

Individual Top Times

Times since: 01-May-22

Tygerberg Aquatics [TYGE-CPT]

Time	P/F/S	Event				
Paige Aarninkhof (8) W (Yr: AR)						
54,89	S	F	50	Free	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
1:04,67	S	F	50	Back	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
1:14,01	S	F	50	Breast	2023/02/25 CTA Future Stars Meet #8	
33,39	S	F	25	Fly	2023/01/28 CTA Future Stars Meet #7 - Fairmont	
Ella Adams (10) W (Yr: AR)						
44,07	S	F	50	Free	2023/01/28 CTA Future Stars Meet #7 - Fairmont	
1:49,98	S	F	100	Free	2023/01/28 CTA Future Stars Meet #7 - Fairmont	
3:47,13	S	F	200	Free	2023/01/28 CTA Future Stars Meet #7 - Fairmont	
57,84	S	F	50	Back	2023/01/28 CTA Future Stars Meet #7 - Fairmont	
2:16,71	S	F	100	Back	2022/07/30 CTA Future Stars Meet #2	
1:20,08	S	F	50	Breast	2022/06/11 CTA Future Stars Meet #1	
3:14,22	S	F	100	Breast	2022/07/30 CTA Future Stars Meet #2	
1:05,40	S	F	50	Fly	2022/07/30 CTA Future Stars Meet #2	
4:50,38	S	F	200	IM	2022/11/19 CTA Future Stars Meet #6	
James Adendorff (15) M (Yr: AR)						
27,51	L	LEV2	F	50	Free	2022/11/04 CTA A CHAMPS 2022
29,05	S		F	50	Free	2022/07/15 WCA SC Championships 2022
1:02,83	L	LEV2	P	100	Free	2023/04/21 SA Schools Swimming Championship 2023
2:20,99	S	LEV2	F	200	Free	2022/07/15 WCA SC Championships 2022
2:25,91	L	LEV2	F	200	Free	2023/01/21 CTA Qualifying Meet #7
32,47	L	LEV2	F	50	Back	2023/01/28 NMBA Intra-District Championship
1:13,62	S	LEV2	F	100	Back	2022/07/15 WCA SC Championships 2022
1:14,35	L	LEV2	P	100	Back	2022/12/09 Western Cape LC-A Championship 2022
2:40,48	S	LEV2	F	200	Back	2022/07/15 WCA SC Championships 2022
34,57	L	LEV2	F	50	Breast	2022/11/04 CTA A CHAMPS 2022
1:18,35	S	LEV2	F	100	Breast	2022/07/15 WCA SC Championships 2022
1:19,87	L	LEV2	F	100	Breast	2022/11/04 CTA A CHAMPS 2022
29,41	L	LEV2	F	50	Fly	2023/01/21 CTA Qualifying Meet #7
1:10,58	S		F	100	IM	2022/07/15 WCA SC Championships 2022
2:38,87	S	LEV2	F	200	IM	2022/06/04 CTA Qualifying Meet #1
2:39,52	L	LEV2	P	200	IM	2022/12/09 Western Cape LC-A Championship 2022
Shaina Adriaan (17) W (Yr: AR)						
31,84	S	LEV2	F	50	Free	2022/07/15 WCA SC Championships 2022
31,94	L	LEV2	F	50	Free	2023/02/11 WCA-B Champs - 2023
1:10,17	S	LEV2	F	100	Free	2022/07/15 WCA SC Championships 2022
1:11,61	L	LEV2	F	100	Free	2023/02/11 WCA-B Champs - 2023
2:32,28	S	LEV2	F	200	Free	2022/07/15 WCA SC Championships 2022
2:39,26	L	LEV2	F	200	Free	2022/11/04 CTA A CHAMPS 2022
37,36	S L	LEV2	F	50	Back	2022/07/02 CTA Invitational Meet - July 2022
37,45	L	LEV2	F	50	Back	2022/10/15 CTA Qualifying Meet #6
1:25,42	L	LEV2	F	100	Back	2022/10/15 CTA Qualifying Meet #6
1:25,96	S	LEV2	F	100	Back	2022/07/15 WCA SC Championships 2022
3:03,18	L	LEV2	F	200	Back	2022/10/15 CTA Qualifying Meet #6
42,20	L	LEV2	F	50	Breast	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
43,92	S	LEV2	P	50	Breast	2022/07/02 CTA Invitational Meet - July 2022
1:36,99	S	LEV2	F	100	Breast	2022/07/23 CTA Qualifying Meet #2
1:38,65	L	LEV2	F	100	Breast	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
36,33	L		F	50	Fly	2023/02/11 WCA-B Champs - 2023
38,90	S		F	50	Fly	2022/07/23 CTA Qualifying Meet #2
1:23,10	S		F	100	IM	2022/07/15 WCA SC Championships 2022
2:56,74	S	LEV2	F	200	IM	2022/07/15 WCA SC Championships 2022
3:05,97	L	LEV2	F	200	IM	2023/02/11 WCA-B Champs - 2023
Lia Assad (13) W (Yr: BR)						
31,99	S S	LEV2	F	50	Free	2022/07/02 CTA Invitational Meet - July 2022

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Time	P/F/S	Event			
Lia Assad (13) W (Yr: BR)					
1:12,83	S S LEV2	F	100	Free	2022/07/02 CTA Invitational Meet - July 2022
1:13,98	L LEV2	F	100	Free	2022/10/07 41st Freda Barnard Invitational Gala
2:47,27	L LEV2	F	200	Free	2022/10/07 41st Freda Barnard Invitational Gala
38,10	L LEV2	F	50	Back	2022/10/07 41st Freda Barnard Invitational Gala
41,43	S S LEV2	F	50	Breast	2022/07/02 CTA Invitational Meet - July 2022
1:29,64	L LEV3	P	100	Breast	2023/02/24 Western Cape Elite Gala
1:31,09	S S LEV3	F	100	Breast	2022/07/02 CTA Invitational Meet - July 2022
2:52,23	L LEV3	P	200	IM	2023/02/24 Western Cape Elite Gala
2:56,88	S S LEV2	F	200	IM	2022/07/02 CTA Invitational Meet - July 2022
Larah Aucamp (13) W (Yr: AR)					
33,76	L LEV2	P	50	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
34,42	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
1:16,72	L LEV2	P	100	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:55,81	L	F	200	Free	2023/02/18 Swartland Invitational Gala 2023
39,28	S LEV2	F	50	Back	2022/08/13 CTA Qualifying Meet #3
1:29,23	L LEV2	F	100	Back	2023/01/21 CTA Qualifying Meet #7
3:10,63	S LEV2	F	200	Back	2022/08/13 CTA Qualifying Meet #3
42,35	L LEV2	P	50	Breast	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:31,03	L LEV3	F	100	Breast	2023/02/18 Swartland Invitational Gala 2023
3:21,94	L LEV3	F	200	Breast	2023/02/18 Swartland Invitational Gala 2023
3:27,36	S LEV2	F	200	Breast	2022/08/13 CTA Qualifying Meet #3
38,88	L LEV2	F	50	Fly	2023/01/28 Winelands SL Final
3:15,95	L LEV2	F	200	IM	2023/01/28 Winelands SL Final
Joshua Bannister (15) M (Yr: AR)					
25,81	S L	F	25	Free	2022/07/15 WCA SC Championships 2022
27,81	L LEV2	F	50	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
27,81	L LEV2	P	50	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
28,47	S	F	50	Free	2022/07/15 WCA SC Championships 2022
59,58	L L LEV2	F	100	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:01,07	S LEV2	F	100	Free	2022/07/15 WCA SC Championships 2022
2:13,31	S LEV2	P	200	Free	2022/07/02 CTA Invitational Meet - July 2022
2:14,73	L LEV2	P	200	Free	2022/12/09 Western Cape LC-A Championship 2022
4:37,52	L LEV3	F	400	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
4:38,51	S LEV3	F	400	Free	2022/07/15 WCA SC Championships 2022
32,31	S LEV2	P	50	Back	2022/07/02 CTA Invitational Meet - July 2022
32,77	L L LEV2	F	50	Back	2022/12/09 Western Cape LC-A Championship 2022
1:09,66	S LEV2	F	100	Back	2022/07/15 WCA SC Championships 2022
1:10,42	L LEV2	F	100	Back	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:30,97	S LEV3	F	200	Back	2022/07/15 WCA SC Championships 2022
2:31,64	L LEV3	F	200	Back	2022/11/04 CTA A CHAMPS 2022
37,20	L LEV2	P	50	Breast	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
38,24	S LEV2	F	50	Breast	2022/06/04 CTA Qualifying Meet #1
1:21,78	S LEV2	F	100	Breast	2022/07/02 CTA Invitational Meet - July 2022
1:24,58	L LEV2	P	100	Breast	2022/12/09 Western Cape LC-A Championship 2022
3:01,68	L LEV2	F	200	Breast	2022/09/24 CTA Qualifying Meet #5
31,25	L LEV2	P	50	Fly	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:10,73	S LEV2	F	100	Fly	2022/07/15 WCA SC Championships 2022
1:11,15	L S LEV2	P	100	Fly	2022/12/09 Western Cape LC-A Championship 2022
2:40,61	L	F	200	Fly	2022/10/15 CTA Qualifying Meet #6
1:12,42	S	F	100	IM	2022/07/15 WCA SC Championships 2022
2:30,52	L LEV2	F	200	IM	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:32,27	S LEV2	F	200	IM	2022/07/15 WCA SC Championships 2022
5:25,56	L	F	400	IM	2023/02/04 CTA Brian Button Qualifying Meet #8
Kiara Barnes (22) W (Yr: AR)					
2:15,41	S LEV3	F	200	Free	2022/07/15 WCA SC Championships 2022
4:39,78	S LEV3	F	400	Free	2022/07/02 CTA Invitational Meet - July 2022

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Time	P/F/S	Event
Kiara Barnes (22) W (Yr: AR)		
9:38,55 S	B-QT F	800 Free 2022/07/15 WCA SC Championships 2022
18:22,13 S	B-QT F	1500 Free 2022/07/15 WCA SC Championships 2022
32,92 S L	LEV2 F	50 Back 2022/07/15 WCA SC Championships 2022
1:09,48 S	LEV3 F	100 Back 2022/07/15 WCA SC Championships 2022
2:27,61 S	B-QT F	200 Back 2022/07/15 WCA SC Championships 2022
2:40,48 S	LEV3 F	200 IM 2022/06/04 CTA Qualifying Meet #1
Frances Bayly (11) W (Yr: AR)		
18,93 S	F	25 Free 2023/01/28 CTA Future Stars Meet #7 - Fairmont
22,34 S	F	25 Back 2023/01/28 CTA Future Stars Meet #7 - Fairmont
25,56 S	F	25 Fly 2023/01/28 CTA Future Stars Meet #7 - Fairmont
2:00,62 S	F	100 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont
Eben Bester (15) M (Yr: AR)		
27,57 L L	LEV2 F	50 Free 2022/12/09 Western Cape LC-A Championship 2022
28,81 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:00,82 L	LEV2 P	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:02,32 S	LEV2 P	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:17,13 L	LEV2 P	200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:20,71 S	LEV2 F	200 Free 2022/06/04 CTA Qualifying Meet #1
4:55,31 L	F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
32,15 S	LEV2 P	50 Back 2022/07/02 CTA Invitational Meet - July 2022
32,52 L	LEV2 P	50 Back 2022/12/09 Western Cape LC-A Championship 2022
1:07,91 S	LEV2 P	100 Back 2022/07/02 CTA Invitational Meet - July 2022
1:09,13 L	LEV2 F	100 Back 2022/11/04 CTA A CHAMPS 2022
2:26,06 S	LEV3 F	200 Back 2022/07/02 CTA Invitational Meet - July 2022
2:27,47 L S	LEV3 P	200 Back 2022/12/09 Western Cape LC-A Championship 2022
34,76 L	LEV2 F	50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
36,43 S	LEV2 F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:16,69 S	LEV2 F	100 Breast 2022/07/02 CTA Invitational Meet - July 2022
1:19,02 L	LEV2 P	100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:48,72 L	LEV3 F	200 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:52,14 S	LEV2 P	200 Breast 2022/07/02 CTA Invitational Meet - July 2022
31,14 L	LEV2 P	50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:12,70 L S	LEV2 P	100 Fly 2022/12/09 Western Cape LC-A Championship 2022
1:10,21 S	F	100 IM 2022/07/15 WCA SC Championships 2022
2:29,38 L	LEV2 F	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:31,74 S	LEV2 F	200 IM 2022/07/15 WCA SC Championships 2022
5:32,72 S	F	400 IM 2022/07/15 WCA SC Championships 2022
5:32,92 L	F	400 IM 2022/12/09 Western Cape LC-A Championship 2022
Ewan Bosch (10) M (Yr: AR)		
36,58 L	LEV2 F	50 Free 2022/11/04 CTA A CHAMPS 2022
39,98 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:25,14 S	LEV2 F	100 Free 2022/07/23 CTA Qualifying Meet #2
1:25,23 L	LEV2 F	100 Free 2022/11/04 CTA A CHAMPS 2022
3:05,68 L	LEV2 F	200 Free 2023/01/21 CTA Qualifying Meet #7
3:13,11 S	LEV2 F	200 Free 2022/06/04 CTA Qualifying Meet #1
44,59 L	LEV2 F	50 Back 2022/11/04 CTA A CHAMPS 2022
47,46 S	LEV2 F	50 Back 2022/08/13 CTA Qualifying Meet #3
1:42,09 L	LEV2 F	100 Back 2022/09/24 CTA Qualifying Meet #5
1:46,09 S	LEV2 F	100 Back 2022/06/04 CTA Qualifying Meet #1
3:33,00 L	LEV2 F	200 Back 2022/09/03 CTA Qualifying Meet #4
53,50 L	LEV2 F	50 Breast 2022/11/04 CTA A CHAMPS 2022
56,82 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:59,09 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
1:59,37 L	LEV2 F	100 Breast 2022/09/24 CTA Qualifying Meet #5
4:14,84 L	LEV2 F	200 Breast 2022/09/03 CTA Qualifying Meet #4
39,82 L	LEV2 F	50 Fly 2022/11/04 CTA A CHAMPS 2022

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Time	P/F/S	Event
Ewan Bosch (10) M (Yr: AR)		
43,31 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
1:34,07 L	LEV2 F	100 Fly 2022/11/04 CTA A CHAMPS 2022
1:46,21 S	LEV2 F	100 Fly 2022/08/13 CTA Qualifying Meet #3
3:29,05 S	LEV2 F	200 IM 2022/07/23 CTA Qualifying Meet #2
3:29,69 L	LEV2 F	200 IM 2022/11/04 CTA A CHAMPS 2022
Anja Boshoff (10) W (Yr: AR)		
35,32 L	LEV2 P	50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:20,18 L	LEV2 P	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:28,99 S S	LEV2 F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
3:01,66 L	LEV2 F	200 Free 2022/10/07 41st Freda Barnard Invitational Gala
38,55 L	LEV2 F	50 Back 2023/01/28 NMBA Intra-District Championship
42,06 S	LEV2 F	50 Back 2022/07/02 CTA Invitational Meet - July 2022
1:24,05 L	LEV3 F	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:31,92 S	LEV2 F	100 Back 2022/07/02 CTA Invitational Meet - July 2022
2:59,45 L	LEV3 F	200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:16,76 S S	LEV2 F	200 Back 2022/07/02 CTA Invitational Meet - July 2022
52,06 S	LEV2 F	50 Breast 2022/06/11 CTA Future Stars Meet #1
52,41 L	LEV2 F	50 Breast 2022/10/07 41st Freda Barnard Invitational Gala
1:54,24 L	LEV2 F	100 Breast 2022/10/07 41st Freda Barnard Invitational Gala
41,08 L	LEV2 F	50 Fly 2022/11/04 CTA A CHAMPS 2022
44,53 S	LEV2 F	50 Fly 2022/07/30 CTA Future Stars Meet #2
1:36,26 L	LEV3 F	100 Fly 2023/01/28 NMBA Intra-District Championship
3:16,14 L	LEV3 P	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:28,35 S	LEV2 F	200 IM 2022/06/11 CTA Future Stars Meet #1
Juan Boshoff (18) M (Yr: AR)		
25,50 L L	LEV2 F	50 Free 2023/01/28 NMBA Intra-District Championship
56,50 L	LEV3 F	100 Free 2022/10/07 41st Freda Barnard Invitational Gala
2:02,14 L	B-QT F	200 Free 2023/04/21 SA Schools Swimming Championship 2023
2:02,16 S	LEV3 F	200 Free 2022/06/04 CTA Qualifying Meet #1
4:19,44 S	LEV3 F	400 Free 2022/06/04 CTA Qualifying Meet #1
4:23,43 L	B-QT F	400 Free 2022/12/04 AUSC-Region 5 Under 20 YTH Games 2022-Malawi
27,67 L L	B-QT F	50 Back 2023/04/21 SA Schools Swimming Championship 2023
58,74 S	B-QT F	100 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
59,83 L	A-QT F	100 Back 2022/12/09 Western Cape LC-A Championship 2022
2:06,73 L S	A-QT F	200 Back 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
2:09,04 S	B-QT P	200 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
30,73 L	B-QT P	50 Breast 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
1:07,81 L	B-QT F	100 Breast 2023/01/28 NMBA Intra-District Championship
2:31,42 L	B-QT F	200 Breast 2022/12/09 Western Cape LC-A Championship 2022
26,03 L	B-QT F	50 Fly 2023/01/28 NMBA Intra-District Championship
58,15 L	B-QT P	100 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
2:09,77 L	A-QT P	200 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
2:08,31 L	A-QT F	200 IM 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
4:28,17 S	A-QT F	400 IM 2023/02/18 Winelands TT and Team Relay gala
4:40,49 L	A-QT F	400 IM 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
Andre Botha (11) M (Yr: AR)		
45,53 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:50,68 S	F	100 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
53,26 S	F	50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:00,98 S	F	100 Back 2023/01/28 CTA Future Stars Meet #7 - Fairmont
53,89 S	F	50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:00,15 S	F	100 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
59,66 S	F	50 Fly 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
Jason Bouwer (12) M (Yr: AR)		
30,92 L	LEV2 P	50 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023

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Times since: 01-May-22

Time	P/F/S	Event			
Jason Bouwer (12) M (Yr: AR)					
32,38	S LEV2	F	50	Free	2022/07/15 WCA SC Championships 2022
1:08,17	L LEV3	P	100	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:29,63	L LEV3	P	200	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:34,53	S LEV3	F	200	Free	2022/06/04 CTA Qualifying Meet #1
5:06,48	S LEV3	F	400	Free	2023/02/18 Winelands TT and Team Relay gala
5:17,37	L LEV3	F	400	Free	2022/11/04 CTA A CHAMPS 2022
10:38,39	L S SANJ	F	800	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
21:29,69	L	F	1500	Free	2022/12/09 Western Cape LC-A Championship 2022
21:47,97	S	F	1500	Free	2022/08/13 CTA Qualifying Meet #3
34,51	L S LEV2	P	50	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
35,36	S LEV2	F	50	Back	2022/07/02 CTA Invitational Meet - July 2022
1:13,49	L SANJ	F	100	Back	2023/01/21 CTA Qualifying Meet #7
1:15,77	S LEV3	F	100	Back	2022/07/02 CTA Invitational Meet - July 2022
2:38,05	L SANJ	P	200	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:41,84	S LEV3	F	200	Back	2022/07/15 WCA SC Championships 2022
39,46	L LEV2	P	50	Breast	2023/03/21 SA National Junior Age Group Champs-KZN 2023
44,08	S LEV2	F	50	Breast	2022/06/04 CTA Qualifying Meet #1
1:26,80	L LEV3	P	100	Breast	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:32,48	S LEV3	F	100	Breast	2022/07/15 WCA SC Championships 2022
3:13,06	L LEV3	F	200	Breast	2023/02/04 CTA Brian Button Qualifying Meet #8
3:17,50	S LEV3	F	200	Breast	2022/07/15 WCA SC Championships 2022
32,22	L LEV2	P	50	Fly	2023/03/21 SA National Junior Age Group Champs-KZN 2023
34,97	S S LEV2	F	50	Fly	2022/07/02 CTA Invitational Meet - July 2022
1:10,77	L S SANJ	F	100	Fly	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:17,15	S LEV3	F	100	Fly	2022/07/15 WCA SC Championships 2022
2:51,89	L	P	200	Fly	2023/02/24 Western Cape Elite Gala
2:52,17	S	F	200	Fly	2023/02/18 Winelands TT and Team Relay gala
2:38,22	L SANJ	F	200	IM	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:49,32	S LEV3	F	200	IM	2022/07/15 WCA SC Championships 2022
5:41,76	L SANJ	F	400	IM	2023/03/21 SA National Junior Age Group Champs-KZN 2023
Juno Bouwer (10) W (Yr: AR)					
44,00	L	F	50	Free	2022/10/07 41st Freda Barnard Invitational Gala
46,08	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
1:42,54	S	F	100	Free	2022/07/23 CTA Qualifying Meet #2
1:44,11	L	F	100	Free	2022/10/07 41st Freda Barnard Invitational Gala
3:38,37	L LEV2	F	200	Free	2023/01/21 CTA Qualifying Meet #7
50,43	L	F	50	Back	2022/09/24 CTA Qualifying Meet #5
51,91	S	F	50	Back	2022/07/02 CTA Invitational Meet - July 2022
1:48,09	L LEV2	F	100	Back	2023/01/21 CTA Qualifying Meet #7
1:54,92	S	F	100	Back	2022/06/04 CTA Qualifying Meet #1
3:58,33	L LEV2	F	200	Back	2022/09/24 CTA Qualifying Meet #5
59,38	L	F	50	Breast	2022/10/07 41st Freda Barnard Invitational Gala
59,40	S	F	50	Breast	2022/06/04 CTA Qualifying Meet #1
2:05,06	S S	F	100	Breast	2022/07/02 CTA Invitational Meet - July 2022
2:05,48	L	F	100	Breast	2023/02/04 CTA Brian Button Qualifying Meet #8
4:27,16	L LEV2	F	200	Breast	2022/11/04 CTA A CHAMPS 2022
4:32,55	S	F	200	Breast	2022/08/13 CTA Qualifying Meet #3
1:02,11	L	F	50	Fly	2022/10/07 41st Freda Barnard Invitational Gala
4:00,64	L LEV2	F	200	IM	2023/02/04 CTA Brian Button Qualifying Meet #8
Juanè Burger (13) W (Yr: BR)					
33,26	L S LEV2	P	50	Free	2022/12/09 Western Cape LC-A Championship 2022
1:12,65	L LEV2	P	100	Free	2023/02/24 Western Cape Elite Gala
1:15,45	S LEV2	F	100	Free	2022/07/23 CTA Qualifying Meet #2
2:37,05	L LEV2	F	200	Free	2023/01/21 CTA Qualifying Meet #7
2:41,14	S LEV2	F	200	Free	2022/07/02 CTA Invitational Meet - July 2022
5:33,90	L LEV3	F	400	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC

Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
Juanè Burger (13) W (Yr: BR)					
5:45,30	S	P	400	Free	2022/07/02 CTA Invitational Meet - July 2022
11:36,49	L	F	800	Free	2023/02/24 Western Cape Elite Gala
11:44,11	S	F	800	Free	2022/07/02 CTA Invitational Meet - July 2022
22:21,26	L	F	1500	Free	2022/11/04 CTA A CHAMPS 2022
22:28,14	S	F	1500	Free	2022/08/13 CTA Qualifying Meet #3
40,37	L	LEV2	50	Back	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
41,07	S	F	50	Back	2022/08/13 CTA Qualifying Meet #3
1:25,69	L	LEV2	100	Back	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:28,66	S	LEV2	100	Back	2022/07/02 CTA Invitational Meet - July 2022
3:03,07	L	LEV2	200	Back	2023/02/24 Western Cape Elite Gala
3:16,51	S	LEV2	200	Back	2022/07/15 WCA SC Championships 2022
1:45,01	L	P	100	Breast	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:45,41	S	F	100	Breast	2022/07/15 WCA SC Championships 2022
1:45,41	S	F	100	Breast	2022/07/23 CTA Qualifying Meet #2
37,90	L	LEV2	50	Fly	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:58,27	L	LEV2	200	IM	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:09,44	S	LEV2	200	IM	2022/08/13 CTA Qualifying Meet #3
Noah Butler (13) M (Yr: AR)					
42,31	S	F	50	Free	2022/11/19 CTA Future Stars Meet #6
50,47	S	F	50	Back	2022/11/19 CTA Future Stars Meet #6
52,19	S	F	50	Breast	2022/11/19 CTA Future Stars Meet #6
23,06	S	F	25	Fly	2022/11/19 CTA Future Stars Meet #6
Ruvarashe Chibharo (10) W (Yr: AR)					
37,60	L	LEV2	50	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:25,23	L	LEV2	100	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:41,36	S	F	100	Free	2022/06/11 CTA Future Stars Meet #1
3:09,23	L	LEV2	200	Free	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:42,63	S	F	200	Free	2022/07/30 CTA Future Stars Meet #2
48,08	L	LEV2	50	Back	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
56,49	S	F	50	Back	2022/06/11 CTA Future Stars Meet #1
1:48,15	L	LEV2	100	Back	2023/01/21 CTA Qualifying Meet #7
2:05,29	S	F	100	Back	2022/07/30 CTA Future Stars Meet #2
4:01,20	L	LEV2	200	Back	2023/01/21 CTA Qualifying Meet #7
47,16	L	LEV2	50	Breast	2023/02/04 CTA Brian Button Qualifying Meet #8
57,38	S	F	50	Breast	2022/06/11 CTA Future Stars Meet #1
1:43,27	L	LEV3	100	Breast	2023/02/11 WCA-B Champs - 2023
2:03,58	S	F	100	Breast	2022/07/30 CTA Future Stars Meet #2
3:44,06	L	LEV3	200	Breast	2023/02/11 WCA-B Champs - 2023
44,80	L	LEV2	50	Fly	2023/02/11 WCA-B Champs - 2023
49,43	S	LEV2	50	Fly	2022/07/30 CTA Future Stars Meet #2
3:28,20	L	LEV2	200	IM	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
Albert Cloete (9) M (Yr: AR)					
45,37	S	F	50	Free	2023/02/25 CTA Future Stars Meet #8
1:47,29	S	F	100	Free	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:55,17	L	F	100	Free	2022/11/12 CTA B LC CHAMPS
51,06	S	F	50	Back	2023/01/28 CTA Future Stars Meet #7 - Fairmont
52,83	L	F	50	Back	2022/11/12 CTA B LC CHAMPS
1:51,10	S	F	100	Back	2023/02/25 CTA Future Stars Meet #8
1:54,39	L	F	100	Back	2022/11/12 CTA B LC CHAMPS
1:16,45	S	F	50	Breast	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:16,60	L	F	50	Breast	2022/11/12 CTA B LC CHAMPS
2:50,41	S	F	100	Breast	2022/07/30 CTA Future Stars Meet #2
24,81	S	F	25	Fly	2022/11/12 CTA B SC CHAMPS
55,66	S	F	50	Fly	2023/02/25 CTA Future Stars Meet #8
Dewan Coetzee (15) M (Yr: AR)					

Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event				
Dewan Coetzee (15) M (Yr: AR)						
1:04,15	L LEV2	F	100	Free	2023/02/11	WCA-B Champs - 2023
1:06,65	S	F	100	Free	2022/07/23	CTA Qualifying Meet #2
2:23,46	L LEV2	F	200	Free	2023/02/11	WCA-B Champs - 2023
2:27,53	S LEV2	F	200	Free	2022/06/04	CTA Qualifying Meet #1
1:12,47	L LEV2	F	100	Back	2023/02/11	WCA-B Champs - 2023
1:13,15	S LEV2	F	100	Back	2022/06/04	CTA Qualifying Meet #1
41,04	L	F	50	Breast	2023/02/11	WCA-B Champs - 2023
42,12	S	F	50	Breast	2022/06/04	CTA Qualifying Meet #1
1:31,95	S	F	100	Breast	2022/07/23	CTA Qualifying Meet #2
1:33,70	L	F	100	Breast	2023/01/21	CTA Qualifying Meet #7
34,38	L	F	50	Fly	2023/01/21	CTA Qualifying Meet #7
1:26,79	L	F	100	Fly	2023/01/21	CTA Qualifying Meet #7
2:49,33	S	F	200	IM	2022/06/04	CTA Qualifying Meet #1
Dario Consani (17) M (Yr: AR)						
27,91	S LEV2	F	50	Free	2022/07/15	WCA SC Championships 2022
28,42	L LEV2	F	50	Free	2022/11/04	CTA A CHAMPS 2022
1:01,18	S LEV2	F	100	Free	2022/07/15	WCA SC Championships 2022
1:02,08	L LEV2	F	100	Free	2022/11/04	CTA A CHAMPS 2022
33,05	L LEV2	F	50	Back	2022/11/04	CTA A CHAMPS 2022
1:12,07	S LEV2	F	100	Back	2022/07/15	WCA SC Championships 2022
1:25,40	S LEV2	F	100	Breast	2022/07/23	CTA Qualifying Meet #2
30,02	L LEV2	F	50	Fly	2022/11/04	CTA A CHAMPS 2022
30,48	S LEV2	F	50	Fly	2022/07/23	CTA Qualifying Meet #2
1:06,79	S LEV2	F	100	Fly	2022/07/15	WCA SC Championships 2022
1:08,95	L LEV2	F	100	Fly	2022/10/15	CTA Qualifying Meet #6
2:40,28	L	F	200	Fly	2022/11/11	Swartland Prestige Gala 2022
1:10,14	S	F	100	IM	2022/07/15	WCA SC Championships 2022
2:36,89	L LEV2	F	200	IM	2022/09/03	CTA Qualifying Meet #4
Mia Crookham (14) W (Yr: AR)						
34,04	L	F	50	Free	2023/02/11	WCA-B Champs - 2023
34,04	L	F	50	Free	2023/01/21	CTA Qualifying Meet #7
34,78	S	F	50	Free	2022/07/15	WCA SC Championships 2022
1:15,28	L LEV2	F	100	Free	2023/02/11	WCA-B Champs - 2023
1:15,76	S	F	100	Free	2022/07/15	WCA SC Championships 2022
2:46,44	L LEV2	F	200	Free	2023/02/11	WCA-B Champs - 2023
2:55,35	S	F	200	Free	2022/07/15	WCA SC Championships 2022
6:13,29	L	F	400	Free	2022/09/03	CTA Qualifying Meet #4
39,50	S LEV2	F	50	Back	2022/08/13	CTA Qualifying Meet #3
40,07	L LEV2	F	50	Back	2022/11/04	CTA A CHAMPS 2022
1:28,61	L LEV2	F	100	Back	2022/09/24	CTA Qualifying Meet #5
1:30,88	S	F	100	Back	2022/07/15	WCA SC Championships 2022
3:12,62	L LEV2	F	200	Back	2022/09/24	CTA Qualifying Meet #5
48,41	L	P	50	Breast	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC
49,88	S	P	50	Breast	2022/07/02	CTA Invitational Meet - July 2022
1:49,82	S	F	100	Breast	2022/07/23	CTA Qualifying Meet #2
1:52,88	L	F	100	Breast	2023/01/21	CTA Qualifying Meet #7
4:01,30	L	P	200	Breast	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC
4:01,80	S	F	200	Breast	2022/07/15	WCA SC Championships 2022
43,46	L	P	50	Fly	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC
43,46	L	F	50	Fly	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC
46,18	S	F	50	Fly	2022/07/23	CTA Qualifying Meet #2
3:16,47	L	F	200	IM	2023/02/11	WCA-B Champs - 2023
3:23,98	S	F	200	IM	2022/07/15	WCA SC Championships 2022
Ryan Crookham (10) M (Yr: AR)						
44,05	S	F	50	Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
44,64	L	F	50	Free	2022/11/12	CTA B LC CHAMPS

Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event				
Ryan Crookham (10) M (Yr: AR)						
1:42,59	S	F	100	Free	2023/02/25 CTA Future Stars Meet #8	
1:46,94	L	F	100	Free	2022/11/12 CTA B LC CHAMPS	
51,83	L	F	50	Back	2022/11/12 CTA B LC CHAMPS	
52,23	S	F	50	Back	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
1:55,90	S	F	100	Back	2023/02/25 CTA Future Stars Meet #8	
1:58,48	L	F	100	Back	2022/11/12 CTA B LC CHAMPS	
1:12,11	S	F	50	Breast	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
1:19,74	L	F	50	Breast	2022/11/12 CTA B LC CHAMPS	
55,23	S	F	50	Fly	2023/02/25 CTA Future Stars Meet #8	
59,29	L	F	50	Fly	2022/11/12 CTA B LC CHAMPS	
2:05,87	S	F	100	IM	2023/01/28 CTA Future Stars Meet #7 - Fairmont	
Lucas Das Neves (13) M (Yr: AR)						
28,59	L	LEV2	F	50	Free	2023/02/24 Western Cape Elite Gala
1:02,87	L	LEV3	P	100	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:17,55	L	SANJ	P	200	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:28,36	S	LEV3	F	200	Free	2022/06/04 CTA Qualifying Meet #1
1:11,72	L	SANJ	P	100	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:14,79	S	LEV3	F	100	Back	2022/06/04 CTA Qualifying Meet #1
3:01,75	L	LEV2	F	200	Back	2022/09/24 CTA Qualifying Meet #5
41,85	S	LEV2	F	50	Breast	2022/06/04 CTA Qualifying Meet #1
30,44	L	LEV2	F	50	Fly	2023/02/24 Western Cape Elite Gala
1:08,01	L S	SANJ	P	100	Fly	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:50,47	L		F	200	Fly	2023/02/04 CTA Brian Button Qualifying Meet #8
2:40,66	L	LEV3	P	200	IM	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:48,08	S	LEV2	F	200	IM	2022/06/04 CTA Qualifying Meet #1
Alexander De Jager (13) M (Yr: BR)						
41,76	L		F	50	Free	2023/02/04 CTA Brian Button Qualifying Meet #8
41,91	S		F	50	Free	2022/11/19 CTA Future Stars Meet #6
1:41,57	S		F	100	Free	2022/06/11 CTA Future Stars Meet #1
3:28,81	S		F	200	Free	2022/10/22 CTA Future Stars Meet #5
44,82	S		F	50	Back	2022/11/19 CTA Future Stars Meet #6
1:38,12	S		F	100	Back	2022/10/22 CTA Future Stars Meet #5
3:30,50	L	LEV2	F	200	Back	2022/11/11 Swartland Prestige Gala 2022
54,38	S		F	50	Breast	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:54,17	L		F	100	Breast	2022/11/11 Swartland Prestige Gala 2022
1:55,94	S		F	100	Breast	2022/11/19 CTA Future Stars Meet #6
4:12,99	L		F	200	Breast	2023/02/04 CTA Brian Button Qualifying Meet #8
54,39	S		F	50	Fly	2022/10/22 CTA Future Stars Meet #5
1:49,23	S		F	100	IM	2022/08/20 CTA Future Stars Meet #3 - CURRO CC
3:47,25	S		F	200	IM	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
Adriaan De Lange (13) M (Yr: BR)						
28,07	L S	LEV2	P	50	Free	2022/12/09 Western Cape LC-A Championship 2022
29,26	S S	LEV2	F	50	Free	2022/07/02 CTA Invitational Meet - July 2022
1:01,50	L	SANJ	P	100	Free	2023/04/21 SA Schools Swimming Championship 2023
1:04,74	S	LEV3	F	100	Free	2022/07/23 CTA Qualifying Meet #2
2:16,48	L	SANJ	P	200	Free	2023/04/21 SA Schools Swimming Championship 2023
2:22,30	S	LEV3	F	200	Free	2022/07/15 WCA SC Championships 2022
4:43,85	L	SANJ	F	400	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
5:03,78	S	LEV3	F	400	Free	2022/07/15 WCA SC Championships 2022
30,94	L S	LEV2	F	50	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
32,24	S	LEV2	F	50	Back	2022/07/02 CTA Invitational Meet - July 2022
1:05,17	L	SANJ	F	100	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:09,30	S	SANJ	F	100	Back	2022/07/02 CTA Invitational Meet - July 2022
2:20,89	L	SANJ	F	200	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:28,44	S	SANJ	F	200	Back	2022/07/15 WCA SC Championships 2022
39,00	L	LEV2	F	50	Breast	2023/01/28 Winelands SL Final

Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event
Adriaan De Lange (13) M (Yr: BR)		
1:29,48 L	LEV3 F	100 Breast 2023/01/28 Winelands SL Final
3:11,32 L	LEV3 F	200 Breast 2023/01/28 Winelands SL Final
31,19 L	LEV2 P	50 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023
32,86 S S	LEV2 F	50 Fly 2022/07/02 CTA Invitational Meet - July 2022
1:14,98 S	LEV3 F	100 Fly 2022/07/15 WCA SC Championships 2022
1:13,90 S	F	100 IM 2022/07/15 WCA SC Championships 2022
2:33,50 L	SANJ F	200 IM 2023/04/21 SA Schools Swimming Championship 2023
2:36,39 S	LEV3 F	200 IM 2022/07/15 WCA SC Championships 2022
5:25,99 L	SANJ F	400 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
5:39,23 S	F	400 IM 2022/07/23 CTA Qualifying Meet #2
Aliyah De Oliveira (13) W (Yr: AR)		
32,11 L L	LEV2 F	50 Free 2022/12/09 Western Cape LC-A Championship 2022
1:11,36 L	LEV2 P	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:12,39 S	LEV2 F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:32,85 L	LEV3 P	200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:41,31 S	LEV2 F	200 Free 2022/06/04 CTA Qualifying Meet #1
5:21,29 L	LEV3 F	400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
38,05 L	LEV2 F	50 Back 2022/11/04 CTA A CHAMPS 2022
1:21,45 L	LEV3 P	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:22,45 S	LEV2 F	100 Back 2022/06/04 CTA Qualifying Meet #1
2:50,51 L	LEV3 P	200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
43,84 L	LEV2 F	50 Breast 2023/02/04 CTA Brian Button Qualifying Meet #8
45,77 S	LEV2 F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:38,89 L	LEV2 F	100 Breast 2022/11/04 CTA A CHAMPS 2022
1:39,51 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
37,17 L	LEV2 F	50 Fly 2023/02/04 CTA Brian Button Qualifying Meet #8
39,69 S	F	50 Fly 2022/07/23 CTA Qualifying Meet #2
1:27,17 L	LEV2 P	100 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:51,58 L	LEV3 F	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:58,90 S	LEV2 F	200 IM 2022/07/23 CTA Qualifying Meet #2
Anja De Villiers (12) W (Yr: BR)		
31,62 L	LEV2 F	50 Free 2022/10/07 41st Freda Barnard Invitational Gala
32,14 S	LEV2 F	50 Free 2022/07/15 WCA SC Championships 2022
1:10,67 L	LEV3 P	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:10,70 S	LEV3 F	100 Free 2022/07/15 WCA SC Championships 2022
2:30,13 L	LEV3 F	200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:38,49 S	LEV3 F	200 Free 2022/07/02 CTA Invitational Meet - July 2022
5:19,31 L	SANJ F	400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
5:39,87 S	LEV3 F	400 Free 2022/07/15 WCA SC Championships 2022
36,65 L	LEV2 P	50 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:18,41 L	LEV3 F	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:21,58 S	LEV3 F	100 Back 2022/07/15 WCA SC Championships 2022
2:50,61 S S	LEV3 F	200 Back 2022/07/02 CTA Invitational Meet - July 2022
2:50,64 L	LEV3 F	200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
42,62 L	LEV2 P	50 Breast 2023/02/24 Western Cape Elite Gala
1:36,07 L	LEV3 P	100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:44,07 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
3:25,42 L	LEV3 P	200 Breast 2022/12/09 Western Cape LC-A Championship 2022
3:34,01 S	LEV2 F	200 Breast 2022/07/15 WCA SC Championships 2022
35,83 L	LEV2 F	50 Fly 2023/01/28 Winelands SL Final
40,53 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
1:25,96 L	LEV3 F	100 Fly 2023/01/28 Winelands SL Final
1:27,85 S S	LEV3 F	100 Fly 2022/07/02 CTA Invitational Meet - July 2022
2:53,19 L	LEV3 P	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:58,58 S	LEV3 F	200 IM 2022/07/15 WCA SC Championships 2022

Nikola De Villiers (7) W (Yr: BR)

Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
Nikola De Villiers (7) W (Yr: BR)					
37,61 S	F	25 Free	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
35,39 S	F	25 Back	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
Joshua Diedricks (10) M (Yr: AR)					
40,94 S	F	50 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
44,22 L	F	50 Free	2022/11/12	CTA B LC CHAMPS	
1:32,67 S	F	100 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
1:42,39 L	F	100 Free	2022/11/12	CTA B LC CHAMPS	
3:37,13 S	F	200 Free	2023/02/25	CTA Future Stars Meet #8	
45,66 S	LEV2 F	50 Back	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
50,54 L	F	50 Back	2022/11/12	CTA B LC CHAMPS	
1:44,67 S	LEV2 F	100 Back	2023/02/25	CTA Future Stars Meet #8	
1:45,70 L	LEV2 F	100 Back	2022/11/12	CTA B LC CHAMPS	
28,52 S	F	25 Breast	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
54,90 S	F	50 Breast	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
59,32 L	F	50 Breast	2022/11/12	CTA B LC CHAMPS	
2:01,13 S	LEV2 F	100 Breast	2023/02/25	CTA Future Stars Meet #8	
28,58 S	F	25 Fly	2022/07/30	CTA Future Stars Meet #2	
55,80 S	F	50 Fly	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
1:56,38 S	F	100 IM	2022/11/19	CTA Future Stars Meet #6	
Luca Du Toit (13) M (Yr: BR)					
1:34,42 S	F	100 Free	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
3:18,49 S	F	200 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
46,34 S	F	50 Back	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
48,97 S	F	50 Breast	2022/11/19	CTA Future Stars Meet #6	
1:47,59 S	F	100 Breast	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
19,20 S	F	25 Fly	2022/11/19	CTA Future Stars Meet #6	
45,38 S	F	50 Fly	2022/07/30	CTA Future Stars Meet #2	
3:40,06 S	F	200 IM	2022/07/30	CTA Future Stars Meet #2	
Mia Du Toit (10) W (Yr: BR)					
45,88 S	F	50 Free	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
1:38,59 S	F	100 Free	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
25,34 S	F	25 Back	2022/11/19	CTA Future Stars Meet #6	
50,03 S	F	50 Back	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
58,14 S	F	50 Breast	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
2:02,25 S	F	100 Breast	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
27,05 S	F	25 Fly	2022/11/19	CTA Future Stars Meet #6	
1:57,66 S	F	100 IM	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
4:09,50 S	F	200 IM	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
Carla Erasmus (12) W (Yr: BR)					
36,14 L	F	50 Free	2023/02/11	WCA-B Champs - 2023	
39,72 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
41,90 L	LEV2 F	50 Back	2023/02/11	WCA-B Champs - 2023	
43,03 S	F	50 Back	2022/11/19	CTA Future Stars Meet #6	
1:37,84 S	F	100 Back	2022/11/19	CTA Future Stars Meet #6	
51,00 S	F	50 Breast	2022/11/19	CTA Future Stars Meet #6	
53,59 L	F	50 Breast	2023/02/11	WCA-B Champs - 2023	
19,51 S	F	25 Fly	2022/10/22	CTA Future Stars Meet #5	
42,65 L	LEV2 F	50 Fly	2023/02/11	WCA-B Champs - 2023	
43,84 S	F	50 Fly	2022/11/19	CTA Future Stars Meet #6	
1:48,19 S	F	100 IM	2022/10/22	CTA Future Stars Meet #5	
Joshua Esterhuysen (15) M (Yr: AR)					
23,89 L	A-QT F	50 Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023	
24,63 S S	LEV2 F	50 Free	2022/07/02	CTA Invitational Meet - July 2022	
52,90 L	A-QT F	100 Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023	
53,71 S	B-QT F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	

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Time	P/F/S	Event
Joshua Esterhuysen (15) M (Yr: AR)		
1:57,78 L	B-QT F	200 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:00,01 S	SANJ F	200 Free 2022/07/02 CTA Invitational Meet - July 2022
4:22,98 L	B-QT F	400 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
28,88 L S	LEV2 F	50 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
29,00 S	LEV2 F	50 Back 2022/07/02 CTA Invitational Meet - July 2022
1:02,46 L	SANJ F	100 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:03,44 S	LEV3 P	100 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:19,26 L	SANJ P	200 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
34,61 S	LEV2 F	50 Breast 2022/06/04 CTA Qualifying Meet #1
34,97 L	LEV2 F	50 Breast 2022/09/24 CTA Qualifying Meet #5
26,20 L	B-QT F	50 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023
27,65 S	LEV2 P	50 Fly 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
57,56 L S	B-QT F	100 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:00,02 S S	SANJ F	100 Fly 2022/07/02 CTA Invitational Meet - July 2022
2:19,14 L	SANJ F	200 Fly 2022/12/09 Western Cape LC-A Championship 2022
2:19,70 S	P	200 Fly 2022/07/02 CTA Invitational Meet - July 2022
1:06,03 S	P	100 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:16,40 L	B-QT F	200 IM 2022/12/09 Western Cape LC-A Championship 2022
2:16,77 S	SANJ F	200 IM 2022/06/04 CTA Qualifying Meet #1
Caitlin Evans (12) W (Yr: AR)		
31,33 S L	LEV2 F	50 Free 2022/07/15 WCA SC Championships 2022
31,67 L L	LEV2 F	50 Free 2023/01/28 NMBA Intra-District Championship
1:08,45 L	LEV3 F	100 Free 2022/10/07 41st Freda Barnard Invitational Gala
1:09,04 S	LEV3 F	100 Free 2022/07/15 WCA SC Championships 2022
2:22,46 L	SANJ P	200 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:28,46 S	LEV3 F	200 Free 2022/07/15 WCA SC Championships 2022
4:55,99 L	SANJ F	400 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
5:01,33 S	SANJ F	400 Free 2022/07/15 WCA SC Championships 2022
10:06,09 L	SANJ F	800 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
19:03,02 S	SANJ F	1500 Free 2022/08/13 CTA Qualifying Meet #3
19:38,68 L S	SANJ F	1500 Free 2022/12/09 Western Cape LC-A Championship 2022
43:47,88 L	O	3000 Free 2023/03/10 SA National OWS Championship 2023-PE
37,20 L	LEV2 F	50 Back 2022/10/07 41st Freda Barnard Invitational Gala
1:16,52 S	SANJ F	100 Back 2022/07/15 WCA SC Championships 2022
1:16,70 L	SANJ F	100 Back 2022/11/04 CTA A CHAMPS 2022
2:37,83 L	SANJ F	200 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:43,89 S	SANJ F	200 Back 2022/07/15 WCA SC Championships 2022
37,15 L	LEV2 F	50 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023
41,03 S	LEV2 F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:20,06 L	SANJ F	100 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:23,99 S	SANJ F	100 Breast 2022/07/15 WCA SC Championships 2022
2:46,82 L S	B-QT F	200 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:57,66 S	SANJ F	200 Breast 2022/07/15 WCA SC Championships 2022
34,61 L	LEV2 F	50 Fly 2022/10/07 41st Freda Barnard Invitational Gala
1:15,95 L	SANJ F	100 Fly 2023/01/28 NMBA Intra-District Championship
1:19,88 S	LEV3 F	100 Fly 2022/07/15 WCA SC Championships 2022
1:16,40 S	F	100 IM 2022/07/15 WCA SC Championships 2022
2:33,72 L	B-QT F	200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:37,74 S	SANJ F	200 IM 2022/07/15 WCA SC Championships 2022
5:30,84 L	SANJ F	400 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
Jack Fouche (11) M (Yr: AR)		
35,88 L	LEV2 F	50 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
38,31 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:22,24 L	LEV2 F	100 Free 2023/02/11 WCA-B Champs - 2023
1:33,26 S S	F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
3:01,02 L	LEV2 F	200 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC

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Time	P/F/S	Event			
Jack Fouche (11) M (Yr: AR)					
3:36,31	S	F	200	Free	2022/06/04 CTA Qualifying Meet #1
44,25	L	LEV2	50	Back	2022/11/04 CTA A CHAMPS 2022
44,25	L	LEV2	50	Back	2023/02/11 WCA-B Champs - 2023
47,49	S	F	50	Back	2022/08/13 CTA Qualifying Meet #3
1:34,67	L	LEV2	100	Back	2022/11/04 CTA A CHAMPS 2022
1:44,26	S	LEV2	100	Back	2022/06/04 CTA Qualifying Meet #1
3:23,70	L	LEV2	200	Back	2023/02/11 WCA-B Champs - 2023
45,97	L	LEV2	50	Breast	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
52,91	S	LEV2	50	Breast	2022/06/04 CTA Qualifying Meet #1
1:42,30	L	LEV3	100	Breast	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:53,10	S	LEV2	100	Breast	2022/07/15 WCA SC Championships 2022
3:34,37	L	LEV3	200	Breast	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
3:55,45	S	LEV2	200	Breast	2022/08/13 CTA Qualifying Meet #3
47,85	L	LEV2	50	Fly	2022/11/11 Swartland Prestige Gala 2022
1:48,93	S	F	100	IM	2022/07/15 WCA SC Championships 2022
3:24,91	L	LEV2	200	IM	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
3:59,45	S S	F	200	IM	2022/07/02 CTA Invitational Meet - July 2022
Ryan Fouche (8) M (Yr: AR)					
18,34	S	F	25	Free	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
39,18	L	F	50	Free	2023/02/18 Swartland Invitational Gala 2023
39,46	S	F	50	Free	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:26,91	S	LEV2	100	Free	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
1:29,00	L	LEV2	100	Free	2023/02/18 Swartland Invitational Gala 2023
3:13,90	L	LEV2	200	Free	2023/02/18 Swartland Invitational Gala 2023
3:16,23	S	LEV2	200	Free	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
23,08	S	F	25	Back	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
48,84	S	F	50	Back	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
54,94	L	F	50	Back	2022/11/12 CTA B LC CHAMPS
1:42,78	S	LEV2	100	Back	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
1:55,44	L	F	100	Back	2022/10/07 41st Freda Barnard Invitational Gala
26,60	S	F	25	Breast	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
58,98	S	F	50	Breast	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
1:00,38	L	F	50	Breast	2023/02/18 Swartland Invitational Gala 2023
2:06,22	S	F	100	Breast	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:33,19	L	F	100	Breast	2022/11/12 CTA B LC CHAMPS
21,66	S	F	25	Fly	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
50,06	S	LEV2	50	Fly	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
55,97	L	F	50	Fly	2023/02/18 Swartland Invitational Gala 2023
1:47,76	S	F	100	IM	2023/04/22 WCA Inter-district Lev1 Team Champs 2023
3:54,78	L	LEV2	200	IM	2023/02/18 Swartland Invitational Gala 2023
3:55,24	S	F	200	IM	2023/01/28 CTA Future Stars Meet #7 - Fairmont
Erin Glover (15) W (Yr: AR)					
31,68	S	LEV2	50	Free	2022/07/15 WCA SC Championships 2022
32,06	L	LEV2	50	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:06,94	S	LEV2	100	Free	2022/07/15 WCA SC Championships 2022
1:08,61	L	LEV2	100	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:24,20	S	LEV3	200	Free	2022/07/15 WCA SC Championships 2022
2:26,89	L	LEV3	200	Free	2023/01/21 CTA Qualifying Meet #7
4:58,86	S	LEV3	400	Free	2022/07/15 WCA SC Championships 2022
5:05,98	L	LEV3	400	Free	2023/01/21 CTA Qualifying Meet #7
10:08,73	S	SANJ	800	Free	2022/07/15 WCA SC Championships 2022
10:36,90	L	F	800	Free	2022/06/25 PEA Winter Gala 2022
19:18,55	S	SANJ	1500	Free	2022/07/15 WCA SC Championships 2022
20:21,02	L S	F	1500	Free	2022/06/25 PEA Winter Gala 2022
1:16,13	L	LEV3	100	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:37,92	S	LEV3	200	Back	2022/07/15 WCA SC Championships 2022

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Time	P/F/S	Event
Erin Glover (15) W (Yr: AR)		
2:45,66 L	LEV3 F	200 Back 2023/02/04 CTA Brian Button Qualifying Meet #8
41,15 L	LEV2 P	50 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023
3:10,35 S	LEV3 F	200 Breast 2022/07/15 WCA SC Championships 2022
3:20,59 L	LEV2 P	200 Breast 2022/06/25 PEA Winter Gala 2022
34,54 L	LEV2 P	50 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:43,73 S	LEV3 F	200 IM 2022/07/15 WCA SC Championships 2022
Leah Goebel (12) W (Yr: AR)		
36,80 L	F	50 Free 2023/02/11 WCA-B Champs - 2023
38,25 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:29,67 L	F	100 Free 2023/02/11 WCA-B Champs - 2023
1:31,43 S	F	100 Free 2022/07/15 WCA SC Championships 2022
46,07 L	F	50 Back 2022/11/04 CTA A CHAMPS 2022
1:44,31 S	F	100 Back 2022/07/15 WCA SC Championships 2022
1:46,31 L	F	100 Back 2022/11/04 CTA A CHAMPS 2022
3:44,27 L	F	200 Back 2022/11/04 CTA A CHAMPS 2022
2:01,19 L	F	100 Breast 2023/02/11 WCA-B Champs - 2023
2:02,21 S	F	100 Breast 2022/07/15 WCA SC Championships 2022
46,91 L	F	50 Fly 2022/11/04 CTA A CHAMPS 2022
3:48,17 L	F	200 IM 2022/11/04 CTA A CHAMPS 2022
Zoë Goebel (14) W (Yr: AR)		
30,78 S	LEV2 F	50 Free 2022/07/15 WCA SC Championships 2022
30,80 L S	LEV2 P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
1:06,87 L	LEV3 P	100 Free 2023/02/24 Western Cape Elite Gala
1:07,85 S	LEV2 F	100 Free 2022/07/15 WCA SC Championships 2022
2:30,93 L	LEV3 P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
2:32,53 S	LEV2 P	200 Free 2022/07/02 CTA Invitational Meet - July 2022
5:35,91 S	P	400 Free 2022/07/02 CTA Invitational Meet - July 2022
34,25 L	LEV2 P	50 Back 2023/04/21 SA Schools Swimming Championship 2023
35,64 S	LEV2 F	50 Back 2022/08/13 CTA Qualifying Meet #3
1:13,43 L	LEV3 F	100 Back 2023/02/24 Western Cape Elite Gala
1:16,09 S	LEV3 F	100 Back 2022/07/15 WCA SC Championships 2022
2:45,38 L	LEV3 F	200 Back 2023/02/24 Western Cape Elite Gala
2:50,64 S	LEV3 P	200 Back 2022/07/02 CTA Invitational Meet - July 2022
1:33,79 S	LEV2 P	100 Breast 2022/07/02 CTA Invitational Meet - July 2022
2:50,69 L	LEV3 F	200 IM 2023/01/28 Winelands SL Final
2:55,67 S	LEV2 F	200 IM 2022/08/13 CTA Qualifying Meet #3
Stella Greyling (12) W (Yr: AR)		
43,78 S	F	50 Free 2022/11/19 CTA Future Stars Meet #6
1:42,67 S	F	100 Free 2022/06/11 CTA Future Stars Meet #1
57,39 S	F	50 Back 2022/06/11 CTA Future Stars Meet #1
2:07,58 S	F	100 Back 2023/01/28 CTA Future Stars Meet #7 - Fairmont
59,63 S	F	50 Breast 2022/11/19 CTA Future Stars Meet #6
2:05,69 S	F	100 Breast 2022/11/19 CTA Future Stars Meet #6
24,50 S	F	25 Fly 2023/01/28 CTA Future Stars Meet #7 - Fairmont
1:57,30 S	F	100 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont
Madison Hayes (14) W (Yr: BR)		
34,33 S	F	50 Free 2022/07/15 WCA SC Championships 2022
34,38 L	F	50 Free 2023/02/11 WCA-B Champs - 2023
1:14,47 S	LEV2 F	100 Free 2022/07/23 CTA Qualifying Meet #2
1:15,25 L	LEV2 F	100 Free 2023/02/11 WCA-B Champs - 2023
2:41,53 S	LEV2 F	200 Free 2022/07/15 WCA SC Championships 2022
2:44,40 L	LEV2 F	200 Free 2023/02/11 WCA-B Champs - 2023
5:43,52 S	F	400 Free 2022/07/15 WCA SC Championships 2022
5:53,10 L	F	400 Free 2023/02/11 WCA-B Champs - 2023
12:09,76 L	F	800 Free 2022/10/15 CTA Qualifying Meet #6

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Time	P/F/S	Event			
Madison Hayes (14) W (Yr: BR)					
1:33,48	S F	100 Back	2022/07/15	WCA SC Championships 2022	
1:44,33	S F	100 Breast	2022/07/15	WCA SC Championships 2022	
3:39,41	S LEV2 F	200 Breast	2022/07/15	WCA SC Championships 2022	
41,42	S F	50 Fly	2022/07/23	CTA Qualifying Meet #2	
1:29,92	S F	100 IM	2022/07/15	WCA SC Championships 2022	
3:10,33	S F	200 IM	2022/07/15	WCA SC Championships 2022	
Hanaan Hendricks (10) W (Yr: AR)					
50,82	S F	50 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
2:10,34	S F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
1:09,25	S F	50 Back	2022/11/19	CTA Future Stars Meet #6	
1:04,96	S F	50 Breast	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
2:09,04	S F	100 Breast	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
59,43	S F	50 Fly	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
2:09,17	S F	100 IM	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
Jada Hendricks (10) W (Yr: AR)					
50,44	S F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
1:40,54	L F	100 Free	2023/02/04	CTA Brian Button Qualifying Meet #8	
1:48,37	S F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
3:44,46	L F	200 Free	2023/01/21	CTA Qualifying Meet #7	
55,78	S F	50 Back	2022/07/02	CTA Invitational Meet - July 2022	
1:48,97	L LEV2 F	100 Back	2023/01/21	CTA Qualifying Meet #7	
2:16,42	S F	100 Back	2022/07/02	CTA Invitational Meet - July 2022	
3:55,30	L LEV2 F	200 Back	2023/01/21	CTA Qualifying Meet #7	
57,39	L F	50 Breast	2023/02/04	CTA Brian Button Qualifying Meet #8	
1:01,81	S F	50 Breast	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
2:07,13	L F	100 Breast	2023/02/04	CTA Brian Button Qualifying Meet #8	
2:08,89	S S F	100 Breast	2022/07/02	CTA Invitational Meet - July 2022	
52,69	S LEV2 F	50 Fly	2022/10/22	CTA Future Stars Meet #5	
1:58,12	S F	100 IM	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
3:55,85	L LEV2 F	200 IM	2023/01/21	CTA Qualifying Meet #7	
Zareer Hendricks (9) M (Yr: AR)					
30,56	S F	25 Free	2022/11/19	CTA Future Stars Meet #6	
1:11,40	S F	50 Free	2023/02/25	CTA Future Stars Meet #8	
33,81	S F	25 Back	2022/11/19	CTA Future Stars Meet #6	
1:08,67	S F	50 Back	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
33,44	S F	25 Breast	2022/11/19	CTA Future Stars Meet #6	
2:24,68	S F	100 Breast	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
50,32	S F	25 Fly	2022/11/19	CTA Future Stars Meet #6	
Zeeana Hendricks (9) W (Yr: AR)					
29,00	S F	25 Free	2022/11/19	CTA Future Stars Meet #6	
2:34,68	S F	100 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
35,78	S F	25 Back	2022/11/19	CTA Future Stars Meet #6	
1:13,69	S F	50 Back	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
37,07	S F	25 Breast	2022/11/19	CTA Future Stars Meet #6	
1:20,22	S F	50 Breast	2023/02/25	CTA Future Stars Meet #8	
41,12	S F	25 Fly	2022/11/19	CTA Future Stars Meet #6	
Le Roux Heunis (11) M (Yr: AR)					
39,60	L F	50 Free	2023/01/21	CTA Qualifying Meet #7	
1:29,63	L P	100 Free	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC	
3:08,15	L LEV2 P	200 Free	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC	
3:35,51	S F	200 Free	2022/06/04	CTA Qualifying Meet #1	
42,07	L L LEV2 F	50 Back	2023/02/11	WCA-B Champs - 2023	
1:33,66	L LEV2 F	100 Back	2022/11/04	CTA A CHAMPS 2022	
1:45,46	S LEV2 F	100 Back	2022/06/04	CTA Qualifying Meet #1	
3:27,89	L LEV2 F	200 Back	2023/02/04	CTA Brian Button Qualifying Meet #8	

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Time	P/F/S	Event
Le Roux Heunis (11) M (Yr: AR)		
52,33 L	LEV2 P	50 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
57,88 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:51,90 L	LEV2 F	100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
45,88 L	LEV2 F	50 Fly 2023/02/11 WCA-B Champs - 2023
3:27,73 L	LEV2 F	200 IM 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
Timothy Hopkins (18) M (Yr: AR)		
25,07 L	B-QT P	50 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
25,18 S S	LEV2 F	50 Free 2022/07/02 CTA Invitational Meet - July 2022
54,33 L	B-QT P	100 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
56,58 S	LEV3 P	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:05,07 S	LEV3 F	200 Free 2022/06/04 CTA Qualifying Meet #1
2:08,05 L	LEV3 F	200 Free 2023/02/24 Western Cape Elite Gala
30,04 L	LEV2 P	50 Back 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
1:04,25 S	LEV3 F	100 Back 2022/07/02 CTA Invitational Meet - July 2022
1:07,63 L	LEV3 F	100 Back 2023/02/24 Western Cape Elite Gala
2:18,85 S	LEV3 F	200 Back 2022/07/02 CTA Invitational Meet - July 2022
2:27,12 L S	LEV3 P	200 Back 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
34,12 S	LEV2 F	50 Breast 2022/06/04 CTA Qualifying Meet #1
34,92 L	LEV2 F	50 Breast 2022/09/24 CTA Qualifying Meet #5
28,93 L	LEV2 P	50 Fly 2022/12/09 Western Cape LC-A Championship 2022
2:23,04 S S	LEV2 P	200 IM 2022/07/02 CTA Invitational Meet - July 2022
2:31,71 L	LEV2 P	200 IM 2022/12/09 Western Cape LC-A Championship 2022
Corban Isaacs (9) M (Yr: AR)		
41,90 S	F	50 Free 2022/11/19 CTA Future Stars Meet #6
1:42,10 S	F	100 Free 2022/11/19 CTA Future Stars Meet #6
54,81 S	F	50 Back 2022/11/19 CTA Future Stars Meet #6
1:55,78 S	F	100 Back 2022/11/19 CTA Future Stars Meet #6
1:00,57 S	F	50 Breast 2022/11/19 CTA Future Stars Meet #6
2:20,25 S	F	100 Breast 2022/07/30 CTA Future Stars Meet #2
Jordan Jafthas (18) M (Yr: AR)		
27,42 S	LEV2 F	50 Free 2022/07/15 WCA SC Championships 2022
27,94 L	LEV2 F	50 Free 2023/02/04 CTA Brian Button Qualifying Meet #8
1:00,53 S	LEV2 P	100 Free 2022/07/02 CTA Invitational Meet - July 2022
1:03,11 L	LEV2 F	100 Free 2023/01/21 CTA Qualifying Meet #7
2:20,70 S	LEV2 F	200 Free 2022/06/04 CTA Qualifying Meet #1
2:41,39 L	F	200 Free 2022/10/15 CTA Qualifying Meet #6
33,95 L	LEV2 F	50 Back 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
37,37 S	F	50 Back 2022/08/13 CTA Qualifying Meet #3
1:20,48 L	LEV2 F	100 Back 2022/10/15 CTA Qualifying Meet #6
35,60 S	LEV2 F	50 Breast 2022/06/04 CTA Qualifying Meet #1
36,22 L	LEV2 F	50 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:20,11 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
1:25,34 L	LEV2 F	100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
3:10,73 S	LEV2 F	200 Breast 2022/08/13 CTA Qualifying Meet #3
3:19,85 L	LEV2 P	200 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
29,80 S S	LEV2 P	50 Fly 2022/07/02 CTA Invitational Meet - July 2022
30,62 L	LEV2 F	50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:10,39 S	LEV2 F	100 Fly 2022/07/15 WCA SC Championships 2022
1:13,62 L	LEV2 P	100 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:12,84 S	F	100 IM 2022/07/15 WCA SC Championships 2022
2:44,72 S S	P	200 IM 2022/07/02 CTA Invitational Meet - July 2022
Connor Kinnear (14) M (Yr: AR)		
28,97 S	LEV2 F	50 Free 2022/08/13 CTA Qualifying Meet #3
29,13 L	LEV2 P	50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:03,65 L	LEV3 F	100 Free 2023/01/21 CTA Qualifying Meet #7

Individual Top Times

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Time	P/F/S	Event
Connor Kinnear (14) M (Yr: AR)		
1:03,91 S	LEV2 P	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:16,59 S	LEV3 F	200 Free 2022/06/04 CTA Qualifying Meet #1
2:19,93 L	LEV3 F	200 Free 2022/11/04 CTA A CHAMPS 2022
4:46,56 S	LEV3 F	400 Free 2022/06/04 CTA Qualifying Meet #1
4:56,72 L	LEV3 F	400 Free 2022/09/03 CTA Qualifying Meet #4
35,02 L	LEV2 F	50 Back 2022/09/03 CTA Qualifying Meet #4
1:11,10 L	LEV3 F	100 Back 2023/01/21 CTA Qualifying Meet #7
1:13,15 S	LEV3 P	100 Back 2022/07/02 CTA Invitational Meet - July 2022
2:29,88 L	LEV3 F	200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:31,55 S	LEV3 F	200 Back 2022/08/13 CTA Qualifying Meet #3
34,50 L	LEV2 F	50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
34,51 S	LEV2 F	50 Breast 2022/07/02 CTA Invitational Meet - July 2022
1:15,44 S	LEV3 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
1:17,48 L	LEV3 F	100 Breast 2022/09/24 CTA Qualifying Meet #5
2:45,89 S	LEV3 F	200 Breast 2022/07/02 CTA Invitational Meet - July 2022
2:52,46 L	LEV3 P	200 Breast 2023/02/24 Western Cape Elite Gala
1:08,91 S S	LEV3 F	100 Fly 2022/07/02 CTA Invitational Meet - July 2022
1:11,05 L	LEV3 F	100 Fly 2022/09/03 CTA Qualifying Meet #4
2:29,42 S	LEV3 F	200 IM 2022/07/23 CTA Qualifying Meet #2
2:30,48 L	LEV3 F	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
Kyle Lazarus (12) M (Yr: AR)		
37,90 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
39,16 L	F	50 Free 2022/09/24 CTA Qualifying Meet #5
1:21,30 L	F	100 Free 2023/02/11 WCA-B Champs - 2023
1:25,02 S S	F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
3:01,31 L	LEV2 F	200 Free 2022/11/04 CTA A CHAMPS 2022
3:04,84 S	LEV2 F	200 Free 2022/06/04 CTA Qualifying Meet #1
39,45 L	LEV2 F	50 Back 2023/02/11 WCA-B Champs - 2023
41,69 S	LEV2 F	50 Back 2022/07/02 CTA Invitational Meet - July 2022
1:30,52 S	LEV2 F	100 Back 2022/07/02 CTA Invitational Meet - July 2022
1:30,99 L	LEV2 F	100 Back 2022/09/03 CTA Qualifying Meet #4
3:05,50 L	LEV2 F	200 Back 2023/02/11 WCA-B Champs - 2023
3:09,87 S	LEV2 F	200 Back 2022/08/13 CTA Qualifying Meet #3
52,23 L	F	50 Breast 2022/10/15 CTA Qualifying Meet #6
55,18 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:47,90 L	LEV2 F	100 Breast 2023/02/11 WCA-B Champs - 2023
1:49,92 S S	F	100 Breast 2022/07/02 CTA Invitational Meet - July 2022
37,67 L	LEV2 F	50 Fly 2023/02/11 WCA-B Champs - 2023
3:24,29 S	F	200 IM 2022/08/13 CTA Qualifying Meet #3
3:29,51 L	F	200 IM 2022/09/24 CTA Qualifying Meet #5
Matthew Liebenberg (10) M (Yr: AR)		
50,07 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:55,71 S	F	100 Free 2023/02/25 CTA Future Stars Meet #8
56,22 S	F	50 Back 2023/02/25 CTA Future Stars Meet #8
1:59,76 S	F	100 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
38,27 S	F	25 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:06,43 S	F	50 Breast 2023/02/25 CTA Future Stars Meet #8
31,54 S	F	25 Fly 2022/10/22 CTA Future Stars Meet #5
Leah Liebenberg (8) W (Yr: AR)		
44,96 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:44,70 S	F	100 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
52,94 S	F	50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:52,99 S	F	100 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
35,88 S	F	25 Breast 2022/06/11 CTA Future Stars Meet #1
1:11,99 S	F	50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
26,36 S	F	25 Fly 2022/10/22 CTA Future Stars Meet #5

Individual Top Times

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Time	P/F/S	Event			
Leah Liebenberg (8) W (Yr: AR)					
2:02,19	S F	100 IM	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
Jinxuan Li (8) W (Yr: AR)					
55,10	S F	50 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
2:15,59	S F	100 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
57,84	S F	50 Back	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
41,36	S F	25 Breast	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
1:22,81	S F	50 Breast	2023/02/25	CTA Future Stars Meet #8	
42,78	S F	25 Fly	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
Kenna Lilley (10) W (Yr: AR)					
40,44	S F	50 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
42,16	L F	50 Free	2022/11/12	CTA B LC CHAMPS	
1:37,63	S F	100 Free	2023/02/25	CTA Future Stars Meet #8	
47,56	S LEV2 F	50 Back	2023/02/25	CTA Future Stars Meet #8	
2:05,69	S F	100 Breast	2023/02/25	CTA Future Stars Meet #8	
2:15,32	L F	100 Breast	2022/11/12	CTA B LC CHAMPS	
49,05	S LEV2 F	50 Fly	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
Emmelize Loots (13) W (Yr: AR)					
1:25,55	L F	100 Free	2023/01/28	Winelands SL Final	
3:02,93	L F	200 Free	2023/01/28	Winelands SL Final	
3:05,96	S F	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
43,97	L F	50 Back	2023/02/11	WCA-B Champs - 2023	
47,69	S F	50 Back	2022/07/02	CTA Invitational Meet - July 2022	
1:37,77	S F	100 Back	2022/07/02	CTA Invitational Meet - July 2022	
1:40,78	L F	100 Back	2023/02/11	WCA-B Champs - 2023	
3:31,74	S F	200 Back	2022/08/13	CTA Qualifying Meet #3	
49,37	L F	50 Breast	2023/02/11	WCA-B Champs - 2023	
1:46,51	L F	100 Breast	2023/02/11	WCA-B Champs - 2023	
3:42,58	S LEV2 F	200 Breast	2022/07/02	CTA Invitational Meet - July 2022	
3:44,80	L LEV2 F	200 Breast	2023/02/11	WCA-B Champs - 2023	
3:25,97	S F	200 IM	2022/08/13	CTA Qualifying Meet #3	
3:33,55	L F	200 IM	2023/02/11	WCA-B Champs - 2023	
Tanya Loots (9) W (Yr: AR)					
21,78	S F	25 Free	2022/11/19	CTA Future Stars Meet #6	
44,74	S F	50 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
1:47,41	S F	100 Free	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
25,90	S F	25 Back	2022/11/19	CTA Future Stars Meet #6	
52,69	S F	50 Back	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
2:01,07	S F	100 Back	2022/07/30	CTA Future Stars Meet #2	
1:01,48	S F	50 Breast	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
2:13,07	S F	100 Breast	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
30,69	S F	25 Fly	2022/07/30	CTA Future Stars Meet #2	
2:01,75	S F	100 IM	2022/11/19	CTA Future Stars Meet #6	
Jemma Lotter (10) W (Yr: AR)					
33,41	S F	25 Back	2022/06/11	CTA Future Stars Meet #1	
43,02	S F	25 Breast	2022/06/11	CTA Future Stars Meet #1	
2:24,21	S F	100 IM	2022/10/22	CTA Future Stars Meet #5	
Jacobus Loubser (12) M (Yr: BR)					
1:18,41	L LEV2 F	100 Free	2023/02/18	Swartland Invitational Gala 2023	
3:05,50	L LEV2 F	200 Free	2023/02/18	Swartland Invitational Gala 2023	
3:10,90	S F	200 Free	2022/10/22	CTA Future Stars Meet #5	
43,79	L F	50 Back	2023/01/21	CTA Qualifying Meet #7	
1:39,62	S F	100 Back	2022/10/22	CTA Future Stars Meet #5	
43,66	L LEV2 F	50 Breast	2023/01/21	CTA Qualifying Meet #7	
1:36,91	L LEV2 F	100 Breast	2023/02/18	Swartland Invitational Gala 2023	
3:35,25	L LEV2 F	200 Breast	2023/02/18	Swartland Invitational Gala 2023	

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Time	P/F/S	Event			
Jacobus Loubser (12) M (Yr: BR)					
42,09 L	LEV2 F	50 Fly	2023/02/04	CTA Brian Button	Qualifying Meet #8
46,58 S	F	50 Fly	2022/10/22	CTA Future Stars	Meet #5
3:24,18 L	F	200 IM	2023/02/18	Swartland Invitational	Gala 2023
3:36,27 S	F	200 IM	2022/10/22	CTA Future Stars	Meet #5
Petrus Loubser (10) M (Yr: BR)					
50,44 L	F	50 Free	2023/02/18	Swartland Invitational	Gala 2023
56,75 L	F	50 Back	2023/02/18	Swartland Invitational	Gala 2023
2:02,05 S	F	100 Back	2022/10/22	CTA Future Stars	Meet #5
1:05,87 L	F	50 Breast	2023/02/18	Swartland Invitational	Gala 2023
28,28 S	F	25 Fly	2022/10/22	CTA Future Stars	Meet #5
2:14,30 S	F	100 IM	2022/10/22	CTA Future Stars	Meet #5
Ben Louw (11) M (Yr: BR)					
36,80 L	LEV2 F	50 Free	2023/03/03	SA Level 2 Regional Age Group	Champs 2023 EC
39,59 S	F	50 Free	2022/08/13	CTA Qualifying Meet	#3
1:20,73 L	LEV2 F	100 Free	2023/03/03	SA Level 2 Regional Age Group	Champs 2023 EC
1:32,61 S	F	100 Free	2022/06/11	CTA Future Stars	Meet #1
3:02,42 L	LEV2 F	200 Free	2023/03/03	SA Level 2 Regional Age Group	Champs 2023 EC
45,59 L	LEV2 F	50 Back	2023/03/03	SA Level 2 Regional Age Group	Champs 2023 EC
50,65 S	F	50 Back	2022/08/13	CTA Qualifying Meet	#3
46,66 L	LEV2 F	50 Breast	2023/03/03	SA Level 2 Regional Age Group	Champs 2023 EC
53,61 S	F	50 Breast	2022/06/11	CTA Future Stars	Meet #1
1:49,39 L	LEV2 P	100 Breast	2023/03/03	SA Level 2 Regional Age Group	Champs 2023 EC
50,60 L	LEV2 F	50 Fly	2022/10/07	41st Freda Barnard Invitational	Gala
3:39,65 L	LEV2 F	200 IM	2022/11/04	CTA A CHAMPS	2022
3:39,65 L	LEV2 F	200 IM	2023/02/11	WCA-B Champs -	2023
3:50,03 S	F	200 IM	2022/08/13	CTA Qualifying Meet	#3
Amy McWilliam (13) W (Yr: AR)					
1:17,99 L	F	100 Free	2023/01/21	CTA Qualifying Meet	#7
2:44,13 S	LEV2 F	200 Free	2022/07/15	WCA SC Championships	2022
2:49,44 L	LEV2 F	200 Free	2023/01/28	Winelands SL Final	
6:07,67 L	F	400 Free	2023/01/21	CTA Qualifying Meet	#7
38,68 S L	LEV2 F	50 Back	2022/07/15	WCA SC Championships	2022
38,82 L	LEV2 P	50 Back	2022/12/09	Western Cape LC-A Championship	2022
1:22,55 S	LEV2 F	100 Back	2022/07/02	CTA Invitational Meet -	July 2022
1:25,69 L	LEV2 P	100 Back	2022/12/09	Western Cape LC-A Championship	2022
2:59,11 S S	LEV2 F	200 Back	2022/07/02	CTA Invitational Meet -	July 2022
3:05,53 L	LEV2 P	200 Back	2022/12/09	Western Cape LC-A Championship	2022
47,72 S S	F	50 Breast	2022/07/02	CTA Invitational Meet -	July 2022
38,92 L	LEV2 P	50 Fly	2022/12/09	Western Cape LC-A Championship	2022
40,11 S S	F	50 Fly	2022/07/02	CTA Invitational Meet -	July 2022
1:29,02 S	F	100 IM	2022/07/15	WCA SC Championships	2022
3:09,76 S S	LEV2 F	200 IM	2022/07/02	CTA Invitational Meet -	July 2022
3:12,17 L	LEV2 P	200 IM	2022/12/09	Western Cape LC-A Championship	2022
Benn McWilliam (17) M (Yr: AR)					
27,11 L	LEV2 F	50 Free	2022/09/03	CTA Qualifying Meet	#4
59,18 S	LEV2 F	100 Free	2022/07/15	WCA SC Championships	2022
2:04,35 L	LEV3 P	200 Free	2023/03/21	SA National Junior Age Group	Champs-KZN 2023
4:28,71 L	LEV3 F	400 Free	2023/01/28	Winelands SL Final	
4:36,17 S	LEV3 P	400 Free	2022/08/11	Sa Short Course Swimming	Champs (25m) PMBG 22
9:11,29 S	F	800 Free	2022/07/02	CTA Invitational Meet -	July 2022
9:18,03 L	F	800 Free	2022/10/15	CTA Qualifying Meet	#6
17:03,10 L	A-QT F	1500 Free	2023/03/21	SA National Junior Age Group	Champs-KZN 2023
17:44,64 S	F	1500 Free	2022/08/11	Sa Short Course Swimming	Champs (25m) PMBG 22
36:25,92 L	O	3000 Free	2023/03/10	SA National OWS Championship	2023-PE
1:03:35,00 L	O	5000 Free	2022/10/23	EC Swim Series OWS 1	2022

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Time	P/F/S	Event			
Benn McWilliam (17) M (Yr: AR)					
1:34:12,00	L	O	7500	Free	2023/03/10 SA National OWS Championship 2023-PE
30,11	L S	LEV2 P	50	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:03,54	L	LEV3 F	100	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:05,23	S	LEV3 P	100	Back	2022/07/02 CTA Invitational Meet - July 2022
2:19,23	S	LEV3 P	200	Back	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:21,55	L	LEV3 P	200	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
32,51	L	LEV2 P	50	Breast	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:14,08	S	LEV2 F	100	Breast	2022/07/15 WCA SC Championships 2022
2:39,40	S	LEV3 F	200	Breast	2022/07/15 WCA SC Championships 2022
2:41,15	L S	LEV3 P	200	Breast	2023/03/21 SA National Junior Age Group Champs-KZN 2023
27,64	L	LEV2 P	50	Fly	2023/03/21 SA National Junior Age Group Champs-KZN 2023
28,14	S	LEV2 P	50	Fly	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
59,62	L S	LEV3 F	100	Fly	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:02,39	S	LEV2 P	100	Fly	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:21,28	L	F	200	Fly	2023/01/28 Winelands SL Final
2:21,64	S	F	200	Fly	2022/07/15 WCA SC Championships 2022
1:05,25	S	P	100	IM	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:16,83	L	B-QT P	200	IM	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:19,71	S S	LEV3 F	200	IM	2022/07/02 CTA Invitational Meet - July 2022
4:50,40	L	B-QT F	400	IM	2023/03/21 SA National Junior Age Group Champs-KZN 2023
4:57,21	S	F	400	IM	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
Troy McWilliam (15) M (Yr: AR)					
28,01	L	LEV2 F	50	Free	2023/01/21 CTA Qualifying Meet #7
29,12	S	F	50	Free	2022/07/15 WCA SC Championships 2022
1:01,02	L	LEV2 P	100	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:03,32	S	LEV2 F	100	Free	2022/07/15 WCA SC Championships 2022
2:09,60	L	LEV3 P	200	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:13,78	S	LEV2 F	200	Free	2022/07/02 CTA Invitational Meet - July 2022
4:23,92	L	B-QT F	400	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
4:27,50	S	LEV3 F	400	Free	2022/07/02 CTA Invitational Meet - July 2022
9:06,84	L S	B-QT F	800	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
9:07,40	S	SANJ F	800	Free	2022/07/02 CTA Invitational Meet - July 2022
17:25,56	L	B-QT F	1500	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
17:27,38	S	B-QT F	1500	Free	2022/07/15 WCA SC Championships 2022
37:16,12	L	O	3000	Free	2023/03/10 SA National OWS Championship 2023-PE
1:02:24,43	L	O	5000	Free	2023/03/10 SA National OWS Championship 2023-PE
36,19	L	F	50	Back	2023/01/28 Winelands SL Final
1:11,15	L	LEV2 P	100	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:28,89	S	LEV3 F	200	Back	2022/07/15 WCA SC Championships 2022
2:32,20	L S	LEV3 P	200	Back	2022/12/09 Western Cape LC-A Championship 2022
1:19,83	L	LEV2 P	100	Breast	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:21,24	S	LEV2 F	100	Breast	2022/07/15 WCA SC Championships 2022
2:50,33	L S	LEV3 P	200	Breast	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:51,02	S	LEV2 F	200	Breast	2022/07/15 WCA SC Championships 2022
31,80	L	LEV2 P	50	Fly	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:12,98	L	LEV2 F	100	Fly	2023/01/21 CTA Qualifying Meet #7
1:14,39	S	P	100	IM	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:28,35	L	LEV2 P	200	IM	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:28,88	S S	LEV2 F	200	IM	2022/07/02 CTA Invitational Meet - July 2022
5:22,61	L	F	400	IM	2022/12/09 Western Cape LC-A Championship 2022
5:26,82	S	P	400	IM	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
Ben Minnaar (18) M (Yr: AR)					
28,41	L S	LEV2 P	50	Free	2022/12/09 Western Cape LC-A Championship 2022
28,96	S S	P	50	Free	2022/07/02 CTA Invitational Meet - July 2022
2:39,69	L	F	200	Free	2022/10/15 CTA Qualifying Meet #6
34,28	S	LEV2 P	50	Breast	2022/07/02 CTA Invitational Meet - July 2022

Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event
Ben Minnaar (18) M (Yr: AR)		
34,61 L	LEV2 P	50 Breast 2022/12/09 Western Cape LC-A Championship 2022
1:17,23 S	LEV2 P	100 Breast 2022/07/02 CTA Invitational Meet - July 2022
1:23,66 L	LEV2 P	100 Breast 2022/12/09 Western Cape LC-A Championship 2022
31,07 S S	LEV2 P	50 Fly 2022/07/02 CTA Invitational Meet - July 2022
31,42 L	LEV2 P	50 Fly 2022/12/09 Western Cape LC-A Championship 2022
1:14,33 S S	LEV2 P	100 Fly 2022/07/02 CTA Invitational Meet - July 2022
1:19,56 L S	LEV2 P	100 Fly 2022/12/09 Western Cape LC-A Championship 2022
2:41,38 S	LEV2 F	200 IM 2022/06/04 CTA Qualifying Meet #1
2:46,35 L	P	200 IM 2022/12/09 Western Cape LC-A Championship 2022
Nicolas Minnaar (13) M (Yr: AR)		
31,94 L S	LEV2 P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
1:09,83 L	LEV2 F	100 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:11,78 S S	F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:37,88 L	LEV2 P	200 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
2:42,11 S	LEV2 F	200 Free 2022/07/02 CTA Invitational Meet - July 2022
6:05,70 S	F	400 Free 2022/06/04 CTA Qualifying Meet #1
12:00,12 S	F	800 Free 2022/07/02 CTA Invitational Meet - July 2022
44,54 L	LEV2 P	50 Breast 2022/12/09 Western Cape LC-A Championship 2022
45,01 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:36,05 L	LEV2 F	100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:37,82 S S	LEV2 F	100 Breast 2022/07/02 CTA Invitational Meet - July 2022
3:21,01 L	LEV3 F	200 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
3:24,96 S	LEV2 F	200 Breast 2022/07/02 CTA Invitational Meet - July 2022
35,34 L	LEV2 F	50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
38,32 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
2:57,62 L	LEV2 F	200 IM 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
3:04,47 S	F	200 IM 2022/06/04 CTA Qualifying Meet #1
Stephanie Minnaar (13) W (Yr: AR)		
32,88 L S	LEV2 P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
33,01 S S	LEV2 F	50 Free 2022/07/02 CTA Invitational Meet - July 2022
1:14,34 L	LEV2 P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:15,02 S S	LEV2 F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:51,64 L	P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
2:53,37 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
41,49 L	LEV2 P	50 Back 2022/12/09 Western Cape LC-A Championship 2022
47,47 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
48,03 L	P	50 Breast 2022/12/09 Western Cape LC-A Championship 2022
41,36 S S	F	50 Fly 2022/07/02 CTA Invitational Meet - July 2022
42,51 L	P	50 Fly 2022/12/09 Western Cape LC-A Championship 2022
3:19,51 L	P	200 IM 2022/12/09 Western Cape LC-A Championship 2022
3:23,49 S S	F	200 IM 2022/07/02 CTA Invitational Meet - July 2022
Frederik Möller (16) M (Yr: AR)		
29,94 L	F	50 Free 2022/10/07 41st Freda Barnard Invitational Gala
1:03,59 S	LEV2 P	100 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
1:03,86 L	LEV2 P	100 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:14,97 L	LEV2 P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
2:18,32 S	LEV2 P	200 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
4:44,25 S	LEV3 P	400 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
4:44,72 L	LEV3 F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
9:39,32 L S	F	800 Free 2022/12/09 Western Cape LC-A Championship 2022
9:45,29 S	F	800 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
18:03,94 L	SANJ F	1500 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
18:53,45 S	F	1500 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
32,76 L S	LEV2 P	50 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:09,80 L	LEV2 P	100 Back 2023/02/24 Western Cape Elite Gala
1:10,49 S	LEV2 F	100 Back 2022/06/04 CTA Qualifying Meet #1

Individual Top Times

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Time	P/F/S	Event
Frederik Möller (16) M (Yr: AR)		
2:27,40 L	LEV3 P	200 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:36,16 S	LEV3 P	200 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
38,70 L	LEV2 F	50 Breast 2022/09/24 CTA Qualifying Meet #5
39,45 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:23,45 L	LEV2 F	100 Breast 2022/10/07 41st Freda Barnard Invitational Gala
1:26,38 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
2:54,56 L S	LEV3 P	200 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:59,90 S	LEV2 P	200 Breast 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
33,54 L	F	50 Fly 2022/10/07 41st Freda Barnard Invitational Gala
37,91 S	F	50 Fly 2022/07/23 CTA Qualifying Meet #2
1:14,87 S	P	100 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:32,49 L	LEV2 P	200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:35,59 S	LEV2 P	200 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
5:21,99 L	F	400 IM 2022/12/09 Western Cape LC-A Championship 2022
Gideon Möller (12) M (Yr: AR)		
33,91 L	LEV2 F	50 Free 2022/10/07 41st Freda Barnard Invitational Gala
1:15,16 L	LEV2 P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:19,25 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:44,66 L	LEV3 P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
5:42,01 L	LEV3 F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
39,46 L	LEV2 P	50 Back 2022/12/09 Western Cape LC-A Championship 2022
1:25,06 L	LEV3 F	100 Back 2022/11/04 CTA A CHAMPS 2022
1:28,53 S	LEV2 F	100 Back 2022/06/04 CTA Qualifying Meet #1
2:54,34 L S	LEV3 F	200 Back 2022/12/09 Western Cape LC-A Championship 2022
46,68 L	LEV2 P	50 Breast 2022/12/09 Western Cape LC-A Championship 2022
49,34 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:45,43 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
1:45,82 L	LEV2 F	100 Breast 2022/10/07 41st Freda Barnard Invitational Gala
3:38,99 L	LEV2 P	200 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
38,49 L	LEV2 P	50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
40,45 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
3:07,22 L	LEV2 P	200 IM 2023/02/24 Western Cape Elite Gala
3:15,74 S	LEV2 F	200 IM 2022/07/23 CTA Qualifying Meet #2
Gia Newkirk (10) W (Yr: AR)		
1:35,12 L	F	100 Free 2023/02/18 Swartland Invitational Gala 2023
1:42,79 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:51,82 L	F	100 Back 2022/11/12 CTA B LC CHAMPS
1:54,40 S	F	100 Back 2022/10/22 CTA Future Stars Meet #5
27,75 S	F	25 Breast 2022/06/11 CTA Future Stars Meet #1
52,06 L	LEV2 F	50 Breast 2023/02/18 Swartland Invitational Gala 2023
1:01,99 S	F	50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
2:24,60 S	F	100 Breast 2022/07/30 CTA Future Stars Meet #2
21,87 S	F	25 Fly 2022/10/22 CTA Future Stars Meet #5
47,41 L	LEV2 F	50 Fly 2023/02/18 Swartland Invitational Gala 2023
1:49,41 S	F	100 IM 2022/10/22 CTA Future Stars Meet #5
3:56,22 L	LEV2 F	200 IM 2023/02/18 Swartland Invitational Gala 2023
Rebecca Nilsson (12) W (Yr: BR)		
34,34 L S	LEV2 P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
34,69 S	LEV2 F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:14,46 L	LEV3 F	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:19,29 S	LEV2 F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:41,86 L	LEV3 P	200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
5:46,47 L	LEV3 F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
50:05,00 L	O	3000 Free 2022/10/23 EC Swim Series OWS 1 2022
39,73 L	LEV2 F	50 Back 2023/02/24 Western Cape Elite Gala
42,57 S	LEV2 F	50 Back 2022/08/13 CTA Qualifying Meet #3

Individual Top Times

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Time	P/F/S	Event
Rebecca Nilsson (12) W (Yr: BR)		
1:26,07 L	LEV3 F	100 Back 2023/01/21 CTA Qualifying Meet #7
3:12,00 L	LEV2 F	200 Back 2023/02/04 CTA Brian Button Qualifying Meet #8
41,91 L	LEV2 F	50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:31,63 L	LEV3 F	100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:39,79 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
3:16,61 L	LEV3 F	200 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:31,58 S	LEV2 F	200 Breast 2022/08/13 CTA Qualifying Meet #3
36,21 L	LEV2 F	50 Fly 2023/01/21 CTA Qualifying Meet #7
41,90 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
1:20,80 L	LEV3 F	100 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:41,35 S	LEV2 F	100 Fly 2022/08/13 CTA Qualifying Meet #3
3:02,03 L	LEV3 P	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:10,78 S	LEV2 F	200 IM 2022/08/13 CTA Qualifying Meet #3
Iminathi Ntshona (12) M (Yr: AR)		
40,81 L	F	50 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:25,44 L	P	100 Free 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:47,51 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
3:09,10 L	LEV2 F	200 Free 2023/02/04 CTA Brian Button Qualifying Meet #8
3:25,15 S	F	200 Free 2022/11/19 CTA Future Stars Meet #6
7:12,71 L	F	400 Free 2023/01/21 CTA Qualifying Meet #7
45,62 L	P	50 Back 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:35,33 L	LEV2 P	100 Back 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:44,41 S	F	100 Back 2022/11/19 CTA Future Stars Meet #6
54,32 L	F	50 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:03,50 S	F	50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:55,44 L	P	100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
2:00,79 S	F	100 Breast 2022/11/19 CTA Future Stars Meet #6
46,77 L	P	50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
53,25 S	F	50 Fly 2022/11/19 CTA Future Stars Meet #6
1:59,34 S	F	100 IM 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
3:37,48 L	F	200 IM 2023/02/04 CTA Brian Button Qualifying Meet #8
3:50,91 S	F	200 IM 2022/11/19 CTA Future Stars Meet #6
Julie Olivier (11) W (Yr: AR)		
34,46 L	LEV2 F	50 Free 2023/01/28 NMBA Intra-District Championship
36,41 S	LEV2 F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:13,87 L L	LEV3 F	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:22,87 S	LEV2 F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:49,41 L	LEV3 F	200 Free 2022/10/07 41st Freda Barnard Invitational Gala
3:00,94 S	LEV2 F	200 Free 2022/06/04 CTA Qualifying Meet #1
5:43,12 L	LEV3 F	400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
40,06 S	LEV2 F	50 Back 2022/08/13 CTA Qualifying Meet #3
41,30 L	LEV2 P	50 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:27,40 L	LEV3 P	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:31,12 S	LEV2 F	100 Back 2022/06/04 CTA Qualifying Meet #1
2:56,90 L	LEV3 F	200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:08,75 S	LEV3 F	200 Back 2022/08/13 CTA Qualifying Meet #3
48,66 L	LEV2 F	50 Breast 2022/10/07 41st Freda Barnard Invitational Gala
51,10 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:46,06 L	LEV2 P	100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:49,22 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
3:46,29 S	LEV2 F	200 Breast 2022/08/13 CTA Qualifying Meet #3
3:46,86 L	LEV2 F	200 Breast 2022/10/07 41st Freda Barnard Invitational Gala
39,95 L	LEV2 F	50 Fly 2023/02/11 WCA-B Champs - 2023
41,88 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
3:08,33 L	LEV3 F	200 IM 2023/01/28 NMBA Intra-District Championship
3:20,22 S	LEV2 F	200 IM 2022/07/23 CTA Qualifying Meet #2

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Time	P/F/S	Event			
Stefan Olivier (10) M (Yr: AR)					
46,60	S	F	50	Free	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
56,57	L	F	50	Free	2022/11/12 CTA B LC CHAMPS
2:01,66	S	F	100	Free	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
2:12,09	L	F	100	Free	2022/11/12 CTA B LC CHAMPS
54,69	S	F	50	Back	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
59,74	L	F	50	Back	2022/11/12 CTA B LC CHAMPS
Lily Otterbach (12) W (Yr: BR)					
31,41	L	LEV2	F	50	Free
32,43	S S	LEV2	F	50	Free
1:08,42	L	LEV3	F	100	Free
1:13,57	S S	LEV2	F	100	Free
2:35,59	L	LEV3	P	200	Free
2:47,82	S	LEV2	F	200	Free
35,70	L	LEV2	F	50	Back
36,87	S	LEV2	F	50	Back
1:23,35	S	LEV3	F	100	Back
1:24,10	L	LEV3	P	100	Back
45,76	L	LEV2	P	50	Breast
45,84	S S	LEV2	F	50	Breast
1:44,97	L	LEV2	F	100	Breast
34,51	L	LEV2	F	50	Fly
36,78	S S	LEV2	F	50	Fly
1:21,19	L	LEV3	F	100	Fly
3:07,01	L	LEV3	P	200	IM
3:07,67	S	LEV2	F	200	IM
Emilio Perez Castellano (9) M (Yr: AR)					
41,26	S	F	50	Free	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
29,72	S	F	25	Back	2022/08/20 CTA Future Stars Meet #3 - CURRO CC
59,86	S	F	50	Back	2023/01/28 CTA Future Stars Meet #7 - Fairmont
1:59,90	S	LEV2	F	100	Breast
26,09	S	F	25	Fly	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:03,25	S	F	100	IM	2023/01/28 CTA Future Stars Meet #7 - Fairmont
Henri Pretorius (9) M (Yr: AR)					
49,04	S	F	50	Free	2023/01/28 CTA Future Stars Meet #7 - Fairmont
1:51,72	S	F	100	Free	2023/01/28 CTA Future Stars Meet #7 - Fairmont
26,16	S	F	25	Back	2022/06/11 CTA Future Stars Meet #1
54,48	S	F	50	Back	2023/01/28 CTA Future Stars Meet #7 - Fairmont
58,12	S	F	50	Breast	2023/01/28 CTA Future Stars Meet #7 - Fairmont
58,31	L	F	50	Breast	2022/11/12 CTA B LC CHAMPS
Guillaume Pretorius (9) M (Yr: BR)					
59,57	S	F	50	Free	2022/11/19 CTA Future Stars Meet #6
1:56,10	S	F	100	Free	2023/02/25 CTA Future Stars Meet #8
53,62	S	F	50	Back	2023/02/25 CTA Future Stars Meet #8
1:57,22	S	F	100	Back	2023/02/25 CTA Future Stars Meet #8
59,06	S	F	50	Breast	2022/11/19 CTA Future Stars Meet #6
Marli Pretorius (13) W (Yr: AR)					
39,70	S	F	50	Free	2023/01/28 CTA Future Stars Meet #7 - Fairmont
42,46	L	F	50	Free	2022/11/12 CTA B LC CHAMPS
1:33,30	S	F	100	Free	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
3:15,53	S	F	200	Free	2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
3:36,98	L	F	200	Free	2022/11/12 CTA B LC CHAMPS
47,03	S	F	50	Back	2023/02/25 CTA Future Stars Meet #8
1:41,37	S	F	100	Back	2023/02/25 CTA Future Stars Meet #8
1:55,05	L	F	100	Back	2022/11/12 CTA B LC CHAMPS
56,57	S	F	50	Breast	2023/02/25 CTA Future Stars Meet #8

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Time	P/F/S	Event			
Marli Pretorius (13) W (Yr: AR)					
2:06,27	S	F	100	Breast	2023/01/28 CTA Future Stars Meet #7 - Fairmont
2:15,11	L	F	100	Breast	2022/11/12 CTA B LC CHAMPS
1:53,20	S	F	100	IM	2022/10/22 CTA Future Stars Meet #5
Theo Pretorius (11) M (Yr: AR)					
36,22	L	LEV2	F	50	Free
39,79	S		F	50	Free
1:31,89	L		F	100	Free
1:35,01	S		F	100	Free
3:18,72	L	LEV2	F	200	Free
48,22	S		F	50	Back
1:38,02	L	LEV2	F	100	Back
51,21	S	LEV2	F	50	Breast
51,24	L	LEV2	F	50	Breast
1:49,40	L	LEV2	F	100	Breast
55,16	L		F	50	Fly
3:35,93	L	LEV2	F	200	IM
3:43,88	S		F	200	IM
Tanè Putter (15) W (Yr: AR)					
28,59	S	LEV2	P	50	Free
28,74	L S	LEV2	F	50	Free
1:01,66	S	SANJ	F	100	Free
1:04,66	L	LEV3	F	100	Free
2:17,57	S	LEV3	F	200	Free
2:30,85	L	LEV2	P	200	Free
5:06,58	L	LEV3	F	400	Free
5:11,36	S	LEV3	P	400	Free
11:05,48	L		F	800	Free
32,21	S L	LEV2	F	50	Back
33,29	L L	LEV2	F	50	Back
1:09,00	S	SANJ	F	100	Back
1:13,87	L	LEV3	P	100	Back
2:29,94	S	SANJ	F	200	Back
2:47,65	L	LEV3	P	200	Back
35,65	S	LEV2	P	50	Breast
36,50	L	LEV2	F	50	Breast
1:15,09	S	B-QT	F	100	Breast
1:20,73	L	SANJ	P	100	Breast
2:48,25	S	SANJ	F	200	Breast
2:54,44	L	SANJ	F	200	Breast
30,62	S	LEV2	P	50	Fly
31,47	L	LEV2	F	50	Fly
1:08,22	S	SANJ	F	100	Fly
1:14,53	L	LEV3	F	100	Fly
1:08,25	S		F	100	IM
2:29,09	S	B-QT	F	200	IM
2:35,52	L	SANJ	F	200	IM
5:22,64	S	SANJ	F	400	IM
5:46,27	L		F	400	IM
Marike Raimond (13) W (Yr: AR)					
31,47	L	LEV2	F	50	Free
34,04	S S		F	50	Free
1:09,01	L	LEV3	P	100	Free
1:15,96	S	LEV2	F	100	Free
2:31,45	L	LEV3	P	200	Free
2:43,81	S	LEV2	F	200	Free
5:18,51	L	LEV3	F	400	Free

Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
Marike Raimond (13) W (Yr: AR)					
5:40,08	S	F	400	Free	2022/07/15 WCA SC Championships 2022
11:01,91	L	F	800	Free	2022/12/09 Western Cape LC-A Championship 2022
37,96	L	LEV2	50	Back	2022/12/09 Western Cape LC-A Championship 2022
1:21,75	L	LEV3	100	Back	2022/11/04 CTA A CHAMPS 2022
2:52,92	L	LEV3	200	Back	2022/11/04 CTA A CHAMPS 2022
3:06,96	S	LEV2	200	Back	2022/07/15 WCA SC Championships 2022
1:45,05	S	F	100	Breast	2022/07/23 CTA Qualifying Meet #2
36,33	L	LEV2	50	Fly	2022/12/09 Western Cape LC-A Championship 2022
40,25	S S	F	50	Fly	2022/07/02 CTA Invitational Meet - July 2022
2:58,29	L	LEV2	200	IM	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:05,41	S S	LEV2	200	IM	2022/07/02 CTA Invitational Meet - July 2022
Cara Rossouw (13) W (Yr: AR)					
32,97	S	LEV2	50	Free	2022/08/13 CTA Qualifying Meet #3
1:16,42	L	LEV2	100	Free	2022/09/24 CTA Qualifying Meet #5
2:47,36	L	LEV2	200	Free	2022/09/24 CTA Qualifying Meet #5
5:48,50	S	F	400	Free	2022/07/15 WCA SC Championships 2022
38,03	S	LEV2	50	Back	2022/08/13 CTA Qualifying Meet #3
1:23,03	L	LEV2	100	Back	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:24,25	S	LEV2	100	Back	2022/07/15 WCA SC Championships 2022
2:53,63	L	LEV3	200	Back	2022/11/04 CTA A CHAMPS 2022
2:59,41	S	LEV2	200	Back	2022/07/15 WCA SC Championships 2022
45,40	L	LEV2	50	Breast	2022/09/24 CTA Qualifying Meet #5
1:41,20	L	LEV2	100	Breast	2022/09/24 CTA Qualifying Meet #5
3:37,00	S	LEV2	200	Breast	2022/08/13 CTA Qualifying Meet #3
34,24	L	LEV2	50	Fly	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:19,49	L	LEV3	100	Fly	2022/11/04 CTA A CHAMPS 2022
1:27,35	S	LEV2	100	Fly	2022/07/15 WCA SC Championships 2022
2:57,82	L	LEV3	200	IM	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:01,66	S	LEV2	200	IM	2022/08/13 CTA Qualifying Meet #3
Danel Rossouw (16) W (Yr: AR)					
30,23	S L	LEV2	50	Free	2022/07/15 WCA SC Championships 2022
31,14	L	LEV2	50	Free	2022/09/24 CTA Qualifying Meet #5
1:07,03	S	LEV2	100	Free	2022/07/15 WCA SC Championships 2022
1:08,27	L	LEV2	100	Free	2022/09/24 CTA Qualifying Meet #5
2:34,75	L	LEV2	200	Free	2022/09/24 CTA Qualifying Meet #5
34,61	L	LEV2	50	Fly	2022/09/24 CTA Qualifying Meet #5
2:56,54	S	LEV2	200	IM	2022/07/15 WCA SC Championships 2022
2:56,81	L	LEV2	200	IM	2022/09/24 CTA Qualifying Meet #5
Emma Rossouw (14) W (Yr: BR)					
31,75	L S	LEV2	50	Free	2022/12/09 Western Cape LC-A Championship 2022
1:09,74	L	LEV2	100	Free	2022/12/09 Western Cape LC-A Championship 2022
2:33,89	L	LEV2	200	Free	2022/12/09 Western Cape LC-A Championship 2022
5:27,40	L	LEV3	400	Free	2022/11/04 CTA A CHAMPS 2022
34,60	L	LEV2	50	Back	2022/11/04 CTA A CHAMPS 2022
1:13,86	L	LEV3	100	Back	2023/02/24 Western Cape Elite Gala
1:16,47	S	LEV3	100	Back	2022/06/04 CTA Qualifying Meet #1
2:40,61	L	LEV3	200	Back	2023/02/24 Western Cape Elite Gala
42,47	L	LEV2	50	Breast	2023/01/21 CTA Qualifying Meet #7
1:31,66	L	LEV2	100	Breast	2023/02/04 CTA Brian Button Qualifying Meet #8
3:18,87	L	LEV2	200	Breast	2023/01/21 CTA Qualifying Meet #7
34,65	L	LEV2	50	Fly	2022/11/04 CTA A CHAMPS 2022
1:28,10	L S	LEV2	100	Fly	2022/12/09 Western Cape LC-A Championship 2022
3:07,94	S	F	200	Fly	2022/06/04 CTA Qualifying Meet #1
2:52,19	S	LEV2	200	IM	2022/06/04 CTA Qualifying Meet #1
2:52,61	L	LEV3	200	IM	2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC

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Time	P/F/S	Event
Nadia Rossouw (16) W (Yr: AR)		
1:05,12 L	LEV3 P	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:33,24 L	LEV2 F	200 Free 2022/09/24 CTA Qualifying Meet #5
1:16,18 L L	F	50 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:14,43 L	LEV3 F	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:37,85 L	LEV3 F	200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:39,88 S	LEV3 F	200 Back 2022/08/13 CTA Qualifying Meet #3
40,55 L	LEV2 F	50 Breast 2022/09/24 CTA Qualifying Meet #5
1:32,84 L	LEV2 F	100 Breast 2023/01/21 CTA Qualifying Meet #7
35,14 L	LEV2 F	50 Fly 2023/01/21 CTA Qualifying Meet #7
2:44,22 S	LEV3 F	200 IM 2022/08/13 CTA Qualifying Meet #3
2:44,87 L	LEV3 P	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
Luthando Rulashe (12) M (Yr: AR)		
39,73 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
43,77 L	F	50 Free 2022/11/12 CTA B LC CHAMPS
1:36,41 S	F	100 Free 2023/04/22 WCA Inter-district Lev1 Team Champs 2023
3:35,65 S	F	200 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
48,51 S	F	50 Back 2023/04/22 WCA Inter-district Lev1 Team Champs 2023
52,49 L	F	50 Back 2022/11/12 CTA B LC CHAMPS
1:47,06 S	F	100 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:53,36 L	F	100 Back 2022/11/12 CTA B LC CHAMPS
48,88 S	F	50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
54,44 L	F	50 Breast 2022/11/12 CTA B LC CHAMPS
1:50,71 S	F	100 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
26,65 S	F	25 Fly 2023/01/28 CTA Future Stars Meet #7 - Fairmont
59,04 S	F	50 Fly 2023/04/22 WCA Inter-district Lev1 Team Champs 2023
1:45,89 S	F	100 IM 2023/04/22 WCA Inter-district Lev1 Team Champs 2023
Olwam Rulashe (14) M (Yr: AR)		
33,10 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
34,82 L	F	50 Free 2022/11/12 CTA B LC CHAMPS
1:16,64 S	F	100 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:24,63 L	F	100 Free 2022/11/12 CTA B LC CHAMPS
3:01,63 S	F	200 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
45,84 S	F	50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
46,42 L	F	50 Back 2022/11/12 CTA B LC CHAMPS
1:38,39 S	F	100 Back 2022/10/22 CTA Future Stars Meet #5
1:40,17 L	F	100 Back 2022/11/12 CTA B LC CHAMPS
49,79 S	F	50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
50,32 L	F	50 Breast 2022/11/12 CTA B LC CHAMPS
1:51,59 S	F	100 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:52,58 L	F	100 Breast 2022/11/12 CTA B LC CHAMPS
45,16 S	F	50 Fly 2023/04/22 WCA Inter-district Lev1 Team Champs 2023
1:35,16 S	F	100 IM 2023/04/22 WCA Inter-district Lev1 Team Champs 2023
Maya Schenck (8) W (Yr: AR)		
44,39 L	F	50 Free 2022/11/12 CTA B LC CHAMPS
44,51 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:42,84 S	F	100 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:46,49 L	F	100 Free 2022/11/12 CTA B LC CHAMPS
3:47,96 S	F	200 Free 2023/02/25 CTA Future Stars Meet #8
51,00 L	F	50 Back 2023/02/18 Swartland Invitational Gala 2023
52,85 S	F	50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:52,85 S	F	100 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
57,48 L	F	50 Breast 2023/02/18 Swartland Invitational Gala 2023
59,80 S	F	50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:05,55 S	F	100 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:07,72 L	F	100 Breast 2023/02/18 Swartland Invitational Gala 2023
25,78 S	F	25 Fly 2022/11/12 CTA B SC CHAMPS

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Time	P/F/S	Event
Maya Schenck (8) W (Yr: AR)		
2:00,95 S	F	100 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont
Margo Senekal (13) W (Yr: AR)		
30,79 L	LEV2 F	50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
32,47 S L	LEV2 F	50 Free 2022/07/15 WCA SC Championships 2022
1:09,22 L	LEV3 P	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:11,37 S	LEV2 F	100 Free 2022/07/15 WCA SC Championships 2022
2:27,97 L	LEV3 F	200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
5:18,33 L	LEV3 F	400 Free 2022/11/04 CTA A CHAMPS 2022
1:23,83 S	LEV2 F	100 Back 2022/07/15 WCA SC Championships 2022
1:24,78 L	LEV2 F	100 Back 2023/01/28 Winelands SL Final
40,98 L	LEV2 P	50 Breast 2022/12/09 Western Cape LC-A Championship 2022
1:31,39 S	LEV2 F	100 Breast 2022/07/15 WCA SC Championships 2022
1:34,97 L	LEV2 F	100 Breast 2022/11/04 CTA A CHAMPS 2022
3:24,04 L	LEV2 F	200 Breast 2022/11/04 CTA A CHAMPS 2022
35,06 L	LEV2 F	50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:24,61 S	LEV2 F	100 Fly 2022/07/15 WCA SC Championships 2022
1:28,09 L	LEV2 F	100 Fly 2022/11/11 Swartland Prestige Gala 2022
2:45,19 L	SANJ F	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:52,27 S	LEV3 F	200 IM 2022/07/15 WCA SC Championships 2022
Shayden September (12) M (Yr: AR)		
37,48 L	F	50 Free 2023/01/21 CTA Qualifying Meet #7
38,68 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:26,54 L	F	100 Free 2023/02/11 WCA-B Champs - 2023
1:32,44 S	F	100 Free 2022/07/15 WCA SC Championships 2022
3:15,15 L	F	200 Free 2022/11/04 CTA A CHAMPS 2022
45,87 L	F	50 Back 2023/02/11 WCA-B Champs - 2023
48,54 S	F	50 Back 2022/08/13 CTA Qualifying Meet #3
1:46,17 L	F	100 Back 2022/10/15 CTA Qualifying Meet #6
1:47,59 S	F	100 Back 2022/07/15 WCA SC Championships 2022
3:46,69 L	F	200 Back 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
3:56,05 S	F	200 Back 2022/08/13 CTA Qualifying Meet #3
51,15 L	F	50 Breast 2023/02/11 WCA-B Champs - 2023
2:00,95 L	P	100 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
2:03,80 S	F	100 Breast 2022/07/15 WCA SC Championships 2022
4:20,20 L	F	200 Breast 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
48,77 L	F	50 Fly 2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
49,78 S	F	50 Fly 2022/07/23 CTA Qualifying Meet #2
1:45,28 S	F	100 IM 2022/07/15 WCA SC Championships 2022
3:56,06 S	F	200 IM 2022/07/23 CTA Qualifying Meet #2
Courtney Smith (17) W (Yr: AR)		
32,65 S S	LEV2 P	50 Free 2022/07/02 CTA Invitational Meet - July 2022
32,93 L	LEV2 F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:09,20 L	LEV2 P	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:10,72 S	LEV2 F	100 Free 2022/07/15 WCA SC Championships 2022
2:31,73 L	LEV2 F	200 Free 2023/02/11 WCA-B Champs - 2023
5:11,65 S	LEV3 F	400 Free 2022/07/15 WCA SC Championships 2022
5:15,49 L	LEV3 F	400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
20:52,62 S	F	1500 Free 2022/08/13 CTA Qualifying Meet #3
21:34,28 L	F	1500 Free 2022/10/15 CTA Qualifying Meet #6
36,41 S	LEV2 P	50 Back 2022/07/02 CTA Invitational Meet - July 2022
1:15,47 L	LEV3 F	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:15,52 S	LEV3 F	100 Back 2022/07/15 WCA SC Championships 2022
2:43,60 L	LEV3 F	200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:44,27 S	LEV3 F	200 Back 2022/07/15 WCA SC Championships 2022
43,26 L	LEV2 F	50 Breast 2023/01/21 CTA Qualifying Meet #7
1:28,28 S	LEV2 F	100 Breast 2022/07/15 WCA SC Championships 2022

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Time	P/F/S	Event				
Courtney Smith (17) W (Yr: AR)						
1:33,29	L LEV2	F	100	Breast	2022/11/04	CTA A CHAMPS 2022
3:10,81	L LEV3	F	200	Breast	2023/02/11	WCA-B Champs - 2023
3:16,43	S LEV2	P	200	Breast	2022/07/02	CTA Invitational Meet - July 2022
32,97	L	F	50	Fly	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
35,62	S S LEV2	P	50	Fly	2022/07/02	CTA Invitational Meet - July 2022
1:14,81	L LEV3	F	100	Fly	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
1:18,71	S LEV2	F	100	Fly	2022/07/15	WCA SC Championships 2022
2:44,38	L LEV3	F	200	IM	2023/02/24	Western Cape Elite Gala
2:45,96	S LEV3	F	200	IM	2022/07/15	WCA SC Championships 2022
Lara Smith (15) W (Yr: BR)						
30,96	L LEV2	F	50	Free	2022/11/04	CTA A CHAMPS 2022
31,30	S LEV2	F	50	Free	2022/08/13	CTA Qualifying Meet #3
1:09,21	L LEV2	F	100	Free	2022/11/04	CTA A CHAMPS 2022
1:10,84	S LEV2	F	100	Free	2022/07/23	CTA Qualifying Meet #2
2:35,87	L LEV2	F	200	Free	2022/10/15	CTA Qualifying Meet #6
34,44	S LEV2	F	50	Back	2022/08/13	CTA Qualifying Meet #3
34,61	L LEV2	P	50	Back	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
1:16,06	L LEV3	F	100	Back	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
2:50,97	L LEV3	F	200	Back	2022/09/24	CTA Qualifying Meet #5
44,06	L LEV2	F	50	Breast	2022/10/15	CTA Qualifying Meet #6
1:33,61	S LEV2	F	100	Breast	2022/07/23	CTA Qualifying Meet #2
1:38,15	L LEV2	F	100	Breast	2022/09/24	CTA Qualifying Meet #5
32,03	L LEV2	F	50	Fly	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
34,22	S LEV2	F	50	Fly	2022/07/23	CTA Qualifying Meet #2
1:15,20	L LEV3	F	100	Fly	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
1:22,47	S LEV2	F	100	Fly	2022/08/13	CTA Qualifying Meet #3
2:50,47	L LEV3	P	200	IM	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
2:55,03	S LEV2	F	200	IM	2022/07/23	CTA Qualifying Meet #2
Nicolas Smith (10) M (Yr: AR)						
19,62	S	F	25	Free	2023/01/28	CTA Future Stars Meet #7 - Fairmont
42,53	S	F	50	Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:48,88	S	F	100	Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT
53,13	S	F	50	Back	2022/11/19	CTA Future Stars Meet #6
1:52,22	S	F	100	Back	2022/07/30	CTA Future Stars Meet #2
30,72	S	F	25	Breast	2022/11/19	CTA Future Stars Meet #6
1:06,37	S	F	50	Breast	2023/01/28	CTA Future Stars Meet #7 - Fairmont
2:33,87	S	F	100	Breast	2022/07/30	CTA Future Stars Meet #2
26,09	S	F	25	Fly	2022/07/30	CTA Future Stars Meet #2
48,46	S LEV2	F	50	Fly	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:53,01	S	F	100	IM	2023/01/28	CTA Future Stars Meet #7 - Fairmont
Sebastian Smith (14) M (Yr: BR)						
28,51	L LEV2	P	50	Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023
1:00,62	L LEV3	P	100	Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023
1:06,36	S LEV2	F	100	Free	2022/07/15	WCA SC Championships 2022
2:11,21	L SANJ	F	200	Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023
2:25,00	S LEV2	P	200	Free	2022/07/02	CTA Invitational Meet - July 2022
4:40,98	L SANJ	F	400	Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023
32,65	L LEV2	P	50	Back	2022/12/09	Western Cape LC-A Championship 2022
33,91	S LEV2	P	50	Back	2022/07/02	CTA Invitational Meet - July 2022
1:09,89	L LEV3	F	100	Back	2023/04/21	SA Schools Swimming Championship 2023
1:12,92	S LEV3	F	100	Back	2022/07/15	WCA SC Championships 2022
2:25,55	L SANJ	F	200	Back	2023/03/21	SA National Junior Age Group Champs-KZN 2023
36,18	L LEV2	P	50	Breast	2023/03/21	SA National Junior Age Group Champs-KZN 2023
1:21,23	L LEV3	P	100	Breast	2023/03/21	SA National Junior Age Group Champs-KZN 2023
1:21,49	S LEV3	F	100	Breast	2022/07/15	WCA SC Championships 2022
2:57,10	L S LEV3	P	200	Breast	2023/03/21	SA National Junior Age Group Champs-KZN 2023

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Time	P/F/S	Event
Sebastian Smith (14) M (Yr: BR)		
3:03,43 S	LEV3 F	200 Breast 2022/07/15 WCA SC Championships 2022
31,83 L	LEV2 P	50 Fly 2022/12/09 Western Cape LC-A Championship 2022
2:25,75 L	SANJ F	200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:41,04 S	LEV2 F	200 IM 2022/07/15 WCA SC Championships 2022
Anya Sonnekus (11) W (Yr: BR)		
36,57 L	LEV2 P	50 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
38,65 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:21,94 L	LEV2 F	100 Free 2022/09/03 CTA Qualifying Meet #4
1:22,24 S	LEV2 F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:54,14 L	LEV2 F	200 Free 2022/11/04 CTA A CHAMPS 2022
3:10,32 S	LEV2 F	200 Free 2022/07/02 CTA Invitational Meet - July 2022
6:28,32 S	F	400 Free 2022/07/15 WCA SC Championships 2022
44,07 L	LEV2 F	50 Back 2022/11/04 CTA A CHAMPS 2022
44,73 S L	LEV2 F	50 Back 2022/07/15 WCA SC Championships 2022
1:32,75 L	LEV2 P	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:35,76 S	LEV2 F	100 Back 2022/07/15 WCA SC Championships 2022
3:20,66 L	LEV2 F	200 Back 2022/11/04 CTA A CHAMPS 2022
44,89 L	LEV2 P	50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
52,82 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:39,60 L	LEV3 P	100 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:43,64 S	LEV2 F	100 Breast 2022/07/15 WCA SC Championships 2022
3:32,02 L	LEV3 F	200 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:44,60 S	LEV2 F	200 Breast 2022/07/02 CTA Invitational Meet - July 2022
40,57 L	LEV2 P	50 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
44,24 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
3:10,19 L	LEV3 P	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:20,01 S	LEV2 F	200 IM 2022/07/23 CTA Qualifying Meet #2
Luan Strydom (14) M (Yr: AR)		
37,10 S	F	50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
1:16,41 S	F	100 Free 2022/11/19 CTA Future Stars Meet #6
1:18,27 L	F	100 Free 2022/11/12 CTA B LC CHAMPS
2:45,81 S	F	200 Free 2023/01/28 CTA Future Stars Meet #7 - Fairmont
2:55,18 L	F	200 Free 2022/11/12 CTA B LC CHAMPS
41,60 L	F	50 Back 2022/11/12 CTA B LC CHAMPS
44,98 S	F	50 Back 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
1:22,47 S	LEV2 F	100 Back 2023/01/28 CTA Future Stars Meet #7 - Fairmont
1:28,12 L	F	100 Back 2022/11/12 CTA B LC CHAMPS
50,08 S	F	50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:40,41 S	F	100 Breast 2023/01/28 CTA Future Stars Meet #7 - Fairmont
1:51,09 L	F	100 Breast 2022/11/12 CTA B LC CHAMPS
42,53 S	F	50 Fly 2022/11/19 CTA Future Stars Meet #6
3:04,88 S	F	200 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont
3:19,04 L	F	200 IM 2022/11/12 CTA B LC CHAMPS
Stephan Strydom (17) M (Yr: AR)		
27,09 L S	LEV2 P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
58,97 L	LEV3 P	100 Free 2023/02/24 Western Cape Elite Gala
1:00,06 S	LEV2 F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:08,63 L	LEV3 P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
2:09,90 S	LEV2 F	200 Free 2022/06/04 CTA Qualifying Meet #1
4:33,47 L	LEV3 F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
9:35,68 L S	F	800 Free 2022/12/09 Western Cape LC-A Championship 2022
18:01,50 S	F	1500 Free 2022/08/13 CTA Qualifying Meet #3
18:11,68 L	F	1500 Free 2022/12/09 Western Cape LC-A Championship 2022
38:45,84 L	O	3000 Free 2023/03/10 SA National OWS Championship 2023-PE
32,81 L	LEV2 F	50 Back 2023/02/24 Western Cape Elite Gala
1:07,39 S	LEV2 F	100 Back 2022/06/04 CTA Qualifying Meet #1

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Time	P/F/S	Event
Stephan Strydom (17) M (Yr: AR)		
1:08,83 L	LEV2 P	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:28,90 L	LEV3 F	200 Back 2023/02/24 Western Cape Elite Gala
2:28,97 S	LEV3 F	200 Back 2022/08/13 CTA Qualifying Meet #3
31,49 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
1:09,49 S	LEV2 F	100 Fly 2022/08/13 CTA Qualifying Meet #3
2:30,13 L	LEV2 P	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:30,36 S	LEV2 F	200 IM 2022/06/04 CTA Qualifying Meet #1
Levi Swartz (11) M (Yr: AR)		
47,67 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
54,54 L	F	50 Free 2022/11/12 CTA B LC CHAMPS
1:50,57 S	F	100 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:11,07 L	F	100 Free 2022/11/12 CTA B LC CHAMPS
28,12 S	F	25 Back 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
1:02,44 S	F	50 Back 2023/02/25 CTA Future Stars Meet #8
1:06,09 L	F	50 Back 2022/11/12 CTA B LC CHAMPS
2:14,66 S	F	100 Back 2023/02/25 CTA Future Stars Meet #8
1:14,08 S	F	50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:33,84 L	F	50 Breast 2022/11/12 CTA B LC CHAMPS
1:04,68 S	F	50 Fly 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
Lyle Swartz (14) M (Yr: AR)		
29,20 L	LEV2 F	50 Free 2023/02/11 WCA-B Champs - 2023
30,15 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:08,93 S	F	100 Free 2022/07/15 WCA SC Championships 2022
1:10,62 L	F	100 Free 2022/10/15 CTA Qualifying Meet #6
1:24,41 L	LEV2 F	100 Back 2022/11/04 CTA A CHAMPS 2022
1:24,52 S	LEV2 F	100 Back 2022/07/15 WCA SC Championships 2022
42,48 L	LEV2 F	50 Breast 2023/02/11 WCA-B Champs - 2023
1:36,87 S	LEV2 F	100 Breast 2022/07/15 WCA SC Championships 2022
1:40,66 L	F	100 Breast 2022/11/04 CTA A CHAMPS 2022
1:23,62 S	F	100 IM 2022/07/15 WCA SC Championships 2022
3:24,74 L	F	200 IM 2022/10/15 CTA Qualifying Meet #6
Seth Swartz (9) M (Yr: AR)		
25,69 S	F	25 Free 2022/11/12 CTA B SC CHAMPS
48,17 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
26,10 S	F	25 Back 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
56,37 S	F	50 Back 2023/02/25 CTA Future Stars Meet #8
39,08 S	F	25 Breast 2022/11/12 CTA B SC CHAMPS
1:24,51 S	F	50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
32,16 S	F	25 Fly 2022/11/12 CTA B SC CHAMPS
1:00,80 S	F	50 Fly 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:39,00 S	F	100 IM 2023/01/28 CTA Future Stars Meet #7 - Fairmont
Saul Szapira (16) M (Yr: AR)		
28,13 S	LEV2 F	50 Free 2022/07/15 WCA SC Championships 2022
28,74 L	LEV2 F	50 Free 2022/10/07 41st Freda Barnard Invitational Gala
1:01,01 S	LEV2 F	100 Free 2022/07/15 WCA SC Championships 2022
1:04,09 L	LEV2 P	100 Free 2022/06/25 PEA Winter Gala 2022
2:20,22 L	LEV2 F	200 Free 2022/10/07 41st Freda Barnard Invitational Gala
4:44,54 S	LEV3 F	400 Free 2022/07/15 WCA SC Championships 2022
4:52,43 L	LEV3 F	400 Free 2022/09/03 CTA Qualifying Meet #4
10:02,90 L	F	800 Free 2022/06/25 PEA Winter Gala 2022
19:33,36 L S	F	1500 Free 2022/06/25 PEA Winter Gala 2022
1:11:09,00 L	O	5000 Free 2022/10/23 EC Swim Series OWS 1 2022
1:49:42,00 L	O	7500 Free 2022/10/23 EC Swim Series OWS 1 2022
32,80 L	LEV2 F	50 Back 2022/10/07 41st Freda Barnard Invitational Gala
1:07,12 S	LEV2 F	100 Back 2022/07/15 WCA SC Championships 2022

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Time	P/F/S	Event
Saul Szapira (16) M (Yr: AR)		
1:12,27 L	LEV2 P	100 Back 2022/12/09 Western Cape LC-A Championship 2022
2:31,77 S	LEV3 F	200 Back 2022/07/15 WCA SC Championships 2022
2:37,82 L	LEV3 F	200 Back 2022/10/07 41st Freda Barnard Invitational Gala
1:26,72 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
30,53 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
31,15 L	LEV2 F	50 Fly 2022/09/03 CTA Qualifying Meet #4
1:07,40 L S	LEV2 P	100 Fly 2022/12/09 Western Cape LC-A Championship 2022
1:09,48 S	LEV2 F	100 Fly 2022/07/15 WCA SC Championships 2022
2:38,87 L	F	200 Fly 2022/12/09 Western Cape LC-A Championship 2022
1:12,03 S	F	100 IM 2022/07/15 WCA SC Championships 2022
2:31,00 S	LEV2 F	200 IM 2022/07/15 WCA SC Championships 2022
2:38,09 L	LEV2 P	200 IM 2022/12/09 Western Cape LC-A Championship 2022
5:22,73 S	F	400 IM 2022/07/15 WCA SC Championships 2022
5:36,65 L	F	400 IM 2022/10/07 41st Freda Barnard Invitational Gala
Kiaan Terblanche (17) M (Yr: AR)		
27,09 L	LEV2 F	50 Free 2023/01/21 CTA Qualifying Meet #7
58,03 L	LEV3 P	100 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
58,20 S	LEV2 P	100 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:05,33 S	LEV3 F	200 Free 2022/06/04 CTA Qualifying Meet #1
2:06,39 L	LEV3 P	200 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
4:20,39 S	LEV3 F	400 Free 2022/06/04 CTA Qualifying Meet #1
4:23,56 L S	B-QT P	400 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
9:14,76 L	F	800 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
17:46,03 L	B-QT F	1500 Free 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
30,63 L	LEV2 P	50 Back 2022/12/09 Western Cape LC-A Championship 2022
1:03,65 S	LEV3 F	100 Back 2022/06/04 CTA Qualifying Meet #1
1:06,84 L	LEV3 P	100 Back 2022/12/09 Western Cape LC-A Championship 2022
2:13,40 S	B-QT F	200 Back 2023/02/18 Winelands TT and Team Relay gala
2:24,75 L S	LEV3 P	200 Back 2022/12/09 Western Cape LC-A Championship 2022
38,23 L	LEV2 F	50 Breast 2022/09/24 CTA Qualifying Meet #5
28,62 S	LEV2 P	50 Fly 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
29,08 L	LEV2 F	50 Fly 2023/01/21 CTA Qualifying Meet #7
1:03,07 L S	LEV3 F	100 Fly 2022/12/09 Western Cape LC-A Championship 2022
1:03,26 S	LEV2 P	100 Fly 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:15,54 S	F	200 Fly 2023/02/18 Winelands TT and Team Relay gala
2:23,21 L	P	200 Fly 2023/02/24 Western Cape Elite Gala
2:28,37 L	LEV2 F	200 IM 2022/09/03 CTA Qualifying Meet #4
Luan Terblanche (14) M (Yr: AR)		
29,54 L	LEV2 F	50 Free 2023/01/21 CTA Qualifying Meet #7
1:03,89 L	LEV2 P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:05,86 S	LEV2 P	100 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:15,13 L	LEV3 P	200 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:19,37 S	LEV3 P	200 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
4:31,98 S	SANJ F	400 Free 2023/02/18 Winelands TT and Team Relay gala
4:43,34 L	SANJ F	400 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
9:35,36 L S	SANJ F	800 Free 2022/12/09 Western Cape LC-A Championship 2022
18:10,40 L	SANJ F	1500 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
18:30,30 S	SANJ F	1500 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
37:14,66 L	O	3000 Free 2023/03/10 SA National OWS Championship 2023-PE
1:02:51,93 L	O	5000 Free 2023/03/10 SA National OWS Championship 2023-PE
33,49 L	LEV2 F	50 Back 2023/01/21 CTA Qualifying Meet #7
1:10,62 L	LEV3 P	100 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:11,87 S	LEV3 P	100 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:34,50 S	LEV3 P	200 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:35,82 L	LEV3 F	200 Back 2023/01/21 CTA Qualifying Meet #7
37,04 L	LEV2 P	50 Breast 2022/12/09 Western Cape LC-A Championship 2022

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Time	P/F/S	Event
Luan Terblanche (14) M (Yr: AR)		
37,99 S	LEV2 F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:20,34 L	LEV3 F	100 Breast 2023/01/28 NMBA Intra-District Championship
2:50,17 L S	SANJ P	200 Breast 2023/03/21 SA National Junior Age Group Champs-KZN 2023
30,98 L	LEV2 P	50 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023
32,56 S	LEV2 F	50 Fly 2022/07/23 CTA Qualifying Meet #2
1:09,94 L	LEV3 F	100 Fly 2023/01/28 NMBA Intra-District Championship
1:13,00 S	P	100 Fly 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:27,26 S	SANJ F	200 Fly 2023/02/18 Winelands TT and Team Relay gala
2:27,69 L	SANJ F	200 Fly 2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:14,51 S	P	100 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:29,73 L	LEV3 P	200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:33,45 S	LEV3 P	200 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
5:11,53 L	SANJ F	400 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
5:19,51 S	SANJ F	400 IM 2022/07/23 CTA Qualifying Meet #2
Carina Thomas (11) W (Yr: AR)		
1:25,29 L	LEV2 F	100 Free 2023/02/11 WCA-B Champs - 2023
1:35,66 S	F	100 Free 2022/06/11 CTA Future Stars Meet #1
3:10,25 L	LEV2 F	200 Free 2023/02/11 WCA-B Champs - 2023
46,90 S	F	50 Back 2022/06/11 CTA Future Stars Meet #1
1:39,48 L	LEV2 F	100 Back 2023/02/11 WCA-B Champs - 2023
52,11 L	F	50 Breast 2023/02/11 WCA-B Champs - 2023
53,61 S	F	50 Breast 2022/06/11 CTA Future Stars Meet #1
48,25 L	LEV2 F	50 Fly 2023/02/11 WCA-B Champs - 2023
3:53,73 S	F	200 IM 2022/10/22 CTA Future Stars Meet #5
Michael Trower (12) M (Yr: AR)		
32,11 L	LEV2 F	50 Free 2023/01/21 CTA Qualifying Meet #7
33,43 S	LEV2 F	50 Free 2022/07/15 WCA SC Championships 2022
1:10,62 L	LEV3 P	100 Free 2023/02/24 Western Cape Elite Gala
1:14,79 S	LEV2 F	100 Free 2022/07/15 WCA SC Championships 2022
2:30,52 L	LEV3 F	200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:44,46 S	LEV2 F	200 Free 2022/07/15 WCA SC Championships 2022
5:15,36 L	LEV3 F	400 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
5:35,79 S	LEV3 F	400 Free 2022/07/15 WCA SC Championships 2022
48:40,00 L	O	3000 Free 2022/10/23 EC Swim Series OWS 1 2022
37,65 L	LEV2 F	50 Back 2023/02/24 Western Cape Elite Gala
1:22,23 L	LEV3 F	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:31,82 S	LEV2 F	100 Back 2022/07/15 WCA SC Championships 2022
2:54,57 L	LEV3 P	200 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:13,64 S	LEV2 F	200 Back 2022/08/13 CTA Qualifying Meet #3
44,98 L	LEV2 P	50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:34,84 L	LEV3 F	100 Breast 2023/02/24 Western Cape Elite Gala
3:32,92 L	LEV3 F	200 Breast 2023/01/21 CTA Qualifying Meet #7
3:38,55 S	LEV2 F	200 Breast 2022/08/13 CTA Qualifying Meet #3
36,51 L	LEV2 F	50 Fly 2022/11/04 CTA A CHAMPS 2022
1:21,64 L	LEV3 P	100 Fly 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:31,52 S	LEV2 F	100 Fly 2022/07/15 WCA SC Championships 2022
2:55,91 L	LEV3 P	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:10,09 S	LEV2 F	200 IM 2022/08/13 CTA Qualifying Meet #3
Nicholas Trower (14) M (Yr: AR)		
25,73 L S	LEV2 F	50 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
26,55 S	LEV2 P	50 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
54,60 L	B-QT F	100 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
57,76 S	LEV3 F	100 Free 2022/07/15 WCA SC Championships 2022
1:59,75 L	B-QT F	200 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:10,27 S	LEV3 F	200 Free 2022/07/02 CTA Invitational Meet - July 2022
4:18,84 L	B-QT F	400 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023

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Time	P/F/S	Event
Nicholas Trower (14) M (Yr: AR)		
4:32,52 S	SANJ P	400 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
9:17,17 L S	SANJ F	800 Free 2023/03/21 SA National Junior Age Group Champs-KZN 2023
9:25,94 S	SANJ F	800 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
18:46,95 L	SANJ F	1500 Free 2022/09/03 CTA Qualifying Meet #4
1:10:46,00 L	O	5000 Free 2022/10/23 EC Swim Series OWS 1 2022
30,81 L S	LEV2 P	50 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
31,21 S	LEV2 P	50 Back 2022/07/02 CTA Invitational Meet - July 2022
1:01,08 L	B-QT F	100 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:05,25 S	SANJ P	100 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:11,88 L	B-QT F	200 Back 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:18,50 S	SANJ P	200 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
35,83 L	LEV2 F	50 Breast 2023/01/28 Winelands SL Final
1:25,86 L	LEV3 F	100 Breast 2022/09/24 CTA Qualifying Meet #5
28,25 L	LEV2 F	50 Fly 2023/01/28 Winelands SL Final
1:05,39 L	SANJ F	100 Fly 2023/01/28 Winelands SL Final
1:08,79 S	P	100 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:15,69 L	B-QT F	200 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:22,32 S S	SANJ F	200 IM 2022/07/02 CTA Invitational Meet - July 2022
4:53,91 L	B-QT F	400 IM 2023/03/21 SA National Junior Age Group Champs-KZN 2023
Tara Uys (18) W (Yr: AR)		
29,26 L	LEV2 F	50 Free 2022/09/03 CTA Qualifying Meet #4
1:02,22 L	LEV3 F	100 Free 2022/12/09 Western Cape LC-A Championship 2022
2:17,12 L	LEV3 F	200 Free 2022/12/09 Western Cape LC-A Championship 2022
4:47,15 L	LEV3 F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
30,47 L	A-QT F	50 Back 2022/12/09 Western Cape LC-A Championship 2022
30,66 S	B-QT P	50 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
1:05,71 S	B-QT F	100 Back 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
1:05,94 L	A-QT F	100 Back 2022/12/09 Western Cape LC-A Championship 2022
2:23,51 L	A-QT F	200 Back 2023/02/24 Western Cape Elite Gala
39,25 L	LEV2 F	50 Breast 2023/01/28 Winelands SL Final
1:29,05 L	LEV3 F	100 Breast 2022/09/24 CTA Qualifying Meet #5
31,94 L	F	50 Fly 2023/01/28 Winelands SL Final
1:09,73 L	LEV3 P	100 Fly 2023/04/12 SA National Aquatic SNR-Champ 2023-PE
1:10,32 S	LEV3 P	100 Fly 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:30,85 L	B-QT F	200 IM 2022/12/09 Western Cape LC-A Championship 2022
2:32,97 S	LEV3 P	200 IM 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
Cassie Van Heerden (11) W (Yr: AR)		
50,95 S	F	50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
1:44,70 S	F	100 Free 2022/11/19 CTA Future Stars Meet #6
4:02,78 L	F	200 Free 2023/02/18 Swartland Invitational Gala 2023
2:11,18 S	F	100 Back 2022/07/30 CTA Future Stars Meet #2
1:13,34 S	F	50 Breast 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
2:23,28 S	F	100 Breast 2022/11/19 CTA Future Stars Meet #6
2:26,07 L	F	100 Breast 2023/02/18 Swartland Invitational Gala 2023
30,10 S	F	25 Fly 2022/10/22 CTA Future Stars Meet #5
2:05,41 S	F	100 IM 2022/11/19 CTA Future Stars Meet #6
4:38,03 L	F	200 IM 2023/02/18 Swartland Invitational Gala 2023
Bianca Van Jaarsveld (9) W (Yr: AR)		
1:48,81 S	F	100 Free 2023/02/25 CTA Future Stars Meet #8
50,01 S	F	50 Back 2023/02/25 CTA Future Stars Meet #8
52,26 L	F	50 Back 2022/11/12 CTA B LC CHAMPS
1:56,26 S	F	100 Back 2022/10/22 CTA Future Stars Meet #5
1:04,02 S	F	50 Breast 2022/06/11 CTA Future Stars Meet #1
1:05,58 L	F	50 Breast 2022/11/12 CTA B LC CHAMPS
2:05,33 S	F	100 Breast 2023/02/25 CTA Future Stars Meet #8
23,65 S	F	25 Fly 2022/11/12 CTA B SC CHAMPS

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Bianca Van Jaarsveld (9) W (Yr: AR)					
2:07,03	S F	100 IM	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
Annabelle Van Onselen (8) W (Yr: AR)					
19,48	S F	25 Free	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
43,52	S F	50 Free	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
45,05	L F	50 Free	2023/02/18	Swartland Invitational Gala 2023	
1:40,58	S F	100 Free	2023/03/18	SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT	
1:45,62	L F	100 Free	2023/02/18	Swartland Invitational Gala 2023	
51,50	S F	50 Back	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
51,66	L F	50 Back	2023/02/18	Swartland Invitational Gala 2023	
1:49,98	S F	100 Back	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
1:55,25	L F	100 Back	2022/11/12	CTA B LC CHAMPS	
56,65	S F	50 Breast	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
1:00,31	L F	50 Breast	2023/02/18	Swartland Invitational Gala 2023	
2:01,41	S F	100 Breast	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
2:08,94	L F	100 Breast	2023/02/18	Swartland Invitational Gala 2023	
23,14	S F	25 Fly	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
1:51,45	S F	100 IM	2023/04/22	WCA Inter-district Lev1 Team Champs 2023	
Pierre Van Onselen (10) M (Yr: AR)					
35,67	S LEV2 F	50 Free	2023/02/25	CTA Future Stars Meet #8	
36,03	L LEV2 F	50 Free	2023/02/11	WCA-B Champs - 2023	
1:19,78	S LEV2 F	100 Free	2023/02/25	CTA Future Stars Meet #8	
1:24,05	L LEV2 F	100 Free	2023/02/11	WCA-B Champs - 2023	
3:04,61	L LEV2 F	200 Free	2023/02/11	WCA-B Champs - 2023	
3:10,74	S LEV2 F	200 Free	2022/10/22	CTA Future Stars Meet #5	
42,39	L LEV2 F	50 Back	2023/02/11	WCA-B Champs - 2023	
43,16	S LEV2 F	50 Back	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
1:32,86	L LEV2 F	100 Back	2023/02/11	WCA-B Champs - 2023	
1:34,86	S LEV2 F	100 Back	2022/10/22	CTA Future Stars Meet #5	
3:20,25	L LEV2 F	200 Back	2023/02/11	WCA-B Champs - 2023	
3:33,01	S LEV2 F	200 Back	2022/08/13	CTA Qualifying Meet #3	
51,44	L LEV2 F	50 Breast	2023/02/11	WCA-B Champs - 2023	
54,48	S S LEV2 F	50 Breast	2022/07/02	CTA Invitational Meet - July 2022	
1:52,47	L LEV2 F	100 Breast	2023/02/11	WCA-B Champs - 2023	
1:57,71	S S LEV2 F	100 Breast	2022/07/02	CTA Invitational Meet - July 2022	
4:11,26	L LEV2 F	200 Breast	2022/09/24	CTA Qualifying Meet #5	
41,28	S LEV2 F	50 Fly	2023/02/25	CTA Future Stars Meet #8	
50,76	L LEV2 F	50 Fly	2022/09/24	CTA Qualifying Meet #5	
1:38,81	S F	100 IM	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
3:19,76	S LEV2 F	200 IM	2023/02/25	CTA Future Stars Meet #8	
3:41,13	L LEV2 F	200 IM	2022/10/15	CTA Qualifying Meet #6	
Janco Van Rensburg (12) M (Yr: AR)					
37,84	L F	50 Free	2022/11/11	Swartland Prestige Gala 2022	
40,27	S F	50 Free	2022/08/13	CTA Qualifying Meet #3	
1:23,06	L F	100 Free	2023/02/18	Swartland Invitational Gala 2023	
1:27,37	S F	100 Free	2022/07/23	CTA Qualifying Meet #2	
3:02,50	L LEV2 F	200 Free	2022/11/11	Swartland Prestige Gala 2022	
3:22,14	S F	200 Free	2022/06/04	CTA Qualifying Meet #1	
49,59	S F	50 Back	2022/08/13	CTA Qualifying Meet #3	
1:44,87	S F	100 Back	2022/06/04	CTA Qualifying Meet #1	
50,16	L F	50 Breast	2023/02/18	Swartland Invitational Gala 2023	
53,04	S F	50 Breast	2022/06/04	CTA Qualifying Meet #1	
1:55,29	L F	100 Breast	2022/10/15	CTA Qualifying Meet #6	
4:01,59	L LEV2 F	200 Breast	2022/11/11	Swartland Prestige Gala 2022	
4:13,06	S F	200 Breast	2022/08/13	CTA Qualifying Meet #3	
43,59	L LEV2 F	50 Fly	2023/02/18	Swartland Invitational Gala 2023	
46,54	S F	50 Fly	2022/07/23	CTA Qualifying Meet #2	

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Janco Van Rensburg (12) M (Yr: AR)					
3:34,69	S	F	200	IM	2022/07/23 CTA Qualifying Meet #2
Michelle Van Rooyen (15) W (Yr: AR)					
35,90	L	F	50	Free	2022/11/04 CTA A CHAMPS 2022
1:18,11	L	P	100	Free	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:19,24	S	F	100	Free	2022/07/23 CTA Qualifying Meet #2
2:43,62	L	LEV2	200	Free	2022/11/04 CTA A CHAMPS 2022
38,81	L	LEV2	50	Back	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:28,33	L	LEV2	100	Back	2022/10/15 CTA Qualifying Meet #6
41,27	L	F	50	Fly	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
41,46	S	F	50	Fly	2022/07/23 CTA Qualifying Meet #2
1:36,06	S	F	100	Fly	2022/08/13 CTA Qualifying Meet #3
1:38,05	L	F	100	Fly	2023/02/11 WCA-B Champs - 2023
3:12,52	L	F	200	IM	2023/02/11 WCA-B Champs - 2023
3:18,04	S	F	200	IM	2022/08/13 CTA Qualifying Meet #3
Charnè Van Tonder (15) W (Yr: BR)					
28,69	L	LEV2	50	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:03,03	L	SANJ	100	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:19,14	L	SANJ	200	Free	2023/02/04 CTA Brian Button Qualifying Meet #8
34,14	L	LEV2	50	Back	2022/10/15 CTA Qualifying Meet #6
1:12,26	L	SANJ	100	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:39,35	L	LEV3	200	Back	2023/01/21 CTA Qualifying Meet #7
40,33	L	LEV2	50	Breast	2022/09/03 CTA Qualifying Meet #4
31,51	L	LEV2	50	Fly	2023/03/21 SA National Junior Age Group Champs-KZN 2023
1:14,58	L	LEV3	100	Fly	2022/10/15 CTA Qualifying Meet #6
2:43,24	L	LEV3	200	IM	2023/01/21 CTA Qualifying Meet #7
Danelle Van Tonder (12) W (Yr: AR)					
34,92	L	LEV2	50	Free	2022/11/04 CTA A CHAMPS 2022
3:11,16	L	F	200	Free	2022/10/15 CTA Qualifying Meet #6
37,01	L	LEV2	50	Back	2022/09/03 CTA Qualifying Meet #4
1:30,89	L	LEV2	100	Back	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
44,54	L	LEV2	50	Breast	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
1:43,71	L	LEV2	100	Breast	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
39,69	L	LEV2	50	Fly	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
3:21,02	L	LEV2	200	IM	2023/03/03 SA Level 2 Regional Age Group Champs 2023 EC
Anton Van Vondel (16) M (Yr: AR)					
25,80	L L	LEV2	50	Free	2022/12/09 Western Cape LC-A Championship 2022
57,32	S	LEV3	100	Free	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
58,15	L	LEV3	100	Free	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:05,21	S	LEV3	200	Free	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:08,08	L L	LEV3	200	Free	2022/12/09 Western Cape LC-A Championship 2022
4:31,10	L	LEV3	400	Free	2022/12/09 Western Cape LC-A Championship 2022
4:36,39	S	LEV3	400	Free	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
9:14,32	S	F	800	Free	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
9:39,98	L S	F	800	Free	2022/12/09 Western Cape LC-A Championship 2022
27,64	S	B-QT	50	Back	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
27,93	L S	B-QT	50	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
59,84	S	B-QT	100	Back	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
59,90	L	B-QT	100	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:12,87	L	B-QT	200	Back	2023/03/21 SA National Junior Age Group Champs-KZN 2023
2:14,06	S	B-QT	200	Back	2022/07/15 WCA SC Championships 2022
35,56	L	LEV2	50	Breast	2023/01/28 Winelands SL Final
1:20,85	L	LEV2	100	Breast	2023/01/28 Winelands SL Final
3:01,37	L	LEV2	200	Breast	2023/01/28 Winelands SL Final
1:04,31	S	F	100	IM	2022/07/15 WCA SC Championships 2022
2:19,80	S	LEV3	200	IM	2022/06/04 CTA Qualifying Meet #1

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Time	P/F/S	Event
Anton Van Vondel (16) M (Yr: AR)		
2:24,67 L	LEV3 F	200 IM 2022/12/09 Western Cape LC-A Championship 2022
Roland Van Vondel (12) M (Yr: AR)		
1:23,69 L	P	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:08,79 L	LEV2 P	200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:29,63 L	LEV2 P	100 Back 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:37,33 S	F	100 Back 2022/06/04 CTA Qualifying Meet #1
3:04,02 L	LEV2 F	200 Back 2023/02/11 WCA-B Champs - 2023
44,90 L	LEV2 P	50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
49,21 S	F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:39,40 S	LEV2 F	100 Breast 2022/07/23 CTA Qualifying Meet #2
1:40,76 L	LEV2 F	100 Breast 2023/01/28 Winelands SL Final
3:36,26 L	LEV2 F	200 Breast 2023/02/11 WCA-B Champs - 2023
3:47,62 S	LEV2 F	200 Breast 2022/08/13 CTA Qualifying Meet #3
44,84 S	F	50 Fly 2022/07/23 CTA Qualifying Meet #2
3:12,58 L	LEV2 P	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
3:21,54 S	F	200 IM 2022/08/13 CTA Qualifying Meet #3
Daniël Van Zyl (11) M (Yr: AR)		
30,61 S L	F	25 Free 2022/07/15 WCA SC Championships 2022
31,75 L S	LEV2 F	50 Free 2022/12/09 Western Cape LC-A Championship 2022
32,81 S S	LEV2 F	50 Free 2022/07/02 CTA Invitational Meet - July 2022
1:08,14 L	LEV3 F	100 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
1:11,27 S S	LEV3 F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:25,98 L	LEV3 F	200 Free 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:36,06 S	LEV3 F	200 Free 2022/07/02 CTA Invitational Meet - July 2022
5:09,30 L	SANJ F	400 Free 2022/11/04 CTA A CHAMPS 2022
5:26,50 S	LEV3 F	400 Free 2022/07/15 WCA SC Championships 2022
36,78 L	LEV2 F	50 Back 2022/11/04 CTA A CHAMPS 2022
38,60 S L	LEV2 F	50 Back 2022/07/15 WCA SC Championships 2022
1:18,78 S	LEV3 F	100 Back 2022/07/02 CTA Invitational Meet - July 2022
1:18,86 L	LEV3 F	100 Back 2022/12/09 Western Cape LC-A Championship 2022
2:46,45 L S	LEV3 F	200 Back 2022/12/09 Western Cape LC-A Championship 2022
2:49,11 S	LEV3 F	200 Back 2022/07/15 WCA SC Championships 2022
46,47 L	LEV2 P	50 Breast 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
46,87 S	LEV2 F	50 Breast 2022/06/04 CTA Qualifying Meet #1
1:35,32 L	LEV3 F	100 Breast 2023/02/18 Swartland Invitational Gala 2023
3:27,08 S	LEV3 F	200 Breast 2022/08/13 CTA Qualifying Meet #3
35,54 L	LEV2 F	50 Fly 2022/12/09 Western Cape LC-A Championship 2022
1:17,57 L S	LEV3 F	100 Fly 2022/12/09 Western Cape LC-A Championship 2022
1:20,18 S S	LEV3 F	100 Fly 2022/07/02 CTA Invitational Meet - July 2022
2:49,67 L	LEV3 F	200 IM 2023/03/31 SA Level 3 Regional Age Group Champs 2023-WC
2:52,64 S S	LEV3 F	200 IM 2022/07/02 CTA Invitational Meet - July 2022
Lily Van Zyl (9) W (Yr: BR)		
42,07 S	F	50 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:42,01 S	F	100 Free 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
4:06,44 S	F	200 Free 2023/02/25 CTA Future Stars Meet #8
50,44 S	F	50 Back 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
1:02,88 S	F	50 Breast 2023/03/18 SSA LEVEL 1 AGE GROUP CHAMPIONSHIPS 2023 - CT
2:22,33 S	F	100 Breast 2023/02/25 CTA Future Stars Meet #8
29,03 S	F	25 Fly 2022/11/19 CTA Future Stars Meet #6
1:03,66 S	F	50 Fly 2023/02/25 CTA Future Stars Meet #8
Bianca Vd Merwe (18) W (Yr: BR)		
3:02,04 L	F	200 Free 2023/01/21 CTA Qualifying Meet #7
39,64 L	LEV2 F	50 Back 2022/09/03 CTA Qualifying Meet #4
1:22,69 L	LEV2 F	100 Back 2023/02/18 Swartland Invitational Gala 2023
1:24,50 S	LEV2 F	100 Back 2022/07/30 CTA Future Stars Meet #2

Individual Top Times

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Time	P/F/S	Event				
Bianca Vd Merwe (18) W (Yr: BR)						
2:58,74	L LEV2	F	200	Back	2023/02/04	CTA Brian Button Qualifying Meet #8
2:59,00	S LEV2	F	200	Back	2022/08/13	CTA Qualifying Meet #3
41,98	L LEV2	F	50	Breast	2023/02/11	WCA-B Champs - 2023
1:33,88	S LEV2	F	100	Breast	2022/07/30	CTA Future Stars Meet #2
1:34,40	L LEV2	F	100	Breast	2023/02/11	WCA-B Champs - 2023
3:34,29	L LEV2	F	200	Breast	2023/01/21	CTA Qualifying Meet #7
3:07,43	S LEV2	F	200	IM	2022/08/13	CTA Qualifying Meet #3
Elizabeth Vd Merwe (12) W (Yr: AR)						
40,95	S	F	50	Free	2022/08/13	CTA Qualifying Meet #3
1:22,51	L	F	100	Free	2023/01/21	CTA Qualifying Meet #7
3:16,89	L	F	200	Free	2022/10/15	CTA Qualifying Meet #6
50,67	S	F	50	Back	2022/08/13	CTA Qualifying Meet #3
1:36,23	L	F	100	Back	2022/10/15	CTA Qualifying Meet #6
49,04	L	F	50	Breast	2023/02/11	WCA-B Champs - 2023
1:46,16	L LEV2	F	100	Breast	2022/11/04	CTA A CHAMPS 2022
3:44,79	L	F	200	IM	2023/02/11	WCA-B Champs - 2023
3:54,44	S	F	200	IM	2022/08/13	CTA Qualifying Meet #3
Mieka Vermeulen (13) W (Yr: AR)						
35,96	L	F	50	Free	2023/02/11	WCA-B Champs - 2023
36,33	S	F	50	Free	2022/07/15	WCA SC Championships 2022
1:20,90	L	F	100	Free	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC
1:27,71	S	F	100	Free	2022/07/15	WCA SC Championships 2022
3:00,68	L	F	200	Free	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC
3:16,22	S	F	200	Free	2022/06/04	CTA Qualifying Meet #1
45,14	L	F	50	Back	2022/11/04	CTA A CHAMPS 2022
1:36,77	S	F	100	Back	2022/06/04	CTA Qualifying Meet #1
1:40,20	L	F	100	Back	2022/09/03	CTA Qualifying Meet #4
48,97	L	F	50	Breast	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC
52,20	S	F	50	Breast	2022/06/04	CTA Qualifying Meet #1
1:53,82	L	F	100	Breast	2023/02/11	WCA-B Champs - 2023
1:54,73	S	F	100	Breast	2022/07/15	WCA SC Championships 2022
37,35	L LEV2	F	50	Fly	2023/03/03	SA Level 2 Regional Age Group Champs 2023 EC
3:28,64	L	F	200	IM	2023/02/11	WCA-B Champs - 2023
3:42,69	S	F	200	IM	2022/06/04	CTA Qualifying Meet #1
Ben Volschenk (17) M (Yr: AR)						
25,29	L S LEV2	P	50	Free	2022/12/09	Western Cape LC-A Championship 2022
26,23	S LEV2	F	50	Free	2022/07/15	WCA SC Championships 2022
56,79	L L LEV3	F	100	Free	2022/12/09	Western Cape LC-A Championship 2022
56,79	L LEV3	F	100	Free	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
57,37	S LEV3	F	100	Free	2022/07/15	WCA SC Championships 2022
2:04,95	S LEV3	F	200	Free	2022/07/15	WCA SC Championships 2022
2:06,80	L LEV3	P	200	Free	2022/12/09	Western Cape LC-A Championship 2022
4:35,23	S LEV3	F	400	Free	2022/07/15	WCA SC Championships 2022
4:36,14	L LEV3	F	400	Free	2022/11/04	CTA A CHAMPS 2022
1:05,08	S LEV3	F	100	Back	2022/06/04	CTA Qualifying Meet #1
1:05,21	L LEV3	F	100	Back	2022/11/04	CTA A CHAMPS 2022
2:21,91	L LEV3	F	200	Back	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
2:23,18	S LEV3	F	200	Back	2022/07/15	WCA SC Championships 2022
38,58	L LEV2	F	50	Breast	2022/09/24	CTA Qualifying Meet #5
27,56	L LEV2	F	50	Fly	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
1:02,11	L LEV3	F	100	Fly	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
1:04,57	S LEV2	F	100	Fly	2022/07/15	WCA SC Championships 2022
2:25,79	L LEV3	F	200	IM	2023/03/31	SA Level 3 Regional Age Group Champs 2023-WC
2:27,91	S LEV2	F	200	IM	2022/07/15	WCA SC Championships 2022
Mila Volschenk (13) W (Yr: AR)						

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Time	P/F/S	Event			
Mila Volschenk (13) W (Yr: AR)					
35,32 S	F	50 Free	2022/07/15	WCA SC Championships 2022	
1:21,85 S	F	100 Free	2022/07/15	WCA SC Championships 2022	
3:08,23 S	F	200 Free	2022/06/04	CTA Qualifying Meet #1	
1:32,36 S	F	100 Back	2022/06/04	CTA Qualifying Meet #1	
50,09 S	F	50 Breast	2022/06/04	CTA Qualifying Meet #1	
3:20,56 S	F	200 IM	2022/07/15	WCA SC Championships 2022	
Hugo Wait (8) M (Yr: AR)					
46,40 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
1:51,19 S	F	100 Free	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
26,75 S	F	25 Back	2022/11/19	CTA Future Stars Meet #6	
54,25 S	F	50 Back	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
2:13,12 S	F	100 Back	2022/10/22	CTA Future Stars Meet #5	
35,12 S	F	25 Breast	2022/06/11	CTA Future Stars Meet #1	
1:06,51 S	F	50 Breast	2023/01/28	CTA Future Stars Meet #7 - Fairmont	
2:44,56 S	F	100 Breast	2022/07/30	CTA Future Stars Meet #2	
26,12 S	F	25 Fly	2022/11/19	CTA Future Stars Meet #6	
2:12,61 S	F	100 IM	2022/10/22	CTA Future Stars Meet #5	
Kara Wentzel (12) W (Yr: AR)					
1:54,82 S	F	100 Free	2022/06/11	CTA Future Stars Meet #1	
53,89 S	F	50 Back	2022/06/11	CTA Future Stars Meet #1	
1:55,37 S	F	100 Back	2022/10/22	CTA Future Stars Meet #5	
1:04,21 S	F	50 Breast	2022/06/11	CTA Future Stars Meet #1	
2:01,85 S	F	100 IM	2022/10/22	CTA Future Stars Meet #5	
Gabriel West (18) M (Yr: AR)					
25,07 S	LEV2 P	50 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
25,19 L	LEV2 P	50 Free	2023/04/12	SA National Aquatic SNR-Champ 2023-PE	
54,97 S	LEV3 P	100 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
55,09 L	B-QT P	100 Free	2023/04/12	SA National Aquatic SNR-Champ 2023-PE	
2:01,10 S	LEV3 P	200 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
2:02,20 L	B-QT F	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
4:18,46 S	LEV3 F	400 Free	2022/07/02	CTA Invitational Meet - July 2022	
4:24,68 L	LEV3 F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:14,31 L	LEV2 F	100 Breast	2023/01/28	Winelands SL Final	
25,53 L S	A-QT P	50 Fly	2023/04/12	SA National Aquatic SNR-Champ 2023-PE	
26,32 S S	LEV2 F	50 Fly	2022/07/02	CTA Invitational Meet - July 2022	
58,04 L S	B-QT F	100 Fly	2022/12/09	Western Cape LC-A Championship 2022	
59,01 S	LEV3 P	100 Fly	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
2:14,17 S	B-QT P	200 Fly	2022/07/02	CTA Invitational Meet - July 2022	
2:16,12 L	B-QT P	200 Fly	2023/04/12	SA National Aquatic SNR-Champ 2023-PE	
1:02,72 S	P	100 IM	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
2:18,90 L	LEV3 F	200 IM	2022/12/09	Western Cape LC-A Championship 2022	
Lithe-Thaa Weza (14) M (Yr: AR)					
43,62 S	F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
1:55,61 S	F	100 IM	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
Dylan Wright (20) M (Yr: AR)					
23,06 S L	F	25 Free	2022/07/15	WCA SC Championships 2022	
24,70 S S	LEV2 F	50 Free	2022/07/02	CTA Invitational Meet - July 2022	
52,77 S	B-QT F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
1:52,20 S	A-QT P	200 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
3:55,83 S	A-QT F	400 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
26,54 S	A-QT P	50 Back	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
56,04 S	A-QT P	100 Back	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
1:57,15 S	A-QT F	200 Back	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
1:59,74 S	A-QT F	200 Fly	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
1:00,04 S	F	100 IM	2022/07/15	WCA SC Championships 2022	

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Time	P/F/S	Event				
Dylan Wright (20) M (Yr: AR)						
2:05,55	S S A-QT	F	200	IM	2022/07/02	CTA Invitational Meet - July 2022
Jonah Wright (12) M (Yr: AR)						
36,46	S	F	50	Free	2023/01/28	CTA Future Stars Meet #7 - Fairmont
1:34,61	L	F	100	Free	2022/09/24	CTA Qualifying Meet #5
3:04,57	S LEV2	F	200	Free	2023/01/28	CTA Future Stars Meet #7 - Fairmont
48,16	S	F	50	Back	2022/08/13	CTA Qualifying Meet #3
1:37,72	S	F	100	Back	2023/01/28	CTA Future Stars Meet #7 - Fairmont
1:42,87	L	F	100	Back	2022/09/24	CTA Qualifying Meet #5
54,87	S	F	50	Breast	2022/06/04	CTA Qualifying Meet #1
55,28	L	F	50	Breast	2022/09/24	CTA Qualifying Meet #5
2:01,85	L	F	100	Breast	2022/10/15	CTA Qualifying Meet #6
4:13,78	S	F	200	Breast	2022/08/13	CTA Qualifying Meet #3
3:31,59	S	F	200	IM	2023/01/28	CTA Future Stars Meet #7 - Fairmont
Keegan Wright (17) M (Yr: AR)						
26,37	L LEV2	F	50	Free	2022/10/15	CTA Qualifying Meet #6
26,39	S LEV2	F	50	Free	2022/07/15	WCA SC Championships 2022
55,08	L B-QT	P	100	Free	2023/04/12	SA National Aquatic SNR-Champ 2023-PE
58,10	S LEV2	F	100	Free	2022/07/15	WCA SC Championships 2022
1:58,59	L B-QT	F	200	Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023
2:00,55	S LEV3	F	200	Free	2022/07/15	WCA SC Championships 2022
4:08,83	L A-QT	F	400	Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023
4:11,77	S B-QT	F	400	Free	2022/07/02	CTA Invitational Meet - July 2022
8:40,52	L S A-QT	F	800	Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023
8:49,06	S B-QT	F	800	Free	2022/07/15	WCA SC Championships 2022
16:43,02	L A-QT	F	1500	Free	2023/03/21	SA National Junior Age Group Champs-KZN 2023
17:00,60	S S B-QT	F	1500	Free	2022/07/02	CTA Invitational Meet - July 2022
30,06	L LEV2	P	50	Back	2022/12/09	Western Cape LC-A Championship 2022
1:02,25	L B-QT	P	100	Back	2023/03/21	SA National Junior Age Group Champs-KZN 2023
1:03,60	S LEV3	F	100	Back	2022/06/04	CTA Qualifying Meet #1
2:13,96	L B-QT	P	200	Back	2023/03/21	SA National Junior Age Group Champs-KZN 2023
2:14,34	S LEV3	F	200	Back	2022/07/02	CTA Invitational Meet - July 2022
27,88	L LEV2	P	50	Fly	2023/03/21	SA National Junior Age Group Champs-KZN 2023
1:00,32	L S LEV3	P	100	Fly	2023/03/21	SA National Junior Age Group Champs-KZN 2023
2:17,58	S	F	200	Fly	2022/07/02	CTA Invitational Meet - July 2022
2:18,26	L	F	200	Fly	2023/01/21	CTA Qualifying Meet #7
2:18,28	L LEV3	F	200	IM	2022/12/09	Western Cape LC-A Championship 2022
2:19,74	S S LEV3	F	200	IM	2022/07/02	CTA Invitational Meet - July 2022
4:45,81	L B-QT	F	400	IM	2023/03/21	SA National Junior Age Group Champs-KZN 2023