

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

Location: UWC Swimming Pool

WOMEN	Event	Time	Date	Meet
Abrahams, Tahnah (15) 2007/06/03 SSISA-CPT				
# 202E	Women 15-15 200 Free	2:35,14L LEV2	2022/10/15	CTA Qualifying Meet #6
# 206E	Women 15-15 100 Breast	1:30,60L LEV2	2022/11/04	CTA A CHAMPS 2022
# 302E	Women 15-15 100 Free	1:06,68L LEV3	2022/11/04	CTA A CHAMPS 2022
# 310E	Women 15-15 100 Back	1:20,67L LEV2	2022/10/15	CTA Qualifying Meet #6
# 402E	Women 15-15 50 Free	30,87L LEV2	2023/02/24	Western Cape Elite Gala
# 412E	Women 15-15 50 Fly	35,61L LEV2	2022/10/15	CTA Qualifying Meet #6

Athletes count: 6

Adams, Sydni M (13) 2009/06/13 VINE-CPT				
# 106	Women 13-13 400 Free	5:37,39L	2022/12/09	Western Cape LC-A Championship 2022
# 206C	Women 13-13 100 Breast	1:32,06L LEV3	2022/07/15	WCA SC Championships 2022
# 212C	Women 13-13 100 Fly	1:26,52L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 302C	Women 13-13 100 Free	1:12,20L LEV2	2022/10/15	CTA Qualifying Meet #6
# 306C	Women 13-13 50 Breast	40,84L LEV2	2023/02/24	Western Cape Elite Gala
# 314C	Women 13-13 200 IM	2:55,25L LEV3	2022/09/24	CTA Qualifying Meet #5
# 406C	Women 13-13 200 Breast	3:14,51L LEV3	2023/02/24	Western Cape Elite Gala
# 412C	Women 13-13 50 Fly	35,61L LEV2	2022/10/15	CTA Qualifying Meet #6

Athletes count: 8

Ahmed, Ayla (12) 2011/03/06 VINE-CPT				
# 302B	Women 12-12 100 Free	1:10,35L LEV3	2023/02/24	Western Cape Elite Gala
# 306B	Women 12-12 50 Breast	44,35L LEV2	2023/02/24	Western Cape Elite Gala
# 310B	Women 12-12 100 Back	1:25,29L LEV3	2023/01/21	CTA Qualifying Meet #7
# 314B	Women 12-12 200 IM	3:06,08L LEV3	2022/11/04	CTA A CHAMPS 2022

Athletes count: 4

Amon, Leeya H (14) 2008/11/09 JVR-CPT				
# 202D	Women 14-14 200 Free	2:30,48L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 212D	Women 14-14 100 Fly	1:16,41L LEV3	2022/08/13	CTA Qualifying Meet #3
# 302D	Women 14-14 100 Free	1:09,78L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 314D	Women 14-14 200 IM	2:52,68L LEV3	2022/11/04	CTA A CHAMPS 2022
# 402D	Women 14-14 50 Free	32,55L LEV2	2022/09/03	CTA Qualifying Meet #4
# 412D	Women 14-14 50 Fly	34,48L LEV2	2022/07/02	CTA Invitational Meet - July 2022

Athletes count: 6

Anthony, Jazmin A (10) 2012/09/27 PAQU-CED				
# 206A	Women 11 & Under 100 Breast	1:46,99L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 208A	Women 11 & Under 50 Back	52,09L	2022/10/07	41st Freda Barnard Invitational Gala
# 302A	Women 11 & Under 100 Free	1:34,68L	2022/09/17	Winelands SL 2
# 306A	Women 11 & Under 50 Breast	49,51L LEV2	2023/01/28	Winelands SL Final
# 314A	Women 11 & Under 200 IM	3:34,97L LEV2	2023/02/11	WCA-B Champs - 2023
# 402A	Women 11 & Under 50 Free	40,19L	2023/01/28	Winelands SL Final
# 406A	Women 11 & Under 200 Breast	3:43,14L LEV3	2023/02/11	WCA-B Champs - 2023
# 412A	Women 11 & Under 50 Fly	49,40L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 8

Atkinson, Anouk E (12) 2011/01/18 SWAR-WCD				
# 206B	Women 12-12 100 Breast	1:33,47L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 212B	Women 12-12 100 Fly	1:34,12L LEV2	2022/09/03	West Coast Spring Gala 2022
# 306B	Women 12-12 50 Breast	43,59L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 314B	Women 12-12 200 IM	3:10,93L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406B	Women 12-12 200 Breast	3:14,69L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 412B	Women 12-12 50 Fly	40,87L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 6

Aucamp, Larah (13) 2010/01/05 TYGE-CPT

# 302C	Women 13-13 100 Free	1:17,48L LEV2	2023/01/28	Winelands SL Final
# 306C	Women 13-13 50 Breast	43,12L LEV2	2023/01/21	CTA Qualifying Meet #7
# 402C	Women 13-13 50 Free	34,15L	2023/01/21	CTA Qualifying Meet #7
# 406C	Women 13-13 200 Breast	3:21,94L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 412C	Women 13-13 50 Fly	38,88L LEV2	2023/01/28	Winelands SL Final

Athletes count: 5

Badenhorst, Storme (14) 2009/03/09 MARL-CPT

# 206D	Women 14-14 100 Breast	1:29,95L LEV3	2023/02/24	Western Cape Elite Gala
# 302D	Women 14-14 100 Free	1:12,29L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 306D	Women 14-14 50 Breast	40,86L LEV2	2023/02/24	Western Cape Elite Gala
# 314D	Women 14-14 200 IM	2:53,59L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 402D	Women 14-14 50 Free	32,14L LEV2	2022/07/15	WCA SC Championships 2022
# 406D	Women 14-14 200 Breast	3:13,54L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 6

Baillie, Gabriella J (13) 2009/12/15 ROA-EDD

# 106	Women 13-13 400 Free	6:07,40L	2022/10/22	EDEN 2nd A-League Gala 2022
# 206C	Women 13-13 100 Breast	1:41,63L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 208C	Women 13-13 50 Back	38,46L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 306C	Women 13-13 50 Breast	44,88L LEV2	2023/02/10	Infinity Gala 2023
# 310C	Women 13-13 100 Back	1:23,10L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 314C	Women 13-13 200 IM	3:13,09L LEV2	2023/02/18	EDEN 5th A-League Gala 2023
# 402C	Women 13-13 50 Free	35,26L	2022/10/07	41st Freda Barnard Invitational Gala
# 406C	Women 13-13 200 Breast	3:33,65L LEV2	2023/02/10	Infinity Gala 2023
# 410C	Women 13-13 200 Back	2:56,56L LEV3	2023/02/10	Infinity Gala 2023

Athletes count: 9

Basson, Lenè (12) 2011/01/01 CLSC-WCD

# 302B	Women 12-12 100 Free	1:12,48L LEV3	2023/02/24	Western Cape Elite Gala
# 306B	Women 12-12 50 Breast	52,19L	2022/08/20	Winelands SL 1
# 310B	Women 12-12 100 Back	1:22,46L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 314B	Women 12-12 200 IM	3:00,38L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402B	Women 12-12 50 Free	32,97L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410B	Women 12-12 200 Back	2:49,76L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 412B	Women 12-12 50 Fly	36,85L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 7

Beetge, Amy (15) 2007/04/28 LALE-CED

# 206E	Women 15-15 100 Breast	1:28,50L LEV3	2023/02/24	Western Cape Elite Gala
# 302E	Women 15-15 100 Free	1:10,50L LEV2	2023/02/24	Western Cape Elite Gala
# 306E	Women 15-15 50 Breast	41,59L LEV2	2022/06/11	Winelands Winter Gala
# 406E	Women 15-15 200 Breast	3:10,47L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 4

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Benson, Blair (16) 2007/02/06 AACTA-CPT				
# 202F	Women 16-16 200 Free	2:29,09L LEV2	2022/07/15	WCA SC Championships 2022
# 208F	Women 16-16 50 Back	35,63L LEV2	2022/07/15	WCA SC Championships 2022
# 302F	Women 16-16 100 Free	1:10,48L LEV2	2022/07/15	WCA SC Championships 2022
# 310F	Women 16-16 100 Back	1:17,18L LEV3	2022/07/15	WCA SC Championships 2022
# 314F	Women 16-16 200 IM	2:49,99L LEV3	2022/07/15	WCA SC Championships 2022
# 410F	Women 16-16 200 Back	2:47,04L LEV3	2022/07/15	WCA SC Championships 2022
# 412F	Women 16-16 50 Fly	37,44L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 7

Bester, Christine F (16) 2006/09/12 ASAW-CED				
# 206F	Women 16-16 100 Breast	1:23,63L LEV3	2022/07/15	WCA SC Championships 2022
# 306F	Women 16-16 50 Breast	39,08L LEV2	2022/08/20	Winelands SL 1
# 310F	Women 16-16 100 Back	1:22,29L LEV2	2022/06/11	Winelands Winter Gala
# 314F	Women 16-16 200 IM	2:47,47L LEV3	2022/07/15	WCA SC Championships 2022
# 406F	Women 16-16 200 Breast	2:55,39L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 5

Bester, Lisa (16) 2007/02/23 WELL-CED				
# 208F	Women 16-16 50 Back	35,19L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310F	Women 16-16 100 Back	1:15,37L LEV3	2022/07/15	WCA SC Championships 2022
# 412F	Women 16-16 50 Fly	35,50L LEV2	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 3

Borman, Jani (14) 2008/04/21 SWAR-WCD				
# 108	Women 14-14 400 Free	5:13,49L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 202D	Women 14-14 200 Free	2:36,22L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 206D	Women 14-14 100 Breast	1:24,79L LEV3	2023/02/24	Western Cape Elite Gala
# 302D	Women 14-14 100 Free	1:11,02L LEV2	2022/09/17	Winelands SL 2
# 314D	Women 14-14 200 IM	2:49,42L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 406D	Women 14-14 200 Breast	3:01,72L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 6

Boshoff, Anja (10) 2012/08/23 TYGE-CPT				
# 208A	Women 11 & Under 50 Back	38,55L LEV2	2023/01/28	NMBA Intra-District Championship
# 212A	Women 11 & Under 100 Fly	1:36,26L LEV3	2023/01/28	NMBA Intra-District Championship
# 302A	Women 11 & Under 100 Free	1:21,45L LEV2	2023/02/11	WCA-B Champs - 2023
# 310A	Women 11 & Under 100 Back	1:25,11L LEV3	2023/02/11	WCA-B Champs - 2023
# 314A	Women 11 & Under 200 IM	3:17,78L LEV3	2023/02/11	WCA-B Champs - 2023
# 402A	Women 11 & Under 50 Free	36,27L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 410A	Women 11 & Under 200 Back	3:02,75L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 7

Botes, Scarlett (18) 2005/03/11 AACTA-CPT				
# 202G	Women 17-24 200 Free	2:32,56L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 302G	Women 17-24 100 Free	1:10,19L LEV2	2023/01/28	CTA Future Stars Meet #7 - Table View
# 314G	Women 17-24 200 IM	2:52,59L LEV3	2023/01/28	CTA Future Stars Meet #7 - Table View
# 402G	Women 17-24 50 Free	31,75L LEV2	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 4

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Botha, Chelsea-Jean (12) 2010/09/05 CUDU-CPT				
# 206B	Women 12-12 100 Breast	1:40,98L LEV2	2023/02/11	WCA-B Champs - 2023
# 208B	Women 12-12 50 Back	39,39L LEV2	2023/02/11	WCA-B Champs - 2023
# 306B	Women 12-12 50 Breast	45,55L LEV2	2023/02/11	WCA-B Champs - 2023
# 310B	Women 12-12 100 Back	1:29,45L LEV2	2023/02/11	WCA-B Champs - 2023
# 402B	Women 12-12 50 Free	35,47L LEV2	2023/02/11	WCA-B Champs - 2023
# 406B	Women 12-12 200 Breast	3:26,41L LEV3	2023/02/11	WCA-B Champs - 2023
# 410B	Women 12-12 200 Back	3:44,43L	2022/09/03	CTA Qualifying Meet #4

Athletes count: 7

Brand, Emsie (14) 2008/04/25 SWAR-WCD				
# 108	Women 14-14 400 Free	5:56,59L	2022/11/11	Swartland Prestige Gala 2022
# 202D	Women 14-14 200 Free	2:42,62L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 208D	Women 14-14 50 Back	39,68L LEV2	2023/02/11	WCA-B Champs - 2023
# 302D	Women 14-14 100 Free	1:16,87L	2023/02/18	Swartland Invitational Gala 2023
# 310D	Women 14-14 100 Back	1:22,32L LEV2	2023/02/04	West Coast Qualify Gala 2023
# 402D	Women 14-14 50 Free	36,23L	2023/02/11	WCA-B Champs - 2023
# 410D	Women 14-14 200 Back	2:52,90L LEV3	2023/02/04	West Coast Qualify Gala 2023

Athletes count: 7

Buhr, Lelanie (14) 2008/10/09 SWAR-WCD				
# 202D	Women 14-14 200 Free	2:39,16L LEV2	2023/02/11	WCA-B Champs - 2023
# 206D	Women 14-14 100 Breast	1:31,40L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 302D	Women 14-14 100 Free	1:13,67L LEV2	2023/02/11	WCA-B Champs - 2023
# 306D	Women 14-14 50 Breast	42,81L LEV2	2022/10/15	CLSC October Madness Gala 2022
# 310D	Women 14-14 100 Back	1:23,80L LEV2	2022/07/15	WCA SC Championships 2022
# 402D	Women 14-14 50 Free	33,83L	2022/07/15	WCA SC Championships 2022
# 410D	Women 14-14 200 Back	2:55,69L LEV2	2023/02/04	West Coast Qualify Gala 2023

Athletes count: 7

Bulose, Megan (18) 2004/08/09 QUIC-CPT				
# 206G	Women 17-24 100 Breast	1:27,14L LEV3	2022/07/15	WCA SC Championships 2022
# 208G	Women 17-24 50 Back	34,08L LEV2	2022/07/15	WCA SC Championships 2022
# 302G	Women 17-24 100 Free	1:08,34L LEV2	2022/07/15	WCA SC Championships 2022
# 310G	Women 17-24 100 Back	1:13,64L LEV3	2022/07/15	WCA SC Championships 2022
# 314G	Women 17-24 200 IM	2:56,62L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 410G	Women 17-24 200 Back	2:54,58L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8

Athletes count: 6

Burger, Juanè (12) 2010/04/03 TYGE-CPT				
# 104	Women 12-12 400 Free	5:36,28L LEV3	2023/01/21	CTA Qualifying Meet #7
# 202B	Women 12-12 200 Free	2:37,05L LEV3	2023/01/21	CTA Qualifying Meet #7
# 206B	Women 12-12 100 Breast	1:45,69L LEV2	2022/11/04	CTA A CHAMPS 2022
# 208B	Women 12-12 50 Back	41,02L LEV2	2023/02/24	Western Cape Elite Gala
# 302B	Women 12-12 100 Free	1:12,65L LEV3	2023/02/24	Western Cape Elite Gala
# 310B	Women 12-12 100 Back	1:27,04L LEV2	2023/01/21	CTA Qualifying Meet #7
# 314B	Women 12-12 200 IM	3:09,83L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 402B	Women 12-12 50 Free	33,26L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410B	Women 12-12 200 Back	3:03,07L LEV3	2023/02/24	Western Cape Elite Gala
# 412B	Women 12-12 50 Fly	37,98L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 10

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Burke, Erin (15)	2007/10/28	AACTA-CPT		
# 206E	Women 15-15 100 Breast	1:28,80L LEV3	2022/07/15	WCA SC Championships 2022
# 402E	Women 15-15 50 Free	31,27L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406E	Women 15-15 200 Breast	3:15,64L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 412E	Women 15-15 50 Fly	38,86L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 4

Chibharo, Ruvarashe L (10)	2012/09/19	TYGE-CPT		
# 202A	Women 11 & Under 200 Free	3:19,59L LEV2	2022/11/04	CTA A CHAMPS 2022
# 206A	Women 11 & Under 100 Breast	1:43,27L LEV3	2023/02/11	WCA-B Champs - 2023
# 208A	Women 11 & Under 50 Back	50,71L	2022/11/04	CTA A CHAMPS 2022
# 302A	Women 11 & Under 100 Free	1:32,37L LEV2	2023/01/21	CTA Qualifying Meet #7
# 306A	Women 11 & Under 50 Breast	47,16L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 314A	Women 11 & Under 200 IM	3:33,23L LEV2	2023/02/11	WCA-B Champs - 2023
# 402A	Women 11 & Under 50 Free	39,31L LEV2	2022/11/04	CTA A CHAMPS 2022
# 406A	Women 11 & Under 200 Breast	3:44,06L LEV3	2023/02/11	WCA-B Champs - 2023
# 412A	Women 11 & Under 50 Fly	44,80L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 9

Cloete-Hopkins, Aryana A (13)	2010/03/27	SSISA-CPT		
# 202C	Women 13-13 200 Free	2:29,86L LEV3	2023/02/24	Western Cape Elite Gala
# 208C	Women 13-13 50 Back	38,47L LEV2	2023/02/24	Western Cape Elite Gala
# 302C	Women 13-13 100 Free	1:08,90L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 310C	Women 13-13 100 Back	1:22,89L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 4

Coetzee, Liane (11)	2011/04/11	WELL-CED		
# 202A	Women 11 & Under 200 Free	3:00,22L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 208A	Women 11 & Under 50 Back	38,65L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 302A	Women 11 & Under 100 Free	1:18,56L LEV2	2023/02/11	WCA-B Champs - 2023
# 310A	Women 11 & Under 100 Back	1:28,08L LEV3	2023/02/11	WCA-B Champs - 2023
# 314A	Women 11 & Under 200 IM	3:21,81L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 402A	Women 11 & Under 50 Free	32,34L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 412A	Women 11 & Under 50 Fly	38,53L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 7

Collett, Kirsty (12)	2011/01/12	VINE-CPT		
# 206B	Women 12-12 100 Breast	1:35,46L LEV3	2022/11/04	CTA A CHAMPS 2022
# 306B	Women 12-12 50 Breast	42,46L LEV2	2023/02/24	Western Cape Elite Gala
# 406B	Women 12-12 200 Breast	3:27,31L LEV3	2023/02/24	Western Cape Elite Gala
# 412B	Women 12-12 50 Fly	40,38L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 4

Corrigan, Cara J (15)	2007/07/16	FISH-EDD		
# 206E	Women 15-15 100 Breast	1:28,85L LEV3	2023/02/18	EDEN 5th A-League Gala 2023
# 302E	Women 15-15 100 Free	1:12,62L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 306E	Women 15-15 50 Breast	38,10L LEV2	2023/01/28	NMBA Intra-District Championship
# 402E	Women 15-15 50 Free	31,30L LEV2	2023/02/18	EDEN 5th A-League Gala 2023
# 406E	Women 15-15 200 Breast	3:21,71L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 412E	Women 15-15 50 Fly	33,52L LEV2	2023/01/28	NMBA Intra-District Championship

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SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Athletes count: 6				
Courtney, Sierra G (13) 2010/03/31 SSISA-CPT				
# 106	Women 13-13 400 Free	5:25,29L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 202C	Women 13-13 200 Free	2:35,36L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 208C	Women 13-13 50 Back	38,00L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302C	Women 13-13 100 Free	1:12,15L LEV2	2022/11/04	CTA A CHAMPS 2022
# 310C	Women 13-13 100 Back	1:22,12L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 402C	Women 13-13 50 Free	33,04L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 412C	Women 13-13 50 Fly	36,74L LEV2	2022/12/09	Western Cape LC-A Championship 2022
Athletes count: 7				
Cronje, Miané (12) 2011/02/14 ROA-EDD				
# 104	Women 12-12 400 Free	6:01,96L LEV3	2023/02/10	Infinity Gala 2023
# 202B	Women 12-12 200 Free	2:56,84L LEV2	2023/02/10	Infinity Gala 2023
# 206B	Women 12-12 100 Breast	1:44,27L LEV2	2022/10/22	EDEN 2nd A-League Gala 2022
# 208B	Women 12-12 50 Back	43,77L	2022/12/09	Western Cape LC-A Championship 2022
# 302B	Women 12-12 100 Free	1:26,18L	2022/10/07	41st Freda Barnard Invitational Gala
# 306B	Women 12-12 50 Breast	47,31L LEV2	2022/11/19	Eden LC Champs 2022
# 310B	Women 12-12 100 Back	1:30,32L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314B	Women 12-12 200 IM	3:19,29L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402B	Women 12-12 50 Free	37,59L	2022/10/07	41st Freda Barnard Invitational Gala
# 406B	Women 12-12 200 Breast	3:30,88L LEV3	2022/12/09	Western Cape LC-A Championship 2022
Athletes count: 10				
Daffarn, Erin J (18) 2004/09/20 VINE-CPT				
# 202G	Women 17-24 200 Free	2:22,96L LEV3	2022/07/15	WCA SC Championships 2022
# 208G	Women 17-24 50 Back	35,01L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 302G	Women 17-24 100 Free	1:04,81L LEV3	2023/02/24	Western Cape Elite Gala
# 306G	Women 17-24 50 Breast	38,02L LEV2	2023/01/28	Winelands SL Final
# 310G	Women 17-24 100 Back	1:13,57L LEV3	2022/07/15	WCA SC Championships 2022
# 402G	Women 17-24 50 Free	29,85L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 412G	Women 17-24 50 Fly	31,75L	2023/01/28	Winelands SL Final
Athletes count: 7				
Daniels, Sara H (16) 2006/04/11 AACTA-CPT				
# 112	Women 16-16 400 Free	5:53,52L	2022/07/02	CTA Invitational Meet - July 2022
# 206F	Women 16-16 100 Breast	1:24,02L LEV3	2022/07/15	WCA SC Championships 2022
# 212F	Women 16-16 100 Fly	1:22,68L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 302F	Women 16-16 100 Free	1:09,06L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 306F	Women 16-16 50 Breast	39,39L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 402F	Women 16-16 50 Free	30,91L LEV2	2022/07/15	WCA SC Championships 2022
# 406F	Women 16-16 200 Breast	3:09,50L LEV3	2022/07/15	WCA SC Championships 2022
# 412F	Women 16-16 50 Fly	34,34L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
Athletes count: 8				
Davies, Jessica C (13) 2009/09/10 ASAC-CPT				
# 202C	Women 13-13 200 Free	2:36,92L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 208C	Women 13-13 50 Back	36,44L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302C	Women 13-13 100 Free	1:11,45L LEV2	2023/02/24	Western Cape Elite Gala
# 310C	Women 13-13 100 Back	1:20,82L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402C	Women 13-13 50 Free	32,02L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Athletes count: 5				
De Beer, Isabella C (11) 2011/08/08 QSAW-CED				
# 202A	Women 11 & Under 200 Free	3:18,00L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 208A	Women 11 & Under 50 Back	41,01L LEV2	2023/02/11	WCA-B Champs - 2023
# 310A	Women 11 & Under 100 Back	1:32,40L LEV2	2023/02/11	WCA-B Champs - 2023
# 314A	Women 11 & Under 200 IM	3:38,56L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 410A	Women 11 & Under 200 Back	3:16,11L LEV3	2023/02/11	WCA-B Champs - 2023
Athletes count: 5				
De Jager, Sophia (12) 2011/02/01 CUDU-CPT				
# 104	Women 12-12 400 Free	6:02,46L LEV3	2022/11/04	CTA A CHAMPS 2022
# 206B	Women 12-12 100 Breast	1:32,90L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 208B	Women 12-12 50 Back	40,66L LEV2	2022/11/04	CTA A CHAMPS 2022
# 306B	Women 12-12 50 Breast	41,79L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310B	Women 12-12 100 Back	1:26,49L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 314B	Women 12-12 200 IM	3:13,07L LEV2	2022/11/04	CTA A CHAMPS 2022
# 406B	Women 12-12 200 Breast	3:17,91L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 410B	Women 12-12 200 Back	3:05,64L LEV3	2022/11/04	CTA A CHAMPS 2022
Athletes count: 8				
De Lange, Marizaan (15) 2008/02/05 CLSC-WCD				
# 110	Women 15-15 400 Free	5:11,34L LEV3	2023/02/11	WCA-B Champs - 2023
# 402E	Women 15-15 50 Free	34,80L	2022/10/15	CLSC October Madness Gala 2022
# 410E	Women 15-15 200 Back	2:54,43L LEV2	2023/02/11	WCA-B Champs - 2023
Athletes count: 3				
De Oliveira, Aliyah (13) 2009/12/11 TYGE-CPT				
# 106	Women 13-13 400 Free	5:30,00L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 202C	Women 13-13 200 Free	2:33,86L LEV3	2023/02/24	Western Cape Elite Gala
# 208C	Women 13-13 50 Back	38,05L LEV2	2022/11/04	CTA A CHAMPS 2022
# 212C	Women 13-13 100 Fly	1:30,04L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302C	Women 13-13 100 Free	1:12,24L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310C	Women 13-13 100 Back	1:22,36L LEV2	2022/11/04	CTA A CHAMPS 2022
# 314C	Women 13-13 200 IM	2:51,81L LEV3	2023/02/24	Western Cape Elite Gala
# 402C	Women 13-13 50 Free	32,11L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410C	Women 13-13 200 Back	2:53,76L LEV3	2023/02/24	Western Cape Elite Gala
# 412C	Women 13-13 50 Fly	37,17L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
Athletes count: 10				
De Villiers, Anja (12) 2011/03/26 TYGE-CPT				
# 104	Women 12-12 400 Free	5:31,02L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 202B	Women 12-12 200 Free	2:34,75L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 206B	Women 12-12 100 Breast	1:37,52L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 208B	Women 12-12 50 Back	36,96L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302B	Women 12-12 100 Free	1:10,84L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 306B	Women 12-12 50 Breast	42,62L LEV2	2023/02/24	Western Cape Elite Gala
# 310B	Women 12-12 100 Back	1:20,22L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 314B	Women 12-12 200 IM	2:57,10L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402B	Women 12-12 50 Free	31,62L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 406B	Women 12-12 200 Breast	3:25,42L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 410B	Women 12-12 200 Back	2:53,01L LEV3	2022/07/02	CTA Invitational Meet - July 2022

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WOMEN	Event	Time	Date	Meet
# 412B	Women 12-12 50 Fly	35,83L LEV2	2023/01/28	Winelands SL Final

Athletes count: 12

Dimatellis, Zoi (11) 2012/01/27 ROA-EDD

# 102A	Women 11 & Under 400 Free	6:20,38L	2022/10/07	41st Freda Barnard Invitational Gala
# 202A	Women 11 & Under 200 Free	2:56,67L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 206A	Women 11 & Under 100 Breast	1:39,80L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 208A	Women 11 & Under 50 Back	40,52L LEV2	2022/09/09	EDEN SC Champs 2022
# 212A	Women 11 & Under 100 Fly	1:34,98L LEV3	2023/02/18	EDEN 5th A-League Gala 2023
# 302A	Women 11 & Under 100 Free	1:22,25L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 306A	Women 11 & Under 50 Breast	44,48L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310A	Women 11 & Under 100 Back	1:34,38L LEV2	2022/09/09	EDEN SC Champs 2022
# 314A	Women 11 & Under 200 IM	3:15,62L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402A	Women 11 & Under 50 Free	35,63L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 406A	Women 11 & Under 200 Breast	3:32,83L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 410A	Women 11 & Under 200 Back	3:13,76L LEV3	2022/09/09	EDEN SC Champs 2022
# 412A	Women 11 & Under 50 Fly	39,11L LEV2	2023/01/28	NMBA Intra-District Championship

Athletes count: 13

Dixon, Tara (16) 2006/07/26 AACTA-CPT

# 112	Women 16-16 400 Free	5:22,89L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 202F	Women 16-16 200 Free	2:35,54L LEV2	2022/07/15	WCA SC Championships 2022
# 212F	Women 16-16 100 Fly	1:30,89L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 302F	Women 16-16 100 Free	1:14,60L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 314F	Women 16-16 200 IM	2:58,07L LEV2	2022/07/15	WCA SC Championships 2022
# 402F	Women 16-16 50 Free	33,76L	2022/07/15	WCA SC Championships 2022
# 412F	Women 16-16 50 Fly	39,11L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 7

Dos-Santos, Sofiya E (13) 2010/03/30 ASAC-CPT

# 206C	Women 13-13 100 Breast	1:36,88L LEV2	2023/02/11	WCA-B Champs - 2023
# 406C	Women 13-13 200 Breast	3:19,35L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 2

Dreyer, Arne' (12) 2010/04/21 BIOS-CED

# 206B	Women 12-12 100 Breast	1:29,34L LEV3	2023/01/28	Winelands SL Final
# 208B	Women 12-12 50 Back	39,72L LEV2	2023/01/28	Winelands SL Final
# 302B	Women 12-12 100 Free	1:17,33L LEV2	2022/09/17	Winelands SL 2
# 306B	Women 12-12 50 Breast	39,09L LEV2	2023/01/28	Winelands SL Final
# 402B	Women 12-12 50 Free	32,48L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406B	Women 12-12 200 Breast	3:24,34L LEV3	2023/01/28	Winelands SL Final

Athletes count: 6

Durandt, Sharli (11) 2011/07/19 SSISA-CPT

# 102A	Women 11 & Under 400 Free	5:20,69L SANJ	2023/02/04	CTA Brian Button Qualifying Meet #8
# 202A	Women 11 & Under 200 Free	2:33,57L LEV3	2023/02/24	Western Cape Elite Gala
# 212A	Women 11 & Under 100 Fly	1:24,09L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302A	Women 11 & Under 100 Free	1:10,78L LEV3	2023/02/24	Western Cape Elite Gala
# 310A	Women 11 & Under 100 Back	1:20,60L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 314A	Women 11 & Under 200 IM	3:02,26L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402A	Women 11 & Under 50 Free	33,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410A	Women 11 & Under 200 Back	2:51,93L LEV3	2023/02/24	Western Cape Elite Gala

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WOMEN	Event	Time	Date	Meet
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Athletes count: 8

Els, Lika (11) 2012/02/10 QSAW-CED

# 206A	Women 11 & Under 100 Breast	2:08,24L	2023/01/28	Winelands SL Final
# 208A	Women 11 & Under 50 Back	57,00L	2023/02/11	WCA-B Champs - 2023
# 306A	Women 11 & Under 50 Breast	56,01L	2023/02/11	WCA-B Champs - 2023
# 402A	Women 11 & Under 50 Free	48,31L	2023/02/11	WCA-B Champs - 2023
# 406A	Women 11 & Under 200 Breast	4:22,66L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 5

Esterhuyse, Jumarie (13) 2010/03/24 GREY-CPT

# 206C	Women 13-13 100 Breast	1:32,09L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 406C	Women 13-13 200 Breast	3:37,87L LEV2	2022/11/13	Winelands Summer League 4

Athletes count: 2

Fabricius, Kaylin (13) 2009/07/29 BARR-CPT

# 206C	Women 13-13 100 Breast	1:32,85L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 212C	Women 13-13 100 Fly	1:27,38L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 302C	Women 13-13 100 Free	1:12,64L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 306C	Women 13-13 50 Breast	40,32L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 4

Faul, Ellen J (12) 2011/03/01 QSAW-CED

# 202B	Women 12-12 200 Free	2:44,56L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 206B	Women 12-12 100 Breast	1:39,65L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 212B	Women 12-12 100 Fly	1:29,11L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302B	Women 12-12 100 Free	1:19,48L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 306B	Women 12-12 50 Breast	45,13L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 402B	Women 12-12 50 Free	31,48L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 406B	Women 12-12 200 Breast	3:35,62L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 412B	Women 12-12 50 Fly	36,50L LEV2	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 8

Fenner, Olivia M (12) 2011/02/23 QSAW-CED

# 208B	Women 12-12 50 Back	40,63L LEV2	2023/02/11	WCA-B Champs - 2023
# 302B	Women 12-12 100 Free	1:17,76L LEV2	2023/02/11	WCA-B Champs - 2023
# 310B	Women 12-12 100 Back	1:30,99L LEV2	2023/02/11	WCA-B Champs - 2023
# 402B	Women 12-12 50 Free	33,56L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 4

Flack, Francesca (11) 2011/08/25 CLSC-WCD

# 202A	Women 11 & Under 200 Free	3:03,87L LEV2	2022/08/20	Winelands SL 1
# 208A	Women 11 & Under 50 Back	44,41L LEV2	2022/06/18	CLSC Winter Mist 2022
# 302A	Women 11 & Under 100 Free	1:23,96L LEV2	2022/07/15	WCA SC Championships 2022
# 306A	Women 11 & Under 50 Breast	1:01,55L	2022/08/20	Winelands SL 1
# 310A	Women 11 & Under 100 Back	1:32,95L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 314A	Women 11 & Under 200 IM	3:47,29L	2022/07/02	CTA Invitational Meet - July 2022
# 402A	Women 11 & Under 50 Free	37,47L LEV2	2022/07/15	WCA SC Championships 2022
# 410A	Women 11 & Under 200 Back	3:15,37L LEV3	2022/07/15	WCA SC Championships 2022
# 414A	Women 14 & Under 50 Fly	49,73L LEV2	2022/06/18	CLSC Winter Mist 2022

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WOMEN	Event	Time	Date	Meet
Athletes count: 9				
Fourie, Emma (12) 2010/11/17 BLMA-CPT				
# 202B	Women 12-12 200 Free	2:49,69L LEV2	2022/11/04	CTA A CHAMPS 2022
# 208B	Women 12-12 50 Back	39,73L LEV2	2023/01/28	Winelands SL Final
# 302B	Women 12-12 100 Free	1:16,76L LEV2	2023/01/28	Winelands SL Final
# 306B	Women 12-12 50 Breast	50,02L	2022/10/07	41st Freda Barnard Invitational Gala
# 310B	Women 12-12 100 Back	1:26,02L LEV3	2022/11/04	CTA A CHAMPS 2022
# 314B	Women 12-12 200 IM	3:13,32L LEV2	2023/01/28	Winelands SL Final
# 402B	Women 12-12 50 Free	34,85L LEV2	2023/01/28	Winelands SL Final
# 410B	Women 12-12 200 Back	3:06,28L LEV3	2022/11/04	CTA A CHAMPS 2022
# 412B	Women 12-12 50 Fly	41,95L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 9

Fourie, Petro Marié (17) 2005/07/08 FISH-EDD				
# 302G	Women 17-24 100 Free	1:07,11L LEV3	2022/11/05	EDEN 3rd A-League Gala 2022
# 306G	Women 17-24 50 Breast	39,47L LEV2	2023/01/28	NMBA Intra-District Championship
# 310G	Women 17-24 100 Back	1:13,78L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402G	Women 17-24 50 Free	31,71L LEV2	2023/01/28	NMBA Intra-District Championship
# 406G	Women 17-24 200 Breast	3:12,38L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 410G	Women 17-24 200 Back	2:49,14L LEV3	2023/02/18	EDEN 5th A-League Gala 2023
# 412G	Women 17-24 50 Fly	33,58L	2023/01/28	NMBA Intra-District Championship

Athletes count: 7

Franks, Madison M (15) 2007/05/09 SSISA-CPT				
# 110	Women 15-15 400 Free	4:58,51L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 202E	Women 15-15 200 Free	2:22,08L LEV3	2023/02/24	Western Cape Elite Gala
# 208E	Women 15-15 50 Back	34,99L LEV2	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22
# 302E	Women 15-15 100 Free	1:05,60L LEV3	2023/02/24	Western Cape Elite Gala
# 310E	Women 15-15 100 Back	1:14,68L LEV3	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22
# 402E	Women 15-15 50 Free	30,01L LEV2	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22
# 412E	Women 15-15 50 Fly	33,81L LEV2	2022/09/03	CTA Qualifying Meet #4

Athletes count: 7

Fury, Amelia J (11) 2011/06/24 VINE-CPT				
# 102A	Women 11 & Under 400 Free	5:52,63L LEV3	2023/01/21	CTA Qualifying Meet #7
# 202A	Women 11 & Under 200 Free	2:39,58L LEV3	2023/02/24	Western Cape Elite Gala
# 206A	Women 11 & Under 100 Breast	1:38,21L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302A	Women 11 & Under 100 Free	1:12,29L LEV3	2023/02/24	Western Cape Elite Gala
# 306A	Women 11 & Under 50 Breast	43,55L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314A	Women 11 & Under 200 IM	3:12,00L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402A	Women 11 & Under 50 Free	32,41L LEV2	2023/02/24	Western Cape Elite Gala
# 406A	Women 11 & Under 200 Breast	3:41,90L LEV3	2022/08/13	CTA Qualifying Meet #3
# 412A	Women 11 & Under 50 Fly	42,98L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 9

Gennarakis, Christina (15) 2007/05/13 CUDU-CPT				
# 110	Women 15-15 400 Free	5:21,05L LEV3	2022/09/03	CTA Qualifying Meet #4
# 202E	Women 15-15 200 Free	2:22,08L LEV3	2022/10/15	CTA Qualifying Meet #6
# 208E	Women 15-15 50 Back	34,68L LEV2	2022/10/15	CTA Qualifying Meet #6
# 212E	Women 15-15 100 Fly	1:14,00L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302E	Women 15-15 100 Free	1:04,24L LEV3	2022/11/04	CTA A CHAMPS 2022

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WOMEN	Event	Time	Date	Meet
# 310E	Women 15-15 100 Back	1:14,02L LEV3	2022/09/03	CTA Qualifying Meet #4
# 402E	Women 15-15 50 Free	30,07L LEV2	2022/09/03	CTA Qualifying Meet #4
# 410E	Women 15-15 200 Back	2:50,02L LEV3	2022/11/04	CTA A CHAMPS 2022
# 412E	Women 15-15 50 Fly	31,42L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 9

Gerber, Simonè M (12) 2010/10/13 GREY-CPT

# 104	Women 12-12 400 Free	6:24,32L	2022/06/04	CTA Qualifying Meet #1
# 202B	Women 12-12 200 Free	2:41,54L LEV3	2023/02/24	Western Cape Elite Gala
# 206B	Women 12-12 100 Breast	1:35,67L LEV3	2022/11/04	CTA A CHAMPS 2022
# 208B	Women 12-12 50 Back	38,56L LEV2	2022/11/04	CTA A CHAMPS 2022
# 212B	Women 12-12 100 Fly	1:29,68L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302B	Women 12-12 100 Free	1:12,03L LEV3	2023/02/24	Western Cape Elite Gala
# 306B	Women 12-12 50 Breast	42,09L LEV2	2023/02/24	Western Cape Elite Gala
# 314B	Women 12-12 200 IM	2:58,27L LEV3	2023/02/24	Western Cape Elite Gala
# 402B	Women 12-12 50 Free	32,87L LEV2	2022/11/04	CTA A CHAMPS 2022
# 406B	Women 12-12 200 Breast	3:37,79L LEV2	2022/09/24	CTA Qualifying Meet #5
# 412B	Women 12-12 50 Fly	34,08L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 11

Geysler, Almi (13) 2009/07/09 LALE-CED

# 106	Women 13-13 400 Free	5:20,45L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302C	Women 13-13 100 Free	1:08,53L LEV3	2022/11/13	Winelands Summer League 4
# 306C	Women 13-13 50 Breast	42,60L LEV2	2023/02/24	Western Cape Elite Gala
# 314C	Women 13-13 200 IM	2:58,00L LEV3	2022/11/13	Winelands Summer League 4
# 402C	Women 13-13 50 Free	31,10L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406C	Women 13-13 200 Breast	3:16,57L LEV3	2023/02/24	Western Cape Elite Gala
# 412C	Women 13-13 50 Fly	35,62L LEV2	2023/01/28	Winelands SL Final

Athletes count: 7

Grobler, Zané (12) 2010/10/26 ROA-EDD

# 104	Women 12-12 400 Free	6:14,90L	2022/06/29	Cape Coastal GP 2
# 202B	Women 12-12 200 Free	2:43,17L LEV3	2023/02/10	Infinity Gala 2023
# 206B	Women 12-12 100 Breast	1:41,62L LEV2	2023/02/10	Infinity Gala 2023
# 208B	Women 12-12 50 Back	44,10L	2022/09/09	EDEN SC Champs 2022
# 302B	Women 12-12 100 Free	1:14,64L LEV3	2023/02/10	Infinity Gala 2023
# 306B	Women 12-12 50 Breast	44,87L LEV2	2023/02/10	Infinity Gala 2023
# 310B	Women 12-12 100 Back	1:36,58L	2022/10/07	41st Freda Barnard Invitational Gala
# 314B	Women 12-12 200 IM	3:21,81L LEV2	2022/09/09	EDEN SC Champs 2022
# 402B	Women 12-12 50 Free	33,03L LEV2	2023/01/28	NMBA Intra-District Championship
# 406B	Women 12-12 200 Breast	3:48,54L LEV2	2022/08/20	Eden SC3/School Trials 2022

Athletes count: 10

Hahn, Kayleigh K (14) 2009/01/16 ROA-EDD

# 108	Women 14-14 400 Free	5:12,38L LEV3	2022/09/09	EDEN SC Champs 2022
# 202D	Women 14-14 200 Free	2:25,25L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 206D	Women 14-14 100 Breast	1:28,71L LEV3	2022/09/09	EDEN SC Champs 2022
# 212D	Women 14-14 100 Fly	1:20,97L LEV2	2022/09/09	EDEN SC Champs 2022
# 302D	Women 14-14 100 Free	1:06,99L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 306D	Women 14-14 50 Breast	40,85L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314D	Women 14-14 200 IM	2:47,04L LEV3	2022/09/09	EDEN SC Champs 2022
# 402D	Women 14-14 50 Free	31,11L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406D	Women 14-14 200 Breast	3:12,01L LEV3	2022/09/09	EDEN SC Champs 2022
# 412D	Women 14-14 50 Fly	34,84L LEV2	2022/11/19	Eden LC Champs 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Athletes count: 10				
Haupt, Gemma S (16) 2006/07/03 ASAC-CPT				
# 206F	Women 16-16 100 Breast	1:30,28L LEV2	2023/01/21	CTA Qualifying Meet #7
# 302F	Women 16-16 100 Free	1:13,34L LEV2	2023/02/11	WCA-B Champs - 2023
# 306F	Women 16-16 50 Breast	41,26L LEV2	2023/02/11	WCA-B Champs - 2023
# 314F	Women 16-16 200 IM	2:59,05L LEV2	2023/01/21	CTA Qualifying Meet #7
# 402F	Women 16-16 50 Free	32,64L LEV2	2022/09/03	CTA Qualifying Meet #4
# 406F	Women 16-16 200 Breast	3:14,32L LEV3	2023/02/11	WCA-B Champs - 2023
Athletes count: 6				
Havenga, Skyla K (16) 2006/08/23 CLSC-WCD				
# 112	Women 16-16 400 Free	5:11,09L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 202F	Women 16-16 200 Free	2:22,14L LEV3	2022/07/15	WCA SC Championships 2022
# 206F	Women 16-16 100 Breast	1:27,09L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 212F	Women 16-16 100 Fly	1:15,86L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302F	Women 16-16 100 Free	1:06,90L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 306F	Women 16-16 50 Breast	38,57L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314F	Women 16-16 200 IM	2:45,67L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 402F	Women 16-16 50 Free	30,53L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 412F	Women 16-16 50 Fly	33,80L LEV2	2023/01/28	Winelands SL Final
Athletes count: 9				
Hayes, Kerrigan L (13) 2009/06/22 BARR-CPT				
# 106	Women 13-13 400 Free	5:32,42L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 208C	Women 13-13 50 Back	39,54L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 212C	Women 13-13 100 Fly	1:23,00L LEV3	2023/01/21	CTA Qualifying Meet #7
# 302C	Women 13-13 100 Free	1:12,21L LEV2	2023/01/21	CTA Qualifying Meet #7
# 310C	Women 13-13 100 Back	1:17,29L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 402C	Women 13-13 50 Free	32,87L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 410C	Women 13-13 200 Back	2:44,66L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 412C	Women 13-13 50 Fly	36,66L LEV2	2022/11/04	CTA A CHAMPS 2022
Athletes count: 8				
Hechter, Coreen C (21) 2001/07/11 MATI-CED				
# 114	Women 17-24 400 Free	4:50,95L LEV3	2022/12/06	Free State Champs 2022
# 202G	Women 17-24 200 Free	2:16,98L LEV3	2022/12/06	Free State Champs 2022
# 302G	Women 17-24 100 Free	1:02,83L LEV3	2022/12/06	Free State Champs 2022
# 402G	Women 17-24 50 Free	29,21L LEV2	2022/12/06	Free State Champs 2022
# 412G	Women 17-24 50 Fly	32,15L	2022/12/06	Free State Champs 2022
Athletes count: 5				
Herbst, Mienke (16) 2006/04/03 SSISA-CPT				
# 112	Women 16-16 400 Free	5:15,78L LEV3	2022/06/04	CTA Qualifying Meet #1
# 202F	Women 16-16 200 Free	2:33,63L LEV2	2022/07/15	WCA SC Championships 2022
# 206F	Women 16-16 100 Breast	1:29,05L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 302F	Women 16-16 100 Free	1:10,73L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 306F	Women 16-16 50 Breast	40,55L LEV2	2022/06/04	CTA Qualifying Meet #1
# 402F	Women 16-16 50 Free	33,14L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 406F	Women 16-16 200 Breast	3:06,99L LEV3	2022/07/15	WCA SC Championships 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Athletes count: 7				
Heyes, Danielle A (17) 2006/01/22 ASAC-CPT				
# 114	Women 17-24 400 Free	5:28,89L	2022/11/04	CTA A CHAMPS 2022
# 206G	Women 17-24 100 Breast	1:27,71L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 212G	Women 17-24 100 Fly	1:22,66L LEV2	2023/01/28	Winelands SL Final
# 302G	Women 17-24 100 Free	1:07,15L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 306G	Women 17-24 50 Breast	38,08L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402G	Women 17-24 50 Free	29,64L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406G	Women 17-24 200 Breast	3:11,32L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 412G	Women 17-24 50 Fly	33,14L	2023/01/28	Winelands SL Final

Athletes count: 8

Hunter, Emma J (11) 2012/01/07 KNYA-EDD				
# 206A	Women 11 & Under 100 Breast	1:39,19L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 208A	Women 11 & Under 50 Back	45,23L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 302A	Women 11 & Under 100 Free	1:23,80L LEV2	2023/02/18	EDEN 5th A-League Gala 2023
# 306A	Women 11 & Under 50 Breast	45,01L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402A	Women 11 & Under 50 Free	36,86L LEV2	2023/02/18	EDEN 5th A-League Gala 2023
# 406A	Women 11 & Under 200 Breast	3:28,90L LEV3	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 6

Hu, Shiqi (12) 2010/05/12 ASAC-CPT				
# 206B	Women 12-12 100 Breast	1:32,04L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 208B	Women 12-12 50 Back	40,77L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 212B	Women 12-12 100 Fly	1:28,95L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 302B	Women 12-12 100 Free	1:12,06L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 306B	Women 12-12 50 Breast	41,96L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 310B	Women 12-12 100 Back	1:25,80L LEV3	2022/07/15	WCA SC Championships 2022
# 314B	Women 12-12 200 IM	3:00,50L LEV3	2022/09/24	CTA Qualifying Meet #5
# 402B	Women 12-12 50 Free	32,74L LEV2	2022/11/04	CTA A CHAMPS 2022
# 406B	Women 12-12 200 Breast	3:21,12L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 412B	Women 12-12 50 Fly	37,24L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 10

Jansen van Rensburg, Mia (10) 2012/05/02 VINE-CPT				
# 102A	Women 11 & Under 400 Free	6:15,83L	2022/11/25	EGA Summer 4
# 202A	Women 11 & Under 200 Free	2:55,96L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 208A	Women 11 & Under 50 Back	40,45L LEV2	2023/01/21	CTA Qualifying Meet #7
# 212A	Women 11 & Under 100 Fly	1:36,37L LEV3	2022/11/12	EGA Summer 3
# 302A	Women 11 & Under 100 Free	1:21,80L LEV2	2022/08/20	EGA Short Course Championship - Juniors
# 306A	Women 11 & Under 50 Breast	51,80L LEV2	2023/01/21	CTA Qualifying Meet #7
# 310A	Women 11 & Under 100 Back	1:28,86L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 314A	Women 11 & Under 200 IM	3:27,70L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 402A	Women 11 & Under 50 Free	34,85L LEV2	2023/01/21	CTA Qualifying Meet #7
# 410A	Women 11 & Under 200 Back	3:17,97L LEV3	2022/08/20	EGA Short Course Championship - Juniors
# 412A	Women 11 & Under 50 Fly	39,94L LEV2	2022/09/10	Adrian Grafe Gala 2022

Athletes count: 11

Jantzen, Zianè (14) 2009/03/26 QUIC-CPT				
# 108	Women 14-14 400 Free	5:35,04L	2022/07/15	WCA SC Championships 2022
# 206D	Women 14-14 100 Breast	1:35,59L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 208D	Women 14-14 50 Back	38,28L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 212D	Women 14-14 100 Fly	1:18,39L LEV3	2023/02/24	Western Cape Elite Gala
# 310D	Women 14-14 100 Back	1:20,83L LEV2	2023/01/21	CTA Qualifying Meet #7
# 314D	Women 14-14 200 IM	2:56,20L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 410D	Women 14-14 200 Back	2:51,10L LEV3	2022/07/15	WCA SC Championships 2022
# 412D	Women 14-14 50 Fly	34,90L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 8

Jeftha, Zara L (15) 2008/01/09 MARL-CPT

# 206E	Women 15-15 100 Breast	1:26,43L LEV3	2023/02/24	Western Cape Elite Gala
# 212E	Women 15-15 100 Fly	1:23,09L LEV2	2023/01/28	Winelands SL Final
# 302E	Women 15-15 100 Free	1:12,47L LEV2	2022/11/04	CTA A CHAMPS 2022
# 306E	Women 15-15 50 Breast	39,02L LEV2	2023/01/21	CTA Qualifying Meet #7
# 314E	Women 15-15 200 IM	3:07,18L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 406E	Women 15-15 200 Breast	3:11,39L LEV3	2022/07/15	WCA SC Championships 2022
# 412E	Women 15-15 50 Fly	35,95L LEV2	2022/09/03	CTA Qualifying Meet #4

Athletes count: 7

Johannes, Tylah (13) 2010/01/15 VINE-CPT

# 202C	Women 13-13 200 Free	2:45,11L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 208C	Women 13-13 50 Back	38,48L LEV2	2022/08/13	CTA Qualifying Meet #3
# 302C	Women 13-13 100 Free	1:14,03L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 310C	Women 13-13 100 Back	1:17,56L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 410C	Women 13-13 200 Back	2:56,34L LEV3	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 5

Joyce, Jenna (11) 2012/03/28 BARR-CPT

# 206A	Women 11 & Under 100 Breast	1:28,39L LEV3	2023/02/11	WCA-B Champs - 2023
# 306A	Women 11 & Under 50 Breast	41,23L LEV2	2023/02/11	WCA-B Champs - 2023
# 406A	Women 11 & Under 200 Breast	3:15,58L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 3

Jurado, Stephanie C (14) 2008/08/29 SSISA-CPT

# 202D	Women 14-14 200 Free	2:31,85L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 208D	Women 14-14 50 Back	34,70L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302D	Women 14-14 100 Free	1:06,17L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 306D	Women 14-14 50 Breast	38,51L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310D	Women 14-14 100 Back	1:15,03L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 402D	Women 14-14 50 Free	29,70L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 410D	Women 14-14 200 Back	2:48,10L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 412D	Women 14-14 50 Fly	31,65L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 8

Jurado, Vanessa C (10) 2012/05/09 VINE-CPT

# 206A	Women 11 & Under 100 Breast	1:39,29L LEV3	2023/01/21	CTA Qualifying Meet #7
# 208A	Women 11 & Under 50 Back	42,11L LEV2	2022/08/13	CTA Qualifying Meet #3
# 306A	Women 11 & Under 50 Breast	44,91L LEV2	2023/01/21	CTA Qualifying Meet #7
# 314A	Women 11 & Under 200 IM	3:31,44L LEV2	2022/11/04	CTA A CHAMPS 2022
# 402A	Women 11 & Under 50 Free	36,00L LEV2	2023/01/21	CTA Qualifying Meet #7
# 412A	Women 11 & Under 50 Fly	42,03L LEV2	2022/11/04	CTA A CHAMPS 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Athletes count: 6				
Juries, Sam C (13) 2009/08/04 CLSC-WCD				
# 202C	Women 13-13 200 Free	2:42,70L LEV2	2022/07/15	WCA SC Championships 2022
# 206C	Women 13-13 100 Breast	1:37,80L LEV2	2022/07/15	WCA SC Championships 2022
# 208C	Women 13-13 50 Back	36,34L LEV2	2023/02/24	Western Cape Elite Gala
# 302C	Women 13-13 100 Free	1:15,50L LEV2	2022/11/11	Swartland Prestige Gala 2022
# 306C	Women 13-13 50 Breast	46,25L LEV2	2022/09/03	West Coast Spring Gala 2022
# 310C	Women 13-13 100 Back	1:18,01L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 314C	Women 13-13 200 IM	3:03,42L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402C	Women 13-13 50 Free	34,48L	2022/09/24	CTA Qualifying Meet #5
# 410C	Women 13-13 200 Back	2:46,02L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 412C	Women 13-13 50 Fly	37,61L LEV2	2023/01/28	Winelands SL Final

Athletes count: 10

Kleinhans, Zara I (17) 2005/04/27 AQDO-CPT				
# 114	Women 17-24 400 Free	4:56,08L LEV3	2022/11/04	CTA A CHAMPS 2022
# 202G	Women 17-24 200 Free	2:18,25L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 206G	Women 17-24 100 Breast	1:27,92L LEV3	2022/07/15	WCA SC Championships 2022
# 212G	Women 17-24 100 Fly	1:14,04L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302G	Women 17-24 100 Free	1:03,55L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 314G	Women 17-24 200 IM	2:38,86L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402G	Women 17-24 50 Free	30,01L LEV2	2023/02/24	Western Cape Elite Gala
# 412G	Women 17-24 50 Fly	34,48L	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 8

Kranenburg, Ava (11) 2011/05/03 VINE-CPT				
# 102A	Women 11 & Under 400 Free	6:10,65L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 202A	Women 11 & Under 200 Free	2:53,69L LEV2	2022/11/04	CTA A CHAMPS 2022
# 208A	Women 11 & Under 50 Back	42,22L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 302A	Women 11 & Under 100 Free	1:20,38L LEV2	2022/11/11	Swartland Prestige Gala 2022
# 310A	Women 11 & Under 100 Back	1:27,68L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 314A	Women 11 & Under 200 IM	3:24,66L LEV2	2022/07/15	WCA SC Championships 2022
# 410A	Women 11 & Under 200 Back	3:09,56L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 412A	Women 11 & Under 50 Fly	48,36L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 8

Kriek, Mila (16) 2007/01/20 QSAW-CED				
# 206F	Women 16-16 100 Breast	1:25,33L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 208F	Women 16-16 50 Back	36,70L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 306F	Women 16-16 50 Breast	40,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310F	Women 16-16 100 Back	1:20,08L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406F	Women 16-16 200 Breast	3:09,12L LEV3	2022/11/13	Winelands Summer League 4

Athletes count: 5

Kruger, Isla (12) 2011/03/14 QSAW-CED				
# 206B	Women 12-12 100 Breast	1:40,03L LEV2	2023/02/11	WCA-B Champs - 2023
# 306B	Women 12-12 50 Breast	44,07L LEV2	2023/02/11	WCA-B Champs - 2023
# 406B	Women 12-12 200 Breast	3:34,88L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 3

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
La Grange, Emma (15) 2008/02/11 QSAW-CED				
# 212E	Women 15-15 100 Fly	1:14,75L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 302E	Women 15-15 100 Free	1:08,85L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 310E	Women 15-15 100 Back	1:14,41L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 412E	Women 15-15 50 Fly	32,27L LEV2	2022/11/13	Winelands Summer League 4

Athletes count: 4

La Grange, Sophia E (12) 2010/08/05 SAAW-CPT				
# 206B	Women 12-12 100 Breast	1:40,30L LEV2	2022/11/04	CTA A CHAMPS 2022
# 306B	Women 12-12 50 Breast	50,35L	2022/09/03	CTA Qualifying Meet #4
# 310B	Women 12-12 100 Back	1:30,66L LEV2	2022/11/04	CTA A CHAMPS 2022
# 314B	Women 12-12 200 IM	3:16,58L LEV2	2022/11/04	CTA A CHAMPS 2022
# 406B	Women 12-12 200 Breast	3:29,14L LEV3	2022/11/04	CTA A CHAMPS 2022
# 410B	Women 12-12 200 Back	3:16,40L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 6

Landman, Charnè (13) 2009/04/25 GSA-CPT				
# 106	Women 13-13 400 Free	5:28,83L LEV3	2022/07/15	WCA SC Championships 2022
# 208C	Women 13-13 50 Back	37,70L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 212C	Women 13-13 100 Fly	1:27,60L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302C	Women 13-13 100 Free	1:09,35L LEV3	2023/02/24	Western Cape Elite Gala
# 310C	Women 13-13 100 Back	1:17,91L LEV3	2022/07/15	WCA SC Championships 2022
# 314C	Women 13-13 200 IM	2:57,42L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 402C	Women 13-13 50 Free	31,62L LEV2	2023/02/24	Western Cape Elite Gala
# 410C	Women 13-13 200 Back	2:49,70L LEV3	2022/07/15	WCA SC Championships 2022
# 412C	Women 13-13 50 Fly	34,07L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 9

Lategan, Emma M (14) 2008/10/29 CUDU-CPT				
# 108	Women 14-14 400 Free	5:57,69L	2022/07/15	WCA SC Championships 2022
# 206D	Women 14-14 100 Breast	1:32,74L LEV2	2022/07/15	WCA SC Championships 2022
# 208D	Women 14-14 50 Back	35,03L LEV2	2023/02/24	Western Cape Elite Gala
# 302D	Women 14-14 100 Free	1:14,63L LEV2	2022/10/15	CTA Qualifying Meet #6
# 310D	Women 14-14 100 Back	1:17,18L LEV3	2022/10/15	CTA Qualifying Meet #6
# 314D	Women 14-14 200 IM	2:56,93L LEV2	2022/08/13	CTA Qualifying Meet #3
# 410D	Women 14-14 200 Back	2:38,48L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 412D	Women 14-14 50 Fly	36,90L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 8

Laubscher, Maya R (16) 2007/01/26 GSA-CPT				
# 112	Women 16-16 400 Free	5:29,51L	2022/09/03	CTA Qualifying Meet #4
# 206F	Women 16-16 100 Breast	1:24,15L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 212F	Women 16-16 100 Fly	1:22,05L LEV2	2022/09/03	CTA Qualifying Meet #4
# 302F	Women 16-16 100 Free	1:06,91L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 306F	Women 16-16 50 Breast	39,58L LEV2	2022/09/03	CTA Qualifying Meet #4
# 314F	Women 16-16 200 IM	2:48,70L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402F	Women 16-16 50 Free	31,02L LEV2	2022/11/04	CTA A CHAMPS 2022
# 406F	Women 16-16 200 Breast	2:59,81L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 412F	Women 16-16 50 Fly	33,40L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 9

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Laubscher, Mikalla I (12) 2010/11/12 GSA-CPT				
# 104	Women 12-12 400 Free	5:56,07L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 202B	Women 12-12 200 Free	2:45,39L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 208B	Women 12-12 50 Back	42,40L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 302B	Women 12-12 100 Free	1:16,32L LEV2	2023/02/11	WCA-B Champs - 2023
# 310B	Women 12-12 100 Back	1:27,56L LEV2	2023/02/11	WCA-B Champs - 2023
# 314B	Women 12-12 200 IM	3:12,83L LEV2	2023/01/21	CTA Qualifying Meet #7
# 402B	Women 12-12 50 Free	34,44L LEV2	2023/02/11	WCA-B Champs - 2023
# 410B	Women 12-12 200 Back	3:08,95L LEV2	2023/02/11	WCA-B Champs - 2023
# 412B	Women 12-12 50 Fly	48,90L	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 9

Le Roux, Lucy L (14) 2008/12/17 ASAW-CED

# 202D	Women 14-14 200 Free	2:29,09L LEV3	2023/02/24	Western Cape Elite Gala
# 208D	Women 14-14 50 Back	34,11L LEV2	2022/11/13	Winelands Summer League 4
# 302D	Women 14-14 100 Free	1:08,53L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 306D	Women 14-14 50 Breast	40,36L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310D	Women 14-14 100 Back	1:18,91L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 314D	Women 14-14 200 IM	2:44,90L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402D	Women 14-14 50 Free	31,65L LEV2	2022/07/15	WCA SC Championships 2022
# 410D	Women 14-14 200 Back	2:43,29L LEV3	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 8

Liebenberg, Emily M (14) 2009/02/10 SWAR-WCD

# 108	Women 14-14 400 Free	5:16,70L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 202D	Women 14-14 200 Free	2:25,63L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 212D	Women 14-14 100 Fly	1:13,45L LEV3	2023/02/24	Western Cape Elite Gala
# 302D	Women 14-14 100 Free	1:06,20L LEV3	2023/02/24	Western Cape Elite Gala
# 314D	Women 14-14 200 IM	2:54,68L LEV3	2022/08/13	CTA Qualifying Meet #3
# 402D	Women 14-14 50 Free	31,19L LEV2	2022/07/15	WCA SC Championships 2022
# 412D	Women 14-14 50 Fly	32,85L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 7

Lockitch, Zara (10) 2012/05/21 CYBE-CPT

# 102A	Women 11 & Under 400 Free	6:03,31L LEV3	2023/02/24	Western Cape Elite Gala
# 202A	Women 11 & Under 200 Free	2:51,06L LEV3	2022/11/04	CTA A CHAMPS 2022
# 212A	Women 11 & Under 100 Fly	1:30,71L LEV3	2023/02/24	Western Cape Elite Gala
# 302A	Women 11 & Under 100 Free	1:21,42L LEV2	2023/02/11	WCA-B Champs - 2023
# 310A	Women 11 & Under 100 Back	1:30,29L LEV3	2023/01/21	CTA Qualifying Meet #7
# 314A	Women 11 & Under 200 IM	3:19,22L LEV3	2023/02/11	WCA-B Champs - 2023
# 402A	Women 11 & Under 50 Free	37,08L LEV2	2022/11/04	CTA A CHAMPS 2022
# 410A	Women 11 & Under 200 Back	3:23,71L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 412A	Women 11 & Under 50 Fly	39,30L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 9

Lorenzen, Ava E (11) 2011/12/13 BLMA-CPT

# 102A	Women 11 & Under 400 Free	5:35,26L LEV3	2023/02/24	Western Cape Elite Gala
# 202A	Women 11 & Under 200 Free	2:35,82L LEV3	2023/02/24	Western Cape Elite Gala
# 206A	Women 11 & Under 100 Breast	1:37,19L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 208A	Women 11 & Under 50 Back	36,39L LEV2	2023/02/24	Western Cape Elite Gala
# 212A	Women 11 & Under 100 Fly	1:28,15L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 302A	Women 11 & Under 100 Free	1:11,01L LEV3	2023/02/24	Western Cape Elite Gala
# 306A	Women 11 & Under 50 Breast	45,37L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310A	Women 11 & Under 100 Back	1:18,76L LEV3	2023/02/24	Western Cape Elite Gala

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 314A	Women 11 & Under 200 IM	2:57,65L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402A	Women 11 & Under 50 Free	32,42L LEV2	2023/02/24	Western Cape Elite Gala
# 410A	Women 11 & Under 200 Back	2:50,97L LEV3	2022/11/04	CTA A CHAMPS 2022
# 412A	Women 11 & Under 50 Fly	34,75L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 12

Louw, Alexa (15) 2008/01/02 BLMA-CPT

# 202E	Women 15-15 200 Free	2:31,97L LEV2	2022/07/15	WCA SC Championships 2022
# 206E	Women 15-15 100 Breast	1:34,54L LEV2	2023/01/28	Winelands SL Final
# 208E	Women 15-15 50 Back	35,50L LEV2	2023/02/24	Western Cape Elite Gala
# 302E	Women 15-15 100 Free	1:08,77L LEV2	2022/07/15	WCA SC Championships 2022
# 306E	Women 15-15 50 Breast	42,42L LEV2	2022/06/04	CTA Qualifying Meet #1
# 310E	Women 15-15 100 Back	1:18,20L LEV3	2022/07/15	WCA SC Championships 2022
# 402E	Women 15-15 50 Free	31,48L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 410E	Women 15-15 200 Back	2:48,81L LEV3	2022/07/15	WCA SC Championships 2022
# 412E	Women 15-15 50 Fly	35,23L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 9

Louw, Isabella A (12) 2011/03/14 BLMA-CPT

# 202B	Women 12-12 200 Free	2:50,80L LEV2	2023/02/24	Western Cape Elite Gala
# 208B	Women 12-12 50 Back	39,69L LEV2	2023/02/24	Western Cape Elite Gala
# 302B	Women 12-12 100 Free	1:16,88L LEV2	2023/02/24	Western Cape Elite Gala
# 306B	Women 12-12 50 Breast	50,43L	2022/12/09	Western Cape LC-A Championship 2022
# 310B	Women 12-12 100 Back	1:29,45L LEV2	2023/01/28	Winelands SL Final
# 314B	Women 12-12 200 IM	3:22,51L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402B	Women 12-12 50 Free	33,43L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410B	Women 12-12 200 Back	3:14,03L LEV2	2023/01/28	Winelands SL Final
# 412B	Women 12-12 50 Fly	37,83L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 9

Mansfield, Isabella K (15) 2007/05/11 LALE-CED

# 202E	Women 15-15 200 Free	2:29,73L LEV2	2022/07/15	WCA SC Championships 2022
# 206E	Women 15-15 100 Breast	1:28,25L LEV3	2022/09/17	Winelands SL 2
# 302E	Women 15-15 100 Free	1:08,68L LEV2	2022/07/15	WCA SC Championships 2022
# 306E	Women 15-15 50 Breast	41,14L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314E	Women 15-15 200 IM	3:00,98L LEV2	2022/06/11	Winelands Winter Gala
# 402E	Women 15-15 50 Free	32,34L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406E	Women 15-15 200 Breast	3:08,43L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 7

Messiter-Tooze, Luna S (12) 2010/10/05 AACTA-CPT

# 104	Women 12-12 400 Free	5:38,34L LEV3	2022/09/03	CTA Qualifying Meet #4
# 202B	Women 12-12 200 Free	2:37,90L LEV3	2023/02/24	Western Cape Elite Gala
# 208B	Women 12-12 50 Back	39,06L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 302B	Women 12-12 100 Free	1:14,92L LEV2	2023/02/24	Western Cape Elite Gala
# 310B	Women 12-12 100 Back	1:23,59L LEV3	2023/02/24	Western Cape Elite Gala
# 402B	Women 12-12 50 Free	34,35L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 410B	Women 12-12 200 Back	2:58,07L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 7

Mouton, Kay-Lee (13) 2009/06/29 SWAR-WCD

# 202C	Women 13-13 200 Free	2:48,96L LEV2	2023/02/04	West Coast Qualify Gala 2023
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Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 302C	Women 13-13 100 Free	1:16,09L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 310C	Women 13-13 100 Back	1:22,95L LEV2	2023/02/04	West Coast Qualify Gala 2023
# 314C	Women 13-13 200 IM	3:14,00L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 402C	Women 13-13 50 Free	36,24L	2022/09/03	West Coast Spring Gala 2022
# 410C	Women 13-13 200 Back	2:55,77L LEV3	2023/02/04	West Coast Qualify Gala 2023

Athletes count: 6

Muggenburg, Jacoba J (16) 2006/10/18 ASAW-CED

# 202F	Women 16-16 200 Free	2:26,04L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 208F	Women 16-16 50 Back	33,53L LEV2	2023/02/24	Western Cape Elite Gala
# 302F	Women 16-16 100 Free	1:07,33L LEV3	2022/09/24	CTA Qualifying Meet #5
# 310F	Women 16-16 100 Back	1:13,11L LEV3	2023/02/24	Western Cape Elite Gala
# 402F	Women 16-16 50 Free	30,49L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410F	Women 16-16 200 Back	2:38,41L LEV3	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 6

Muller, Alice (12) 2010/05/13 TYGE-CPT

# 104	Women 12-12 400 Free	5:49,48L LEV3	2023/02/11	WCA-B Champs - 2023
# 202B	Women 12-12 200 Free	2:47,19L LEV2	2023/02/11	WCA-B Champs - 2023
# 208B	Women 12-12 50 Back	43,19L LEV2	2022/11/04	CTA A CHAMPS 2022
# 306B	Women 12-12 50 Breast	49,84L	2023/01/21	CTA Qualifying Meet #7
# 314B	Women 12-12 200 IM	3:10,78L LEV2	2023/02/11	WCA-B Champs - 2023
# 402B	Women 12-12 50 Free	36,46L	2023/02/11	WCA-B Champs - 2023
# 410B	Women 12-12 200 Back	3:13,01L LEV2	2023/02/11	WCA-B Champs - 2023
# 412B	Women 12-12 50 Fly	41,91L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 8

Myers, Kirsten E (12) 2010/04/05 VINE-CPT

# 202B	Women 12-12 200 Free	2:53,50L LEV2	2022/11/11	Swartland Prestige Gala 2022
# 208B	Women 12-12 50 Back	38,80L LEV2	2022/11/04	CTA A CHAMPS 2022
# 302B	Women 12-12 100 Free	1:17,06L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 310B	Women 12-12 100 Back	1:25,95L LEV3	2022/07/15	WCA SC Championships 2022
# 314B	Women 12-12 200 IM	3:16,10L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 402B	Women 12-12 50 Free	33,11L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 410B	Women 12-12 200 Back	3:05,67L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 7

Nel, Ashlin (13) 2009/06/13 SSISA-CPT

# 206C	Women 13-13 100 Breast	1:30,11L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 306C	Women 13-13 50 Breast	41,18L LEV2	2022/09/03	CTA Qualifying Meet #4
# 406C	Women 13-13 200 Breast	3:17,83L LEV3	2022/07/02	CTA Invitational Meet - July 2022

Athletes count: 3

Neumann, Erin R (10) 2012/07/25 GSA-CPT

# 102A	Women 11 & Under 400 Free	5:36,95L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 202A	Women 11 & Under 200 Free	2:38,44L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 206A	Women 11 & Under 100 Breast	1:31,74L LEV3	2023/01/28	NMBA Intra-District Championship
# 212A	Women 11 & Under 100 Fly	1:30,72L LEV3	2023/01/28	NMBA Intra-District Championship
# 302A	Women 11 & Under 100 Free	1:13,67L LEV3	2023/01/28	NMBA Intra-District Championship
# 306A	Women 11 & Under 50 Breast	40,86L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314A	Women 11 & Under 200 IM	3:01,23L LEV3	2023/01/28	NMBA Intra-District Championship
# 402A	Women 11 & Under 50 Free	33,05L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 406A	Women 11 & Under 200 Breast	3:16,53L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 410A	Women 11 & Under 200 Back	2:58,79L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 412A	Women 11 & Under 50 Fly	38,77L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 11

Nienaber, Mila J (11) 2011/07/08 QSAW-CED

# 102A	Women 11 & Under 400 Free	6:10,75L LEV3	2023/02/11	WCA-B Champs - 2023
# 202A	Women 11 & Under 200 Free	2:57,43L LEV2	2023/02/11	WCA-B Champs - 2023
# 302A	Women 11 & Under 100 Free	1:20,68L LEV2	2023/02/11	WCA-B Champs - 2023
# 310A	Women 11 & Under 100 Back	1:34,78L LEV2	2023/01/28	Winelands SL Final
# 402A	Women 11 & Under 50 Free	35,17L LEV2	2023/02/11	WCA-B Champs - 2023
# 410A	Women 11 & Under 200 Back	3:17,70L LEV3	2023/01/21	CTA Qualifying Meet #7

Athletes count: 6

Nilsson, Rebecca B (11) 2011/05/26 TYGE-CPT

# 102A	Women 11 & Under 400 Free	5:46,47L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 202A	Women 11 & Under 200 Free	2:43,96L LEV3	2023/02/24	Western Cape Elite Gala
# 206A	Women 11 & Under 100 Breast	1:35,36L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 212A	Women 11 & Under 100 Fly	1:22,68L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 302A	Women 11 & Under 100 Free	1:14,46L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 306A	Women 11 & Under 50 Breast	42,75L LEV2	2023/01/21	CTA Qualifying Meet #7
# 310A	Women 11 & Under 100 Back	1:26,07L LEV3	2023/01/21	CTA Qualifying Meet #7
# 314A	Women 11 & Under 200 IM	3:04,13L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 406A	Women 11 & Under 200 Breast	3:17,63L LEV3	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 9

Nimb, Samantha L (14) 2008/06/19 VINE-CPT

# 206D	Women 14-14 100 Breast	1:25,99L LEV3	2022/07/15	WCA SC Championships 2022
# 306D	Women 14-14 50 Breast	40,47L LEV2	2022/09/24	CTA Qualifying Meet #5
# 314D	Women 14-14 200 IM	2:46,39L LEV3	2022/07/15	WCA SC Championships 2022
# 402D	Women 14-14 50 Free	32,68L LEV2	2022/09/24	CTA Qualifying Meet #5
# 406D	Women 14-14 200 Breast	3:03,53L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 5

Nortjè, Mia (17) 2005/12/26 CYBE-CPT

# 114	Women 17-24 400 Free	5:05,11L LEV3	2022/07/15	WCA SC Championships 2022
# 202G	Women 17-24 200 Free	2:27,97L LEV3	2022/07/15	WCA SC Championships 2022
# 206G	Women 17-24 100 Breast	1:21,15L LEV3	2022/07/15	WCA SC Championships 2022
# 212G	Women 17-24 100 Fly	1:15,74L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 302G	Women 17-24 100 Free	1:09,56L LEV2	2022/07/15	WCA SC Championships 2022
# 306G	Women 17-24 50 Breast	37,83L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 314G	Women 17-24 200 IM	2:40,97L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 406G	Women 17-24 200 Breast	2:50,37L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 412G	Women 17-24 50 Fly	35,68L	2022/09/03	CTA Qualifying Meet #4

Athletes count: 9

Novello, Utah (16) 2006/05/10 CLSC-WCD

# 302F	Women 16-16 100 Free	1:05,66L LEV3	2023/01/28	Winelands SL Final
# 306F	Women 16-16 50 Breast	38,23L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314F	Women 16-16 200 IM	2:40,71L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402F	Women 16-16 50 Free	29,35L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 412F	Women 16-16 50 Fly	32,79L LEV2	2022/07/02	CTA Invitational Meet - July 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Athletes count: 5				
Oaten, Sabrina (12) 2010/12/13 CYBE-CPT				
# 104	Women 12-12 400 Free	5:53,23L LEV3	2022/11/04	CTA A CHAMPS 2022
# 202B	Women 12-12 200 Free	2:48,81L LEV2	2022/11/04	CTA A CHAMPS 2022
# 206B	Women 12-12 100 Breast	1:39,29L LEV2	2022/11/04	CTA A CHAMPS 2022
# 212B	Women 12-12 100 Fly	1:35,20L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 306B	Women 12-12 50 Breast	47,17L LEV2	2023/02/24	Western Cape Elite Gala
# 314B	Women 12-12 200 IM	3:03,46L LEV3	2023/02/24	Western Cape Elite Gala
# 406B	Women 12-12 200 Breast	3:36,90L LEV2	2023/02/24	Western Cape Elite Gala
# 412B	Women 12-12 50 Fly	42,46L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 8

O'Carroll, Nia E (12) 2010/07/09 BIOS-CED				
# 104	Women 12-12 400 Free	6:00,77L LEV3	2022/10/15	Winelands SL 3
# 202B	Women 12-12 200 Free	2:44,96L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 206B	Women 12-12 100 Breast	1:48,15L	2022/12/09	Western Cape LC-A Championship 2022
# 208B	Women 12-12 50 Back	38,09L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302B	Women 12-12 100 Free	1:13,07L LEV3	2023/01/28	Winelands SL Final
# 306B	Women 12-12 50 Breast	48,40L	2023/01/28	Winelands SL Final
# 310B	Women 12-12 100 Back	1:21,16L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 314B	Women 12-12 200 IM	3:06,36L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402B	Women 12-12 50 Free	33,86L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 410B	Women 12-12 200 Back	2:55,13L LEV3	2022/07/15	WCA SC Championships 2022
# 412B	Women 12-12 50 Fly	38,06L LEV2	2022/11/13	Winelands Summer League 4

Athletes count: 11

Olivier, Julie M (10) 2012/04/15 TYGE-CPT				
# 102A	Women 11 & Under 400 Free	5:55,73L LEV3	2023/02/11	WCA-B Champs - 2023
# 202A	Women 11 & Under 200 Free	2:49,41L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 206A	Women 11 & Under 100 Breast	1:46,96L LEV2	2023/01/21	CTA Qualifying Meet #7
# 208A	Women 11 & Under 50 Back	40,66L LEV2	2022/08/13	CTA Qualifying Meet #3
# 302A	Women 11 & Under 100 Free	1:18,39L LEV2	2023/02/11	WCA-B Champs - 2023
# 310A	Women 11 & Under 100 Back	1:29,59L LEV3	2023/01/21	CTA Qualifying Meet #7
# 314A	Women 11 & Under 200 IM	3:08,33L LEV3	2023/01/28	NMBA Intra-District Championship
# 402A	Women 11 & Under 50 Free	34,46L LEV2	2023/01/28	NMBA Intra-District Championship
# 410A	Women 11 & Under 200 Back	3:05,18L LEV3	2023/02/11	WCA-B Champs - 2023
# 412A	Women 11 & Under 50 Fly	39,95L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 10

Olivier, Shani (15) 2007/11/19 WELL-CED				
# 206E	Women 15-15 100 Breast	1:23,95L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 302E	Women 15-15 100 Free	1:11,57L LEV2	2022/09/03	West Coast Spring Gala 2022
# 306E	Women 15-15 50 Breast	38,87L LEV2	2022/11/11	Swartland Prestige Gala 2022
# 314E	Women 15-15 200 IM	2:53,73L LEV2	2022/07/15	WCA SC Championships 2022
# 402E	Women 15-15 50 Free	33,42L LEV2	2022/07/15	WCA SC Championships 2022
# 406E	Women 15-15 200 Breast	2:59,83L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 6

Otterbach, Lily (12) 2010/07/23 TYGE-CPT				
# 202B	Women 12-12 200 Free	2:35,59L LEV3	2023/02/24	Western Cape Elite Gala
# 208B	Women 12-12 50 Back	35,70L LEV2	2023/01/28	NMBA Intra-District Championship

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 212B	Women 12-12 100 Fly	1:21,19L LEV3	2023/01/21	CTA Qualifying Meet #7
# 302B	Women 12-12 100 Free	1:08,42L LEV3	2023/02/24	Western Cape Elite Gala
# 310B	Women 12-12 100 Back	1:24,10L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402B	Women 12-12 50 Free	31,82L LEV2	2023/01/21	CTA Qualifying Meet #7
# 412B	Women 12-12 50 Fly	34,83L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 7

Pearse, Jemma S (14) 2008/09/30 VINE-CPT

# 202D	Women 14-14 200 Free	2:29,23L LEV3	2022/11/04	CTA A CHAMPS 2022
# 208D	Women 14-14 50 Back	33,99L LEV2	2022/07/15	WCA SC Championships 2022
# 302D	Women 14-14 100 Free	1:06,98L LEV3	2022/07/15	WCA SC Championships 2022
# 310D	Women 14-14 100 Back	1:14,12L LEV3	2022/07/15	WCA SC Championships 2022
# 402D	Women 14-14 50 Free	30,55L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 410D	Women 14-14 200 Back	2:40,14L LEV3	2022/07/15	WCA SC Championships 2022
# 412D	Women 14-14 50 Fly	34,23L LEV2	2022/07/02	CTA Invitational Meet - July 2022

Athletes count: 7

Polti, Madison (11) 2011/07/24 CYBE-CPT

# 202A	Women 11 & Under 200 Free	2:43,95L LEV3	2023/02/24	Western Cape Elite Gala
# 206A	Women 11 & Under 100 Breast	1:50,41L LEV2	2023/02/24	Western Cape Elite Gala
# 302A	Women 11 & Under 100 Free	1:20,85L LEV2	2022/10/15	CTA Qualifying Meet #6
# 314A	Women 11 & Under 200 IM	3:13,47L LEV3	2023/02/24	Western Cape Elite Gala
# 402A	Women 11 & Under 50 Free	36,06L LEV2	2022/11/04	CTA A CHAMPS 2022
# 412A	Women 11 & Under 50 Fly	41,19L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 6

Polti, Pippa (11) 2011/07/24 CYBE-CPT

# 202A	Women 11 & Under 200 Free	2:50,94L LEV3	2022/11/04	CTA A CHAMPS 2022
# 208A	Women 11 & Under 50 Back	43,38L LEV2	2022/08/13	CTA Qualifying Meet #3
# 302A	Women 11 & Under 100 Free	1:17,83L LEV3	2022/11/04	CTA A CHAMPS 2022
# 310A	Women 11 & Under 100 Back	1:31,98L LEV2	2022/11/04	CTA A CHAMPS 2022
# 402A	Women 11 & Under 50 Free	34,56L LEV2	2022/11/04	CTA A CHAMPS 2022
# 412A	Women 11 & Under 50 Fly	43,31L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 6

Polti, Sienna (11) 2011/07/24 CYBE-CPT

# 202A	Women 11 & Under 200 Free	2:37,25L LEV3	2023/02/24	Western Cape Elite Gala
# 208A	Women 11 & Under 50 Back	38,26L LEV2	2023/02/24	Western Cape Elite Gala
# 302A	Women 11 & Under 100 Free	1:16,67L LEV3	2022/11/04	CTA A CHAMPS 2022
# 310A	Women 11 & Under 100 Back	1:25,24L LEV3	2023/02/24	Western Cape Elite Gala
# 402A	Women 11 & Under 50 Free	33,85L LEV2	2022/11/04	CTA A CHAMPS 2022
# 412A	Women 11 & Under 50 Fly	39,04L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 6

Raimond, Marike M (13) 2009/10/01 TYGE-CPT

# 106	Women 13-13 400 Free	5:18,51L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 202C	Women 13-13 200 Free	2:33,17L LEV3	2023/02/24	Western Cape Elite Gala
# 208C	Women 13-13 50 Back	37,96L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302C	Women 13-13 100 Free	1:09,01L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 310C	Women 13-13 100 Back	1:21,75L LEV3	2022/11/04	CTA A CHAMPS 2022
# 314C	Women 13-13 200 IM	2:59,50L LEV2	2022/11/04	CTA A CHAMPS 2022
# 402C	Women 13-13 50 Free	32,16L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 410C	Women 13-13 200 Back	2:52,92L LEV3	2022/11/04	CTA A CHAMPS 2022
# 412C	Women 13-13 50 Fly	36,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 9

Renecle, Jenna C (17) 2005/04/04 VINE-CPT

# 202G	Women 17-24 200 Free	2:28,15L LEV3	2022/07/15	WCA SC Championships 2022
# 208G	Women 17-24 50 Back	35,31L LEV2	2023/02/24	Western Cape Elite Gala
# 302G	Women 17-24 100 Free	1:06,36L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 310G	Women 17-24 100 Back	1:16,69L LEV3	2023/01/21	CTA Qualifying Meet #7
# 402G	Women 17-24 50 Free	30,30L LEV2	2023/01/28	Winelands SL Final
# 412G	Women 17-24 50 Fly	34,62L	2022/07/02	CTA Invitational Meet - July 2022

Athletes count: 6

Ribeiro, Bianca N (16) 2006/05/02 SSISA-CPT

# 206F	Women 16-16 100 Breast	1:22,81L LEV3	2023/02/24	Western Cape Elite Gala
# 302F	Women 16-16 100 Free	1:13,25L LEV2	2022/07/15	WCA SC Championships 2022
# 306F	Women 16-16 50 Breast	37,48L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 402F	Women 16-16 50 Free	30,80L LEV2	2023/02/24	Western Cape Elite Gala
# 406F	Women 16-16 200 Breast	3:09,03L LEV3	2023/01/21	CTA Qualifying Meet #7

Athletes count: 5

Riley, Logan (12) 2010/10/05 VINE-CPT

# 104	Women 12-12 400 Free	5:55,77L LEV3	2023/01/21	CTA Qualifying Meet #7
# 202B	Women 12-12 200 Free	2:39,69L LEV3	2023/02/24	Western Cape Elite Gala
# 208B	Women 12-12 50 Back	36,00L LEV2	2023/02/24	Western Cape Elite Gala
# 212B	Women 12-12 100 Fly	1:33,49L LEV2	2023/02/24	Western Cape Elite Gala
# 302B	Women 12-12 100 Free	1:10,25L LEV3	2023/02/24	Western Cape Elite Gala
# 306B	Women 12-12 50 Breast	48,94L	2023/02/18	Swartland Invitational Gala 2023
# 310B	Women 12-12 100 Back	1:21,73L LEV3	2023/02/24	Western Cape Elite Gala
# 314B	Women 12-12 200 IM	3:09,13L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 402B	Women 12-12 50 Free	32,84L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410B	Women 12-12 200 Back	3:03,12L LEV3	2023/02/24	Western Cape Elite Gala
# 412B	Women 12-12 50 Fly	34,96L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 11

Rinquest, Aqeelah (16) 2006/06/06 MARL-CPT

# 202F	Women 16-16 200 Free	2:35,74L LEV2	2022/11/17	7th Cana Zone III Swimming Championships 2022
# 206F	Women 16-16 100 Breast	1:26,04L LEV3	2023/01/21	CTA Qualifying Meet #7
# 306F	Women 16-16 50 Breast	39,14L LEV2	2023/01/21	CTA Qualifying Meet #7
# 314F	Women 16-16 200 IM	2:56,96L LEV2	2023/02/11	WCA-B Champs - 2023
# 402F	Women 16-16 50 Free	33,13L LEV2	2023/02/11	WCA-B Champs - 2023
# 406F	Women 16-16 200 Breast	3:09,08L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 6

Röntgen, Carine (14) 2009/01/27 ASAW-CED

# 108	Women 14-14 400 Free	5:21,14L LEV3	2023/02/24	Western Cape Elite Gala
# 302D	Women 14-14 100 Free	1:07,40L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 314D	Women 14-14 200 IM	2:57,08L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402D	Women 14-14 50 Free	31,78L LEV2	2023/01/28	Winelands SL Final
# 406D	Women 14-14 200 Breast	3:25,50L LEV2	2023/01/28	Winelands SL Final

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WOMEN	Event	Time	Date	Meet
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Athletes count: 5

Rossouw, Cara (13) 2009/08/28 TYGE-CPT

# 310C	Women 13-13 100 Back	1:25,45L LEV2	2022/07/15	WCA SC Championships 2022
# 314C	Women 13-13 200 IM	2:58,82L LEV2	2022/11/04	CTA A CHAMPS 2022
# 410C	Women 13-13 200 Back	2:53,63L LEV3	2022/11/04	CTA A CHAMPS 2022
# 412C	Women 13-13 50 Fly	34,35L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 4

Rossouw, Emma M (14) 2009/02/13 QUIC-CPT

# 108	Women 14-14 400 Free	5:27,40L LEV3	2022/11/04	CTA A CHAMPS 2022
# 206D	Women 14-14 100 Breast	1:31,66L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 310D	Women 14-14 100 Back	1:13,86L LEV3	2023/02/24	Western Cape Elite Gala
# 314D	Women 14-14 200 IM	2:53,96L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402D	Women 14-14 50 Free	31,75L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410D	Women 14-14 200 Back	2:40,61L LEV3	2023/02/24	Western Cape Elite Gala
# 412D	Women 14-14 50 Fly	34,65L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 7

Rossouw, Nadia (16) 2006/10/15 TYGE-CPT

# 302F	Women 16-16 100 Free	1:06,43L LEV3	2022/09/24	CTA Qualifying Meet #5
# 310F	Women 16-16 100 Back	1:15,20L LEV3	2022/09/24	CTA Qualifying Meet #5
# 314F	Women 16-16 200 IM	2:47,42L LEV3	2022/08/13	CTA Qualifying Meet #3
# 410F	Women 16-16 200 Back	2:42,28L LEV3	2022/08/13	CTA Qualifying Meet #3

Athletes count: 4

Ryser, Aurora (15) 2007/04/14 TYGE-CPT

# 110	Women 15-15 400 Free	5:11,64L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 202E	Women 15-15 200 Free	2:27,33L LEV3	2023/01/28	Winelands SL Final
# 206E	Women 15-15 100 Breast	1:24,49L LEV3	2022/07/15	WCA SC Championships 2022
# 208E	Women 15-15 50 Back	34,73L LEV2	2022/11/04	CTA A CHAMPS 2022
# 212E	Women 15-15 100 Fly	1:14,47L LEV3	2022/07/15	WCA SC Championships 2022
# 302E	Women 15-15 100 Free	1:07,17L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 306E	Women 15-15 50 Breast	39,17L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310E	Women 15-15 100 Back	1:13,45L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 314E	Women 15-15 200 IM	2:40,83L LEV3	2022/07/15	WCA SC Championships 2022
# 402E	Women 15-15 50 Free	30,22L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 410E	Women 15-15 200 Back	2:38,32L LEV3	2022/07/15	WCA SC Championships 2022
# 412E	Women 15-15 50 Fly	33,22L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 12

Saayman, Nika D (12) 2010/10/19 PLAY-CED

# 202B	Women 12-12 200 Free	2:47,09L LEV2	2023/02/11	WCA-B Champs - 2023
# 208B	Women 12-12 50 Back	37,76L LEV2	2023/02/11	WCA-B Champs - 2023
# 302B	Women 12-12 100 Free	1:17,84L LEV2	2022/11/13	Winelands Summer League 4
# 306B	Women 12-12 50 Breast	48,26L	2023/02/11	WCA-B Champs - 2023
# 310B	Women 12-12 100 Back	1:25,61L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 402B	Women 12-12 50 Free	35,00L LEV2	2022/11/13	Winelands Summer League 4
# 410B	Women 12-12 200 Back	3:03,93L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 412B	Women 12-12 50 Fly	40,31L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

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SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Athletes count: 8				
Sabbagha, Annè (17) 2006/02/14 PAQU-CED				
# 302G	Women 17-24 100 Free	1:11,13L LEV2	2022/09/17	Winelands SL 2
# 306G	Women 17-24 50 Breast	37,10L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 402G	Women 17-24 50 Free	32,09L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 406G	Women 17-24 200 Breast	3:03,97L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 412G	Women 17-24 50 Fly	34,60L	2022/10/07	41st Freda Barnard Invitational Gala
Athletes count: 5				
Sabbagha, Georgia (10) 2012/11/02 PAQU-CED				
# 302A	Women 11 & Under 100 Free	1:18,83L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 306A	Women 11 & Under 50 Breast	51,55L LEV2	2022/11/13	Winelands Summer League 4
# 310A	Women 11 & Under 100 Back	1:34,52L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 402A	Women 11 & Under 50 Free	35,48L LEV2	2023/02/11	WCA-B Champs - 2023
# 412A	Women 11 & Under 50 Fly	44,12L LEV2	2023/02/11	WCA-B Champs - 2023
Athletes count: 5				
Scheepers, Caitlin (14) 2008/11/23 VINE-CPT				
# 108	Women 14-14 400 Free	5:26,59L LEV3	2022/07/15	WCA SC Championships 2022
# 202D	Women 14-14 200 Free	2:36,34L LEV2	2022/07/15	WCA SC Championships 2022
# 302D	Women 14-14 100 Free	1:10,87L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 402D	Women 14-14 50 Free	32,87L LEV2	2022/07/15	WCA SC Championships 2022
Athletes count: 4				
Schreuder, Hannah G (14) 2008/06/18 SAAW-CPT				
# 206D	Women 14-14 100 Breast	1:27,03L LEV3	2023/02/24	Western Cape Elite Gala
# 302D	Women 14-14 100 Free	1:12,81L LEV2	2023/01/28	Winelands SL Final
# 306D	Women 14-14 50 Breast	38,71L LEV2	2023/02/24	Western Cape Elite Gala
# 314D	Women 14-14 200 IM	3:27,33L	2022/10/22	CTA Future Stars Meet #5
# 402D	Women 14-14 50 Free	33,26L LEV2	2023/01/28	Winelands SL Final
# 406D	Women 14-14 200 Breast	3:13,67L LEV3	2023/02/24	Western Cape Elite Gala
Athletes count: 6				
Senekal, Margo (13) 2009/09/30 TYGE-CPT				
# 106	Women 13-13 400 Free	5:18,33L LEV3	2022/11/04	CTA A CHAMPS 2022
# 202C	Women 13-13 200 Free	2:32,62L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 206C	Women 13-13 100 Breast	1:33,39L LEV2	2022/07/15	WCA SC Championships 2022
# 212C	Women 13-13 100 Fly	1:26,01L LEV2	2022/07/15	WCA SC Championships 2022
# 302C	Women 13-13 100 Free	1:10,41L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 306C	Women 13-13 50 Breast	40,98L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314C	Women 13-13 200 IM	2:53,05L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402C	Women 13-13 50 Free	32,36L LEV2	2022/09/03	CTA Qualifying Meet #4
# 412C	Women 13-13 50 Fly	38,11L LEV2	2022/09/03	CTA Qualifying Meet #4
Athletes count: 9				
Serfontein, Christi (14) 2008/06/01 QUIC-CPT				
# 206D	Women 14-14 100 Breast	1:29,64L LEV3	2023/02/24	Western Cape Elite Gala
# 208D	Women 14-14 50 Back	39,47L LEV2	2023/02/11	WCA-B Champs - 2023
# 306D	Women 14-14 50 Breast	45,36L LEV2	2022/06/04	CTA Qualifying Meet #1
# 310D	Women 14-14 100 Back	1:21,50L LEV2	2023/02/11	WCA-B Champs - 2023

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WOMEN	Event	Time	Date	Meet
# 314D	Women 14-14 200 IM	2:59,16L LEV2	2023/02/11	WCA-B Champs - 2023
# 406D	Women 14-14 200 Breast	3:22,67L LEV2	2023/02/11	WCA-B Champs - 2023
# 410D	Women 14-14 200 Back	2:56,74L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 7

Slatter, Mila-Belle (11) 2012/01/09 SSISA-CPT

# 206A	Women 11 & Under 100 Breast	1:43,09L LEV3	2023/01/21	CTA Qualifying Meet #7
# 208A	Women 11 & Under 50 Back	43,54L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302A	Women 11 & Under 100 Free	1:14,62L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 306A	Women 11 & Under 50 Breast	47,13L LEV2	2023/02/24	Western Cape Elite Gala
# 402A	Women 11 & Under 50 Free	37,64L LEV2	2022/09/03	CTA Qualifying Meet #4
# 412A	Women 11 & Under 50 Fly	41,04L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 6

Smith, Courtney E (17) 2006/03/09 TYGE-CPT

# 114	Women 17-24 400 Free	5:18,05L LEV3	2022/07/15	WCA SC Championships 2022
# 212G	Women 17-24 100 Fly	1:20,11L LEV2	2022/07/15	WCA SC Championships 2022
# 302G	Women 17-24 100 Free	1:09,79L LEV2	2023/02/11	WCA-B Champs - 2023
# 310G	Women 17-24 100 Back	1:15,51L LEV3	2023/02/24	Western Cape Elite Gala
# 314G	Women 17-24 200 IM	2:44,38L LEV3	2023/02/24	Western Cape Elite Gala
# 406G	Women 17-24 200 Breast	3:10,81L LEV3	2023/02/11	WCA-B Champs - 2023
# 410G	Women 17-24 200 Back	2:45,81L LEV3	2023/02/24	Western Cape Elite Gala
# 412G	Women 17-24 50 Fly	36,32L	2022/07/02	CTA Invitational Meet - July 2022

Athletes count: 8

Smith, Lara E (14) 2008/05/20 TYGE-CPT

# 208D	Women 14-14 50 Back	34,69L LEV2	2022/11/04	CTA A CHAMPS 2022
# 212D	Women 14-14 100 Fly	1:15,49L LEV3	2023/02/24	Western Cape Elite Gala
# 302D	Women 14-14 100 Free	1:09,21L LEV2	2022/11/04	CTA A CHAMPS 2022
# 310D	Women 14-14 100 Back	1:17,34L LEV3	2022/09/24	CTA Qualifying Meet #5
# 314D	Women 14-14 200 IM	2:51,41L LEV3	2023/02/24	Western Cape Elite Gala
# 410D	Women 14-14 200 Back	2:50,97L LEV3	2022/09/24	CTA Qualifying Meet #5
# 412D	Women 14-14 50 Fly	32,76L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 7

Smith, Sophie (11) 2011/07/19 VINE-CPT

# 208A	Women 11 & Under 50 Back	36,44L LEV2	2023/02/24	Western Cape Elite Gala
# 302A	Women 11 & Under 100 Free	1:21,39L LEV2	2022/07/23	CTA Qualifying Meet #2
# 310A	Women 11 & Under 100 Back	1:18,34L LEV3	2023/02/24	Western Cape Elite Gala
# 314A	Women 11 & Under 200 IM	3:12,13L LEV3	2022/11/04	CTA A CHAMPS 2022
# 402A	Women 11 & Under 50 Free	34,44L LEV2	2023/01/21	CTA Qualifying Meet #7
# 410A	Women 11 & Under 200 Back	2:52,19L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 6

Sonnekus, Anya (11) 2011/10/24 TYGE-CPT

# 206A	Women 11 & Under 100 Breast	1:45,64L LEV2	2022/07/15	WCA SC Championships 2022
# 208A	Women 11 & Under 50 Back	44,07L LEV2	2022/11/04	CTA A CHAMPS 2022
# 306A	Women 11 & Under 50 Breast	47,64L LEV2	2023/02/11	WCA-B Champs - 2023
# 310A	Women 11 & Under 100 Back	1:33,71L LEV2	2023/02/11	WCA-B Champs - 2023
# 314A	Women 11 & Under 200 IM	3:16,73L LEV3	2022/11/04	CTA A CHAMPS 2022
# 402A	Women 11 & Under 50 Free	36,63L LEV2	2023/02/11	WCA-B Champs - 2023
# 406A	Women 11 & Under 200 Breast	3:45,52L LEV2	2022/11/04	CTA A CHAMPS 2022

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WOMEN	Event	Time	Date	Meet
# 412A	Women 11 & Under 50 Fly	43,13L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 8

Stearns, Jemma (16) 2006/12/10 AACTA-CPT

# 202F	Women 16-16 200 Free	2:30,13L LEV2	2022/06/04	CTA Qualifying Meet #1
# 302F	Women 16-16 100 Free	1:10,41L LEV2	2022/07/15	WCA SC Championships 2022
# 314F	Women 16-16 200 IM	2:51,47L LEV3	2022/06/04	CTA Qualifying Meet #1
# 402F	Women 16-16 50 Free	32,52L LEV2	2022/07/15	WCA SC Championships 2022
# 410F	Women 16-16 200 Back	2:47,57L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 5

Stevens, Judy C (14) 2008/12/12 QUIC-CPT

# 206D	Women 14-14 100 Breast	1:29,84L LEV3	2023/02/24	Western Cape Elite Gala
# 208D	Women 14-14 50 Back	40,90L LEV2	2022/09/24	CTA Qualifying Meet #5
# 306D	Women 14-14 50 Breast	41,54L LEV2	2023/02/11	WCA-B Champs - 2023
# 310D	Women 14-14 100 Back	1:22,91L LEV2	2022/11/04	CTA A CHAMPS 2022
# 402D	Women 14-14 50 Free	33,52L LEV2	2022/09/24	CTA Qualifying Meet #5
# 406D	Women 14-14 200 Breast	3:22,36L LEV2	2023/02/11	WCA-B Champs - 2023
# 410D	Women 14-14 200 Back	3:00,92L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 7

Steyn, Lucy S (12) 2010/05/16 TYGE-CPT

# 202B	Women 12-12 200 Free	2:43,64L LEV3	2023/02/24	Western Cape Elite Gala
# 314B	Women 12-12 200 IM	3:06,80L LEV3	2023/02/24	Western Cape Elite Gala
# 406B	Women 12-12 200 Breast	3:26,82L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 410B	Women 12-12 200 Back	3:01,69L LEV3	2022/09/03	CTA Qualifying Meet #4

Athletes count: 4

Swanepoel, Lulu A (11) 2011/08/06 ASAC-CPT

# 102A	Women 11 & Under 400 Free	5:33,71L LEV3	2022/11/04	CTA A CHAMPS 2022
# 202A	Women 11 & Under 200 Free	2:35,78L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 212A	Women 11 & Under 100 Fly	1:26,13L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302A	Women 11 & Under 100 Free	1:14,10L LEV3	2022/11/04	CTA A CHAMPS 2022
# 402A	Women 11 & Under 50 Free	33,83L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 406A	Women 11 & Under 200 Breast	3:37,94L LEV3	2022/11/04	CTA A CHAMPS 2022
# 412A	Women 11 & Under 50 Fly	38,69L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 7

Thomatos, Tatiana C (13) 2010/03/15 QUIC-CPT

# 302C	Women 13-13 100 Free	1:15,62L LEV2	2022/10/15	CTA Qualifying Meet #6
# 310C	Women 13-13 100 Back	1:24,34L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 406C	Women 13-13 200 Breast	3:26,59L LEV2	2022/10/15	CTA Qualifying Meet #6

Athletes count: 3

Tjallingii, Nina E (11) 2011/09/24 SAAW-CPT

# 302A	Women 11 & Under 100 Free	1:31,67L	2023/02/18	Swartland Invitational Gala 2023
# 306A	Women 11 & Under 50 Breast	47,48L LEV2	2023/02/24	Western Cape Elite Gala
# 314A	Women 11 & Under 200 IM	3:43,48L	2022/07/02	CTA Invitational Meet - July 2022
# 402A	Women 11 & Under 50 Free	38,20L LEV2	2023/02/24	Western Cape Elite Gala
# 406A	Women 11 & Under 200 Breast	3:40,10L LEV3	2023/02/24	Western Cape Elite Gala
# 412A	Women 11 & Under 50 Fly	52,12L	2023/02/18	Swartland Invitational Gala 2023

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Athletes count: 6				
Trout, Sophia L (13) 2009/05/27 VINE-CPT				
# 208C	Women 13-13 50 Back	35,62L LEV2	2023/02/24	Western Cape Elite Gala
# 212C	Women 13-13 100 Fly	1:18,80L LEV3	2023/02/24	Western Cape Elite Gala
# 302C	Women 13-13 100 Free	1:12,97L LEV2	2022/09/24	CTA Qualifying Meet #5
# 306C	Women 13-13 50 Breast	44,00L LEV2	2022/09/03	CTA Qualifying Meet #4
# 310C	Women 13-13 100 Back	1:17,78L LEV3	2023/02/24	Western Cape Elite Gala
# 402C	Women 13-13 50 Free	31,43L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410C	Women 13-13 200 Back	2:58,42L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 412C	Women 13-13 50 Fly	33,62L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 8

Tsai, Emily A (14) 2008/06/06 BLMA-CPT				
# 108	Women 14-14 400 Free	5:37,81L	2022/07/15	WCA SC Championships 2022
# 202D	Women 14-14 200 Free	2:37,02L LEV2	2022/07/15	WCA SC Championships 2022
# 206D	Women 14-14 100 Breast	1:29,46L LEV3	2023/01/28	Winelands SL Final
# 302D	Women 14-14 100 Free	1:12,40L LEV2	2022/07/15	WCA SC Championships 2022
# 306D	Women 14-14 50 Breast	39,71L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314D	Women 14-14 200 IM	3:06,73L LEV2	2022/06/04	CTA Qualifying Meet #1
# 402D	Women 14-14 50 Free	33,10L LEV2	2022/09/03	CTA Qualifying Meet #4
# 406D	Women 14-14 200 Breast	3:12,88L LEV3	2022/07/15	WCA SC Championships 2022
# 412D	Women 14-14 50 Fly	38,37L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 9

Van Den Berg, Lune (16) 2007/02/24 QSAW-CED				
# 202F	Women 16-16 200 Free	2:32,86L LEV2	2023/01/28	Winelands SL Final
# 208F	Women 16-16 50 Back	35,30L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302F	Women 16-16 100 Free	1:06,98L LEV3	2022/11/13	Winelands Summer League 4
# 310F	Women 16-16 100 Back	1:19,82L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402F	Women 16-16 50 Free	30,60L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 412F	Women 16-16 50 Fly	34,12L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 6

Van Der Wath, Izibelle (12) 2010/08/30 KNYA-EDD				
# 104	Women 12-12 400 Free	5:47,50L LEV3	2022/10/22	EDEN 2nd A-League Gala 2022
# 202B	Women 12-12 200 Free	2:35,55L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 206B	Women 12-12 100 Breast	1:32,33L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 302B	Women 12-12 100 Free	1:10,42L LEV3	2023/01/28	NMBA Intra-District Championship
# 306B	Women 12-12 50 Breast	40,01L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402B	Women 12-12 50 Free	31,59L LEV2	2023/01/28	NMBA Intra-District Championship
# 406B	Women 12-12 200 Breast	3:14,97L LEV3	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 7

Van Dyk, Zani (11) 2012/03/15 GSA-CPT				
# 102A	Women 11 & Under 400 Free	5:56,73L LEV3	2022/07/15	WCA SC Championships 2022
# 302A	Women 11 & Under 100 Free	1:17,56L LEV3	2023/02/11	WCA-B Champs - 2023
# 306A	Women 11 & Under 50 Breast	44,01L LEV2	2023/02/11	WCA-B Champs - 2023
# 310A	Women 11 & Under 100 Back	1:23,15L LEV3	2023/02/11	WCA-B Champs - 2023
# 314A	Women 11 & Under 200 IM	3:14,41L LEV3	2022/11/04	CTA A CHAMPS 2022
# 402A	Women 11 & Under 50 Free	33,96L LEV2	2022/11/04	CTA A CHAMPS 2022
# 410A	Women 11 & Under 200 Back	3:03,23L LEV3	2022/11/04	CTA A CHAMPS 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 412A	Women 11 & Under 50 Fly	37,58L LEV2	2023/01/28	NMBA Intra-District Championship

Athletes count: 8

Van Huyssteen, Miette (16) 2007/01/26 CUHE-OB

# 202F	Women 16-16 200 Free	2:40,56L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 208F	Women 16-16 50 Back	34,65L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 302F	Women 16-16 100 Free	1:07,12L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 310F	Women 16-16 100 Back	1:15,48L LEV3	2023/01/21	CTA Qualifying Meet #7
# 402F	Women 16-16 50 Free	29,93L LEV2	2023/01/28	Winelands SL Final
# 410F	Women 16-16 200 Back	2:49,81L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 412F	Women 16-16 50 Fly	33,28L LEV2	2022/09/03	CTA Qualifying Meet #4

Athletes count: 7

Van Wyk, Katie R (12) 2011/01/14 BLMA-CPT

# 104	Women 12-12 400 Free	6:00,41L LEV3	2022/11/04	CTA A CHAMPS 2022
# 202B	Women 12-12 200 Free	2:45,77L LEV2	2023/01/28	Winelands SL Final
# 206B	Women 12-12 100 Breast	1:42,00L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 208B	Women 12-12 50 Back	37,92L LEV2	2022/11/04	CTA A CHAMPS 2022
# 302B	Women 12-12 100 Free	1:16,84L LEV2	2023/01/28	Winelands SL Final
# 306B	Women 12-12 50 Breast	48,63L	2022/10/07	41st Freda Barnard Invitational Gala
# 310B	Women 12-12 100 Back	1:24,52L LEV3	2022/11/04	CTA A CHAMPS 2022
# 314B	Women 12-12 200 IM	3:11,28L LEV2	2023/01/28	Winelands SL Final
# 402B	Women 12-12 50 Free	33,86L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 410B	Women 12-12 200 Back	3:03,31L LEV3	2022/11/04	CTA A CHAMPS 2022
# 412B	Women 12-12 50 Fly	41,66L LEV2	2023/01/28	Winelands SL Final

Athletes count: 11

Vd Merwe, Haylee (17) 2005/04/16 QUIC-CPT

# 114	Women 17-24 400 Free	5:04,79L LEV3	2022/11/04	CTA A CHAMPS 2022
# 202G	Women 17-24 200 Free	2:23,70L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 206G	Women 17-24 100 Breast	1:23,78L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 302G	Women 17-24 100 Free	1:08,22L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 306G	Women 17-24 50 Breast	38,18L LEV2	2023/01/21	CTA Qualifying Meet #7
# 314G	Women 17-24 200 IM	2:39,97L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 406G	Women 17-24 200 Breast	2:56,69L LEV3	2022/11/04	CTA A CHAMPS 2022
# 410G	Women 17-24 200 Back	2:46,56L LEV3	2022/08/13	CTA Qualifying Meet #3
# 412G	Women 17-24 50 Fly	32,40L	2023/01/21	CTA Qualifying Meet #7

Athletes count: 9

Vd Merwe, Mia (13) 2009/04/30 GSA-CPT

# 106	Women 13-13 400 Free	5:36,36L	2023/02/24	Western Cape Elite Gala
# 202C	Women 13-13 200 Free	2:35,37L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 208C	Women 13-13 50 Back	37,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302C	Women 13-13 100 Free	1:13,46L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310C	Women 13-13 100 Back	1:21,64L LEV3	2023/01/21	CTA Qualifying Meet #7
# 402C	Women 13-13 50 Free	32,91L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410C	Women 13-13 200 Back	2:52,72L LEV3	2023/01/21	CTA Qualifying Meet #7

Athletes count: 7

Vd Merwe, Mi-Ly (13) 2009/09/09 BIOS-CED

# 202C	Women 13-13 200 Free	2:44,80L LEV2	2022/11/13	Winelands Summer League 4
# 208C	Women 13-13 50 Back	37,30L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 302C	Women 13-13 100 Free	1:12,75L LEV2	2022/11/13	Winelands Summer League 4
# 310C	Women 13-13 100 Back	1:23,65L LEV2	2023/01/28	Winelands SL Final
# 402C	Women 13-13 50 Free	33,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410C	Women 13-13 200 Back	2:57,04L LEV3	2022/06/11	Winelands Winter Gala

Athletes count: 6

Vd Merwe, Simone (15) 2007/05/03 GSA-CPT

# 110	Women 15-15 400 Free	5:21,51L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 208E	Women 15-15 50 Back	35,89L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 212E	Women 15-15 100 Fly	1:16,93L LEV2	2022/07/15	WCA SC Championships 2022
# 302E	Women 15-15 100 Free	1:09,57L LEV2	2023/02/24	Western Cape Elite Gala
# 310E	Women 15-15 100 Back	1:16,90L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 402E	Women 15-15 50 Free	32,10L LEV2	2022/10/15	Winelands SL 3
# 410E	Women 15-15 200 Back	2:50,85L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 412E	Women 15-15 50 Fly	33,69L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 8

Vd Merwe, Simone (14) 2008/06/04 LALE-CED

# 302D	Women 14-14 100 Free	1:07,97L LEV3	2022/07/15	WCA SC Championships 2022
# 310D	Women 14-14 100 Back	1:15,62L LEV3	2022/07/15	WCA SC Championships 2022
# 314D	Women 14-14 200 IM	2:45,72L LEV3	2022/07/15	WCA SC Championships 2022
# 402D	Women 14-14 50 Free	30,99L LEV2	2022/07/15	WCA SC Championships 2022
# 406D	Women 14-14 200 Breast	3:07,00L LEV3	2022/07/15	WCA SC Championships 2022
# 410D	Women 14-14 200 Back	2:41,34L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 6

Vd Westhuizen, Joy (15) 2008/01/21 AQDO-CPT

# 110	Women 15-15 400 Free	5:11,79L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 202E	Women 15-15 200 Free	2:29,07L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 212E	Women 15-15 100 Fly	1:15,11L LEV3	2023/02/24	Western Cape Elite Gala
# 302E	Women 15-15 100 Free	1:08,22L LEV2	2022/07/15	WCA SC Championships 2022
# 310E	Women 15-15 100 Back	1:16,89L LEV3	2022/12/04	AUSC-Region 5 Under 20 YTH Games 2022-Malawi
# 314E	Women 15-15 200 IM	2:48,64L LEV3	2023/02/24	Western Cape Elite Gala
# 402E	Women 15-15 50 Free	31,61L LEV2	2022/09/03	CTA Qualifying Meet #4
# 410E	Women 15-15 200 Back	2:47,60L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 412E	Women 15-15 50 Fly	33,09L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8

Athletes count: 9

Verbeek, Wilmien (14) 2008/06/03 CUDU-CPT

# 108	Women 14-14 400 Free	5:11,71L LEV3	2022/11/04	CTA A CHAMPS 2022
# 202D	Women 14-14 200 Free	2:30,12L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 212D	Women 14-14 100 Fly	1:18,41L LEV3	2022/07/15	WCA SC Championships 2022
# 302D	Women 14-14 100 Free	1:06,51L LEV3	2022/09/24	CTA Qualifying Meet #5
# 306D	Women 14-14 50 Breast	42,51L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314D	Women 14-14 200 IM	2:49,94L LEV3	2022/07/15	WCA SC Championships 2022
# 402D	Women 14-14 50 Free	31,26L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410D	Women 14-14 200 Back	2:54,04L LEV3	2022/10/15	CTA Qualifying Meet #6
# 412D	Women 14-14 50 Fly	34,98L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 9

Visagie, Jani (13) 2009/06/24 SWAR-WCD

# 202C	Women 13-13 200 Free	2:46,99L LEV2	2023/02/04	West Coast Qualify Gala 2023
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Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
# 206C	Women 13-13 100 Breast	1:40,18L LEV2	2022/07/15	WCA SC Championships 2022
# 208C	Women 13-13 50 Back	39,38L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302C	Women 13-13 100 Free	1:18,66L	2022/12/09	Western Cape LC-A Championship 2022
# 306C	Women 13-13 50 Breast	45,72L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310C	Women 13-13 100 Back	1:23,06L LEV2	2023/02/04	West Coast Qualify Gala 2023
# 406C	Women 13-13 200 Breast	3:30,74L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410C	Women 13-13 200 Back	2:54,55L LEV3	2023/02/04	West Coast Qualify Gala 2023

Athletes count: 8

Visagie, Larissa (14) 2009/03/30 ASAC-CPT

# 208D	Women 14-14 50 Back	36,30L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 302D	Women 14-14 100 Free	1:13,77L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 306D	Women 14-14 50 Breast	44,02L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 310D	Women 14-14 100 Back	1:20,03L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402D	Women 14-14 50 Free	32,55L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 412D	Women 14-14 50 Fly	36,65L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 6

Visser, Cara (13) 2010/03/27 CYBE-CPT

# 106	Women 13-13 400 Free	5:29,27L LEV3	2022/11/04	CTA A CHAMPS 2022
# 202C	Women 13-13 200 Free	2:30,23L LEV3	2023/01/21	CTA Qualifying Meet #7
# 208C	Women 13-13 50 Back	37,45L LEV2	2023/02/24	Western Cape Elite Gala
# 212C	Women 13-13 100 Fly	1:21,99L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 302C	Women 13-13 100 Free	1:09,01L LEV3	2023/01/21	CTA Qualifying Meet #7
# 310C	Women 13-13 100 Back	1:21,01L LEV3	2023/01/21	CTA Qualifying Meet #7
# 314C	Women 13-13 200 IM	2:53,83L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 402C	Women 13-13 50 Free	32,84L LEV2	2022/11/04	CTA A CHAMPS 2022
# 410C	Women 13-13 200 Back	2:52,50L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 412C	Women 13-13 50 Fly	35,15L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 10

Visser, Sandri (14) 2009/01/28 PLAY-CED

# 202D	Women 14-14 200 Free	2:44,78L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 206D	Women 14-14 100 Breast	1:28,14L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 302D	Women 14-14 100 Free	1:12,44L LEV2	2022/10/15	CTA Qualifying Meet #6
# 306D	Women 14-14 50 Breast	39,90L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 310D	Women 14-14 100 Back	1:22,58L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402D	Women 14-14 50 Free	32,09L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 406D	Women 14-14 200 Breast	3:09,08L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 412D	Women 14-14 50 Fly	36,55L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 8

Vorster, Carli (16) 2006/09/01 SWAR-WCD

# 202F	Women 16-16 200 Free	2:24,01L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 212F	Women 16-16 100 Fly	1:14,09L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 302F	Women 16-16 100 Free	1:05,08L LEV3	2022/10/15	CLSC October Madness Gala 2022
# 310F	Women 16-16 100 Back	1:20,84L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402F	Women 16-16 50 Free	30,65L LEV2	2023/01/28	Winelands SL Final
# 412F	Women 16-16 50 Fly	31,12L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 6

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
Vorster, Mia (13) 2010/01/12 SWAR-WCD				
# 202C	Women 13-13 200 Free	2:33,07L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 208C	Women 13-13 50 Back	35,84L LEV2	2022/11/11	Swartland Prestige Gala 2022
# 302C	Women 13-13 100 Free	1:10,63L LEV2	2023/02/04	West Coast Qualify Gala 2023
# 310C	Women 13-13 100 Back	1:19,09L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 314C	Women 13-13 200 IM	2:55,54L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402C	Women 13-13 50 Free	32,05L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410C	Women 13-13 200 Back	2:48,70L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 412C	Women 13-13 50 Fly	34,77L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 8

Watson, Caitlin C (15) 2007/06/17 BLMA-CPT				
# 202E	Women 15-15 200 Free	2:22,48L LEV3	2023/02/24	Western Cape Elite Gala
# 208E	Women 15-15 50 Back	33,74L LEV2	2023/01/28	NMBA Intra-District Championship
# 212E	Women 15-15 100 Fly	1:15,89L LEV3	2023/01/28	NMBA Intra-District Championship
# 302E	Women 15-15 100 Free	1:05,63L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 306E	Women 15-15 50 Breast	44,45L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 310E	Women 15-15 100 Back	1:14,64L LEV3	2022/07/15	WCA SC Championships 2022
# 314E	Women 15-15 200 IM	2:47,30L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 402E	Women 15-15 50 Free	30,00L LEV2	2023/02/24	Western Cape Elite Gala
# 410E	Women 15-15 200 Back	2:43,73L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 412E	Women 15-15 50 Fly	31,79L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 10

Webber, Isabella L (15) 2007/06/18 VINE-CPT				
# 212E	Women 15-15 100 Fly	1:11,86L LEV3	2022/07/15	WCA SC Championships 2022
# 302E	Women 15-15 100 Free	1:06,84L LEV3	2022/07/15	WCA SC Championships 2022
# 314E	Women 15-15 200 IM	2:49,52L LEV3	2022/07/15	WCA SC Championships 2022
# 402E	Women 15-15 50 Free	30,42L LEV2	2023/02/24	Western Cape Elite Gala
# 412E	Women 15-15 50 Fly	31,97L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 5

West, Sarah C (17) 2005/06/08 QUIC-CPT				
# 114	Women 17-24 400 Free	5:11,17L LEV3	2022/07/15	WCA SC Championships 2022
# 206G	Women 17-24 100 Breast	1:24,64L LEV3	2022/07/15	WCA SC Championships 2022
# 208G	Women 17-24 50 Back	36,33L LEV2	2022/08/13	CTA Qualifying Meet #3
# 306G	Women 17-24 50 Breast	38,66L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 310G	Women 17-24 100 Back	1:17,59L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 314G	Women 17-24 200 IM	2:42,19L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 406G	Women 17-24 200 Breast	2:55,16L LEV3	2022/07/15	WCA SC Championships 2022
# 410G	Women 17-24 200 Back	2:43,98L LEV3	2022/07/02	CTA Invitational Meet - July 2022

Athletes count: 8

Wium, Mari (14) 2009/01/28 QSAW-CED				
# 212D	Women 14-14 100 Fly	1:14,97L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 304A	Women 14 & Under 100 Free	1:09,62L LEV2	2022/09/24	CTA Qualifying Meet #5
# 308A	Women 14 & Under 50 Breast	45,53L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 314D	Women 14-14 200 IM	2:55,55L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 404A	Women 14 & Under 50 Free	30,53L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 408A	Women 14 & Under 100 Breast	1:39,30L LEV2	2022/09/17	Winelands SL 2
# 414A	Women 14 & Under 50 Fly	32,00L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

WOMEN	Event	Time	Date	Meet
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Athletes count: 7

Wium, Sophia (16) 2007/02/08 QSAW-CED

# 206F	Women 16-16 100 Breast	1:29,35L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 302F	Women 16-16 100 Free	1:11,26L LEV2	2023/01/28	Winelands SL Final
# 306F	Women 16-16 50 Breast	40,17L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402F	Women 16-16 50 Free	30,33L LEV2	2022/11/13	Winelands Summer League 4
# 406F	Women 16-16 200 Breast	3:17,18L LEV2	2023/01/28	Winelands SL Final
# 412F	Women 16-16 50 Fly	34,25L LEV2	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 6

Wyngaard, Dakota J (16) 2006/11/23 QUIC-CPT

# 208F	Women 16-16 50 Back	38,54L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 310F	Women 16-16 100 Back	1:20,20L LEV2	2022/07/15	WCA SC Championships 2022
# 402F	Women 16-16 50 Free	31,67L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 410F	Women 16-16 200 Back	2:51,65L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 4

Zeelie, Shanna-Leigh (14) 2009/03/01 BLMA-CPT

# 108	Women 14-14 400 Free	5:08,10L LEV3	2023/02/24	Western Cape Elite Gala
# 202D	Women 14-14 200 Free	2:26,69L LEV3	2023/02/24	Western Cape Elite Gala
# 208D	Women 14-14 50 Back	37,51L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 212D	Women 14-14 100 Fly	1:18,59L LEV3	2023/02/24	Western Cape Elite Gala
# 302D	Women 14-14 100 Free	1:07,35L LEV3	2023/02/24	Western Cape Elite Gala
# 310D	Women 14-14 100 Back	1:21,66L LEV2	2022/11/04	CTA A CHAMPS 2022
# 314D	Women 14-14 200 IM	3:04,99L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 402D	Women 14-14 50 Free	32,38L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 410D	Women 14-14 200 Back	2:57,31L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 412D	Women 14-14 50 Fly	33,75L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 10

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Abrahams, Matthew N (23) 1999/08/26 ASAC-CPT				
# 201G	Men 17-24 200 Free	2:08,92L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 211G	Men 17-24 100 Fly	1:06,16L LEV2	2022/09/03	CTA Qualifying Meet #4
# 301G	Men 17-24 100 Free	57,68L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401G	Men 17-24 50 Free	26,78L LEV2	2023/01/28	Winelands SL Final
# 411G	Men 17-24 50 Fly	28,74L LEV2	2023/01/28	Winelands SL Final

Athletes count: 5

Afonso, Aragon G (12) 2010/06/23 QUIC-CPT				
# 103	Men 12-12 400 Free	5:41,49L LEV3	2022/11/04	CTA A CHAMPS 2022
# 201B	Men 12-12 200 Free	2:37,72L LEV3	2022/11/04	CTA A CHAMPS 2022
# 207B	Men 12-12 50 Back	39,43L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 211B	Men 12-12 100 Fly	1:19,51L LEV3	2023/02/24	Western Cape Elite Gala
# 301B	Men 12-12 100 Free	1:13,00L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 305B	Men 12-12 50 Breast	45,16L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 309B	Men 12-12 100 Back	1:23,54L LEV3	2022/07/15	WCA SC Championships 2022
# 313B	Men 12-12 200 IM	2:55,97L LEV3	2023/02/24	Western Cape Elite Gala
# 405B	Men 12-12 200 Breast	3:32,33L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 409B	Men 12-12 200 Back	2:57,36L LEV3	2022/07/15	WCA SC Championships 2022
# 411B	Men 12-12 50 Fly	35,21L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 11

Arnott, Carter J (14) 2008/04/05 ASAC-CPT				
# 107	Men 14-14 400 Free	4:58,55L LEV3	2022/11/04	CTA A CHAMPS 2022
# 201D	Men 14-14 200 Free	2:18,04L LEV3	2022/11/04	CTA A CHAMPS 2022
# 207D	Men 14-14 50 Back	34,30L LEV2	2022/09/03	CTA Qualifying Meet #4
# 301D	Men 14-14 100 Free	1:02,05L LEV3	2022/11/04	CTA A CHAMPS 2022
# 309D	Men 14-14 100 Back	1:15,49L LEV2	2022/07/15	WCA SC Championships 2022
# 401D	Men 14-14 50 Free	29,18L LEV2	2022/09/03	CTA Qualifying Meet #4
# 409D	Men 14-14 200 Back	2:44,15L LEV3	2022/07/15	WCA SC Championships 2022
# 411D	Men 14-14 50 Fly	31,65L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 8

Atkinson, Samuel A (14) 2008/06/01 SWAR-WCD				
# 201D	Men 14-14 200 Free	2:17,75L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 205D	Men 14-14 100 Breast	1:22,81L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 301D	Men 14-14 100 Free	1:01,50L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 305D	Men 14-14 50 Breast	37,82L LEV2	2023/01/28	Winelands SL Final
# 313D	Men 14-14 200 IM	2:39,09L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401D	Men 14-14 50 Free	28,95L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405D	Men 14-14 200 Breast	2:59,46L LEV3	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 7

Baadjies, Cruden H (11) 2011/12/15 PAQU-CED				
# 205A	Men 11 & Under 100 Breast	1:47,04L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 207A	Men 11 & Under 50 Back	49,05L	2023/02/11	WCA-B Champs - 2023
# 301A	Men 11 & Under 100 Free	1:27,34L	2023/02/11	WCA-B Champs - 2023
# 305A	Men 11 & Under 50 Breast	46,03L LEV2	2023/02/11	WCA-B Champs - 2023
# 313A	Men 11 & Under 200 IM	3:59,91L	2022/11/13	Winelands Summer League 4
# 401A	Men 11 & Under 50 Free	39,37L	2023/02/11	WCA-B Champs - 2023
# 405A	Men 11 & Under 200 Breast	3:43,80L LEV3	2023/02/11	WCA-B Champs - 2023
# 411A	Men 11 & Under 50 Fly	50,70L LEV2	2023/02/11	WCA-B Champs - 2023

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Athletes count: 8				
Bailes, Troy (16) 2007/01/16 QUIC-CPT				
# 201F	Men 16-16 200 Free	2:24,46L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301F	Men 16-16 100 Free	1:08,32L	2022/09/03	West Coast Spring Gala 2022
# 309F	Men 16-16 100 Back	1:13,35L LEV2	2022/09/03	West Coast Spring Gala 2022
# 313F	Men 16-16 200 IM	2:42,55L LEV2	2022/09/03	West Coast Spring Gala 2022
# 401F	Men 16-16 50 Free	30,55L	2022/09/03	West Coast Spring Gala 2022
# 409F	Men 16-16 200 Back	2:35,15L LEV3	2022/09/03	West Coast Spring Gala 2022
Athletes count: 6				
Bannister, Joshua G (15) 2008/02/01 TYGE-CPT				
# 109	Men 15-15 400 Free	4:38,26L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301E	Men 15-15 100 Free	1:01,51L LEV2	2023/01/28	Winelands SL Final
# 305E	Men 15-15 50 Breast	38,76L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309E	Men 15-15 100 Back	1:10,72L LEV2	2022/11/04	CTA A CHAMPS 2022
# 313E	Men 15-15 200 IM	2:34,22L LEV2	2022/10/15	CTA Qualifying Meet #6
# 401E	Men 15-15 50 Free	28,52L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409E	Men 15-15 200 Back	2:31,64L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411E	Men 15-15 50 Fly	33,10L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
Athletes count: 8				
Barge, Zac (13) 2009/04/11 SAAW-CPT				
# 105	Men 13-13 400 Free	5:38,16L LEV3	2023/01/21	CTA Qualifying Meet #7
# 201C	Men 13-13 200 Free	2:31,88L LEV3	2023/01/21	CTA Qualifying Meet #7
# 301C	Men 13-13 100 Free	1:05,38L LEV3	2023/01/28	Winelands SL Final
# 305C	Men 13-13 50 Breast	41,07L LEV2	2022/11/04	CTA A CHAMPS 2022
# 401C	Men 13-13 50 Free	28,48L LEV2	2022/11/04	CTA A CHAMPS 2022
# 411C	Men 13-13 50 Fly	34,70L LEV2	2023/01/21	CTA Qualifying Meet #7
Athletes count: 6				
Barnard, Rohan C (19) 2004/02/23 BLMA-CPT				
# 113	Men 17-24 400 Free	4:46,74L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 201G	Men 17-24 200 Free	2:10,74L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 207G	Men 17-24 50 Back	33,50L LEV2	2022/08/13	CTA Qualifying Meet #3
# 301G	Men 17-24 100 Free	59,55L LEV2	2023/01/28	Winelands SL Final
# 305G	Men 17-24 50 Breast	35,76L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309G	Men 17-24 100 Back	1:12,80L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 313G	Men 17-24 200 IM	2:29,41L LEV2	2023/01/28	Winelands SL Final
# 409G	Men 17-24 200 Back	2:36,23L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 411G	Men 17-24 50 Fly	30,91L LEV2	2022/06/25	PEA Winter Gala 2022
Athletes count: 9				
Barnard, Theodorus J (10) 2012/04/10 SWAR-WCD				
# 101A	Men 11 & Under 400 Free	6:00,06L LEV3	2022/11/11	Swartland Prestige Gala 2022
# 201A	Men 11 & Under 200 Free	2:45,80L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 207A	Men 11 & Under 50 Back	42,30L LEV2	2023/02/11	WCA-B Champs - 2023
# 211A	Men 11 & Under 100 Fly	1:26,59L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 301A	Men 11 & Under 100 Free	1:13,19L LEV3	2023/02/11	WCA-B Champs - 2023
# 309A	Men 11 & Under 100 Back	1:30,86L LEV3	2022/10/15	CLSC October Madness Gala 2022
# 313A	Men 11 & Under 200 IM	3:12,08L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 401A	Men 11 & Under 50 Free	33,63L LEV2	2023/01/28	Winelands SL Final

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 411A	Men 11 & Under 50 Fly	36,78L LEV2	2023/01/28	Winelands SL Final

Athletes count: 9

Beste, Eben (15) 2007/12/04 TYGE-CPT

# 109	Men 15-15 400 Free	4:55,31L	2022/12/09	Western Cape LC-A Championship 2022
# 201E	Men 15-15 200 Free	2:18,27L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 205E	Men 15-15 100 Breast	1:18,69L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 207E	Men 15-15 50 Back	32,52L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301E	Men 15-15 100 Free	1:01,02L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 305E	Men 15-15 50 Breast	35,58L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309E	Men 15-15 100 Back	1:09,11L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 313E	Men 15-15 200 IM	2:31,15L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401E	Men 15-15 50 Free	27,57L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405E	Men 15-15 200 Breast	2:55,58L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409E	Men 15-15 200 Back	2:27,47L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411E	Men 15-15 50 Fly	31,61L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 12

Beukes, Jaden L (13) 2009/04/14 WALM-CPT

# 201C	Men 13-13 200 Free	2:31,97L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 207C	Men 13-13 50 Back	36,02L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 211C	Men 13-13 100 Fly	1:11,54L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 301C	Men 13-13 100 Free	1:06,01L LEV3	2023/01/21	CTA Qualifying Meet #7
# 309C	Men 13-13 100 Back	1:16,70L LEV3	2022/10/15	CLSC October Madness Gala 2022
# 313C	Men 13-13 200 IM	2:46,54L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 401C	Men 13-13 50 Free	29,46L LEV2	2023/01/28	Winelands SL Final
# 409C	Men 13-13 200 Back	2:52,87L LEV3	2022/10/15	CLSC October Madness Gala 2022
# 411C	Men 13-13 50 Fly	32,20L LEV2	2023/01/28	Winelands SL Final

Athletes count: 9

Beukes, Mateo A (17) 2005/08/18 WALM-CPT

# 201G	Men 17-24 200 Free	2:16,42L LEV2	2022/11/04	CTA A CHAMPS 2022
# 207G	Men 17-24 50 Back	32,55L LEV2	2022/11/04	CTA A CHAMPS 2022
# 211G	Men 17-24 100 Fly	1:02,60L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 301G	Men 17-24 100 Free	58,00L LEV3	2023/01/28	Winelands SL Final
# 309G	Men 17-24 100 Back	1:12,46L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 401G	Men 17-24 50 Free	25,67L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 411G	Men 17-24 50 Fly	27,63L LEV2	2023/01/28	Winelands SL Final

Athletes count: 7

Boonzaier, Jan R (16) 2006/09/27 ASAC-CPT

# 111	Men 16-16 400 Free	4:42,18L LEV3	2022/07/15	WCA SC Championships 2022
# 207F	Men 16-16 50 Back	29,17L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301F	Men 16-16 100 Free	57,00L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 309F	Men 16-16 100 Back	1:04,63L LEV3	2022/07/15	WCA SC Championships 2022
# 401F	Men 16-16 50 Free	25,25L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 409F	Men 16-16 200 Back	2:23,08L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 6

Boshoff, Keanu A (11) 2011/04/19 KNYA-EDD

# 201A	Men 11 & Under 200 Free	2:31,73L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 205A	Men 11 & Under 100 Breast	1:29,13L LEV3	2022/10/07	41st Freda Barnard Invitational Gala

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 211A	Men 11 & Under 100 Fly	1:16,76L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 301A	Men 11 & Under 100 Free	1:09,29L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 305A	Men 11 & Under 50 Breast	40,06L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 401A	Men 11 & Under 50 Free	30,75L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 411A	Men 11 & Under 50 Fly	34,49L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 7

Bothma, Ryan (12) 2011/03/24 KSTAR-EDD

# 103	Men 12-12 400 Free	6:10,83L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 201B	Men 12-12 200 Free	2:51,71L LEV2	2022/09/09	EDEN SC Champs 2022
# 207B	Men 12-12 50 Back	40,80L LEV2	2023/01/28	NMBA Intra-District Championship
# 211B	Men 12-12 100 Fly	1:25,83L LEV3	2023/01/28	NMBA Intra-District Championship
# 301B	Men 12-12 100 Free	1:23,95L	2022/08/20	Eden SC3/School Trials 2022
# 305B	Men 12-12 50 Breast	48,16L LEV2	2022/11/19	Eden LC Champs 2022
# 309B	Men 12-12 100 Back	1:32,50L LEV2	2022/11/19	Eden LC Champs 2022
# 313B	Men 12-12 200 IM	3:18,70L LEV2	2022/11/19	Eden LC Champs 2022
# 401B	Men 12-12 50 Free	34,45L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 411B	Men 12-12 50 Fly	37,05L LEV2	2023/01/28	NMBA Intra-District Championship

Athletes count: 10

Bowers, Joshua A (20) 2003/01/07 MANT-CPT

# 113	Men 17-24 400 Free	4:58,80L	2022/07/15	WCA SC Championships 2022
# 201G	Men 17-24 200 Free	2:20,97L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 207G	Men 17-24 50 Back	31,84L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 211G	Men 17-24 100 Fly	1:19,56L LEV2	2022/09/03	CTA Qualifying Meet #4
# 301G	Men 17-24 100 Free	1:03,55L LEV2	2022/11/04	CTA A CHAMPS 2022
# 309G	Men 17-24 100 Back	1:11,09L LEV2	2022/11/04	CTA A CHAMPS 2022
# 401G	Men 17-24 50 Free	28,98L	2022/11/04	CTA A CHAMPS 2022
# 409G	Men 17-24 200 Back	2:36,00L LEV3	2022/07/15	WCA SC Championships 2022
# 411G	Men 17-24 50 Fly	32,66L LEV2	2022/10/15	CTA Qualifying Meet #6

Athletes count: 9

Breebaart, Joshua (11) 2012/02/08 GSA-CPT

# 101A	Men 11 & Under 400 Free	5:26,25L LEV3	2023/02/24	Western Cape Elite Gala
# 201A	Men 11 & Under 200 Free	2:34,75L LEV3	2023/02/24	Western Cape Elite Gala
# 205A	Men 11 & Under 100 Breast	1:42,27L LEV3	2023/01/28	NMBA Intra-District Championship
# 301A	Men 11 & Under 100 Free	1:12,25L LEV3	2023/02/11	WCA-B Champs - 2023
# 313A	Men 11 & Under 200 IM	3:00,65L LEV3	2023/02/24	Western Cape Elite Gala
# 401A	Men 11 & Under 50 Free	34,13L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 405A	Men 11 & Under 200 Breast	3:38,06L LEV3	2023/02/11	WCA-B Champs - 2023
# 411A	Men 11 & Under 50 Fly	38,35L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 8

Breet, Dawie L (15) 2007/04/03 PLAY-CED

# 201E	Men 15-15 200 Free	2:20,87L LEV2	2022/11/13	Winelands Summer League 4
# 207E	Men 15-15 50 Back	32,31L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 211E	Men 15-15 100 Fly	1:08,93L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 301E	Men 15-15 100 Free	1:02,53L LEV2	2022/11/13	Winelands Summer League 4
# 309E	Men 15-15 100 Back	1:10,32L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 401E	Men 15-15 50 Free	28,21L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409E	Men 15-15 200 Back	2:33,82L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411E	Men 15-15 50 Fly	30,62L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

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MEN	Event	Time	Date	Meet
Athletes count: 8				
Bright, Michael C (10) 2012/07/21 CUDU-CPT				
# 201A	Men 11 & Under 200 Free	2:38,78L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 205A	Men 11 & Under 100 Breast	1:42,63L LEV3	2022/11/04	CTA A CHAMPS 2022
# 207A	Men 11 & Under 50 Back	38,90L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301A	Men 11 & Under 100 Free	1:12,53L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 305A	Men 11 & Under 50 Breast	46,94L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 309A	Men 11 & Under 100 Back	1:22,30L LEV3	2023/01/21	CTA Qualifying Meet #7
# 313A	Men 11 & Under 200 IM	2:59,99L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401A	Men 11 & Under 50 Free	32,39L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405A	Men 11 & Under 200 Breast	3:45,29L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 409A	Men 11 & Under 200 Back	2:54,83L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411A	Men 11 & Under 50 Fly	39,06L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 11

Carrol, Matthew (17) 2005/09/12 BLMA-CPT				
# 201G	Men 17-24 200 Free	2:08,65L LEV3	2022/07/12	Maccabiah 2022
# 205G	Men 17-24 100 Breast	1:16,65L LEV2	2022/07/12	Maccabiah 2022
# 207G	Men 17-24 50 Back	32,64L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301G	Men 17-24 100 Free	56,91L LEV3	2022/07/12	Maccabiah 2022
# 305G	Men 17-24 50 Breast	33,53L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401G	Men 17-24 50 Free	25,99L LEV2	2022/09/03	CTA Qualifying Meet #4
# 411G	Men 17-24 50 Fly	27,74L LEV2	2022/09/03	CTA Qualifying Meet #4

Athletes count: 7

Cavallaro, Federico F (17) 2005/05/12 CYBE-CPT				
# 113	Men 17-24 400 Free	4:58,88L	2022/10/07	41st Freda Barnard Invitational Gala
# 201G	Men 17-24 200 Free	2:13,81L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 207G	Men 17-24 50 Back	30,84L LEV2	2023/02/24	Western Cape Elite Gala
# 301G	Men 17-24 100 Free	59,23L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 309G	Men 17-24 100 Back	1:08,04L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 313G	Men 17-24 200 IM	2:33,12L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 401G	Men 17-24 50 Free	26,76L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 409G	Men 17-24 200 Back	2:29,10L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 411G	Men 17-24 50 Fly	29,43L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 9

Cicero, Zack (17) 2006/02/25 WALM-CPT				
# 201G	Men 17-24 200 Free	2:13,70L LEV2	2022/11/04	CTA A CHAMPS 2022
# 207G	Men 17-24 50 Back	32,81L LEV2	2022/11/04	CTA A CHAMPS 2022
# 211G	Men 17-24 100 Fly	1:04,03L LEV2	2022/07/15	WCA SC Championships 2022
# 301G	Men 17-24 100 Free	58,98L LEV3	2022/07/15	WCA SC Championships 2022
# 401G	Men 17-24 50 Free	26,69L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 411G	Men 17-24 50 Fly	28,58L LEV2	2022/11/11	Swartland Prestige Gala 2022

Athletes count: 6

Cleophas, Kyle (13) 2009/04/16 PAQU-CED				
# 105	Men 13-13 400 Free	5:20,58L LEV3	2023/02/24	Western Cape Elite Gala
# 207C	Men 13-13 50 Back	37,13L LEV2	2023/02/24	Western Cape Elite Gala
# 211C	Men 13-13 100 Fly	1:21,71L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 301C	Men 13-13 100 Free	1:09,58L LEV2	2023/02/24	Western Cape Elite Gala

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 305C	Men 13-13 50 Breast	44,58L LEV2	2023/01/28	Winelands SL Final
# 309C	Men 13-13 100 Back	1:25,14L LEV2	2023/02/24	Western Cape Elite Gala
# 401C	Men 13-13 50 Free	31,17L LEV2	2023/02/24	Western Cape Elite Gala
# 411C	Men 13-13 50 Fly	35,19L LEV2	2023/01/28	Winelands SL Final

Athletes count: 8

Coetzee, Sion M (12) 2010/10/16 QUIC-CPT

# 103	Men 12-12 400 Free	6:08,57L LEV3	2022/07/15	WCA SC Championships 2022
# 201B	Men 12-12 200 Free	2:48,50L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 207B	Men 12-12 50 Back	40,93L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 309B	Men 12-12 100 Back	1:29,68L LEV2	2022/07/15	WCA SC Championships 2022
# 401B	Men 12-12 50 Free	35,11L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 5

Coleman, Travis (11) 2011/04/06 BLMA-CPT

# 101A	Men 11 & Under 400 Free	5:40,71L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 201A	Men 11 & Under 200 Free	2:46,60L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 205A	Men 11 & Under 100 Breast	1:35,75L LEV3	2023/02/24	Western Cape Elite Gala
# 207A	Men 11 & Under 50 Back	39,74L LEV2	2023/02/24	Western Cape Elite Gala
# 301A	Men 11 & Under 100 Free	1:10,90L LEV3	2023/02/24	Western Cape Elite Gala
# 305A	Men 11 & Under 50 Breast	42,76L LEV2	2023/02/24	Western Cape Elite Gala
# 309A	Men 11 & Under 100 Back	1:27,54L LEV3	2022/11/04	CTA A CHAMPS 2022
# 313A	Men 11 & Under 200 IM	3:02,05L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 401A	Men 11 & Under 50 Free	32,51L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405A	Men 11 & Under 200 Breast	3:19,81L LEV3	2023/02/24	Western Cape Elite Gala
# 411A	Men 11 & Under 50 Fly	38,61L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 11

Conradie, Niel (13) 2010/03/10 QUIC-CPT

# 205C	Men 13-13 100 Breast	1:35,89L LEV2	2023/02/24	Western Cape Elite Gala
# 207C	Men 13-13 50 Back	38,70L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 305C	Men 13-13 50 Breast	45,29L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309C	Men 13-13 100 Back	1:24,62L LEV2	2023/02/24	Western Cape Elite Gala
# 405C	Men 13-13 200 Breast	3:31,92L LEV2	2022/11/04	CTA A CHAMPS 2022
# 409C	Men 13-13 200 Back	2:57,49L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 6

Coolen, Jonathan T (13) 2010/03/30 BIOS-CED

# 105	Men 13-13 400 Free	5:25,25L LEV3	2023/02/24	Western Cape Elite Gala
# 201C	Men 13-13 200 Free	2:33,42L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 207C	Men 13-13 50 Back	37,90L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301C	Men 13-13 100 Free	1:06,68L LEV3	2023/02/24	Western Cape Elite Gala
# 305C	Men 13-13 50 Breast	42,88L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309C	Men 13-13 100 Back	1:24,06L LEV2	2022/11/13	Winelands Summer League 4
# 313C	Men 13-13 200 IM	2:57,79L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401C	Men 13-13 50 Free	30,62L LEV2	2022/11/13	Winelands Summer League 4
# 409C	Men 13-13 200 Back	2:58,56L LEV2	2022/11/13	Winelands Summer League 4

Athletes count: 9

De Bruyn, Phillip C (14) 2009/01/05 ASAC-CPT

# 205D	Men 14-14 100 Breast	1:29,67L LEV2	2023/01/21	CTA Qualifying Meet #7
# 207D	Men 14-14 50 Back	37,21L LEV2	2022/09/24	CTA Qualifying Meet #5

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 301D	Men 14-14 100 Free	1:08,30L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 305D	Men 14-14 50 Breast	40,66L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309D	Men 14-14 100 Back	1:19,17L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401D	Men 14-14 50 Free	30,62L	2022/12/09	Western Cape LC-A Championship 2022
# 405D	Men 14-14 200 Breast	3:12,27L LEV3	2023/01/28	Winelands SL Final
# 411D	Men 14-14 50 Fly	37,82L	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 8

De Koker, Frederik D (12) 2010/06/22 PLAY-CED

# 201B	Men 12-12 200 Free	2:48,15L LEV2	2023/02/11	WCA-B Champs - 2023
# 207B	Men 12-12 50 Back	36,05L LEV2	2023/02/11	WCA-B Champs - 2023
# 301B	Men 12-12 100 Free	1:16,66L LEV2	2023/01/28	Winelands SL Final
# 305B	Men 12-12 50 Breast	45,96L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 309B	Men 12-12 100 Back	1:24,80L LEV3	2023/01/28	Winelands SL Final
# 313B	Men 12-12 200 IM	3:14,53L LEV2	2023/02/11	WCA-B Champs - 2023
# 401B	Men 12-12 50 Free	31,72L LEV2	2023/02/11	WCA-B Champs - 2023
# 409B	Men 12-12 200 Back	3:08,81L LEV2	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 8

De Vries, Jordan (14) 2008/05/19 TYGE-CPT

# 205D	Men 14-14 100 Breast	1:25,63L LEV3	2023/02/11	WCA-B Champs - 2023
# 207D	Men 14-14 50 Back	34,18L LEV2	2023/02/11	WCA-B Champs - 2023
# 211D	Men 14-14 100 Fly	1:16,22L LEV2	2023/02/11	WCA-B Champs - 2023
# 301D	Men 14-14 100 Free	1:05,22L LEV2	2023/02/24	Western Cape Elite Gala
# 305D	Men 14-14 50 Breast	38,74L LEV2	2022/11/04	CTA A CHAMPS 2022
# 309D	Men 14-14 100 Back	1:19,57L LEV2	2023/02/11	WCA-B Champs - 2023
# 313D	Men 14-14 200 IM	2:55,72L LEV2	2022/07/23	CTA Qualifying Meet #2
# 401D	Men 14-14 50 Free	29,33L LEV2	2023/02/11	WCA-B Champs - 2023
# 405D	Men 14-14 200 Breast	3:00,83L LEV3	2023/02/24	Western Cape Elite Gala
# 411D	Men 14-14 50 Fly	31,40L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 10

Den Haan, Stèfan (16) 2007/01/17 QUIC-CPT

# 201F	Men 16-16 200 Free	2:24,07L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 207F	Men 16-16 50 Back	33,36L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 309F	Men 16-16 100 Back	1:11,04L LEV2	2022/07/15	WCA SC Championships 2022
# 313F	Men 16-16 200 IM	2:35,62L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 405F	Men 16-16 200 Breast	2:58,22L LEV2	2022/07/15	WCA SC Championships 2022
# 409F	Men 16-16 200 Back	2:31,88L LEV3	2022/07/02	CTA Invitational Meet - July 2022

Athletes count: 6

Dos-Santos, Andrei (14) 2008/12/08 ASAC-CPT

# 107	Men 14-14 400 Free	4:46,28L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 201D	Men 14-14 200 Free	2:14,77L LEV3	2023/02/24	Western Cape Elite Gala
# 211D	Men 14-14 100 Fly	1:07,54L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 301D	Men 14-14 100 Free	1:00,21L LEV3	2023/02/24	Western Cape Elite Gala
# 313D	Men 14-14 200 IM	2:36,92L LEV3	2022/11/04	CTA A CHAMPS 2022

Athletes count: 5

Douries, Ean (11) 2011/06/30 CUDU-CPT

# 101A	Men 11 & Under 400 Free	6:38,33L	2022/09/03	CTA Qualifying Meet #4
# 205A	Men 11 & Under 100 Breast	1:42,73L LEV3	2022/11/04	CTA A CHAMPS 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 211A	Men 11 & Under 100 Fly	1:43,89L LEV2	2022/11/04	CTA A CHAMPS 2022
# 305A	Men 11 & Under 50 Breast	45,93L LEV2	2023/02/24	Western Cape Elite Gala
# 313A	Men 11 & Under 200 IM	3:29,68L LEV2	2023/02/24	Western Cape Elite Gala
# 405A	Men 11 & Under 200 Breast	3:37,79L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411A	Men 11 & Under 50 Fly	45,99L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 7

Du Plessis, Jason F (13) 2010/02/15 CLSC-WCD

# 301C	Men 13-13 100 Free	1:07,72L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 305C	Men 13-13 50 Breast	44,50L LEV2	2023/01/28	Winelands SL Final
# 313C	Men 13-13 200 IM	3:09,89L	2022/11/11	Swartland Prestige Gala 2022
# 401C	Men 13-13 50 Free	30,73L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 411C	Men 13-13 50 Fly	34,68L LEV2	2023/01/28	Winelands SL Final

Athletes count: 5

Du Toit, Francois W (16) 2006/07/20 ASAW-CED

# 207F	Men 16-16 50 Back	34,16L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 305F	Men 16-16 50 Breast	39,58L LEV2	2022/08/20	Winelands SL 1
# 309F	Men 16-16 100 Back	1:13,88L LEV2	2022/09/03	West Coast Spring Gala 2022
# 409F	Men 16-16 200 Back	2:33,13L LEV3	2022/11/13	Winelands Summer League 4

Athletes count: 4

Eilers, Chaden D (18) 2004/07/05 UWCA-CPT

# 201G	Men 17-24 200 Free	2:23,85L LEV2	2022/12/07	NCASA CHAMPS 2022
# 205G	Men 17-24 100 Breast	1:14,80L LEV2	2023/02/24	Western Cape Elite Gala
# 301G	Men 17-24 100 Free	58,34L LEV3	2023/02/24	Western Cape Elite Gala
# 305G	Men 17-24 50 Breast	33,43L LEV2	2023/01/14	GROUP 5 - KTHU 2023
# 401G	Men 17-24 50 Free	26,32L LEV2	2022/12/07	NCASA CHAMPS 2022

Athletes count: 5

Erasmus, Chad L (20) 2002/06/20 VINE-CPT

# 201G	Men 17-24 200 Free	2:24,00L LEV2	2022/09/03	CTA Qualifying Meet #4
# 211G	Men 17-24 100 Fly	1:07,92L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 301G	Men 17-24 100 Free	58,48L LEV3	2022/07/23	CTA Qualifying Meet #2
# 305G	Men 17-24 50 Breast	36,35L LEV2	2022/07/02	CTA Invitational Meet - July 2022

Athletes count: 4

Faulkner, Callum E (11) 2011/08/08 BLMA-CPT

# 101A	Men 11 & Under 400 Free	6:08,36L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 201A	Men 11 & Under 200 Free	2:52,72L LEV2	2023/01/28	Winelands SL Final
# 205A	Men 11 & Under 100 Breast	1:41,91L LEV3	2022/11/04	CTA A CHAMPS 2022
# 207A	Men 11 & Under 50 Back	41,42L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301A	Men 11 & Under 100 Free	1:17,56L LEV2	2023/02/24	Western Cape Elite Gala
# 305A	Men 11 & Under 50 Breast	45,24L LEV2	2023/02/24	Western Cape Elite Gala
# 309A	Men 11 & Under 100 Back	1:29,88L LEV3	2023/02/24	Western Cape Elite Gala
# 313A	Men 11 & Under 200 IM	3:09,38L LEV3	2023/01/28	Winelands SL Final
# 401A	Men 11 & Under 50 Free	35,52L LEV2	2023/01/28	Winelands SL Final
# 405A	Men 11 & Under 200 Breast	3:20,18L LEV3	2023/02/24	Western Cape Elite Gala
# 409A	Men 11 & Under 200 Back	3:12,48L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411A	Men 11 & Under 50 Fly	43,17L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Athletes count: 12				
February, Dillon S (10) 2012/04/05 CUDU-CPT				
# 201A	Men 11 & Under 200 Free	2:57,29L LEV2	2022/11/04	CTA A CHAMPS 2022
# 205A	Men 11 & Under 100 Breast	1:44,75L LEV2	2023/01/21	CTA Qualifying Meet #7
# 207A	Men 11 & Under 50 Back	38,06L LEV2	2023/01/28	NMBA Intra-District Championship
# 301A	Men 11 & Under 100 Free	1:19,85L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 305A	Men 11 & Under 50 Breast	47,68L LEV2	2023/01/28	NMBA Intra-District Championship
# 309A	Men 11 & Under 100 Back	1:25,45L LEV3	2023/01/21	CTA Qualifying Meet #7
# 313A	Men 11 & Under 200 IM	3:14,94L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401A	Men 11 & Under 50 Free	36,00L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405A	Men 11 & Under 200 Breast	3:48,55L LEV3	2022/11/04	CTA A CHAMPS 2022
# 409A	Men 11 & Under 200 Back	3:00,80L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 411A	Men 11 & Under 50 Fly	43,06L LEV2	2022/12/09	Western Cape LC-A Championship 2022
Athletes count: 11				
Fenner, Jenson V (10) 2012/08/29 QSAW-CED				
# 205A	Men 11 & Under 100 Breast	1:43,15L LEV3	2023/02/11	WCA-B Champs - 2023
# 207A	Men 11 & Under 50 Back	41,84L LEV2	2023/02/11	WCA-B Champs - 2023
# 305A	Men 11 & Under 50 Breast	47,68L LEV2	2023/01/28	Winelands SL Final
# 401A	Men 11 & Under 50 Free	37,28L LEV2	2023/02/11	WCA-B Champs - 2023
Athletes count: 4				
Geysler, Jacques M (15) 2007/08/16 LALE-CED				
# 201E	Men 15-15 200 Free	2:17,59L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 211E	Men 15-15 100 Fly	1:07,57L LEV2	2023/02/24	Western Cape Elite Gala
# 301E	Men 15-15 100 Free	59,72L LEV2	2023/02/24	Western Cape Elite Gala
# 313E	Men 15-15 200 IM	2:35,22L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401E	Men 15-15 50 Free	27,31L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409E	Men 15-15 200 Back	2:37,90L LEV3	2023/02/24	Western Cape Elite Gala
# 411E	Men 15-15 50 Fly	29,51L LEV2	2023/01/28	Winelands SL Final
Athletes count: 7				
Gilbert, Andrew A (14) 2009/03/17 SAAW-CPT				
# 107	Men 14-14 400 Free	5:11,21L LEV3	2023/01/28	Winelands SL Final
# 205D	Men 14-14 100 Breast	1:19,04L LEV3	2023/01/28	Winelands SL Final
# 301D	Men 14-14 100 Free	1:04,21L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 305D	Men 14-14 50 Breast	34,50L LEV2	2023/01/28	Winelands SL Final
# 313D	Men 14-14 200 IM	2:43,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405D	Men 14-14 200 Breast	2:52,92L LEV3	2023/01/21	CTA Qualifying Meet #7
# 411D	Men 14-14 50 Fly	30,85L LEV2	2023/01/21	CTA Qualifying Meet #7
Athletes count: 7				
Gilmour, Connor A (12) 2010/07/29 AACTA-CPT				
# 207B	Men 12-12 50 Back	35,03L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301B	Men 12-12 100 Free	1:09,98L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 309B	Men 12-12 100 Back	1:17,63L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 401B	Men 12-12 50 Free	30,96L LEV2	2022/11/04	CTA A CHAMPS 2022
# 411B	Men 12-12 50 Fly	40,04L LEV2	2022/09/03	CTA Qualifying Meet #4
Athletes count: 5				

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Goldstein, Tristan J (17) 2005/07/21 ASAC-CPT				
# 201G	Men 17-24 200 Free	2:20,21L LEV2	2022/06/04	CTA Qualifying Meet #1
# 205G	Men 17-24 100 Breast	1:13,38L LEV3	2022/09/03	CTA Qualifying Meet #4
# 301G	Men 17-24 100 Free	1:02,38L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 305G	Men 17-24 50 Breast	33,24L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 313G	Men 17-24 200 IM	2:36,59L LEV2	2022/06/04	CTA Qualifying Meet #1
# 401G	Men 17-24 50 Free	28,22L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 411G	Men 17-24 50 Fly	30,35L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 7

Gounden, Mikhael A (17) 2005/06/03 CLSC-WCD				
# 201G	Men 17-24 200 Free	2:14,98L LEV2	2022/10/15	CLSC October Madness Gala 2022
# 205G	Men 17-24 100 Breast	1:19,97L LEV2	2023/02/24	Western Cape Elite Gala
# 211G	Men 17-24 100 Fly	1:10,75L LEV2	2023/01/21	CTA Qualifying Meet #7
# 301G	Men 17-24 100 Free	1:01,04L LEV2	2023/01/21	CTA Qualifying Meet #7
# 313G	Men 17-24 200 IM	2:34,53L LEV2	2023/02/24	Western Cape Elite Gala
# 409G	Men 17-24 200 Back	2:36,45L LEV3	2022/07/15	WCA SC Championships 2022

Athletes count: 6

Grobler, Ewandre (15) 2007/05/16 ROA-EDD				
# 109	Men 15-15 400 Free	5:21,27L	2022/06/29	Cape Coastal GP 2
# 201E	Men 15-15 200 Free	2:28,79L LEV2	2022/10/22	EDEN 2nd A-League Gala 2022
# 205E	Men 15-15 100 Breast	1:15,58L LEV2	2023/02/10	Infinity Gala 2023
# 301E	Men 15-15 100 Free	1:03,75L LEV2	2023/02/18	EDEN 5th A-League Gala 2023
# 305E	Men 15-15 50 Breast	33,85L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 401E	Men 15-15 50 Free	27,59L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405E	Men 15-15 200 Breast	2:48,15L LEV3	2023/02/10	Infinity Gala 2023
# 411E	Men 15-15 50 Fly	30,43L LEV2	2022/11/19	Eden LC Champs 2022

Athletes count: 8

Hahn, Kyle (11) 2012/02/16 ROA-EDD				
# 101A	Men 11 & Under 400 Free	5:25,89L LEV3	2023/02/18	EDEN 5th A-League Gala 2023
# 201A	Men 11 & Under 200 Free	2:35,39L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 205A	Men 11 & Under 100 Breast	1:33,92L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 207A	Men 11 & Under 50 Back	37,30L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 301A	Men 11 & Under 100 Free	1:11,77L LEV3	2022/10/22	EDEN 2nd A-League Gala 2022
# 305A	Men 11 & Under 50 Breast	41,72L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309A	Men 11 & Under 100 Back	1:22,13L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 313A	Men 11 & Under 200 IM	2:52,03L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401A	Men 11 & Under 50 Free	31,34L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405A	Men 11 & Under 200 Breast	3:18,83L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 409A	Men 11 & Under 200 Back	2:51,01L LEV3	2023/02/18	EDEN 5th A-League Gala 2023
# 411A	Men 11 & Under 50 Fly	35,90L LEV2	2023/01/28	NMBA Intra-District Championship

Athletes count: 12

Haupt, Rhys A (14) 2009/03/09 VINE-CPT				
# 201D	Men 14-14 200 Free	2:22,63L LEV3	2023/02/24	Western Cape Elite Gala
# 205D	Men 14-14 100 Breast	1:25,92L LEV3	2023/01/21	CTA Qualifying Meet #7
# 211D	Men 14-14 100 Fly	1:13,88L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301D	Men 14-14 100 Free	1:01,73L LEV3	2023/02/24	Western Cape Elite Gala
# 305D	Men 14-14 50 Breast	38,78L LEV2	2022/09/03	CTA Qualifying Meet #4
# 313D	Men 14-14 200 IM	2:43,50L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401D	Men 14-14 50 Free	28,57L LEV2	2023/01/21	CTA Qualifying Meet #7
# 405D	Men 14-14 200 Breast	3:07,26L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 411D	Men 14-14 50 Fly	32,76L LEV2	2022/09/03	CTA Qualifying Meet #4

Athletes count: 9

Havinga, Christopher (12) 2011/01/14 BIOS-CED

# 201B	Men 12-12 200 Free	2:46,46L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301B	Men 12-12 100 Free	1:12,59L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 305B	Men 12-12 50 Breast	45,01L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401B	Men 12-12 50 Free	32,22L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 411B	Men 12-12 50 Fly	34,94L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 5

Hendricks, Joshua (16) 2007/03/16 LALE-CED

# 205F	Men 16-16 100 Breast	1:13,71L LEV3	2023/01/28	Winelands SL Final
# 211F	Men 16-16 100 Fly	1:11,71L LEV2	2022/07/15	WCA SC Championships 2022
# 301F	Men 16-16 100 Free	1:00,01L LEV2	2023/01/28	Winelands SL Final
# 305F	Men 16-16 50 Breast	33,31L LEV2	2023/02/24	Western Cape Elite Gala
# 405F	Men 16-16 200 Breast	2:41,80L LEV3	2022/07/15	WCA SC Championships 2022
# 411F	Men 16-16 50 Fly	30,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 6

Heyes, Garrick T (14) 2008/05/12 ASAC-CPT

# 107	Men 14-14 400 Free	4:57,81L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 201D	Men 14-14 200 Free	2:17,68L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 211D	Men 14-14 100 Fly	1:12,07L LEV3	2022/11/04	CTA A CHAMPS 2022
# 301D	Men 14-14 100 Free	1:02,45L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 313D	Men 14-14 200 IM	2:43,46L LEV2	2022/11/04	CTA A CHAMPS 2022
# 401D	Men 14-14 50 Free	28,86L LEV2	2022/11/04	CTA A CHAMPS 2022
# 411D	Men 14-14 50 Fly	30,84L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 7

Hugo, Gideon R (17) 2006/03/17 ASAW-CED

# 301G	Men 17-24 100 Free	57,86L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 305G	Men 17-24 50 Breast	31,39L LEV2	2023/01/28	Winelands SL Final
# 313G	Men 17-24 200 IM	2:21,47L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401G	Men 17-24 50 Free	26,52L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 411G	Men 17-24 50 Fly	29,76L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 5

Hutton, Jake (16) 2007/01/22 BLMA-CPT

# 401F	Men 16-16 50 Free	25,54L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
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Athletes count: 1

Immelman, Max B (12) 2010/07/02 GREY-CPT

# 205B	Men 12-12 100 Breast	1:33,44L LEV3	2023/02/11	WCA-B Champs - 2023
# 305B	Men 12-12 50 Breast	40,74L LEV2	2023/02/11	WCA-B Champs - 2023
# 401B	Men 12-12 50 Free	32,45L LEV2	2023/02/11	WCA-B Champs - 2023
# 405B	Men 12-12 200 Breast	3:31,18L LEV3	2023/02/11	WCA-B Champs - 2023
# 411B	Men 12-12 50 Fly	46,07L	2022/11/04	CTA A CHAMPS 2022

Athletes count: 5

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Johnson, Miquel W (12) 2010/08/02 AQDO-CPT				
# 103	Men 12-12 400 Free	6:29,13L	2023/01/21	CTA Qualifying Meet #7
# 201B	Men 12-12 200 Free	2:54,74L LEV2	2023/02/11	WCA-B Champs - 2023
# 205B	Men 12-12 100 Breast	1:34,25L LEV3	2023/02/11	WCA-B Champs - 2023
# 211B	Men 12-12 100 Fly	1:45,09L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 301B	Men 12-12 100 Free	1:13,31L LEV2	2023/02/11	WCA-B Champs - 2023
# 305B	Men 12-12 50 Breast	43,95L LEV2	2023/02/11	WCA-B Champs - 2023
# 405B	Men 12-12 200 Breast	3:30,15L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 7

Jonas, Leonardo (11) 2011/06/21 QSAW-CED				
# 205A	Men 11 & Under 100 Breast	1:42,04L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 301A	Men 11 & Under 100 Free	1:17,54L LEV2	2022/11/13	Winelands Summer League 4
# 305A	Men 11 & Under 50 Breast	46,02L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401A	Men 11 & Under 50 Free	34,53L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 405A	Men 11 & Under 200 Breast	3:36,95L LEV3	2022/11/13	Winelands Summer League 4
# 411A	Men 11 & Under 50 Fly	38,69L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 6

Joubert, Wian (11) 2011/11/05 QUIC-CPT				
# 101A	Men 11 & Under 400 Free	6:14,27L LEV3	2023/02/11	WCA-B Champs - 2023
# 305A	Men 11 & Under 50 Breast	47,94L LEV2	2023/02/11	WCA-B Champs - 2023
# 309A	Men 11 & Under 100 Back	1:32,33L LEV2	2023/02/11	WCA-B Champs - 2023
# 405A	Men 11 & Under 200 Breast	3:47,43L LEV3	2023/02/11	WCA-B Champs - 2023
# 409A	Men 11 & Under 200 Back	3:12,43L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 5

Jurado, Sergio O (12) 2011/03/09 VINE-CPT				
# 201B	Men 12-12 200 Free	2:48,60L LEV2	2023/01/21	CTA Qualifying Meet #7
# 207B	Men 12-12 50 Back	40,94L LEV2	2023/01/21	CTA Qualifying Meet #7
# 301B	Men 12-12 100 Free	1:18,44L LEV2	2023/02/24	Western Cape Elite Gala
# 305B	Men 12-12 50 Breast	44,98L LEV2	2023/01/21	CTA Qualifying Meet #7
# 401B	Men 12-12 50 Free	33,56L LEV2	2023/02/24	Western Cape Elite Gala
# 411B	Men 12-12 50 Fly	42,91L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8

Athletes count: 6

Kalapac, Joshua (14) 2009/01/27 BLMA-CPT				
# 107	Men 14-14 400 Free	4:54,16L LEV3	2022/11/04	CTA A CHAMPS 2022
# 201D	Men 14-14 200 Free	2:15,10L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 205D	Men 14-14 100 Breast	1:18,45L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 211D	Men 14-14 100 Fly	1:07,40L LEV3	2023/02/24	Western Cape Elite Gala
# 301D	Men 14-14 100 Free	1:00,08L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 305D	Men 14-14 50 Breast	34,79L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309D	Men 14-14 100 Back	1:14,17L LEV3	2022/09/03	CTA Qualifying Meet #4
# 313D	Men 14-14 200 IM	2:31,82L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401D	Men 14-14 50 Free	27,50L LEV2	2022/11/04	CTA A CHAMPS 2022
# 405D	Men 14-14 200 Breast	2:56,49L LEV3	2023/02/24	Western Cape Elite Gala
# 411D	Men 14-14 50 Fly	28,92L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 11

Karsten, Jody (15) 2007/09/06 BLMA-CPT				
# 109	Men 15-15 400 Free	5:04,12L	2023/02/04	CTA Brian Button Qualifying Meet #8

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 201E	Men 15-15 200 Free	2:20,36L LEV2	2023/01/28	Winelands SL Final
# 205E	Men 15-15 100 Breast	1:20,30L LEV2	2022/11/04	CTA A CHAMPS 2022
# 207E	Men 15-15 50 Back	33,47L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 211E	Men 15-15 100 Fly	1:12,76L LEV2	2022/07/15	WCA SC Championships 2022
# 301E	Men 15-15 100 Free	1:02,29L LEV2	2022/11/04	CTA A CHAMPS 2022
# 305E	Men 15-15 50 Breast	36,32L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 309E	Men 15-15 100 Back	1:10,47L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 313E	Men 15-15 200 IM	2:34,90L LEV2	2022/11/04	CTA A CHAMPS 2022
# 401E	Men 15-15 50 Free	29,01L	2022/07/15	WCA SC Championships 2022
# 405E	Men 15-15 200 Breast	2:59,75L LEV2	2023/01/28	Winelands SL Final
# 409E	Men 15-15 200 Back	2:33,47L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411E	Men 15-15 50 Fly	31,24L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 13

Kent, Tyler (12) 2010/04/05 BLMA-CPT

# 201B	Men 12-12 200 Free	2:54,14L LEV2	2022/11/04	CTA A CHAMPS 2022
# 205B	Men 12-12 100 Breast	1:34,37L LEV3	2022/11/04	CTA A CHAMPS 2022
# 207B	Men 12-12 50 Back	45,42L	2022/10/07	41st Freda Barnard Invitational Gala
# 301B	Men 12-12 100 Free	1:18,66L LEV2	2022/11/04	CTA A CHAMPS 2022
# 305B	Men 12-12 50 Breast	43,11L LEV2	2022/11/04	CTA A CHAMPS 2022
# 313B	Men 12-12 200 IM	3:22,63L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 401B	Men 12-12 50 Free	34,78L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 405B	Men 12-12 200 Breast	3:19,80L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411B	Men 12-12 50 Fly	41,89L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 9

Kinnear, Connor (14) 2008/08/11 JVR-CPT

# 205D	Men 14-14 100 Breast	1:17,44L LEV3	2022/07/23	CTA Qualifying Meet #2
# 305D	Men 14-14 50 Breast	35,10L LEV2	2023/02/24	Western Cape Elite Gala
# 313D	Men 14-14 200 IM	2:30,68L LEV3	2023/01/21	CTA Qualifying Meet #7
# 401D	Men 14-14 50 Free	29,77L LEV2	2022/08/13	CTA Qualifying Meet #3
# 409D	Men 14-14 200 Back	2:32,96L LEV3	2023/01/21	CTA Qualifying Meet #7

Athletes count: 5

Kleinhans, Kyle (16) 2006/05/16 SSISA-CPT

# 201F	Men 16-16 200 Free	2:17,57L LEV2	2023/01/21	CTA Qualifying Meet #7
# 207F	Men 16-16 50 Back	30,34L LEV2	2022/09/03	CTA Qualifying Meet #4
# 211F	Men 16-16 100 Fly	1:07,75L LEV2	2022/09/03	CTA Qualifying Meet #4
# 301F	Men 16-16 100 Free	57,42L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 309F	Men 16-16 100 Back	1:04,68L LEV3	2023/02/24	Western Cape Elite Gala
# 401F	Men 16-16 50 Free	26,05L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 411F	Men 16-16 50 Fly	27,77L LEV2	2023/01/21	CTA Qualifying Meet #7

Athletes count: 7

Kleynhans, Ian (15) 2007/08/27 GSA-CPT

# 201E	Men 15-15 200 Free	2:10,43L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 207E	Men 15-15 50 Back	32,75L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 211E	Men 15-15 100 Fly	1:02,66L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301E	Men 15-15 100 Free	57,43L LEV3	2023/02/24	Western Cape Elite Gala
# 309E	Men 15-15 100 Back	1:14,31L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 313E	Men 15-15 200 IM	2:33,34L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401E	Men 15-15 50 Free	26,25L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 411E	Men 15-15 50 Fly	27,96L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Athletes count: 8				
Kotzè, Victor M (13) 2009/05/07 BLMA-CPT				
# 105	Men 13-13 400 Free	5:22,87L LEV3	2022/07/15	WCA SC Championships 2022
# 201C	Men 13-13 200 Free	2:26,84L LEV3	2023/02/24	Western Cape Elite Gala
# 205C	Men 13-13 100 Breast	1:39,21L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 207C	Men 13-13 50 Back	35,46L LEV2	2023/02/24	Western Cape Elite Gala
# 211C	Men 13-13 100 Fly	1:24,74L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301C	Men 13-13 100 Free	1:08,77L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 305C	Men 13-13 50 Breast	42,87L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 309C	Men 13-13 100 Back	1:18,54L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 313C	Men 13-13 200 IM	2:54,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401C	Men 13-13 50 Free	30,33L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409C	Men 13-13 200 Back	2:50,90L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411C	Men 13-13 50 Fly	35,78L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
Athletes count: 12				
Krenin, Damon R (16) 2007/03/23 JVR-CPT				
# 205F	Men 16-16 100 Breast	1:15,77L LEV2	2023/01/21	CTA Qualifying Meet #7
# 301F	Men 16-16 100 Free	59,62L LEV2	2023/02/24	Western Cape Elite Gala
# 305F	Men 16-16 50 Breast	36,80L LEV2	2022/06/04	CTA Qualifying Meet #1
# 405F	Men 16-16 200 Breast	2:48,56L LEV3	2023/02/24	Western Cape Elite Gala
Athletes count: 4				
Landi, Tristan (14) 2008/12/05 VINE-CPT				
# 205D	Men 14-14 100 Breast	1:19,44L LEV3	2023/01/21	CTA Qualifying Meet #7
# 211D	Men 14-14 100 Fly	1:10,24L LEV3	2023/01/21	CTA Qualifying Meet #7
# 301D	Men 14-14 100 Free	1:01,99L LEV3	2023/02/24	Western Cape Elite Gala
# 313D	Men 14-14 200 IM	2:36,26L LEV3	2023/01/21	CTA Qualifying Meet #7
# 405D	Men 14-14 200 Breast	3:00,06L LEV3	2022/08/13	CTA Qualifying Meet #3
# 411D	Men 14-14 50 Fly	31,81L LEV2	2022/12/09	Western Cape LC-A Championship 2022
Athletes count: 6				
Lategan, Riaan W (10) 2012/11/19 SWAR-WCD				
# 201A	Men 11 & Under 200 Free	3:11,78L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 205A	Men 11 & Under 100 Breast	1:49,75L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 301A	Men 11 & Under 100 Free	1:30,50L LEV2	2022/11/11	Swartland Prestige Gala 2022
# 305A	Men 11 & Under 50 Breast	49,53L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 313A	Men 11 & Under 200 IM	3:47,42L LEV2	2022/09/03	West Coast Spring Gala 2022
# 401A	Men 11 & Under 50 Free	40,17L	2022/08/13	CTA Qualifying Meet #3
# 405A	Men 11 & Under 200 Breast	3:43,68L LEV3	2023/02/11	WCA-B Champs - 2023
Athletes count: 7				
Lee, Luka V (12) 2010/06/12 QUIC-CPT				
# 207B	Men 12-12 50 Back	38,63L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 211B	Men 12-12 100 Fly	1:25,20L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 301B	Men 12-12 100 Free	1:15,48L LEV2	2023/02/24	Western Cape Elite Gala
# 309B	Men 12-12 100 Back	1:25,52L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 401B	Men 12-12 50 Free	33,02L LEV2	2023/02/24	Western Cape Elite Gala
# 409B	Men 12-12 200 Back	3:02,96L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411B	Men 12-12 50 Fly	35,56L LEV2	2022/11/04	CTA A CHAMPS 2022

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MEN	Event	Time	Date	Meet
Athletes count: 7				
Lehnberg, Malan (16) 2006/06/08 FISH-EDD				
# 205F	Men 16-16 100 Breast	1:19,64L LEV2	2022/06/29	Cape Coastal GP 2
# 301F	Men 16-16 100 Free	1:02,58L LEV2	2022/09/09	EDEN SC Champs 2022
# 305F	Men 16-16 50 Breast	34,84L LEV2	2022/11/05	EDEN 3rd A-League Gala 2022
# 401F	Men 16-16 50 Free	28,02L LEV2	2022/09/09	EDEN SC Champs 2022
# 405F	Men 16-16 200 Breast	2:53,31L LEV3	2022/09/09	EDEN SC Champs 2022
Athletes count: 5				
Lewis, Martin J (12) 2010/04/16 FISH-EDD				
# 201B	Men 12-12 200 Free	2:41,79L LEV3	2023/02/03	Eden JL4 Gala 2023
# 205B	Men 12-12 100 Breast	1:40,57L LEV2	2022/11/25	Eden JL2 Gala 2022
# 301B	Men 12-12 100 Free	1:07,02L LEV3	2023/02/10	Infinity Gala 2023
# 305B	Men 12-12 50 Breast	39,17L LEV2	2023/02/10	Infinity Gala 2023
# 313B	Men 12-12 200 IM	3:02,06L LEV3	2023/02/10	Infinity Gala 2023
# 401B	Men 12-12 50 Free	30,28L LEV2	2023/02/10	Infinity Gala 2023
# 411B	Men 12-12 50 Fly	35,61L LEV2	2023/02/10	Infinity Gala 2023
Athletes count: 7				
Liedeman, Mark (13) 2009/12/13 SWAR-WCD				
# 105	Men 13-13 400 Free	5:25,28L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 201C	Men 13-13 200 Free	2:35,59L LEV2	2022/11/11	Swartland Prestige Gala 2022
# 205C	Men 13-13 100 Breast	1:29,15L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 301C	Men 13-13 100 Free	1:11,26L LEV2	2023/01/28	Winelands SL Final
# 305C	Men 13-13 50 Breast	40,83L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 313C	Men 13-13 200 IM	2:54,80L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405C	Men 13-13 200 Breast	3:07,04L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411C	Men 13-13 50 Fly	37,29L LEV2	2022/12/09	Western Cape LC-A Championship 2022
Athletes count: 8				
Lombard, Kyle M (15) 2008/02/05 BARR-CPT				
# 109	Men 15-15 400 Free	4:56,11L	2023/01/21	CTA Qualifying Meet #7
# 201E	Men 15-15 200 Free	2:16,34L LEV2	2022/11/04	CTA A CHAMPS 2022
# 205E	Men 15-15 100 Breast	1:21,32L LEV2	2022/11/04	CTA A CHAMPS 2022
# 207E	Men 15-15 50 Back	33,03L LEV2	2022/09/03	CTA Qualifying Meet #4
# 211E	Men 15-15 100 Fly	1:16,07L LEV2	2022/07/15	WCA SC Championships 2022
# 301E	Men 15-15 100 Free	1:02,54L LEV2	2022/11/04	CTA A CHAMPS 2022
# 305E	Men 15-15 50 Breast	37,11L LEV2	2022/10/15	CTA Qualifying Meet #6
# 309E	Men 15-15 100 Back	1:09,97L LEV2	2022/10/15	CTA Qualifying Meet #6
# 313E	Men 15-15 200 IM	2:33,88L LEV2	2022/11/04	CTA A CHAMPS 2022
# 401E	Men 15-15 50 Free	27,76L LEV2	2023/01/21	CTA Qualifying Meet #7
# 405E	Men 15-15 200 Breast	2:54,08L LEV3	2022/11/04	CTA A CHAMPS 2022
# 409E	Men 15-15 200 Back	2:29,07L LEV3	2022/07/15	WCA SC Championships 2022
# 411E	Men 15-15 50 Fly	31,92L LEV2	2023/01/21	CTA Qualifying Meet #7
Athletes count: 13				
Loots, Noah C (11) 2011/09/05 GSA-CPT				
# 201A	Men 11 & Under 200 Free	2:53,35L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 205A	Men 11 & Under 100 Breast	1:40,52L LEV3	2022/11/04	CTA A CHAMPS 2022
# 211A	Men 11 & Under 100 Fly	1:36,83L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 301A	Men 11 & Under 100 Free	1:12,69L LEV3	2023/02/24	Western Cape Elite Gala

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 309A	Men 11 & Under 100 Back	1:25,31L LEV3	2023/02/24	Western Cape Elite Gala
# 313A	Men 11 & Under 200 IM	2:59,22L LEV3	2023/02/24	Western Cape Elite Gala
# 401A	Men 11 & Under 50 Free	35,32L LEV2	2022/09/03	CTA Qualifying Meet #4
# 405A	Men 11 & Under 200 Breast	3:26,03L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411A	Men 11 & Under 50 Fly	40,21L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 9

Louw, Guillaume (19) 2003/06/04 CUDU-CPT

# 207G	Men 17-24 50 Back	31,03L LEV2	2022/06/29	Cape Coastal GP 2
# 211G	Men 17-24 100 Fly	1:04,66L LEV2	2022/06/25	PEA Winter Gala 2022
# 301G	Men 17-24 100 Free	59,37L LEV2	2023/02/24	Western Cape Elite Gala
# 309G	Men 17-24 100 Back	1:09,42L LEV2	2023/02/24	Western Cape Elite Gala
# 401G	Men 17-24 50 Free	27,24L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 411G	Men 17-24 50 Fly	28,70L LEV2	2023/01/21	CTA Qualifying Meet #7

Athletes count: 6

Lucas, Yan (13) 2009/04/10 CYBE-CPT

# 105	Men 13-13 400 Free	5:45,98L	2022/09/03	CTA Qualifying Meet #4
# 201C	Men 13-13 200 Free	2:34,46L LEV2	2022/11/04	CTA A CHAMPS 2022
# 205C	Men 13-13 100 Breast	1:25,29L LEV3	2023/02/24	Western Cape Elite Gala
# 211C	Men 13-13 100 Fly	1:22,46L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301C	Men 13-13 100 Free	1:09,52L LEV2	2023/02/24	Western Cape Elite Gala
# 305C	Men 13-13 50 Breast	38,41L LEV2	2023/02/24	Western Cape Elite Gala
# 313C	Men 13-13 200 IM	2:47,34L LEV3	2023/02/24	Western Cape Elite Gala
# 405C	Men 13-13 200 Breast	3:07,04L LEV3	2023/02/24	Western Cape Elite Gala
# 411C	Men 13-13 50 Fly	35,62L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 9

McPetrie, James L (15) 2007/08/08 MANT-CPT

# 109	Men 15-15 400 Free	4:54,31L	2022/12/09	Western Cape LC-A Championship 2022
# 201E	Men 15-15 200 Free	2:16,71L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 207E	Men 15-15 50 Back	32,07L LEV2	2022/11/04	CTA A CHAMPS 2022
# 211E	Men 15-15 100 Fly	1:09,95L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 301E	Men 15-15 100 Free	1:01,86L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309E	Men 15-15 100 Back	1:08,71L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 313E	Men 15-15 200 IM	2:33,40L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 401E	Men 15-15 50 Free	28,39L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 409E	Men 15-15 200 Back	2:30,96L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411E	Men 15-15 50 Fly	31,41L LEV2	2022/10/15	CTA Qualifying Meet #6

Athletes count: 10

Möller, Gideon V (12) 2011/02/23 TYGE-CPT

# 301B	Men 12-12 100 Free	1:15,16L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309B	Men 12-12 100 Back	1:25,06L LEV3	2022/11/04	CTA A CHAMPS 2022
# 313B	Men 12-12 200 IM	3:07,22L LEV2	2023/02/24	Western Cape Elite Gala
# 405B	Men 12-12 200 Breast	3:40,49L LEV2	2023/02/24	Western Cape Elite Gala
# 409B	Men 12-12 200 Back	2:54,34L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411B	Men 12-12 50 Fly	39,06L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 6

Moolman, Carter S (14) 2008/11/18 MANT-CPT

# 205D	Men 14-14 100 Breast	1:26,06L LEV3	2022/11/04	CTA A CHAMPS 2022
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Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 211D	Men 14-14 100 Fly	1:15,29L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 301D	Men 14-14 100 Free	1:11,16L	2022/11/04	CTA A CHAMPS 2022
# 305D	Men 14-14 50 Breast	38,11L LEV2	2022/11/04	CTA A CHAMPS 2022
# 313D	Men 14-14 200 IM	2:51,33L LEV2	2022/11/04	CTA A CHAMPS 2022
# 405D	Men 14-14 200 Breast	3:10,97L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411D	Men 14-14 50 Fly	31,97L LEV2	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 7

Mouton, Jean A (13) 2010/01/30 BARR-CPT

# 105	Men 13-13 400 Free	5:44,20L	2022/10/07	41st Freda Barnard Invitational Gala
# 205C	Men 13-13 100 Breast	1:34,19L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 211C	Men 13-13 100 Fly	1:27,44L LEV2	2022/07/15	WCA SC Championships 2022
# 301C	Men 13-13 100 Free	1:12,33L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 305C	Men 13-13 50 Breast	43,44L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 313C	Men 13-13 200 IM	2:59,86L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 401C	Men 13-13 50 Free	32,23L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 405C	Men 13-13 200 Breast	3:21,34L LEV3	2022/07/15	WCA SC Championships 2022
# 411C	Men 13-13 50 Fly	37,66L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 9

Myburgh, Ruan (14) 2008/07/01 BLMA-CPT

# 107	Men 14-14 400 Free	5:22,21L LEV3	2022/09/03	CTA Qualifying Meet #4
# 201D	Men 14-14 200 Free	2:22,87L LEV2	2023/01/28	Winelands SL Final
# 205D	Men 14-14 100 Breast	1:23,79L LEV3	2023/02/24	Western Cape Elite Gala
# 207D	Men 14-14 50 Back	34,90L LEV2	2023/02/24	Western Cape Elite Gala
# 301D	Men 14-14 100 Free	1:05,13L LEV2	2023/01/28	Winelands SL Final
# 305D	Men 14-14 50 Breast	37,45L LEV2	2023/02/24	Western Cape Elite Gala
# 309D	Men 14-14 100 Back	1:14,99L LEV3	2023/02/24	Western Cape Elite Gala
# 313D	Men 14-14 200 IM	2:43,34L LEV2	2023/01/28	Winelands SL Final
# 401D	Men 14-14 50 Free	29,98L LEV2	2023/02/11	WCA-B Champs - 2023
# 405D	Men 14-14 200 Breast	3:03,16L LEV3	2023/02/24	Western Cape Elite Gala
# 409D	Men 14-14 200 Back	2:42,46L LEV3	2023/02/24	Western Cape Elite Gala
# 411D	Men 14-14 50 Fly	34,42L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 12

Nagelgaard, Andreas (13) 2009/05/27 AQDO-CPT

# 201C	Men 13-13 200 Free	2:52,36L	2023/02/11	WCA-B Champs - 2023
# 205C	Men 13-13 100 Breast	1:32,66L LEV3	2022/11/04	CTA A CHAMPS 2022
# 301C	Men 13-13 100 Free	1:16,00L	2022/11/04	CTA A CHAMPS 2022
# 305C	Men 13-13 50 Breast	42,10L LEV2	2022/11/04	CTA A CHAMPS 2022
# 401C	Men 13-13 50 Free	34,09L	2022/09/03	CTA Qualifying Meet #4
# 405C	Men 13-13 200 Breast	3:22,67L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411C	Men 13-13 50 Fly	51,57L	2023/01/21	CTA Qualifying Meet #7

Athletes count: 7

Njoroge, Alphonse (13) 2009/08/15 CUDU-CPT

# 105	Men 13-13 400 Free	6:03,97L	2022/09/03	CTA Qualifying Meet #4
# 201C	Men 13-13 200 Free	2:44,03L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 207C	Men 13-13 50 Back	37,32L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301C	Men 13-13 100 Free	1:17,77L	2022/09/24	CTA Qualifying Meet #5
# 305C	Men 13-13 50 Breast	54,82L	2022/06/25	PEA Winter Gala 2022
# 309C	Men 13-13 100 Back	1:18,45L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 401C	Men 13-13 50 Free	33,84L	2022/11/04	CTA A CHAMPS 2022
# 409C	Men 13-13 200 Back	2:46,45L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 411C	Men 13-13 50 Fly	47,89L	2022/06/25	PEA Winter Gala 2022

Athletes count: 9

Novos, Ben P (14) 2008/09/18 CYBE-CPT

# 107	Men 14-14 400 Free	5:57,99L	2022/10/07	41st Freda Barnard Invitational Gala
# 205D	Men 14-14 100 Breast	1:24,36L LEV3	2023/02/24	Western Cape Elite Gala
# 211D	Men 14-14 100 Fly	1:36,67L	2022/11/04	CTA A CHAMPS 2022
# 301D	Men 14-14 100 Free	1:17,22L	2023/02/24	Western Cape Elite Gala
# 305D	Men 14-14 50 Breast	38,17L LEV2	2023/01/21	CTA Qualifying Meet #7
# 313D	Men 14-14 200 IM	3:00,27L	2023/02/24	Western Cape Elite Gala
# 405D	Men 14-14 200 Breast	3:07,77L LEV3	2023/02/24	Western Cape Elite Gala
# 411D	Men 14-14 50 Fly	40,90L	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 8

Olkers, Caellum G (16) 2006/11/21 CUDU-CPT

# 207F	Men 16-16 50 Back	29,36L LEV2	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22
# 211F	Men 16-16 100 Fly	1:05,30L LEV2	2022/07/15	WCA SC Championships 2022
# 301F	Men 16-16 100 Free	1:01,48L LEV2	2022/07/15	WCA SC Championships 2022
# 309F	Men 16-16 100 Back	1:03,09L LEV3	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22
# 313F	Men 16-16 200 IM	2:31,50L LEV2	2022/07/15	WCA SC Championships 2022
# 401F	Men 16-16 50 Free	27,85L LEV2	2022/06/25	PEA Winter Gala 2022
# 409F	Men 16-16 200 Back	2:18,92L LEV3	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22
# 411F	Men 16-16 50 Fly	29,46L LEV2	2023/01/21	CTA Qualifying Meet #7

Athletes count: 8

Oosthuizen, Ethan (13) 2010/02/15 PLAY-CED

# 205C	Men 13-13 100 Breast	1:32,73L LEV3	2023/01/28	Winelands SL Final
# 211C	Men 13-13 100 Fly	1:22,45L LEV2	2022/11/13	Winelands Summer League 4
# 301C	Men 13-13 100 Free	1:09,39L LEV2	2022/11/13	Winelands Summer League 4
# 305C	Men 13-13 50 Breast	41,65L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309C	Men 13-13 100 Back	1:23,20L LEV2	2023/01/28	Winelands SL Final
# 401C	Men 13-13 50 Free	30,99L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 411C	Men 13-13 50 Fly	32,81L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 7

Oosthuizen, Nicholas D (21) 2002/01/03 SSISA-CPT

# 113	Men 17-24 400 Free	4:35,42L LEV3	2022/07/02	CTA Invitational Meet - July 2022
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Athletes count: 1

Pardoe, James N (12) 2011/03/28 GREY-CPT

# 203A	Men 14 & Under 200 IM	3:51,56L	2022/07/23	CTA Qualifying Meet #2
# 209A	Men 14 & Under 50 Back	43,14L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 303A	Men 14 & Under 100 Free	1:29,66L	2022/12/09	Western Cape LC-A Championship 2022
# 307A	Men 14 & Under 50 Breast	55,95L	2022/12/09	Western Cape LC-A Championship 2022
# 311A	Men 14 & Under 100 Back	1:41,20L	2022/11/04	CTA A CHAMPS 2022
# 403A	Men 14 & Under 50 Free	41,83L	2022/09/24	CTA Qualifying Meet #5
# 407A	Men 14 & Under 100 Breast	2:00,66L	2022/12/09	Western Cape LC-A Championship 2022
# 409B	Men 12-12 200 Back	3:22,06L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 413A	Men 14 & Under 50 Fly	50,92L	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 9

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Parr, Colbyn S (11) 2011/10/03 KNYA-EDD				
# 201A	Men 11 & Under 200 Free	2:46,03L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 207A	Men 11 & Under 50 Back	37,84L LEV2	2023/01/28	NMBA Intra-District Championship
# 301A	Men 11 & Under 100 Free	1:14,29L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 309A	Men 11 & Under 100 Back	1:23,92L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 313A	Men 11 & Under 200 IM	3:16,65L LEV2	2022/11/19	Eden LC Champs 2022
# 401A	Men 11 & Under 50 Free	32,79L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 409A	Men 11 & Under 200 Back	2:56,94L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411A	Men 11 & Under 50 Fly	39,37L LEV2	2022/11/19	Eden LC Champs 2022

Athletes count: 8

Pautz, Benjamin R (10) 2012/04/10 BLMA-CPT				
# 201A	Men 11 & Under 200 Free	2:36,93L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 205A	Men 11 & Under 100 Breast	1:43,65L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 207A	Men 11 & Under 50 Back	40,08L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 211A	Men 11 & Under 100 Fly	1:25,16L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301A	Men 11 & Under 100 Free	1:12,10L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 305A	Men 11 & Under 50 Breast	46,13L LEV2	2023/01/28	NMBA Intra-District Championship
# 313A	Men 11 & Under 200 IM	3:03,34L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401A	Men 11 & Under 50 Free	33,14L LEV2	2022/11/04	CTA A CHAMPS 2022
# 405A	Men 11 & Under 200 Breast	3:31,89L LEV3	2022/08/13	CTA Qualifying Meet #3
# 411A	Men 11 & Under 50 Fly	37,74L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 10

Pautz, Nathan M (14) 2008/10/28 BLMA-CPT				
# 107	Men 14-14 400 Free	5:05,02L LEV3	2022/07/15	WCA SC Championships 2022
# 201D	Men 14-14 200 Free	2:21,43L LEV3	2023/01/28	Winelands SL Final
# 205D	Men 14-14 100 Breast	1:23,63L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 211D	Men 14-14 100 Fly	1:14,12L LEV2	2023/02/24	Western Cape Elite Gala
# 305D	Men 14-14 50 Breast	35,95L LEV2	2023/02/24	Western Cape Elite Gala
# 309D	Men 14-14 100 Back	1:13,78L LEV3	2023/02/24	Western Cape Elite Gala
# 313D	Men 14-14 200 IM	2:39,06L LEV3	2022/07/15	WCA SC Championships 2022
# 401D	Men 14-14 50 Free	29,81L LEV2	2023/02/24	Western Cape Elite Gala
# 405D	Men 14-14 200 Breast	3:00,11L LEV3	2022/11/04	CTA A CHAMPS 2022
# 411D	Men 14-14 50 Fly	33,00L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8

Athletes count: 10

Poggenpoel, Troy J (13) 2009/10/01 MARL-CPT				
# 201C	Men 13-13 200 Free	2:24,70L LEV3	2023/02/24	Western Cape Elite Gala
# 205C	Men 13-13 100 Breast	1:29,42L LEV3	2022/09/24	CTA Qualifying Meet #5
# 211C	Men 13-13 100 Fly	1:15,21L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 301C	Men 13-13 100 Free	1:04,72L LEV3	2023/02/24	Western Cape Elite Gala
# 309C	Men 13-13 100 Back	1:16,73L LEV3	2023/01/21	CTA Qualifying Meet #7
# 401C	Men 13-13 50 Free	30,01L LEV2	2023/02/24	Western Cape Elite Gala
# 411C	Men 13-13 50 Fly	33,20L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 7

Potgieter, Liam (15) 2007/09/04 FISH-EDD				
# 205E	Men 15-15 100 Breast	1:16,78L LEV2	2022/09/09	EDEN SC Champs 2022
# 211E	Men 15-15 100 Fly	1:06,26L LEV2	2023/02/10	Infinity Gala 2023
# 301E	Men 15-15 100 Free	58,11L LEV3	2023/02/10	Infinity Gala 2023
# 305E	Men 15-15 50 Breast	34,94L LEV2	2022/09/09	EDEN SC Champs 2022
# 401E	Men 15-15 50 Free	26,78L LEV2	2023/02/10	Infinity Gala 2023
# 411E	Men 15-15 50 Fly	28,90L LEV2	2023/02/10	Infinity Gala 2023

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Athletes count: 6				
Pretorius, Christiaan H (11) 2011/11/14 SWAR-WCD				
# 201A	Men 11 & Under 200 Free	2:56,97L LEV2	2023/01/28	Winelands SL Final
# 205A	Men 11 & Under 100 Breast	1:45,21L LEV2	2023/02/11	WCA-B Champs - 2023
# 301A	Men 11 & Under 100 Free	1:18,35L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 305A	Men 11 & Under 50 Breast	47,93L LEV2	2023/02/11	WCA-B Champs - 2023
# 401A	Men 11 & Under 50 Free	34,74L LEV2	2023/02/11	WCA-B Champs - 2023
# 405A	Men 11 & Under 200 Breast	3:43,84L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 6

Renard, Leo G (15) 2007/07/04 ASAC-CPT				
# 207E	Men 15-15 50 Back	34,49L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 211E	Men 15-15 100 Fly	1:11,82L LEV2	2023/02/24	Western Cape Elite Gala
# 309E	Men 15-15 100 Back	1:12,65L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 313E	Men 15-15 200 IM	2:42,46L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409E	Men 15-15 200 Back	2:35,70L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 411E	Men 15-15 50 Fly	31,59L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 6

Rheeder, Liam M (12) 2010/06/04 PAQU-CED				
# 103	Men 12-12 400 Free	5:31,06L LEV3	2023/02/24	Western Cape Elite Gala
# 201B	Men 12-12 200 Free	2:37,65L LEV3	2023/01/28	Winelands SL Final
# 207B	Men 12-12 50 Back	38,27L LEV2	2023/02/24	Western Cape Elite Gala
# 211B	Men 12-12 100 Fly	1:23,35L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 301B	Men 12-12 100 Free	1:12,61L LEV2	2022/11/13	Winelands Summer League 4
# 305B	Men 12-12 50 Breast	49,30L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 309B	Men 12-12 100 Back	1:21,76L LEV3	2023/02/24	Western Cape Elite Gala
# 313B	Men 12-12 200 IM	3:00,71L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401B	Men 12-12 50 Free	33,27L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409B	Men 12-12 200 Back	2:52,67L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411B	Men 12-12 50 Fly	37,88L LEV2	2022/11/13	Winelands Summer League 4

Athletes count: 11

Rohner, Jayden M (15) 2007/04/23 BLMA-CPT				
# 201E	Men 15-15 200 Free	2:18,16L LEV2	2022/07/15	WCA SC Championships 2022
# 207E	Men 15-15 50 Back	31,86L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 211E	Men 15-15 100 Fly	1:14,18L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301E	Men 15-15 100 Free	1:00,46L LEV2	2022/11/04	CTA A CHAMPS 2022
# 309E	Men 15-15 100 Back	1:09,66L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 401E	Men 15-15 50 Free	27,02L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 409E	Men 15-15 200 Back	2:37,00L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 411E	Men 15-15 50 Fly	29,39L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 8

Roman, Noah P (12) 2010/10/16 AQDO-CPT				
# 201B	Men 12-12 200 Free	2:32,21L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 205B	Men 12-12 100 Breast	1:31,31L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 211B	Men 12-12 100 Fly	1:18,64L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301B	Men 12-12 100 Free	1:10,48L LEV3	2022/09/03	CTA Qualifying Meet #4
# 313B	Men 12-12 200 IM	2:53,19L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 405B	Men 12-12 200 Breast	3:16,86L LEV3	2022/12/09	Western Cape LC-A Championship 2022

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MEN	Event	Time	Date	Meet
# 411B	Men 12-12 50 Fly	37,54L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8

Athletes count: 7

Rossouw, Floyd L (12) 2010/08/20 GREY-CPT

# 205B	Men 12-12 100 Breast	1:38,81L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 305B	Men 12-12 50 Breast	44,47L LEV2	2023/01/21	CTA Qualifying Meet #7
# 405B	Men 12-12 200 Breast	3:32,18L LEV3	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 3

Schaefer, Daniel C (10) 2012/04/03 QSAW-CED

# 101A	Men 11 & Under 400 Free	5:32,13L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 201A	Men 11 & Under 200 Free	2:35,96L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301A	Men 11 & Under 100 Free	1:11,88L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 309A	Men 11 & Under 100 Back	1:24,46L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401A	Men 11 & Under 50 Free	34,05L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409A	Men 11 & Under 200 Back	3:03,22L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411A	Men 11 & Under 50 Fly	39,47L LEV2	2022/10/15	CTA Qualifying Meet #6

Athletes count: 7

Schreve, Lehan (11) 2012/02/23 SWAR-WCD

# 101A	Men 11 & Under 400 Free	6:14,21L LEV3	2023/02/11	WCA-B Champs - 2023
# 201A	Men 11 & Under 200 Free	2:56,60L LEV2	2023/02/04	West Coast Qualify Gala 2023
# 211A	Men 11 & Under 100 Fly	1:47,13L LEV2	2023/02/04	West Coast Qualify Gala 2023
# 301A	Men 11 & Under 100 Free	1:19,34L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 305A	Men 11 & Under 50 Breast	52,21L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 313A	Men 11 & Under 200 IM	3:23,53L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 6

Scott, Kai (12) 2010/08/18 CLSC-WCD

# 205B	Men 12-12 100 Breast	1:35,60L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 207B	Men 12-12 50 Back	39,56L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 301B	Men 12-12 100 Free	1:15,69L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 305B	Men 12-12 50 Breast	41,94L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 401B	Men 12-12 50 Free	33,03L LEV2	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 5

Simpson, Jesse (14) 2008/09/09 VINE-CPT

# 205D	Men 14-14 100 Breast	1:19,82L LEV3	2022/11/04	CTA A CHAMPS 2022
# 305D	Men 14-14 50 Breast	35,42L LEV2	2022/11/04	CTA A CHAMPS 2022
# 405D	Men 14-14 200 Breast	2:56,37L LEV3	2022/11/04	CTA A CHAMPS 2022

Athletes count: 3

Simpson, Rhoderick M (10) 2012/12/24 ROA-EDD

# 201A	Men 11 & Under 200 Free	2:50,39L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 207A	Men 11 & Under 50 Back	40,27L LEV2	2023/01/28	NMBA Intra-District Championship
# 301A	Men 11 & Under 100 Free	1:19,50L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309A	Men 11 & Under 100 Back	1:28,65L LEV3	2023/01/28	NMBA Intra-District Championship
# 401A	Men 11 & Under 50 Free	36,07L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409A	Men 11 & Under 200 Back	3:09,71L LEV3	2022/12/09	Western Cape LC-A Championship 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
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Athletes count: 6

Sive, Jude (11) 2011/05/16 ASAC-CPT

# 201A	Men 11 & Under 200 Free	2:58,90L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 205A	Men 11 & Under 100 Breast	1:45,92L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 207A	Men 11 & Under 50 Back	42,71L LEV2	2023/02/11	WCA-B Champs - 2023
# 401A	Men 11 & Under 50 Free	37,51L LEV2	2022/08/13	CTA Qualifying Meet #3
# 405A	Men 11 & Under 200 Breast	3:36,23L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 5

Smith, Jenson C (12) 2010/10/29 ASAC-CPT

# 205B	Men 12-12 100 Breast	1:35,44L LEV3	2023/02/11	WCA-B Champs - 2023
# 301B	Men 12-12 100 Free	1:15,49L LEV2	2023/02/11	WCA-B Champs - 2023
# 305B	Men 12-12 50 Breast	44,01L LEV2	2023/02/24	Western Cape Elite Gala
# 313B	Men 12-12 200 IM	3:15,29L LEV2	2022/09/03	CTA Qualifying Meet #4
# 401B	Men 12-12 50 Free	33,03L LEV2	2023/01/21	CTA Qualifying Meet #7
# 405B	Men 12-12 200 Breast	3:27,37L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 6

Smit, Morgan-Jack M (15) 2007/12/16 JVR-CPT

# 201E	Men 15-15 200 Free	2:18,61L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 207E	Men 15-15 50 Back	31,32L LEV2	2022/08/13	CTA Qualifying Meet #3
# 211E	Men 15-15 100 Fly	1:07,99L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301E	Men 15-15 100 Free	1:00,11L LEV2	2022/09/17	Winelands SL 2
# 309E	Men 15-15 100 Back	1:07,87L LEV2	2022/07/02	CTA Invitational Meet - July 2022
# 313E	Men 15-15 200 IM	2:37,26L LEV2	2023/02/18	Winelands TT and Team Relay gala
# 401E	Men 15-15 50 Free	26,67L LEV2	2023/02/24	Western Cape Elite Gala
# 409E	Men 15-15 200 Back	2:31,83L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 411E	Men 15-15 50 Fly	29,67L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 9

Spencer, Charles A (13) 2009/09/28 VINE-CPT

# 105	Men 13-13 400 Free	5:42,97L	2022/11/11	Swartland Prestige Gala 2022
# 201C	Men 13-13 200 Free	2:35,08L LEV2	2023/01/21	CTA Qualifying Meet #7
# 205C	Men 13-13 100 Breast	1:31,40L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301C	Men 13-13 100 Free	1:10,29L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 305C	Men 13-13 50 Breast	38,39L LEV2	2023/02/24	Western Cape Elite Gala
# 313C	Men 13-13 200 IM	2:58,72L LEV2	2023/01/21	CTA Qualifying Meet #7
# 401C	Men 13-13 50 Free	31,51L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 405C	Men 13-13 200 Breast	3:23,43L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 411C	Men 13-13 50 Fly	35,76L LEV2	2022/11/11	Swartland Prestige Gala 2022

Athletes count: 9

Spencer, Marcus W (11) 2011/07/14 VINE-CPT

# 201A	Men 11 & Under 200 Free	2:46,06L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 205A	Men 11 & Under 100 Breast	1:39,72L LEV3	2022/11/04	CTA A CHAMPS 2022
# 207A	Men 11 & Under 50 Back	39,71L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301A	Men 11 & Under 100 Free	1:15,41L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 305A	Men 11 & Under 50 Breast	43,44L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309A	Men 11 & Under 100 Back	1:26,32L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 313A	Men 11 & Under 200 IM	3:07,86L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 401A	Men 11 & Under 50 Free	33,43L LEV2	2023/01/21	CTA Qualifying Meet #7

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 405A	Men 11 & Under 200 Breast	3:46,38L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 411A	Men 11 & Under 50 Fly	38,83L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 10

Spiro, Gabriel (16) 2006/09/12 BLMA-CPT

# 111	Men 16-16 400 Free	4:46,83L LEV3	2022/06/04	CTA Qualifying Meet #1
# 201F	Men 16-16 200 Free	2:16,46L LEV2	2022/06/04	CTA Qualifying Meet #1
# 205F	Men 16-16 100 Breast	1:16,63L LEV2	2022/07/12	Maccabiah 2022
# 301F	Men 16-16 100 Free	1:02,46L LEV2	2022/11/04	CTA A CHAMPS 2022
# 305F	Men 16-16 50 Breast	34,00L LEV2	2022/11/04	CTA A CHAMPS 2022
# 313F	Men 16-16 200 IM	2:31,79L LEV2	2022/06/18	CLSC Winter Mist 2022
# 401F	Men 16-16 50 Free	28,69L LEV2	2022/07/12	Maccabiah 2022
# 405F	Men 16-16 200 Breast	2:45,06L LEV3	2022/07/12	Maccabiah 2022
# 411F	Men 16-16 50 Fly	32,44L LEV2	2022/06/25	PEA Winter Gala 2022

Athletes count: 9

Stander, Benyamin U (18) 2004/09/02 QUIC-CPT

# 201G	Men 17-24 200 Free	2:20,21L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 211G	Men 17-24 100 Fly	1:05,44L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 313G	Men 17-24 200 IM	2:35,53L LEV2	2022/06/04	CTA Qualifying Meet #1
# 401G	Men 17-24 50 Free	28,11L LEV2	2022/09/24	CTA Qualifying Meet #5
# 409G	Men 17-24 200 Back	2:36,90L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 411G	Men 17-24 50 Fly	29,08L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 6

Stander, Daniel E (16) 2006/09/18 LALE-CED

# 211F	Men 16-16 100 Fly	1:01,07L LEV3	2023/01/28	Winelands SL Final
# 301F	Men 16-16 100 Free	59,28L LEV2	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22
# 313F	Men 16-16 200 IM	2:30,24L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 401F	Men 16-16 50 Free	26,90L LEV2	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22
# 411F	Men 16-16 50 Fly	27,57L LEV2	2023/01/28	Winelands SL Final

Athletes count: 5

Strydom, Stephan (17) 2005/07/17 TYGE-CPT

# 113	Men 17-24 400 Free	4:33,47L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301G	Men 17-24 100 Free	58,97L LEV3	2023/02/24	Western Cape Elite Gala
# 309G	Men 17-24 100 Back	1:08,59L LEV2	2022/06/04	CTA Qualifying Meet #1
# 313G	Men 17-24 200 IM	2:30,28L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401G	Men 17-24 50 Free	27,09L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409G	Men 17-24 200 Back	2:28,90L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 6

Swanepoel, Ewald (12) 2010/05/28 FISH-EDD

# 103	Men 12-12 400 Free	6:25,09L	2022/11/05	EDEN 3rd A-League Gala 2022
# 201B	Men 12-12 200 Free	2:44,57L LEV3	2023/02/03	Eden JL4 Gala 2023
# 205B	Men 12-12 100 Breast	1:40,32L LEV2	2023/02/11	WCA-B Champs - 2023
# 313B	Men 12-12 200 IM	3:03,77L LEV2	2023/02/18	EDEN 5th A-League Gala 2023

Athletes count: 4

Swart, Niklis (17) 2005/10/11 PLAY-CED

# 113	Men 17-24 400 Free	4:31,90L LEV3	2022/09/03	West Coast Spring Gala 2022
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Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 201G	Men 17-24 200 Free	2:07,75L LEV3	2022/10/15	CTA Qualifying Meet #6
# 301G	Men 17-24 100 Free	56,66L LEV3	2023/01/28	Winelands SL Final
# 401G	Men 17-24 50 Free	26,13L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 4

Taljaard, Jason (13) 2009/08/03 QUIC-CPT

# 205C	Men 13-13 100 Breast	1:34,71L LEV2	2022/11/04	CTA A CHAMPS 2022
# 305C	Men 13-13 50 Breast	43,68L LEV2	2022/11/04	CTA A CHAMPS 2022
# 309C	Men 13-13 100 Back	1:29,62L LEV2	2022/09/24	CTA Qualifying Meet #5
# 405C	Men 13-13 200 Breast	3:25,09L LEV3	2023/01/21	CTA Qualifying Meet #7
# 411C	Men 13-13 50 Fly	37,17L LEV2	2022/09/24	CTA Qualifying Meet #5

Athletes count: 5

Thomason, Jamie P (12) 2010/07/29 SAAW-CPT

# 201B	Men 12-12 200 Free	2:40,44L LEV3	2022/11/04	CTA A CHAMPS 2022
# 205B	Men 12-12 100 Breast	1:42,72L LEV2	2022/10/15	CTA Qualifying Meet #6
# 207B	Men 12-12 50 Back	40,99L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 3

Torbochkin, Daniel S (11) 2011/06/06 ASAC-CPT

# 205A	Men 11 & Under 100 Breast	1:43,11L LEV3	2023/01/21	CTA Qualifying Meet #7
# 207A	Men 11 & Under 50 Back	45,97L LEV2	2023/02/11	WCA-B Champs - 2023
# 301A	Men 11 & Under 100 Free	1:21,47L LEV2	2023/02/11	WCA-B Champs - 2023
# 305A	Men 11 & Under 50 Breast	44,28L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 313A	Men 11 & Under 200 IM	3:33,49L LEV2	2023/02/24	Western Cape Elite Gala
# 401A	Men 11 & Under 50 Free	35,10L LEV2	2023/02/11	WCA-B Champs - 2023
# 405A	Men 11 & Under 200 Breast	3:37,49L LEV3	2023/02/11	WCA-B Champs - 2023
# 411A	Men 11 & Under 50 Fly	43,05L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 8

Treurnicht, Willem G (17) 2005/05/13 PLAY-CED

# 113	Men 17-24 400 Free	4:47,00L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301G	Men 17-24 100 Free	59,71L LEV2	2023/01/28	Winelands SL Final
# 305G	Men 17-24 50 Breast	35,39L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 313G	Men 17-24 200 IM	2:32,80L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401G	Men 17-24 50 Free	27,17L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409G	Men 17-24 200 Back	2:37,70L LEV3	2022/11/13	Winelands Summer League 4
# 411G	Men 17-24 50 Fly	28,52L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 7

Troskie, Jean (11) 2011/11/22 QUIC-CPT

# 101A	Men 11 & Under 400 Free	6:04,45L LEV3	2022/07/15	WCA SC Championships 2022
# 301A	Men 11 & Under 100 Free	1:11,56L LEV3	2023/02/24	Western Cape Elite Gala
# 305A	Men 11 & Under 50 Breast	45,02L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 309A	Men 11 & Under 100 Back	1:32,25L LEV2	2022/11/04	CTA A CHAMPS 2022
# 401A	Men 11 & Under 50 Free	33,34L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 405A	Men 11 & Under 200 Breast	3:37,38L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 6

Troskie, Roean (11) 2011/11/22 QUIC-CPT

# 101A	Men 11 & Under 400 Free	6:00,80L LEV3	2022/12/09	Western Cape LC-A Championship 2022
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Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 201A	Men 11 & Under 200 Free	2:47,35L LEV3	2022/09/24	CTA Qualifying Meet #5
# 207A	Men 11 & Under 50 Back	39,24L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301A	Men 11 & Under 100 Free	1:13,15L LEV3	2023/02/24	Western Cape Elite Gala
# 305A	Men 11 & Under 50 Breast	48,66L LEV2	2023/01/21	CTA Qualifying Meet #7
# 309A	Men 11 & Under 100 Back	1:19,96L LEV3	2023/02/24	Western Cape Elite Gala
# 313A	Men 11 & Under 200 IM	3:18,81L LEV2	2023/01/21	CTA Qualifying Meet #7
# 401A	Men 11 & Under 50 Free	34,16L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405A	Men 11 & Under 200 Breast	3:39,98L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 9

Trower, Michael (12) 2011/03/08 TYGE-CPT

# 103	Men 12-12 400 Free	5:21,39L LEV3	2023/02/24	Western Cape Elite Gala
# 201B	Men 12-12 200 Free	2:37,34L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 205B	Men 12-12 100 Breast	1:34,84L LEV3	2023/02/24	Western Cape Elite Gala
# 207B	Men 12-12 50 Back	37,65L LEV2	2023/02/24	Western Cape Elite Gala
# 211B	Men 12-12 100 Fly	1:26,34L LEV3	2022/10/15	CTA Qualifying Meet #6
# 301B	Men 12-12 100 Free	1:10,62L LEV3	2023/02/24	Western Cape Elite Gala
# 305B	Men 12-12 50 Breast	46,24L LEV2	2022/09/24	CTA Qualifying Meet #5
# 309B	Men 12-12 100 Back	1:22,27L LEV3	2023/02/24	Western Cape Elite Gala
# 313B	Men 12-12 200 IM	2:56,66L LEV3	2023/02/24	Western Cape Elite Gala
# 401B	Men 12-12 50 Free	32,11L LEV2	2023/01/21	CTA Qualifying Meet #7
# 409B	Men 12-12 200 Back	2:56,27L LEV3	2023/01/21	CTA Qualifying Meet #7
# 411B	Men 12-12 50 Fly	36,51L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 12

Tsai, Ethan M (12) 2011/03/24 BLMA-CPT

# 205B	Men 12-12 100 Breast	1:33,84L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 207B	Men 12-12 50 Back	43,10L LEV2	2023/01/28	Winelands SL Final
# 301B	Men 12-12 100 Free	1:18,26L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 305B	Men 12-12 50 Breast	42,09L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401B	Men 12-12 50 Free	32,95L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405B	Men 12-12 200 Breast	3:24,69L LEV3	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 6

Van Der Merwe, Ula W (15) 2007/10/18 KNYA-EDD

# 109	Men 15-15 400 Free	4:41,03L LEV3	2022/06/29	Cape Coastal GP 2
# 201E	Men 15-15 200 Free	2:09,05L LEV3	2022/06/25	PEA Winter Gala 2022
# 211E	Men 15-15 100 Fly	1:14,14L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 301E	Men 15-15 100 Free	58,17L LEV3	2022/06/25	PEA Winter Gala 2022
# 313E	Men 15-15 200 IM	2:32,69L LEV2	2022/06/25	PEA Winter Gala 2022
# 401E	Men 15-15 50 Free	26,76L LEV2	2022/06/25	PEA Winter Gala 2022
# 411E	Men 15-15 50 Fly	29,70L LEV2	2023/01/28	NMBA Intra-District Championship

Athletes count: 7

Van Graan, Matthew D (12) 2010/06/08 BIOS-CED

# 103	Men 12-12 400 Free	6:02,46L LEV3	2022/06/11	Winelands Winter Gala
# 201B	Men 12-12 200 Free	2:42,06L LEV3	2022/08/20	Winelands SL 1
# 207B	Men 12-12 50 Back	40,07L LEV2	2022/06/11	Winelands Winter Gala
# 301B	Men 12-12 100 Free	1:10,23L LEV3	2023/01/28	Winelands SL Final
# 309B	Men 12-12 100 Back	1:23,18L LEV3	2023/01/28	Winelands SL Final
# 401B	Men 12-12 50 Free	32,92L LEV2	2022/11/13	Winelands Summer League 4
# 409B	Men 12-12 200 Back	3:00,37L LEV3	2022/06/11	Winelands Winter Gala
# 411B	Men 12-12 50 Fly	34,31L LEV2	2023/01/28	Winelands SL Final

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Athletes count: 8				
Van Heerden, Hendré B (13) 2009/09/04 ROA-EDD				
# 205C	Men 13-13 100 Breast	1:31,83L LEV3	2022/10/07	41st Freda Barnard Invitational Gala
# 207C	Men 13-13 50 Back	39,07L LEV2	2023/02/10	Infinity Gala 2023
# 305C	Men 13-13 50 Breast	38,14L LEV2	2023/02/10	Infinity Gala 2023
# 309C	Men 13-13 100 Back	1:21,70L LEV2	2023/02/10	Infinity Gala 2023
# 401C	Men 13-13 50 Free	32,58L	2022/11/05	EDED 3rd A-League Gala 2022
# 405C	Men 13-13 200 Breast	3:13,44L LEV3	2023/02/10	Infinity Gala 2023
Athletes count: 6				
Van Reenen, Ryan (24) 1998/12/26 BLMA-CPT				
# 211G	Men 17-24 100 Fly	1:03,45L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301G	Men 17-24 100 Free	58,06L LEV3	2022/07/02	CTA Invitational Meet - July 2022
# 305G	Men 17-24 50 Breast	33,03L LEV2	2023/01/28	Winelands SL Final
# 401G	Men 17-24 50 Free	25,66L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 411G	Men 17-24 50 Fly	27,22L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
Athletes count: 5				
van Rensburg, Tristan (10) 2012/07/12 GSA-CPT				
# 201A	Men 11 & Under 200 Free	2:56,86L LEV2	2023/02/11	WCA-B Champs - 2023
# 205A	Men 11 & Under 100 Breast	1:39,94L LEV3	2023/02/18	Winelands TT and Team Relay gala
# 301A	Men 11 & Under 100 Free	1:21,91L LEV2	2022/11/13	Winelands Summer League 4
# 305A	Men 11 & Under 50 Breast	45,31L LEV2	2023/02/11	WCA-B Champs - 2023
# 313A	Men 11 & Under 200 IM	3:18,79L LEV2	2023/02/11	WCA-B Champs - 2023
# 401A	Men 11 & Under 50 Free	34,37L LEV2	2023/02/11	WCA-B Champs - 2023
# 405A	Men 11 & Under 200 Breast	3:41,02L LEV3	2023/02/11	WCA-B Champs - 2023
# 411A	Men 11 & Under 50 Fly	47,75L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
Athletes count: 8				
Van Schaik, Luc (12) 2010/04/24 VINE-CPT				
# 201B	Men 12-12 200 Free	2:44,31L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 301B	Men 12-12 100 Free	1:11,33L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 313B	Men 12-12 200 IM	3:19,82L LEV2	2022/06/11	CTA Future Stars Meet #1
# 401B	Men 12-12 50 Free	29,89L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
Athletes count: 4				
Van Schalkwyk, Janco (15) 2007/09/05 QUIC-CPT				
# 207E	Men 15-15 50 Back	32,24L LEV2	2023/02/24	Western Cape Elite Gala
# 301E	Men 15-15 100 Free	1:01,55L LEV2	2023/02/24	Western Cape Elite Gala
# 309E	Men 15-15 100 Back	1:09,01L LEV2	2023/02/24	Western Cape Elite Gala
# 401E	Men 15-15 50 Free	28,71L LEV2	2022/07/15	WCA SC Championships 2022
# 409E	Men 15-15 200 Back	2:26,42L LEV3	2023/02/24	Western Cape Elite Gala
Athletes count: 5				
Van Vondel, Roland (11) 2011/04/09 TYGE-CPT				
# 201A	Men 11 & Under 200 Free	3:10,50L LEV2	2022/11/11	Swartland Prestige Gala 2022
# 205A	Men 11 & Under 100 Breast	1:40,76L LEV3	2023/01/28	Winelands SL Final
# 301A	Men 11 & Under 100 Free	1:24,00L LEV2	2023/02/11	WCA-B Champs - 2023
# 305A	Men 11 & Under 50 Breast	46,84L LEV2	2023/02/11	WCA-B Champs - 2023
# 309A	Men 11 & Under 100 Back	1:29,65L LEV3	2022/11/11	Swartland Prestige Gala 2022

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 313A	Men 11 & Under 200 IM	3:24,74L LEV2	2022/08/13	CTA Qualifying Meet #3
# 405A	Men 11 & Under 200 Breast	3:36,26L LEV3	2023/02/11	WCA-B Champs - 2023
# 409A	Men 11 & Under 200 Back	3:04,02L LEV3	2023/02/11	WCA-B Champs - 2023

Athletes count: 8

Van Wyk, Wesley R (16) 2006/05/26 GSA-CPT

# 111	Men 16-16 400 Free	4:37,46L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 201F	Men 16-16 200 Free	2:08,68L LEV3	2022/06/11	Winelands Winter Gala
# 211F	Men 16-16 100 Fly	1:05,26L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301F	Men 16-16 100 Free	57,47L LEV3	2023/01/21	CTA Qualifying Meet #7
# 313F	Men 16-16 200 IM	2:28,24L LEV2	2023/01/21	CTA Qualifying Meet #7
# 401F	Men 16-16 50 Free	26,67L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 411F	Men 16-16 50 Fly	28,71L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 7

Van Zyl, Daniël R (11) 2011/08/04 TYGE-CPT

# 101A	Men 11 & Under 400 Free	5:09,30L SANJ	2022/11/04	CTA A CHAMPS 2022
# 201A	Men 11 & Under 200 Free	2:27,23L LEV3	2022/11/04	CTA A CHAMPS 2022
# 205A	Men 11 & Under 100 Breast	1:35,32L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 207A	Men 11 & Under 50 Back	36,78L LEV2	2022/11/04	CTA A CHAMPS 2022
# 211A	Men 11 & Under 100 Fly	1:17,57L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301A	Men 11 & Under 100 Free	1:08,15L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 305A	Men 11 & Under 50 Breast	47,87L LEV2	2022/06/04	CTA Qualifying Meet #1
# 309A	Men 11 & Under 100 Back	1:18,86L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 313A	Men 11 & Under 200 IM	2:50,60L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401A	Men 11 & Under 50 Free	31,75L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405A	Men 11 & Under 200 Breast	3:31,08L LEV3	2022/08/13	CTA Qualifying Meet #3
# 409A	Men 11 & Under 200 Back	2:46,45L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411A	Men 11 & Under 50 Fly	35,54L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 13

Van Zyl, Wian (14) 2008/05/25 QSAW-CED

# 205D	Men 14-14 100 Breast	1:25,91L LEV3	2022/10/15	CTA Qualifying Meet #6
# 211D	Men 14-14 100 Fly	1:19,51L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 305D	Men 14-14 50 Breast	38,49L LEV2	2022/10/07	41st Freda Barnard Invitational Gala
# 405D	Men 14-14 200 Breast	3:08,11L LEV3	2022/11/13	Winelands Summer League 4
# 411D	Men 14-14 50 Fly	34,11L LEV2	2022/10/07	41st Freda Barnard Invitational Gala

Athletes count: 5

Vd Merwe, Michael D (16) 2007/03/16 QUIC-CPT

# 305F	Men 16-16 50 Breast	36,86L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 309F	Men 16-16 100 Back	1:09,63L LEV2	2022/07/15	WCA SC Championships 2022
# 401F	Men 16-16 50 Free	29,02L	2022/12/09	Western Cape LC-A Championship 2022
# 405F	Men 16-16 200 Breast	2:54,57L LEV3	2022/07/15	WCA SC Championships 2022
# 409F	Men 16-16 200 Back	2:44,02L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 5

Vd Watt, Earle (10) 2012/08/30 GSA-CPT

# 101A	Men 11 & Under 400 Free	5:54,57L LEV3	2023/02/11	WCA-B Champs - 2023
# 301A	Men 11 & Under 100 Free	1:18,59L LEV2	2023/02/11	WCA-B Champs - 2023
# 309A	Men 11 & Under 100 Back	1:22,36L LEV3	2023/02/11	WCA-B Champs - 2023
# 313A	Men 11 & Under 200 IM	3:03,01L LEV3	2023/02/11	WCA-B Champs - 2023

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 401A	Men 11 & Under 50 Free	35,55L LEV2	2023/02/11	WCA-B Champs - 2023
# 409A	Men 11 & Under 200 Back	2:53,65L LEV3	2023/02/11	WCA-B Champs - 2023
# 411A	Men 11 & Under 50 Fly	37,70L LEV2	2023/02/11	WCA-B Champs - 2023

Athletes count: 7

Verbeek, Pierre O (11) 2011/09/19 CUDU-CPT

# 101A	Men 11 & Under 400 Free	5:08,48L SANJ	2022/12/09	Western Cape LC-A Championship 2022
# 201A	Men 11 & Under 200 Free	2:24,40L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 207A	Men 11 & Under 50 Back	36,11L LEV2	2023/02/24	Western Cape Elite Gala
# 211A	Men 11 & Under 100 Fly	1:28,41L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301A	Men 11 & Under 100 Free	1:05,82L LEV3	2022/11/04	CTA A CHAMPS 2022
# 309A	Men 11 & Under 100 Back	1:17,75L LEV3	2022/11/04	CTA A CHAMPS 2022
# 313A	Men 11 & Under 200 IM	2:52,99L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 401A	Men 11 & Under 50 Free	29,52L LEV2	2023/02/24	Western Cape Elite Gala
# 409A	Men 11 & Under 200 Back	2:48,03L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411A	Men 11 & Under 50 Fly	34,57L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 10

Vergotine, Valentino H (35) 1987/07/30 VINE-CPT

# 203B	Men 15 & Over 200 IM	2:46,41L	2022/07/15	WCA SC Championships 2022
# 209B	Men 15 & Over 50 Back	38,14L	2022/08/13	CTA Qualifying Meet #3
# 303B	Men 15 & Over 100 Free	1:09,48L	2022/07/15	WCA SC Championships 2022
# 307B	Men 15 & Over 50 Breast	38,78L LEV2	2022/06/04	CTA Qualifying Meet #1
# 311B	Men 15 & Over 100 Back	1:21,50L LEV2	2022/07/15	WCA SC Championships 2022
# 403B	Men 15 & Over 50 Free	31,80L	2022/11/04	CTA A CHAMPS 2022
# 405G	Men 17 & Over 200 Breast	2:57,24L LEV2	2022/07/15	WCA SC Championships 2022
# 407B	Men 15 & Over 100 Breast	1:23,67L LEV2	2022/07/15	WCA SC Championships 2022
# 413B	Men 15 & Over 50 Fly	34,01L	2022/11/04	CTA A CHAMPS 2022

Athletes count: 9

Viljoen, Jaden R (14) 2008/10/29 ASAC-CPT

# 107	Men 14-14 400 Free	5:10,05L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 201D	Men 14-14 200 Free	2:21,65L LEV3	2023/01/21	CTA Qualifying Meet #7
# 207D	Men 14-14 50 Back	35,01L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 301D	Men 14-14 100 Free	1:02,33L LEV3	2023/01/21	CTA Qualifying Meet #7
# 309D	Men 14-14 100 Back	1:14,41L LEV3	2023/01/21	CTA Qualifying Meet #7
# 401D	Men 14-14 50 Free	28,15L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409D	Men 14-14 200 Back	2:44,28L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411D	Men 14-14 50 Fly	31,82L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 8

Viljoen, Jagger F (10) 2013/03/02 ASAC-CPT

# 201A	Men 11 & Under 200 Free	3:15,24L LEV2	2022/11/04	CTA A CHAMPS 2022
# 207A	Men 11 & Under 50 Back	43,59L LEV2	2023/02/11	WCA-B Champs - 2023
# 305A	Men 11 & Under 50 Breast	55,15L LEV2	2022/11/04	CTA A CHAMPS 2022
# 309A	Men 11 & Under 100 Back	1:32,92L LEV2	2023/01/21	CTA Qualifying Meet #7
# 401A	Men 11 & Under 50 Free	39,54L	2023/02/11	WCA-B Champs - 2023
# 409A	Men 11 & Under 200 Back	3:14,98L LEV3	2023/01/21	CTA Qualifying Meet #7
# 411A	Men 11 & Under 50 Fly	45,63L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 7

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Visser, Wessel M (12) 2011/01/01 UWCA-CPT				
# 103	Men 12-12 400 Free	6:11,00L LEV3	2023/02/11	WCA-B Champs - 2023
# 207B	Men 12-12 50 Back	47,83L	2022/07/02	CTA Invitational Meet - July 2022
# 211B	Men 12-12 100 Fly	1:44,15L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301B	Men 12-12 100 Free	1:28,72L	2022/07/02	CTA Invitational Meet - July 2022
# 309B	Men 12-12 100 Back	1:36,96L	2022/09/24	CTA Qualifying Meet #5
# 313B	Men 12-12 200 IM	3:21,92L LEV2	2023/01/21	CTA Qualifying Meet #7
# 405B	Men 12-12 200 Breast	3:50,00L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 409B	Men 12-12 200 Back	3:26,24L LEV2	2022/08/13	CTA Qualifying Meet #3

Athletes count: 8

Volschenk, Ben T (16) 2006/04/17 TYGE-CPT				
# 111	Men 16-16 400 Free	4:36,14L LEV3	2022/11/04	CTA A CHAMPS 2022
# 201F	Men 16-16 200 Free	2:06,80L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 211F	Men 16-16 100 Fly	1:02,78L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 301F	Men 16-16 100 Free	56,79L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 309F	Men 16-16 100 Back	1:05,21L LEV3	2022/11/04	CTA A CHAMPS 2022
# 313F	Men 16-16 200 IM	2:26,49L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 401F	Men 16-16 50 Free	25,29L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409F	Men 16-16 200 Back	2:24,19L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 411F	Men 16-16 50 Fly	28,07L LEV2	2023/02/24	Western Cape Elite Gala

Athletes count: 9

Vorster, Caiden (11) 2011/06/28 CLSC-WCD				
# 301A	Men 11 & Under 100 Free	1:13,80L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 305A	Men 11 & Under 50 Breast	46,69L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 309A	Men 11 & Under 100 Back	1:28,07L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 313A	Men 11 & Under 200 IM	3:05,69L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 401A	Men 11 & Under 50 Free	32,62L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 405A	Men 11 & Under 200 Breast	3:34,44L LEV3	2023/02/18	Swartland Invitational Gala 2023
# 409A	Men 11 & Under 200 Back	3:00,51L LEV3	2023/02/04	West Coast Qualify Gala 2023
# 411A	Men 11 & Under 50 Fly	40,34L LEV2	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 8

Wagener, Ethan H (13) 2009/10/15 PLAY-CED				
# 205C	Men 13-13 100 Breast	1:33,47L LEV2	2023/01/28	Winelands SL Final
# 207C	Men 13-13 50 Back	44,44L	2023/02/18	Swartland Invitational Gala 2023
# 301C	Men 13-13 100 Free	1:28,27L	2022/11/13	Winelands Summer League 4
# 305C	Men 13-13 50 Breast	41,10L LEV2	2022/11/13	Winelands Summer League 4
# 401C	Men 13-13 50 Free	36,29L	2023/02/18	Swartland Invitational Gala 2023
# 405C	Men 13-13 200 Breast	3:24,17L LEV3	2023/01/28	Winelands SL Final
# 411C	Men 13-13 50 Fly	41,98L	2023/01/28	Winelands SL Final

Athletes count: 7

Walker, Yohan G (14) 2008/04/07 VINE-CPT				
# 207D	Men 14-14 50 Back	31,86L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 301D	Men 14-14 100 Free	1:05,84L LEV2	2022/07/23	CTA Qualifying Meet #2
# 309D	Men 14-14 100 Back	1:10,30L LEV3	2023/02/24	Western Cape Elite Gala
# 401D	Men 14-14 50 Free	29,46L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8
# 409D	Men 14-14 200 Back	2:38,76L LEV3	2023/02/24	Western Cape Elite Gala
# 411D	Men 14-14 50 Fly	31,13L LEV2	2023/02/04	CTA Brian Button Qualifying Meet #8

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
Athletes count: 6				
Walther-Kotzè, Leon C (12) 2010/06/29 ASAC-CPT				
# 103	Men 12-12 400 Free	5:44,13L LEV3	2022/11/04	CTA A CHAMPS 2022
# 201B	Men 12-12 200 Free	2:41,27L LEV3	2022/11/04	CTA A CHAMPS 2022
# 301B	Men 12-12 100 Free	1:12,12L LEV3	2022/11/04	CTA A CHAMPS 2022
# 313B	Men 12-12 200 IM	3:20,53L LEV2	2022/09/24	CTA Qualifying Meet #5
# 401B	Men 12-12 50 Free	33,56L LEV2	2022/11/04	CTA A CHAMPS 2022
# 411B	Men 12-12 50 Fly	35,71L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 6

Weber, Daniel (11) 2011/12/01 PLAY-CED				
# 201A	Men 11 & Under 200 Free	2:49,54L LEV3	2023/01/28	Winelands SL Final
# 205A	Men 11 & Under 100 Breast	1:47,12L LEV2	2023/01/28	Winelands SL Final
# 207A	Men 11 & Under 50 Back	41,81L LEV2	2023/02/18	Swartland Invitational Gala 2023
# 211A	Men 11 & Under 100 Fly	1:27,26L LEV3	2022/12/09	Western Cape LC-A Championship 2022
# 313A	Men 11 & Under 200 IM	3:11,82L LEV3	2023/02/18	Swartland Invitational Gala 2023

Athletes count: 5

Williams, Evan B (13) 2010/03/04 SSISA-CPT				
# 105	Men 13-13 400 Free	5:09,08L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 201C	Men 13-13 200 Free	2:25,20L LEV3	2023/02/24	Western Cape Elite Gala
# 207C	Men 13-13 50 Back	35,60L LEV2	2023/01/28	NMBA Intra-District Championship
# 301C	Men 13-13 100 Free	1:07,69L LEV3	2023/02/24	Western Cape Elite Gala
# 309C	Men 13-13 100 Back	1:17,07L LEV3	2023/01/21	CTA Qualifying Meet #7
# 313C	Men 13-13 200 IM	2:43,70L LEV3	2023/02/24	Western Cape Elite Gala
# 401C	Men 13-13 50 Free	30,35L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 409C	Men 13-13 200 Back	2:44,24L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 411C	Men 13-13 50 Fly	33,17L LEV2	2023/01/21	CTA Qualifying Meet #7

Athletes count: 9

Williams, Logan (12) 2010/07/06 VINE-CPT				
# 201B	Men 12-12 200 Free	2:39,33L LEV3	2022/11/04	CTA A CHAMPS 2022
# 207B	Men 12-12 50 Back	38,36L LEV2	2022/11/04	CTA A CHAMPS 2022
# 211B	Men 12-12 100 Fly	1:26,05L LEV3	2023/02/24	Western Cape Elite Gala
# 301B	Men 12-12 100 Free	1:11,19L LEV3	2022/11/04	CTA A CHAMPS 2022
# 313B	Men 12-12 200 IM	3:08,18L LEV2	2023/02/24	Western Cape Elite Gala
# 401B	Men 12-12 50 Free	31,81L LEV2	2022/11/04	CTA A CHAMPS 2022
# 411B	Men 12-12 50 Fly	36,08L LEV2	2022/11/04	CTA A CHAMPS 2022

Athletes count: 7

Williams, Luca (14) 2008/07/24 VINE-CPT				
# 205D	Men 14-14 100 Breast	1:21,39L LEV3	2023/01/21	CTA Qualifying Meet #7
# 211D	Men 14-14 100 Fly	1:11,41L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 301D	Men 14-14 100 Free	1:06,67L LEV2	2023/01/21	CTA Qualifying Meet #7
# 305D	Men 14-14 50 Breast	37,36L LEV2	2023/02/24	Western Cape Elite Gala
# 405D	Men 14-14 200 Breast	3:01,25L LEV3	2023/02/24	Western Cape Elite Gala

Athletes count: 5

Wing, James L (12) 2010/08/22 GREY-CPT				
# 205B	Men 12-12 100 Breast	1:27,70L LEV3	2023/01/28	NMBA Intra-District Championship

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2023-WC 31-Mar-23 to 03-Apr-23 LC Meters

MEN	Event	Time	Date	Meet
# 207B	Men 12-12 50 Back	37,28L LEV2	2022/11/04	CTA A CHAMPS 2022
# 301B	Men 12-12 100 Free	1:10,26L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 305B	Men 12-12 50 Breast	38,66L LEV2	2023/01/28	NMBA Intra-District Championship
# 313B	Men 12-12 200 IM	3:13,83L LEV2	2022/08/13	CTA Qualifying Meet #3
# 401B	Men 12-12 50 Free	30,08L LEV2	2022/12/09	Western Cape LC-A Championship 2022
# 405B	Men 12-12 200 Breast	3:19,74L LEV3	2023/02/04	CTA Brian Button Qualifying Meet #8
# 411B	Men 12-12 50 Fly	39,18L LEV2	2022/12/09	Western Cape LC-A Championship 2022

Athletes count: 8

Female IE's: 1 176

Male IE's: 1 105

Total IE's: 2 281

Total Athletes: 319