

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

Location: Oudshoorn

WOMEN	Event	Time	Date	Meet
Abrahams, Tahnah (12) 2007/06/03 MANT-CPT				
# 104	Women 12-12 400 Free	5:23,09L	2019/09/06	CTA QUALIFYING GALA #1
# 202B	Women 12-12 200 Free	2:31,83L	2019/09/26	Aquabear Invitational Meet 2019
# 206B	Women 12-12 100 Breast	1:28,17L	2019/09/06	CTA QUALIFYING GALA #1
# 302B	Women 12-12 100 Free	1:08,21L	2019/09/06	CTA QUALIFYING GALA #1
# 306B	Women 12-12 50 Breast	39,62L	2019/09/26	Aquabear Invitational Meet 2019
# 310B	Women 12-12 100 Back	1:20,16L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314B	Women 12-12 200 IM	2:52,11L	2019/09/06	CTA QUALIFYING GALA #1
# 402B	Women 12-12 50 Free	31,07L	2019/09/26	Aquabear Invitational Meet 2019
# 406B	Women 12-12 200 Breast	3:15,50L	2019/09/06	CTA QUALIFYING GALA #1
# 410B	Women 12-12 200 Back	2:54,51L	2019/09/26	Aquabear Invitational Meet 2019
# 412B	Women 12-12 50 Fly	36,20L	2020/01/25	CTA TYR QUALIFYING GALA #3
Adams, Keesha (13) 2006/06/13 PLAY-CED				
# 206C	Women 13-13 100 Breast	1:26,57L	2019/09/26	Aquabear Invitational Meet 2019
# 208C	Women 13-13 50 Back	39,80L	2019/09/26	Aquabear Invitational Meet 2019
# 212C	Women 13-13 100 Fly	1:24,21L	2019/09/26	Aquabear Invitational Meet 2019
# 306C	Women 13-13 50 Breast	39,29L	2019/09/11	13th CANA Junior African Champs-Tunisia
# 314C	Women 13-13 200 IM	2:57,78L	2019/09/26	Aquabear Invitational Meet 2019
# 402C	Women 13-13 50 Free	31,86L	2019/09/26	Aquabear Invitational Meet 2019
# 406C	Women 13-13 200 Breast	3:08,81L	2019/09/11	13th CANA Junior African Champs-Tunisia
# 412C	Women 13-13 50 Fly	34,44L	2019/09/11	13th CANA Junior African Champs-Tunisia
Allwood, Kate S (11) 2008/05/31 GREY-CPT				
# 204A	Women 14 & Under 200 IM	4:02,23L	2019/08/17	CTMA LEVEL 1 #3
# 210A	Women 14 & Under 50 Back	54,92L	2019/07/20	CTMA LEVEL 1 #2
# 304A	Women 14 & Under 100 Free	1:30,66L	2019/08/17	CTMA LEVEL 1 #3
# 308A	Women 14 & Under 50 Breast	50,99L	2020/01/18	Cape of Good Hope Gala
# 404A	Women 14 & Under 50 Free	40,33L	2019/07/20	CTMA LEVEL 1 #2
# 408A	Women 14 & Under 100 Breast	1:47,54L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 414A	Women 14 & Under 50 Fly	54,28L	2020/01/18	Cape of Good Hope Gala
Amon, Leeya H (11) 2008/11/09 TYGE-CPT				
# 102A	Women 11 & Under 400 Free	5:45,83L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 202A	Women 11 & Under 200 Free	2:56,65L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 208A	Women 11 & Under 50 Back	46,57L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 212A	Women 11 & Under 100 Fly	1:30,97L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 302A	Women 11 & Under 100 Free	1:18,77L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310A	Women 11 & Under 100 Back	1:28,76L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314A	Women 11 & Under 200 IM	3:10,88L	2019/12/01	Western Cape Summer Championships 2019
# 402A	Women 11 & Under 50 Free	39,43L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 410A	Women 11 & Under 200 Back	3:10,06L	2019/09/06	CTA QUALIFYING GALA #1
# 412A	Women 11 & Under 50 Fly	48,85L	2019/06/17	CTMA Youth Day Sprints
Aucamp, Mila (12) 2007/07/24 TYGE-CPT				
# 302B	Women 12-12 100 Free	1:13,23L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310B	Women 12-12 100 Back	1:24,88L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 314B	Women 12-12 200 IM	3:04,22L	2019/12/01	Western Cape Summer Championships 2019
# 402B	Women 12-12 50 Free	34,26L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 410B	Women 12-12 200 Back	2:58,71L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 412B	Women 12-12 50 Fly	35,04L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Beetge, Amy (12) 2007/04/28 VINE-CPT				
# 206B	Women 12-12 100 Breast	1:34,66L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 302B	Women 12-12 100 Free	1:15,32L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 306B	Women 12-12 50 Breast	45,46L	2019/11/02	Swartland Invitational #1
# 402B	Women 12-12 50 Free	36,34L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 406B	Women 12-12 200 Breast	3:25,44L	2020/01/25	CTA TYR QUALIFYING GALA #3
Benade, Kerry (15) 2004/11/12 SAAW-CPT				
# 202E	Women 15-16 200 Free	2:39,36L	2019/12/07	Valley Classic Meet
# 208E	Women 15-16 50 Back	35,06L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
# 302E	Women 15-16 100 Free	1:06,81L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 310E	Women 15-15 100 Back	1:14,36L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314E	Women 15-16 200 IM	2:49,67L	2019/12/07	Valley Classic Meet
# 402E	Women 15-16 50 Free	30,33L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 410E	Women 15-16 200 Back	2:47,60L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Beste, Christine F (13) 2006/09/12 ASAW-CED				
# 206C	Women 13-13 100 Breast	1:30,01L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 208C	Women 13-13 50 Back	38,99L	2019/12/01	Western Cape Summer Championships 2019
# 306C	Women 13-13 50 Breast	40,68L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 310C	Women 13-13 100 Back	1:22,28L	2019/07/27	Winelands Senior League 1 - 27 July 2019
# 314C	Women 13-13 200 IM	3:00,84L	2019/10/19	Winelands Senior League 4 - 19 Oct 2019
# 402C	Women 13-13 50 Free	36,32L	2019/09/21	Winelands Senior League 3 - 21Sept 2019
# 406C	Women 13-13 200 Breast	3:03,07L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 412C	Women 13-13 50 Fly	39,28L	2020/01/25	West Coast Qualify Gala 2020
Boegman, Femke (13) 2006/11/27 MATI-CED				
# 202C	Women 13-13 200 Free	2:45,34L	2019/10/12	NTS Oct 2019 Age Group Gala
# 206C	Women 13-13 100 Breast	1:29,54L	2019/09/27	NTS September 2019 Age Group Gala Level 3+
# 302C	Women 13-13 100 Free	1:13,47L	2019/10/12	NTS Oct 2019 Age Group Gala
# 306C	Women 13-13 50 Breast	41,25L	2019/09/07	2019 Hillcrest Sprint Gala 12 & Under
# 314C	Women 13-13 200 IM	3:00,68L	2019/10/12	NTS Oct 2019 Age Group Gala
# 402C	Women 13-13 50 Free	34,13L	2019/09/27	NTS September 2019 Age Group Gala Level 3+
# 406C	Women 13-13 200 Breast	3:15,62L	2019/12/04	NTS Championships 2019
# 412C	Women 13-13 50 Fly	42,97L	2019/09/07	2019 Hillcrest Sprint Gala 12 & Under
Borman, Jani (11) 2008/04/21 SWAR-WCD				
# 102A	Women 11 & Under 400 Free	5:48,03L	2020/01/25	West Coast Qualify Gala 2020
# 202A	Women 11 & Under 200 Free	2:45,18L	2020/02/22	Swartland Invitational Gala 2
# 206A	Women 11 & Under 100 Breast	1:43,25L	2020/02/22	Swartland Invitational Gala 2
# 302A	Women 11 & Under 100 Free	1:15,62L	2020/02/22	Swartland Invitational Gala 2
# 310A	Women 11 & Under 100 Back	1:30,22L	2019/08/31	West Coast Spring Invitational Gala 2019
# 314A	Women 11 & Under 200 IM	3:09,46L	2019/12/01	Western Cape Summer Championships 2019
# 402A	Women 11 & Under 50 Free	34,91L	2019/12/01	Western Cape Summer Championships 2019
# 406A	Women 11 & Under 200 Breast	3:33,88L	2020/02/22	Swartland Invitational Gala 2
Bosman, Danelle (13) 2006/08/22 ROA-EDD				
# 208C	Women 13-13 50 Back	34,71L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:15,32L	2019/12/01	Western Cape Summer Championships 2019
# 402C	Women 13-13 50 Free	31,39L	2019/06/14	PEA Winter Gala
# 410C	Women 13-13 200 Back	2:41,62L	2020/02/08	EDEN 5th A-League Gala 2020
Botha, Lara E (13) 2006/07/11 ASAW-CED				
# 106	Women 13-13 400 Free	5:23,58L	2019/12/01	Western Cape Summer Championships 2019
# 202C	Women 13-13 200 Free	2:31,97L	2019/12/01	Western Cape Summer Championships 2019
# 206C	Women 13-13 100 Breast	1:40,54L	2020/02/08	EDEN 5th A-League Gala 2020
# 212C	Women 13-13 100 Fly	1:21,37L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:18,37L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 314C	Women 13-13 200 IM	2:52,76L	2019/11/01	38th Freda Barnard Invitational Gala
# 402C	Women 13-13 50 Free	33,87L	2019/11/01	38th Freda Barnard Invitational Gala
# 410C	Women 13-13 200 Back	2:48,03L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 412C	Women 13-13 50 Fly	36,92L	2019/11/01	38th Freda Barnard Invitational Gala
Bulose, Megan (15) 2004/08/09 QUIC-CPT				
# 206E	Women 15-16 100 Breast	1:26,57L	2019/09/06	CTA QUALIFYING GALA #1
# 208E	Women 15-16 50 Back	34,71L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 302E	Women 15-16 100 Free	1:08,44L	2019/09/26	Aquabear Invitational Meet 2019
# 306E	Women 15-16 50 Breast	39,52L	2020/01/18	Cape of Good Hope Gala
# 310E	Women 15-15 100 Back	1:13,71L	2019/09/06	CTA QUALIFYING GALA #1
# 402E	Women 15-16 50 Free	31,32L	2019/09/26	Aquabear Invitational Meet 2019
# 404B	Women 15-18 50 Free	31,32L	2019/09/26	Aquabear Invitational Meet 2019
# 406E	Women 15-16 200 Breast	3:09,38L	2020/01/18	Cape of Good Hope Gala
# 410E	Women 15-16 200 Back	2:44,62L	2019/07/05	WCA SC Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
Burgess, Cassidy S (11) 2008/04/21 VINE-CPT				
# 202A	Women 11 & Under 200 Free	2:38,12L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 208A	Women 11 & Under 50 Back	36,37L	2019/12/01	Western Cape Summer Championships 2019
# 212A	Women 11 & Under 100 Fly	1:23,81L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 302A	Women 11 & Under 100 Free	1:10,60L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 306A	Women 11 & Under 50 Breast	47,95L	2019/12/01	Western Cape Summer Championships 2019
# 310A	Women 11 & Under 100 Back	1:19,71L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314A	Women 11 & Under 200 IM	3:05,60L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402A	Women 11 & Under 50 Free	31,50L	2019/12/01	Western Cape Summer Championships 2019
# 410A	Women 11 & Under 200 Back	3:01,43L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 412A	Women 11 & Under 50 Fly	34,44L	2019/12/01	Western Cape Summer Championships 2019
Chiang, Kelsey T (15) 2004/12/16 CYBE-CPT				
# 110	Women 15-16 400 Free	5:00,91L	2019/06/15	CTMA JUNIOR SC CHALLENGE
# 202E	Women 15-16 200 Free	2:24,85L	2019/12/01	Western Cape Summer Championships 2019
# 208E	Women 15-16 50 Back	36,08L	2019/10/19	Winelands Senior League 4 - 19 Oct 2019
# 212E	Women 15-16 100 Fly	1:19,45L	2019/11/09	CTMA MEET #4
# 302E	Women 15-16 100 Free	1:07,44L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310E	Women 15-15 100 Back	1:13,37L	2019/06/15	CTMA JUNIOR SC CHALLENGE
# 314E	Women 15-16 200 IM	2:45,02L	2019/07/05	WCA SC Championships 2019
Cilliers, Kara K (14) 2005/04/29 PAQU-CED				
# 206D	Women 14-14 100 Breast	1:24,87L	2020/02/22	Swartland Invitational Gala 2
# 212D	Women 14-14 100 Fly	1:18,81L	2019/12/07	Valley Classic Meet
# 302D	Women 14-14 100 Free	1:12,41L	2019/11/02	Swartland Invitational #1
# 306D	Women 14-14 50 Breast	40,17L	2020/02/29	WCA Junior Champs - 2020
# 314D	Women 14-14 200 IM	2:48,56L	2020/02/22	Swartland Invitational Gala 2
# 406D	Women 14-14 200 Breast	3:12,62L	2020/02/29	WCA Junior Champs - 2020
# 412D	Women 14-14 50 Fly	34,75L	2020/02/29	WCA Junior Champs - 2020
Coetzee, Jada E (13) 2006/04/20 ROA-EDD				
# 106	Women 13-13 400 Free	5:28,53L	2020/02/08	EDEN 5th A-League Gala 2020
# 202C	Women 13-13 200 Free	2:28,91L	2019/12/06	Eden LC Champs 2019
# 206C	Women 13-13 100 Breast	1:29,59L	2019/12/09	SA Schools Swimming Championship 2019
# 208C	Women 13-13 50 Back	36,92L	2019/11/01	38th Freda Barnard Invitational Gala
# 302C	Women 13-13 100 Free	1:06,48L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 310C	Women 13-13 100 Back	1:17,53L	2019/12/01	Western Cape Summer Championships 2019
# 314C	Women 13-13 200 IM	2:48,53L	2019/12/01	Western Cape Summer Championships 2019
# 402C	Women 13-13 50 Free	30,70L	2019/12/09	SA Schools Swimming Championship 2019
# 412C	Women 13-13 50 Fly	33,46L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
Combrink, Amy (11) 2009/03/06 VINE-CPT				
# 202A	Women 11 & Under 200 Free	2:51,92L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 206A	Women 11 & Under 100 Breast	1:35,78L	2019/12/01	Western Cape Summer Championships 2019
# 208A	Women 11 & Under 50 Back	41,42L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 302A	Women 11 & Under 100 Free	1:17,84L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 306A	Women 11 & Under 50 Breast	45,73L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310A	Women 11 & Under 100 Back	1:31,78L	2019/11/02	Swartland Invitational #1
# 314A	Women 11 & Under 200 IM	3:13,07L	2019/11/09	CTMA MEET #4
# 402A	Women 11 & Under 50 Free	34,01L	2019/12/01	Western Cape Summer Championships 2019
# 406A	Women 11 & Under 200 Breast	3:30,45L	2019/12/01	Western Cape Summer Championships 2019
# 412A	Women 11 & Under 50 Fly	41,51L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Cronjè, Danielle (11) 2008/05/15 GREY-CPT				
# 302A	Women 11 & Under 100 Free	1:20,51L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 310A	Women 11 & Under 100 Back	1:32,85L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 314A	Women 11 & Under 200 IM	3:08,03L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 402A	Women 11 & Under 50 Free	32,38L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 410A	Women 11 & Under 200 Back	3:15,34L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 412A	Women 11 & Under 50 Fly	38,46L	2020/01/25	CTA TYR QUALIFYING GALA #3
Daffarn, Erin J (15) 2004/09/20 VINE-CPT				
# 202E	Women 15-16 200 Free	2:21,15L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
# 206E	Women 15-16 100 Breast	1:27,65L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 302E	Women 15-16 100 Free	1:04,61L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 306E	Women 15-16 50 Breast	38,74L	2019/12/17	KZNA Premier Provincial Championship 2019
# 310E	Women 15-15 100 Back	1:15,86L	2019/09/26	Aquabear Invitational Meet 2019
# 314E	Women 15-16 200 IM	2:47,18L	2019/12/17	KZNA Premier Provincial Championship 2019
# 402E	Women 15-16 50 Free	30,10L	2019/12/17	KZNA Premier Provincial Championship 2019
# 412E	Women 15-16 50 Fly	31,83L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
De Villiers, Danielle (13) 2006/10/10 PLAY-CED				
# 302C	Women 13-13 100 Free	1:11,19L	2019/12/01	Western Cape Summer Championships 2019
# 306C	Women 13-13 50 Breast	41,82L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:21,96L	2019/12/01	Western Cape Summer Championships 2019
# 402C	Women 13-13 50 Free	31,38L	2019/09/26	Aquabear Invitational Meet 2019
# 408A	Women 14 & Under 100 Breast	1:33,82L	2019/07/05	WCA SC Championships 2019
Dixon, Lucia (13) 2006/09/22 TYGE-CPT				
# 206C	Women 13-13 100 Breast	1:41,73L	2019/07/05	WCA SC Championships 2019
# 208C	Women 13-13 50 Back	39,18L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 306C	Women 13-13 50 Breast	44,15L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:21,55L	2020/01/18	Cape of Good Hope Gala
# 314C	Women 13-13 200 IM	3:01,47L	2020/02/22	Swartland Invitational Gala 2
# 402C	Women 13-13 50 Free	34,01L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 410C	Women 13-13 200 Back	2:58,98L	2019/09/06	CTA QUALIFYING GALA #1
# 412C	Women 13-13 50 Fly	39,00L	2019/09/06	CTA QUALIFYING GALA #1
Dowdle, Kalyne (12) 2007/06/09 TYGE-CPT				
# 104	Women 12-12 400 Free	5:33,42L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 202B	Women 12-12 200 Free	2:39,56L	2019/12/01	Western Cape Summer Championships 2019
# 208B	Women 12-12 50 Back	35,62L	2019/12/01	Western Cape Summer Championships 2019
# 302B	Women 12-12 100 Free	1:15,58L	2019/11/01	38th Freda Barnard Invitational Gala
# 310B	Women 12-12 100 Back	1:16,22L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314B	Women 12-12 200 IM	2:59,56L	2019/09/06	CTA QUALIFYING GALA #1
# 402B	Women 12-12 50 Free	33,82L	2019/12/01	Western Cape Summer Championships 2019
# 410B	Women 12-12 200 Back	2:45,62L	2020/01/25	CTA TYR QUALIFYING GALA #3
Flack, Rebecca I (12) 2007/11/11 CLSC-WCD				
# 202B	Women 12-12 200 Free	2:49,87L	2019/09/26	Aquabear Invitational Meet 2019
# 208B	Women 12-12 50 Back	39,48L	2019/12/01	Western Cape Summer Championships 2019
# 302B	Women 12-12 100 Free	1:14,75L	2019/09/26	Aquabear Invitational Meet 2019
# 310B	Women 12-12 100 Back	1:25,02L	2019/12/01	Western Cape Summer Championships 2019
# 314B	Women 12-12 200 IM	3:02,78L	2019/12/01	Western Cape Summer Championships 2019
# 402B	Women 12-12 50 Free	32,59L	2019/12/01	Western Cape Summer Championships 2019
# 410B	Women 12-12 200 Back	3:02,48L	2019/12/01	Western Cape Summer Championships 2019
Franks, Madison M (12) 2007/05/09 SAAW-CPT				
# 104	Women 12-12 400 Free	5:19,41L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 202B	Women 12-12 200 Free	2:29,93L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 212B	Women 12-12 100 Fly	1:20,62L	2019/12/01	Western Cape Summer Championships 2019
# 302B	Women 12-12 100 Free	1:07,41L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 310B	Women 12-12 100 Back	1:22,94L	2019/12/07	Valley Classic Meet
# 314B	Women 12-12 200 IM	2:57,67L	2019/12/07	Valley Classic Meet
Goldenhuys, Lize-Mari (14) 2005/05/06 CLSC-WCD				
# 108	Women 14-14 400 Free	5:12,44L	2019/12/01	Western Cape Summer Championships 2019
# 202D	Women 14-14 200 Free	2:25,63L	2019/12/01	Western Cape Summer Championships 2019
# 208D	Women 14-14 50 Back	38,49L	2019/08/31	West Coast Spring Invitational Gala 2019
# 302D	Women 14-14 100 Free	1:08,53L	2019/12/01	Western Cape Summer Championships 2019
# 310D	Women 14-14 100 Back	1:18,43L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 402D	Women 14-14 50 Free	32,29L	2019/12/01	Western Cape Summer Championships 2019
# 410D	Women 14-14 200 Back	2:47,42L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
Glover, Erin K (12) 2008/02/18 TYGE-CPT				
# 104	Women 12-12 400 Free	5:33,18L	2019/12/01	Western Cape Summer Championships 2019
# 202B	Women 12-12 200 Free	2:38,77L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
# 206B	Women 12-12 100 Breast	1:43,14L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 302B	Women 12-12 100 Free	1:13,27L	2019/12/01	Western Cape Summer Championships 2019
# 306B	Women 12-12 50 Breast	52,22L	2019/06/01	CTMA MEET #1
# 314B	Women 12-12 200 IM	3:07,85L	2019/12/01	Western Cape Summer Championships 2019
# 402B	Women 12-12 50 Free	36,50L	2019/12/01	Western Cape Summer Championships 2019
# 410B	Women 12-12 200 Back	3:11,69L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Green, Zoe K (11) 2008/05/07 TYGE-CPT				
# 302A	Women 11 & Under 100 Free	1:18,73L	2019/12/01	Western Cape Summer Championships 2019
# 306A	Women 11 & Under 50 Breast	45,40L	2019/12/01	Western Cape Summer Championships 2019
# 310A	Women 11 & Under 100 Back	1:25,23L	2019/12/01	Western Cape Summer Championships 2019
# 402A	Women 11 & Under 50 Free	34,50L	2019/12/01	Western Cape Summer Championships 2019
# 406A	Women 11 & Under 200 Breast	3:36,35L	2019/12/01	Western Cape Summer Championships 2019
# 410A	Women 11 & Under 200 Back	3:18,65L	2019/11/09	CTMA MEET #4
Haupt, Gemma S (13) 2006/07/03 ASAC-CPT				
# 206C	Women 13-13 100 Breast	1:26,90L	2019/09/06	CTA QUALIFYING GALA #1
# 302C	Women 13-13 100 Free	1:14,19L	2019/09/06	CTA QUALIFYING GALA #1
# 310C	Women 13-13 100 Back	1:23,40L	2019/09/06	CTA QUALIFYING GALA #1
# 314C	Women 13-13 200 IM	2:58,38L	2019/09/06	CTA QUALIFYING GALA #1
# 406C	Women 13-13 200 Breast	3:10,13L	2019/09/06	CTA QUALIFYING GALA #1
Havenga, Skyla K (13) 2006/08/23 CLSC-WCD				
# 106	Women 13-13 400 Free	5:05,58L	2019/12/01	Western Cape Summer Championships 2019
# 202C	Women 13-13 200 Free	2:21,90L	2019/12/01	Western Cape Summer Championships 2019
# 212C	Women 13-13 100 Fly	1:19,21L	2019/12/01	Western Cape Summer Championships 2019
# 302C	Women 13-13 100 Free	1:05,31L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:22,08L	2019/07/05	WCA SC Championships 2019
# 314C	Women 13-13 200 IM	2:51,61L	2019/12/01	Western Cape Summer Championships 2019
# 402C	Women 13-13 50 Free	30,18L	2019/12/01	Western Cape Summer Championships 2019
# 412C	Women 13-13 50 Fly	34,91L	2019/12/01	Western Cape Summer Championships 2019
Herbst, Mienke (13) 2006/04/03 SAAW-CPT				
# 206C	Women 13-13 100 Breast	1:29,51L	2019/12/01	Western Cape Summer Championships 2019
# 302C	Women 13-13 100 Free	1:12,57L	2019/12/01	Western Cape Summer Championships 2019
# 306C	Women 13-13 50 Breast	41,12L	2019/12/01	Western Cape Summer Championships 2019
# 314C	Women 13-13 200 IM	2:58,19L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402C	Women 13-13 50 Free	33,17L	2019/12/01	Western Cape Summer Championships 2019
# 406C	Women 13-13 200 Breast	3:14,21L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Hugo, Anika S (13) 2006/08/04 PAQU-CED				
# 106	Women 13-13 400 Free	5:21,83L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 202C	Women 13-13 200 Free	2:33,67L	2019/11/01	38th Freda Barnard Invitational Gala
# 206C	Women 13-13 100 Breast	1:25,50L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 208C	Women 13-13 50 Back	36,56L	2019/11/01	38th Freda Barnard Invitational Gala
# 212C	Women 13-13 100 Fly	1:12,48L	2019/12/01	Western Cape Summer Championships 2019
# 302C	Women 13-13 100 Free	1:09,24L	2019/12/09	SA Schools Swimming Championship 2019
# 306C	Women 13-13 50 Breast	40,99L	2019/11/01	38th Freda Barnard Invitational Gala
# 310C	Women 13-13 100 Back	1:16,53L	2019/12/09	SA Schools Swimming Championship 2019
# 314C	Women 13-13 200 IM	2:41,16L	2019/12/01	Western Cape Summer Championships 2019
# 402C	Women 13-13 50 Free	31,69L	2019/07/05	WCA SC Championships 2019
# 406C	Women 13-13 200 Breast	3:09,73L	2019/11/01	38th Freda Barnard Invitational Gala
# 410C	Women 13-13 200 Back	2:46,74L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 412C	Women 13-13 50 Fly	32,69L	2019/11/01	38th Freda Barnard Invitational Gala
Jagers, Jenna (19) 2001/03/13 MANT-CPT				
# 206F	Women 17 & Over 100 Breast	1:48,80L	2019/12/01	Western Cape Summer Championships 2019
# 208F	Women 17 & Over 50 Back	48,28L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 302F	Women 17 & Over 100 Free	1:44,12L	2019/09/26	Aquabear Invitational Meet 2019
# 306F	Women 17 & Over 50 Breast	54,06L	2019/09/06	CTA QUALIFYING GALA #1
# 402F	Women 17 & Over 50 Free	42,06L	2019/12/01	Western Cape Summer Championships 2019
# 412F	Women 17 & Over 50 Fly	50,95L	2019/09/26	Aquabear Invitational Meet 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
Janse Van Rensburg, Minke (15) 2004/10/04 FISH-EDD				
# 204B	Women 15-18 200 IM	4:14,17L	2019/11/01	38th Freda Barnard Invitational Gala
# 304B	Women 15-18 100 Free	1:24,16L	2019/11/16	EDEN 3rd A-League Gala 2019
# 308B	Women 15-18 50 Breast	59,84L	2019/12/09	SA Schools Swimming Championship 2019
# 404B	Women 15-18 50 Free	35,50L	2019/12/09	SA Schools Swimming Championship 2019
# 414B	Women 15-18 50 Fly	48,01L	2019/12/09	SA Schools Swimming Championship 2019
Jephthah, Aimeè-Jane (16) 2003/09/13 PAQU-CED				
# 208E	Women 15-16 50 Back	35,69L	2019/06/22	Langebaan Winter Mist Gala 2019
# 212E	Women 15-16 100 Fly	1:17,38L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 302E	Women 15-16 100 Free	1:08,04L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 310F	Women 16-18 100 Back	1:14,94L	2020/01/18	Cape of Good Hope Gala
# 402E	Women 15-16 50 Free	31,29L	2019/12/09	SA Schools Swimming Championship 2019
# 410E	Women 15-16 200 Back	2:40,78L	2020/01/18	Cape of Good Hope Gala
# 412E	Women 15-16 50 Fly	33,50L	2020/01/25	West Coast Qualify Gala 2020
Jones, Gemma K (12) 2008/02/15 SAAW-CPT				
# 202B	Women 12-12 200 Free	2:34,29L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 208B	Women 12-12 50 Back	37,12L	2019/12/01	Western Cape Summer Championships 2019
# 302B	Women 12-12 100 Free	1:12,22L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 310B	Women 12-12 100 Back	1:20,57L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 314B	Women 12-12 200 IM	2:58,08L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402B	Women 12-12 50 Free	34,74L	2019/09/06	CTA QUALIFYING GALA #1
# 410B	Women 12-12 200 Back	2:52,39L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 412B	Women 12-12 50 Fly	37,41L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Josephs, Zoë (14) 2005/05/11 ASAW-CED				
# 206D	Women 14-14 100 Breast	1:26,78L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 306D	Women 14-14 50 Breast	39,75L	2019/12/09	SA Schools Swimming Championship 2019
# 314D	Women 14-14 200 IM	2:57,47L	2020/02/22	Swartland Invitational Gala 2
# 402D	Women 14-14 50 Free	32,87L	2019/12/01	Western Cape Summer Championships 2019
# 406D	Women 14-14 200 Breast	3:07,64L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 412D	Women 14-14 50 Fly	38,86L	2019/12/09	SA Schools Swimming Championship 2019
Kotzè, Jacoba C (16) 2004/02/09 CUDU-CPT				
# 206E	Women 15-16 100 Breast	1:25,64L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 302E	Women 15-16 100 Free	1:08,26L	2019/12/01	Western Cape Summer Championships 2019
# 314E	Women 15-16 200 IM	2:48,69L	2019/09/06	CTA QUALIFYING GALA #1
# 406E	Women 15-16 200 Breast	3:07,24L	2019/12/01	Western Cape Summer Championships 2019
Kuun, Melissa (12) 2007/08/21 FISH-EDD				
# 208B	Women 12-12 50 Back	35,67L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 212B	Women 12-12 100 Fly	1:18,20L	2019/12/06	Eden LC Champs 2019
# 302B	Women 12-12 100 Free	1:08,12L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 310B	Women 12-12 100 Back	1:21,45L	2019/12/06	Eden LC Champs 2019
# 314B	Women 12-12 200 IM	2:52,29L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 402B	Women 12-12 50 Free	31,39L	2020/02/08	EDEN 5th A-League Gala 2020
# 412B	Women 12-12 50 Fly	33,23L	2019/12/06	Eden LC Champs 2019
La Grange, Emma (12) 2008/02/11 ASAW-CED				
# 104	Women 12-12 400 Free	5:41,24L	2019/12/01	Western Cape Summer Championships 2019
# 202B	Women 12-12 200 Free	2:43,65L	2019/12/01	Western Cape Summer Championships 2019
# 206B	Women 12-12 100 Breast	1:41,81L	2020/01/25	West Coast Qualify Gala 2020
# 208B	Women 12-12 50 Back	38,43L	2019/12/01	Western Cape Summer Championships 2019
# 212B	Women 12-12 100 Fly	1:37,50L	2020/01/25	West Coast Qualify Gala 2020
# 302B	Women 12-12 100 Free	1:15,34L	2019/11/02	Swartland Invitational #1
# 310B	Women 12-12 100 Back	1:23,25L	2019/12/01	Western Cape Summer Championships 2019
# 314B	Women 12-12 200 IM	3:02,76L	2019/12/01	Western Cape Summer Championships 2019
# 402B	Women 12-12 50 Free	33,80L	2019/06/08	Winelands Winter Gala
# 410B	Women 12-12 200 Back	3:03,02L	2019/12/01	Western Cape Summer Championships 2019
# 412B	Women 12-12 50 Fly	39,45L	2019/11/02	Swartland Invitational #1
Le Roux, Lucy L (11) 2008/12/17 ASAW-CED				
# 102A	Women 11 & Under 400 Free	6:05,10L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
# 202A	Women 11 & Under 200 Free	2:51,06L	2019/09/26	Aquabear Invitational Meet 2019
# 206A	Women 11 & Under 100 Breast	1:47,14L	2019/09/26	Aquabear Invitational Meet 2019
# 208A	Women 11 & Under 50 Back	40,87L	2020/01/25	West Coast Qualify Gala 2020
# 302A	Women 11 & Under 100 Free	1:20,16L	2019/11/02	Swartland Invitational #1
# 306A	Women 11 & Under 50 Breast	46,77L	2019/09/26	Aquabear Invitational Meet 2019
# 310A	Women 11 & Under 100 Back	1:29,97L	2019/12/01	Western Cape Summer Championships 2019
# 402A	Women 11 & Under 50 Free	35,20L	2019/09/26	Aquabear Invitational Meet 2019
# 410A	Women 11 & Under 200 Back	3:07,63L	2019/09/26	Aquabear Invitational Meet 2019
# 412A	Women 11 & Under 50 Fly	46,50L	2019/08/24	Winelands Senior League 2 - 24Aug 2019
Liebenberg, Emily M (11) 2009/02/10 SWAR-WCD				
# 202A	Women 11 & Under 200 Free	2:55,25L	2020/02/29	WCA Junior Champs - 2020
# 302A	Women 11 & Under 100 Free	1:18,35L	2020/02/29	WCA Junior Champs - 2020
# 314A	Women 11 & Under 200 IM	3:20,99L	2020/02/29	WCA Junior Champs - 2020
# 402A	Women 11 & Under 50 Free	36,05L	2020/02/29	WCA Junior Champs - 2020
# 412A	Women 11 & Under 50 Fly	39,09L	2020/02/29	WCA Junior Champs - 2020
Lombard, Jana (12) 2007/08/22 VINE-CPT				
# 202B	Women 12-12 200 Free	2:43,96L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 208B	Women 12-12 50 Back	35,51L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 212B	Women 12-12 100 Fly	1:21,32L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 302B	Women 12-12 100 Free	1:11,31L	2019/12/01	Western Cape Summer Championships 2019
# 310B	Women 12-12 100 Back	1:17,22L	2019/12/01	Western Cape Summer Championships 2019
# 402B	Women 12-12 50 Free	31,08L	2019/12/01	Western Cape Summer Championships 2019
# 410B	Women 12-12 200 Back	2:50,80L	2019/12/01	Western Cape Summer Championships 2019
# 412B	Women 12-12 50 Fly	34,12L	2019/11/02	Swartland Invitational #1
Lotter, Karli (11) 2008/10/15 ROA-EDD				
# 202A	Women 11 & Under 200 Free	2:54,12L	2019/12/01	Western Cape Summer Championships 2019
# 208A	Women 11 & Under 50 Back	42,43L	2019/07/20	Eden 2nd SC Gala 2019
# 302A	Women 11 & Under 100 Free	1:20,83L	2019/12/01	Western Cape Summer Championships 2019
# 310A	Women 11 & Under 100 Back	1:28,91L	2019/11/01	38th Freda Barnard Invitational Gala
# 402A	Women 11 & Under 50 Free	36,67L	2019/09/13	EDEN SC Champs 2019
# 408A	Women 14 & Under 100 Breast	1:47,80L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 410A	Women 11 & Under 200 Back	3:07,52L	2019/12/01	Western Cape Summer Championships 2019
Mansfield, Isabella K (12) 2007/05/11 CLSC-WCD				
# 104	Women 12-12 400 Free	5:26,33L	2019/07/05	WCA SC Championships 2019
# 202B	Women 12-12 200 Free	2:40,79L	2019/09/26	Aquabear Invitational Meet 2019
# 206B	Women 12-12 100 Breast	1:40,32L	2019/08/31	West Coast Spring Invitational Gala 2019
# 302B	Women 12-12 100 Free	1:14,31L	2020/02/22	Swartland Invitational Gala 2
# 306B	Women 12-12 50 Breast	44,62L	2019/09/26	Aquabear Invitational Meet 2019
# 402B	Women 12-12 50 Free	33,68L	2019/09/26	Aquabear Invitational Meet 2019
# 406B	Women 12-12 200 Breast	3:28,37L	2019/12/01	Western Cape Summer Championships 2019
# 412B	Women 12-12 50 Fly	43,42L	2019/08/31	West Coast Spring Invitational Gala 2019
Michell, Emma Y (14) 2005/04/27 MATI-CED				
# 202D	Women 14-14 200 Free	2:24,48L	2019/12/01	Western Cape Summer Championships 2019
# 204A	Women 14 & Under 200 IM	2:43,59L	2019/12/01	Western Cape Summer Championships 2019
# 302D	Women 14-14 100 Free	1:07,42L	2019/12/01	Western Cape Summer Championships 2019
# 310D	Women 14-14 100 Back	1:13,66L	2019/12/01	Western Cape Summer Championships 2019
# 410D	Women 14-14 200 Back	2:53,88L	2019/09/21	Winelands Senior League 3 - 21Sept 2019
# 412D	Women 14-14 50 Fly	34,70L	2019/08/24	Winelands Senior League 2 - 24Aug 2019
Micklethwaite, Skye T (13) 2006/10/24 SAAW-CPT				
# 202C	Women 13-13 200 Free	2:27,74L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 206C	Women 13-13 100 Breast	1:37,46L	2019/09/06	CTA QUALIFYING GALA #1
# 208C	Women 13-13 50 Back	38,38L	2019/12/01	Western Cape Summer Championships 2019
# 302C	Women 13-13 100 Free	1:07,01L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 310C	Women 13-13 100 Back	1:18,23L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314C	Women 13-13 200 IM	2:50,09L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402C	Women 13-13 50 Free	33,06L	2019/11/02	Swartland Invitational #1
# 412C	Women 13-13 50 Fly	34,31L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
Morton, Tayler R (12) 2007/10/08 GREY-CPT				
# 302B	Women 12-12 100 Free	1:18,01L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310B	Women 12-12 100 Back	1:23,15L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314B	Women 12-12 200 IM	3:13,14L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
Nagel, Lucy J (12) 2008/02/07 FISH-EDD				
# 202B	Women 12-12 200 Free	2:39,26L	2020/02/08	EDEN 5th A-League Gala 2020
# 208B	Women 12-12 50 Back	39,56L	2019/07/20	Eden 2nd SC Gala 2019
Nimb, Samantha L (11) 2008/06/19 VINE-CPT				
# 206A	Women 11 & Under 100 Breast	1:39,98L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 208A	Women 11 & Under 50 Back	42,53L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 302A	Women 11 & Under 100 Free	1:22,83L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 306A	Women 11 & Under 50 Breast	46,94L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310A	Women 11 & Under 100 Back	1:34,78L	2019/05/25	OBA Gala 1
# 314A	Women 11 & Under 200 IM	3:17,53L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 406A	Women 11 & Under 200 Breast	3:34,31L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 410A	Women 11 & Under 200 Back	3:13,12L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Nortjè, Mia (14) 2005/12/26 CYBE-CPT				
# 206D	Women 14-14 100 Breast	1:30,09L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 212D	Women 14-14 100 Fly	1:23,18L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 306D	Women 14-14 50 Breast	42,73L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 314D	Women 14-14 200 IM	2:52,60L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 406D	Women 14-14 200 Breast	3:03,05L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Novello, Utah (13) 2006/05/10 CLSC-WCD				
# 106	Women 13-13 400 Free	5:38,60L	2020/01/25	West Coast Qualify Gala 2020
# 202C	Women 13-13 200 Free	2:33,18L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 206C	Women 13-13 100 Breast	1:29,41L	2020/02/22	Swartland Invitational Gala 2
# 310C	Women 13-13 100 Back	1:18,60L	2019/06/22	Langebaan Winter Mist Gala 2019
# 314C	Women 13-13 200 IM	2:49,84L	2019/07/05	WCA SC Championships 2019
# 402C	Women 13-13 50 Free	31,60L	2019/12/01	Western Cape Summer Championships 2019
# 406C	Women 13-13 200 Breast	3:15,06L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 412C	Women 13-13 50 Fly	34,01L	2019/12/01	Western Cape Summer Championships 2019
Oosthuizen, Carla L (13) 2006/07/10 PLAY-CED				
# 106	Women 13-13 400 Free	5:26,68L	2019/12/01	Western Cape Summer Championships 2019
# 202C	Women 13-13 200 Free	2:37,72L	2019/12/01	Western Cape Summer Championships 2019
# 208C	Women 13-13 50 Back	37,66L	2019/12/01	Western Cape Summer Championships 2019
# 306C	Women 13-13 50 Breast	45,40L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:19,81L	2019/12/01	Western Cape Summer Championships 2019
# 314C	Women 13-13 200 IM	3:07,70L	2019/09/06	CTA QUALIFYING GALA #1
# 402C	Women 13-13 50 Free	34,66L	2019/12/01	Western Cape Summer Championships 2019
# 410C	Women 13-13 200 Back	2:50,66L	2019/12/01	Western Cape Summer Championships 2019
Pearse, Jemma S (11) 2008/09/30 VINE-CPT				
# 202A	Women 11 & Under 200 Free	2:50,59L	2019/12/01	Western Cape Summer Championships 2019
# 208A	Women 11 & Under 50 Back	42,61L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 302A	Women 11 & Under 100 Free	1:18,90L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310A	Women 11 & Under 100 Back	1:30,04L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314A	Women 11 & Under 200 IM	3:24,42L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402A	Women 11 & Under 50 Free	37,53L	2020/01/25	West Coast Qualify Gala 2020
# 410A	Women 11 & Under 200 Back	3:12,86L	2019/11/09	CTMA MEET #4
Pollicutte, Leila (13) 2006/07/27 CLSC-WCD				
# 106	Women 13-13 400 Free	5:48,06L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 206C	Women 13-13 100 Breast	1:25,46L	2019/12/01	Western Cape Summer Championships 2019
# 302C	Women 13-13 100 Free	1:13,98L	2019/12/01	Western Cape Summer Championships 2019
# 306C	Women 13-13 50 Breast	38,93L	2019/12/01	Western Cape Summer Championships 2019
# 314C	Women 13-13 200 IM	2:55,40L	2019/12/01	Western Cape Summer Championships 2019
# 402C	Women 13-13 50 Free	33,14L	2019/09/26	Aquabear Invitational Meet 2019
# 406C	Women 13-13 200 Breast	3:08,05L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
Powell, Abigail K (14)	2006/02/09 ROA-EDD			
# 202D	Women 14-14 200 Free	2:28,29L	2019/09/26	Aquabear Invitational Meet 2019
# 206D	Women 14-14 100 Breast	1:28,86L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
Pretorius, Ashleè (15)	2005/02/15 BLMA-CPT			
# 206E	Women 15-16 100 Breast	1:25,73L	2019/12/01	Western Cape Summer Championships 2019
# 208E	Women 15-16 50 Back	37,90L	2019/06/14	PEA Winter Gala
# 302E	Women 15-16 100 Free	1:11,30L	2019/11/02	Swartland Invtational #1
# 306E	Women 15-16 50 Breast	39,43L	2019/06/14	PEA Winter Gala
# 314E	Women 15-16 200 IM	2:50,22L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 402E	Women 15-16 50 Free	32,15L	2019/12/01	Western Cape Summer Championships 2019
# 406E	Women 15-16 200 Breast	3:07,09L	2019/06/14	PEA Winter Gala
# 412E	Women 15-16 50 Fly	35,02L	2019/11/02	Swartland Invtational #1
Prinsloo, Helena J (14)	2005/09/04 PAQU-CED			
# 108	Women 14-14 400 Free	5:06,12L	2020/01/25	West Coast Qualify Gala 2020
# 202D	Women 14-14 200 Free	2:24,32L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 206D	Women 14-14 100 Breast	1:33,19L	2020/01/25	West Coast Qualify Gala 2020
# 302D	Women 14-14 100 Free	1:06,22L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314D	Women 14-14 200 IM	2:47,74L	2019/06/22	Langebaan Winter Mist Gala 2019
# 402D	Women 14-14 50 Free	31,27L	2019/12/01	Western Cape Summer Championships 2019
Prinsloo, Mila (12)	2007/03/31 TYGE-CPT			
# 202B	Women 12-12 200 Free	2:36,39L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 208B	Women 12-12 50 Back	35,31L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 302B	Women 12-12 100 Free	1:09,56L	2020/02/22	Swartland Invitational Gala 2
# 310B	Women 12-12 100 Back	1:16,42L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402B	Women 12-12 50 Free	31,84L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 410B	Women 12-12 200 Back	2:47,21L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Qwemsha, Somikazi K (14)	2005/08/23 CYBE-CPT			
# 206D	Women 14-14 100 Breast	1:27,44L	2019/07/05	WCA SC Championships 2019
# 212D	Women 14-14 100 Fly	1:17,38L	2019/12/01	Western Cape Summer Championships 2019
# 306D	Women 14-14 50 Breast	38,11L	2019/12/01	Western Cape Summer Championships 2019
# 314D	Women 14-14 200 IM	2:52,56L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 406D	Women 14-14 200 Breast	3:03,10L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Rademeyer, Anli (12)	2007/05/07 QUIC-CPT			
# 202B	Women 12-12 200 Free	2:38,41L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 206B	Women 12-12 100 Breast	1:35,60L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 208B	Women 12-12 50 Back	38,63L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 212B	Women 12-12 100 Fly	1:25,62L	2020/02/22	Swartland Invitational Gala 2
# 302B	Women 12-12 100 Free	1:15,27L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 306B	Women 12-12 50 Breast	43,00L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310B	Women 12-12 100 Back	1:26,20L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314B	Women 12-12 200 IM	2:57,69L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402B	Women 12-12 50 Free	34,09L	2019/12/01	Western Cape Summer Championships 2019
# 406B	Women 12-12 200 Breast	3:28,08L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 410B	Women 12-12 200 Back	3:03,16L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 412B	Women 12-12 50 Fly	36,18L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Rathner, Ava (14)	2005/07/28 SAAW-CPT			
# 208D	Women 14-14 50 Back	33,63L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 212D	Women 14-14 100 Fly	1:26,21L	2019/09/21	CTA MEMORIAL MEET - 21Sep'19
# 302D	Women 14-14 100 Free	1:10,43L	2020/01/18	Cape of Good Hope Gala
# 306D	Women 14-14 50 Breast	43,41L	2020/01/18	Cape of Good Hope Gala
# 310D	Women 14-14 100 Back	1:13,81L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314D	Women 14-14 200 IM	2:53,80L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 402D	Women 14-14 50 Free	31,80L	2019/12/01	Western Cape Summer Championships 2019
# 410D	Women 14-14 200 Back	2:42,55L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 412D	Women 14-14 50 Fly	34,58L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
Renecke, Jenna C (14)	2005/04/04 VINE-CPT			
# 108	Women 14-14 400 Free	5:15,84L	2019/12/17	KZNA Premier Provincial Championship 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
# 202D	Women 14-14 200 Free	2:27,96L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 206D	Women 14-14 100 Breast	1:28,63L	2019/12/01	Western Cape Summer Championships 2019
# 302D	Women 14-14 100 Free	1:07,25L	2019/12/01	Western Cape Summer Championships 2019
# 306D	Women 14-14 50 Breast	39,37L	2019/12/17	KZNA Premier Provincial Championship 2019
# 314D	Women 14-14 200 IM	2:51,67L	2019/12/17	KZNA Premier Provincial Championship 2019
# 402D	Women 14-14 50 Free	30,84L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 406D	Women 14-14 200 Breast	3:13,23L	2019/07/05	WCA SC Championships 2019
Ribeiro, Bianca N (13) 2006/05/02 VINE-CPT				
# 206C	Women 13-13 100 Breast	1:28,45L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 208C	Women 13-13 50 Back	36,13L	2019/05/25	OBA Gala 1
# 302C	Women 13-13 100 Free	1:11,08L	2019/09/21	CTA MEMORIAL MEET - 21Sep'19
# 306C	Women 13-13 50 Breast	38,52L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:22,47L	2019/06/01	CTMA MEET #1
# 402C	Women 13-13 50 Free	31,51L	2019/12/01	Western Cape Summer Championships 2019
# 410C	Women 13-13 200 Back	3:06,41L	2019/07/05	WCA SC Championships 2019
# 412C	Women 13-13 50 Fly	NT		
Ribeiro, Caitlyn P (15) 2004/05/18 VINE-CPT				
# 202E	Women 15-16 200 Free	2:24,85L	2019/12/01	Western Cape Summer Championships 2019
# 208E	Women 15-16 50 Back	35,00L	2019/05/25	OBA Gala 1
# 302E	Women 15-16 100 Free	1:05,59L	2019/12/01	Western Cape Summer Championships 2019
# 306E	Women 15-16 50 Breast	45,47L	2019/12/01	Western Cape Summer Championships 2019
# 310E	Women 15-16 100 Back	1:15,64L	2019/07/05	WCA SC Championships 2019
# 314E	Women 15-16 200 IM	2:55,57L	2019/11/09	CTMA MEET #4
# 402E	Women 15-16 50 Free	30,02L	2019/12/09	SA Schools Swimming Championship 2019
# 410E	Women 15-16 200 Back	2:44,80L	2019/12/01	Western Cape Summer Championships 2019
# 412E	Women 15-16 50 Fly	38,70L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
Rodrigues, Isabella (13) 2006/03/20 QUIC-CPT				
# 202C	Women 13-13 200 Free	2:35,43L	2019/09/06	CTA QUALIFYING GALA #1
# 208C	Women 13-13 50 Back	36,96L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 302C	Women 13-13 100 Free	1:12,23L	2019/09/26	Aquabear Invitational Meet 2019
# 306C	Women 13-13 50 Breast	43,17L	2019/06/01	CTMA MEET #1
# 310C	Women 13-13 100 Back	1:20,31L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314C	Women 13-13 200 IM	2:59,74L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402C	Women 13-13 50 Free	32,45L	2019/12/01	Western Cape Summer Championships 2019
# 406C	Women 13-13 200 Breast	3:23,18L	2020/02/22	Swartland Invitational Gala 2
# 410C	Women 13-13 200 Back	2:51,20L	2019/07/05	WCA SC Championships 2019
# 412C	Women 13-13 50 Fly	35,87L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Rossouw, Danel (13) 2006/08/30 TYGE-CPT				
# 106	Women 13-13 400 Free	5:31,21L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 202C	Women 13-13 200 Free	2:33,02L	2019/12/01	Western Cape Summer Championships 2019
# 206C	Women 13-13 100 Breast	1:36,12L	2019/07/05	WCA SC Championships 2019
# 208C	Women 13-13 50 Back	38,22L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 302C	Women 13-13 100 Free	1:07,01L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 306C	Women 13-13 50 Breast	41,96L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:21,59L	2019/12/01	Western Cape Summer Championships 2019
# 314C	Women 13-13 200 IM	3:02,97L	2020/02/22	Swartland Invitational Gala 2
# 402C	Women 13-13 50 Free	30,32L	2019/12/01	Western Cape Summer Championships 2019
# 412C	Women 13-13 50 Fly	35,02L	2019/12/01	Western Cape Summer Championships 2019
Rossouw, Emma M (11) 2009/02/13 QUIC-CPT				
# 202A	Women 11 & Under 200 Free	3:01,19L	2020/01/18	Cape of Good Hope Gala
# 208A	Women 11 & Under 50 Back	41,32L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 302A	Women 11 & Under 100 Free	1:24,67L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310A	Women 11 & Under 100 Back	1:27,59L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314A	Women 11 & Under 200 IM	3:35,99L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 402A	Women 11 & Under 50 Free	38,68L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 410A	Women 11 & Under 200 Back	3:13,19L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 412A	Women 11 & Under 50 Fly	47,47L	2019/06/22	Langebaan Winter Mist Gala 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
Rossouw, Nadia (13) 2006/10/15 TYGE-CPT				
# 106	Women 13-13 400 Free	5:25,82L	2019/12/01	Western Cape Summer Championships 2019
# 202C	Women 13-13 200 Free	2:32,59L	2019/12/01	Western Cape Summer Championships 2019
# 302C	Women 13-13 100 Free	1:10,14L	2019/12/01	Western Cape Summer Championships 2019
# 310C	Women 13-13 100 Back	1:19,18L	2019/09/26	Aquabear Invitational Meet 2019
# 314C	Women 13-13 200 IM	2:50,40L	2019/12/01	Western Cape Summer Championships 2019
# 410C	Women 13-13 200 Back	2:47,05L	2019/12/01	Western Cape Summer Championships 2019
# 412C	Women 13-13 50 Fly	34,56L	2019/12/01	Western Cape Summer Championships 2019
Ryser, Aurora (12) 2007/04/14 TYGE-CPT				
# 104	Women 12-12 400 Free	5:24,71L	2019/12/01	Western Cape Summer Championships 2019
# 202B	Women 12-12 200 Free	2:32,34L	2020/01/18	Cape of Good Hope Gala
# 206B	Women 12-12 100 Breast	1:32,42L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 208B	Women 12-12 50 Back	37,34L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 302B	Women 12-12 100 Free	1:13,87L	2019/12/01	Western Cape Summer Championships 2019
# 306B	Women 12-12 50 Breast	43,89L	2019/12/01	Western Cape Summer Championships 2019
# 310B	Women 12-12 100 Back	1:23,31L	2019/12/01	Western Cape Summer Championships 2019
# 314B	Women 12-12 200 IM	2:55,32L	2020/01/25	CTA TYR QUALIFYING GALA #3
Slabber, Nina (12) 2007/07/18 CLSC-WCD				
# 302B	Women 12-12 100 Free	1:14,35L	2019/12/01	Western Cape Summer Championships 2019
# 306B	Women 12-12 50 Breast	48,70L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 310B	Women 12-12 100 Back	1:28,00L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 402B	Women 12-12 50 Free	33,06L	2019/12/01	Western Cape Summer Championships 2019
# 412B	Women 12-12 50 Fly	39,50L	2019/12/01	Western Cape Summer Championships 2019
Smidt, Clio J (13) 2006/12/12 MARL-CPT				
# 208C	Women 13-13 50 Back	34,25L	2019/09/26	Aquabear Invitational Meet 2019
# 212C	Women 13-13 100 Fly	1:15,75L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 310C	Women 13-13 100 Back	1:14,24L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 410C	Women 13-13 200 Back	2:41,73L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 412C	Women 13-13 50 Fly	33,43L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Smit, Jaime L (12) 2007/09/19 BARR-CPT				
# 104	Women 12-12 400 Free	6:18,83L	2019/09/06	CTA QUALIFYING GALA #1
# 202B	Women 12-12 200 Free	2:42,27L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 208B	Women 12-12 50 Back	49,00L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 302B	Women 12-12 100 Free	1:16,52L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 306B	Women 12-12 50 Breast	48,05L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314B	Women 12-12 200 IM	3:06,64L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402B	Women 12-12 50 Free	37,48L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 412B	Women 12-12 50 Fly	41,17L	2020/01/18	Cape of Good Hope Gala
Smit, Jenna (12) 2007/03/18 CUDU-CPT				
# 104	Women 12-12 400 Free	5:11,12L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 202B	Women 12-12 200 Free	2:25,29L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 206B	Women 12-12 100 Breast	1:38,91L	2019/11/02	Swartland Invitational #1
# 302B	Women 12-12 100 Free	1:06,56L	2020/02/22	Swartland Invitational Gala 2
# 310B	Women 12-12 100 Back	1:16,75L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314B	Women 12-12 200 IM	2:48,45L	2019/12/01	Western Cape Summer Championships 2019
# 410B	Women 12-12 200 Back	2:48,64L	2019/12/01	Western Cape Summer Championships 2019
# 412B	Women 12-12 50 Fly	36,41L	2019/11/02	Swartland Invitational #1
Stearns, Jemma (13) 2006/12/10 CYBE-CPT				
# 106	Women 13-13 400 Free	5:20,34L	2019/07/05	WCA SC Championships 2019
# 202C	Women 13-13 200 Free	2:33,22L	2019/12/01	Western Cape Summer Championships 2019
# 212C	Women 13-13 100 Fly	1:25,50L	2019/12/01	Western Cape Summer Championships 2019
# 302C	Women 13-13 100 Free	1:11,96L	2019/07/05	WCA SC Championships 2019
# 314C	Women 13-13 200 IM	2:56,89L	2019/07/05	WCA SC Championships 2019
# 402C	Women 13-13 50 Free	32,82L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 410C	Women 13-13 200 Back	2:52,13L	2019/07/05	WCA SC Championships 2019
Steenkamp, Veneske (11) 2008/03/20 ROA-EDD				
# 102A	Women 11 & Under 400 Free	5:53,90L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
# 202A	Women 11 & Under 200 Free	2:38,44L	2020/02/21	Infinity Champs LC Gala
# 208A	Women 11 & Under 50 Back	39,45L	2019/09/13	EDEN SC Champs 2019
# 212A	Women 11 & Under 100 Fly	1:37,09L	2019/08/17	Eden 3rd SC Gala 2019
# 302A	Women 11 & Under 100 Free	1:12,58L	2019/11/01	38th Freda Barnard Invitational Gala
# 306A	Women 11 & Under 50 Breast	48,02L	2019/11/01	38th Freda Barnard Invitational Gala
# 310A	Women 11 & Under 100 Back	1:22,89L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 314A	Women 11 & Under 200 IM	3:05,20L	2019/12/01	Western Cape Summer Championships 2019
# 402A	Women 11 & Under 50 Free	32,94L	2019/11/16	EDEN 3rd A-League Gala 2019
# 410A	Women 11 & Under 200 Back	3:06,59L	2019/11/01	38th Freda Barnard Invitational Gala
# 412A	Women 11 & Under 50 Fly	35,54L	2019/11/01	38th Freda Barnard Invitational Gala
Steyn, Robyn J (13) 2007/01/15 CLSC-WCD				
# 208C	Women 13-13 50 Back	35,98L	2019/12/01	Western Cape Summer Championships 2019
# 212C	Women 13-13 100 Fly	1:28,33L	2019/12/01	Western Cape Summer Championships 2019
# 302C	Women 13-13 100 Free	1:14,55L	2019/09/26	Aquabear Invitational Meet 2019
# 310C	Women 13-13 100 Back	1:17,31L	2019/12/01	Western Cape Summer Championships 2019
# 402C	Women 13-13 50 Free	32,91L	2019/09/26	Aquabear Invitational Meet 2019
# 410C	Women 13-13 200 Back	2:52,30L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 412C	Women 13-13 50 Fly	36,68L	2019/12/01	Western Cape Summer Championships 2019
Szapira, Hannah (16) 2003/06/10 TYGE-CPT				
# 202E	Women 15-16 200 Free	2:33,38L	2019/12/01	Western Cape Summer Championships 2019
# 208E	Women 15-16 50 Back	34,96L	2019/11/01	38th Freda Barnard Invitational Gala
# 212E	Women 15-16 100 Fly	1:19,68L	2019/11/01	38th Freda Barnard Invitational Gala
# 302E	Women 15-16 100 Free	1:08,65L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310F	Women 16-18 100 Back	1:14,34L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402E	Women 15-16 50 Free	32,41L	2019/09/21	Winelands Senior League 3 - 21Sept 2019
# 410E	Women 15-16 200 Back	2:44,75L	2019/12/01	Western Cape Summer Championships 2019
# 412E	Women 15-16 50 Fly	34,25L	2019/06/14	PEA Winter Gala
Thobeha, Naledi (11) 2009/01/29 QUIC-CPT				
# 202A	Women 11 & Under 200 Free	2:51,13L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 206A	Women 11 & Under 100 Breast	1:42,44L	2019/08/31	West Coast Spring Invitational Gala 2019
# 208A	Women 11 & Under 50 Back	39,12L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 306A	Women 11 & Under 50 Breast	47,09L	2020/02/22	Swartland Invitational Gala 2
# 310A	Women 11 & Under 100 Back	1:25,35L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314A	Women 11 & Under 200 IM	3:12,95L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402A	Women 11 & Under 50 Free	34,40L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 410A	Women 11 & Under 200 Back	3:02,34L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 412A	Women 11 & Under 50 Fly	40,24L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Van Aswegen, Mia (11) 2008/05/08 TYGE-CPT				
# 306A	Women 11 & Under 50 Breast	58,30L	2019/06/01	CTMA MEET #1
# 310A	Women 11 & Under 100 Back	1:29,73L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314A	Women 11 & Under 200 IM	3:24,35L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402A	Women 11 & Under 50 Free	38,57L	2019/11/01	38th Freda Barnard Invitational Gala
# 410A	Women 11 & Under 200 Back	3:14,77L	2019/12/01	Western Cape Summer Championships 2019
# 412A	Women 11 & Under 50 Fly	42,08L	2019/12/01	Western Cape Summer Championships 2019
Van Niekerk, Lica (13) 2006/12/22 ASAW-CED				
# 106	Women 13-13 400 Free	5:21,83L	2019/12/01	Western Cape Summer Championships 2019
# 202C	Women 13-13 200 Free	2:28,77L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 208C	Women 13-13 50 Back	37,76L	2019/10/19	Winelands Senior League 4 - 19 Oct 2019
# 212C	Women 13-13 100 Fly	1:17,81L	2020/01/25	West Coast Qualify Gala 2020
# 302C	Women 13-13 100 Free	1:07,52L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 310C	Women 13-13 100 Back	1:17,80L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314C	Women 13-13 200 IM	2:53,76L	2019/12/01	Western Cape Summer Championships 2019
# 402C	Women 13-13 50 Free	31,80L	2019/12/01	Western Cape Summer Championships 2019
# 410C	Women 13-13 200 Back	2:46,69L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 412C	Women 13-13 50 Fly	34,27L	2019/12/01	Western Cape Summer Championships 2019
Van Rooyen, Babette B (14) 2005/11/11 SAAW-CPT				
# 108	Women 14-14 400 Free	5:12,57L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
# 202D	Women 14-14 200 Free	2:26,86L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 208D	Women 14-14 50 Back	38,22L	2019/11/02	Swartland Invitational #1
Van Tonder, Charnè (12) 2007/10/10 TYGE-CPT				
# 202B	Women 12-12 200 Free	2:44,14L	2019/12/01	Western Cape Summer Championships 2019
# 208B	Women 12-12 50 Back	38,31L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 302B	Women 12-12 100 Free	1:09,91L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 310B	Women 12-12 100 Back	1:23,17L	2019/12/01	Western Cape Summer Championships 2019
# 314B	Women 12-12 200 IM	3:05,46L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 402B	Women 12-12 50 Free	30,87L	2019/12/01	Western Cape Summer Championships 2019
# 412B	Women 12-12 50 Fly	34,95L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
Van Zyl, Monique (11) 2008/05/28 ASAC-CPT				
# 206A	Women 11 & Under 100 Breast	1:39,85L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 302A	Women 11 & Under 100 Free	1:39,71L	2020/02/29	WCA Junior Champs - 2020
# 306A	Women 11 & Under 50 Breast	46,80L	2020/02/29	WCA Junior Champs - 2020
# 314A	Women 11 & Under 200 IM	3:47,97L	2020/02/29	WCA Junior Champs - 2020
# 402A	Women 11 & Under 50 Free	48,64L	2019/12/07	Valley Classic Meet
# 406A	Women 11 & Under 200 Breast	3:32,75L	2020/02/29	WCA Junior Champs - 2020
# 412A	Women 11 & Under 50 Fly	49,50L	2020/01/25	CTA TYR QUALIFYING GALA #3
Vd Merwe, Simone (11) 2008/06/04 PAQU-CED				
# 102A	Women 11 & Under 400 Free	5:54,28L	2019/09/26	Aquabear Invitational Meet 2019
# 202A	Women 11 & Under 200 Free	2:41,53L	2019/09/26	Aquabear Invitational Meet 2019
# 206A	Women 11 & Under 100 Breast	1:27,44L	2019/12/01	Western Cape Summer Championships 2019
# 208A	Women 11 & Under 50 Back	38,70L	2019/12/01	Western Cape Summer Championships 2019
# 302A	Women 11 & Under 100 Free	1:12,97L	2019/09/26	Aquabear Invitational Meet 2019
# 314A	Women 11 & Under 200 IM	3:00,52L	2019/09/26	Aquabear Invitational Meet 2019
# 402A	Women 11 & Under 50 Free	32,15L	2019/12/01	Western Cape Summer Championships 2019
# 406A	Women 11 & Under 200 Breast	3:15,31L	2019/12/01	Western Cape Summer Championships 2019
# 410A	Women 11 & Under 200 Back	2:58,58L	2019/09/26	Aquabear Invitational Meet 2019
# 412A	Women 11 & Under 50 Fly	41,17L	2019/12/01	Western Cape Summer Championships 2019
Vd Wal, Mieke (11) 2008/05/27 BARR-CPT				
# 202A	Women 11 & Under 200 Free	2:42,80L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 206A	Women 11 & Under 100 Breast	1:32,33L	2019/12/01	Western Cape Summer Championships 2019
# 212A	Women 11 & Under 100 Fly	1:26,31L	2019/12/01	Western Cape Summer Championships 2019
# 302A	Women 11 & Under 100 Free	1:15,05L	2019/12/01	Western Cape Summer Championships 2019
# 306A	Women 11 & Under 50 Breast	42,66L	2019/12/01	Western Cape Summer Championships 2019
# 314A	Women 11 & Under 200 IM	3:11,59L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 402A	Women 11 & Under 50 Free	33,33L	2019/12/01	Western Cape Summer Championships 2019
# 406A	Women 11 & Under 200 Breast	3:18,08L	2019/12/01	Western Cape Summer Championships 2019
# 412A	Women 11 & Under 50 Fly	36,79L	2019/12/01	Western Cape Summer Championships 2019
Vd Walt, Talitha (19) 2000/12/04 CUDU-CPT				
# 112	Women 17 & Over 400 Free	5:02,37L	2019/09/26	Aquabear Invitational Meet 2019
# 202F	Women 17 & Over 200 Free	2:22,31L	2019/09/26	Aquabear Invitational Meet 2019
# 212F	Women 17 & Over 100 Fly	1:15,44L	2019/09/26	Aquabear Invitational Meet 2019
# 302F	Women 17 & Over 100 Free	1:05,71L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314F	Women 17 & Over 200 IM	2:50,67L	2019/09/26	Aquabear Invitational Meet 2019
# 402F	Women 17 & Over 50 Free	30,48L	2019/12/01	Western Cape Summer Championships 2019
# 412F	Women 17 & Over 50 Fly	32,90L	2019/12/01	Western Cape Summer Championships 2019
Vickers, Sophie (13) 2007/01/30 SAAW-CPT				
# 202C	Women 13-13 200 Free	2:44,18L	2019/07/05	WCA SC Championships 2019
# 208C	Women 13-13 50 Back	35,45L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 302C	Women 13-13 100 Free	1:11,85L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 310C	Women 13-13 100 Back	1:20,22L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314C	Women 13-13 200 IM	3:02,70L	2019/07/05	WCA SC Championships 2019
# 402C	Women 13-13 50 Free	32,71L	2019/09/26	Aquabear Invitational Meet 2019
# 410C	Women 13-13 200 Back	2:48,88L	2019/09/06	CTA QUALIFYING GALA #1
Visser, Sandri (11) 2009/01/28 WELL-CED				
# 206A	Women 11 & Under 100 Breast	1:39,01L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

WOMEN	Event	Time	Date	Meet
# 208A	Women 11 & Under 50 Back	44,28L	2019/10/19	Winelands Senior League 4 - 19 Oct 2019
# 302A	Women 11 & Under 100 Free	1:23,34L	2020/01/25	West Coast Qualify Gala 2020
# 306A	Women 11 & Under 50 Breast	42,62L	2019/12/01	Western Cape Summer Championships 2019
# 310A	Women 11 & Under 100 Back	1:36,19L	2019/12/01	Western Cape Summer Championships 2019
# 402A	Women 11 & Under 50 Free	38,19L	2019/09/21	Winelands Senior League 3 - 21Sept 2019
# 406A	Women 11 & Under 200 Breast	3:30,55L	2019/10/19	Winelands Senior League 4 - 19 Oct 2019
# 410A	Women 11 & Under 200 Back	3:33,75L	2020/01/25	West Coast Qualify Gala 2020
# 412A	Women 11 & Under 50 Fly	50,83L	2019/06/08	Winelands Winter Gala
Voges, Jhoanè E (12) 2007/09/01 BARR-CPT				
# 104	Women 12-12 400 Free	5:31,10L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 202B	Women 12-12 200 Free	2:42,13L	2019/09/26	Aquabear Invitational Meet 2019
# 208B	Women 12-12 50 Back	38,83L	2019/09/26	Aquabear Invitational Meet 2019
# 212B	Women 12-12 100 Fly	1:17,53L	2019/11/01	38th Freda Barnard Invitational Gala
# 302B	Women 12-12 100 Free	1:14,78L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 306B	Women 12-12 50 Breast	45,37L	2019/11/01	38th Freda Barnard Invitational Gala
# 310B	Women 12-12 100 Back	1:21,22L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 314B	Women 12-12 200 IM	2:51,51L	2019/12/01	Western Cape Summer Championships 2019
# 402B	Women 12-12 50 Free	34,75L	2019/11/01	38th Freda Barnard Invitational Gala
# 410B	Women 12-12 200 Back	2:50,62L	2019/12/01	Western Cape Summer Championships 2019
# 412B	Women 12-12 50 Fly	35,19L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Vorster, Carli (13) 2006/09/01 SWAR-WCD				
# 202C	Women 13-13 200 Free	2:32,31L	2020/01/25	West Coast Qualify Gala 2020
# 212C	Women 13-13 100 Fly	1:19,22L	2020/02/22	Swartland Invitational Gala 2
# 302C	Women 13-13 100 Free	1:10,09L	2019/11/02	Swartland Invitaional #1
# 310C	Women 13-13 100 Back	1:24,94L	2020/02/22	Swartland Invitational Gala 2
# 402C	Women 13-13 50 Free	33,43L	2019/12/01	Western Cape Summer Championships 2019
# 412C	Women 13-13 50 Fly	33,20L	2019/12/01	Western Cape Summer Championships 2019
Walsh, Suzanna (11) 2008/09/30 SAAW-CPT				
# 206A	Women 11 & Under 100 Breast	1:35,14L	2020/01/18	Cape of Good Hope Gala
# 302A	Women 11 & Under 100 Free	1:27,00L	2019/12/01	Western Cape Summer Championships 2019
# 306A	Women 11 & Under 50 Breast	42,65L	2019/12/01	Western Cape Summer Championships 2019
# 314A	Women 11 & Under 200 IM	3:28,80L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402A	Women 11 & Under 50 Free	38,21L	2019/09/06	CTA QUALIFYING GALA #1
# 406A	Women 11 & Under 200 Breast	3:26,72L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Watson, Caitlin C (12) 2007/06/17 BLMA-CPT				
# 104	Women 12-12 400 Free	5:28,66L	2019/09/26	Aquabear Invitational Meet 2019
# 202B	Women 12-12 200 Free	2:32,52L	2019/09/26	Aquabear Invitational Meet 2019
# 208B	Women 12-12 50 Back	36,73L	2019/09/06	CTA QUALIFYING GALA #1
# 212B	Women 12-12 100 Fly	1:17,49L	2019/12/01	Western Cape Summer Championships 2019
# 302B	Women 12-12 100 Free	1:07,96L	2019/09/26	Aquabear Invitational Meet 2019
# 310B	Women 12-12 100 Back	1:21,03L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 314B	Women 12-12 200 IM	2:56,02L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 402B	Women 12-12 50 Free	31,12L	2019/09/26	Aquabear Invitational Meet 2019
# 410B	Women 12-12 200 Back	2:53,25L	2019/09/06	CTA QUALIFYING GALA #1
# 412B	Women 12-12 50 Fly	33,76L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
West, Sarah C (14) 2005/06/08 QUIC-CPT				
# 108	Women 14-14 400 Free	5:26,69L	2019/09/26	Aquabear Invitational Meet 2019
# 206D	Women 14-14 100 Breast	1:28,78L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 208D	Women 14-14 50 Back	37,96L	2020/01/18	Cape of Good Hope Gala
# 302D	Women 14-14 100 Free	1:14,20L	2020/01/18	Cape of Good Hope Gala
# 306D	Women 14-14 50 Breast	40,22L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 310D	Women 14-14 100 Back	1:18,30L	2019/07/05	WCA SC Championships 2019
# 314D	Women 14-14 200 IM	2:47,78L	2019/07/05	WCA SC Championships 2019
# 402D	Women 14-14 50 Free	33,48L	2019/07/05	WCA SC Championships 2019
# 406D	Women 14-14 200 Breast	3:04,96L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 410D	Women 14-14 200 Back	2:45,66L	2019/07/05	WCA SC Championships 2019
# 412D	Women 14-14 50 Fly	36,34L	2020/01/18	Cape of Good Hope Gala

Individual Meet Entries Report**SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters**

WOMEN	Event	Time	Date	Meet
Wiehahn, Louchè (17) 2002/03/22 ASAW-CED				
# 302F	Women 17 & Over 100 Free	1:05,27L	2019/12/01	Western Cape Summer Championships 2019
# 306F	Women 17 & Over 50 Breast	38,16L	2019/12/01	Western Cape Summer Championships 2019
# 310F	Women 16-18 100 Back	1:12,85L	2019/07/05	WCA SC Championships 2019
# 314F	Women 17 & Over 200 IM	2:40,08L	2019/07/05	WCA SC Championships 2019
# 402F	Women 17 & Over 50 Free	29,79L	2019/12/01	Western Cape Summer Championships 2019
# 410F	Women 17 & Over 200 Back	2:35,55L	2019/07/05	WCA SC Championships 2019
# 412F	Women 17 & Over 50 Fly	31,58L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
Abrahams, Wasfi (14) 2006/01/16 MARL-CPT				
# 201D	Men 14-14 200 Free	2:21,57L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 205D	Men 14-14 100 Breast	1:25,71L	2019/12/01	Western Cape Summer Championships 2019
# 301D	Men 14-14 100 Free	1:04,24L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313D	Men 14-14 200 IM	2:43,89L	2019/09/26	Aquabear Invitational Meet 2019
# 401D	Men 14-14 50 Free	30,26L	2019/12/09	SA Schools Swimming Championship 2019
# 405D	Men 14-14 200 Breast	3:03,33L	2019/12/01	Western Cape Summer Championships 2019
# 411D	Men 14-14 50 Fly	33,49L	2019/12/09	SA Schools Swimming Championship 2019
Alexander, Ammaar (12) 2007/11/01 MANT-CPT				
# 205B	Men 12-12 100 Breast	1:31,56L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 211B	Men 12-12 100 Fly	1:43,51L	2019/11/09	CTMA MEET #4
# 301B	Men 12-12 100 Free	1:11,55L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 305B	Men 12-12 50 Breast	43,00L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313B	Men 12-12 200 IM	2:59,21L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401B	Men 12-12 50 Free	34,16L	2019/09/26	Aquabear Invitational Meet 2019
# 405B	Men 12-12 200 Breast	3:29,88L	2019/09/26	Aquabear Invitational Meet 2019
# 411B	Men 12-12 50 Fly	35,34L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Anthony, Ammar (17) 2002/12/18 MARL-CPT				
# 201F	Men 17 & Over 200 Free	2:19,21L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 211F	Men 17 & Over 100 Fly	1:04,86L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301F	Men 17 & Over 100 Free	1:01,71L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313F	Men 17 & Over 200 IM	2:34,71L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 401F	Men 17 & Over 50 Free	28,81L	2019/09/26	Aquabear Invitational Meet 2019
# 411F	Men 17 & Over 50 Fly	29,36L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Bailey, Ethan J (17) 2003/02/03 AQDO-CPT				
# 111	Men 17 & Over 400 Free	4:42,25L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 201F	Men 17 & Over 200 Free	2:11,21L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 211F	Men 17 & Over 100 Fly	1:05,08L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301F	Men 17 & Over 100 Free	1:00,04L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313F	Men 17 & Over 200 IM	2:29,22L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411F	Men 17 & Over 50 Fly	28,95L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Bannister, Joshua G (12) 2008/02/01 BARR-CPT				
# 201B	Men 12-12 200 Free	2:39,35L	2019/12/01	Western Cape Summer Championships 2019
# 207B	Men 12-12 50 Back	40,43L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 211B	Men 12-12 100 Fly	1:25,42L	2019/12/01	Western Cape Summer Championships 2019
# 301B	Men 12-12 100 Free	1:14,88L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 309B	Men 12-12 100 Back	1:25,33L	2019/12/01	Western Cape Summer Championships 2019
# 401B	Men 12-12 50 Free	33,89L	2019/12/01	Western Cape Summer Championships 2019
# 411B	Men 12-12 50 Fly	39,11L	2019/09/21	CTA MEMORIAL MEET - 21Sep'19
Beetge, Matthew (15) 2004/11/10 VINE-CPT				
# 201E	Men 15-16 200 Free	2:14,81L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 207E	Men 15-16 50 Back	33,77L	2019/11/02	Swartland Invitational #1
# 301E	Men 15-16 100 Free	1:00,83L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 309E	Men 15-16 100 Back	1:08,50L	2020/01/18	Cape of Good Hope Gala
# 313E	Men 15-16 200 IM	2:44,33L	2019/09/21	CTA MEMORIAL MEET - 21Sep'19
# 401E	Men 15-16 50 Free	28,27L	2019/12/01	Western Cape Summer Championships 2019
# 409E	Men 15-16 200 Back	2:25,95L	2020/01/18	Cape of Good Hope Gala
Beste, Wihan (15) 2004/06/30 TYGE-CPT				
# 109	Men 15-16 400 Free	4:48,14L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 201E	Men 15-16 200 Free	2:14,16L	2019/12/01	Western Cape Summer Championships 2019
# 205E	Men 15-16 100 Breast	1:20,29L	2019/07/13	CTMA MEET #2
# 207E	Men 15-16 50 Back	31,99L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 301E	Men 15-16 100 Free	1:00,38L	2019/09/06	CTA QUALIFYING GALA #1
# 305E	Men 15-16 50 Breast	35,26L	2019/12/01	Western Cape Summer Championships 2019
# 309E	Men 15-16 100 Back	1:07,81L	2019/07/05	WCA SC Championships 2019
# 313E	Men 15-16 200 IM	2:31,53L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 401E	Men 15-16 50 Free	27,95L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 405E	Men 15-16 200 Breast	2:48,94L	2019/09/06	CTA QUALIFYING GALA #1
# 409E	Men 15-16 200 Back	2:27,94L	2019/07/05	WCA SC Championships 2019
# 411E	Men 15-16 50 Fly	30,32L	2019/06/14	PEA Winter Gala
Beukes, Mateo A (14) 2005/08/18 WALM-CPT				
# 201D	Men 14-14 200 Free	2:25,45L	2019/12/01	Western Cape Summer Championships 2019
# 207D	Men 14-14 50 Back	36,94L	2019/09/06	CTA QUALIFYING GALA #1
# 211D	Men 14-14 100 Fly	1:11,99L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301D	Men 14-14 100 Free	1:02,28L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 313D	Men 14-14 200 IM	2:47,15L	2019/09/06	CTA QUALIFYING GALA #1
# 401D	Men 14-14 50 Free	28,55L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 411D	Men 14-14 50 Fly	31,66L	2019/12/01	Western Cape Summer Championships 2019
Boonzaier, Jan R (13) 2006/09/27 ASAC-CPT				
# 201C	Men 13-13 200 Free	2:25,73L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 207C	Men 13-13 50 Back	34,34L	2019/12/01	Western Cape Summer Championships 2019
# 301C	Men 13-13 100 Free	1:07,34L	2019/12/01	Western Cape Summer Championships 2019
# 309C	Men 13-13 100 Back	1:16,75L	2019/12/01	Western Cape Summer Championships 2019
# 313C	Men 13-13 200 IM	2:49,69L	2019/12/01	Western Cape Summer Championships 2019
# 401C	Men 13-13 50 Free	29,53L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 409C	Men 13-13 200 Back	2:43,39L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411C	Men 13-13 50 Fly	32,54L	2019/12/01	Western Cape Summer Championships 2019
Botha, Pierre C (16) 2004/02/13 SAAW-CPT				
# 109	Men 15-16 400 Free	4:34,86L	2019/09/26	Aquabear Invitational Meet 2019
# 201E	Men 15-16 200 Free	2:07,95L	2019/12/01	Western Cape Summer Championships 2019
# 211E	Men 15-16 100 Fly	1:03,83L	2019/12/09	SA Schools Swimming Championship 2019
# 301E	Men 15-16 100 Free	57,85L	2019/12/01	Western Cape Summer Championships 2019
Bowers, Joshua A (17) 2003/01/07 MANT-CPT				
# 201F	Men 17 & Over 200 Free	2:20,03L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 207F	Men 17 & Over 50 Back	33,52L	2019/09/26	Aquabear Invitational Meet 2019
# 301F	Men 17 & Over 100 Free	1:04,36L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 309F	Men 17 & Over 100 Back	1:11,07L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401F	Men 17 & Over 50 Free	29,88L	2020/02/29	WCA Junior Champs - 2020
# 409F	Men 17 & Over 200 Back	2:33,76L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Breet, Dawie L (12) 2007/04/03 PLAY-CED				
# 103	Men 12-12 400 Free	5:48,66L	2020/01/25	West Coast Qualify Gala 2020
# 201B	Men 12-12 200 Free	2:47,64L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 207B	Men 12-12 50 Back	36,25L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 301B	Men 12-12 100 Free	1:16,28L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 309B	Men 12-12 100 Back	1:19,52L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 401B	Men 12-12 50 Free	36,00L	2019/07/05	WCA SC Championships 2019
# 409B	Men 12-12 200 Back	2:46,94L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 411B	Men 12-12 50 Fly	38,96L	2019/12/01	Western Cape Summer Championships 2019
Burger, Rosseau (11) 2009/02/21 MATI-CED				
# 201A	Men 11 & Under 200 Free	3:08,10L	2019/09/26	Aquabear Invitational Meet 2019
# 207A	Men 11 & Under 50 Back	40,90L	2020/01/18	Cape of Good Hope Gala
# 305A	Men 11 & Under 50 Breast	48,97L	2020/01/18	Cape of Good Hope Gala
# 309A	Men 11 & Under 100 Back	1:31,53L	2020/01/18	Cape of Good Hope Gala
# 313A	Men 11 & Under 200 IM	3:18,46L	2020/02/29	WCA Junior Champs - 2020
# 401A	Men 11 & Under 50 Free	36,17L	2020/02/29	WCA Junior Champs - 2020
# 409A	Men 11 & Under 200 Back	3:16,34L	2020/02/29	WCA Junior Champs - 2020
# 411A	Men 11 & Under 50 Fly	39,89L	2019/11/01	38th Freda Barnard Invitational Gala
Burger, St. Elmo S (14) 2005/09/06 SWAR-WCD				
# 201D	Men 14-14 200 Free	2:23,09L	2020/02/22	Swartland Invitational Gala 2
# 205D	Men 14-14 100 Breast	1:26,50L	2019/08/31	West Coast Spring Invitational Gala 2019
# 207D	Men 14-14 50 Back	32,77L	2019/08/31	West Coast Spring Invitational Gala 2019
# 301D	Men 14-14 100 Free	1:04,69L	2020/01/25	West Coast Qualify Gala 2020
# 309D	Men 14-14 100 Back	1:10,41L	2019/08/31	West Coast Spring Invitational Gala 2019
# 313D	Men 14-14 200 IM	2:40,69L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 401D	Men 14-14 50 Free	29,09L	2020/02/22	Swartland Invitational Gala 2
# 409D	Men 14-14 200 Back	2:35,81L	2020/02/22	Swartland Invitational Gala 2
Carter-Hutton, Tom A (11) 2008/06/26 BLMA-CPT				
# 207A	Men 11 & Under 50 Back	42,98L	2019/09/26	Aquabear Invitational Meet 2019
# 301A	Men 11 & Under 100 Free	1:20,90L	2019/09/26	Aquabear Invitational Meet 2019
# 305A	Men 11 & Under 50 Breast	50,90L	2020/01/18	Cape of Good Hope Gala
# 309A	Men 11 & Under 100 Back	1:34,34L	2019/09/26	Aquabear Invitational Meet 2019
# 313A	Men 11 & Under 200 IM	3:19,99L	2019/09/26	Aquabear Invitational Meet 2019
Chippendale, Logan T (13) 2006/08/22 MANT-CPT				
# 105	Men 13-13 400 Free	5:29,30L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 201C	Men 13-13 200 Free	2:32,22L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 207C	Men 13-13 50 Back	38,71L	2019/12/01	Western Cape Summer Championships 2019
# 211C	Men 13-13 100 Fly	1:18,71L	2019/11/09	CTMA MEET #4
# 313C	Men 13-13 200 IM	2:49,47L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401C	Men 13-13 50 Free	31,29L	2019/12/01	Western Cape Summer Championships 2019
# 411C	Men 13-13 50 Fly	33,51L	2019/12/01	Western Cape Summer Championships 2019
Croy, Ronaldo (14) 2005/07/07 UWCA-CPT				
# 205D	Men 14-14 100 Breast	1:22,60L	2019/09/06	CTA QUALIFYING GALA #1
# 207D	Men 14-14 50 Back	33,90L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 305D	Men 14-14 50 Breast	35,06L	2019/12/01	Western Cape Summer Championships 2019
# 401D	Men 14-14 50 Free	29,87L	2019/09/06	CTA QUALIFYING GALA #1
# 405D	Men 14-14 200 Breast	3:06,61L	2019/12/01	Western Cape Summer Championships 2019
De Jongh, Walter H (17) 2003/02/03 TYGE-CPT				
# 201F	Men 17 & Over 200 Free	2:09,03L	2019/12/01	Western Cape Summer Championships 2019
# 205F	Men 17 & Over 100 Breast	1:12,91L	2019/07/05	WCA SC Championships 2019
# 301F	Men 17 & Over 100 Free	59,37L	2019/12/01	Western Cape Summer Championships 2019
# 305F	Men 17 & Over 50 Breast	34,71L	2019/06/01	CTMA MEET #1
# 309F	Men 17 & Over 100 Back	1:07,90L	2019/07/05	WCA SC Championships 2019
# 313F	Men 17 & Over 200 IM	2:20,30L	2020/01/25	CTA TYR QUALIFYING GALA #3
Dos-Santos, Andrei (11) 2008/12/08 ASAC-CPT				
# 201A	Men 11 & Under 200 Free	2:45,09L	2020/01/18	Cape of Good Hope Gala
# 211A	Men 11 & Under 100 Fly	1:34,78L	2019/09/06	CTA QUALIFYING GALA #1
# 301A	Men 11 & Under 100 Free	1:14,21L	2019/12/01	Western Cape Summer Championships 2019
# 309A	Men 11 & Under 100 Back	1:33,27L	2019/09/06	CTA QUALIFYING GALA #1
# 313A	Men 11 & Under 200 IM	3:12,44L	2019/09/06	CTA QUALIFYING GALA #1
Du Plessis, Christiaan L (16) 2003/11/12 KNYD-EDD				
# 109	Men 15-16 400 Free	4:44,14L	2019/12/06	Eden LC Champs 2019
# 201E	Men 15-16 200 Free	2:13,07L	2019/12/06	Eden LC Champs 2019
# 301E	Men 15-16 100 Free	1:00,96L	2019/12/06	Eden LC Champs 2019
# 313E	Men 15-16 200 IM	2:32,73L	2019/09/13	EDEN SC Champs 2019
# 409E	Men 15-16 200 Back	2:32,19L	2019/12/06	Eden LC Champs 2019
Du Toit, Francois W (13) 2006/07/20 TYGE-CPT				
# 201C	Men 13-13 200 Free	2:38,65L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 207C	Men 13-13 50 Back	37,32L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 301C	Men 13-13 100 Free	1:13,73L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 309C	Men 13-13 100 Back	1:18,13L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 313C	Men 13-13 200 IM	2:57,79L	2019/07/05	WCA SC Championships 2019
# 401C	Men 13-13 50 Free	32,85L	2019/12/01	Western Cape Summer Championships 2019
# 409C	Men 13-13 200 Back	2:46,57L	2019/09/06	CTA QUALIFYING GALA #1
Eagar, Francis J (11) 2008/04/25 TYGE-CPT				
# 101A	Men 11 & Under 400 Free	6:21,81L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 201A	Men 11 & Under 200 Free	2:45,14L	2019/12/01	Western Cape Summer Championships 2019
# 207A	Men 11 & Under 50 Back	39,87L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 211A	Men 11 & Under 100 Fly	1:28,33L	2019/12/01	Western Cape Summer Championships 2019
# 301A	Men 11 & Under 100 Free	1:17,84L	2019/12/01	Western Cape Summer Championships 2019
# 309A	Men 11 & Under 100 Back	1:26,37L	2019/12/01	Western Cape Summer Championships 2019
# 313A	Men 11 & Under 200 IM	3:14,86L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 401A	Men 11 & Under 50 Free	35,05L	2019/12/01	Western Cape Summer Championships 2019
# 409A	Men 11 & Under 200 Back	3:02,61L	2019/12/01	Western Cape Summer Championships 2019
# 411A	Men 11 & Under 50 Fly	37,92L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
Engelbrecht, Van Dyk (14) 2005/11/22 PLAY-CED				
# 201D	Men 14-14 200 Free	2:20,64L	2019/12/01	Western Cape Summer Championships 2019
# 207D	Men 14-14 50 Back	34,64L	2019/09/26	Aquabear Invitational Meet 2019
# 301D	Men 14-14 100 Free	1:04,02L	2019/12/01	Western Cape Summer Championships 2019
# 309D	Men 14-14 100 Back	1:13,67L	2019/12/01	Western Cape Summer Championships 2019
# 401D	Men 14-14 50 Free	28,97L	2019/12/01	Western Cape Summer Championships 2019
# 409D	Men 14-14 200 Back	2:39,61L	2019/12/01	Western Cape Summer Championships 2019
# 411D	Men 14-14 50 Fly	33,67L	2019/08/24	Winelands Senior League 2 - 24Aug 2019
Erwee, MC C (17) 2002/05/17 PLAY-CED				
# 205F	Men 17 & Over 100 Breast	1:18,71L	2019/09/26	Aquabear Invitational Meet 2019
# 211F	Men 17 & Over 100 Fly	1:08,88L	2019/09/26	Aquabear Invitational Meet 2019
# 301F	Men 17 & Over 100 Free	1:01,60L	2019/08/24	Winelands Senior League 2 - 24Aug 2019
# 305F	Men 17 & Over 50 Breast	35,24L	2019/09/26	Aquabear Invitational Meet 2019
# 401F	Men 17 & Over 50 Free	27,94L	2020/02/22	Swartland Invitational Gala 2
# 411F	Men 17 & Over 50 Fly	29,50L	2019/09/26	Aquabear Invitational Meet 2019
Esterhuysen, Louw (15) 2004/09/20 PLAY-CED				
# 109	Men 15-16 400 Free	4:35,21L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 201E	Men 15-16 200 Free	2:08,72L	2019/09/26	Aquabear Invitational Meet 2019
# 301E	Men 15-16 100 Free	58,37L	2019/12/01	Western Cape Summer Championships 2019
# 309E	Men 15-16 100 Back	1:05,93L	2019/12/01	Western Cape Summer Championships 2019
# 409E	Men 15-16 200 Back	2:21,76L	2019/07/05	WCA SC Championships 2019
Foot, Aiden C (13) 2006/07/18 SWAR-WCD				
# 201C	Men 13-13 200 Free	2:39,06L	2020/01/25	West Coast Qualify Gala 2020
# 207C	Men 13-13 50 Back	35,45L	2019/12/01	Western Cape Summer Championships 2019
# 301C	Men 13-13 100 Free	1:08,97L	2020/02/22	Swartland Invitational Gala 2
# 309C	Men 13-13 100 Back	1:15,22L	2020/02/22	Swartland Invitational Gala 2
# 401C	Men 13-13 50 Free	31,22L	2020/01/25	West Coast Qualify Gala 2020
# 409C	Men 13-13 200 Back	2:47,79L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
Forbes, Nicholas J (14) 2006/03/10 MATI-CED				
# 107	Men 14-14 400 Free	5:12,57L	2019/12/01	Western Cape Summer Championships 2019
# 201D	Men 14-14 200 Free	2:27,42L	2019/12/01	Western Cape Summer Championships 2019
# 207D	Men 14-14 50 Back	33,98L	2019/12/01	Western Cape Summer Championships 2019
# 305D	Men 14-14 50 Breast	40,18L	2019/09/26	Aquabear Invitational Meet 2019
# 309D	Men 14-14 100 Back	1:10,24L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 313D	Men 14-14 200 IM	2:44,92L	2019/09/26	Aquabear Invitational Meet 2019
# 401D	Men 14-14 50 Free	30,67L	2019/12/01	Western Cape Summer Championships 2019
# 409D	Men 14-14 200 Back	2:30,44L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 411D	Men 14-14 50 Fly	33,83L	2019/12/01	Western Cape Summer Championships 2019
George, Keenan K (22) 1997/03/29 MANT-CPT				
# 211F	Men 17 & Over 100 Fly	1:05,36L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301F	Men 17 & Over 100 Free	1:00,03L	2019/12/01	Western Cape Summer Championships 2019
# 401F	Men 17 & Over 50 Free	26,60L	2019/12/01	Western Cape Summer Championships 2019
# 411F	Men 17 & Over 50 Fly	28,24L	2019/09/26	Aquabear Invitational Meet 2019
Hugo, Gideon R (13) 2006/03/17 ASAW-CED				
# 201C	Men 13-13 200 Free	2:34,76L	2019/12/01	Western Cape Summer Championships 2019
# 205C	Men 13-13 100 Breast	1:21,87L	2019/12/01	Western Cape Summer Championships 2019
# 301C	Men 13-13 100 Free	1:10,13L	2019/12/01	Western Cape Summer Championships 2019
# 305C	Men 13-13 50 Breast	36,70L	2019/12/01	Western Cape Summer Championships 2019
# 309C	Men 13-13 100 Back	1:21,18L	2019/11/01	38th Freda Barnard Invitational Gala
# 313C	Men 13-13 200 IM	2:46,30L	2019/12/01	Western Cape Summer Championships 2019
# 401C	Men 13-13 50 Free	31,80L	2019/11/01	38th Freda Barnard Invitational Gala
# 405C	Men 13-13 200 Breast	2:56,57L	2019/12/01	Western Cape Summer Championships 2019
# 409C	Men 13-13 200 Back	2:52,73L	2019/12/01	Western Cape Summer Championships 2019
# 411C	Men 13-13 50 Fly	34,72L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
Jagers, Ryan (17) 2002/08/15 MANT-CPT				
# 201F	Men 17 & Over 200 Free	2:12,75L	2019/09/26	Aquabear Invitational Meet 2019
# 207F	Men 17 & Over 50 Back	32,38L	2019/09/26	Aquabear Invitational Meet 2019
# 211F	Men 17 & Over 100 Fly	1:07,05L	2019/09/26	Aquabear Invitational Meet 2019
# 301F	Men 17 & Over 100 Free	58,83L	2019/09/26	Aquabear Invitational Meet 2019
# 309F	Men 17 & Over 100 Back	1:11,56L	2019/09/26	Aquabear Invitational Meet 2019
# 401F	Men 17 & Over 50 Free	26,55L	2019/09/26	Aquabear Invitational Meet 2019
# 411F	Men 17 & Over 50 Fly	28,99L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
Jones, Troy B (14) 2005/08/08 SAAW-CPT				
# 107	Men 14-14 400 Free	4:53,48L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 201D	Men 14-14 200 Free	2:14,66L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 207D	Men 14-14 50 Back	33,06L	2020/02/22	Swartland Invitational Gala 2
# 301D	Men 14-14 100 Free	1:00,90L	2020/02/22	Swartland Invitational Gala 2
# 309D	Men 14-14 100 Back	1:11,81L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313D	Men 14-14 200 IM	2:39,38L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401D	Men 14-14 50 Free	27,47L	2020/02/22	Swartland Invitational Gala 2
# 409D	Men 14-14 200 Back	2:36,78L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Joubert, Francois J (16) 2003/06/20 BLMA-CPT				
# 109	Men 15-16 400 Free	4:55,38L	2019/09/26	Aquabear Invitational Meet 2019
# 201E	Men 15-16 200 Free	2:17,55L	2019/09/26	Aquabear Invitational Meet 2019
# 205E	Men 15-16 100 Breast	1:18,17L	2019/09/06	CTA QUALIFYING GALA #1
# 207E	Men 15-16 50 Back	32,53L	2019/09/26	Aquabear Invitational Meet 2019
# 301E	Men 15-16 100 Free	1:01,13L	2019/09/26	Aquabear Invitational Meet 2019
# 305E	Men 15-16 50 Breast	35,17L	2019/09/26	Aquabear Invitational Meet 2019
# 309E	Men 15-16 100 Back	1:12,84L	2019/09/26	Aquabear Invitational Meet 2019
# 401E	Men 15-16 50 Free	27,41L	2019/12/01	Western Cape Summer Championships 2019
# 411E	Men 15-16 50 Fly	30,46L	2019/12/01	Western Cape Summer Championships 2019
Kinnear, Connor (11) 2008/08/11 TYGE-CPT				
# 101A	Men 11 & Under 400 Free	5:46,54L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 201A	Men 11 & Under 200 Free	2:45,46L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 205A	Men 11 & Under 100 Breast	1:39,50L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 211A	Men 11 & Under 100 Fly	1:31,46L	2019/12/01	Western Cape Summer Championships 2019
# 301A	Men 11 & Under 100 Free	1:18,12L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 305A	Men 11 & Under 50 Breast	47,72L	2019/06/17	CTMA Youth Day Sprints
# 313A	Men 11 & Under 200 IM	3:03,57L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 405A	Men 11 & Under 200 Breast	3:33,16L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 409A	Men 11 & Under 200 Back	3:05,74L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411A	Men 11 & Under 50 Fly	43,31L	2019/06/17	CTMA Youth Day Sprints
Koekemoer, Callum (11) 2008/06/04 QUIC-CPT				
# 101A	Men 11 & Under 400 Free	5:47,48L	2019/12/01	Western Cape Summer Championships 2019
# 201A	Men 11 & Under 200 Free	2:43,26L	2019/12/01	Western Cape Summer Championships 2019
# 207A	Men 11 & Under 50 Back	42,63L	2019/11/01	38th Freda Barnard Invitational Gala
# 211A	Men 11 & Under 100 Fly	1:28,41L	2019/11/09	CTMA MEET #4
# 301A	Men 11 & Under 100 Free	1:13,33L	2019/12/01	Western Cape Summer Championships 2019
# 309A	Men 11 & Under 100 Back	1:29,60L	2020/01/18	Cape of Good Hope Gala
# 313A	Men 11 & Under 200 IM	3:10,06L	2019/12/01	Western Cape Summer Championships 2019
# 401A	Men 11 & Under 50 Free	33,22L	2019/12/01	Western Cape Summer Championships 2019
# 409A	Men 11 & Under 200 Back	3:11,97L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 411A	Men 11 & Under 50 Fly	37,58L	2019/12/01	Western Cape Summer Championships 2019
Koen, Tylor D (15) 2004/06/11 KNYD-EDD				
# 109	Men 15-16 400 Free	4:52,83L	2019/10/26	EDEN 2nd A-League Gala 2019
# 201E	Men 15-16 200 Free	2:16,50L	2019/11/01	38th Freda Barnard Invitational Gala
# 211E	Men 15-16 100 Fly	1:09,24L	2019/12/09	SA Schools Swimming Championship 2019
# 301E	Men 15-16 100 Free	1:01,02L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 313E	Men 15-16 200 IM	2:37,80L	2019/12/09	SA Schools Swimming Championship 2019
Konkol, Jarryd N (17) 2003/02/04 ASAC-CPT				
# 201F	Men 17 & Over 200 Free	2:25,16L	2019/09/21	CTA MEMORIAL MEET - 21Sep'19

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 301F	Men 17 & Over 100 Free	1:01,18L	2019/09/06	CTA QUALIFYING GALA #1
# 309F	Men 17 & Over 100 Back	1:08,02L	2019/09/21	CTA MEMORIAL MEET - 21Sep'19
# 313F	Men 17 & Over 200 IM	2:35,56L	2019/09/06	CTA QUALIFYING GALA #1
# 409F	Men 17 & Over 200 Back	2:32,66L	2019/09/06	CTA QUALIFYING GALA #1
# 411F	Men 17 & Over 50 Fly	28,84L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Kotze, Pierce (15) 2005/03/06 PLAY-CED				
# 205E	Men 15-16 100 Breast	1:15,82L	2019/12/01	Western Cape Summer Championships 2019
# 211E	Men 15-16 100 Fly	1:06,91L	2019/11/01	38th Freda Barnard Invitational Gala
# 301E	Men 15-16 100 Free	1:00,00L	2020/01/25	West Coast Qualify Gala 2020
# 305E	Men 15-16 50 Breast	33,78L	2019/12/01	Western Cape Summer Championships 2019
# 313E	Men 15-16 200 IM	2:31,08L	2019/12/01	Western Cape Summer Championships 2019
# 401E	Men 15-16 50 Free	27,52L	2019/11/01	38th Freda Barnard Invitational Gala
# 405E	Men 15-16 200 Breast	2:50,50L	2020/01/25	West Coast Qualify Gala 2020
# 411E	Men 15-16 50 Fly	29,06L	2020/01/25	West Coast Qualify Gala 2020
Krige, Aiden S (12) 2007/06/28 VINE-CPT				
# 207B	Men 12-12 50 Back	35,95L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301B	Men 12-12 100 Free	1:15,31L	2019/11/02	Swartland Invitational #1
# 309B	Men 12-12 100 Back	1:18,73L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401B	Men 12-12 50 Free	34,47L	2019/12/01	Western Cape Summer Championships 2019
# 409B	Men 12-12 200 Back	2:51,43L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411B	Men 12-12 50 Fly	36,52L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Lategan, Ruan (15) 2004/09/22 PLAY-CED				
# 109	Men 15-16 400 Free	4:46,90L	2019/09/26	Aquabear Invitational Meet 2019
# 201E	Men 15-16 200 Free	2:11,78L	2019/09/26	Aquabear Invitational Meet 2019
# 211E	Men 15-16 100 Fly	1:03,20L	2019/12/01	Western Cape Summer Championships 2019
# 301E	Men 15-16 100 Free	58,87L	2019/09/26	Aquabear Invitational Meet 2019
# 313E	Men 15-16 200 IM	2:35,14L	2019/09/26	Aquabear Invitational Meet 2019
# 401E	Men 15-16 50 Free	27,47L	2019/09/26	Aquabear Invitational Meet 2019
# 411E	Men 15-16 50 Fly	29,06L	2020/02/22	Swartland Invitational Gala 2
Lombard, Kyle M (12) 2008/02/05 BARR-CPT				
# 103	Men 12-12 400 Free	5:43,75L	2019/07/05	WCA SC Championships 2019
# 201B	Men 12-12 200 Free	2:37,25L	2019/12/01	Western Cape Summer Championships 2019
# 205B	Men 12-12 100 Breast	1:33,00L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 207B	Men 12-12 50 Back	38,97L	2020/01/25	West Coast Qualify Gala 2020
# 211B	Men 12-12 100 Fly	1:35,89L	2019/09/21	CTA MEMORIAL MEET - 21Sep'19
# 301B	Men 12-12 100 Free	1:11,70L	2019/12/01	Western Cape Summer Championships 2019
# 305B	Men 12-12 50 Breast	42,40L	2019/12/01	Western Cape Summer Championships 2019
# 309B	Men 12-12 100 Back	1:22,13L	2019/12/01	Western Cape Summer Championships 2019
# 313B	Men 12-12 200 IM	3:00,55L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401B	Men 12-12 50 Free	33,19L	2019/11/01	38th Freda Barnard Invitational Gala
# 405B	Men 12-12 200 Breast	3:17,26L	2019/12/01	Western Cape Summer Championships 2019
# 409B	Men 12-12 200 Back	2:54,45L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411B	Men 12-12 50 Fly	39,86L	2019/12/01	Western Cape Summer Championships 2019
Loubser, Paul (11) 2008/07/09 ASAW-CED				
# 201A	Men 11 & Under 200 Free	2:47,87L	2020/02/22	Swartland Invitational Gala 2
# 211A	Men 11 & Under 100 Fly	1:22,47L	2020/02/22	Swartland Invitational Gala 2
# 301A	Men 11 & Under 100 Free	1:19,75L	2020/02/22	Swartland Invitational Gala 2
# 313A	Men 11 & Under 200 IM	3:14,06L	2020/02/22	Swartland Invitational Gala 2
Louw, Guillaume (16) 2003/06/04 CUDU-CPT				
# 201E	Men 15-16 200 Free	2:17,19L	2019/06/15	CTMA JUNIOR SC CHALLENGE
# 207E	Men 15-16 50 Back	31,46L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 211E	Men 15-16 100 Fly	1:03,75L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 301E	Men 15-16 100 Free	1:00,16L	2019/07/05	WCA SC Championships 2019
# 309E	Men 15-16 100 Back	1:13,12L	2019/11/02	Swartland Invitational #1
# 313E	Men 15-16 200 IM	2:29,17L	2019/07/05	WCA SC Championships 2019
# 401E	Men 15-16 50 Free	27,30L	2019/12/01	Western Cape Summer Championships 2019
# 411E	Men 15-16 50 Fly	28,62L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
Ludorf, Luka (12) 2007/10/16 TYGE-CPT				
# 201B	Men 12-12 200 Free	2:49,73L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 207B	Men 12-12 50 Back	38,67L	2020/01/18	Cape of Good Hope Gala
Manus, Daniel J (20) 1999/06/19 MATI-CED				
# 205F	Men 17 & Over 100 Breast	1:21,72L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 211F	Men 17 & Over 100 Fly	1:07,88L	2019/12/01	Western Cape Summer Championships 2019
McKinnon, Donald D (16) 2003/05/21 PLAY-CED				
# 109	Men 15-16 400 Free	4:35,09L	2019/12/01	Western Cape Summer Championships 2019
# 201E	Men 15-16 200 Free	2:09,61L	2019/12/01	Western Cape Summer Championships 2019
# 211E	Men 15-16 100 Fly	1:04,38L	2019/12/01	Western Cape Summer Championships 2019
# 301E	Men 15-16 100 Free	1:00,11L	2019/12/01	Western Cape Summer Championships 2019
# 313E	Men 15-16 200 IM	2:25,17L	2019/12/01	Western Cape Summer Championships 2019
# 401E	Men 15-16 50 Free	28,24L	2019/09/21	Winelands Senior League 3 - 21Sept 2019
# 411E	Men 15-16 50 Fly	29,44L	2020/01/25	West Coast Qualify Gala 2020
McWilliam, Troy J (12) 2007/11/29 CAMPS-CPT				
# 103	Men 12-12 400 Free	5:18,46L	2019/12/01	Western Cape Summer Championships 2019
# 201B	Men 12-12 200 Free	2:30,81L	2020/02/22	Swartland Invitational Gala 2
# 207B	Men 12-12 50 Back	39,88L	2020/01/25	West Coast Qualify Gala 2020
# 211B	Men 12-12 100 Fly	1:26,75L	2019/12/01	Western Cape Summer Championships 2019
# 301B	Men 12-12 100 Free	1:13,07L	2020/01/18	Cape of Good Hope Gala
# 305B	Men 12-12 50 Breast	45,51L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 309B	Men 12-12 100 Back	1:24,38L	2020/01/25	West Coast Qualify Gala 2020
# 313B	Men 12-12 200 IM	2:58,41L	2020/01/25	West Coast Qualify Gala 2020
# 401B	Men 12-12 50 Free	33,66L	2020/02/22	Swartland Invitational Gala 2
# 409B	Men 12-12 200 Back	2:52,78L	2020/02/22	Swartland Invitational Gala 2
# 411B	Men 12-12 50 Fly	38,90L	2019/12/01	Western Cape Summer Championships 2019
Melnik, Itai (17) 2003/01/04 ASAC-CPT				
# 201F	Men 17 & Over 200 Free	2:14,41L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 207F	Men 17 & Over 50 Back	30,80L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 301F	Men 17 & Over 100 Free	58,89L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 309F	Men 17 & Over 100 Back	1:10,54L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 313F	Men 17 & Over 200 IM	2:33,05L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 401F	Men 17 & Over 50 Free	27,27L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 409F	Men 17 & Over 200 Back	2:40,16L	2019/12/05	CGA Championships 2019
Mettler, Joshua (13) 2006/11/24 CUDU-CPT				
# 201C	Men 13-13 200 Free	2:27,09L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 205C	Men 13-13 100 Breast	1:31,45L	2019/12/01	Western Cape Summer Championships 2019
# 211C	Men 13-13 100 Fly	1:18,42L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 301C	Men 13-13 100 Free	1:04,07L	2019/12/01	Western Cape Summer Championships 2019
# 309C	Men 13-13 100 Back	1:16,05L	2019/09/21	CTA MEMORIAL MEET - 21Sep'19
# 313C	Men 13-13 200 IM	2:41,42L	2019/12/01	Western Cape Summer Championships 2019
# 401C	Men 13-13 50 Free	28,33L	2019/12/01	Western Cape Summer Championships 2019
Micklethwaite, Tyler L (15) 2004/10/13 SAAW-CPT				
# 109	Men 15-16 400 Free	4:52,55L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 205E	Men 15-16 100 Breast	1:16,13L	2019/12/01	Western Cape Summer Championships 2019
# 301E	Men 15-16 100 Free	1:03,78L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 305E	Men 15-16 50 Breast	35,39L	2019/12/01	Western Cape Summer Championships 2019
# 313E	Men 15-16 200 IM	2:33,81L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 405E	Men 15-16 200 Breast	2:40,67L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 411E	Men 15-16 50 Fly	34,50L	2019/11/02	Swartland Invitational #1
Möller, Frederik C (12) 2007/04/02 TYGE-CPT				
# 103	Men 12-12 400 Free	5:20,08L	2019/12/01	Western Cape Summer Championships 2019
# 201B	Men 12-12 200 Free	2:33,14L	2019/12/01	Western Cape Summer Championships 2019
# 205B	Men 12-12 100 Breast	1:34,47L	2019/12/01	Western Cape Summer Championships 2019
# 207B	Men 12-12 50 Back	38,65L	2019/09/26	Aquabear Invitational Meet 2019
# 301B	Men 12-12 100 Free	1:13,99L	2019/12/01	Western Cape Summer Championships 2019
# 309B	Men 12-12 100 Back	1:19,61L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 313B	Men 12-12 200 IM	2:50,94L	2019/12/01	Western Cape Summer Championships 2019
# 405B	Men 12-12 200 Breast	3:12,87L	2019/12/01	Western Cape Summer Championships 2019
# 409B	Men 12-12 200 Back	2:48,62L	2019/12/01	Western Cape Summer Championships 2019
Myburgh, Ruan (11) 2008/07/01 BLMA-CPT				
# 101A	Men 11 & Under 400 Free	6:15,89L	2019/09/26	Aquabear Invitational Meet 2019
# 201A	Men 11 & Under 200 Free	2:47,29L	2019/12/01	Western Cape Summer Championships 2019
# 205A	Men 11 & Under 100 Breast	1:39,05L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 207A	Men 11 & Under 50 Back	42,32L	2019/09/26	Aquabear Invitational Meet 2019
# 301A	Men 11 & Under 100 Free	1:19,04L	2019/12/01	Western Cape Summer Championships 2019
# 305A	Men 11 & Under 50 Breast	44,65L	2019/12/01	Western Cape Summer Championships 2019
# 313A	Men 11 & Under 200 IM	3:09,87L	2019/12/01	Western Cape Summer Championships 2019
# 401A	Men 11 & Under 50 Free	33,87L	2019/12/01	Western Cape Summer Championships 2019
# 409A	Men 11 & Under 200 Back	3:09,59L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411A	Men 11 & Under 50 Fly	43,28L	2019/11/02	Swartland Invtaitonal #1
Naudé, Roelof P (15) 2004/06/07 FISH-EDD				
# 301E	Men 15-16 100 Free	1:01,61L	2020/02/08	EDEN 5th A-League Gala 2020
# 305E	Men 15-16 50 Breast	34,21L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 401E	Men 15-16 50 Free	26,21L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 411E	Men 15-16 50 Fly	28,74L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
Nelson, Christopher A (12) 2007/04/16 MATI-CED				
# 205B	Men 12-12 100 Breast	1:29,06L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 301B	Men 12-12 100 Free	1:12,78L	2019/12/01	Western Cape Summer Championships 2019
# 305B	Men 12-12 50 Breast	41,57L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 313B	Men 12-12 200 IM	2:54,13L	2020/02/22	Swartland Invitational Gala 2
# 405B	Men 12-12 200 Breast	3:14,31L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 411B	Men 12-12 50 Fly	38,50L	2020/02/22	Swartland Invitational Gala 2
Nortjè, Tobie J (16) 2003/07/30 AQ44-WCD				
# 301E	Men 15-16 100 Free	1:01,82L	2020/02/29	WCA Junior Champs - 2020
# 309E	Men 15-16 100 Back	1:20,28L	2020/02/22	Swartland Invitational Gala 2
# 401E	Men 15-16 50 Free	27,80L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 411E	Men 15-16 50 Fly	30,06L	2020/02/29	WCA Junior Champs - 2020
Nurse, Adam D (13) 2007/01/10 KNYD-EDD				
# 205C	Men 13-13 100 Breast	1:25,29L	2020/02/21	Infinity Champs LC Gala
# 301C	Men 13-13 100 Free	1:07,24L	2020/02/21	Infinity Champs LC Gala
# 305C	Men 13-13 50 Breast	40,02L	2019/12/06	Eden LC Champs 2019
# 401C	Men 13-13 50 Free	31,45L	2019/09/26	Aquabear Invitational Meet 2019
# 411C	Men 13-13 50 Fly	34,50L	2019/09/26	Aquabear Invitational Meet 2019
Omar, Muhammad I (14) 2006/03/15 MARL-CPT				
# 205D	Men 14-14 100 Breast	1:19,43L	2019/12/01	Western Cape Summer Championships 2019
# 207D	Men 14-14 50 Back	32,30L	2019/12/01	Western Cape Summer Championships 2019
# 301D	Men 14-14 100 Free	1:01,79L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 309D	Men 14-14 100 Back	1:11,47L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401D	Men 14-14 50 Free	27,45L	2019/12/01	Western Cape Summer Championships 2019
# 411D	Men 14-14 50 Fly	29,60L	2019/12/01	Western Cape Summer Championships 2019
Oosthuizen, Brendan (16) 2003/12/09 QUIC-CPT				
# 201E	Men 15-16 200 Free	2:12,45L	2019/07/05	WCA SC Championships 2019
# 205E	Men 15-16 100 Breast	1:16,07L	2019/12/01	Western Cape Summer Championships 2019
# 207E	Men 15-16 50 Back	31,45L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 211E	Men 15-16 100 Fly	1:02,59L	2019/12/01	Western Cape Summer Championships 2019
# 301E	Men 15-16 100 Free	59,63L	2019/09/26	Aquabear Invitational Meet 2019
# 305E	Men 15-16 50 Breast	39,88L	2020/01/18	Cape of Good Hope Gala
# 309E	Men 15-16 100 Back	1:08,34L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 313E	Men 15-16 200 IM	2:26,68L	2019/06/22	Langebaan Winter Mist Gala 2019
# 401E	Men 15-16 50 Free	26,71L	2019/09/26	Aquabear Invitational Meet 2019
# 405E	Men 15-16 200 Breast	2:50,99L	2020/01/18	Cape of Good Hope Gala
# 409E	Men 15-16 200 Back	2:24,38L	2019/07/05	WCA SC Championships 2019
# 411E	Men 15-16 50 Fly	28,80L	2019/09/26	Aquabear Invitational Meet 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
Pautz, Nathan M (11) 2008/10/28 BLMA-CPT				
# 201A	Men 11 & Under 200 Free	2:54,81L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 205A	Men 11 & Under 100 Breast	1:40,89L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 207A	Men 11 & Under 50 Back	44,21L	2019/09/26	Aquabear Invitational Meet 2019
# 305A	Men 11 & Under 50 Breast	48,24L	2020/01/18	Cape of Good Hope Gala
# 313A	Men 11 & Under 200 IM	3:18,81L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401A	Men 11 & Under 50 Free	34,82L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411A	Men 11 & Under 50 Fly	40,12L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Pecur, Dereck C (18) 2002/02/26 PAQU-CED				
# 205F	Men 17 & Over 100 Breast	1:15,10L	2019/12/01	Western Cape Summer Championships 2019
# 207F	Men 17 & Over 50 Back	38,40L	2019/06/22	Langebaan Winter Mist Gala 2019
# 301F	Men 17 & Over 100 Free	1:01,45L	2019/12/01	Western Cape Summer Championships 2019
# 313F	Men 17 & Over 200 IM	2:35,78L	2020/01/25	West Coast Qualify Gala 2020
# 401F	Men 17 & Over 50 Free	27,87L	2019/12/01	Western Cape Summer Championships 2019
# 405F	Men 17 & Over 200 Breast	2:43,15L	2020/01/18	Cape of Good Hope Gala
# 411F	Men 17 & Over 50 Fly	32,07L	2019/08/24	Winelands Senior League 2 - 24Aug 2019
Pecur, Mark D (15) 2004/07/06 PAQU-CED				
# 211E	Men 15-16 100 Fly	1:03,40L	2020/02/22	Swartland Invitational Gala 2
# 301E	Men 15-16 100 Free	1:01,06L	2020/01/25	West Coast Qualify Gala 2020
# 309E	Men 15-16 100 Back	1:08,26L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 313E	Men 15-16 200 IM	2:37,45L	2019/06/22	Langebaan Winter Mist Gala 2019
# 401E	Men 15-16 50 Free	28,87L	2020/01/18	Cape of Good Hope Gala
# 411E	Men 15-16 50 Fly	29,41L	2019/12/01	Western Cape Summer Championships 2019
Pretorius, Luuk E (12) 2008/02/14 FISH-EDD				
# 207B	Men 12-12 50 Back	36,86L	2019/09/26	Aquabear Invitational Meet 2019
# 301B	Men 12-12 100 Free	1:09,97L	2020/02/08	EDEN 5th A-League Gala 2020
# 309B	Men 12-12 100 Back	1:20,73L	2020/02/08	EDEN 5th A-League Gala 2020
# 401B	Men 12-12 50 Free	30,90L	2019/09/26	Aquabear Invitational Meet 2019
# 411B	Men 12-12 50 Fly	35,06L	2019/09/26	Aquabear Invitational Meet 2019
Raimond, Jean P (17) 2003/01/15 TYGE-CPT				
# 111	Men 17 & Over 400 Free	4:47,62L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 201F	Men 17 & Over 200 Free	2:19,49L	2019/06/01	CTMA MEET #1
# 207F	Men 17 & Over 50 Back	32,13L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 211F	Men 17 & Over 100 Fly	1:17,35L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 301F	Men 17 & Over 100 Free	1:04,09L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 309F	Men 17 & Over 100 Back	1:07,99L	2019/12/01	Western Cape Summer Championships 2019
# 313F	Men 17 & Over 200 IM	2:33,02L	2019/09/26	Aquabear Invitational Meet 2019
# 401F	Men 17 & Over 50 Free	29,42L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 409F	Men 17 & Over 200 Back	2:24,97L	2019/07/05	WCA SC Championships 2019
Raubenheimer, Mogamat S (15) 2004/10/07 MARL-CPT				
# 201E	Men 15-16 200 Free	2:20,31L	2019/12/01	Western Cape Summer Championships 2019
# 205E	Men 15-16 100 Breast	1:17,36L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 211E	Men 15-16 100 Fly	1:07,04L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301E	Men 15-16 100 Free	59,62L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313E	Men 15-16 200 IM	2:35,32L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 401E	Men 15-16 50 Free	28,29L	2019/09/26	Aquabear Invitational Meet 2019
# 405E	Men 15-16 200 Breast	2:55,30L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Reinstorf, Lucca (12) 2007/07/20 ROA-EDD				
# 103	Men 12-12 400 Free	5:48,67L	2020/02/08	EDEN 5th A-League Gala 2020
# 205B	Men 12-12 100 Breast	1:33,68L	2020/02/21	Infinity Champs LC Gala
# 301B	Men 12-12 100 Free	1:08,94L	2020/02/21	Infinity Champs LC Gala
# 309B	Men 12-12 100 Back	1:23,63L	2020/02/21	Infinity Champs LC Gala
Rey, Sebastien M (16) 2003/04/17 VINE-CPT				
# 109	Men 15-16 400 Free	4:39,57L	2019/12/17	KZNA Premier Provincial Championship 2019
# 201E	Men 15-16 200 Free	2:10,31L	2019/12/17	KZNA Premier Provincial Championship 2019
# 207E	Men 15-16 50 Back	32,84L	2019/05/25	OBA Gala 1
# 301E	Men 15-16 100 Free	1:01,52L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 309E	Men 15-16 100 Back	1:09,28L	2020/01/18	Cape of Good Hope Gala
# 313E	Men 15-16 200 IM	2:34,01L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 401E	Men 15-16 50 Free	27,87L	2019/12/17	KZNA Premier Provincial Championship 2019
# 409E	Men 15-16 200 Back	2:28,00L	2020/01/18	Cape of Good Hope Gala
Robbertze, Nico Wessel (11) 2008/11/05 ASAW-CED				
# 101A	Men 11 & Under 400 Free	5:40,31L	2020/01/25	West Coast Qualify Gala 2020
# 201A	Men 11 & Under 200 Free	2:34,64L	2019/12/01	Western Cape Summer Championships 2019
# 207A	Men 11 & Under 50 Back	39,89L	2019/12/01	Western Cape Summer Championships 2019
# 301A	Men 11 & Under 100 Free	1:11,99L	2019/12/01	Western Cape Summer Championships 2019
# 309A	Men 11 & Under 100 Back	1:25,27L	2019/12/01	Western Cape Summer Championships 2019
# 313A	Men 11 & Under 200 IM	2:59,64L	2019/12/01	Western Cape Summer Championships 2019
Rohner, Jayden M (12) 2007/04/23 BLMA-CPT				
# 201B	Men 12-12 200 Free	2:46,61L	2019/09/26	Aquabear Invitational Meet 2019
# 207B	Men 12-12 50 Back	36,83L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301B	Men 12-12 100 Free	1:10,22L	2020/01/25	West Coast Qualify Gala 2020
# 305B	Men 12-12 50 Breast	46,65L	2020/01/25	West Coast Qualify Gala 2020
# 309B	Men 12-12 100 Back	1:22,69L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401B	Men 12-12 50 Free	31,79L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 409B	Men 12-12 200 Back	3:01,08L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411B	Men 12-12 50 Fly	39,47L	2019/09/26	Aquabear Invitational Meet 2019
Rudolph, Wido (14) 2006/02/02 FISH-EDD				
# 205D	Men 14-14 100 Breast	1:18,15L	2019/09/26	Aquabear Invitational Meet 2019
# 211D	Men 14-14 100 Fly	1:08,00L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
Sa, Diogo C (17) 2002/09/27 ASAC-CPT				
# 207F	Men 17 & Over 50 Back	32,36L	2019/09/06	CTA QUALIFYING GALA #1
# 301F	Men 17 & Over 100 Free	1:01,21L	2019/12/01	Western Cape Summer Championships 2019
# 305F	Men 17 & Over 50 Breast	35,21L	2019/12/01	Western Cape Summer Championships 2019
# 309F	Men 17 & Over 100 Back	1:08,59L	2019/06/01	CTMA MEET #1
# 313F	Men 17 & Over 200 IM	2:31,77L	2019/09/06	CTA QUALIFYING GALA #1
# 401F	Men 17 & Over 50 Free	28,40L	2019/09/06	CTA QUALIFYING GALA #1
# 409F	Men 17 & Over 200 Back	2:31,56L	2019/09/06	CTA QUALIFYING GALA #1
Schultz, Heinrich W (11) 2009/02/18 BARR-CPT				
# 101A	Men 11 & Under 400 Free	6:27,43L	2019/11/01	38th Freda Barnard Invitational Gala
# 201A	Men 11 & Under 200 Free	2:48,94L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 205A	Men 11 & Under 100 Breast	1:41,18L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301A	Men 11 & Under 100 Free	1:21,29L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 305A	Men 11 & Under 50 Breast	47,30L	2019/11/01	38th Freda Barnard Invitational Gala
# 313A	Men 11 & Under 200 IM	3:09,54L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401A	Men 11 & Under 50 Free	35,01L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 405A	Men 11 & Under 200 Breast	3:29,58L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411A	Men 11 & Under 50 Fly	39,94L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Scott, Luke J (11) 2008/07/28 ROA-EDD				
# 101A	Men 11 & Under 400 Free	5:29,13L	2019/12/06	Eden LC Champs 2019
# 201A	Men 11 & Under 200 Free	2:34,19L	2019/11/01	38th Freda Barnard Invitational Gala
# 205A	Men 11 & Under 100 Breast	1:28,90L	2020/02/21	Infinity Champs LC Gala
# 207A	Men 11 & Under 50 Back	37,23L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 211A	Men 11 & Under 100 Fly	1:29,09L	2019/12/06	Eden LC Champs 2019
# 301A	Men 11 & Under 100 Free	1:07,74L	2020/02/21	Infinity Champs LC Gala
# 305A	Men 11 & Under 50 Breast	40,77L	2019/12/06	Eden LC Champs 2019
# 309A	Men 11 & Under 100 Back	1:21,49L	2020/02/08	EDEN 5th A-League Gala 2020
# 313A	Men 11 & Under 200 IM	2:49,92L	2020/02/21	Infinity Champs LC Gala
# 401A	Men 11 & Under 50 Free	30,69L	2020/02/21	Infinity Champs LC Gala
# 405A	Men 11 & Under 200 Breast	3:22,40L	2019/09/13	EDEN SC Champs 2019
# 409A	Men 11 & Under 200 Back	2:55,70L	2019/09/13	EDEN SC Champs 2019
# 411A	Men 11 & Under 50 Fly	34,39L	2020/02/21	Infinity Champs LC Gala
Sieed, Moegamad N (20) 1999/07/10 VINE-CPT				
# 207F	Men 17 & Over 50 Back	32,08L	2020/01/18	Cape of Good Hope Gala

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 211F	Men 17 & Over 100 Fly	1:01,37L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 305F	Men 17 & Over 50 Breast	34,84L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 313F	Men 17 & Over 200 IM	2:43,15L	2019/11/02	Swartland Invitational #1
# 401F	Men 17 & Over 50 Free	25,91L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 411F	Men 17 & Over 50 Fly	27,80L	2019/12/01	Western Cape Summer Championships 2019
Smit, Morgan-Jack M (12) 2007/12/16 SAAW-CPT				
# 103	Men 12-12 400 Free	6:08,63L	2019/12/07	Valley Classic Meet
# 207B	Men 12-12 50 Back	38,81L	2019/12/07	Valley Classic Meet
# 301B	Men 12-12 100 Free	1:17,66L	2020/01/18	Cape of Good Hope Gala
# 309B	Men 12-12 100 Back	1:22,58L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 313B	Men 12-12 200 IM	3:10,64L	2019/09/06	CTA QUALIFYING GALA #1
Solms, Michael (14) 2005/09/19 QUIC-CPT				
# 201D	Men 14-14 200 Free	2:30,41L	2020/02/22	Swartland Invitational Gala 2
# 207D	Men 14-14 50 Back	35,28L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 211D	Men 14-14 100 Fly	1:14,65L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 309D	Men 14-14 100 Back	1:13,73L	2019/08/31	West Coast Spring Invitational Gala 2019
# 401D	Men 14-14 50 Free	30,42L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 409D	Men 14-14 200 Back	2:45,00L	2020/02/22	Swartland Invitational Gala 2
# 411D	Men 14-14 50 Fly	32,77L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Solomon, Ethan (11) 2008/03/23 AQDO-CPT				
# 101A	Men 11 & Under 400 Free	5:26,54L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 201A	Men 11 & Under 200 Free	2:30,42L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 211A	Men 11 & Under 100 Fly	1:21,89L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301A	Men 11 & Under 100 Free	1:08,47L	2019/12/01	Western Cape Summer Championships 2019
# 313A	Men 11 & Under 200 IM	3:19,06L	2019/09/06	CTA QUALIFYING GALA #1
# 401A	Men 11 & Under 50 Free	31,98L	2019/12/01	Western Cape Summer Championships 2019
# 411A	Men 11 & Under 50 Fly	35,72L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Southworth, Matthew W (11) 2008/06/17 TYGE-CPT				
# 201A	Men 11 & Under 200 Free	2:47,49L	2019/12/01	Western Cape Summer Championships 2019
# 205A	Men 11 & Under 100 Breast	1:42,06L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 207A	Men 11 & Under 50 Back	43,16L	2019/11/02	Swartland Invitational #1
# 301A	Men 11 & Under 100 Free	1:15,72L	2019/12/01	Western Cape Summer Championships 2019
# 305A	Men 11 & Under 50 Breast	46,85L	2020/02/22	Swartland Invitational Gala 2
# 309A	Men 11 & Under 100 Back	1:31,56L	2019/12/01	Western Cape Summer Championships 2019
# 313A	Men 11 & Under 200 IM	3:10,01L	2019/12/01	Western Cape Summer Championships 2019
# 401A	Men 11 & Under 50 Free	35,15L	2019/12/01	Western Cape Summer Championships 2019
# 405A	Men 11 & Under 200 Breast	3:40,23L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 409A	Men 11 & Under 200 Back	3:16,17L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 411A	Men 11 & Under 50 Fly	40,10L	2020/01/25	CTA TYR QUALIFYING GALA #3
Stephenson, Liam N (10) 2009/08/07 FISH-EDD				
# 201A	Men 11 & Under 200 Free	2:45,14L	2020/02/29	WCA Junior Champs - 2020
# 205A	Men 11 & Under 100 Breast	1:45,46L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 207A	Men 11 & Under 50 Back	42,16L	2019/09/13	EDEN SC Champs 2019
Swart, Niklis (14) 2005/10/11 PLAY-CED				
# 107	Men 14-14 400 Free	4:47,52L	2019/12/01	Western Cape Summer Championships 2019
# 201D	Men 14-14 200 Free	2:15,94L	2019/12/01	Western Cape Summer Championships 2019
# 207D	Men 14-14 50 Back	33,15L	2020/01/25	West Coast Qualify Gala 2020
# 211D	Men 14-14 100 Fly	1:07,30L	2019/11/02	Swartland Invitational #1
# 301D	Men 14-14 100 Free	1:02,25L	2020/01/25	West Coast Qualify Gala 2020
# 309D	Men 14-14 100 Back	1:13,53L	2019/12/01	Western Cape Summer Championships 2019
# 313D	Men 14-14 200 IM	2:41,46L	2019/12/01	Western Cape Summer Championships 2019
# 401D	Men 14-14 50 Free	29,32L	2019/12/01	Western Cape Summer Championships 2019
# 411D	Men 14-14 50 Fly	30,10L	2020/01/25	West Coast Qualify Gala 2020
Szapira, Saul (13) 2006/07/14 TYGE-CPT				
# 105	Men 13-13 400 Free	5:10,46L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 201C	Men 13-13 200 Free	2:30,00L	2019/12/01	Western Cape Summer Championships 2019
# 207C	Men 13-13 50 Back	38,73L	2019/12/01	Western Cape Summer Championships 2019

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 211C	Men 13-13 100 Fly	1:26,20L	2019/09/21	Winelands Senior League 3 - 21Sept 2019
# 301C	Men 13-13 100 Free	1:07,79L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 309C	Men 13-13 100 Back	1:18,07L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313C	Men 13-13 200 IM	2:50,59L	2019/12/01	Western Cape Summer Championships 2019
# 401C	Men 13-13 50 Free	32,73L	2019/12/01	Western Cape Summer Championships 2019
# 409C	Men 13-13 200 Back	2:50,40L	2019/12/01	Western Cape Summer Championships 2019
# 411C	Men 13-13 50 Fly	38,01L	2019/11/01	38th Freda Barnard Invitational Gala
Terblanche, Luan L (11) 2008/08/12 TYGE-CPT				
# 101A	Men 11 & Under 400 Free	5:18,72L	2019/12/01	Western Cape Summer Championships 2019
# 201A	Men 11 & Under 200 Free	2:34,75L	2019/12/01	Western Cape Summer Championships 2019
# 205A	Men 11 & Under 100 Breast	1:30,08L	2019/12/01	Western Cape Summer Championships 2019
# 211A	Men 11 & Under 100 Fly	1:17,25L	2019/12/01	Western Cape Summer Championships 2019
# 301A	Men 11 & Under 100 Free	1:12,56L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 305A	Men 11 & Under 50 Breast	43,64L	2020/01/18	Cape of Good Hope Gala
# 309A	Men 11 & Under 100 Back	1:19,52L	2019/06/14	PEA Winter Gala
# 313A	Men 11 & Under 200 IM	2:47,75L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 405A	Men 11 & Under 200 Breast	3:07,32L	2019/12/01	Western Cape Summer Championships 2019
# 409A	Men 11 & Under 200 Back	2:47,54L	2019/12/01	Western Cape Summer Championships 2019
# 411A	Men 11 & Under 50 Fly	35,71L	2019/12/01	Western Cape Summer Championships 2019
Theys, Jayden-Lee (11) 2008/12/16 CYBE-CPT				
# 101A	Men 11 & Under 400 Free	5:27,45L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 201A	Men 11 & Under 200 Free	2:36,49L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 205A	Men 11 & Under 100 Breast	1:40,60L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 211A	Men 11 & Under 100 Fly	1:29,52L	2019/12/01	Western Cape Summer Championships 2019
# 301A	Men 11 & Under 100 Free	1:12,93L	2019/12/01	Western Cape Summer Championships 2019
# 305A	Men 11 & Under 50 Breast	44,76L	2020/01/18	Cape of Good Hope Gala
# 313A	Men 11 & Under 200 IM	3:04,65L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 401A	Men 11 & Under 50 Free	32,73L	2019/12/01	Western Cape Summer Championships 2019
# 405A	Men 11 & Under 200 Breast	3:33,95L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 411A	Men 11 & Under 50 Fly	36,46L	2019/09/26	KZN Seagulls Winter Short Course Championship
Tindall, William D (13) 2007/03/12 FISH-EDD				
# 201C	Men 13-13 200 Free	2:34,29L	2019/11/16	EDEN 3rd A-League Gala 2019
# 207C	Men 13-13 50 Back	36,70L	2019/12/06	Eden LC Champs 2019
# 301C	Men 13-13 100 Free	1:07,43L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 309C	Men 13-13 100 Back	1:17,24L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
Tindall, Matthew T (11) 2008/09/17 FISH-EDD				
# 201A	Men 11 & Under 200 Free	2:53,57L	2019/11/01	38th Freda Barnard Invitational Gala
# 205A	Men 11 & Under 100 Breast	1:41,07L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 207A	Men 11 & Under 50 Back	41,02L	2019/09/13	EDEN SC Champs 2019
# 301A	Men 11 & Under 100 Free	1:17,80L	2019/11/01	38th Freda Barnard Invitational Gala
# 305A	Men 11 & Under 50 Breast	46,82L	2019/11/01	38th Freda Barnard Invitational Gala
# 309A	Men 11 & Under 100 Back	1:32,43L	2019/12/06	Eden LC Champs 2019
Trower, Nicholas T (11) 2008/12/18 TYGE-CPT				
# 101A	Men 11 & Under 400 Free	5:08,89L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 201A	Men 11 & Under 200 Free	2:29,50L	2019/12/01	Western Cape Summer Championships 2019
# 207A	Men 11 & Under 50 Back	38,21L	2019/12/01	Western Cape Summer Championships 2019
# 301A	Men 11 & Under 100 Free	1:08,38L	2019/12/01	Western Cape Summer Championships 2019
# 305A	Men 11 & Under 50 Breast	41,81L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 309A	Men 11 & Under 100 Back	1:21,23L	2019/12/01	Western Cape Summer Championships 2019
# 313A	Men 11 & Under 200 IM	2:50,20L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 401A	Men 11 & Under 50 Free	32,02L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 409A	Men 11 & Under 200 Back	2:50,24L	2019/09/06	CTA QUALIFYING GALA #1
# 411A	Men 11 & Under 50 Fly	35,67L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Van Der Colff, Stian (14) 2005/12/06 FISH-EDD				
# 205D	Men 14-14 100 Breast	1:25,73L	2019/11/16	EDEN 3rd A-League Gala 2019
# 207D	Men 14-14 50 Back	33,25L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 301D	Men 14-14 100 Free	1:04,01L	2020/02/08	EDEN 5th A-League Gala 2020

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 309D	Men 14-14 100 Back	1:13,89L	2020/02/08	EDEN 5th A-League Gala 2020
# 401D	Men 14-14 50 Free	28,47L	2019/11/01	38th Freda Barnard Invitational Gala
Van Der Merwe, Ula W (12) 2007/10/18 KNYD-EDD				
# 103	Men 12-12 400 Free	5:39,84L	2019/09/26	Aquabear Invitational Meet 2019
# 201B	Men 12-12 200 Free	2:34,92L	2019/09/26	Aquabear Invitational Meet 2019
# 207B	Men 12-12 50 Back	37,76L	2020/01/18	CTA INTER DISTRICT PRESTIGE GALA 2020
# 301B	Men 12-12 100 Free	1:11,09L	2020/02/08	EDEN 5th A-League Gala 2020
# 309B	Men 12-12 100 Back	1:25,87L	2019/11/01	38th Freda Barnard Invitational Gala
# 401B	Men 12-12 50 Free	32,65L	2019/11/01	38th Freda Barnard Invitational Gala
# 411B	Men 12-12 50 Fly	39,32L	2019/09/13	EDEN SC Champs 2019
Van Heerden, Dirk (12) 2007/06/10 TYGE-CPT				
# 205B	Men 12-12 100 Breast	1:37,76L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
# 207B	Men 12-12 50 Back	37,56L	2019/10/04	CTA TYR QUALIFYING GALA #2 - 04to06Oct'19
Van Reenen, Ryan (21) 1998/12/26 CUDU-CPT				
# 201F	Men 17 & Over 200 Free	2:18,83L	2019/09/26	Aquabear Invitational Meet 2019
# 207F	Men 17 & Over 50 Back	35,98L	2019/10/19	Winelands Senior League 4 - 19 Oct 2019
# 211F	Men 17 & Over 100 Fly	1:05,75L	2019/12/01	Western Cape Summer Championships 2019
# 301F	Men 17 & Over 100 Free	59,70L	2019/07/05	WCA SC Championships 2019
# 305F	Men 17 & Over 50 Breast	34,31L	2019/12/01	Western Cape Summer Championships 2019
# 401F	Men 17 & Over 50 Free	25,86L	2019/12/01	Western Cape Summer Championships 2019
# 411F	Men 17 & Over 50 Fly	28,18L	2020/02/22	Swartland Invitational Gala 2
Van Schalkwyk, Janco (12) 2007/09/05 QUIC-CPT				
# 103	Men 12-12 400 Free	5:54,71L	2019/11/01	38th Freda Barnard Invitational Gala
# 201B	Men 12-12 200 Free	2:42,27L	2019/12/01	Western Cape Summer Championships 2019
# 207B	Men 12-12 50 Back	38,16L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301B	Men 12-12 100 Free	1:13,93L	2020/02/22	Swartland Invitational Gala 2
# 305B	Men 12-12 50 Breast	50,58L	2019/11/01	38th Freda Barnard Invitational Gala
# 309B	Men 12-12 100 Back	1:19,75L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401B	Men 12-12 50 Free	34,91L	2019/11/01	38th Freda Barnard Invitational Gala
# 409B	Men 12-12 200 Back	2:47,25L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Van Schoor, Kyle (16) 2003/06/09 WELL-CED				
# 301E	Men 15-16 100 Free	57,66L	2019/06/08	Winelands Winter Gala
# 401E	Men 15-16 50 Free	26,37L	2019/06/08	Winelands Winter Gala
Van Staden, Willem H (11) 2008/06/18 ASAW-CED				
# 201A	Men 11 & Under 200 Free	2:58,94L	2019/12/01	Western Cape Summer Championships 2019
# 205A	Men 11 & Under 100 Breast	1:34,89L	2019/12/01	Western Cape Summer Championships 2019
# 301A	Men 11 & Under 100 Free	1:23,90L	2020/01/25	West Coast Qualify Gala 2020
# 305A	Men 11 & Under 50 Breast	41,47L	2019/12/01	Western Cape Summer Championships 2019
# 313A	Men 11 & Under 200 IM	3:12,62L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 401A	Men 11 & Under 50 Free	35,81L	2019/12/01	Western Cape Summer Championships 2019
# 405A	Men 11 & Under 200 Breast	3:16,52L	2020/01/31	2020 Grand Prix Invitational Swimming Meet-CT
# 411A	Men 11 & Under 50 Fly	47,22L	2019/11/02	Swartland Invitational #1
Van Vondel, Anton J (13) 2006/12/21 TYGE-CPT				
# 201C	Men 13-13 200 Free	2:40,45L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 207C	Men 13-13 50 Back	34,41L	2019/12/01	Western Cape Summer Championships 2019
# 301C	Men 13-13 100 Free	1:13,35L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 309C	Men 13-13 100 Back	1:17,82L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 313C	Men 13-13 200 IM	3:05,14L	2019/12/01	Western Cape Summer Championships 2019
# 401C	Men 13-13 50 Free	31,46L	2019/12/01	Western Cape Summer Championships 2019
# 409C	Men 13-13 200 Back	2:49,77L	2019/12/01	Western Cape Summer Championships 2019
# 411C	Men 13-13 50 Fly	36,01L	2020/01/25	CTA TYR QUALIFYING GALA #3
Van Wyk, Wesley R (13) 2006/05/26 GREY-CPT				
# 105	Men 13-13 400 Free	5:14,10L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 201C	Men 13-13 200 Free	2:28,23L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 211C	Men 13-13 100 Fly	1:16,76L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 301C	Men 13-13 100 Free	1:05,36L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313C	Men 13-13 200 IM	2:44,18L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 401C	Men 13-13 50 Free	29,95L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 411C	Men 13-13 50 Fly	31,94L	2019/12/01	Western Cape Summer Championships 2019
Van Zyl, Zach P (17) 2002/03/20 PLAY-CED				
# 201F	Men 17 & Over 200 Free	2:18,64L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
# 207F	Men 17 & Over 50 Back	32,81L	2019/09/26	Aquabear Invitational Meet 2019
# 301F	Men 17 & Over 100 Free	1:02,06L	2020/02/22	Swartland Invitational Gala 2
# 309F	Men 17 & Over 100 Back	1:08,46L	2019/10/12	Curro Langebaan Gala 12 OCT 2019
# 401F	Men 17 & Over 50 Free	28,01L	2019/12/01	Western Cape Summer Championships 2019
# 409F	Men 17 & Over 200 Back	2:33,59L	2019/10/19	WESTERN CAPE SCHOOLS TRIALS
Vd Merwe, Michael D (13) 2007/03/16 QUIC-CPT				
# 201C	Men 13-13 200 Free	2:40,85L	2019/06/22	Langebaan Winter Mist Gala 2019
# 205C	Men 13-13 100 Breast	1:25,45L	2019/09/06	CTA QUALIFYING GALA #1
# 207C	Men 13-13 50 Back	34,49L	2019/08/08	Sa Short Course Swimming Champs (25m) PMBG 19
# 211C	Men 13-13 100 Fly	1:26,88L	2019/09/26	Aquabear Invitational Meet 2019
# 301C	Men 13-13 100 Free	1:10,65L	2019/06/22	Langebaan Winter Mist Gala 2019
# 305C	Men 13-13 50 Breast	38,21L	2019/08/08	Sa Short Course Swimming Champs (25m) PMBG 19
# 309C	Men 13-13 100 Back	1:13,79L	2019/08/08	Sa Short Course Swimming Champs (25m) PMBG 19
# 313C	Men 13-13 200 IM	2:49,59L	2019/09/26	Aquabear Invitational Meet 2019
# 401C	Men 13-13 50 Free	32,06L	2020/02/22	Swartland Invitational Gala 2
# 405C	Men 13-13 200 Breast	3:02,47L	2019/08/08	Sa Short Course Swimming Champs (25m) PMBG 19
# 409C	Men 13-13 200 Back	2:44,45L	2019/08/08	Sa Short Course Swimming Champs (25m) PMBG 19
# 411C	Men 13-13 50 Fly	36,45L	2019/08/08	Sa Short Course Swimming Champs (25m) PMBG 19
Vd Toorn, Corin (11) 2008/05/20 CYBE-CPT				
# 101A	Men 11 & Under 400 Free	5:35,70L	2019/07/05	WCA SC Championships 2019
# 201A	Men 11 & Under 200 Free	2:40,84L	2019/06/01	CTMA MEET #1
# 207A	Men 11 & Under 50 Back	37,42L	2019/09/26	KZN Seagulls Winter Short Course Championship
# 211A	Men 11 & Under 100 Fly	1:22,12L	2019/07/05	WCA SC Championships 2019
# 301A	Men 11 & Under 100 Free	1:14,95L	2019/07/05	WCA SC Championships 2019
# 309A	Men 11 & Under 100 Back	1:19,57L	2019/07/05	WCA SC Championships 2019
# 401A	Men 11 & Under 50 Free	35,21L	2019/08/10	CTMA MEET #3 - 10Aug'19
# 409A	Men 11 & Under 200 Back	2:47,27L	2019/07/05	WCA SC Championships 2019
Versfeld, George B (17) 2003/02/03 ASAC-CPT				
# 111	Men 17 & Over 400 Free	5:25,82L	2020/02/29	WCA Junior Champs - 2020
# 201F	Men 17 & Over 200 Free	2:20,52L	2020/01/18	Cape of Good Hope Gala
# 207F	Men 17 & Over 50 Back	36,15L	2019/12/07	Valley Classic Meet
# 211F	Men 17 & Over 100 Fly	1:12,91L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 301F	Men 17 & Over 100 Free	1:01,55L	2020/02/29	WCA Junior Champs - 2020
# 401F	Men 17 & Over 50 Free	27,73L	2019/12/07	Valley Classic Meet
# 411F	Men 17 & Over 50 Fly	31,47L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
Watson, Cameron H (16) 2003/03/20 CYBE-CPT				
# 109	Men 15-16 400 Free	4:56,21L	2019/06/15	CTMA JUNIOR SC CHALLENGE
# 201E	Men 15-16 200 Free	2:15,87L	2019/06/01	CTMA MEET #1
# 211E	Men 15-16 100 Fly	1:10,33L	2019/06/01	CTMA MEET #1
# 301E	Men 15-16 100 Free	1:00,85L	2019/07/13	CTMA MEET #2
# 309E	Men 15-16 100 Back	1:06,93L	2019/06/01	CTMA MEET #1
# 313E	Men 15-16 200 IM	2:35,25L	2019/07/05	WCA SC Championships 2019
Wessels, Armin L (12) 2007/07/21 MATI-CED				
# 205B	Men 12-12 100 Breast	1:28,78L	2019/12/01	Western Cape Summer Championships 2019
# 301B	Men 12-12 100 Free	1:13,01L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 305B	Men 12-12 50 Breast	39,58L	2019/12/01	Western Cape Summer Championships 2019
# 313B	Men 12-12 200 IM	3:07,18L	2020/01/25	CTA TYR QUALIFYING GALA #3
# 401B	Men 12-12 50 Free	31,31L	2019/12/01	Western Cape Summer Championships 2019
# 411B	Men 12-12 50 Fly	38,28L	2020/01/25	CTA TYR QUALIFYING GALA #3
Whitfield, Cameron (11) 2008/09/22 VINE-CPT				
# 201A	Men 11 & Under 200 Free	2:48,95L	2019/12/01	Western Cape Summer Championships 2019
# 205A	Men 11 & Under 100 Breast	1:33,49L	2019/12/01	Western Cape Summer Championships 2019
# 207A	Men 11 & Under 50 Back	44,26L	2019/08/10	CTMA MEET #3 - 10Aug'19

Individual Meet Entries Report
SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet
# 301A	Men 11 & Under 100 Free	1:18,73L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 309A	Men 11 & Under 100 Back	1:30,94L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 313A	Men 11 & Under 200 IM	3:14,53L	2020/02/14	CTA L2,L3 & SANJ+ CHAMPIONSHIPS
# 401A	Men 11 & Under 50 Free	36,14L	2019/12/01	Western Cape Summer Championships 2019
# 407A	Men 14 & Under 100 Breast	1:33,49L	2019/12/01	Western Cape Summer Championships 2019
Williams, Jayden J (11) 2008/12/30 PAQU-CED				
# 101A	Men 11 & Under 400 Free	5:54,09L	2020/01/25	West Coast Qualify Gala 2020
# 201A	Men 11 & Under 200 Free	2:46,09L	2020/01/25	West Coast Qualify Gala 2020
# 205A	Men 11 & Under 100 Breast	1:28,60L	2020/01/18	Cape of Good Hope Gala
# 211A	Men 11 & Under 100 Fly	1:30,50L	2020/01/25	West Coast Qualify Gala 2020
# 301A	Men 11 & Under 100 Free	1:15,24L	2020/01/18	Cape of Good Hope Gala
# 305A	Men 11 & Under 50 Breast	41,66L	2020/01/18	Cape of Good Hope Gala
# 313A	Men 11 & Under 200 IM	2:59,97L	2020/01/25	West Coast Qualify Gala 2020
# 405A	Men 11 & Under 200 Breast	3:16,85L	2020/01/25	West Coast Qualify Gala 2020
# 409A	Men 11 & Under 200 Back	3:17,49L	2019/09/21	Winelands Senior League 3 - 21Sept 2019
# 411A	Men 11 & Under 50 Fly	37,95L	2020/01/18	Cape of Good Hope Gala

Individual Meet Entries Report

SA Level 3 Regional Age Group Champs 2020-WC 16-Mar-20 to 19-Mar-20 LC Meters

MEN	Event	Time	Date	Meet																				
<table style="width: 100%; border: none;"> <tr> <td style="width: 10%;">Female IE's:</td> <td style="width: 40%;">708</td> <td colspan="3"></td> </tr> <tr> <td>Male IE's:</td> <td>713</td> <td colspan="3"></td> </tr> <tr> <td>Total IE's:</td> <td>1 421</td> <td colspan="3"></td> </tr> <tr> <td> Total Athletes:</td> <td> 196</td> <td colspan="3"></td> </tr> </table>					Female IE's:	708				Male IE's:	713				Total IE's:	1 421				 Total Athletes:	 196			
Female IE's:	708																							
Male IE's:	713																							
Total IE's:	1 421																							
 Total Athletes:	 196																							