

## Individual Top Times

Times since: 01-May-22

Tygerberg Aquatics [TYGE-CPT]

Time	P/F/S	Event
<b>Adams, Ella (10) 2012/12/12 W (Yr: BR)</b>		
1:51,01 S	F	100 Free 2022/11/19 CTA Future Stars Meet #6
3:49,34 S	F	200 Free 2022/11/19 CTA Future Stars Meet #6
<b>Adams, Jarryd C (13) 2009/03/22 M (Yr: BR)</b>		
37,27 S S	P	50 Free 2022/07/02 CTA Invitational Meet - July 2022
1:29,30 S	P	100 Free 2022/07/02 CTA Invitational Meet - July 2022
<b>Adendorff, James T (15) 2008/02/20 M (Yr: BR)</b>		
27,51 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
29,05 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:03,11 L L	F	100 Free 2022/12/09 Western Cape LC-A Championship 2022
2:20,99 S	F	200 Free 2022/07/15 WCA SC Championships 2022
<b>Adriaan, Shaina (17) 2006/01/24 W (Yr: BR)</b>		
31,84 S	F	50 Free 2022/07/15 WCA SC Championships 2022
33,18 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:10,17 S	F	100 Free 2022/07/15 WCA SC Championships 2022
1:15,14 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022
2:32,28 S	F	200 Free 2022/07/15 WCA SC Championships 2022
2:39,26 L	F	200 Free 2022/11/04 CTA A CHAMPS 2022
<b>Alves, Ethan A (11) 2011/03/09 M (Yr: BR)</b>		
3:09,44 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
<b>Aucamp, Larah (13) 2010/01/05 W (Yr: BR)</b>		
34,42 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
<b>Bannister, Joshua G (15) 2008/02/01 M (Yr: BR)</b>		
25,81 S L	F	25 Free 2022/07/15 WCA SC Championships 2022
28,47 S	F	50 Free 2022/07/15 WCA SC Championships 2022
28,52 L S	P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
1:01,07 S	F	100 Free 2022/07/15 WCA SC Championships 2022
1:01,70 L	P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
2:13,31 S	P	200 Free 2022/07/02 CTA Invitational Meet - July 2022
2:14,73 L	P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
4:38,26 L	F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
4:38,51 S	F	400 Free 2022/07/15 WCA SC Championships 2022
<b>Barnes, Kiara (21) 2001/03/15 W (Yr: BR)</b>		
2:15,41 S	F	200 Free 2022/07/15 WCA SC Championships 2022
4:39,78 S	F	400 Free 2022/07/02 CTA Invitational Meet - July 2022
9:38,55 S	F	800 Free 2022/07/15 WCA SC Championships 2022
18:22,13 S	F	1500 Free 2022/07/15 WCA SC Championships 2022
<b>Barrow, Kieran M (16) 2007/01/26 M (Yr: BR)</b>		
29,12 S L	F	50 Free 2022/07/15 WCA SC Championships 2022
29,34 L	F	50 Free 2022/10/15 CTA Qualifying Meet #6
29,34 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:04,76 S	F	100 Free 2022/07/15 WCA SC Championships 2022
1:07,66 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022
2:29,58 S	F	200 Free 2022/07/15 WCA SC Championships 2022
2:37,68 L	F	200 Free 2022/09/03 CTA Qualifying Meet #4
5:39,30 L	F	400 Free 2022/09/03 CTA Qualifying Meet #4
<b>Bayly, Frances C (11) 2012/02/12 W (Yr: KR)</b>		
20,00 S	F	25 Free 2022/11/19 CTA Future Stars Meet #6
<b>Bester, Eben (15) 2007/12/04 M (Yr: BR)</b>		
27,57 L L	F	50 Free 2022/12/09 Western Cape LC-A Championship 2022
28,81 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:01,02 L	P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:02,32 S	P	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:18,27 L	P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
2:20,71 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
4:55,31 L	F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
<b>Bosch, Ewan Y (10) 2012/10/03 M (Yr: BR)</b>		
36,58 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
39,98 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3

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Time	P/F/S	Event			
<b>Bosch, Ewan Y (10) 2012/10/03 M (Yr: BR)</b>					
1:25,14	S F	100 Free	2022/07/23	CTA Qualifying Meet #2	
1:25,23	L F	100 Free	2022/11/04	CTA A CHAMPS 2022	
3:13,11	S F	200 Free	2022/06/04	CTA Qualifying Meet #1	
<b>Boshoff, Anja (10) 2012/08/23 W (Yr: BR)</b>					
36,27	L F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
1:21,66	L F	100 Free	2022/10/07	41st Freda Barnard Invitational Gala	
1:28,99	S S F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
3:01,66	L F	200 Free	2022/10/07	41st Freda Barnard Invitational Gala	
<b>Boshoff, Juan C (17) 2005/03/29 M (Yr: BR)</b>					
26,06	L F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
56,50	L F	100 Free	2022/10/07	41st Freda Barnard Invitational Gala	
2:02,16	S F	200 Free	2022/06/04	CTA Qualifying Meet #1	
2:03,27	L F	200 Free	2022/12/04	AUSC-Region 5 Under 20 YTH Games 2022-Malawi	
4:19,44	S F	400 Free	2022/06/04	CTA Qualifying Meet #1	
4:23,43	L F	400 Free	2022/12/04	AUSC-Region 5 Under 20 YTH Games 2022-Malawi	
<b>Botha, Andre (10) 2012/05/01 M (Yr: CN)</b>					
50,91	S F	50 Free	2022/11/19	CTA Future Stars Meet #6	
2:01,65	S F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
<b>Bouwer, Jason (12) 2010/07/11 M (Yr: BR)</b>					
32,38	S F	50 Free	2022/07/15	WCA SC Championships 2022	
32,88	L F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
1:10,70	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:34,53	S F	200 Free	2022/06/04	CTA Qualifying Meet #1	
2:36,02	L P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
5:16,86	S F	400 Free	2022/07/15	WCA SC Championships 2022	
5:17,37	L F	400 Free	2022/11/04	CTA A CHAMPS 2022	
11:13,19	L S F	800 Free	2022/12/09	Western Cape LC-A Championship 2022	
21:29,69	L F	1500 Free	2022/12/09	Western Cape LC-A Championship 2022	
21:47,97	S F	1500 Free	2022/08/13	CTA Qualifying Meet #3	
<b>Bouwer, Juno (10) 2012/08/30 W (Yr: BR)</b>					
44,00	L F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
46,08	S F	50 Free	2022/08/13	CTA Qualifying Meet #3	
1:42,54	S F	100 Free	2022/07/23	CTA Qualifying Meet #2	
1:44,11	L F	100 Free	2022/10/07	41st Freda Barnard Invitational Gala	
3:41,99	L F	200 Free	2022/11/04	CTA A CHAMPS 2022	
<b>Brown, Mackenzie H (14) 2008/11/10 W (Yr: EN)</b>					
39,41	S F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
3:19,09	S F	200 Free	2022/07/30	CTA Future Stars Meet #2	
<b>Burger, Juanè (12) 2010/04/03 W (Yr: BR)</b>					
33,26	L S P	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:13,24	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:15,45	S F	100 Free	2022/07/23	CTA Qualifying Meet #2	
2:39,96	L P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:41,14	S F	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
5:41,44	L F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
5:45,30	S P	400 Free	2022/07/02	CTA Invitational Meet - July 2022	
11:44,11	S F	800 Free	2022/07/02	CTA Invitational Meet - July 2022	
11:47,51	L F	800 Free	2022/12/09	Western Cape LC-A Championship 2022	
22:21,26	L F	1500 Free	2022/11/04	CTA A CHAMPS 2022	
22:28,14	S F	1500 Free	2022/08/13	CTA Qualifying Meet #3	
<b>Butler, Noah K (13) 2009/09/09 M (Yr: CN)</b>					
42,31	S F	50 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Chibharo, Ruvarashe L (10) 2012/09/19 W (Yr: BR)</b>					
39,31	L F	50 Free	2022/11/04	CTA A CHAMPS 2022	
1:34,60	L F	100 Free	2022/11/04	CTA A CHAMPS 2022	
1:41,36	S F	100 Free	2022/06/11	CTA Future Stars Meet #1	
3:19,59	L F	200 Free	2022/11/04	CTA A CHAMPS 2022	
3:42,63	S F	200 Free	2022/07/30	CTA Future Stars Meet #2	
<b>Chowles, Anais (12) 2010/05/20 W (Yr: CR)</b>					

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Time	P/F/S	Event
<b>Chowles, Anais (12) 2010/05/20 W (Yr: CR)</b>		
36,03 S	F	50 Free 2022/11/19 CTA Future Stars Meet #6
37,87 L	F	50 Free 2022/11/11 Swartland Prestige Gala 2022
1:26,03 S	F	100 Free 2022/11/19 CTA Future Stars Meet #6
1:30,18 L	F	100 Free 2022/11/11 Swartland Prestige Gala 2022
3:18,72 S	F	200 Free 2022/10/22 CTA Future Stars Meet #5
<b>Chowles, Karla (10) 2012/04/25 W (Yr: CR)</b>		
39,88 L	F	50 Free 2022/11/11 Swartland Prestige Gala 2022
41,09 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:32,23 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022
3:27,00 L	F	200 Free 2022/11/11 Swartland Prestige Gala 2022
<b>Cloete, Albert (8) 2014/04/01 M (Yr: CN)</b>		
1:47,29 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:55,17 L	F	100 Free 2022/11/12 CTA B CHAMPS
<b>Coetzee, Dewan (15) 2008/01/11 M (Yr: BR)</b>		
1:06,65 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
1:06,84 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022
2:27,53 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
<b>Consani, Dario L (17) 2005/09/06 M (Yr: BR)</b>		
27,91 S	F	50 Free 2022/07/15 WCA SC Championships 2022
28,42 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:01,18 S	F	100 Free 2022/07/15 WCA SC Championships 2022
1:02,08 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022
<b>Crookham, Mia N (13) 2009/04/07 W (Yr: BR)</b>		
34,11 L	F	50 Free 2022/09/24 CTA Qualifying Meet #5
34,78 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:15,72 L	F	100 Free 2022/10/15 CTA Qualifying Meet #6
1:15,76 S	F	100 Free 2022/07/15 WCA SC Championships 2022
2:55,35 S	F	200 Free 2022/07/15 WCA SC Championships 2022
6:13,29 L	F	400 Free 2022/09/03 CTA Qualifying Meet #4
<b>Crookham, Ryan P (9) 2013/03/05 M (Yr: BR)</b>		
44,64 L	F	50 Free 2022/11/12 CTA B CHAMPS
47,64 S	F	50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
1:46,94 L	F	100 Free 2022/11/12 CTA B CHAMPS
2:01,41 S S	F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
<b>Das Neves, Lucas P (13) 2009/06/10 M (Yr: BR)</b>		
31,16 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:05,54 L	F	100 Free 2022/10/15 CTA Qualifying Meet #6
2:22,34 L	F	200 Free 2022/11/04 CTA A CHAMPS 2022
2:28,36 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
<b>De Jager, Lienka (10) 2013/01/17 W (Yr: CR)</b>		
1:46,78 S	F	100 Free 2022/06/11 CTA Future Stars Meet #1
3:52,72 S	F	200 Free 2022/10/22 CTA Future Stars Meet #5
<b>De Jager, Alexander H (12) 2010/05/01 M (Yr: BR)</b>		
41,91 S	F	50 Free 2022/11/19 CTA Future Stars Meet #6
1:41,57 S	F	100 Free 2022/06/11 CTA Future Stars Meet #1
3:28,81 S	F	200 Free 2022/10/22 CTA Future Stars Meet #5
<b>De Jongh, Walter H (20) 2003/02/03 M (Yr: BR)</b>		
2:13,06 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
4:39,16 S	F	400 Free 2022/06/04 CTA Qualifying Meet #1
<b>De Lange, Adriaan (13) 2009/12/25 M (Yr: BR)</b>		
28,07 L S	P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
29,26 S S	F	50 Free 2022/07/02 CTA Invitational Meet - July 2022
1:02,57 L	P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:04,74 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:17,23 L	F	200 Free 2022/12/09 Western Cape LC-A Championship 2022
2:22,30 S	F	200 Free 2022/07/15 WCA SC Championships 2022
4:51,94 L	F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
5:03,78 S	F	400 Free 2022/07/15 WCA SC Championships 2022
<b>De Oliveira, Aliyah (13) 2009/12/11 W (Yr: BR)</b>		

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Time	P/F/S	Event			
<b>De Oliveira, Aliyah (13) 2009/12/11 W (Yr: BR)</b>					
32,11 L L	F	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:12,24 L L	F	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:12,39 S	F	100 Free	2022/07/23	CTA Qualifying Meet #2	
2:36,84 L	P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:41,31 S	F	200 Free	2022/06/04	CTA Qualifying Meet #1	
5:30,00 L	F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
<b>De Oliveira, Vinicio (10) 2012/09/25 M (Yr: BR)</b>					
46,14 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
1:44,21 S	F	100 Free	2022/06/11	CTA Future Stars Meet #1	
3:49,25 S	F	200 Free	2022/07/30	CTA Future Stars Meet #2	
<b>De Villiers, Anja (11) 2011/03/26 W (Yr: BR)</b>					
31,62 L	F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
32,14 S	F	50 Free	2022/07/15	WCA SC Championships 2022	
1:10,70 S	F	100 Free	2022/07/15	WCA SC Championships 2022	
1:10,84 L	F	100 Free	2022/11/11	Swartland Prestige Gala 2022	
2:34,75 L	F	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:38,49 S	F	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
5:31,02 L	F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
5:39,87 S	F	400 Free	2022/07/15	WCA SC Championships 2022	
<b>De Vries, Jordan (14) 2008/05/19 M (Yr: CR)</b>					
29,88 L	F	50 Free	2022/10/15	CTA Qualifying Meet #6	
1:05,56 L	F	100 Free	2022/10/15	CTA Qualifying Meet #6	
1:06,65 S	F	100 Free	2022/07/23	CTA Qualifying Meet #2	
2:26,08 L	F	200 Free	2022/11/04	CTA A CHAMPS 2022	
<b>Diedricks, Joshua (9) 2013/04/15 M (Yr: CN)</b>					
44,22 L	F	50 Free	2022/11/12	CTA B CHAMPS	
46,54 S	F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
1:42,39 L	F	100 Free	2022/11/12	CTA B CHAMPS	
1:45,35 S	F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
4:01,35 S	F	200 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Doman, Lana (13) 2009/03/05 W (Yr: BR)</b>					
1:20,17 S	F	100 Free	2022/06/11	CTA Future Stars Meet #1	
<b>Doman, Tia (12) 2010/05/18 W (Yr: BR)</b>					
1:25,69 S	F	100 Free	2022/06/11	CTA Future Stars Meet #1	
<b>Du Toit, Jean P (10) 2012/09/26 M (Yr: BR)</b>					
1:42,00 S	F	100 Free	2022/06/11	CTA Future Stars Meet #1	
<b>Du Toit, Mia I (10) 2013/01/21 W (Yr: CN)</b>					
46,21 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Eagar, Francis J (14) 2008/04/25 M (Yr: BR)</b>					
30,48 L	F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
1:08,30 L	F	100 Free	2022/10/07	41st Freda Barnard Invitational Gala	
2:26,91 L	F	200 Free	2022/10/07	41st Freda Barnard Invitational Gala	
<b>Els, Liam R (13) 2010/02/03 M (Yr: BR)</b>					
35,87 S	F	50 Free	2022/08/13	CTA Qualifying Meet #3	
1:18,80 S	F	100 Free	2022/07/23	CTA Qualifying Meet #2	
<b>Erasmus, Carla (12) 2010/07/28 W (Yr: HN)</b>					
39,72 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Esterhuysen, Joshua N (15) 2007/09/20 M (Yr: BR)</b>					
24,62 L S	F	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
24,63 S S	F	50 Free	2022/07/02	CTA Invitational Meet - July 2022	
53,71 S	F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
53,83 L	F	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:00,01 S	F	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
2:00,59 L	F	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
4:26,70 L	F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
<b>Evans, Caitlin N (12) 2010/07/30 W (Yr: BR)</b>					
31,33 S L	F	50 Free	2022/07/15	WCA SC Championships 2022	
31,85 L L	F	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:08,45 L	F	100 Free	2022/10/07	41st Freda Barnard Invitational Gala	

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<b>Evans, Caitlin N (12) 2010/07/30 W (Yr: BR)</b>					
1:09,04	S F	100 Free	2022/07/15	WCA SC Championships 2022	
2:22,56	L F	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:28,46	S F	200 Free	2022/07/15	WCA SC Championships 2022	
5:00,79	L F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
5:01,33	S F	400 Free	2022/07/15	WCA SC Championships 2022	
10:19,26	L F	800 Free	2022/12/09	Western Cape LC-A Championship 2022	
19:03,02	S F	1500 Free	2022/08/13	CTA Qualifying Meet #3	
19:38,68	L S F	1500 Free	2022/12/09	Western Cape LC-A Championship 2022	
44:43,00	L O	3000 Free	2022/11/27	EC Swim Series OWS 2 2022	
<b>Figueiredo, Arielle E (10) 2012/12/31 W (Yr: DN)</b>					
51,69	S F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
<b>Fouche, Jack (10) 2012/03/06 M (Yr: BR)</b>					
36,04	L F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
38,31	S F	50 Free	2022/08/13	CTA Qualifying Meet #3	
1:25,22	L F	100 Free	2022/11/04	CTA A CHAMPS 2022	
1:33,26	S S F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
3:12,22	L F	200 Free	2022/11/04	CTA A CHAMPS 2022	
3:36,31	S F	200 Free	2022/06/04	CTA Qualifying Meet #1	
<b>Fouche, Ryan (8) 2014/06/20 M (Yr: CN)</b>					
43,86	L F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
45,94	S F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
1:39,84	L F	100 Free	2022/10/07	41st Freda Barnard Invitational Gala	
1:47,38	S F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
<b>Gallant, Willow (13) 2009/10/23 W (Yr: CR)</b>					
2:06,78	S S F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
<b>Gerbi, Massimiliano (13) 2009/09/03 M (Yr: BR)</b>					
30,06	S L F	50 Free	2022/07/02	CTA Invitational Meet - July 2022	
31,40	L S F	50 Free	2022/06/25	PEA Winter Gala 2022	
1:06,53	S S F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
1:08,32	L S F	100 Free	2022/06/25	PEA Winter Gala 2022	
2:34,73	S F	200 Free	2022/06/04	CTA Qualifying Meet #1	
2:38,88	L F	200 Free	2022/06/25	PEA Winter Gala 2022	
<b>Glover, Erin K (15) 2008/02/18 W (Yr: BR)</b>					
31,68	S F	50 Free	2022/07/15	WCA SC Championships 2022	
32,80	L S P	50 Free	2022/06/25	PEA Winter Gala 2022	
1:06,94	S F	100 Free	2022/07/15	WCA SC Championships 2022	
1:10,79	L P	100 Free	2022/06/25	PEA Winter Gala 2022	
2:24,20	S F	200 Free	2022/07/15	WCA SC Championships 2022	
2:27,90	L P	200 Free	2022/06/25	PEA Winter Gala 2022	
4:58,86	S F	400 Free	2022/07/15	WCA SC Championships 2022	
5:09,19	L F	400 Free	2022/06/25	PEA Winter Gala 2022	
10:08,73	S F	800 Free	2022/07/15	WCA SC Championships 2022	
10:36,90	L F	800 Free	2022/06/25	PEA Winter Gala 2022	
19:18,55	S F	1500 Free	2022/07/15	WCA SC Championships 2022	
20:21,02	L S F	1500 Free	2022/06/25	PEA Winter Gala 2022	
<b>Goebel, Leah (11) 2011/04/05 W (Yr: BR)</b>					
38,19	L F	50 Free	2022/09/03	CTA Qualifying Meet #4	
38,25	S F	50 Free	2022/07/15	WCA SC Championships 2022	
1:30,95	L F	100 Free	2022/11/04	CTA A CHAMPS 2022	
1:31,43	S F	100 Free	2022/07/15	WCA SC Championships 2022	
<b>Goebel, Zoë (14) 2008/11/02 W (Yr: BR)</b>					
30,78	S F	50 Free	2022/07/15	WCA SC Championships 2022	
30,80	L S P	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:07,85	S F	100 Free	2022/07/15	WCA SC Championships 2022	
1:09,19	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:30,93	L P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:32,53	S P	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
5:35,91	S P	400 Free	2022/07/02	CTA Invitational Meet - July 2022	
<b>Greyling, Stella (12) 2010/08/05 W (Yr: CN)</b>					

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
<b>Greyling, Stella (12) 2010/08/05 W (Yr: CN)</b>					
43,78 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
1:42,67 S	F	100 Free	2022/06/11	CTA Future Stars Meet #1	
<b>Grovè, Daniël (13) 2009/08/06 M (Yr: CR)</b>					
30,62 S	F	50 Free	2022/07/15	WCA SC Championships 2022	
1:07,35 S	F	100 Free	2022/07/15	WCA SC Championships 2022	
1:08,72 L	F	100 Free	2022/10/15	CTA Qualifying Meet #6	
11:16,84 L	F	800 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Grovè, Hannes (16) 2007/02/10 M (Yr: CR)</b>					
28,06 S	F	50 Free	2022/07/15	WCA SC Championships 2022	
1:00,90 S	F	100 Free	2022/07/15	WCA SC Championships 2022	
2:15,61 S	P	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
<b>Hayes, Madison (14) 2008/10/29 W (Yr: BR)</b>					
34,33 S	F	50 Free	2022/07/15	WCA SC Championships 2022	
1:14,47 S	F	100 Free	2022/07/23	CTA Qualifying Meet #2	
2:41,53 S	F	200 Free	2022/07/15	WCA SC Championships 2022	
5:43,52 S	F	400 Free	2022/07/15	WCA SC Championships 2022	
12:09,76 L	F	800 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Heiberg, Michayla (12) 2011/01/15 W (Yr: BR)</b>					
1:42,74 S	F	100 Free	2022/06/11	CTA Future Stars Meet #1	
3:39,37 S	F	200 Free	2022/07/30	CTA Future Stars Meet #2	
<b>Hendricks, Hanaan (9) 2013/04/24 W (Yr: BR)</b>					
56,03 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
2:10,34 S	F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
<b>Hendricks, Jada (10) 2013/03/03 W (Yr: CN)</b>					
50,44 S	F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
1:48,37 S	F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
<b>Hendricks, Zareer (8) 2014/05/05 M (Yr: BR)</b>					
30,56 S	F	25 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Hendricks, Zeeana (8) 2014/05/05 W (Yr: BR)</b>					
29,00 S	F	25 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Heunis, Le Roux (10) 2012/03/06 M (Yr: BR)</b>					
40,00 L	F	50 Free	2022/11/11	Swartland Prestige Gala 2022	
1:31,51 L	F	100 Free	2022/11/04	CTA A CHAMPS 2022	
3:25,76 L	F	200 Free	2022/09/03	CTA Qualifying Meet #4	
3:35,51 S	F	200 Free	2022/06/04	CTA Qualifying Meet #1	
<b>Heunis, Rossouw C (13) 2009/09/01 M (Yr: BR)</b>					
36,50 L	F	50 Free	2022/11/11	Swartland Prestige Gala 2022	
1:23,95 S	F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
1:27,75 L	F	100 Free	2022/11/11	Swartland Prestige Gala 2022	
3:03,34 S	F	200 Free	2022/10/22	CTA Future Stars Meet #5	
<b>Hopkins, Timothy (17) 2005/04/17 M (Yr: BR)</b>					
25,18 S S	F	50 Free	2022/07/02	CTA Invitational Meet - July 2022	
25,38 L L	F	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
55,75 L	F	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
56,58 S	P	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
2:05,07 S	F	200 Free	2022/06/04	CTA Qualifying Meet #1	
2:14,04 L	P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
<b>Isaacs, Corban (9) 2014/02/25 M (Yr: BR)</b>					
41,90 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
1:42,10 S	F	100 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Jaftha, Kylie M (11) 2011/09/14 W (Yr: CN)</b>					
52,57 S	F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
<b>Jafthas, Jordan J (18) 2004/05/31 M (Yr: BR)</b>					
27,42 S	F	50 Free	2022/07/15	WCA SC Championships 2022	
27,98 L	F	50 Free	2022/09/03	CTA Qualifying Meet #4	
1:00,53 S	P	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
1:03,51 L	F	100 Free	2022/09/03	CTA Qualifying Meet #4	
2:20,70 S	F	200 Free	2022/06/04	CTA Qualifying Meet #1	
2:41,39 L	F	200 Free	2022/10/15	CTA Qualifying Meet #6	

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
<b>Janson, Lana J (20) 2003/02/26 W (Yr: BR)</b>					
26,91	S L	F	50	Free	2022/07/15 WCA SC Championships 2022
58,18	S	F	100	Free	2022/07/15 WCA SC Championships 2022
2:05,44	S	F	200	Free	2022/07/15 WCA SC Championships 2022
<b>Krause, Luke (12) 2010/07/27 M (Yr: CN)</b>					
36,24	L	F	50	Free	2022/10/15 CTA Qualifying Meet #6
36,87	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
1:26,27	S	F	100	Free	2022/07/15 WCA SC Championships 2022
1:29,16	L	F	100	Free	2022/10/15 CTA Qualifying Meet #6
3:25,72	L	F	200	Free	2022/10/15 CTA Qualifying Meet #6
<b>Lazarus, Kyle (12) 2010/08/31 M (Yr: BR)</b>					
37,90	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
39,16	L	F	50	Free	2022/09/24 CTA Qualifying Meet #5
1:22,27	L	F	100	Free	2022/09/03 CTA Qualifying Meet #4
1:25,02	S S	F	100	Free	2022/07/02 CTA Invitational Meet - July 2022
3:01,31	L	F	200	Free	2022/11/04 CTA A CHAMPS 2022
3:04,84	S	F	200	Free	2022/06/04 CTA Qualifying Meet #1
<b>Liebenberg, Matthew (10) 2012/10/08 M (Yr: HN)</b>					
52,00	S	F	50	Free	2022/11/19 CTA Future Stars Meet #6
2:10,34	S	F	100	Free	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Liebenberg, Leah (8) 2014/12/24 W (Yr: CN)</b>					
52,10	S	F	50	Free	2022/11/19 CTA Future Stars Meet #6
2:00,36	S	F	100	Free	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Li, Jinxuan (8) 2014/09/03 W (Yr: CN)</b>					
2:37,13	S	F	100	Free	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Lilley, Kenna (9) 2013/03/19 W (Yr: BR)</b>					
42,16	L	F	50	Free	2022/11/12 CTA B CHAMPS
46,83	S	F	50	Free	2022/08/20 CTA Future Stars Meet #3 - CURRO CC
<b>Loftus, Anina (12) 2010/09/08 W (Yr: CR)</b>					
1:33,36	S	F	100	Free	2022/06/11 CTA Future Stars Meet #1
3:14,62	S	F	200	Free	2022/10/22 CTA Future Stars Meet #5
3:23,64	L	F	200	Free	2022/11/12 CTA B CHAMPS
<b>Loots, Emmelize (12) 2010/05/25 W (Yr: BR)</b>					
3:05,96	S	F	200	Free	2022/07/02 CTA Invitational Meet - July 2022
3:12,10	L	F	200	Free	2022/09/24 CTA Qualifying Meet #5
<b>Loots, Tanya (9) 2013/07/13 W (Yr: CN)</b>					
21,78	S	F	25	Free	2022/11/19 CTA Future Stars Meet #6
2:03,85	S	F	100	Free	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Loubser, Jacobus A (12) 2010/05/28 M (Yr: CR)</b>					
3:10,90	S	F	200	Free	2022/10/22 CTA Future Stars Meet #5
<b>Louw, Ben A (11) 2011/10/20 M (Yr: BR)</b>					
37,35	L	F	50	Free	2022/09/24 CTA Qualifying Meet #5
39,59	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
1:25,88	L	F	100	Free	2022/10/07 41st Freda Barnard Invitational Gala
1:32,61	S	F	100	Free	2022/06/11 CTA Future Stars Meet #1
3:08,80	L	F	200	Free	2022/11/04 CTA A CHAMPS 2022
<b>Louw, Yvette H (10) 2012/05/05 W (Yr: BR)</b>					
43,26	L	F	50	Free	2022/09/24 CTA Qualifying Meet #5
1:40,66	L	F	100	Free	2022/09/24 CTA Qualifying Meet #5
3:41,97	S	F	200	Free	2022/07/30 CTA Future Stars Meet #2
<b>McWilliam, Amy L (13) 2009/09/21 W (Yr: BR)</b>					
2:44,13	S	F	200	Free	2022/07/15 WCA SC Championships 2022
2:49,76	L	P	200	Free	2022/12/09 Western Cape LC-A Championship 2022
<b>McWilliam, Benn D (16) 2006/04/24 M (Yr: BR)</b>					
27,11	L	F	50	Free	2022/09/03 CTA Qualifying Meet #4
59,18	S	F	100	Free	2022/07/15 WCA SC Championships 2022
2:12,83	L	P	200	Free	2022/12/09 Western Cape LC-A Championship 2022
4:35,26	L	F	400	Free	2022/11/04 CTA A CHAMPS 2022
4:36,17	S	P	400	Free	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
9:11,29	S	F	800	Free	2022/07/02 CTA Invitational Meet - July 2022

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
<b>McWilliam, Benn D (16) 2006/04/24 M (Yr: BR)</b>					
9:18,03	L F	800 Free	2022/10/15	CTA Qualifying Meet #6	
17:44,59	L F	1500 Free	2022/11/04	CTA A CHAMPS 2022	
17:44,64	S F	1500 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
1:03,35	L O	5000 Free	2022/10/23	EC Swim Series OWS 1 2022	
1:36,51	L O	7500 Free	2022/10/23	EC Swim Series OWS 1 2022	
<b>McWilliam, Troy J (15) 2007/11/29 M (Yr: BR)</b>					
29,12	S F	50 Free	2022/07/15	WCA SC Championships 2022	
1:02,54	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:03,32	S F	100 Free	2022/07/15	WCA SC Championships 2022	
2:12,54	L P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:13,78	S F	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
4:27,50	S F	400 Free	2022/07/02	CTA Invitational Meet - July 2022	
4:34,14	L F	400 Free	2022/10/15	CTA Qualifying Meet #6	
9:07,40	S F	800 Free	2022/07/02	CTA Invitational Meet - July 2022	
9:21,59	L S F	800 Free	2022/12/09	Western Cape LC-A Championship 2022	
17:27,38	S F	1500 Free	2022/07/15	WCA SC Championships 2022	
17:49,68	L F	1500 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:09,25	L O	5000 Free	2022/10/23	EC Swim Series OWS 1 2022	
<b>Minnaar, Ben R (17) 2005/04/04 M (Yr: BR)</b>					
28,41	L S P	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
28,96	S S P	50 Free	2022/07/02	CTA Invitational Meet - July 2022	
2:39,69	L F	200 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Minnaar, Nicolas (13) 2009/12/30 M (Yr: BR)</b>					
31,94	L S P	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:09,99	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:11,78	S S F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
2:42,11	S F	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
2:44,46	L F	200 Free	2022/11/04	CTA A CHAMPS 2022	
6:05,70	S F	400 Free	2022/06/04	CTA Qualifying Meet #1	
12:00,12	S F	800 Free	2022/07/02	CTA Invitational Meet - July 2022	
<b>Minnaar, Stephanie (13) 2009/12/30 W (Yr: BR)</b>					
32,88	L S P	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
33,01	S S F	50 Free	2022/07/02	CTA Invitational Meet - July 2022	
1:14,34	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:15,02	S S F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
2:51,64	L P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:53,37	S F	200 Free	2022/06/04	CTA Qualifying Meet #1	
<b>Möller, Frederik C (15) 2007/04/02 M (Yr: BR)</b>					
29,94	L F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
1:03,59	S P	100 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
1:04,25	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:14,97	L P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:18,32	S P	200 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
4:44,25	S P	400 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
4:44,72	L F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
9:39,32	L S F	800 Free	2022/12/09	Western Cape LC-A Championship 2022	
9:45,29	S F	800 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
18:17,16	L F	1500 Free	2022/12/09	Western Cape LC-A Championship 2022	
18:53,45	S F	1500 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
<b>Möller, Gideon V (12) 2011/02/23 M (Yr: BR)</b>					
33,91	L F	50 Free	2022/10/07	41st Freda Barnard Invitational Gala	
1:15,16	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:19,25	S F	100 Free	2022/07/23	CTA Qualifying Meet #2	
2:44,66	L P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
5:42,01	L F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
<b>Muller, Alice (12) 2010/05/13 W (Yr: BR)</b>					
36,88	S F	50 Free	2022/08/13	CTA Qualifying Meet #3	
37,30	L S F	50 Free	2022/06/25	PEA Winter Gala 2022	
1:22,62	L F	100 Free	2022/09/24	CTA Qualifying Meet #5	
2:57,44	L F	200 Free	2022/11/04	CTA A CHAMPS 2022	



## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event
<b>Muller, Alice (12) 2010/05/13 W (Yr: BR)</b>		
6:16,90 L	F	400 Free 2022/06/25 PEA Winter Gala 2022
12:57,68 L	F	800 Free 2022/06/25 PEA Winter Gala 2022
24:41,27 L	F	1500 Free 2022/09/24 CTA Qualifying Meet #5
<b>Naidoo, Reshaleen (12) 2010/12/03 M (Yr: BR)</b>		
45,37 S	F	50 Free 2022/11/19 CTA Future Stars Meet #6
<b>Newkirk, Gia (10) 2013/01/25 W (Yr: CN)</b>		
1:40,06 L	F	100 Free 2022/11/12 CTA B CHAMPS
1:42,79 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Newman, Jared R (12) 2010/07/01 M (Yr: BR)</b>		
32,08 S S	F	50 Free 2022/07/02 CTA Invitational Meet - July 2022
32,38 L	F	50 Free 2022/09/24 CTA Qualifying Meet #5
1:11,85 L	F	100 Free 2022/10/15 CTA Qualifying Meet #6
1:14,91 S	F	100 Free 2022/07/15 WCA SC Championships 2022
2:43,85 L	F	200 Free 2022/10/15 CTA Qualifying Meet #6
2:50,43 S	F	200 Free 2022/07/15 WCA SC Championships 2022
6:20,21 L	F	400 Free 2022/09/24 CTA Qualifying Meet #5
<b>Nilsson, Rebecca B (11) 2011/05/26 W (Yr: BR)</b>		
34,34 L S	P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
34,69 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:14,46 L	F	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:19,29 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:45,84 L	P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
5:46,47 L	F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
50,08 L	O	3000 Free 2022/10/23 EC Swim Series OWS 1 2022
<b>Ntshona, Iminathi A (12) 2011/02/15 M (Yr: FR)</b>		
42,24 L	F	50 Free 2022/10/07 41st Freda Barnard Invitational Gala
1:47,51 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
1:48,43 L	F	100 Free 2022/10/07 41st Freda Barnard Invitational Gala
3:25,15 S	F	200 Free 2022/11/19 CTA Future Stars Meet #6
3:47,74 L	F	200 Free 2022/10/07 41st Freda Barnard Invitational Gala
<b>Olivier, Julie M (10) 2012/04/15 W (Yr: BR)</b>		
35,81 L	F	50 Free 2022/10/07 41st Freda Barnard Invitational Gala
36,41 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:20,85 L	F	100 Free 2022/10/07 41st Freda Barnard Invitational Gala
1:22,87 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:49,41 L	F	200 Free 2022/10/07 41st Freda Barnard Invitational Gala
3:00,94 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
6:00,96 L	F	400 Free 2022/10/07 41st Freda Barnard Invitational Gala
<b>Olivier, Stefan P (10) 2013/02/04 M (Yr: CN)</b>		
53,07 S	F	50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
56,57 L	F	50 Free 2022/11/12 CTA B CHAMPS
2:01,66 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
2:12,09 L	F	100 Free 2022/11/12 CTA B CHAMPS
<b>Otterbach, Lily (12) 2010/07/23 W (Yr: BR)</b>		
32,43 S S	F	50 Free 2022/07/02 CTA Invitational Meet - July 2022
32,73 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:11,57 L	P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:13,57 S S	F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:47,82 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
<b>Pauw, Johannes W (13) 2009/08/24 M (Yr: BR)</b>		
33,16 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:18,33 L	F	100 Free 2022/10/07 41st Freda Barnard Invitational Gala
1:19,90 S S	F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
2:49,29 L	F	200 Free 2022/11/04 CTA A CHAMPS 2022
2:54,49 S	F	200 Free 2022/07/02 CTA Invitational Meet - July 2022
<b>Perez Castellano, Emilio (9) 2013/11/13 M (Yr: CN)</b>		
55,70 S	F	50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
<b>Potts, Hayden C (11) 2011/09/30 M (Yr: BR)</b>		
39,70 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
<b>Potts, Hayden C (11) 2011/09/30 M (Yr: BR)</b>					
41,17	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
1:38,22	S	F	100	Free	2022/07/23 CTA Qualifying Meet #2
1:40,25	L	F	100	Free	2022/09/24 CTA Qualifying Meet #5
3:34,53	S	F	200	Free	2022/06/04 CTA Qualifying Meet #1
3:42,16	L	F	200	Free	2022/10/15 CTA Qualifying Meet #6
<b>Pretorius, Marli (12) 2010/03/23 W (Yr: BR)</b>					
42,46	L	F	50	Free	2022/11/12 CTA B CHAMPS
1:44,59	S S	F	100	Free	2022/07/02 CTA Invitational Meet - July 2022
3:36,98	L	F	200	Free	2022/11/12 CTA B CHAMPS
3:38,06	S	F	200	Free	2022/10/22 CTA Future Stars Meet #5
<b>Pretorius, Theo (11) 2011/09/15 M (Yr: CN)</b>					
39,79	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
1:31,89	L	F	100	Free	2022/10/15 CTA Qualifying Meet #6
1:35,01	S	F	100	Free	2022/06/11 CTA Future Stars Meet #1
<b>Raimond, Marike M (13) 2009/10/01 W (Yr: BR)</b>					
32,16	L S	P	50	Free	2022/12/09 Western Cape LC-A Championship 2022
34,04	S S	F	50	Free	2022/07/02 CTA Invitational Meet - July 2022
1:09,01	L	P	100	Free	2022/12/09 Western Cape LC-A Championship 2022
1:15,96	S	F	100	Free	2022/07/23 CTA Qualifying Meet #2
2:33,86	L	P	200	Free	2022/12/09 Western Cape LC-A Championship 2022
2:43,81	S	F	200	Free	2022/07/15 WCA SC Championships 2022
5:18,51	L	F	400	Free	2022/12/09 Western Cape LC-A Championship 2022
5:40,08	S	F	400	Free	2022/07/15 WCA SC Championships 2022
11:01,91	L	F	800	Free	2022/12/09 Western Cape LC-A Championship 2022
<b>Rosslee, Christian F (13) 2009/06/12 M (Yr: BR)</b>					
29,88	S L	F	25	Free	2022/07/15 WCA SC Championships 2022
29,07	S L	F	50	Free	2022/07/15 WCA SC Championships 2022
29,75	L	F	50	Free	2022/09/24 CTA Qualifying Meet #5
1:05,23	S	F	100	Free	2022/07/15 WCA SC Championships 2022
1:05,61	L L	F	100	Free	2022/12/09 Western Cape LC-A Championship 2022
2:24,33	L	F	200	Free	2022/11/04 CTA A CHAMPS 2022
2:31,32	S	F	200	Free	2022/06/04 CTA Qualifying Meet #1
5:01,77	S	F	400	Free	2022/07/02 CTA Invitational Meet - July 2022
5:08,09	L	F	400	Free	2022/11/04 CTA A CHAMPS 2022
<b>Rossouw, Cara (13) 2009/08/28 W (Yr: BR)</b>					
32,97	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
1:16,42	L	F	100	Free	2022/09/24 CTA Qualifying Meet #5
2:47,36	L	F	200	Free	2022/09/24 CTA Qualifying Meet #5
5:48,50	S	F	400	Free	2022/07/15 WCA SC Championships 2022
<b>Rossouw, Danel (16) 2006/08/30 W (Yr: BR)</b>					
30,23	S L	F	50	Free	2022/07/15 WCA SC Championships 2022
31,14	L	F	50	Free	2022/09/24 CTA Qualifying Meet #5
1:07,03	S	F	100	Free	2022/07/15 WCA SC Championships 2022
1:08,27	L	F	100	Free	2022/09/24 CTA Qualifying Meet #5
2:34,75	L	F	200	Free	2022/09/24 CTA Qualifying Meet #5
<b>Rossouw, Luc R (11) 2011/03/09 M (Yr: BR)</b>					
38,03	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
<b>Rossouw, Nadia (16) 2006/10/15 W (Yr: BR)</b>					
1:06,43	L	F	100	Free	2022/09/24 CTA Qualifying Meet #5
2:33,24	L	F	200	Free	2022/09/24 CTA Qualifying Meet #5
<b>Rulashe, Luthando L (12) 2010/12/06 M (Yr: BR)</b>					
43,77	L	F	50	Free	2022/11/12 CTA B CHAMPS
48,31	S	F	50	Free	2022/08/20 CTA Future Stars Meet #3 - CURRO CC
<b>Rulashe, Olwam U (14) 2008/11/27 M (Yr: BR)</b>					
34,82	L	F	50	Free	2022/11/12 CTA B CHAMPS
36,51	S	F	50	Free	2022/08/20 CTA Future Stars Meet #3 - CURRO CC
1:19,86	S	F	100	Free	2022/06/11 CTA Future Stars Meet #1
1:24,63	L	F	100	Free	2022/11/12 CTA B CHAMPS
<b>Ryser, Aurora (15) 2007/04/14 W (Yr: BR)</b>					

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event
<b>Ryser, Aurora (15) 2007/04/14 W (Yr: BR)</b>		
30,22 L	F	50 Free 2022/10/07 41st Freda Barnard Invitational Gala
1:07,17 L	P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
2:27,35 L L	F	200 Free 2022/12/09 Western Cape LC-A Championship 2022
5:11,64 L	F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
<b>Schenck, Maya K (8) 2014/06/06 W (Yr: CN)</b>		
44,39 L	F	50 Free 2022/11/12 CTA B CHAMPS
48,48 S	F	50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
1:46,49 L	F	100 Free 2022/11/12 CTA B CHAMPS
2:00,75 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Senekal, Margo (13) 2009/09/30 W (Yr: BR)</b>		
32,36 L	F	50 Free 2022/09/03 CTA Qualifying Meet #4
32,47 S L	F	50 Free 2022/07/15 WCA SC Championships 2022
1:10,41 L	P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:11,37 S	F	100 Free 2022/07/15 WCA SC Championships 2022
2:32,62 L	P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
5:18,33 L	F	400 Free 2022/11/04 CTA A CHAMPS 2022
<b>September, Shayden D (11) 2011/03/11 M (Yr: BR)</b>		
38,22 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
38,68 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:29,43 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022
1:32,44 S	F	100 Free 2022/07/15 WCA SC Championships 2022
3:15,15 L	F	200 Free 2022/11/04 CTA A CHAMPS 2022
<b>Sheldon, Rua L (13) 2009/09/01 M (Yr: BR)</b>		
35,86 L	F	50 Free 2022/10/15 CTA Qualifying Meet #6
36,53 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:22,76 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
3:16,31 L	F	200 Free 2022/10/15 CTA Qualifying Meet #6
<b>Smith, Courtney E (16) 2006/03/09 W (Yr: BR)</b>		
32,65 S S	P	50 Free 2022/07/02 CTA Invitational Meet - July 2022
32,93 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:10,72 S	F	100 Free 2022/07/15 WCA SC Championships 2022
1:11,32 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022
2:39,00 L	F	200 Free 2022/10/15 CTA Qualifying Meet #6
5:11,65 S	F	400 Free 2022/07/15 WCA SC Championships 2022
20:52,62 S	F	1500 Free 2022/08/13 CTA Qualifying Meet #3
21:34,28 L	F	1500 Free 2022/10/15 CTA Qualifying Meet #6
<b>Smith, Lara E (14) 2008/05/20 W (Yr: BR)</b>		
30,96 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
31,30 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:09,21 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022
1:10,84 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:35,87 L	F	200 Free 2022/10/15 CTA Qualifying Meet #6
<b>Smith, Nicolas J (10) 2013/01/20 M (Yr: CN)</b>		
43,97 S	F	50 Free 2022/11/19 CTA Future Stars Meet #6
1:48,88 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Smith, Sebastian N (13) 2009/05/26 M (Yr: BR)</b>		
29,10 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
1:02,80 L	P	100 Free 2022/12/09 Western Cape LC-A Championship 2022
1:06,36 S	F	100 Free 2022/07/15 WCA SC Championships 2022
2:13,44 L	F	200 Free 2022/12/09 Western Cape LC-A Championship 2022
2:25,00 S	P	200 Free 2022/07/02 CTA Invitational Meet - July 2022
4:51,22 L	F	400 Free 2022/11/04 CTA A CHAMPS 2022
<b>Sonnekus, Anya (11) 2011/10/24 W (Yr: BR)</b>		
37,14 L	F	50 Free 2022/11/04 CTA A CHAMPS 2022
38,65 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:21,94 L	F	100 Free 2022/09/03 CTA Qualifying Meet #4
1:22,24 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
2:54,14 L	F	200 Free 2022/11/04 CTA A CHAMPS 2022
3:10,32 S	F	200 Free 2022/07/02 CTA Invitational Meet - July 2022

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
<b>Sonnekus, Anya (11) 2011/10/24 W (Yr: BR)</b>					
6:28,32 S	F	400 Free	2022/07/15	WCA SC Championships 2022	
<b>Steyn, Lucy S (12) 2010/05/16 W (Yr: CR)</b>					
33,44 L	F	50 Free	2022/11/11	Swartland Prestige Gala 2022	
34,95 S	F	50 Free	2022/08/13	CTA Qualifying Meet #3	
1:16,19 L	F	100 Free	2022/11/11	Swartland Prestige Gala 2022	
1:21,20 S	F	100 Free	2022/07/15	WCA SC Championships 2022	
2:45,80 L	F	200 Free	2022/11/04	CTA A CHAMPS 2022	
2:59,17 S	F	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
5:58,18 L	F	400 Free	2022/09/03	CTA Qualifying Meet #4	
<b>Strydom, Luan (14) 2008/10/15 M (Yr: CN)</b>					
37,10 S	F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
1:16,41 S	F	100 Free	2022/11/19	CTA Future Stars Meet #6	
1:18,27 L	F	100 Free	2022/11/12	CTA B CHAMPS	
2:48,10 S	F	200 Free	2022/11/19	CTA Future Stars Meet #6	
2:55,18 L	F	200 Free	2022/11/12	CTA B CHAMPS	
<b>Strydom, Stephan (17) 2005/07/17 M (Yr: BR)</b>					
27,09 L S	P	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
58,98 L	P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:00,06 S	F	100 Free	2022/07/23	CTA Qualifying Meet #2	
2:08,63 L	P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:09,90 S	F	200 Free	2022/06/04	CTA Qualifying Meet #1	
4:33,47 L	F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
9:35,68 L S	F	800 Free	2022/12/09	Western Cape LC-A Championship 2022	
18:01,50 S	F	1500 Free	2022/08/13	CTA Qualifying Meet #3	
18:11,68 L	F	1500 Free	2022/12/09	Western Cape LC-A Championship 2022	
<b>Swartz, Levi R (11) 2011/10/25 M (Yr: BR)</b>					
51,39 S	F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
54,54 L	F	50 Free	2022/11/12	CTA B CHAMPS	
2:03,83 S	F	100 Free	2022/09/10	CTA Future Stars Meet #4 - FAIRMONT	
2:11,07 L	F	100 Free	2022/11/12	CTA B CHAMPS	
<b>Swartz, Lyle T (14) 2008/05/30 M (Yr: BR)</b>					
29,44 L	F	50 Free	2022/10/15	CTA Qualifying Meet #6	
30,15 S	F	50 Free	2022/07/15	WCA SC Championships 2022	
1:08,93 S	F	100 Free	2022/07/15	WCA SC Championships 2022	
1:10,62 L	F	100 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Swartz, Seth J (9) 2013/12/09 M (Yr: BR)</b>					
25,69 L	F	25 Free	2022/11/12	CTA B CHAMPS	
27,17 S	F	25 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
58,09 S	F	50 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Terblanche, Kiaan C (17) 2005/10/17 M (Yr: BR)</b>					
58,20 S	P	100 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
58,75 L	P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:05,33 S	F	200 Free	2022/06/04	CTA Qualifying Meet #1	
2:07,95 L	P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
4:20,39 S	F	400 Free	2022/06/04	CTA Qualifying Meet #1	
4:33,47 L	F	400 Free	2022/06/25	PEA Winter Gala 2022	
9:23,81 L	F	800 Free	2022/06/25	PEA Winter Gala 2022	
17:46,63 L S	F	1500 Free	2022/06/25	PEA Winter Gala 2022	
<b>Terblanche, Luan L (14) 2008/08/12 M (Yr: BR)</b>					
1:03,89 L	P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:05,86 S	P	100 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
2:16,36 L	P	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:19,37 S	P	200 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
4:44,15 L	F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
4:44,79 S	F	400 Free	2022/06/04	CTA Qualifying Meet #1	
9:35,36 L S	F	800 Free	2022/12/09	Western Cape LC-A Championship 2022	
18:10,56 L	F	1500 Free	2022/12/09	Western Cape LC-A Championship 2022	
18:30,30 S	F	1500 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
1:05,15 L	O	5000 Free	2022/10/23	EC Swim Series OWS 1 2022	

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
<b>Thomas, Carina (10) 2012/05/21 W (Yr: BR)</b>					
1:35,66	S	F	100	Free	2022/06/11 CTA Future Stars Meet #1
3:27,82	L	F	200	Free	2022/10/15 CTA Qualifying Meet #6
<b>Thompson, Leila (13) 2009/08/19 W (Yr: BR)</b>					
38,91	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
40,30	L	F	50	Free	2022/09/24 CTA Qualifying Meet #5
1:27,76	S	F	100	Free	2022/07/23 CTA Qualifying Meet #2
3:16,39	S	F	200	Free	2022/10/22 CTA Future Stars Meet #5
<b>Trower, Michael (11) 2011/03/08 M (Yr: BR)</b>					
33,05	L	F	50	Free	2022/11/04 CTA A CHAMPS 2022
33,43	S	F	50	Free	2022/07/15 WCA SC Championships 2022
1:13,60	L	P	100	Free	2022/12/09 Western Cape LC-A Championship 2022
1:14,79	S	F	100	Free	2022/07/15 WCA SC Championships 2022
2:37,34	L	F	200	Free	2022/12/09 Western Cape LC-A Championship 2022
2:44,46	S	F	200	Free	2022/07/15 WCA SC Championships 2022
5:34,99	L	F	400	Free	2022/11/04 CTA A CHAMPS 2022
5:35,79	S	F	400	Free	2022/07/15 WCA SC Championships 2022
48,40	L	O	3000	Free	2022/10/23 EC Swim Series OWS 1 2022
<b>Trower, Nicholas T (14) 2008/12/18 M (Yr: BR)</b>					
26,53	L S	F	50	Free	2022/12/09 Western Cape LC-A Championship 2022
26,55	S	P	50	Free	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
56,92	L	F	100	Free	2022/11/04 CTA A CHAMPS 2022
57,76	S	F	100	Free	2022/07/15 WCA SC Championships 2022
2:04,37	L	F	200	Free	2022/12/09 Western Cape LC-A Championship 2022
2:10,27	S	F	200	Free	2022/07/02 CTA Invitational Meet - July 2022
4:28,89	L	F	400	Free	2022/12/09 Western Cape LC-A Championship 2022
4:32,52	S	P	400	Free	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
9:21,82	L S	F	800	Free	2022/12/09 Western Cape LC-A Championship 2022
9:25,94	S	F	800	Free	2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
18:46,95	L	F	1500	Free	2022/09/03 CTA Qualifying Meet #4
1:10,46	L	O	5000	Free	2022/10/23 EC Swim Series OWS 1 2022
<b>Uys, Tara (17) 2005/04/21 W (Yr: BR)</b>					
29,26	L	F	50	Free	2022/09/03 CTA Qualifying Meet #4
1:02,22	L	F	100	Free	2022/12/09 Western Cape LC-A Championship 2022
2:17,12	L	F	200	Free	2022/12/09 Western Cape LC-A Championship 2022
4:47,15	L	F	400	Free	2022/12/09 Western Cape LC-A Championship 2022
<b>Van Heerden, Cassie A (10) 2012/03/05 W (Yr: CN)</b>					
50,95	S	F	50	Free	2022/08/20 CTA Future Stars Meet #3 - CURRO CC
1:44,70	S	F	100	Free	2022/11/19 CTA Future Stars Meet #6
<b>Van Jaarsveld, Bianca I (8) 2014/03/25 W (Yr: BR)</b>					
1:58,09	S	F	100	Free	2022/06/11 CTA Future Stars Meet #1
<b>Van Onselen, Annabelle (8) 2014/09/19 W (Yr: CN)</b>					
47,16	S	F	50	Free	2022/11/19 CTA Future Stars Meet #6
47,31	L	F	50	Free	2022/11/12 CTA B CHAMPS
1:48,25	L	F	100	Free	2022/11/12 CTA B CHAMPS
1:55,15	S	F	100	Free	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Van Onselen, Pierre S (9) 2013/03/15 M (Yr: BR)</b>					
37,22	S	F	50	Free	2022/11/19 CTA Future Stars Meet #6
38,73	L	F	50	Free	2022/09/24 CTA Qualifying Meet #5
1:28,48	L	F	100	Free	2022/11/12 CTA B CHAMPS
1:31,00	S	F	100	Free	2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
3:10,74	S	F	200	Free	2022/10/22 CTA Future Stars Meet #5
3:16,23	L	F	200	Free	2022/11/12 CTA B CHAMPS
<b>Van Rensburg, Janco (12) 2010/11/22 M (Yr: BR)</b>					
37,84	L	F	50	Free	2022/11/11 Swartland Prestige Gala 2022
40,27	S	F	50	Free	2022/08/13 CTA Qualifying Meet #3
1:27,37	S	F	100	Free	2022/07/23 CTA Qualifying Meet #2
1:28,50	L	F	100	Free	2022/10/15 CTA Qualifying Meet #6
3:02,50	L	F	200	Free	2022/11/11 Swartland Prestige Gala 2022
3:22,14	S	F	200	Free	2022/06/04 CTA Qualifying Meet #1

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event			
<b>Van Rooyen, Liam C (9) 2013/09/04 M (Yr: BR)</b>					
2:30,59	S F	100 Free	2022/06/11	CTA Future Stars Meet #1	
<b>Van Rooyen, Michelle C (15) 2007/09/02 W (Yr: BR)</b>					
35,90	L F	50 Free	2022/11/04	CTA A CHAMPS 2022	
1:19,24	S F	100 Free	2022/07/23	CTA Qualifying Meet #2	
1:19,28	L F	100 Free	2022/11/04	CTA A CHAMPS 2022	
2:43,62	L F	200 Free	2022/11/04	CTA A CHAMPS 2022	
<b>Van Tonder, Charnè (15) 2007/10/10 W (Yr: BR)</b>					
29,10	L F	50 Free	2022/09/24	CTA Qualifying Meet #5	
1:03,65	L F	100 Free	2022/11/04	CTA A CHAMPS 2022	
2:24,66	L F	200 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Van Tonder, Danelle (12) 2010/08/28 W (Yr: BR)</b>					
34,92	L F	50 Free	2022/11/04	CTA A CHAMPS 2022	
3:11,16	L F	200 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Van Tubbergh, Juan (14) 2008/04/10 M (Yr: CR)</b>					
30,81	S F	50 Free	2022/08/20	CTA Future Stars Meet #3 - CURRO CC	
<b>Van Vondel, Anton J (16) 2006/12/21 M (Yr: BR)</b>					
25,80	L L F	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
57,32	S P	100 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
58,62	L L F	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
2:05,21	S P	200 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
2:08,08	L L F	200 Free	2022/12/09	Western Cape LC-A Championship 2022	
4:31,10	L F	400 Free	2022/12/09	Western Cape LC-A Championship 2022	
4:36,39	S P	400 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
9:14,32	S F	800 Free	2022/08/11	Sa Short Course Swimming Champs (25m) PMBG 22	
9:39,98	L S F	800 Free	2022/12/09	Western Cape LC-A Championship 2022	
<b>Van Vondel, Roland (11) 2011/04/09 M (Yr: BR)</b>					
1:30,88	L F	100 Free	2022/09/03	CTA Qualifying Meet #4	
3:10,50	L F	200 Free	2022/11/11	Swartland Prestige Gala 2022	
<b>Van Zyl, Daniël R (11) 2011/08/04 M (Yr: BR)</b>					
30,61	S L F	25 Free	2022/07/15	WCA SC Championships 2022	
31,75	L S F	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
32,81	S S F	50 Free	2022/07/02	CTA Invitational Meet - July 2022	
1:08,15	L F	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:11,27	S S F	100 Free	2022/07/02	CTA Invitational Meet - July 2022	
2:27,23	L F	200 Free	2022/11/04	CTA A CHAMPS 2022	
2:36,06	S F	200 Free	2022/07/02	CTA Invitational Meet - July 2022	
5:09,30	L F	400 Free	2022/11/04	CTA A CHAMPS 2022	
5:26,50	S F	400 Free	2022/07/15	WCA SC Championships 2022	
<b>Van Zyl, Lily M (9) 2014/02/13 W (Yr: CN)</b>					
46,50	S F	50 Free	2022/11/19	CTA Future Stars Meet #6	
<b>Vd Merwe, Elizabeth (11) 2011/03/13 W (Yr: BR)</b>					
40,95	S F	50 Free	2022/08/13	CTA Qualifying Meet #3	
1:27,20	L F	100 Free	2022/11/04	CTA A CHAMPS 2022	
3:16,89	L F	200 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Vd Waal, Anke R (15) 2007/07/04 W (Yr: BR)</b>					
33,37	S F	50 Free	2022/07/15	WCA SC Championships 2022	
33,88	L F	50 Free	2022/09/03	CTA Qualifying Meet #4	
1:14,90	S F	100 Free	2022/07/15	WCA SC Championships 2022	
1:16,03	L F	100 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Vd Waal, Hanno W (13) 2009/11/30 M (Yr: BR)</b>					
32,93	S F	50 Free	2022/07/15	WCA SC Championships 2022	
33,29	L F	50 Free	2022/09/03	CTA Qualifying Meet #4	
1:14,05	S F	100 Free	2022/07/15	WCA SC Championships 2022	
1:16,88	L F	100 Free	2022/10/15	CTA Qualifying Meet #6	
<b>Vermeulen, Hanco (13) 2009/04/04 M (Yr: BR)</b>					
29,06	L L F	50 Free	2022/12/09	Western Cape LC-A Championship 2022	
31,31	S F	50 Free	2022/07/15	WCA SC Championships 2022	
1:03,28	L P	100 Free	2022/12/09	Western Cape LC-A Championship 2022	
1:08,37	S F	100 Free	2022/07/15	WCA SC Championships 2022	

## Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event
<b>Vermeulen, Hanco (13) 2009/04/04 M (Yr: BR)</b>		
2:22,13 L	F	200 Free 2022/12/09 Western Cape LC-A Championship 2022
<b>Vermeulen, Mieka (12) 2010/05/18 W (Yr: BR)</b>		
36,33 S	F	50 Free 2022/07/15 WCA SC Championships 2022
36,99 L	F	50 Free 2022/10/15 CTA Qualifying Meet #6
1:22,62 L	F	100 Free 2022/09/24 CTA Qualifying Meet #5
1:27,71 S	F	100 Free 2022/07/15 WCA SC Championships 2022
3:14,49 L	F	200 Free 2022/11/04 CTA A CHAMPS 2022
3:16,22 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
<b>Visagie, Daniël C (12) 2010/09/01 M (Yr: BR)</b>		
1:28,98 S	F	100 Free 2022/07/23 CTA Qualifying Meet #2
3:18,12 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
<b>Volschenk, Ben T (16) 2006/04/17 M (Yr: BR)</b>		
25,29 L S	P	50 Free 2022/12/09 Western Cape LC-A Championship 2022
26,23 S	F	50 Free 2022/07/15 WCA SC Championships 2022
56,79 L L	F	100 Free 2022/12/09 Western Cape LC-A Championship 2022
57,37 S	F	100 Free 2022/07/15 WCA SC Championships 2022
2:04,95 S	F	200 Free 2022/07/15 WCA SC Championships 2022
2:06,80 L	P	200 Free 2022/12/09 Western Cape LC-A Championship 2022
4:35,23 S	F	400 Free 2022/07/15 WCA SC Championships 2022
4:36,14 L	F	400 Free 2022/11/04 CTA A CHAMPS 2022
<b>Volschenk, Mila (12) 2010/03/21 W (Yr: BR)</b>		
35,32 S	F	50 Free 2022/07/15 WCA SC Championships 2022
1:21,85 S	F	100 Free 2022/07/15 WCA SC Championships 2022
3:08,23 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
<b>Vorster, Janru (10) 2013/02/11 M (Yr: CN)</b>		
44,87 S	F	50 Free 2022/11/19 CTA Future Stars Meet #6
45,99 L	F	50 Free 2022/11/12 CTA B CHAMPS
1:43,37 L	F	100 Free 2022/11/12 CTA B CHAMPS
1:50,55 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Wait, Hugo (8) 2014/09/01 M (Yr: CN)</b>		
46,40 S	F	50 Free 2022/11/19 CTA Future Stars Meet #6
1:57,94 S	F	100 Free 2022/09/10 CTA Future Stars Meet #4 - FAIRMONT
<b>Wentzel, Kara (11) 2011/03/17 W (Yr: CN)</b>		
1:54,82 S	F	100 Free 2022/06/11 CTA Future Stars Meet #1
<b>West, Gabriel (18) 2004/12/01 M (Yr: BR)</b>		
25,07 S	P	50 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
25,22 L S	F	50 Free 2022/12/09 Western Cape LC-A Championship 2022
54,97 S	P	100 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
55,55 L	F	100 Free 2022/12/09 Western Cape LC-A Championship 2022
2:01,10 S	P	200 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
2:02,20 L	F	200 Free 2022/12/09 Western Cape LC-A Championship 2022
4:18,46 S	F	400 Free 2022/07/02 CTA Invitational Meet - July 2022
4:24,68 L	F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
<b>Weza, Lithe-Thaa (14) 2008/10/30 M (Yr: BR)</b>		
43,62 S	F	50 Free 2022/08/20 CTA Future Stars Meet #3 - CURRO CC
<b>Wright, Dylan (20) 2002/08/06 M (Yr: BR)</b>		
23,06 S L	F	25 Free 2022/07/15 WCA SC Championships 2022
24,70 S S	F	50 Free 2022/07/02 CTA Invitational Meet - July 2022
52,77 S	F	100 Free 2022/07/02 CTA Invitational Meet - July 2022
1:52,20 S	P	200 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
3:55,83 S	F	400 Free 2022/08/11 Sa Short Course Swimming Champs (25m) PMBG 22
<b>Wright, Jonah S (12) 2010/12/15 M (Yr: BR)</b>		
42,35 S	F	50 Free 2022/08/13 CTA Qualifying Meet #3
1:34,61 L	F	100 Free 2022/09/24 CTA Qualifying Meet #5
3:24,17 S	F	200 Free 2022/06/04 CTA Qualifying Meet #1
<b>Wright, Keegan (16) 2006/04/18 M (Yr: BR)</b>		
26,37 L	F	50 Free 2022/10/15 CTA Qualifying Meet #6
26,39 S	F	50 Free 2022/07/15 WCA SC Championships 2022
57,33 L	F	100 Free 2022/11/04 CTA A CHAMPS 2022

### Individual Top Times

Times since: 01-May-22

Time	P/F/S	Event
<b>Wright, Keegan (16) 2006/04/18 M (Yr: BR)</b>		
58,10 S	F	100 Free 2022/07/15 WCA SC Championships 2022
2:00,55 S	F	200 Free 2022/07/15 WCA SC Championships 2022
2:01,70 L	F	200 Free 2022/12/09 Western Cape LC-A Championship 2022
4:11,77 S	F	400 Free 2022/07/02 CTA Invitational Meet - July 2022
4:14,29 L	F	400 Free 2022/12/09 Western Cape LC-A Championship 2022
8:49,06 S	F	800 Free 2022/07/15 WCA SC Championships 2022
8:51,32 L S	F	800 Free 2022/12/09 Western Cape LC-A Championship 2022
17:00,60 S S	F	1500 Free 2022/07/02 CTA Invitational Meet - July 2022
17:18,38 L	F	1500 Free 2022/12/09 Western Cape LC-A Championship 2022