |
| 4:38,03 L | F F | 200 IM 2023/02/18 Swartland Invitational Gala 2023 |
| Van Jaarsveld, Bianca (9) W (Yr: AR) | | |
| 1:48,81 S | F F | 100 Free 2023/02/25 CTA Future Stars Meet #8 |
| 50,01 S | F F | 50 Back 2023/02/25 CTA Future Stars Meet #8 |
| 52,26 L | F F | 50 Back 2022/11/12 CTA B LC CHAMPS |
| 1:56,26 S | F F | 100 Back 2022/10/22 CTA Future Stars Meet #5 |
| 1:04,02 S | F F | 50 Breast 2022/06/11 CTA Future Stars Meet #1 |
| 1:05,58 L | F F | 50 Breast 2022/11/12 CTA B LC CHAMPS |
| 2:05,33 S | F F | 100 Breast 2023/02/25 CTA Future Stars Meet #8 |
| 23,65 S | F F | 25 Fly 2022/11/12 CTA B SC CHAMPS |
| 2:07,03 S | F F | 100 IM 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT |
| Van Onselen, Annabelle (8) W (Yr: AR) | | |
| 19,48 S | F F | 25 Free 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| 41,20 S S | F F | 50 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 45,05 L | F F | 50 Free 2023/02/18 Swartland Invitational Gala 2023 |
| 1:35,52 S S | F F | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:45,62 L | F F | 100 Free 2023/02/18 Swartland Invitational Gala 2023 |
| 47,60 S | LEV2 F | 50 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 51,66 L | F F | 50 Back 2023/02/18 Swartland Invitational Gala 2023 |
| 1:47,70 S | LEV2 F | 100 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:55,25 L | F F | 100 Back 2022/11/12 CTA B LC CHAMPS |
| 55,38 S S | F F | 50 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:00,31 L | F F | 50 Breast 2023/02/18 Swartland Invitational Gala 2023 |
| 1:58,14 S S | LEV2 F | 100 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:08,94 L | F F | 100 Breast 2023/02/18 Swartland Invitational Gala 2023 |
| 23,14 S | F F | 25 Fly 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| 1:51,45 S | F F | 100 IM 2023/04/22 WCA Inter-district Lev1 Team Champs 2023 |
| Van Onselen, Pierre (10) M (Yr: AR) | | |
| 34,76 S S | LEV2 F | 50 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 36,03 L | LEV2 F | 50 Free 2023/02/11 WCA-B Champs - 2023 |
| 1:19,78 S | LEV2 F | 100 Free 2023/02/25 CTA Future Stars Meet #8 |
| 1:24,05 L | LEV2 F | 100 Free 2023/02/11 WCA-B Champs - 2023 |
| 2:50,46 S | LEV2 F | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 3:04,61 L | LEV2 F | 200 Free 2023/02/11 WCA-B Champs - 2023 |
| 41,88 S | LEV2 F | 50 Back 2023/05/27 CTA QUALIFYING MEET 1 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---|--------|------------|------------|--|--|
| Van Onselen, Pierre (10) M (Yr: AR) | | | | | |
| 42,39 L | LEV2 F | 50 Back | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:27,84 S | LEV3 F | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:32,86 L | LEV2 F | 100 Back | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:20,25 L | LEV2 F | 200 Back | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:33,01 S | LEV2 F | 200 Back | 2022/08/13 | CTA Qualifying Meet #3 | |
| 49,69 S | LEV2 F | 50 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 51,44 L | LEV2 F | 50 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:49,12 S | LEV2 F | 100 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:52,47 L | LEV2 F | 100 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 4:11,26 L | LEV2 F | 200 Breast | 2022/09/24 | CTA Qualifying Meet #5 | |
| 39,81 S S | LEV2 F | 50 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 50,76 L | LEV2 F | 50 Fly | 2022/09/24 | CTA Qualifying Meet #5 | |
| 1:38,81 S | F | 100 IM | 2023/01/28 | CTA Future Stars Meet #7 - Fairmont | |
| 3:13,93 S S | LEV2 F | 200 IM | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 3:41,13 L | LEV2 F | 200 IM | 2022/10/15 | CTA Qualifying Meet #6 | |
| Van Rensburg, Janco (12) M (Yr: AR) | | | | | |
| 37,84 L | F | 50 Free | 2022/11/11 | Swartland Prestige Gala 2022 | |
| 40,27 S | F | 50 Free | 2022/08/13 | CTA Qualifying Meet #3 | |
| 1:19,68 S | F | 100 Free | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:23,06 L | F | 100 Free | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 3:02,50 L | LEV2 F | 200 Free | 2022/11/11 | Swartland Prestige Gala 2022 | |
| 3:22,14 S | F | 200 Free | 2022/06/04 | CTA Qualifying Meet #1 | |
| 49,59 S | F | 50 Back | 2022/08/13 | CTA Qualifying Meet #3 | |
| 1:44,87 S | F | 100 Back | 2022/06/04 | CTA Qualifying Meet #1 | |
| 50,16 L | F | 50 Breast | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 53,04 S | F | 50 Breast | 2022/06/04 | CTA Qualifying Meet #1 | |
| 1:44,15 S | LEV2 F | 100 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:55,29 L | F | 100 Breast | 2022/10/15 | CTA Qualifying Meet #6 | |
| 4:01,59 L | LEV2 F | 200 Breast | 2022/11/11 | Swartland Prestige Gala 2022 | |
| 4:13,06 S | F | 200 Breast | 2022/08/13 | CTA Qualifying Meet #3 | |
| 43,59 L | LEV2 F | 50 Fly | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 46,54 S | F | 50 Fly | 2022/07/23 | CTA Qualifying Meet #2 | |
| 3:34,69 S | F | 200 IM | 2022/07/23 | CTA Qualifying Meet #2 | |
| Van Rooyen, Michelle (15) W (Yr: AR) | | | | | |
| 35,90 L | F | 50 Free | 2022/11/04 | CTA A CHAMPS 2022 | |
| 1:18,11 L | P | 100 Free | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 1:19,24 S | F | 100 Free | 2022/07/23 | CTA Qualifying Meet #2 | |
| 2:38,98 S | LEV2 P | 200 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:43,62 L | LEV2 F | 200 Free | 2022/11/04 | CTA A CHAMPS 2022 | |
| 5:35,00 S | P | 400 Free | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 37,71 S | LEV2 P | 50 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 38,81 L | LEV2 F | 50 Back | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 1:24,13 S | LEV2 P | 100 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 1:28,33 L | LEV2 F | 100 Back | 2022/10/15 | CTA Qualifying Meet #6 | |
| 38,72 S | F | 50 Fly | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 41,27 L | F | 50 Fly | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 1:36,06 S | F | 100 Fly | 2022/08/13 | CTA Qualifying Meet #3 | |
| 1:38,05 L | F | 100 Fly | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:11,19 S | F | 200 IM | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 3:12,52 L | F | 200 IM | 2023/02/11 | WCA-B Champs - 2023 | |
| Van Tonder, Charnè (15) W (Yr: BR) | | | | | |
| 28,69 L | LEV2 P | 50 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:03,03 L | SANJ P | 100 Free | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:19,14 L | SANJ F | 200 Free | 2023/02/04 | CTA Brian Button Qualifying Meet #8 | |
| 34,14 L | LEV2 F | 50 Back | 2022/10/15 | CTA Qualifying Meet #6 | |
| 1:12,26 L | SANJ P | 100 Back | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 2:39,35 L | LEV3 F | 200 Back | 2023/01/21 | CTA Qualifying Meet #7 | |
| 40,33 L | LEV2 F | 50 Breast | 2022/09/03 | CTA Qualifying Meet #4 | |
| 31,51 L | LEV2 P | 50 Fly | 2023/03/21 | SA National Junior Age Group Champs-KZN 2023 | |
| 1:14,58 L | LEV3 F | 100 Fly | 2022/10/15 | CTA Qualifying Meet #6 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|--|--------|--|
| Van Tonder, Charnè (15) W (Yr: BR) | | |
| 2:43,24 L | LEV3 F | 200 IM 2023/01/21 CTA Qualifying Meet #7 |
| Van Tonder, Danelle (12) W (Yr: AR) | | |
| 34,92 L | LEV2 F | 50 Free 2022/11/04 CTA A CHAMPS 2022 |
| 3:11,16 L | F | 200 Free 2022/10/15 CTA Qualifying Meet #6 |
| 37,01 L | LEV2 F | 50 Back 2022/09/03 CTA Qualifying Meet #4 |
| 1:30,89 L | LEV2 F | 100 Back 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 44,54 L | LEV2 F | 50 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 1:43,71 L | LEV2 F | 100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 39,69 L | LEV2 P | 50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 3:21,02 L | LEV2 F | 200 IM 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| Van Vondel, Anton (16) M (Yr: AR) | | |
| 25,80 L L | LEV2 F | 50 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 57,32 S | LEV3 P | 100 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 58,15 L | LEV3 P | 100 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:05,21 S | LEV3 P | 200 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:08,08 L L | LEV3 F | 200 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 4:31,10 L | LEV3 F | 400 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 4:36,39 S | LEV3 P | 400 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 9:14,32 S | F | 800 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 9:39,98 L S | F | 800 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 27,64 S | B-QT P | 50 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 27,93 L S | B-QT F | 50 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 59,84 S | B-QT P | 100 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 59,90 L | B-QT F | 100 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:12,87 L | B-QT F | 200 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:14,06 S | B-QT F | 200 Back 2022/07/15 WCA SC Championships 2022 |
| 2:14,06 S | B-QT F | 200 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 35,56 L | LEV2 F | 50 Breast 2023/01/28 Winelands SL Final |
| 1:20,85 L | LEV2 F | 100 Breast 2023/01/28 Winelands SL Final |
| 3:01,37 L | LEV2 F | 200 Breast 2023/01/28 Winelands SL Final |
| 1:04,31 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:19,80 S | LEV3 F | 200 IM 2022/06/04 CTA Qualifying Meet #1 |
| 2:24,67 L | LEV3 F | 200 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| Van Vondel, Ernst (45) M (Yr: Z1) | | |
| 29,84 L L | F | 50 Free 2023/04/21 SA Schools Swimming Championship 2023 |
| Van Vondel, Roland (12) M (Yr: AR) | | |
| 1:23,69 L | P | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:08,79 L | LEV2 P | 200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:22,57 S | LEV3 F | 100 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:29,63 L | LEV2 P | 100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:55,22 S | LEV3 F | 200 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 3:04,02 L | LEV2 F | 200 Back 2023/02/11 WCA-B Champs - 2023 |
| 44,90 L | LEV2 P | 50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 49,21 S | F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 1:34,58 S | LEV2 F | 100 Breast 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:40,76 L | LEV2 F | 100 Breast 2023/01/28 Winelands SL Final |
| 3:36,26 L | LEV2 F | 200 Breast 2023/02/11 WCA-B Champs - 2023 |
| 3:47,62 S | LEV2 F | 200 Breast 2022/08/13 CTA Qualifying Meet #3 |
| 44,84 S | F | 50 Fly 2022/07/23 CTA Qualifying Meet #2 |
| 3:12,58 L | LEV2 P | 200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 3:21,54 S | F | 200 IM 2022/08/13 CTA Qualifying Meet #3 |
| Van Zyl, Daniël (11) M (Yr: AR) | | |
| 30,61 S L | F | 25 Free 2022/07/15 WCA SC Championships 2022 |
| 31,75 L S | LEV2 F | 50 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 32,81 S S | LEV2 F | 50 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:08,14 L | LEV3 F | 100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 1:10,19 S S | LEV3 F | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:25,98 L | LEV3 F | 200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC |
| 2:27,42 S | LEV3 F | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 5:09,30 L | SANJ F | 400 Free 2022/11/04 CTA A CHAMPS 2022 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|--|------------|------------|------------|---|--|
| Van Zyl, Daniël (11) M (Yr: AR) | | | | | |
| 5:26,50 | S LEV3 F | 400 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 36,78 | L LEV2 F | 50 Back | 2022/11/04 | CTA A CHAMPS 2022 | |
| 38,60 | S L LEV2 F | 50 Back | 2022/07/15 | WCA SC Championships 2022 | |
| 1:16,93 | S LEV3 F | 100 Back | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:18,86 | L LEV3 F | 100 Back | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 2:44,93 | S S LEV3 F | 200 Back | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:46,45 | L S LEV3 F | 200 Back | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 46,47 | L LEV2 P | 50 Breast | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 46,87 | S LEV2 F | 50 Breast | 2022/06/04 | CTA Qualifying Meet #1 | |
| 1:35,32 | L LEV3 F | 100 Breast | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 3:27,01 | S LEV3 F | 200 Breast | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 35,54 | L LEV2 F | 50 Fly | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 36,23 | S LEV2 F | 50 Fly | 2023/05/27 | CTA QUALIFYING MEET 1 | |
| 1:17,57 | L S LEV3 F | 100 Fly | 2022/12/09 | Western Cape LC-A Championship 2022 | |
| 1:18,35 | S S LEV3 F | 100 Fly | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| 2:49,67 | L LEV3 F | 200 IM | 2023/03/31 | SA Level 3 Regional Age Group Champs 2023-WC | |
| 2:50,08 | S S LEV3 F | 200 IM | 2023/06/16 | CTA INVITATIONAL SC MEET | |
| Van Zyl, Lily (9) W (Yr: BR) | | | | | |
| 42,07 | S F | 50 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:42,01 | S F | 100 Free | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 4:06,44 | S F | 200 Free | 2023/02/25 | CTA Future Stars Meet #8 | |
| 50,44 | S F | 50 Back | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 1:02,88 | S F | 50 Breast | 2023/03/18 | SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT | |
| 2:22,33 | S F | 100 Breast | 2023/02/25 | CTA Future Stars Meet #8 | |
| 29,03 | S F | 25 Fly | 2022/11/19 | CTA Future Stars Meet #6 | |
| 1:03,66 | S F | 50 Fly | 2023/02/25 | CTA Future Stars Meet #8 | |
| Vd Merwe, Bianca (18) W (Yr: BR) | | | | | |
| 3:02,04 | L F | 200 Free | 2023/01/21 | CTA Qualifying Meet #7 | |
| 39,64 | L LEV2 F | 50 Back | 2022/09/03 | CTA Qualifying Meet #4 | |
| 1:22,69 | L LEV2 F | 100 Back | 2023/02/18 | Swartland Invitational Gala 2023 | |
| 1:24,50 | S LEV2 F | 100 Back | 2022/07/30 | CTA Future Stars Meet #2 | |
| 2:58,74 | L LEV2 F | 200 Back | 2023/02/04 | CTA Brian Button Qualifying Meet #8 | |
| 2:59,00 | S LEV2 F | 200 Back | 2022/08/13 | CTA Qualifying Meet #3 | |
| 41,98 | L LEV2 F | 50 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:33,88 | S LEV2 F | 100 Breast | 2022/07/30 | CTA Future Stars Meet #2 | |
| 1:34,40 | L LEV2 F | 100 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:34,29 | L LEV2 F | 200 Breast | 2023/01/21 | CTA Qualifying Meet #7 | |
| 3:07,43 | S LEV2 F | 200 IM | 2022/08/13 | CTA Qualifying Meet #3 | |
| Vd Merwe, Elizabeth (12) W (Yr: AR) | | | | | |
| 40,95 | S F | 50 Free | 2022/08/13 | CTA Qualifying Meet #3 | |
| 1:22,51 | L F | 100 Free | 2023/01/21 | CTA Qualifying Meet #7 | |
| 3:16,89 | L F | 200 Free | 2022/10/15 | CTA Qualifying Meet #6 | |
| 50,67 | S F | 50 Back | 2022/08/13 | CTA Qualifying Meet #3 | |
| 1:36,23 | L F | 100 Back | 2022/10/15 | CTA Qualifying Meet #6 | |
| 49,04 | L F | 50 Breast | 2023/02/11 | WCA-B Champs - 2023 | |
| 1:46,16 | L LEV2 F | 100 Breast | 2022/11/04 | CTA A CHAMPS 2022 | |
| 3:44,79 | L F | 200 IM | 2023/02/11 | WCA-B Champs - 2023 | |
| 3:54,44 | S F | 200 IM | 2022/08/13 | CTA Qualifying Meet #3 | |
| Vermeulen, Mieka (13) W (Yr: AR) | | | | | |
| 35,96 | L F | 50 Free | 2023/02/11 | WCA-B Champs - 2023 | |
| 36,33 | S F | 50 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 1:20,90 | L F | 100 Free | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 1:27,71 | S F | 100 Free | 2022/07/15 | WCA SC Championships 2022 | |
| 3:00,68 | L F | 200 Free | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 3:16,22 | S F | 200 Free | 2022/06/04 | CTA Qualifying Meet #1 | |
| 45,14 | L F | 50 Back | 2022/11/04 | CTA A CHAMPS 2022 | |
| 1:36,77 | S F | 100 Back | 2022/06/04 | CTA Qualifying Meet #1 | |
| 1:40,20 | L F | 100 Back | 2022/09/03 | CTA Qualifying Meet #4 | |
| 48,97 | L F | 50 Breast | 2023/03/03 | SA Level 2 Regional Age Group Champs 2023 EC | |
| 52,20 | S F | 50 Breast | 2022/06/04 | CTA Qualifying Meet #1 | |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event | | | |
|---|-------|-------|-----|--------|---|
| Vermeulen, Mieka (13) W (Yr: AR) | | | | | |
| 1:53,82 | L | F | 100 | Breast | 2023/02/11 WCA-B Champs - 2023 |
| 1:54,73 | S | F | 100 | Breast | 2022/07/15 WCA SC Championships 2022 |
| 37,35 | L | LEV2 | 50 | Fly | 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC |
| 3:28,64 | L | F | 200 | IM | 2023/02/11 WCA-B Champs - 2023 |
| 3:42,69 | S | F | 200 | IM | 2022/06/04 CTA Qualifying Meet #1 |
| Volschenk, Ben (17) M (Yr: AR) | | | | | |
| 25,29 | L S | LEV2 | P | 50 | Free |
| 25,86 | S S | LEV2 | P | 50 | Free |
| 56,79 | L L | LEV3 | F | 100 | Free |
| 56,79 | L | LEV3 | F | 100 | Free |
| 57,37 | S | LEV3 | F | 100 | Free |
| 2:04,95 | S | LEV3 | F | 200 | Free |
| 2:06,80 | L | LEV3 | P | 200 | Free |
| 4:35,23 | S | LEV3 | F | 400 | Free |
| 4:36,14 | L | LEV3 | F | 400 | Free |
| 1:05,08 | S | LEV3 | F | 100 | Back |
| 1:05,21 | L | LEV3 | F | 100 | Back |
| 2:21,91 | L | LEV3 | F | 200 | Back |
| 2:23,18 | S | LEV3 | F | 200 | Back |
| 38,58 | L | LEV2 | F | 50 | Breast |
| 27,56 | L | LEV2 | F | 50 | Fly |
| 28,53 | S S | LEV2 | P | 50 | Fly |
| 1:02,11 | L | LEV3 | F | 100 | Fly |
| 1:04,57 | S | LEV2 | F | 100 | Fly |
| 2:25,79 | L | LEV3 | F | 200 | IM |
| 2:27,91 | S | LEV2 | F | 200 | IM |
| Volschenk, Mila (13) W (Yr: AR) | | | | | |
| 34,26 | S S | P | 50 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:21,85 | S | F | 100 | Free | 2022/07/15 WCA SC Championships 2022 |
| 3:08,23 | S | F | 200 | Free | 2022/06/04 CTA Qualifying Meet #1 |
| 1:32,36 | S | F | 100 | Back | 2022/06/04 CTA Qualifying Meet #1 |
| 50,09 | S | F | 50 | Breast | 2022/06/04 CTA Qualifying Meet #1 |
| 37,56 | S S | LEV2 | P | 50 | Fly |
| 1:34,77 | S S | LEV2 | P | 100 | Fly |
| 3:20,56 | S | F | 200 | IM | 2022/07/15 WCA SC Championships 2022 |
| Wait, Hugo (8) M (Yr: AR) | | | | | |
| 46,40 | S | F | 50 | Free | 2022/11/19 CTA Future Stars Meet #6 |
| 1:51,19 | S | F | 100 | Free | 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 26,75 | S | F | 25 | Back | 2022/11/19 CTA Future Stars Meet #6 |
| 54,25 | S | F | 50 | Back | 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 2:13,12 | S | F | 100 | Back | 2022/10/22 CTA Future Stars Meet #5 |
| 35,12 | S | F | 25 | Breast | 2022/06/11 CTA Future Stars Meet #1 |
| 1:06,51 | S | F | 50 | Breast | 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 2:44,56 | S | F | 100 | Breast | 2022/07/30 CTA Future Stars Meet #2 |
| 26,12 | S | F | 25 | Fly | 2022/11/19 CTA Future Stars Meet #6 |
| 2:12,61 | S | F | 100 | IM | 2022/10/22 CTA Future Stars Meet #5 |
| Wentzel, Kara (12) W (Yr: AR) | | | | | |
| 40,38 | S S | F | 50 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:30,89 | S S | F | 100 | Free | 2023/06/16 CTA INVITATIONAL SC MEET |
| 53,89 | S | F | 50 | Back | 2022/06/11 CTA Future Stars Meet #1 |
| 1:39,58 | S | F | 100 | Back | 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:04,21 | S | F | 50 | Breast | 2022/06/11 CTA Future Stars Meet #1 |
| 1:56,04 | S S | F | 100 | Breast | 2023/06/16 CTA INVITATIONAL SC MEET |
| 59,26 | S S | F | 50 | Fly | 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:01,85 | S | F | 100 | IM | 2022/10/22 CTA Future Stars Meet #5 |
| 4:01,39 | S S | F | 200 | IM | 2023/06/16 CTA INVITATIONAL SC MEET |
| West, Gabriel (18) M (Yr: AR) | | | | | |
| 24,94 | S S | LEV2 | F | 50 | Free |
| 25,19 | L | LEV2 | P | 50 | Free |
| 54,97 | S | LEV3 | P | 100 | Free |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|---|--------|---|
| West, Gabriel (18) M (Yr: AR) | | |
| 55,09 L | B-QT P | 100 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 2:01,10 S | LEV3 P | 200 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:02,20 L | B-QT F | 200 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 4:18,46 S | LEV3 F | 400 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 4:24,68 L | LEV3 F | 400 Free 2022/12/09 Western Cape LC-A Championship 2022 |
| 32,38 S | LEV2 F | 50 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:14,31 L | LEV2 F | 100 Breast 2023/01/28 Winelands SL Final |
| 25,53 L S | A-QT P | 50 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 25,74 S | B-QT F | 50 Fly 2023/05/27 CTA QUALIFYING MEET 1 |
| 57,62 S | B-QT F | 100 Fly 2023/05/27 CTA QUALIFYING MEET 1 |
| 58,04 L S | B-QT F | 100 Fly 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:13,76 S | B-QT F | 200 Fly 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:16,12 L | B-QT P | 200 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 1:02,72 S | P | 100 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 2:15,10 S S | LEV3 F | 200 IM 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:18,90 L | LEV3 F | 200 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| Weza, Lithe-Thaa (14) M (Yr: AR) | | |
| 36,22 S | F | 50 Free 2023/06/03 CTA CLUB MEET 2 |
| 1:25,33 S | P | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 47,98 S | F | 50 Breast 2023/06/03 CTA CLUB MEET 2 |
| 1:44,82 S | P | 100 Breast 2023/06/16 CTA INVITATIONAL SC MEET |
| 45,88 S | F | 50 Fly 2023/06/03 CTA CLUB MEET 2 |
| 1:34,38 S | F | 100 IM 2023/06/03 CTA CLUB MEET 2 |
| Wright, Dylan (20) M (Yr: AR) | | |
| 23,06 S L | F | 25 Free 2022/07/15 WCA SC Championships 2022 |
| 24,70 S S | LEV2 F | 50 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 52,77 S | B-QT F | 100 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 1:52,20 S | A-QT P | 200 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 3:55,83 S | A-QT F | 400 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 26,54 S | A-QT P | 50 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 56,04 S | A-QT P | 100 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 1:57,15 S | A-QT F | 200 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 1:59,74 S | A-QT F | 200 Fly 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22 |
| 1:00,04 S | F | 100 IM 2022/07/15 WCA SC Championships 2022 |
| 2:05,55 S S | A-QT F | 200 IM 2022/07/02 CTA Invitational Meet - July 2022 |
| Wright, Jonah (12) M (Yr: AR) | | |
| 36,46 S | F | 50 Free 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| 1:34,61 L | F | 100 Free 2022/09/24 CTA Qualifying Meet #5 |
| 2:59,09 S | LEV2 F | 200 Free 2023/05/27 CTA QUALIFYING MEET 1 |
| 48,16 S | F | 50 Back 2022/08/13 CTA Qualifying Meet #3 |
| 1:29,67 S | LEV2 F | 100 Back 2023/05/27 CTA QUALIFYING MEET 1 |
| 1:42,87 L | F | 100 Back 2022/09/24 CTA Qualifying Meet #5 |
| 54,87 S | F | 50 Breast 2022/06/04 CTA Qualifying Meet #1 |
| 55,28 L | F | 50 Breast 2022/09/24 CTA Qualifying Meet #5 |
| 1:49,12 S | F | 100 Breast 2023/05/27 CTA QUALIFYING MEET 1 |
| 2:01,85 L | F | 100 Breast 2022/10/15 CTA Qualifying Meet #6 |
| 4:13,78 S | F | 200 Breast 2022/08/13 CTA Qualifying Meet #3 |
| 3:31,59 S | F | 200 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont |
| Wright, Keegan (17) M (Yr: AR) | | |
| 26,37 L | LEV2 F | 50 Free 2022/10/15 CTA Qualifying Meet #6 |
| 26,39 S | LEV2 F | 50 Free 2022/07/15 WCA SC Championships 2022 |
| 55,08 L | B-QT P | 100 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE |
| 56,10 S | LEV3 F | 100 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 1:58,59 L | B-QT F | 200 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:00,15 S | LEV3 F | 200 Free 2023/06/16 CTA INVITATIONAL SC MEET |
| 4:08,83 L | A-QT F | 400 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 4:11,77 S | B-QT F | 400 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 8:40,52 L S | A-QT F | 800 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 8:49,06 S | B-QT F | 800 Free 2022/07/15 WCA SC Championships 2022 |
| 16:43,02 L | A-QT F | 1500 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |

Individual Top Times

Times since: 01-May-22

| Time | P/F/S | Event |
|---------------------------------------|--------|--|
| Wright, Keegan (17) M (Yr: AR) | | |
| 17:00,60 S S | B-QT F | 1500 Free 2022/07/02 CTA Invitational Meet - July 2022 |
| 30,06 L | LEV2 P | 50 Back 2022/12/09 Western Cape LC-A Championship 2022 |
| 1:02,25 L | B-QT P | 100 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:03,60 S | LEV3 F | 100 Back 2022/06/04 CTA Qualifying Meet #1 |
| 2:13,47 S | B-QT F | 200 Back 2023/06/16 CTA INVITATIONAL SC MEET |
| 2:13,96 L | B-QT P | 200 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 27,88 L | LEV2 P | 50 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 1:00,32 L S | LEV3 P | 100 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |
| 2:17,58 S | F | 200 Fly 2022/07/02 CTA Invitational Meet - July 2022 |
| 2:18,26 L | F | 200 Fly 2023/01/21 CTA Qualifying Meet #7 |
| 2:18,28 L | LEV3 F | 200 IM 2022/12/09 Western Cape LC-A Championship 2022 |
| 2:19,74 S S | LEV3 F | 200 IM 2022/07/02 CTA Invitational Meet - July 2022 |
| 4:45,81 L | B-QT F | 400 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023 |