

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 99 Girls 8 & Under 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 De Villiers, Anja	8	Barracudas Aquarama SC-CP	3:35,60
2 Tsai-Rieb, Pei-Chi P	8	Cybersmart Aquatics-CP	3:39,68
3 Saaiman, Stella	8	Quick Silver Swimming Academy-CP	3:53,89

**Event 99 Girls 9 Year Olds 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Thomatos, Tatiana C	9	Quick Silver Swimming Academy-CP	3:10,52
2 Van Heerden, Hannah R	9	Curro Durbanville Aquatics-CP	3:40,81
3 Barlow, Emily L	9	Greydogs Swimming Club-CP	3:46,30
4 Murray, Carli	9	Quick Silver Swimming Academy-CP	4:00,15
5 Duvenhage, Ninke	9	Quick Silver Swimming Academy-CP	4:21,76

**Event 99 Girls 10 Year Olds 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Rossouw, Emma M	10	Quick Silver Swimming Academy-CP	2:57,99
2 McWilliam, Amy L	10	Camps Bay Swimmng Club-CP	3:14,31
3 Jantzen, Zianè	10	Quick Silver Swimming Academy-CP	3:23,89
4 Landman, Charnè	10	Aqua Sharks Academy-CP	3:24,05
5 Hendricks, Jemma	10	AquaWolf Aquatics Club-CP	3:25,45
6 Hartung, Amy M	10	Aqua Sharks Academy-CP	3:27,45
7 Visagie, Larissa	10	Aqua Sharks Academy-CP	3:35,65
8 Mthandi, Mbali M	10	Blouberg Marlins-CP	3:50,01

**Event 99 Boys 8 & Under 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Nieuwoudt, Anton	8	Curro Durbanville Aquatics-CP	2:53,05
2 Khan, Rayhan	7	Cybersmart Aquatics-CP	3:42,02

**Event 99 Boys 9 Year Olds 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Cavallaro, Michele R	9	Cybersmart Aquatics-CP	3:24,23
2 Coetzee, Sion M	9	Quick Silver Swimming Academy-CP	3:32,10
3 Lee, Luka V	9	Quick Silver Swimming Academy-CP	4:00,69
4 Rademan, Sebastien	9	Quick Silver Swimming Academy-CP	4:27,22

**Event 99 Boys 10 Year Olds 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Kotzè, Max M	10	Blouberg Marlins-CP	2:58,54
2 Sirin, Ben	10	Aqua Sharks Academy-CP	3:04,50
3 Vermeulen, Hanco	10	Tygerberg Aquatics-CP	3:05,02
4 Visagie, Liam	10	Aqua Sharks Academy-CP	3:10,27
5 Haupt, Rhys A	10	Aqua Sharks Academy-CP	3:12,40
6 Cronjè, Meyer	10	Quick Silver Swimming Academy-CP	3:18,08
7 Basson, Lucca N	10	Cybersmart Aquatics-CP	3:20,38
8 Lonte, Lochner L	10	Quick Silver Swimming Academy-CP	3:42,16

**Event 100 Boys 8 & Under 50 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Coleman, Travis	8	Blouberg Marlins-CP	55,80
2 Vd Merwe, Carlo G	8	Quick Silver Swimming Academy-CP	1:00,48
3 Troskie, Jean	8	Quick Silver Swimming Academy-CP	1:00,59
4 Troskie, Roean	8	Quick Silver Swimming Academy-CP	1:03,05
5 Tsai, Ethan M	8	Blouberg Marlins-CP	1:03,06

## Cape of Good Hope Gala 2020 - 2020/01/18

## Results

**(Event 100 Boys 8 & Under 50 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
6 Kirsten, James H	8	Barracudas Aquarama SC-CP	1:03,74
7 Terblanche, Steyn	8	Quick Silver Swimming Academy-CP	1:17,37
--- Sefara, Oratile M	8	Khayelitsha Aquatics-CP	DQ
--- Shipton, Christopher J	7	Quick Silver Swimming Academy-CP	DQ
--- Van Tubbergh, Tiaan	8	Quick Silver Swimming Academy-CP	DQ

**Event 101 Boys 9 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Basson, Heiko J	9	Paarl Aquarius SC-CE	51,14
2 Ferguson, Finlay H	9	Blouberg Marlins-CP	51,44
3 Lewin, Dylan H	9	Blouberg Marlins-CP	55,98
4 Jones, Thomas W	9	Blouberg Marlins-CP	56,52
5 Marais, Ricus	9	Blouberg Marlins-CP	56,90
6 Newell, Jason J	9	Greydogs Swimming Club-CP	57,27
7 Rademan, Sebastien	9	Quick Silver Swimming Academy-CP	58,24
8 Mills, Keagan D	9	Aqua Sharks Academy-CP	58,46
9 Els, Liam R	9	Tygerberg Aquatics-CP	58,91
10 Coetzee, Sion M	9	Quick Silver Swimming Academy-CP	1:00,79
11 Lee, Luka V	9	Quick Silver Swimming Academy-CP	1:05,57
12 Snyders, Reece	9	Uwc Aquatics-CP	1:06,18
13 Visser, Wessel M	9	Uwc Aquatics-CP	1:08,21
14 September, Greyson L	9	Khayelitsha Aquatics-CP	1:11,72
15 Gongo, Sibabalwe	9	Uwc Aquatics-CP	1:13,63
--- Brown, Cameron M	9	Camps Bay Swimmng Club-CP	DQ

**Event 101 Boys 10 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Burger, Rosseau	10	University of Stellenbosch-CE	47,97
2 Kotzè, Max M	10	Blouberg Marlins-CP	51,56
3 Kalapac, Joshua	10	Blouberg Marlins-CP	52,98
4 Poggenpoel, Troy J	10	Retreat Aquatics-CP	53,17
5 Dlomo, Jermaine S	10	Cybersmart Aquatics-CP	53,69
6 Julies, Malachi	10	Westridge Swimming-CP	54,11
7 Minnaar, Nicolas	10	Tygerberg Aquatics-CP	54,65
8 Efrat, Beau C	10	Blouberg Marlins-CP	56,76
9 Hillebrand, Steffan W	10	Blouberg Marlins-CP	57,72
10 Taljaard, Jason	10	Cybersmart Aquatics-CP	58,54
11 Lonte, Lochner L	10	Quick Silver Swimming Academy-CP	58,68
12 Basson, Lucca N	10	Cybersmart Aquatics-CP	1:05,02
13 Schenk, Travis	10	Blouberg Marlins-CP	1:11,23
14 Shipton, Jack H	10	Quick Silver Swimming Academy-CP	1:12,83
--- Kohn, Keiran L	10	Blouberg Marlins-CP	DQ
--- Visagie, Liam	10	Aqua Sharks Academy-CP	DQ

**Event 102 Girls 8 & Under 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 De Jager, Sophia	8	Barracudas Aquarama SC-CP	1:01,05
2 De Villiers, Anja	8	Barracudas Aquarama SC-CP	1:01,96
3 Laker, Mischa	8	Barracudas Aquarama SC-CP	1:02,17
4 Saaiman, Stella	8	Quick Silver Swimming Academy-CP	1:04,78
5 Joyce, Jenna	7	Barracudas Aquarama SC-CP	1:06,41
6 Marais, Jodi	8	Blouberg Marlins-CP	1:06,77

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 102 Girls 8 & Under 50 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
--- Fourie, Anè	8	Quick Silver Swimming Academy-CP	DQ

**Event 103 Girls 9 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Thomatos, Tatiana C	9	Quick Silver Swimming Academy-CP	50,41
2 Waters, Megan D	9	Blouberg Marlins-CP	53,93
3 Dos-Santos, Sofiya E	9	Aqua Sharks Academy-CP	54,31
4 Van Heerden, Roxie	9	Tygerberg Aquatics-CP	54,46
5 Strydom, Nicola	9	Quick Silver Swimming Academy-CP	54,51
6 Otterbach, Lily	9	Tygerberg Aquatics-CP	56,19
7 Riley, Logan	9	Vineyard Swimming Club-CP	56,40
8 Myers, Kirsten E	9	Vineyard Swimming Club-CP	1:00,31
9 Loots, Emmelize	9	Tygerberg Aquatics-CP	1:00,69
10 Engela, Emma N	9	Vineyard Swimming Club-CP	1:01,40
11 Van Wyk, Katie R	9	Blouberg Marlins-CP	1:01,66
12 Watts, Nina S	9	Greydogs Swimming Club-CP	1:02,31
13 Van Wyk, Angelica	9	Barracudas Aquarama SC-CP	1:02,43
14 Marais, Mieke	9	Quick Silver Swimming Academy-CP	1:02,76
15 Scheckle, Sasha H	9	Blouberg Marlins-CP	1:06,52
16 Duvenhage, Ninke	9	Quick Silver Swimming Academy-CP	1:07,46
17 Messiter-Tooze, Luna S	9	Blouberg Marlins-CP	1:11,72
18 Less, Shiloh	9	Westridge Swimming-CP	1:19,31
--- Colley, Amica	9	Quick Silver Swimming Academy-CP	DQ

**Event 103 Girls 10 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 De Wet, Lara-Joe	10	Tygerberg Aquatics-CP	44,99
2 Coleman, Madison	10	Blouberg Marlins-CP	46,25
3 Senekal, Margo	10	Barracudas Aquarama SC-CP	49,80
4 Pijoo, Leigh	10	Blouberg Marlins-CP	51,29
5 Huang, Amelia A	10	Blouberg Marlins-CP	51,55
6 Savage, Kate	10	Vineyard Swimming Club-CP	51,92
7 Brooks, Emma	10	Blouberg Marlins-CP	52,15
8 Ward, Maddie	10	Quick Silver Swimming Academy-CP	52,49
9 Immelman, Kendra	10	AquaWolf Aquatics Club-CP	52,60
10 Smit, Mariella	10	Greydogs Swimming Club-CP	52,76
11 Du Toit, Alea	10	Blouberg Marlins-CP	53,30
12 Taylor, Sophie J	10	Greydogs Swimming Club-CP	53,48
13 Assad, Lia J	10	Quick Silver Swimming Academy-CP	54,09
14 Landman, Charnè	10	Aqua Sharks Academy-CP	54,20
15 Van Reenen, Nina	10	Greydogs Swimming Club-CP	54,78
16 Visagie, Larissa	10	Aqua Sharks Academy-CP	54,96
17 Hartung, Amy M	10	Aqua Sharks Academy-CP	55,07
18 Van Zyl, Leila V	10	Quick Silver Swimming Academy-CP	55,66
19 Salie, Nuha	10	Vineyard Swimming Club-CP	56,63
20 Rix, Kaitlyn	10	Barracudas Aquarama SC-CP	56,84
21 Jantzen, Zianè	10	Quick Silver Swimming Academy-CP	57,33
22 Cloete, Anè	10	Quick Silver Swimming Academy-CP	57,84
23 Trout, Sophia L	10	Vineyard Swimming Club-CP	58,30
24 Mthandi, Mbali M	10	Blouberg Marlins-CP	58,55
25 Hagglund, Emma H	10	Quick Silver Swimming Academy-CP	59,41
26 Vries-Morrison, Skye L	10	Uwc Aquatics-CP	1:38,23

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 104 Boys 8 & Under 100 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Nieuwoudt, Anton	8	Curro Durbanville Aquatics-CP	1:32,79
2 Troskie, Roean	8	Quick Silver Swimming Academy-CP	1:53,61
3 Vd Merwe, Carlo G	8	Quick Silver Swimming Academy-CP	1:54,13
4 Khan, Rayhan	7	Cybersmart Aquatics-CP	1:59,02
5 Rossouw, Luc R	8	Tygerberg Aquatics-CP	2:10,68
6 Troskie, Jean	8	Quick Silver Swimming Academy-CP	2:15,20
7 Terblanche, Steyn	8	Quick Silver Swimming Academy-CP	2:15,88
--- Van Tubbergh, Tiaan	8	Quick Silver Swimming Academy-CP	DQ

**Event 105 Boys 9 Year Olds 100 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Ferguson, Finlay H	9	Blouberg Marlins-CP	1:40,61
2 Afonso, Aragon G	9	Quick Silver Swimming Academy-CP	1:44,71
3 Marais, Ricus	9	Blouberg Marlins-CP	1:47,49
4 Jones, Thomas W	9	Blouberg Marlins-CP	1:47,99
5 Lee, Luka V	9	Quick Silver Swimming Academy-CP	1:50,14
6 Coetzee, Sion M	9	Quick Silver Swimming Academy-CP	1:51,31
7 Mills, Keagan D	9	Aqua Sharks Academy-CP	2:00,15
--- Rademan, Sebastien	9	Quick Silver Swimming Academy-CP	DQ

**Event 105 Boys 10 Year Olds 100 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Burger, Rosseau	10	University of Stellenbosch-CE	1:30,33
2 Kotzè, Max M	10	Blouberg Marlins-CP	1:32,09
3 Sirin, Ben	10	Aqua Sharks Academy-CP	1:32,62
4 Haupt, Rhys A	10	Aqua Sharks Academy-CP	1:37,63
5 Vd Waal, Hanno W	10	Tygerberg Aquatics-CP	1:38,05
6 Visagie, Liam	10	Aqua Sharks Academy-CP	1:38,61
7 Cronjè, Meyer	10	Quick Silver Swimming Academy-CP	1:40,11
8 Hillebrand, Steffan W	10	Blouberg Marlins-CP	1:42,47
9 Kalapac, Joshua	10	Blouberg Marlins-CP	1:44,85
10 Basson, Lucca N	10	Cybersmart Aquatics-CP	1:47,62
11 Schenk, Travis	10	Blouberg Marlins-CP	1:53,05
12 Lonte, Lochner L	10	Quick Silver Swimming Academy-CP	1:56,75
13 Efrat, Beau C	10	Blouberg Marlins-CP	1:58,78

**Event 106 Girls 8 & Under 100 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 De Villiers, Anja	8	Barracudas Aquarama SC-CP	1:43,10
2 Tsai-Rieb, Pei-Chi P	8	Cybersmart Aquatics-CP	1:53,08
3 De Jager, Sophia	8	Barracudas Aquarama SC-CP	1:58,37
4 Saaiman, Stella	8	Quick Silver Swimming Academy-CP	2:01,86
5 Fourie, Anè	8	Quick Silver Swimming Academy-CP	2:14,67
6 Marais, Jodi	8	Blouberg Marlins-CP	2:16,52

**Event 107 Girls 9 Year Olds 100 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Thomatos, Tatiana C	9	Quick Silver Swimming Academy-CP	1:37,59
2 Riley, Logan	9	Vineyard Swimming Club-CP	1:41,74
3 Strydom, Nicola	9	Quick Silver Swimming Academy-CP	1:48,98
4 Murray, Carli	9	Quick Silver Swimming Academy-CP	1:54,53
5 Barlow, Emily L	9	Greydogs Swimming Club-CP	1:56,20

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 107 Girls 9 Year Olds 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
6 Marais, Mieke	9	Quick Silver Swimming Academy-CP	1:56,36
7 Dos-Santos, Sofiya E	9	Aqua Sharks Academy-CP	1:58,96
8 Van Heerden, Hannah R	9	Curro Durbanville Aquatics-CP	2:00,59
9 Duvenhage, Ninke	9	Quick Silver Swimming Academy-CP	2:07,17

**Event 107 Girls 10 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Burke, Hannah	10	Blouberg Marlins-CP	1:23,44
2 Huang, Amelia A	10	Blouberg Marlins-CP	1:24,39
3 Coleman, Madison	10	Blouberg Marlins-CP	1:30,06
4 Rossouw, Emma M	10	Quick Silver Swimming Academy-CP	1:30,25
5 Hebler, Lily M	10	Aqua Sharks Academy-CP	1:35,22
6 Ascieri, Summer A	10	Cybersmart Aquatics-CP	1:36,90
7 Van Reenen, Nina	10	Greydogs Swimming Club-CP	1:36,91
8 De Wet, Lara-Joe	10	Tygerberg Aquatics-CP	1:38,30
9 Hendricks, Jemma	10	AquaWolf Aquatics Club-CP	1:40,97
10 Jantzen, Zianè	10	Quick Silver Swimming Academy-CP	1:41,46
11 Landman, Charnè	10	Aqua Sharks Academy-CP	1:41,49
12 Assad, Lia J	10	Quick Silver Swimming Academy-CP	1:42,74
13 McWilliam, Amy L	10	Camps Bay Swimmng Club-CP	1:42,96
14 Hartung, Amy M	10	Aqua Sharks Academy-CP	1:43,56
15 Senekal, Margo	10	Barracudas Aquarama SC-CP	1:44,14
16 Wink, Lara S	10	AquaWolf Aquatics Club-CP	1:44,53
17 Visagie, Larissa	10	Aqua Sharks Academy-CP	1:44,75
18 Trout, Sophia L	10	Vineyard Swimming Club-CP	1:45,96
19 Van Zyl, Leila V	10	Quick Silver Swimming Academy-CP	1:50,24
20 Smit, Mariella	10	Greydogs Swimming Club-CP	1:50,33
21 Brooks, Emma	10	Blouberg Marlins-CP	1:51,69
22 Cloete, Anè	10	Quick Silver Swimming Academy-CP	1:52,28
23 Hagglund, Emma H	10	Quick Silver Swimming Academy-CP	1:53,86
--- Du Toit, Alea	10	Blouberg Marlins-CP	DQ
--- Blaine, Josie	10	Vineyard Swimming Club-CP	DQ

**Event 109 Boys 9 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Cavallaro, Michele R	9	Cybersmart Aquatics-CP	41,48
2 Ferguson, Finlay H	9	Blouberg Marlins-CP	49,03
3 Lewin, Dylan H	9	Blouberg Marlins-CP	49,07
4 Els, Liam R	9	Tygerberg Aquatics-CP	51,85
5 Afonso, Aragon G	9	Quick Silver Swimming Academy-CP	52,79
6 Jones, Thomas W	9	Blouberg Marlins-CP	53,94
7 Marais, Ricus	9	Blouberg Marlins-CP	55,65
8 Brown, Cameron M	9	Camps Bay Swimmng Club-CP	56,95
9 Lee, Luka V	9	Quick Silver Swimming Academy-CP	58,17
10 Rademan, Sebastien	9	Quick Silver Swimming Academy-CP	1:05,44
11 Gongo, Sibabalwe	9	Uwc Aquatics-CP	1:07,59
12 Visser, Wessel M	9	Uwc Aquatics-CP	1:09,83
13 Snyders, Reece	9	Uwc Aquatics-CP	1:27,36

**Event 109 Boys 10 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Burger, Rosseau	10	University of Stellenbosch-CE	40,43

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 109 Boys 10 Year Olds 50 SC Meter Butterfly)**

Name	Age	Team	Finals Time
2 Visagie, Liam	10	Aqua Sharks Academy-CP	41,15
3 Haupt, Rhys A	10	Aqua Sharks Academy-CP	43,16
4 Stanfliet, Nicholas	10	Vineyard Swimming Club-CP	45,72
5 Poggenpoel, Troy J	10	Retreat Aquatics-CP	46,24
6 Kalapac, Joshua	10	Blouberg Marlins-CP	49,05
7 Julies, Malachi	10	Westridge Swimming-CP	54,89
8 Efrat, Beau C	10	Blouberg Marlins-CP	55,05
9 Kohn, Keiran L	10	Blouberg Marlins-CP	58,64
10 Taljaard, Jason	10	Cybersmart Aquatics-CP	59,22
11 Hillebrand, Steffan W	10	Blouberg Marlins-CP	1:01,22

**Event 110 Girls 8 & Under 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 De Villiers, Anja	8	Barracudas Aquarama SC-CP	51,22
2 Tsai-Rieb, Pei-Chi P	8	Cybersmart Aquatics-CP	57,80
3 Laker, Mischa	8	Barracudas Aquarama SC-CP	59,19
4 Saaiman, Stella	8	Quick Silver Swimming Academy-CP	1:06,00

**Event 111 Girls 9 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Waters, Megan D	9	Blouberg Marlins-CP	45,00
2 Van Heerden, Roxie	9	Tygerberg Aquatics-CP	53,12
3 Otterbach, Lily	9	Tygerberg Aquatics-CP	55,85
4 Dos-Santos, Sofiya E	9	Aqua Sharks Academy-CP	56,08
5 Van Wyk, Katie R	9	Blouberg Marlins-CP	57,42
6 Marais, Mieke	9	Quick Silver Swimming Academy-CP	58,07
7 Myers, Kirsten E	9	Vineyard Swimming Club-CP	1:01,07
8 Strydom, Nicola	9	Quick Silver Swimming Academy-CP	1:04,33
--- Scheckle, Sasha H	9	Blouberg Marlins-CP	DQ

**Event 111 Girls 10 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Huang, Amelia A	10	Blouberg Marlins-CP	37,68
2 Burke, Hannah	10	Blouberg Marlins-CP	40,73
3 Hendricks, Jemma	10	AquaWolf Aquatics Club-CP	45,89
4 McWilliam, Amy L	10	Camps Bay Swimmng Club-CP	48,07
5 Van Reenen, Nina	10	Greydogs Swimming Club-CP	48,59
6 Landman, Charnè	10	Aqua Sharks Academy-CP	49,16
7 Brooks, Emma	10	Blouberg Marlins-CP	49,34
8 Visagie, Larissa	10	Aqua Sharks Academy-CP	49,97
9 Smit, Mariella	10	Greydogs Swimming Club-CP	50,39
10 Hebler, Lily M	10	Aqua Sharks Academy-CP	50,76
11 Jantzen, Zianè	10	Quick Silver Swimming Academy-CP	52,52
12 Hartung, Amy M	10	Aqua Sharks Academy-CP	54,52
13 Rix, Kaitlyn	10	Barracudas Aquarama SC-CP	55,52
14 Vries-Morrison, Skye L	10	Uwc Aquatics-CP	1:36,81
--- Du Toit, Alea	10	Blouberg Marlins-CP	DQ
--- Taylor, Sophie J	10	Greydogs Swimming Club-CP	DQ

**Event 112 Boys 8 & Under 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Nieuwoudt, Anton	8	Curro Durbanville Aquatics-CP	1:26,51
2 Coleman, Travis	8	Blouberg Marlins-CP	1:40,62

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 112 Boys 8 & Under 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
3 Khan, Rayhan	7	Cybersmart Aquatics-CP	1:46,97
4 November, Marcel	8	Khayelitsha Aquatics-CP	1:59,14
5 Rossouw, Luc R	8	Tygerberg Aquatics-CP	2:02,92
6 Terblanche, Steyn	8	Quick Silver Swimming Academy-CP	2:14,91
7 Sefara, Oratile M	8	Khayelitsha Aquatics-CP	2:51,77

**Event 113 Boys 9 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Lewin, Dylan H	9	Blouberg Marlins-CP	1:28,83
2 Cavallaro, Michele R	9	Cybersmart Aquatics-CP	1:33,25
3 Ferguson, Finlay H	9	Blouberg Marlins-CP	1:33,92
4 Els, Liam R	9	Tygerberg Aquatics-CP	1:36,21
5 Basson, Heiko J	9	Paarl Aquarius SC-CE	1:38,02
6 Jones, Thomas W	9	Blouberg Marlins-CP	1:39,13
7 Coetzee, Sion M	9	Quick Silver Swimming Academy-CP	1:39,65
8 Lee, Luka V	9	Quick Silver Swimming Academy-CP	1:42,65
9 Marais, Ricus	9	Blouberg Marlins-CP	1:44,65
10 Newell, Jason J	9	Greydogs Swimming Club-CP	1:48,91
11 September, Greyson L	9	Khayelitsha Aquatics-CP	2:06,56
12 Dyantyi, Isando	9	Khayelitsha Aquatics-CP	2:18,21

**Event 113 Boys 10 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Burger, Rosseau	10	University of Stellenbosch-CE	1:22,69
2 Visagie, Liam	10	Aqua Sharks Academy-CP	1:23,46
3 Sirin, Ben	10	Aqua Sharks Academy-CP	1:26,01
4 Vermeulen, Hanco	10	Tygerberg Aquatics-CP	1:26,72
5 Haupt, Rhys A	10	Aqua Sharks Academy-CP	1:27,54
6 Cronjè, Meyer	10	Quick Silver Swimming Academy-CP	1:28,95
7 Julies, Malachi	10	Westridge Swimming-CP	1:32,77
8 Taljaard, Jason	10	Cybersmart Aquatics-CP	1:37,33
9 Kalapac, Joshua	10	Blouberg Marlins-CP	1:37,81
10 Hillebrand, Steffan W	10	Blouberg Marlins-CP	1:39,56
11 Schenk, Travis	10	Blouberg Marlins-CP	1:42,76
12 Efrat, Beau C	10	Blouberg Marlins-CP	1:45,38
13 Lonte, Lochner L	10	Quick Silver Swimming Academy-CP	1:46,89
14 Dlomo, Jermaine S	10	Cybersmart Aquatics-CP	1:50,28
--- Kedem, Yinon	10	Vineyard Swimming Club-CP	DQ

**Event 114 Girls 8 & Under 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 De Villiers, Anja	8	Barracudas Aquarama SC-CP	1:39,81
2 Laker, Mischa	8	Barracudas Aquarama SC-CP	1:50,85
3 Saaiman, Stella	8	Quick Silver Swimming Academy-CP	1:53,95
4 De Jager, Sophia	8	Barracudas Aquarama SC-CP	1:57,87
5 Fourie, Anè	8	Quick Silver Swimming Academy-CP	2:05,71
6 Marais, Jodi	8	Blouberg Marlins-CP	2:08,17

**Event 115 Girls 9 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Thomatos, Tatiana C	9	Quick Silver Swimming Academy-CP	1:27,88
2 Waters, Megan D	9	Blouberg Marlins-CP	1:33,50
3 Otterbach, Lily	9	Tygerberg Aquatics-CP	1:33,74

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 115 Girls 9 Year Olds 100 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
4	Van Wyk, Katie R	9	Blouberg Marlins-CP	1:40,21
5	Myers, Kirsten E	9	Vineyard Swimming Club-CP	1:40,46
6	Barlow, Emily L	9	Greydogs Swimming Club-CP	1:43,48
7	Dos-Santos, Sofiya E	9	Aqua Sharks Academy-CP	1:48,07
8	Scheckle, Sasha H	9	Blouberg Marlins-CP	1:51,05
9	Marais, Mieke	9	Quick Silver Swimming Academy-CP	1:51,89
10	Murray, Carli	9	Quick Silver Swimming Academy-CP	1:53,89
11	Loots, Emmelize	9	Tygerberg Aquatics-CP	1:59,69
12	Messiter-Tooze, Luna S	9	Blouberg Marlins-CP	2:03,45
13	Duvenhage, Ninke	9	Quick Silver Swimming Academy-CP	2:04,09

**Event 115 Girls 10 Year Olds 100 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Burke, Hannah	10	Blouberg Marlins-CP	1:17,65
2	Huang, Amelia A	10	Blouberg Marlins-CP	1:17,94
3	Coleman, Madison	10	Blouberg Marlins-CP	1:19,74
4	Ascieli, Summer A	10	Cybersmart Aquatics-CP	1:23,31
5	Rossouw, Emma M	10	Quick Silver Swimming Academy-CP	1:23,32
6	Savage, Kate	10	Vineyard Swimming Club-CP	1:27,74
7	De Wet, Lara-Joe	10	Tygerberg Aquatics-CP	1:28,25
8	Senekal, Margo	10	Barracudas Aquarama SC-CP	1:28,79
9	Pijoo, Leigh	10	Blouberg Marlins-CP	1:31,62
10	Du Toit, Alea	10	Blouberg Marlins-CP	1:31,86
11	Hendricks, Jemma	10	AquaWolf Aquatics Club-CP	1:32,17
12	Hebler, Lily M	10	Aqua Sharks Academy-CP	1:32,31
13	Immelman, Kendra	10	AquaWolf Aquatics Club-CP	1:32,44
14	Assad, Lia J	10	Quick Silver Swimming Academy-CP	1:32,95
15	Jantzen, Zianè	10	Quick Silver Swimming Academy-CP	1:33,56
16	McWilliam, Amy L	10	Camps Bay Swimmng Club-CP	1:33,67
17	Landman, Charnè	10	Aqua Sharks Academy-CP	1:33,99
18	Brooks, Emma	10	Blouberg Marlins-CP	1:34,29
19	Blaine, Josie	10	Vineyard Swimming Club-CP	1:37,33
20	Ward, Maddie	10	Quick Silver Swimming Academy-CP	1:37,92
21	Hartung, Amy M	10	Aqua Sharks Academy-CP	1:38,10
22	Wink, Lara S	10	AquaWolf Aquatics Club-CP	1:40,69
23	Visagie, Larissa	10	Aqua Sharks Academy-CP	1:42,68
24	Mthandi, Mbali M	10	Blouberg Marlins-CP	1:43,64
25	Van Zyl, Leila V	10	Quick Silver Swimming Academy-CP	1:49,73
26	Taylor, Sophie J	10	Greydogs Swimming Club-CP	1:52,06
27	Rix, Kaitlyn	10	Barracudas Aquarama SC-CP	1:53,69
---	Trout, Sophia L	10	Vineyard Swimming Club-CP	DQ

**Event 116 Boys 8 & Under 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Nieuwoudt, Anton	8	Curro Durbanville Aquatics-CP	44,14
2	Vd Merwe, Carlo G	8	Quick Silver Swimming Academy-CP	52,21
3	Troskie, Roean	8	Quick Silver Swimming Academy-CP	52,85
4	Coleman, Travis	8	Blouberg Marlins-CP	55,65
5	Kirsten, James H	8	Barracudas Aquarama SC-CP	56,73
6	Tsai, Ethan M	8	Blouberg Marlins-CP	58,40
7	Terblanche, Steyn	8	Quick Silver Swimming Academy-CP	58,90
8	Troskie, Jean	8	Quick Silver Swimming Academy-CP	58,91

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 116 Boys 8 & Under 50 SC Meter Backstroke)**

Name	Age	Team	Finals Time
9 Shipton, Christopher J	7	Quick Silver Swimming Academy-CP	1:01,53
10 November, Marcel	8	Khayelitsha Aquatics-CP	1:06,22
11 Van Wyk, Asher	7	Khayelitsha Aquatics-CP	1:27,96

**Event 117 Boys 9 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Lewin, Dylan H	9	Blouberg Marlins-CP	45,96
2 Ferguson, Finlay H	9	Blouberg Marlins-CP	47,44
3 Els, Liam R	9	Tygerberg Aquatics-CP	47,75
4 Afonso, Aragon G	9	Quick Silver Swimming Academy-CP	48,51
5 Cavallaro, Michele R	9	Cybersmart Aquatics-CP	49,47
6 Brown, Cameron M	9	Camps Bay Swimmng Club-CP	50,69
7 Marais, Ricus	9	Blouberg Marlins-CP	50,73
8 Lee, Luka V	9	Quick Silver Swimming Academy-CP	50,98
9 Jones, Thomas W	9	Blouberg Marlins-CP	51,56
10 Coetzee, Sion M	9	Quick Silver Swimming Academy-CP	52,46
11 Mills, Keagan D	9	Aqua Sharks Academy-CP	53,81
12 Newell, Jason J	9	Greydogs Swimming Club-CP	54,71
13 Rademan, Sebastien	9	Quick Silver Swimming Academy-CP	56,24
14 Gongo, Sibabalwe	9	Uwc Aquatics-CP	59,38
15 Visser, Wessel M	9	Uwc Aquatics-CP	1:01,60
16 Snyders, Reece	9	Uwc Aquatics-CP	1:11,77
17 Dyantyi, Isando	9	Khayelitsha Aquatics-CP	1:18,45
18 Baartman, Lyell K	9	Khayelitsha Aquatics-CP	1:33,73

**Event 117 Boys 10 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Burger, Rosseau	10	University of Stellenbosch-CE	40,30
2 Sirin, Ben	10	Aqua Sharks Academy-CP	42,13
3 Visagie, Liam	10	Aqua Sharks Academy-CP	44,42
4 Haupt, Rhys A	10	Aqua Sharks Academy-CP	44,97
5 Hillebrand, Steffan W	10	Blouberg Marlins-CP	45,67
6 Cronjè, Meyer	10	Quick Silver Swimming Academy-CP	45,72
7 Stanfliet, Nicholas	10	Vineyard Swimming Club-CP	46,78
8 Kalapac, Joshua	10	Blouberg Marlins-CP	47,50
9 Basson, Lucca N	10	Cybersmart Aquatics-CP	48,99
10 Julies, Malachi	10	Westridge Swimming-CP	51,93
11 Poggenpoel, Troy J	10	Retreat Aquatics-CP	52,58
12 Schenk, Travis	10	Blouberg Marlins-CP	53,41
13 Lonte, Lochner L	10	Quick Silver Swimming Academy-CP	53,48
14 Efrat, Beau C	10	Blouberg Marlins-CP	54,54
15 Kohn, Keiran L	10	Blouberg Marlins-CP	54,70
16 Shipton, Jack H	10	Quick Silver Swimming Academy-CP	1:04,92
--- Gerbi, Max	10	Tygerberg Aquatics-CP	DQ

**Event 118 Girls 8 & Under 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 De Villiers, Anja	8	Barracudas Aquarama SC-CP	48,46
2 De Jager, Sophia	8	Barracudas Aquarama SC-CP	55,74
3 Laker, Mischa	8	Barracudas Aquarama SC-CP	58,94
4 Fourie, Anè	8	Quick Silver Swimming Academy-CP	1:01,06
5 Joyce, Jenna	7	Barracudas Aquarama SC-CP	1:02,06

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 118 Girls 8 & Under 50 SC Meter Backstroke)**

Name	Age	Team	Finals Time
6 Marais, Jodi	8	Blouberg Marlins-CP	1:06,42

**Event 119 Girls 9 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Waters, Megan D	9	Blouberg Marlins-CP	48,40
2 Otterbach, Lily	9	Tygerberg Aquatics-CP	50,15
3 Strydom, Nicola	9	Quick Silver Swimming Academy-CP	50,40
4 Van Wyk, Katie R	9	Blouberg Marlins-CP	50,68
5 Van Wyk, Angelica	9	Barracudas Aquarama SC-CP	51,64
6 Myers, Kirsten E	9	Vineyard Swimming Club-CP	52,75
7 Van Heerden, Hannah R	9	Curro Durbanville Aquatics-CP	53,99
8 Murray, Carli	9	Quick Silver Swimming Academy-CP	54,03
9 Messiter-Tooze, Luna S	9	Blouberg Marlins-CP	54,32
10 Marais, Mieke	9	Quick Silver Swimming Academy-CP	55,91
11 Dos-Santos, Sofiya E	9	Aqua Sharks Academy-CP	56,37
12 Scheckle, Sasha H	9	Blouberg Marlins-CP	57,02
13 Watts, Nina S	9	Greydogs Swimming Club-CP	57,33
14 Duvenhage, Ninke	9	Quick Silver Swimming Academy-CP	59,40
15 Less, Shiloh	9	Westridge Swimming-CP	1:10,98
16 Petersen, Takira R	9	Khayelitsha Aquatics-CP	1:22,68

**Event 119 Girls 10 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Huang, Amelia A	10	Blouberg Marlins-CP	38,31
2 Burke, Hannah	10	Blouberg Marlins-CP	40,89
3 Coleman, Madison	10	Blouberg Marlins-CP	42,31
4 Rossouw, Emma M	10	Quick Silver Swimming Academy-CP	42,47
5 Van Reenen, Nina	10	Greydogs Swimming Club-CP	44,89
6 De Wet, Lara-Joe	10	Tygerberg Aquatics-CP	45,76
7 Hebler, Lily M	10	Aqua Sharks Academy-CP	46,12
8 Ascili, Summer A	10	Cybersmart Aquatics-CP	46,52
9 Immelman, Kendra	10	AquaWolf Aquatics Club-CP	46,61
10 Landman, Charnè	10	Aqua Sharks Academy-CP	47,10
11 Du Toit, Alea	10	Blouberg Marlins-CP	47,75
12 Pijoo, Leigh	10	Blouberg Marlins-CP	47,78
13 McWilliam, Amy L	10	Camps Bay Swimmng Club-CP	47,82
14 Blaine, Josie	10	Vineyard Swimming Club-CP	48,44
15 Savage, Kate	10	Vineyard Swimming Club-CP	49,07
16 Jantzen, Zianè	10	Quick Silver Swimming Academy-CP	49,88
17 Brooks, Emma	10	Blouberg Marlins-CP	50,00
18 Smit, Mariella	10	Greydogs Swimming Club-CP	50,44
19 Trout, Sophia L	10	Vineyard Swimming Club-CP	51,49
20 Mthandi, Mbali M	10	Blouberg Marlins-CP	51,52
21 Hartung, Amy M	10	Aqua Sharks Academy-CP	52,73
22 Hagglund, Emma H	10	Quick Silver Swimming Academy-CP	53,39
23 Cloete, Anè	10	Quick Silver Swimming Academy-CP	53,81
24 Van Zyl, Leila V	10	Quick Silver Swimming Academy-CP	54,33
25 Rix, Kaitlyn	10	Barracudas Aquarama SC-CP	54,78
26 Abrahams, Tara	10	Khayelitsha Aquatics-CP	1:11,47
27 Vries-Morrison, Skye L	10	Uwc Aquatics-CP	1:22,99

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 120 Boys 8 & Under 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Nieuwoudt, Anton	8	Curro Durbanville Aquatics-CP	1:53,86
2 Coleman, Travis	8	Blouberg Marlins-CP	2:06,40
3 Vd Merwe, Carlo G	8	Quick Silver Swimming Academy-CP	2:12,25
4 Tsai, Ethan M	8	Blouberg Marlins-CP	2:16,99
5 Rossouw, Luc R	8	Tygerberg Aquatics-CP	2:25,12

**Event 121 Boys 9 Year Olds 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Basson, Heiko J	9	Paarl Aquarius SC-CE	1:53,18
2 Ferguson, Finlay H	9	Blouberg Marlins-CP	1:53,40
3 Lewin, Dylan H	9	Blouberg Marlins-CP	1:59,06
4 Afonso, Aragon G	9	Quick Silver Swimming Academy-CP	2:02,04
5 Newell, Jason J	9	Greydogs Swimming Club-CP	2:03,15
6 Rademan, Sebastien	9	Quick Silver Swimming Academy-CP	2:04,48
7 Jones, Thomas W	9	Blouberg Marlins-CP	2:05,12
8 Mills, Keagan D	9	Aqua Sharks Academy-CP	2:05,80
9 Els, Liam R	9	Tygerberg Aquatics-CP	2:06,02
10 Marais, Ricus	9	Blouberg Marlins-CP	2:06,85

**Event 121 Boys 10 Year Olds 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Visagie, Liam	10	Aqua Sharks Academy-CP	1:48,56
2 Gerbi, Max	10	Tygerberg Aquatics-CP	1:49,32
3 Stanfliet, Nicholas	10	Vineyard Swimming Club-CP	1:51,34
4 Sirin, Ben	10	Aqua Sharks Academy-CP	1:52,34
5 Kotzè, Max M	10	Blouberg Marlins-CP	1:52,70
6 Dlomo, Jermaine S	10	Cybersmart Aquatics-CP	1:58,58
7 Minnaar, Nicolas	10	Tygerberg Aquatics-CP	1:59,69
8 Efrat, Beau C	10	Blouberg Marlins-CP	2:03,49
9 Kalapac, Joshua	10	Blouberg Marlins-CP	2:03,60
10 Taljaard, Jason	10	Cybersmart Aquatics-CP	2:10,37
--- Hillebrand, Steffan W	10	Blouberg Marlins-CP	DQ

**Event 122 Girls 8 & Under 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 De Villiers, Anja	8	Barracudas Aquarama SC-CP	2:14,02
2 De Jager, Sophia	8	Barracudas Aquarama SC-CP	2:16,71
3 Marais, Jodi	8	Blouberg Marlins-CP	2:19,54
4 Joyce, Jenna	7	Barracudas Aquarama SC-CP	2:20,29

**Event 123 Girls 9 Year Olds 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Thomatos, Tatiana C	9	Quick Silver Swimming Academy-CP	1:52,06
2 Dos-Santos, Sofiya E	9	Aqua Sharks Academy-CP	1:55,50
3 Waters, Megan D	9	Blouberg Marlins-CP	1:59,55
4 Strydom, Nicola	9	Quick Silver Swimming Academy-CP	1:59,74
5 Loots, Emmelize	9	Tygerberg Aquatics-CP	2:08,41
6 Barlow, Emily L	9	Greydogs Swimming Club-CP	2:12,75
7 Duvenhage, Ninke	9	Quick Silver Swimming Academy-CP	2:17,48
8 Van Wyk, Katie R	9	Blouberg Marlins-CP	2:18,99

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 123 Girls 10 Year Olds 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Coleman, Madison	10	Blouberg Marlins-CP	1:41,19
2 De Wet, Lara-Joe	10	Tygerberg Aquatics-CP	1:45,66
3 Hebler, Lily M	10	Aqua Sharks Academy-CP	1:48,52
4 Senekal, Margo	10	Barracudas Aquarama SC-CP	1:50,82
5 Visagie, Larissa	10	Aqua Sharks Academy-CP	1:50,85
6 Rossouw, Emma M	10	Quick Silver Swimming Academy-CP	1:53,34
7 Pijoo, Leigh	10	Blouberg Marlins-CP	1:54,53
8 Brooks, Emma	10	Blouberg Marlins-CP	1:56,76
9 Hartung, Amy M	10	Aqua Sharks Academy-CP	1:56,99
10 Wink, Lara S	10	AquaWolf Aquatics Club-CP	1:57,75
11 McWilliam, Amy L	10	Camps Bay Swimmng Club-CP	1:57,84
12 Immelman, Kendra	10	AquaWolf Aquatics Club-CP	2:00,46
13 Salie, Nuha	10	Vineyard Swimming Club-CP	2:01,12
14 Jantzen, Zianè	10	Quick Silver Swimming Academy-CP	2:01,27
15 Van Zyl, Leila V	10	Quick Silver Swimming Academy-CP	2:01,87
16 Trout, Sophia L	10	Vineyard Swimming Club-CP	2:04,42
17 Du Toit, Alea	10	Blouberg Marlins-CP	2:04,66
18 Cloete, Anè	10	Quick Silver Swimming Academy-CP	2:05,47
19 Hagglund, Emma H	10	Quick Silver Swimming Academy-CP	2:10,17
--- Rix, Kaitlyn	10	Barracudas Aquarama SC-CP	DQ
--- Taylor, Sophie J	10	Greydogs Swimming Club-CP	DQ

**Event 124 Boys 8 & Under 50 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Nieuwoudt, Anton	8	Curro Durbanville Aquatics-CP	39,94
2 Vd Merwe, Carlo G	8	Quick Silver Swimming Academy-CP	43,12
3 Khan, Rayhan	7	Cybersmart Aquatics-CP	44,58
*4 Coleman, Travis	8	Blouberg Marlins-CP	45,74
*4 Troskie, Roean	8	Quick Silver Swimming Academy-CP	45,74
6 Troskie, Jean	8	Quick Silver Swimming Academy-CP	49,28
7 Tsai, Ethan M	8	Blouberg Marlins-CP	49,80
8 November, Marcel	8	Khayelitsha Aquatics-CP	50,75
9 Kirsten, James H	8	Barracudas Aquarama SC-CP	57,47
10 Terblanche, Steyn	8	Quick Silver Swimming Academy-CP	57,81
11 Shaw, Liam	8	Vineyard Swimming Club-CP	1:14,96
12 Sefara, Oratile M	8	Khayelitsha Aquatics-CP	1:17,17
13 Van Wyk, Asher	7	Khayelitsha Aquatics-CP	1:18,83

**Event 125 Boys 9 Year Olds 50 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
*1 Lewin, Dylan H	9	Blouberg Marlins-CP	40,13
*1 Cavallaro, Michele R	9	Cybersmart Aquatics-CP	40,13
3 Ferguson, Finlay H	9	Blouberg Marlins-CP	41,13
4 Basson, Heiko J	9	Paarl Aquarius SC-CE	43,33
5 Lee, Luka V	9	Quick Silver Swimming Academy-CP	44,07
6 Marais, Ricus	9	Blouberg Marlins-CP	44,43
7 Jones, Thomas W	9	Blouberg Marlins-CP	44,72
8 Coetzee, Sion M	9	Quick Silver Swimming Academy-CP	44,81
9 Afonso, Aragon G	9	Quick Silver Swimming Academy-CP	46,09
10 Brown, Cameron M	9	Camps Bay Swimmng Club-CP	47,09
11 Newell, Jason J	9	Greydogs Swimming Club-CP	48,01

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 125 Boys 9 Year Olds 50 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
12	Visser, Wessel M	9	Uwc Aquatics-CP	48,28
13	Gongo, Sibabalwe	9	Uwc Aquatics-CP	48,51
14	Mills, Keagan D	9	Aqua Sharks Academy-CP	51,32
15	September, Greyson L	9	Khayelitsha Aquatics-CP	55,26
16	Snyders, Reece	9	Uwc Aquatics-CP	1:00,20
17	Dyantyi, Isando	9	Khayelitsha Aquatics-CP	1:03,12
18	Baartman, Lyell K	9	Khayelitsha Aquatics-CP	1:20,50

**Event 125 Boys 10 Year Olds 50 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Kotzè, Max M	10	Blouberg Marlins-CP	38,03
2	Visagie, Liam	10	Aqua Sharks Academy-CP	38,09
3	Haupt, Rhys A	10	Aqua Sharks Academy-CP	39,17
4	Gerbi, Max	10	Tygerberg Aquatics-CP	39,67
5	Sirin, Ben	10	Aqua Sharks Academy-CP	39,71
6	Basson, Lucca N	10	Cybersmart Aquatics-CP	40,06
7	Kalapac, Joshua	10	Blouberg Marlins-CP	40,36
8	Cronjè, Meyer	10	Quick Silver Swimming Academy-CP	40,38
9	Poggenpoel, Troy J	10	Retreat Aquatics-CP	40,83
10	Vd Waal, Hanno W	10	Tygerberg Aquatics-CP	40,84
11	Lonte, Lochner L	10	Quick Silver Swimming Academy-CP	43,91
12	Hillebrand, Steffan W	10	Blouberg Marlins-CP	44,65
13	Taljaard, Jason	10	Cybersmart Aquatics-CP	45,49
14	Efrat, Beau C	10	Blouberg Marlins-CP	45,60
15	Kohn, Keiran L	10	Blouberg Marlins-CP	46,05
16	Schenk, Travis	10	Blouberg Marlins-CP	46,21
17	Dlomo, Jermaine S	10	Cybersmart Aquatics-CP	51,65

**Event 126 Girls 8 & Under 50 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Tsai-Rieb, Pei-Chi P	8	Cybersmart Aquatics-CP	40,58
2	De Villiers, Anja	8	Barracudas Aquarama SC-CP	42,82
3	Saaiman, Stella	8	Quick Silver Swimming Academy-CP	47,76
4	Laker, Mischa	8	Barracudas Aquarama SC-CP	50,83
5	De Jager, Sophia	8	Barracudas Aquarama SC-CP	51,61
6	Fourie, Anè	8	Quick Silver Swimming Academy-CP	55,73
7	Joyce, Jenna	7	Barracudas Aquarama SC-CP	55,94
8	Marais, Jodi	8	Blouberg Marlins-CP	56,55

**Event 127 Girls 9 Year Olds 50 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Thomatos, Tatiana C	9	Quick Silver Swimming Academy-CP	40,59
2	Otterbach, Lily	9	Tygerberg Aquatics-CP	42,04
3	Riley, Logan	9	Vineyard Swimming Club-CP	42,95
4	Van Heerden, Hannah R	9	Curro Durbanville Aquatics-CP	43,01
5	Waters, Megan D	9	Blouberg Marlins-CP	43,12
6	Myers, Kirsten E	9	Vineyard Swimming Club-CP	44,16
7	Barlow, Emily L	9	Greydogs Swimming Club-CP	44,40
8	Engela, Emma N	9	Vineyard Swimming Club-CP	44,76
9	Scheckle, Sasha H	9	Blouberg Marlins-CP	48,49
10	Messiter-Tooze, Luna S	9	Blouberg Marlins-CP	49,25
11	Dos-Santos, Sofiya E	9	Aqua Sharks Academy-CP	49,45

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 127 Girls 9 Year Olds 50 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
12	Marais, Mieke	9	Quick Silver Swimming Academy-CP	49,71
13	Colley, Amica	9	Quick Silver Swimming Academy-CP	50,24
14	Watts, Nina S	9	Greydogs Swimming Club-CP	50,33
15	Murray, Carli	9	Quick Silver Swimming Academy-CP	51,08
16	Strydom, Nicola	9	Quick Silver Swimming Academy-CP	51,50
17	Loots, Emmelize	9	Tygerberg Aquatics-CP	52,46
18	Duvenhage, Ninke	9	Quick Silver Swimming Academy-CP	54,96
19	Less, Shiloh	9	Westridge Swimming-CP	58,23
20	Petersen, Takira R	9	Khayelitsha Aquatics-CP	1:21,89

**Event 127 Girls 10 Year Olds 50 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Burke, Hannah	10	Blouberg Marlins-CP	35,11
2	Huang, Amelia A	10	Blouberg Marlins-CP	35,99
3	Coleman, Madison	10	Blouberg Marlins-CP	37,33
4	Pijoo, Leigh	10	Blouberg Marlins-CP	38,42
5	Rossouw, Emma M	10	Quick Silver Swimming Academy-CP	38,50
6	Ascieli, Summer A	10	Cybersmart Aquatics-CP	38,64
7	Van Reenen, Nina	10	Greydogs Swimming Club-CP	39,15
8	Savage, Kate	10	Vineyard Swimming Club-CP	39,37
9	De Wet, Lara-Joe	10	Tygerberg Aquatics-CP	39,62
10	Immelman, Kendra	10	AquaWolf Aquatics Club-CP	39,98
11	Du Toit, Alea	10	Blouberg Marlins-CP	40,16
12	Senekal, Margo	10	Barracudas Aquarama SC-CP	40,80
13	Brooks, Emma	10	Blouberg Marlins-CP	41,54
14	Hebler, Lily M	10	Aqua Sharks Academy-CP	42,06
15	Jantzen, Zianè	10	Quick Silver Swimming Academy-CP	42,11
*16	Trout, Sophia L	10	Vineyard Swimming Club-CP	42,51
*16	Visagie, Larissa	10	Aqua Sharks Academy-CP	42,51
18	Ward, Maddie	10	Quick Silver Swimming Academy-CP	43,56
19	McWilliam, Amy L	10	Camps Bay Swimmng Club-CP	44,27
20	Hartung, Amy M	10	Aqua Sharks Academy-CP	45,05
21	Mthandi, Mbali M	10	Blouberg Marlins-CP	45,20
22	Cloete, Anè	10	Quick Silver Swimming Academy-CP	46,36
23	Taylor, Sophie J	10	Greydogs Swimming Club-CP	48,74
24	Van Zyl, Leila V	10	Quick Silver Swimming Academy-CP	50,03
25	Hagglund, Emma H	10	Quick Silver Swimming Academy-CP	50,10
26	Rix, Kaitlyn	10	Barracudas Aquarama SC-CP	52,95
27	Vries-Morrison, Skye L	10	Uwc Aquatics-CP	1:07,34

**Event 200 Girls 11 & Under 200 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Burgess, Cassidy S	11	Vineyard Swimming Club-CP	2:44,18
2	Serfontein, Christi	11	Quick Silver Swimming Academy-CP	3:00,14
3	De Witt, Elrika M	11	Quick Silver Swimming Academy-CP	3:03,08
4	Kemper, Giselle	11	Cybersmart Aquatics-CP	3:08,49
5	Gofman, Sassy E	11	Aqua Sharks Academy-CP	3:16,45
6	Goebel, Zoe	11	Tygerberg Aquatics-CP	3:28,02
7	Lockitch, Maya	11	Blouberg Marlins-CP	3:35,42

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 200 Girls 12 Year Olds 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Du Plessis, Chanel P	12	Vineyard Swimming Club-CP	2:27,05
2 Franks, Madison M	12	Swimlab Aquatic Academ-CP	2:27,57
3 Ryser, Aurora	12	Tygerberg Aquatics-CP	2:29,14
4 Smit, Jaime L	12	Barracudas Aquarama SC-CP	2:47,19
5 Kotzè, Tamsyn G	12	Blouberg Marlins-CP	2:51,73
6 Wessels, Taylor A	12	Blouberg Marlins-CP	2:58,40
7 Jeftha, Zara L	12	Westridge Swimming-CP	3:00,98
8 Van Reenen, Kirsten	12	Greydogs Swimming Club-CP	3:01,05
9 Witten, Hannah	12	Aqua Sharks Academy-CP	3:17,52
10 Smith, Nina	12	Blouberg Marlins-CP	3:23,63

**Event 200 Girls 13 Year Olds 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Ahmed, Nihaal	13	Vineyard Swimming Club-CP	2:20,60
2 Havenga, Skyla K	13	Curro Langebaan Swim Club-WC	2:23,53
3 Oosthuizen, Carla L	13	Tygerberg Aquatics-CP	2:35,95
4 Alexander, Maja K	13	Vineyard Swimming Club-CP	2:57,82
5 Cloete, Layla	13	Blouberg Marlins-CP	3:06,38
6 Jardine, Nuhaa	13	Quick Silver Swimming Academy-CP	3:13,01

**Event 200 Girls 14 Year Olds 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Vd Toorn, Thea F	14	Cybersmart Aquatics-CP	2:21,57
2 Prinsloo, Helen J	14	Paarl Aquarius SC-CE	2:22,43
3 Vd Merwe, Haylee	14	Quick Silver Swimming Academy-CP	2:31,37
4 West, Sarah C	14	Quick Silver Swimming Academy-CP	2:34,97
5 Qwemesha, Somi K	14	Cybersmart Aquatics-CP	2:35,29
6 Nortjè, Mia	14	Cybersmart Aquatics-CP	2:36,43
7 Pirie, Ami	14	Quick Silver Swimming Academy-CP	2:37,34

**Event 200 Women 15-16 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 De Villiers, Michaela K	16	Vineyard Swimming Club-CP	2:13,03
2 Daffarn, Eri J	15	Vineyard Swimming Club-CP	2:18,11

**Event 200 Women 17 & Over 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Solkow, Daniella M	18	Vineyard Swimming Club-CP	2:15,59
2 Scott, Olivia	17	Vineyard Swimming Club-CP	2:21,83

**Event 200 Boys 11 & Under 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Strydom, Conrad M	11	Quick Silver Swimming Academy-CP	2:36,14
2 Theys, Jayden-Lee	11	Cybersmart Aquatics-CP	2:40,97
3 Dos-Santos, Andrei	11	Aqua Sharks Academy-CP	2:41,89
4 Koekemoer, Callum	11	Quick Silver Swimming Academy-CP	2:43,28
5 Wollenschlaeger, Noah	11	Vineyard Swimming Club-CP	2:43,35
6 Vd Toorn, Corin	11	Cybersmart Aquatics-CP	2:49,53
7 Van Wyk, Wayne E	11	Greydogs Swimming Club-CP	2:58,76
8 Gouwsventer, Sven	11	Quick Silver Swimming Academy-CP	3:08,99
9 Schoombee, Hannes	11	Curro Durbanville Aquatics-CP	3:13,37
10 Lietch, Adam T	11	Barracudas Aquarama SC-CP	3:14,69

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 200 Boys 11 & Under 200 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
11	Arnott, Carter J	11	Aqua Sharks Academy-CP	3:21,80
12	Van Heerden, Ethan J	11	Curro Durbanville Aquatics-CP	3:26,28
13	De Waal, Daniel H	11	Greydogs Swimming Club-CP	3:28,69
14	Rademan, Pierre-Luc	11	Quick Silver Swimming Academy-CP	3:42,67

**Event 200 Boys 12 Year Olds 200 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Pearson, Tai L	12	Vineyard Swimming Club-CP	2:10,72
2	Beukes, Wade	12	Vineyard Swimming Club-CP	2:18,18
3	Hutton, Jake	12	Blouberg Marlins-CP	2:27,12
4	McWilliam, Troy J	12	Camps Bay Swimmng Club-CP	2:31,47
5	Coetzer, Milan J	12	Cybersmart Aquatics-CP	2:31,66
6	Hendricks, Joshua	12	AquaWolf Aquatics Club-CP	2:34,05
7	Karsten, Jody	12	Blouberg Marlins-CP	2:50,80
8	Steyn, Douw J	12	Quick Silver Swimming Academy-CP	2:51,22
9	Lonte, Dewald K	12	Quick Silver Swimming Academy-CP	2:55,45
10	Gloyn-Jones, Anthony	12	Vineyard Swimming Club-CP	3:09,84
11	Gouwsventer, Ivan	12	Quick Silver Swimming Academy-CP	3:18,84
12	Vd Walt, JP J	12	Aqua Sharks Academy-CP	3:19,38

**Event 200 Boys 13 Year Olds 200 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	McWilliam, Benn D	13	Camps Bay Swimmng Club-CP	2:24,41
2	Atkinson, Matthew W	13	AquaWolf Aquatics Club-CP	2:27,10
3	Randelhoff, Kurtley D	13	Westridge Swimming-CP	2:39,95
4	Steyn, Jacques J	13	Quick Silver Swimming Academy-CP	2:47,08
5	Theron, Sebastien	13	Quick Silver Swimming Academy-CP	2:51,05
6	Arelisky, Noah S	13	Aqua Sharks Academy-CP	2:55,11
7	Van Zyl, William C	13	Aqua Sharks Academy-CP	2:59,22
8	Smith, Qadr	13	Khayelitsha Aquatics-CP	3:13,98

**Event 200 Boys 14 Year Olds 200 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Carrol, Matt	14	Blouberg Marlins-CP	2:09,97
2	Coetzer, Jayden P	14	Cybersmart Aquatics-CP	2:12,70
3	Saaiman, Rikus T	14	Quick Silver Swimming Academy-CP	2:14,67
4	Hopkins, Tim	14	Tygerberg Aquatics-CP	2:15,43
5	McLeroth, Grant	14	Vineyard Swimming Club-CP	2:27,27
6	Booyesen, Samuel F	14	Khayelitsha Aquatics-CP	2:27,84
7	Edwards, Alshane H	14	Khayelitsha Aquatics-CP	2:33,32
8	Cavallaro, Federico F	14	Cybersmart Aquatics-CP	2:35,86
9	Cronjè, De Wet	14	Quick Silver Swimming Academy-CP	2:37,21
10	Hansen, Kaedyn	14	Vineyard Swimming Club-CP	2:39,76
11	Van Sittert, Biaan	14	Quick Silver Swimming Academy-CP	2:40,34
12	Pirie, Aden	14	Quick Silver Swimming Academy-CP	2:47,11
13	Myers, Matthew J	14	Vineyard Swimming Club-CP	2:47,71
14	Kippie, Majahid M	14	Westridge Swimming-CP	2:51,51
15	Abousheer, Nour E	14	Blouberg Marlins-CP	3:04,01
16	Field, Ethan R	14	Quick Silver Swimming Academy-CP	3:20,86
17	Olivier, Joshua	14	Aqua Sharks Academy-CP	3:23,11

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 200 Men 15-16 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Du Preez, Ethan M	16	Cybersmart Aquatics-CP	2:03,77
2 Potgieter, Wikus R	15	Vineyard Swimming Club-CP	2:05,82
3 Rey, Sebastien M	16	Vineyard Swimming Club-CP	2:08,94
4 Den Haan, Adriaan	15	Quick Silver Swimming Academy-CP	2:14,91
5 Joubert, Francois J	16	Blouberg Marlins-CP	2:16,31
6 Versfeld, George B	16	Aqua Sharks Academy-CP	2:17,32
7 Arelisky, Nicholas R	15	Aqua Sharks Academy-CP	2:18,06
8 Rossouw, Emihl G	15	Quick Silver Swimming Academy-CP	2:20,94
9 Sathyan, Sreyams	16	Quick Silver Swimming Academy-CP	2:52,43

**Event 200 Men 17 & Over 200 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Wright, Dylan	17	Tygerberg Aquatics-CP	1:55,28
2 McCallum, Stephen H	18	Vineyard Swimming Club-CP	1:57,12
3 Bester, Divan	18	Cybersmart Aquatics-CP	1:59,33
4 Jeppe, Edwin L	28	Camps Bay Swimmng Club-CP	2:04,84
5 Abrahams, Matthew N	20	Aqua Sharks Academy-CP	2:09,33
6 Vergotine, Valentino H	32	Uwc Aquatics-CP	2:31,17

**Event 201 Boys 11 Year Olds 50 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Williams, Jayden J	11	Paarl Aquarius SC-CE	40,66
2 Terblanche, Luan L	11	Tygerberg Aquatics-CP	42,64
3 Simpson, Jesse	11	AquaWolf Aquatics Club-CP	43,07
4 Theys, Jayden-Lee	11	Cybersmart Aquatics-CP	43,76
5 Myburgh, Ruan	11	Blouberg Marlins-CP	44,68
6 Novos, Ben P	11	Blouberg Marlins-CP	46,71
7 Pautz, Nathan M	11	Blouberg Marlins-CP	47,24
8 Van Wyk, Wayne E	11	Greydogs Swimming Club-CP	47,30
9 Wollenschlaeger, Noah	11	Vineyard Swimming Club-CP	48,17
10 Carter-Hutton, Tom A	11	Blouberg Marlins-CP	49,90
11 Coetzee, Josh	11	Greydogs Swimming Club-CP	51,24
12 Du Toit, Jean-Luc	11	Quick Silver Swimming Academy-CP	51,40
13 Van Heerden, Ethan J	11	Curro Durbanville Aquatics-CP	51,51
14 Van Zyl, Wian	11	Barracudas Aquarama SC-CP	51,64
15 Gouwsventer, Sven	11	Quick Silver Swimming Academy-CP	51,93
16 Viljoen, Jaden R	11	Aqua Sharks Academy-CP	52,31
17 Ford, Zach	11	AquaWolf Aquatics Club-CP	52,41
18 Ketelo, Clarence	11	Uwc Aquatics-CP	52,52
19 Martin, Alzhario	11	Uwc Aquatics-CP	53,02
20 Wilson, Robbie M	11	Quick Silver Swimming Academy-CP	53,27
21 Almeleh, Ryan G	11	Aqua Sharks Academy-CP	53,28
22 Hume, Connor H	11	Aqua Sharks Academy-CP	54,04
23 Rademan, Pierre-Luc	11	Quick Silver Swimming Academy-CP	54,67
24 Damonse, Yaasie	11	Khayelitsha Aquatics-CP	54,85
25 Farrell, Tim	11	Vineyard Swimming Club-CP	54,86
26 Arnott, Carter J	11	Aqua Sharks Academy-CP	55,54
27 Odendaal, Chris-Tian A	11	Aqua Sharks Academy-CP	56,88
28 Carelse, Leo R	11	Westridge Swimming-CP	1:20,83

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 201 Boys 12 Year Olds 50 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Lee, Ho Won	12	Vineyard Swimming Club-CP	35,85
2 Vd Merwe, Michael D	12	Quick Silver Swimming Academy-CP	39,15
3 Hutton, Jake	12	Blouberg Marlins-CP	39,34
4 Bester, Eben	12	Tygerberg Aquatics-CP	40,73
5 Van Heerden, Dirkie	12	Tygerberg Aquatics-CP	41,24
6 Nelson, Christopher A	12	University of Stellenbosch-CE	41,86
7 Smit, MJ M	12	Swimlab Aquatic Academ-CP	42,13
8 Ma, Yichong	12	Barracudas Aquarama SC-CP	42,98
9 Ludorf, Luka	12	Tygerberg Aquatics-CP	44,12
10 Newmann, Caydon	12	Khayelitsha Aquatics-CP	44,20
11 Saaiman, Charl E	12	Quick Silver Swimming Academy-CP	45,37
12 Gouwsventer, Ivan	12	Quick Silver Swimming Academy-CP	46,23
13 Lonte, Dewald K	12	Quick Silver Swimming Academy-CP	46,56
14 Karsten, Jody	12	Blouberg Marlins-CP	46,57
15 Steyn, Douw J	12	Quick Silver Swimming Academy-CP	46,83
16 Badenhorst, Ulrich	12	Quick Silver Swimming Academy-CP	48,14
17 Ford, Adam	12	AquaWolf Aquatics Club-CP	49,92
18 Sathyan, Sreerag	12	Quick Silver Swimming Academy-CP	52,02
19 Vd Walt, JP J	12	Aqua Sharks Academy-CP	52,07
20 Gloyn-Jones, Anthony	12	Vineyard Swimming Club-CP	52,51
21 Mattheus, Luke G	12	Quick Silver Swimming Academy-CP	56,12
22 Smit, Lukas L	12	Quick Silver Swimming Academy-CP	59,53

**Event 202 Boys 13 Year Olds 50 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Wright, Keegan	13	Tygerberg Aquatics-CP	37,23
2 Randelhoff, Kurtley D	13	Westridge Swimming-CP	40,57
3 Duxbury, Josh	13	Swimlab Aquatic Academ-CP	40,86
4 Coetzee, Kyle	13	AquaWolf Aquatics Club-CP	45,02
5 Smith, Qadr	13	Khayelitsha Aquatics-CP	46,84
6 Theron, Sebastien	13	Quick Silver Swimming Academy-CP	47,34
7 Van Zyl, William C	13	Aqua Sharks Academy-CP	50,66
8 Stevens, Shaun L	13	AquaWolf Aquatics Club-CP	54,61
9 Mboyise, Barney S	13	Vineyard Swimming Club-CP	55,38

**Event 202 Boys 14 Year Olds 50 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Croy, Ronaldo	14	Uwc Aquatics-CP	34,93
2 Carrol, Matt	14	Blouberg Marlins-CP	35,87
3 Minnaar, Ben R	14	Tygerberg Aquatics-CP	38,57
4 Sara, Kyan	14	Blouberg Marlins-CP	40,83
5 Myers, Matthew J	14	Vineyard Swimming Club-CP	42,72
6 Pirie, Aden	14	Quick Silver Swimming Academy-CP	44,53
7 Crous, Faaiq	14	Vineyard Swimming Club-CP	46,79
8 Coenraad, Travis	14	Vineyard Swimming Club-CP	47,21
9 Kippie, Majahid M	14	Westridge Swimming-CP	47,36
10 Abousheer, Nour E	14	Blouberg Marlins-CP	49,40
11 Hansen, Kaedyn	14	Vineyard Swimming Club-CP	49,60
12 Olivier, Joshua	14	Aqua Sharks Academy-CP	49,70

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 203 Boys 15-16 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Amos, Tyla	16	Westridge Swimming-CP	32,28
2	Coelho, Tiago T	15	Blouberg Marlins-CP	33,83
3	Samuels-Bron�e, Tristan A	16	Curro Durbanville Aquatics-CP	34,50
4	Malherbe, Francois	15	University of Stellenbosch-CE	34,67
5	Bester, Wihan	15	Tygerberg Aquatics-CP	35,00
6	Stevens, Leslie H	15	AquaWolf Aquatics Club-CP	35,29
7	Micklethwaite, Tyler L	15	Swimlab Aquatic Academ-CP	35,75
8	Joubert, Francois J	16	Blouberg Marlins-CP	36,16
9	Oosthuizen, Brendan	16	Quick Silver Swimming Academy-CP	38,88
10	Rossouw, Emihl G	15	Quick Silver Swimming Academy-CP	39,34
11	Abousheer, Omar E	16	Blouberg Marlins-CP	39,48
12	Sathyan, Sreyams	16	Quick Silver Swimming Academy-CP	40,46
13	Stander, Ben U	15	Quick Silver Swimming Academy-CP	40,64
14	Khan, Mohammed C	16	Retreat Aquatics-CP	53,27
15	Khan, Faghrie F	15	Retreat Aquatics-CP	55,45

**Event 204 Boys 17 & Over 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Whitaker, Ryan	21	University of Stellenbosch-CE	30,69
2	Solomons, Angus N	18	Paarl Aquarius SC-CE	33,46
3	Altmann, Luke F	18	Vineyard Swimming Club-CP	34,30
4	Erasmus, Chad L	17	Vineyard Swimming Club-CP	35,68
5	Peycke, Tom R	17	Blouberg Marlins-CP	37,08
6	Parson, Denzil K	17	Khayelitsha Aquatics-CP	37,28

**Event 205 Girls 11 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Walsh, Suzanna	11	Swimlab Aquatic Academ-CP	42,29
2	Tsai, Emily A	11	Blouberg Marlins-CP	44,67
3	Nimb, Samantha L	11	Vineyard Swimming Club-CP	46,20
4	Stevens, Judy C	11	AquaWolf Aquatics Club-CP	46,35
5	De Beer, Jorja	11	AquaWolf Aquatics Club-CP	46,79
6	Havemann, Bella	11	Aqua Sharks Academy-CP	47,85
7	Van Zyl, Monique	11	Aqua Sharks Academy-CP	48,47
8	Moonda, Aman M	11	Vineyard Swimming Club-CP	48,48
9	Hayes, Madison	11	Tygerberg Aquatics-CP	48,88
10	Novos, Abby J	11	Aqua Sharks Academy-CP	49,50
11	Els, Imke	11	Tygerberg Aquatics-CP	49,72
12	Allwood, Kate S	11	Greydogs Swimming Club-CP	49,99
13	Bosman, Jessica A	11	Quick Silver Swimming Academy-CP	50,55
14	Goebel, Zoe	11	Tygerberg Aquatics-CP	51,00
15	Afonso, Isabella S	11	Quick Silver Swimming Academy-CP	53,36
*16	Grobler, Ghia	11	Blouberg Marlins-CP	53,88
*16	Lockitch, Maya	11	Blouberg Marlins-CP	53,88
18	Gofman, Sassy E	11	Aqua Sharks Academy-CP	54,03
19	Carrol, Jessica C	11	Blouberg Marlins-CP	55,17
20	Pieters, Shay-Leigh	11	Retreat Aquatics-CP	55,31
21	May, Cleo J	11	Retreat Aquatics-CP	56,05
22	Corner, Camryn Q	11	Cybersmart Aquatics-CP	56,34
23	Wedge, Kirsten	11	Quick Silver Swimming Academy-CP	57,66
24	Gongo, Esona	11	Uwc Aquatics-CP	59,97

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 205 Girls 11 Year Olds 50 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
25 Magni, Elena	11	Quick Silver Swimming Academy-CP	1:01,67
26 Poezyn, Abbey T	11	Blouberg Marlins-CP	1:02,49
27 Poezyn, Morgan E	11	Blouberg Marlins-CP	1:07,29
28 Vd Merwe, Naseerah	11	Westridge Swimming-CP	1:12,57

**Event 205 Girls 12 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Fisher, Stella R	12	Vineyard Swimming Club-CP	37,96
2 Koks, Nichole H	12	Khayelitsha Aquatics-CP	43,30
3 Benson, Blair	12	Cybersmart Aquatics-CP	43,77
4 Burke, Erin	12	Blouberg Marlins-CP	43,94
5 Jeftha, Zara L	12	Westridge Swimming-CP	44,03
6 Kielblock, Nina	12	Quick Silver Swimming Academy-CP	44,59
7 Beetge, Amy	12	Vineyard Swimming Club-CP	45,28
8 Erasmus, Lauren S	12	AquaWolf Aquatics Club-CP	45,95
9 Van Reenen, Kirsten	12	Greydogs Swimming Club-CP	46,11
10 Louw, Alexa	12	Blouberg Marlins-CP	47,10
11 Smit, Jaime L	12	Barracudas Aquarama SC-CP	48,39
12 Coenraad, Taryn	12	Vineyard Swimming Club-CP	48,98
13 Roffey, Jamie-Lee	12	Quick Silver Swimming Academy-CP	49,47
14 Hillebrand, Kari S	12	Blouberg Marlins-CP	49,67
15 Loubser, Jenna L	12	Blouberg Marlins-CP	49,71
16 Van Niekerk, Emily	12	Greydogs Swimming Club-CP	51,15
17 Vd Waal, Anke R	12	Tygerberg Aquatics-CP	51,64
*18 Witten, Hannah	12	Aqua Sharks Academy-CP	52,01
*18 Coetzee, Aalia	12	Westridge Swimming-CP	52,01
20 Kotzè, Tamsyn G	12	Blouberg Marlins-CP	52,77
21 Smith, Nina	12	Blouberg Marlins-CP	54,28

**Event 206 Girls 13 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Pollicutte, Leila	13	Curro Langebaan Swim Club-WC	39,59
2 Herbst, Mienke	13	Swimlab Aquatic Academ-CP	40,38
3 Olsen, Tamryn A	13	AquaWolf Aquatics Club-CP	42,43
4 Russell, Morgan	13	Blouberg Marlins-CP	44,41
5 De Beer, Erin	13	AquaWolf Aquatics Club-CP	47,16
6 Cloete, Layla	13	Blouberg Marlins-CP	48,21
7 Wyngaard, Dakota J	13	Quick Silver Swimming Academy-CP	50,16
8 Van Schalkwyk, Stacey-Lee	13	Westridge Swimming-CP	53,12
9 Steenekamp, Nina	13	Quick Silver Swimming Academy-CP	59,00
10 Van Zyl, Danè	13	Barracudas Aquarama SC-CP	1:07,08

**Event 206 Girls 14 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Josephs, Zoë	14	Aquasharks Academy Winelands-CE	38,95
2 Vd Merwe, Haylee	14	Quick Silver Swimming Academy-CP	39,59
3 Jones, Ruth	14	Vineyard Swimming Club-CP	42,06
4 Rathner, Ava	14	Swimlab Aquatic Academ-CP	42,41
5 Vd Merwe, Chloe M	14	Aqua Sharks Academy-CP	44,44
6 Swart, Isabel	14	Barracudas Aquarama SC-CP	47,35
7 Desmond-Smith, Louise S	14	Swimlab Aquatic Academ-CP	50,40
8 Mostert, Ammaarah	14	Vineyard Swimming Club-CP	56,33

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 207 Girls 15-16 50 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Bulose, Megan	15	Quick Silver Swimming Academy-CP	38,52
2 Hugo, Anine T	16	Paarl Aquarius SC-CE	40,40
3 Jephthah, Aimeè-Jane	16	Paarl Aquarius SC-CE	41,79
4 Marthinus, Inez E	15	Swimlab Aquatic Academ-CP	43,79
5 Boswell, Kylie C	15	Blouberg Marlins-CP	44,61
6 Berg, Carmen J	16	Aqua Sharks Academy-CP	45,55
7 Basson, Taylin T	16	Westridge Swimming-CP	59,26

**Event 208 Girls 17 & Over 50 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Shaw, Reedah	19	TuksSwimming-TS	35,31

**Event 209 Boys 13 Year Olds 100 SC Meter Butterfly**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Wright, Keegan	13	Tygerberg Aquatics-CP	1:07,63
2 McWilliam, Benn D	13	Camps Bay Swimmng Club-CP	1:12,97

**Event 209 Boys 14 Year Olds 100 SC Meter Butterfly**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Coetzer, Jayden P	14	Cybersmart Aquatics-CP	1:05,58
2 Saaiman, Rikus T	14	Quick Silver Swimming Academy-CP	1:06,25
3 Consani, Dario L	14	Tygerberg Aquatics-CP	1:08,99
4 Sara, Kyan	14	Blouberg Marlins-CP	1:13,67
5 Booyesen, Samuel F	14	Khayelitsha Aquatics-CP	1:17,42
6 Edwards, Alshane H	14	Khayelitsha Aquatics-CP	1:17,45
7 Solms, Michael	14	Quick Silver Swimming Academy-CP	1:17,82
8 Mongie, Luan	14	Quick Silver Swimming Academy-CP	1:18,75
9 Van Sittert, Biaan	14	Quick Silver Swimming Academy-CP	1:26,74
10 Cronjè, De Wet	14	Quick Silver Swimming Academy-CP	1:31,74
11 Pirie, Aden	14	Quick Silver Swimming Academy-CP	1:39,04
12 Olivier, Joshua	14	Aqua Sharks Academy-CP	1:58,40
--- Minnaar, Ben R	14	Tygerberg Aquatics-CP	DQ

**Event 210 Boys 15-16 100 SC Meter Butterfly**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Potgieter, Wikus R	15	Vineyard Swimming Club-CP	1:00,80
2 Peceur, Mark D	15	Paarl Aquarius SC-CE	1:03,09
3 Hofmeister, Rajiv M	16	Swimlab Aquatic Academ-CP	1:03,70
4 Malherbe, Francois	15	University of Stellenbosch-CE	1:03,88
5 Oosthuizen, Brendan	16	Quick Silver Swimming Academy-CP	1:04,66
6 Arelisky, Nicholas R	15	Aqua Sharks Academy-CP	1:08,81
7 Stevens, Leslie H	15	AquaWolf Aquatics Club-CP	1:09,60
8 Den Haan, Adriaan	15	Quick Silver Swimming Academy-CP	1:10,07
9 Stander, Ben U	15	Quick Silver Swimming Academy-CP	1:10,22
10 Theron, Martin	15	Aqua Sharks Academy-CP	1:13,47
11 Abousheer, Omar E	16	Blouberg Marlins-CP	1:26,63
12 Sathyan, Sreyams	16	Quick Silver Swimming Academy-CP	1:29,76

**Event 211 Boys 17 & Over 100 SC Meter Butterfly**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Tomitsuka, Taro A	18	Camps Bay Swimmng Club-CP	1:00,66
2 Erasmus, Chad L	17	Vineyard Swimming Club-CP	1:06,36

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 211 Boys 17 & Over 100 SC Meter Butterfly)**

Name	Age	Team	Finals Time
3 Engelbrecht, Pirow P	20	Curro Langebaan Swim Club-WC	1:06,90
4 Manus, Daniel J	20	University of Stellenbosch-CE	1:11,94
5 Buys, Llewellyn O	18	Barracudas Aquarama SC-CP	1:15,67
6 Vergotine, Valentino H	32	Uwc Aquatics-CP	1:17,45

**Event 212 Girls 13 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Hugo, Anika S	13	Paarl Aquarius SC-CE	1:13,89
2 Ward, Tanith A	13	Swimlab Aquatic Academ-CP	1:17,20
3 Van Zyl, Danè	13	Barracudas Aquarama SC-CP	1:57,48

**Event 212 Girls 14 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Cilliers, Kara K	14	Paarl Aquarius SC-CE	1:18,26
2 Stoms, Clara M	14	University of Stellenbosch-CE	1:25,23
3 Pirie, Ami	14	Quick Silver Swimming Academy-CP	1:27,30

**Event 213 Girls 15-16 100 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 De Villiers, Michaela K	16	Vineyard Swimming Club-CP	1:07,50

**Event 214 Girls 17 & Over 100 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Solkow, Daniella M	18	Vineyard Swimming Club-CP	1:08,34
2 Scott, Olivia	17	Vineyard Swimming Club-CP	1:12,62

**Event 215 Boys 11 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Williams, Jayden J	11	Paarl Aquarius SC-CE	1:26,60
2 Simpson, Jesse	11	AquaWolf Aquatics Club-CP	1:35,37
3 Edwards, Jude K	11	Vineyard Swimming Club-CP	1:36,23
4 Myburgh, Ruan	11	Blouberg Marlins-CP	1:38,68
5 Theys, Jayden-Lee	11	Cybersmart Aquatics-CP	1:39,58
6 Strydom, Conrad M	11	Quick Silver Swimming Academy-CP	1:40,81
7 Novos, Ben P	11	Blouberg Marlins-CP	1:43,82
8 Wollenschlaeger, Noah	11	Vineyard Swimming Club-CP	1:44,88
9 Van Wyk, Wayne E	11	Greydogs Swimming Club-CP	1:46,18
10 Pautz, Nathan M	11	Blouberg Marlins-CP	1:46,66
11 Williams, Luca	11	Vineyard Swimming Club-CP	1:48,85
12 Van Zyl, Wian	11	Barracudas Aquarama SC-CP	1:51,68
13 Carter-Hutton, Tom A	11	Blouberg Marlins-CP	1:51,84
14 Coetzee, Josh	11	Greydogs Swimming Club-CP	1:53,03
15 Ford, Zach	11	AquaWolf Aquatics Club-CP	1:53,59
16 Viljoen, Jaden R	11	Aqua Sharks Academy-CP	1:53,94
17 Gouwsventer, Sven	11	Quick Silver Swimming Academy-CP	1:54,62
18 Van Heerden, Ethan J	11	Curro Durbanville Aquatics-CP	1:56,29
19 Odendaal, Chris-Tian A	11	Aqua Sharks Academy-CP	2:00,54
20 Almeleh, Ryan G	11	Aqua Sharks Academy-CP	2:04,88
21 De Waal, Daniel H	11	Greydogs Swimming Club-CP	2:06,14
22 Damonse, Yaasie	11	Khayelitsha Aquatics-CP	2:16,99

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 215 Boys 12 Year Olds 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Lee, Ho Won	12	Vineyard Swimming Club-CP	1:18,58
2 Vd Merwe, Michael D	12	Quick Silver Swimming Academy-CP	1:23,87
3 Bester, Eben	12	Tygerberg Aquatics-CP	1:27,27
4 Hendricks, Joshua	12	AquaWolf Aquatics Club-CP	1:30,91
5 Nelson, Christopher A	12	University of Stellenbosch-CE	1:33,45
6 Newmann, Caydon	12	Khayelitsha Aquatics-CP	1:34,75
7 McWilliam, Troy J	12	Camps Bay Swimmng Club-CP	1:35,56
8 Smit, MJ M	12	Swimlab Aquatic Academ-CP	1:37,27
9 Boonzaaier, Simon F	12	Barracudas Aquarama SC-CP	1:43,32
10 Gouwsventer, Ivan	12	Quick Silver Swimming Academy-CP	1:45,67
11 Karsten, Jody	12	Blouberg Marlins-CP	1:45,81
12 Ford, Adam	12	AquaWolf Aquatics Club-CP	1:51,24
13 Sathyan, Sreerag	12	Quick Silver Swimming Academy-CP	1:54,06

**Event 216 Girls 11 Year Olds 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Walsh, Suzanna	11	Swimlab Aquatic Academ-CP	1:33,14
2 Jagger, Ammara	11	Westridge Swimming-CP	1:36,13
3 Tsai, Emily A	11	Blouberg Marlins-CP	1:41,29
4 Nimb, Samantha L	11	Vineyard Swimming Club-CP	1:41,61
5 De Beer, Jorja	11	AquaWolf Aquatics Club-CP	1:42,22
6 Novos, Abby J	11	Aqua Sharks Academy-CP	1:44,05
7 Van Zyl, Monique	11	Aqua Sharks Academy-CP	1:44,15
8 Stevens, Judy C	11	AquaWolf Aquatics Club-CP	1:44,86
9 Serfontein, Christi	11	Quick Silver Swimming Academy-CP	1:44,89
10 Havemann, Bella	11	Aqua Sharks Academy-CP	1:45,42
11 Hayes, Madison	11	Tygerberg Aquatics-CP	1:47,00
12 Moonda, Aman M	11	Vineyard Swimming Club-CP	1:47,58
13 Els, Imke	11	Tygerberg Aquatics-CP	1:48,08
14 Bosman, Jessica A	11	Quick Silver Swimming Academy-CP	1:49,03
15 Allwood, Kate S	11	Greydogs Swimming Club-CP	1:50,01
16 Gofman, Sassy E	11	Aqua Sharks Academy-CP	1:55,55
17 Afonso, Isabella S	11	Quick Silver Swimming Academy-CP	1:58,26
18 Carrol, Jessica C	11	Blouberg Marlins-CP	2:03,47
19 Grobler, Ghia	11	Blouberg Marlins-CP	2:03,48

**Event 216 Girls 12 Year Olds 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Fisher, Stella R	12	Vineyard Swimming Club-CP	1:22,93
2 Ryser, Aurora	12	Tygerberg Aquatics-CP	1:30,68
3 Beetge, Amy	12	Vineyard Swimming Club-CP	1:37,24
4 Burke, Erin	12	Blouberg Marlins-CP	1:38,67
5 Erasmus, Lauren S	12	AquaWolf Aquatics Club-CP	1:38,71
6 Van Reenen, Kirsten	12	Greydogs Swimming Club-CP	1:41,17
7 Kielblock, Nina	12	Quick Silver Swimming Academy-CP	1:43,96
8 Jeftha, Zara L	12	Westridge Swimming-CP	1:44,16
9 Smit, Jaime L	12	Barracudas Aquarama SC-CP	1:45,61
10 Loubser, Jenna L	12	Blouberg Marlins-CP	1:46,67
11 Roffey, Jamie-Lee	12	Quick Silver Swimming Academy-CP	1:47,94
12 Hillebrand, Kari S	12	Blouberg Marlins-CP	1:48,88
13 Witten, Hannah	12	Aqua Sharks Academy-CP	1:50,74

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 216 Girls 12 Year Olds 100 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
14 Kotzè, Tamsyn G	12	Blouberg Marlins-CP	1:53,12
15 Van Niekerk, Emily	12	Greydogs Swimming Club-CP	1:54,50
16 Coetzee, Aalia	12	Westridge Swimming-CP	1:55,58

**Event 217 Girls 13 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Wyngaard, Dakota J	13	Quick Silver Swimming Academy-CP	3:20,64

**Event 217 Girls 14 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Vd Toorn, Thea F	14	Cybersmart Aquatics-CP	2:34,91
*2 West, Sarah C	14	Quick Silver Swimming Academy-CP	2:44,47
*2 Vd Merwe, Haylee	14	Quick Silver Swimming Academy-CP	2:44,47
4 Pirie, Ami	14	Quick Silver Swimming Academy-CP	2:48,74

**Event 217 Women 15-16 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 De Villiers, Michaela K	16	Vineyard Swimming Club-CP	2:26,00
2 Jephthah, Aimeè-Jane	16	Paarl Aquarius SC-CE	2:38,38
3 Daffarn, Eri J	15	Vineyard Swimming Club-CP	2:39,26
4 Bulose, Megan	15	Quick Silver Swimming Academy-CP	2:43,98
5 Rogers, Kayla A	15	Tygerberg Aquatics-CP	2:44,36
6 Berg, Carmen J	16	Aqua Sharks Academy-CP	2:55,72

**Event 217 Boys 13 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Atkinson, Matthew W	13	AquaWolf Aquatics Club-CP	2:38,58
2 Theron, Sebastien	13	Quick Silver Swimming Academy-CP	3:01,27
3 Steyn, Jacques J	13	Quick Silver Swimming Academy-CP	3:16,25

**Event 217 Boys 14 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Swarts, Keeno A	14	Vineyard Swimming Club-CP	2:20,83
2 Saaiman, Rikus T	14	Quick Silver Swimming Academy-CP	2:24,38
3 Terblanche, Kiaan C	14	Tygerberg Aquatics-CP	2:25,64
4 McLeroth, Grant	14	Vineyard Swimming Club-CP	2:37,19
5 Solms, Michael	14	Quick Silver Swimming Academy-CP	2:42,88
6 Cronjè, De Wet	14	Quick Silver Swimming Academy-CP	2:50,38
7 Mongie, Luan	14	Quick Silver Swimming Academy-CP	2:52,72
8 Cavallaro, Federico F	14	Cybersmart Aquatics-CP	2:53,69
9 Pirie, Aden	14	Quick Silver Swimming Academy-CP	3:10,16

**Event 217 Men 15-16 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 John, Gregor	16	Vineyard Swimming Club-CP	2:12,73
2 Potgieter, Wikus R	15	Vineyard Swimming Club-CP	2:14,11
3 Beetge, Matthew	15	Vineyard Swimming Club-CP	2:23,55
4 Rey, Sebastien M	16	Vineyard Swimming Club-CP	2:25,60
5 Arelisky, Nicholas R	15	Aqua Sharks Academy-CP	2:30,23
6 Den Haan, Adriaan	15	Quick Silver Swimming Academy-CP	2:30,31
7 Rossouw, Emihl G	15	Quick Silver Swimming Academy-CP	2:32,04

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 217 Men 17 & Over 200 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Wright, Dylan	17	Tygerberg Aquatics-CP	2:01,60

**Event 218 Boys 11 Year Olds 100 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Strydom, Conrad M	11	Quick Silver Swimming Academy-CP	1:11,12
2 Theys, Jayden-Lee	11	Cybersmart Aquatics-CP	1:11,61
3 Dos-Santos, Andrei	11	Aqua Sharks Academy-CP	1:13,11
4 Williams, Jayden J	11	Paarl Aquarius SC-CE	1:13,64
5 Wollenschlaeger, Noah	11	Vineyard Swimming Club-CP	1:14,07
6 Koekemoer, Callum	11	Quick Silver Swimming Academy-CP	1:14,71
7 Myburgh, Ruan	11	Blouberg Marlins-CP	1:19,31
8 Pautz, Nathan M	11	Blouberg Marlins-CP	1:20,01
9 Van Wyk, Wayne E	11	Greydogs Swimming Club-CP	1:21,90
10 Williams, Luca	11	Vineyard Swimming Club-CP	1:24,24
11 Schoombee, Hannes	11	Curro Durbanville Aquatics-CP	1:25,33
12 Gouwsventer, Sven	11	Quick Silver Swimming Academy-CP	1:28,76
13 Lietch, Adam T	11	Barracudas Aquarama SC-CP	1:29,97
14 Edwards, Jude K	11	Vineyard Swimming Club-CP	1:30,39
15 Viljoen, Jaden R	11	Aqua Sharks Academy-CP	1:30,72
16 Odendaal, Chris-Tian A	11	Aqua Sharks Academy-CP	1:31,44
17 Almeleh, Ryan G	11	Aqua Sharks Academy-CP	1:31,46
18 Farrell, Tim	11	Vineyard Swimming Club-CP	1:34,33
19 Du Toit, Jean-Luc	11	Quick Silver Swimming Academy-CP	1:34,69
20 Damonse, Yaasie	11	Khayelitsha Aquatics-CP	1:36,30
21 Van Zyl, Wian	11	Barracudas Aquarama SC-CP	1:36,47
22 De Waal, Daniel H	11	Greydogs Swimming Club-CP	1:39,13
23 Swartz, Lyle T	11	Tygerberg Aquatics-CP	1:40,52
24 Hume, Connor H	11	Aqua Sharks Academy-CP	1:40,70
25 Coetzee, Josh	11	Greydogs Swimming Club-CP	1:41,75
26 Ford, Zach	11	AquaWolf Aquatics Club-CP	1:46,41
27 Rademan, Pierre-Luc	11	Quick Silver Swimming Academy-CP	1:46,46

**Event 218 Boys 12 Year Olds 100 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Pearson, Tai L	12	Vineyard Swimming Club-CP	59,16
2 Beukes, Wade	12	Vineyard Swimming Club-CP	1:03,57
3 Hendricks, Joshua	12	AquaWolf Aquatics Club-CP	1:09,08
4 Vd Merwe, Michael D	12	Quick Silver Swimming Academy-CP	1:10,11
5 McWilliam, Troy J	12	Camps Bay Swimmng Club-CP	1:11,47
6 Bester, Eben	12	Tygerberg Aquatics-CP	1:12,64
7 Ludorf, Luka	12	Tygerberg Aquatics-CP	1:13,66
8 Steyn, Douw J	12	Quick Silver Swimming Academy-CP	1:14,66
9 Krige, Aiden S	12	Vineyard Swimming Club-CP	1:14,98
10 Smit, MJ M	12	Swimlab Aquatic Academ-CP	1:16,06
11 Lonte, Dewald K	12	Quick Silver Swimming Academy-CP	1:16,94
12 Boonzaaier, Simon F	12	Barracudas Aquarama SC-CP	1:17,93
13 Karsten, Jody	12	Blouberg Marlins-CP	1:18,39
14 Badenhorst, Ulrich	12	Quick Silver Swimming Academy-CP	1:19,77
15 Newmann, Caydon	12	Khayelitsha Aquatics-CP	1:24,24
16 Ford, Adam	12	AquaWolf Aquatics Club-CP	1:25,93
17 Vd Walt, JP J	12	Aqua Sharks Academy-CP	1:30,31

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 218 Boys 12 Year Olds 100 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
18	Gouwsventer, Ivan	12	Quick Silver Swimming Academy-CP	1:31,61
19	Gloyn-Jones, Anthony	12	Vineyard Swimming Club-CP	1:31,87
20	De Kock, Zebadiah M	12	Khayelitsha Aquatics-CP	2:03,65

**Event 219 Boys 13 Year Olds 100 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	McWilliam, Benn D	13	Camps Bay Swimmng Club-CP	1:07,79
2	Marthinus, Ethan M	13	Swimlab Aquatic Academ-CP	1:08,10
3	Duxbury, Josh	13	Swimlab Aquatic Academ-CP	1:11,23
4	Steyn, Jacques J	13	Quick Silver Swimming Academy-CP	1:13,91
5	Theron, Sebastien	13	Quick Silver Swimming Academy-CP	1:18,88
6	Coetzee, Kyle	13	AquaWolf Aquatics Club-CP	1:20,64
7	Smith, Qadr	13	Khayelitsha Aquatics-CP	1:22,49
8	Arelisky, Noah S	13	Aqua Sharks Academy-CP	1:24,68
9	Van Zyl, William C	13	Aqua Sharks Academy-CP	1:25,19
10	Mboyise, Barney S	13	Vineyard Swimming Club-CP	1:52,78

**Event 219 Boys 14 Year Olds 100 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Carrol, Matt	14	Blouberg Marlins-CP	58,85
2	Etzold, Peter S	14	Camps Bay Swimmng Club-CP	59,20
3	Saaiman, Rikus T	14	Quick Silver Swimming Academy-CP	1:01,00
4	Sara, Kyan	14	Blouberg Marlins-CP	1:05,51
5	Edwards, Alshane H	14	Khayelitsha Aquatics-CP	1:06,28
6	Mongie, Luan	14	Quick Silver Swimming Academy-CP	1:07,93
7	McLeroth, Grant	14	Vineyard Swimming Club-CP	1:08,05
8	Cronjè, De Wet	14	Quick Silver Swimming Academy-CP	1:09,21
9	Van Sittert, Biaan	14	Quick Silver Swimming Academy-CP	1:10,73
10	Myers, Matthew J	14	Vineyard Swimming Club-CP	1:12,02
11	Solms, Michael	14	Quick Silver Swimming Academy-CP	1:12,16
12	Coenraad, Travis	14	Vineyard Swimming Club-CP	1:13,20
13	Hansen, Kaedyn	14	Vineyard Swimming Club-CP	1:13,55
14	Abousheer, Nour E	14	Blouberg Marlins-CP	1:20,32
15	Crous, Faaïq	14	Vineyard Swimming Club-CP	1:21,20
16	Olivier, Joshua	14	Aqua Sharks Academy-CP	1:32,88

**Event 220 Boys 15-16 100 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Potgieter, Wikus R	15	Vineyard Swimming Club-CP	56,38
2	Oosthuizen, Brendan	16	Quick Silver Swimming Academy-CP	59,32
3	Hofmeister, Rajiv M	16	Swimlab Aquatic Academ-CP	59,52
4	Coelho, Tiago T	15	Blouberg Marlins-CP	1:00,62
5	Bester, Wihan	15	Tygerberg Aquatics-CP	1:00,67
6	Peceur, Mark D	15	Paarl Aquarius SC-CE	1:00,71
7	Joubert, Francois J	16	Blouberg Marlins-CP	1:00,72
8	Versfeld, George B	16	Aqua Sharks Academy-CP	1:00,73
9	Beetge, Matthew	15	Vineyard Swimming Club-CP	1:01,27
10	Den Haan, Adriaan	15	Quick Silver Swimming Academy-CP	1:02,03
11	Micklethwaite, Tyler L	15	Swimlab Aquatic Academ-CP	1:03,59
12	Arelisky, Nicholas R	15	Aqua Sharks Academy-CP	1:03,78
13	Stander, Ben U	15	Quick Silver Swimming Academy-CP	1:04,57
14	Rossouw, Emihl G	15	Quick Silver Swimming Academy-CP	1:07,59

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 220 Boys 15-16 100 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
15	Theron, Martin	15	Aqua Sharks Academy-CP	1:09,90
16	Abousheer, Omar E	16	Blouberg Marlins-CP	1:10,89
17	Sathyan, Sreyams	16	Quick Silver Swimming Academy-CP	1:14,87
18	Viljoen, Bradwin A	15	Khayelitsha Aquatics-CP	2:10,64

**Event 221 Boys 17 & Over 100 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	McCallum, Stephen H	18	Vineyard Swimming Club-CP	52,74
2	Jeppé, Edwin L	28	Camps Bay Swimmng Club-CP	54,82
3	Lee, Won Hee	17	Vineyard Swimming Club-CP	55,30
4	Engelbrecht, Pirow P	20	Curro Langebaan Swim Club-WC	58,05
5	Abrahams, Matthew N	20	Aqua Sharks Academy-CP	58,28
6	Danhouse, Cianan	19	Paarl Aquarius SC-CE	1:00,78
7	Peceur, Caleb C	17	Paarl Aquarius SC-CE	1:00,85
8	Peycke, Tom R	17	Blouberg Marlins-CP	1:05,83
9	Manus, Daniel J	20	University of Stellenbosch-CE	1:06,67
10	Buys, Llewellyn O	18	Barracudas Aquarama SC-CP	1:06,70
11	Parson, Denzil K	17	Khayelitsha Aquatics-CP	1:08,37
12	Buhr-Engelke, Heineger B	19	Barracudas Aquarama SC-CP	1:11,89

**Event 222 Girls 11 Year Olds 100 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Burgess, Cassidy S	11	Vineyard Swimming Club-CP	1:14,11
2	Jagger, Ammara	11	Westridge Swimming-CP	1:18,92
3	Serfontein, Christi	11	Quick Silver Swimming Academy-CP	1:21,40
4	Kemper, Giselle	11	Cybersmart Aquatics-CP	1:22,52
5	Corner, Camryn Q	11	Cybersmart Aquatics-CP	1:25,23
6	De Witt, Elrika M	11	Quick Silver Swimming Academy-CP	1:25,96
7	Els, Imke	11	Tygerberg Aquatics-CP	1:27,27
8	Tsai, Emily A	11	Blouberg Marlins-CP	1:27,67
9	Goebel, Zoe	11	Tygerberg Aquatics-CP	1:29,90
10	De Beer, Jorja	11	AquaWolf Aquatics Club-CP	1:30,24
11	Moonda, Aman M	11	Vineyard Swimming Club-CP	1:30,45
12	Gofman, Sassy E	11	Aqua Sharks Academy-CP	1:31,11
13	Allwood, Kate S	11	Greydogs Swimming Club-CP	1:31,23
14	Havemann, Bella	11	Aqua Sharks Academy-CP	1:33,01
15	Lockitch, Maya	11	Blouberg Marlins-CP	1:38,29
16	Afonso, Isabella S	11	Quick Silver Swimming Academy-CP	1:39,22
17	Novos, Abby J	11	Aqua Sharks Academy-CP	1:41,13
18	Grobler, Ghia	11	Blouberg Marlins-CP	1:42,25
19	Van Zyl, Monique	11	Aqua Sharks Academy-CP	1:45,50
20	Poezyn, Abbey T	11	Blouberg Marlins-CP	1:47,76
21	Poezyn, Morgan E	11	Blouberg Marlins-CP	1:55,76
22	Kleinsmith, Naomi	11	Khayelitsha Aquatics-CP	1:55,77

**Event 222 Girls 12 Year Olds 100 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Fury, Rebecca G	12	Camps Bay Swimmng Club-CP	1:05,30
2	Du Plessis, Chanel P	12	Vineyard Swimming Club-CP	1:07,14
3	Prinsloo, Mila	12	Tygerberg Aquatics-CP	1:10,87
4	Benson, Blair	12	Cybersmart Aquatics-CP	1:14,66
5	Louw, Alexa	12	Blouberg Marlins-CP	1:16,41

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 222 Girls 12 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
6 Erasmus, Lauren S	12	AquaWolf Aquatics Club-CP	1:19,15
7 Wessels, Taylor A	12	Blouberg Marlins-CP	1:19,53
8 Burke, Erin	12	Blouberg Marlins-CP	1:19,83
9 Vd Waal, Anke R	12	Tygerberg Aquatics-CP	1:21,37
10 Coenraad, Taryn	12	Vineyard Swimming Club-CP	1:21,93
11 Van Reenen, Kirsten	12	Greydogs Swimming Club-CP	1:22,92
12 Kotzè, Tamsyn G	12	Blouberg Marlins-CP	1:23,02
13 Hillebrand, Kari S	12	Blouberg Marlins-CP	1:23,95
14 Loubser, Jenna L	12	Blouberg Marlins-CP	1:25,14
15 Kielblock, Nina	12	Quick Silver Swimming Academy-CP	1:27,25
16 Smith, Nina	12	Blouberg Marlins-CP	1:28,78
17 Roffey, Jamie-Lee	12	Quick Silver Swimming Academy-CP	1:35,00
18 Witten, Hannah	12	Aqua Sharks Academy-CP	1:35,90
19 Van Niekerk, Emily	12	Greydogs Swimming Club-CP	1:35,92

**Event 223 Girls 13 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Ahmed, Nihaal	13	Vineyard Swimming Club-CP	1:04,03
2 Havenga, Skyla K	13	Curro Langebaan Swim Club-WC	1:05,15
3 Ward, Tanith A	13	Swimlab Aquatic Academ-CP	1:09,60
4 Olsen, Tamryn A	13	AquaWolf Aquatics Club-CP	1:11,81
5 Herbst, Mienke	13	Swimlab Aquatic Academ-CP	1:12,45
6 Pollicutte, Leila	13	Curro Langebaan Swim Club-WC	1:12,92
7 Dixon, Lucia	13	Tygerberg Aquatics-CP	1:13,89
8 Russell, Morgan	13	Blouberg Marlins-CP	1:16,06
9 Alexander, Maja K	13	Vineyard Swimming Club-CP	1:19,02
10 Jardine, Nuhaa	13	Quick Silver Swimming Academy-CP	1:22,73
11 Cloete, Layla	13	Blouberg Marlins-CP	1:24,31
12 De Beer, Erin	13	AquaWolf Aquatics Club-CP	1:27,41
13 Van Schalkwyk, Stacey-Lee	13	Westridge Swimming-CP	1:30,05
14 Van Zyl, Danè	13	Barracudas Aquarama SC-CP	1:48,78
15 Steenekamp, Nina	13	Quick Silver Swimming Academy-CP	1:51,17

**Event 223 Girls 14 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Prinsloo, Helen J	14	Paarl Aquarius SC-CE	1:05,55
2 Rathner, Ava	14	Swimlab Aquatic Academ-CP	1:08,83
3 Jones, Ruth	14	Vineyard Swimming Club-CP	1:10,54
4 Josephs, Zoë	14	Aquasharks Academy Winelands-CE	1:10,78
5 West, Sarah C	14	Quick Silver Swimming Academy-CP	1:12,60
6 Vd Merwe, Haylee	14	Quick Silver Swimming Academy-CP	1:12,63
7 Swart, Isabel	14	Barracudas Aquarama SC-CP	1:18,98
8 Desmond-Smith, Louise S	14	Swimlab Aquatic Academ-CP	1:29,24
9 Mostert, Ammaarah	14	Vineyard Swimming Club-CP	1:35,32

**Event 224 Girls 15-16 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 De Villiers, Michaela K	16	Vineyard Swimming Club-CP	59,53
2 Daffarn, Eri J	15	Vineyard Swimming Club-CP	1:03,99
3 Jephthah, Aimeè-Jane	16	Paarl Aquarius SC-CE	1:07,51
4 Bulose, Megan	15	Quick Silver Swimming Academy-CP	1:08,05
5 Benade, Kerry	15	Swimlab Aquatic Academ-CP	1:10,29

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 224 Girls 15-16 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
6 Berg, Carmen J	16	Aqua Sharks Academy-CP	1:11,59
7 Hugo, Anine T	16	Paarl Aquarius SC-CE	1:13,12
8 Boswell, Kylie C	15	Blouberg Marlins-CP	1:15,54
9 Marthinus, Inez E	15	Swimlab Aquatic Academ-CP	1:20,63
10 Basson, Taylin T	16	Westridge Swimming-CP	1:33,18

**Event 225 Girls 17 & Over 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Scott, Olivia	17	Vineyard Swimming Club-CP	1:02,79
2 Hartzenberg, Erin R	18	Tygerberg Aquatics-CP	1:04,00
3 Pollicutte, Trisha	17	Curro Langebaan Swim Club-WC	1:04,04
4 Kriel, Kyli	20	Quick Silver Swimming Academy-CP	1:52,06

**Event 300 Boys 11 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Carter-Hutton, Tom A	11	Blouberg Marlins-CP	42,47
2 Myburgh, Ruan	11	Blouberg Marlins-CP	43,49
3 Gouwsventer, Sven	11	Quick Silver Swimming Academy-CP	44,10
4 Schoombee, Hannes	11	Curro Durbanville Aquatics-CP	44,44
5 Odendaal, Chris-Tian A	11	Aqua Sharks Academy-CP	45,28
6 Viljoen, Jaden R	11	Aqua Sharks Academy-CP	45,39
7 Arnott, Carter J	11	Aqua Sharks Academy-CP	45,56
8 Du Toit, Jean-Luc	11	Quick Silver Swimming Academy-CP	47,58
9 Van Zyl, Wian	11	Barracudas Aquarama SC-CP	49,36
10 Rademan, Pierre-Luc	11	Quick Silver Swimming Academy-CP	49,45
11 Wilson, Robbie M	11	Quick Silver Swimming Academy-CP	49,55
12 Thiart, Henrico	11	AquaWolf Aquatics Club-CP	51,62
13 Novos, Ben P	11	Blouberg Marlins-CP	52,37
14 Damonse, Yaasie	11	Khayelitsha Aquatics-CP	54,25
15 Ketelo, Clarence	11	Uwc Aquatics-CP	54,59
16 Martin, Alzhario	11	Uwc Aquatics-CP	56,55

**Event 300 Boys 12 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Pearson, Tai L	12	Vineyard Swimming Club-CP	30,91
2 Vd Merwe, Michael D	12	Quick Silver Swimming Academy-CP	35,38
3 Bester, Eben	12	Tygerberg Aquatics-CP	36,53
4 Ludorf, Luka	12	Tygerberg Aquatics-CP	38,07
5 Nelson, Christopher A	12	University of Stellenbosch-CE	38,75
6 Ma, Yichong	12	Barracudas Aquarama SC-CP	39,10
7 Lonte, Dewald K	12	Quick Silver Swimming Academy-CP	40,30
8 Saaiman, Charl E	12	Quick Silver Swimming Academy-CP	41,60
9 Kirsten, John-William R	12	Barracudas Aquarama SC-CP	42,04
10 Badenhorst, Ulrich	12	Quick Silver Swimming Academy-CP	42,44
11 Gouwsventer, Ivan	12	Quick Silver Swimming Academy-CP	42,90
12 Vd Walt, JP J	12	Aqua Sharks Academy-CP	43,05
13 Boonzaaier, Simon F	12	Barracudas Aquarama SC-CP	44,72
14 Sathyan, Sreerag	12	Quick Silver Swimming Academy-CP	45,56
15 Gloyn-Jones, Anthony	12	Vineyard Swimming Club-CP	47,90
16 Ford, Adam	12	AquaWolf Aquatics Club-CP	48,48
17 Mattheus, Luke G	12	Quick Silver Swimming Academy-CP	50,67
18 De Kock, Zebadiah M	12	Khayelitsha Aquatics-CP	1:02,38

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 300 Boys 12 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Finals Time
19 Smit, Lukas L	12	Quick Silver Swimming Academy-CP	1:05,45

**Event 301 Boys 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Atkinson, Matthew W	13	AquaWolf Aquatics Club-CP	32,99
2 Marthinus, Ethan M	13	Swimlab Aquatic Academ-CP	38,68
3 Theron, Sebastien	13	Quick Silver Swimming Academy-CP	40,14
4 Steyn, Jacques J	13	Quick Silver Swimming Academy-CP	40,36
5 Coetzee, Kyle	13	AquaWolf Aquatics Club-CP	41,85
6 Van Zyl, William C	13	Aqua Sharks Academy-CP	46,58
7 Stevens, Shaun L	13	AquaWolf Aquatics Club-CP	48,43
8 Thiart, Lian	13	AquaWolf Aquatics Club-CP	52,35
9 Mboyise, Barney S	13	Vineyard Swimming Club-CP	1:13,65

**Event 301 Boys 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Terblanche, Kiaan C	14	Tygerberg Aquatics-CP	32,48
2 Sara, Kyan	14	Blouberg Marlins-CP	32,62
3 Cavallaro, Federico F	14	Cybersmart Aquatics-CP	35,36
4 Solms, Michael	14	Quick Silver Swimming Academy-CP	35,73
5 Mongie, Luan	14	Quick Silver Swimming Academy-CP	36,37
6 McLeroth, Grant	14	Vineyard Swimming Club-CP	37,63
7 Kippie, Majahid M	14	Westridge Swimming-CP	37,99
8 Myers, Matthew J	14	Vineyard Swimming Club-CP	41,30
9 Pirie, Aden	14	Quick Silver Swimming Academy-CP	42,79
10 Abousheer, Nour E	14	Blouberg Marlins-CP	43,05
11 Crous, Faaïq	14	Vineyard Swimming Club-CP	43,81
12 Field, Ethan R	14	Quick Silver Swimming Academy-CP	44,52

**Event 302 Boys 15-16 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Potgieter, Wikus R	15	Vineyard Swimming Club-CP	28,67
2 John, Gregor	16	Vineyard Swimming Club-CP	30,09
3 Bester, Wihan	15	Tygerberg Aquatics-CP	31,70
4 Samuels-Bron�e, Tristan A	16	Curro Durbanville Aquatics-CP	31,83
5 Arelisky, Nicholas R	15	Aqua Sharks Academy-CP	31,90
6 Joubert, Francois J	16	Blouberg Marlins-CP	32,13
7 Theron, Martin	15	Aqua Sharks Academy-CP	39,45
8 Abousheer, Omar E	16	Blouberg Marlins-CP	39,88
9 Sathyan, Sreyams	16	Quick Silver Swimming Academy-CP	41,28
10 Khan, Mohammed C	16	Retreat Aquatics-CP	46,29
11 Potgieter, Ethan	15	Retreat Aquatics-CP	54,51
12 Viljoen, Bradwin A	15	Khayelitsha Aquatics-CP	57,10

**Event 303 Boys 17 & Over 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Altmann, Luke F	18	Vineyard Swimming Club-CP	28,72
2 Danhouse, Cianan	19	Paarl Aquarius SC-CE	30,65
3 Sied, Nabeel N	20	Vineyard Swimming Club-CP	31,48
4 Buhr-Engelke, Heineger B	19	Barracudas Aquarama SC-CP	38,88

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 305 Girls 13 Year Olds 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Ahmed, Nihaal	13	Vineyard Swimming Club-CP	33,84
2	Russell, Morgan	13	Blouberg Marlins-CP	38,63
3	Wyngaard, Dakota J	13	Quick Silver Swimming Academy-CP	42,77
4	Cloete, Layla	13	Blouberg Marlins-CP	43,31
5	De Beer, Erin	13	AquaWolf Aquatics Club-CP	43,79
6	Alexander, Maja K	13	Vineyard Swimming Club-CP	45,22
7	Liebenberg, Josi	13	University of Stellenbosch-CE	45,29
8	Van Schalkwyk, Stacey-Lee	13	Westridge Swimming-CP	47,54
9	Van Zyl, Danè	13	Barracudas Aquarama SC-CP	54,90

**Event 305 Girls 14 Year Olds 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Rathner, Ava	14	Swimlab Aquatic Academ-CP	33,53
2	Vd Merwe, Haylee	14	Quick Silver Swimming Academy-CP	37,10
3	West, Sarah C	14	Quick Silver Swimming Academy-CP	37,36
4	Vd Merwe, Chloe M	14	Aqua Sharks Academy-CP	39,01
5	Swart, Isabel	14	Barracudas Aquarama SC-CP	40,37

**Event 306 Girls 11 Year Olds 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Burgess, Cassidy S	11	Vineyard Swimming Club-CP	36,90
2	Stenslunde, Sarah P	11	Greydogs Swimming Club-CP	40,41
3	Mills, Ella	11	Vineyard Swimming Club-CP	42,51
4	Els, Imke	11	Tygerberg Aquatics-CP	44,40
5	Nimb, Samantha L	11	Vineyard Swimming Club-CP	45,05
6	Havemann, Bella	11	Aqua Sharks Academy-CP	45,74
7	De Beer, Jorja	11	AquaWolf Aquatics Club-CP	45,86
8	Moonda, Aman M	11	Vineyard Swimming Club-CP	45,90
9	Gofman, Sassy E	11	Aqua Sharks Academy-CP	46,44
10	Tsai, Emily A	11	Blouberg Marlins-CP	46,85
11	Novos, Abby J	11	Aqua Sharks Academy-CP	47,05
12	Grobler, Ghia	11	Blouberg Marlins-CP	47,19
13	Bosman, Jessica A	11	Quick Silver Swimming Academy-CP	48,28
14	Carrol, Jessica C	11	Blouberg Marlins-CP	48,87
15	Stevens, Judy C	11	AquaWolf Aquatics Club-CP	49,74
16	Hayes, Madison	11	Tygerberg Aquatics-CP	50,11
17	Afonso, Isabella S	11	Quick Silver Swimming Academy-CP	50,33
18	Mostert, Zayyaan	11	Vineyard Swimming Club-CP	51,36
19	Wedge, Kirsten	11	Quick Silver Swimming Academy-CP	51,37
20	Pieters, Shay-Leigh	11	Retreat Aquatics-CP	51,47
21	Poezyn, Abbey T	11	Blouberg Marlins-CP	53,41
22	Van Zyl, Monique	11	Aqua Sharks Academy-CP	53,42
23	May, Cleo J	11	Retreat Aquatics-CP	55,96
24	Vd Merwe, Naseerah	11	Westridge Swimming-CP	57,73
25	Poezyn, Morgan E	11	Blouberg Marlins-CP	1:03,73
26	Magni, Elena	11	Quick Silver Swimming Academy-CP	1:07,23
27	Gqiza, Mivuyo	11	Khayelitsha Aquatics-CP	1:15,22
28	Kleinsmith, Naomi	11	Khayelitsha Aquatics-CP	1:18,88

**Event 306 Girls 12 Year Olds 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Du Plessis, Chanel P	12	Vineyard Swimming Club-CP	33,03

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 306 Girls 12 Year Olds 50 SC Meter Backstroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
2	Fisher, Stella R	12	Vineyard Swimming Club-CP	34,53
3	Prinsloo, Mila	12	Tygerberg Aquatics-CP	35,74
4	Louw, Alexa	12	Blouberg Marlins-CP	39,16
5	Wessels, Taylor A	12	Blouberg Marlins-CP	42,42
6	Hillebrand, Kari S	12	Blouberg Marlins-CP	45,09
7	Thabet, Claire	12	Cybersmart Aquatics-CP	45,84
8	Loubser, Jenna L	12	Blouberg Marlins-CP	46,54
9	Koks, Nichole H	12	Khayelitsha Aquatics-CP	46,87
10	Kielblock, Nina	12	Quick Silver Swimming Academy-CP	47,09
11	Smith, Nina	12	Blouberg Marlins-CP	48,34
12	Roffey, Jamie-Lee	12	Quick Silver Swimming Academy-CP	49,09
*13	Coetzee, Aalia	12	Westridge Swimming-CP	49,77
*13	Witten, Hannah	12	Aqua Sharks Academy-CP	49,77
15	Adams, Cassidy	12	Khayelitsha Aquatics-CP	1:07,19

**Event 307 Girls 15-16 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	De Villiers, Michaela K	16	Vineyard Swimming Club-CP	30,01
2	Benade, Kerry	15	Swimlab Aquatic Academ-CP	36,53
3	Berg, Carmen J	16	Aqua Sharks Academy-CP	38,42
4	Boswell, Kylie C	15	Blouberg Marlins-CP	39,75
5	Basson, Taylin T	16	Westridge Swimming-CP	57,36

**Event 308 Girls 17 & Over 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hartzenberg, Erin R	18	Tygerberg Aquatics-CP	31,99
2	Kriel, Kyli	20	Quick Silver Swimming Academy-CP	1:08,87

**Event 309 Girls 13 Year Olds 200 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Pollicutte, Leila	13	Curro Langebaan Swim Club-WC	3:11,16
2	Hugo, Anika S	13	Paarl Aquarius SC-CE	3:11,35

**Event 309 Girls 14 Year Olds 200 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Nortjè, Mia	14	Cybersmart Aquatics-CP	3:02,27
2	Vd Merwe, Haylee	14	Quick Silver Swimming Academy-CP	3:07,06
3	Pirie, Ami	14	Quick Silver Swimming Academy-CP	3:08,07
4	Qwemesha, Somi K	14	Cybersmart Aquatics-CP	3:12,08
5	Josephs, Zoë	14	Aquasharks Academy Winelands-CE	3:12,86
6	Cilliers, Kara K	14	Paarl Aquarius SC-CE	3:15,05

**Event 309 Women 15-16 200 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Bulose, Megan	15	Quick Silver Swimming Academy-CP	3:05,38
2	Hugo, Anine T	16	Paarl Aquarius SC-CE	3:07,21

**Event 309 Women 17 & Over 200 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Solkow, Daniella M	18	Vineyard Swimming Club-CP	2:47,30
2	Shaw, Reedah	19	TuksSwimming-TS	2:52,90

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 309 Boys 13 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Coetzee, Kyle	13	AquaWolf Aquatics Club-CP	3:30,77
2 Arelisky, Noah S	13	Aqua Sharks Academy-CP	3:37,67

**Event 309 Boys 14 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Coetzer, Jayden P	14	Cybersmart Aquatics-CP	2:46,47
2 Carrol, Matt	14	Blouberg Marlins-CP	2:56,68
3 Croy, Ronaldo	14	Uwc Aquatics-CP	3:03,25
4 Edwards, Alshane H	14	Khayelitsha Aquatics-CP	3:06,97
5 Booysen, Samuel F	14	Khayelitsha Aquatics-CP	3:11,52
6 Minnaar, Ben R	14	Tygerberg Aquatics-CP	3:14,79
7 Pirie, Aden	14	Quick Silver Swimming Academy-CP	3:37,30
8 Crous, Faaig	14	Vineyard Swimming Club-CP	3:43,42
--- Olivier, Joshua	14	Aqua Sharks Academy-CP	DQ

**Event 309 Men 15-16 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Amos, Tyla	16	Westridge Swimming-CP	2:40,39
2 Stevens, Leslie H	15	AquaWolf Aquatics Club-CP	2:42,27
3 Den Haan, Adriaan	15	Quick Silver Swimming Academy-CP	2:44,40
4 Oosthuizen, Brendan	16	Quick Silver Swimming Academy-CP	2:46,99
5 Rossouw, Emihl G	15	Quick Silver Swimming Academy-CP	3:02,71
6 Stander, Ben U	15	Quick Silver Swimming Academy-CP	3:15,37

**Event 309 Men 17 & Over 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Solomons, Angus N	18	Paarl Aquarius SC-CE	2:37,57
2 Peceur, Caleb C	17	Paarl Aquarius SC-CE	2:39,15
3 Erasmus, Chad L	17	Vineyard Swimming Club-CP	2:55,11
4 Parson, Denzil K	17	Khayelitsha Aquatics-CP	3:02,17

**Event 310 Boys 11 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Strydom, Conrad M	11	Quick Silver Swimming Academy-CP	33,63
2 Williams, Jayden J	11	Paarl Aquarius SC-CE	37,25
3 Carter-Hutton, Tom A	11	Blouberg Marlins-CP	37,50
4 Theys, Jayden-Lee	11	Cybersmart Aquatics-CP	37,64
5 Vd Toorn, Corin	11	Cybersmart Aquatics-CP	37,83
6 Pautz, Nathan M	11	Blouberg Marlins-CP	41,74
7 Lietch, Adam T	11	Barracudas Aquarama SC-CP	47,16
8 Gouwsventer, Sven	11	Quick Silver Swimming Academy-CP	47,96
9 Arnott, Carter J	11	Aqua Sharks Academy-CP	48,60
10 Viljoen, Jaden R	11	Aqua Sharks Academy-CP	49,69
*11 Ketelo, Clarence	11	Uwc Aquatics-CP	51,02
*11 Du Toit, Jean-Luc	11	Quick Silver Swimming Academy-CP	51,02
13 Martin, Alzhario	11	Uwc Aquatics-CP	51,12
14 Van Zyl, Wian	11	Barracudas Aquarama SC-CP	52,60
15 Farrell, Tim	11	Vineyard Swimming Club-CP	54,56
16 Swartz, Lyle T	11	Tygerberg Aquatics-CP	55,04

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 310 Boys 12 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Pearson, Tai L	12	Vineyard Swimming Club-CP	28,97
2 Esterhuysen, Joshua N	12	Tygerberg Aquatics-CP	32,73
3 Hutton, Jake	12	Blouberg Marlins-CP	34,70
4 Coetzer, Milan J	12	Cybersmart Aquatics-CP	34,78
5 Ludorf, Luka	12	Tygerberg Aquatics-CP	36,74
6 Van Heerden, Dirkie	12	Tygerberg Aquatics-CP	36,92
7 Bester, Eben	12	Tygerberg Aquatics-CP	37,02
8 Ma, Yichong	12	Barracudas Aquarama SC-CP	38,23
9 McWilliam, Troy J	12	Camps Bay Swimmng Club-CP	38,78
10 Karsten, Jody	12	Blouberg Marlins-CP	39,21
11 Steyn, Douw J	12	Quick Silver Swimming Academy-CP	39,92
12 Newmann, Caydon	12	Khayelitsha Aquatics-CP	40,37
13 Boonzaaier, Simon F	12	Barracudas Aquarama SC-CP	42,97
14 Vd Walt, JP J	12	Aqua Sharks Academy-CP	44,42
15 Gouwsventer, Ivan	12	Quick Silver Swimming Academy-CP	45,67
16 Sathyan, Sreerag	12	Quick Silver Swimming Academy-CP	46,44
17 Ford, Adam	12	AquaWolf Aquatics Club-CP	51,80

**Event 311 Boys 13 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Wright, Keegan	13	Tygerberg Aquatics-CP	30,34
2 McWilliam, Benn D	13	Camps Bay Swimmng Club-CP	33,84
3 Randelhoff, Kurtley D	13	Westridge Swimming-CP	35,13
4 Steyn, Jacques J	13	Quick Silver Swimming Academy-CP	37,07
5 Theron, Sebastien	13	Quick Silver Swimming Academy-CP	41,58
6 Arelisky, Noah S	13	Aqua Sharks Academy-CP	42,18
7 Van Zyl, William C	13	Aqua Sharks Academy-CP	45,28
8 Smith, Qadr	13	Khayelitsha Aquatics-CP	55,75
9 Mboyise, Barney S	13	Vineyard Swimming Club-CP	1:11,83

**Event 311 Boys 14 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Saaiman, Rikus T	14	Quick Silver Swimming Academy-CP	28,69
2 Coetzer, Jayden P	14	Cybersmart Aquatics-CP	30,73
3 Consani, Dario L	14	Tygerberg Aquatics-CP	31,34
4 Sara, Kyan	14	Blouberg Marlins-CP	32,12
5 Cavallaro, Federico F	14	Cybersmart Aquatics-CP	32,88
6 Coenraad, Travis	14	Vineyard Swimming Club-CP	32,94
7 Mongie, Luan	14	Quick Silver Swimming Academy-CP	33,28
8 Solms, Michael	14	Quick Silver Swimming Academy-CP	34,23
9 Cronjè, De Wet	14	Quick Silver Swimming Academy-CP	35,14
10 Van Sittert, Biaan	14	Quick Silver Swimming Academy-CP	35,22
11 Kippie, Majahid M	14	Westridge Swimming-CP	37,25
12 Hansen, Kaedyn	14	Vineyard Swimming Club-CP	37,67
13 Abousheer, Nour E	14	Blouberg Marlins-CP	44,48

**Event 312 Boys 15-16 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Potgieter, Wikus R	15	Vineyard Swimming Club-CP	27,65
2 Hofmeister, Rajiv M	16	Swimlab Aquatic Academ-CP	29,42
3 Samuels-Bronèe, Tristan A	16	Curro Durbanville Aquatics-CP	29,77
4 Oosthuizen, Brendan	16	Quick Silver Swimming Academy-CP	30,06

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 312 Boys 15-16 50 SC Meter Butterfly)**

Name	Age	Team	Finals Time
5 Bester, Wihan	15	Tygerberg Aquatics-CP	30,37
6 Joubert, Francois J	16	Blouberg Marlins-CP	30,70
7 Arelisky, Nicholas R	15	Aqua Sharks Academy-CP	31,50
8 Stander, Ben U	15	Quick Silver Swimming Academy-CP	31,69
9 Stevens, Leslie H	15	AquaWolf Aquatics Club-CP	31,71
10 Abousheer, Omar E	16	Blouberg Marlins-CP	33,07
11 Micklethwaite, Tyler L	15	Swimlab Aquatic Academ-CP	34,28
12 Theron, Martin	15	Aqua Sharks Academy-CP	34,33
13 Sathyan, Sreyams	16	Quick Silver Swimming Academy-CP	37,67
14 Khan, Mohammed C	16	Retreat Aquatics-CP	46,84
15 Khan, Faghrie F	15	Retreat Aquatics-CP	55,48

**Event 313 Boys 17 & Over 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Altmann, Luke F	18	Vineyard Swimming Club-CP	27,19
2 Lee, Won Hee	17	Vineyard Swimming Club-CP	27,83
3 Engelbrecht, Pirow P	20	Curro Langebaan Swim Club-WC	28,05
4 Abrahams, Matthew N	20	Aqua Sharks Academy-CP	29,61
5 Erasmus, Chad L	17	Vineyard Swimming Club-CP	31,90
6 Peycke, Tom R	17	Blouberg Marlins-CP	32,43
7 Buhr-Engelke, Heineger B	19	Barracudas Aquarama SC-CP	39,12

**Event 314 Girls 11 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Burgess, Cassidy S	11	Vineyard Swimming Club-CP	38,02
2 Jagger, Ammara	11	Westridge Swimming-CP	38,62
3 Mills, Ella	11	Vineyard Swimming Club-CP	39,42
4 Stenslunde, Sarah P	11	Greydogs Swimming Club-CP	41,60
5 Pieters, Shay-Leigh	11	Retreat Aquatics-CP	43,68
6 De Witt, Elrika M	11	Quick Silver Swimming Academy-CP	44,08
7 Nimb, Samantha L	11	Vineyard Swimming Club-CP	44,95
8 Kemper, Giselle	11	Cybersmart Aquatics-CP	45,74
*9 Serfontein, Christi	11	Quick Silver Swimming Academy-CP	46,63
*9 Goebel, Zoe	11	Tygerberg Aquatics-CP	46,63
11 Els, Imke	11	Tygerberg Aquatics-CP	47,39
12 Corner, Camryn Q	11	Cybersmart Aquatics-CP	48,14
13 Bosman, Jessica A	11	Quick Silver Swimming Academy-CP	50,03
14 Grobler, Ghia	11	Blouberg Marlins-CP	50,06
15 Van Zyl, Monique	11	Aqua Sharks Academy-CP	52,48
16 Novos, Abby J	11	Aqua Sharks Academy-CP	52,61
17 Mostert, Zayyaan	11	Vineyard Swimming Club-CP	53,23
18 Allwood, Kate S	11	Greydogs Swimming Club-CP	53,58
19 Hayes, Madison	11	Tygerberg Aquatics-CP	53,98
20 Carrol, Jessica C	11	Blouberg Marlins-CP	58,47
21 Wedge, Kirsten	11	Quick Silver Swimming Academy-CP	59,51

**Event 314 Girls 12 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Du Plessis, Chanel P	12	Vineyard Swimming Club-CP	33,08
2 Franks, Madison M	12	Swimlab Aquatic Academ-CP	34,02
3 Ryser, Aurora	12	Tygerberg Aquatics-CP	35,14
4 Vd Waal, Anke R	12	Tygerberg Aquatics-CP	39,92

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 314 Girls 12 Year Olds 50 SC Meter Butterfly)**

Name	Age	Team	Finals Time
5 Smit, Jaime L	12	Barracudas Aquarama SC-CP	40,47
6 Louw, Alexa	12	Blouberg Marlins-CP	40,59
7 Wessels, Taylor A	12	Blouberg Marlins-CP	40,81
8 Coenraad, Taryn	12	Vineyard Swimming Club-CP	41,78
9 Jeftha, Zara L	12	Westridge Swimming-CP	41,88
10 Koks, Nichole H	12	Khayelitsha Aquatics-CP	42,51
11 Coetzee, Aalia	12	Westridge Swimming-CP	44,19
12 Hillebrand, Kari S	12	Blouberg Marlins-CP	49,61
13 Thabet, Claire	12	Cybersmart Aquatics-CP	53,79
14 Adams, Cassidy	12	Khayelitsha Aquatics-CP	57,10

**Event 315 Girls 13 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Ahmed, Nihaal	13	Vineyard Swimming Club-CP	32,61
2 Ward, Tanith A	13	Swimlab Aquatic Academ-CP	33,64
3 Havenga, Skyla K	13	Curro Langebaan Swim Club-WC	34,86
4 Olsen, Tamryn A	13	AquaWolf Aquatics Club-CP	35,87
5 Jardine, Nuhaa	13	Quick Silver Swimming Academy-CP	42,76
6 Cloete, Layla	13	Blouberg Marlins-CP	45,93
7 Van Zyl, Danè	13	Barracudas Aquarama SC-CP	53,14

**Event 315 Girls 14 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Vd Toorn, Thea F	14	Cybersmart Aquatics-CP	31,66
2 Rathner, Ava	14	Swimlab Aquatic Academ-CP	34,11
3 West, Sarah C	14	Quick Silver Swimming Academy-CP	35,64
4 Qwemesha, Somi K	14	Cybersmart Aquatics-CP	35,98
5 Nortjè, Mia	14	Cybersmart Aquatics-CP	37,47
6 Pirie, Ami	14	Quick Silver Swimming Academy-CP	37,82
7 Josephs, Zoë	14	Aquasharks Academy Winelands-CE	38,41
8 Swart, Isabel	14	Barracudas Aquarama SC-CP	40,30
9 Mostert, Ammaarah	14	Vineyard Swimming Club-CP	52,08

**Event 316 Girls 15-16 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Basson, Taylin T	16	Westridge Swimming-CP	53,74

**Event 317 Girls 17 & Over 50 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Hartzenberg, Erin R	18	Tygerberg Aquatics-CP	30,83
2 Kriel, Kyli	20	Quick Silver Swimming Academy-CP	1:06,26

**Event 318 Boys 11 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Strydom, Conrad M	11	Quick Silver Swimming Academy-CP	1:18,55
2 Vd Toorn, Corin	11	Cybersmart Aquatics-CP	1:19,84
3 Williams, Jayden J	11	Paarl Aquarius SC-CE	1:25,78
4 Koekemoer, Callum	11	Quick Silver Swimming Academy-CP	1:28,40
5 Myburgh, Ruan	11	Blouberg Marlins-CP	1:32,33
6 Edwards, Jude K	11	Vineyard Swimming Club-CP	1:33,40
7 Pautz, Nathan M	11	Blouberg Marlins-CP	1:34,42
8 Schoombee, Hannes	11	Curro Durbanville Aquatics-CP	1:36,98
9 Odendaal, Chris-Tian A	11	Aqua Sharks Academy-CP	1:39,09

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 318 Boys 11 Year Olds 100 SC Meter Backstroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
10	Gouwsventer, Sven	11	Quick Silver Swimming Academy-CP	1:39,33
11	Rademan, Pierre-Luc	11	Quick Silver Swimming Academy-CP	1:43,55
12	Van Zyl, Wian	11	Barracudas Aquarama SC-CP	1:44,45
13	Novos, Ben P	11	Blouberg Marlins-CP	1:45,88
14	Van Heerden, Ethan J	11	Curro Durbanville Aquatics-CP	1:49,48
15	Du Toit, Jean-Luc	11	Quick Silver Swimming Academy-CP	1:49,70

**Event 318 Boys 12 Year Olds 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Pearson, Tai L	12	Vineyard Swimming Club-CP	1:06,37
2	Vd Merwe, Michael D	12	Quick Silver Swimming Academy-CP	1:14,33
3	Coetzer, Milan J	12	Cybersmart Aquatics-CP	1:16,14
4	Bester, Eben	12	Tygerberg Aquatics-CP	1:17,33
5	Krige, Aiden S	12	Vineyard Swimming Club-CP	1:17,99
6	Hutton, Jake	12	Blouberg Marlins-CP	1:19,73
7	Hendricks, Joshua	12	AquaWolf Aquatics Club-CP	1:22,00
8	McWilliam, Troy J	12	Camps Bay Swimmng Club-CP	1:23,54
9	Smit, MJ M	12	Swimlab Aquatic Academ-CP	1:24,50
10	Steyn, Douw J	12	Quick Silver Swimming Academy-CP	1:26,89
11	Badenhorst, Ulrich	12	Quick Silver Swimming Academy-CP	1:28,94
12	Lonte, Dewald K	12	Quick Silver Swimming Academy-CP	1:29,15
13	Saaiman, Charl E	12	Quick Silver Swimming Academy-CP	1:29,95
14	Kirsten, John-William R	12	Barracudas Aquarama SC-CP	1:34,27
15	Karsten, Jody	12	Blouberg Marlins-CP	1:35,91
16	Gouwsventer, Ivan	12	Quick Silver Swimming Academy-CP	1:36,29
17	Sathyan, Sreerag	12	Quick Silver Swimming Academy-CP	1:37,29
18	Vd Walt, JP J	12	Aqua Sharks Academy-CP	1:40,37
19	Ford, Adam	12	AquaWolf Aquatics Club-CP	1:41,58
20	Gloyn-Jones, Anthony	12	Vineyard Swimming Club-CP	1:45,13

**Event 319 Boys 13 Year Olds 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Den Haan, Stefan	13	Quick Silver Swimming Academy-CP	1:19,18
2	Marthinus, Ethan M	13	Swimlab Aquatic Academ-CP	1:23,15
3	Randelhoff, Kurtley D	13	Westridge Swimming-CP	1:24,59
4	Steyn, Jacques J	13	Quick Silver Swimming Academy-CP	1:28,80
5	Theron, Sebastien	13	Quick Silver Swimming Academy-CP	1:30,57
6	Arelisky, Noah S	13	Aqua Sharks Academy-CP	1:36,05
7	Van Zyl, William C	13	Aqua Sharks Academy-CP	1:40,90
8	Stevens, Shaun L	13	AquaWolf Aquatics Club-CP	1:42,00

**Event 319 Boys 14 Year Olds 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Saaiman, Rikus T	14	Quick Silver Swimming Academy-CP	1:05,26
2	Kriegler, Christiaan C	14	Curro Durbanville Aquatics-CP	1:05,53
3	Terblanche, Kiaan C	14	Tygerberg Aquatics-CP	1:09,40
4	Hopkins, Tim	14	Tygerberg Aquatics-CP	1:12,24
5	McLeroth, Grant	14	Vineyard Swimming Club-CP	1:12,99
6	Consani, Dario L	14	Tygerberg Aquatics-CP	1:15,52
7	Solms, Michael	14	Quick Silver Swimming Academy-CP	1:19,04
8	Booyesen, Samuel F	14	Khayelitsha Aquatics-CP	1:19,53
9	Mongie, Luan	14	Quick Silver Swimming Academy-CP	1:19,91

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 319 Boys 14 Year Olds 100 SC Meter Backstroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
10	Coenraad, Travis	14	Vineyard Swimming Club-CP	1:27,70
11	Pirie, Aden	14	Quick Silver Swimming Academy-CP	1:29,17

**Event 320 Boys 15-16 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Potgieter, Wikus R	15	Vineyard Swimming Club-CP	1:02,08
2	John, Gregor	16	Vineyard Swimming Club-CP	1:03,39
3	Bester, Wihan	15	Tygerberg Aquatics-CP	1:07,20
4	Beetge, Matthew	15	Vineyard Swimming Club-CP	1:07,30
5	Peceur, Mark D	15	Paarl Aquarius SC-CE	1:07,53
6	Oosthuizen, Brendan	16	Quick Silver Swimming Academy-CP	1:07,75
7	Rey, Sebastien M	16	Vineyard Swimming Club-CP	1:08,08
8	Hofmeister, Rajiv M	16	Swimlab Aquatic Academ-CP	1:08,40
9	Arelisky, Nicholas R	15	Aqua Sharks Academy-CP	1:10,06
10	Den Haan, Adriaan	15	Quick Silver Swimming Academy-CP	1:10,71
11	Stander, Ben U	15	Quick Silver Swimming Academy-CP	1:12,26
12	Rossouw, Emihl G	15	Quick Silver Swimming Academy-CP	1:14,63

**Event 321 Boys 17 & Over 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Altmann, Luke F	18	Vineyard Swimming Club-CP	1:03,25
2	McCallum, Stephen H	18	Vineyard Swimming Club-CP	1:04,97
3	Danhouse, Cianan	19	Paarl Aquarius SC-CE	1:07,09
4	Buys, Llewellyn O	18	Barracudas Aquarama SC-CP	1:19,04
5	Vergotine, Valentino H	32	Uwc Aquatics-CP	1:21,46
6	Buhr-Engelke, Heineger B	19	Barracudas Aquarama SC-CP	1:31,55

**Event 322 Girls 11 Year Olds 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Burgess, Cassidy S	11	Vineyard Swimming Club-CP	1:21,37
2	Jagger, Ammara	11	Westridge Swimming-CP	1:25,38
3	Stenslunde, Sarah P	11	Greydogs Swimming Club-CP	1:30,87
4	Serfontein, Christi	11	Quick Silver Swimming Academy-CP	1:34,24
5	Burger, Leandrè	11	Tygerberg Aquatics-CP	1:35,78
6	De Witt, Elrika M	11	Quick Silver Swimming Academy-CP	1:37,34
7	Tsai, Emily A	11	Blouberg Marlins-CP	1:40,76
8	Kemper, Giselle	11	Cybersmart Aquatics-CP	1:41,59
9	Bosman, Jessica A	11	Quick Silver Swimming Academy-CP	1:42,68
10	Corner, Camryn Q	11	Cybersmart Aquatics-CP	1:45,29
11	Havemann, Bella	11	Aqua Sharks Academy-CP	1:46,42
12	Afonso, Isabella S	11	Quick Silver Swimming Academy-CP	1:48,71
13	Novos, Abby J	11	Aqua Sharks Academy-CP	1:48,97
14	Van Zyl, Monique	11	Aqua Sharks Academy-CP	1:54,73

**Event 322 Girls 12 Year Olds 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Du Plessis, Chanel P	12	Vineyard Swimming Club-CP	1:11,45
2	Fisher, Stella R	12	Vineyard Swimming Club-CP	1:14,14
3	Prinsloo, Mila	12	Tygerberg Aquatics-CP	1:19,27
4	Benson, Blair	12	Cybersmart Aquatics-CP	1:21,33
5	Vd Waal, Anke R	12	Tygerberg Aquatics-CP	1:28,97
6	Burke, Erin	12	Blouberg Marlins-CP	1:30,12
7	Coenraad, Taryn	12	Vineyard Swimming Club-CP	1:31,30

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 322 Girls 12 Year Olds 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
8 Kielblock, Nina	12	Quick Silver Swimming Academy-CP	1:37,75
9 Loubser, Jenna L	12	Blouberg Marlins-CP	1:38,20
10 Hillebrand, Kari S	12	Blouberg Marlins-CP	1:40,00
11 Jeftha, Zara L	12	Westridge Swimming-CP	1:40,44
12 Witten, Hannah	12	Aqua Sharks Academy-CP	1:44,28
13 Roffey, Jamie-Lee	12	Quick Silver Swimming Academy-CP	1:50,16

**Event 323 Girls 13 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Hugo, Anika S	13	Paarl Aquarius SC-CE	1:18,34
2 Dixon, Lucia	13	Tygerberg Aquatics-CP	1:20,35
3 Olsen, Tamryn A	13	AquaWolf Aquatics Club-CP	1:21,87
4 Russell, Morgan	13	Blouberg Marlins-CP	1:25,47
5 Wyngaard, Dakota J	13	Quick Silver Swimming Academy-CP	1:32,33
6 De Beer, Erin	13	AquaWolf Aquatics Club-CP	1:38,37
7 Cloete, Layla	13	Blouberg Marlins-CP	1:38,44
8 Alexander, Maja K	13	Vineyard Swimming Club-CP	1:38,83
9 Van Schalkwyk, Stacey-Lee	13	Westridge Swimming-CP	1:49,01
10 Van Zyl, Danè	13	Barracudas Aquarama SC-CP	2:00,94

**Event 323 Girls 14 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Vd Toorn, Thea F	14	Cybersmart Aquatics-CP	1:11,61
2 Vd Merwe, Haylee	14	Quick Silver Swimming Academy-CP	1:20,06
3 West, Sarah C	14	Quick Silver Swimming Academy-CP	1:20,35
4 Jones, Ruth	14	Vineyard Swimming Club-CP	1:21,65
5 Pirie, Ami	14	Quick Silver Swimming Academy-CP	1:22,29
6 Vd Merwe, Chloe M	14	Aqua Sharks Academy-CP	1:26,62
7 Swart, Isabel	14	Barracudas Aquarama SC-CP	1:31,94

**Event 324 Girls 15-16 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 De Villiers, Michaela K	16	Vineyard Swimming Club-CP	1:06,43
2 Bulose, Megan	15	Quick Silver Swimming Academy-CP	1:13,47
3 Jephthah, Aimeè-Jane	16	Paarl Aquarius SC-CE	1:13,74
4 Daffarn, Eri J	15	Vineyard Swimming Club-CP	1:14,90
5 Rogers, Kayla A	15	Tygerberg Aquatics-CP	1:17,48
6 Berg, Carmen J	16	Aqua Sharks Academy-CP	1:24,43
7 Boswell, Kylie C	15	Blouberg Marlins-CP	1:26,69

**Event 325 Girls 17 & Over 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Hartzenberg, Erin R	18	Tygerberg Aquatics-CP	1:09,26
2 Pollicutte, Trisha	17	Curro Langebaan Swim Club-WC	1:12,01
3 Wiehahn, Louchè	17	Aquasharks Academy Winelands-CE	1:12,52
4 Kriel, Kyli	20	Quick Silver Swimming Academy-CP	2:28,23

**Event 326 Boys 11 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Theys, Jayden-Lee	11	Cybersmart Aquatics-CP	32,59
2 Strydom, Conrad M	11	Quick Silver Swimming Academy-CP	33,07
3 Williams, Jayden J	11	Paarl Aquarius SC-CE	33,88
4 Koekemoer, Callum	11	Quick Silver Swimming Academy-CP	34,74

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 326 Boys 11 Year Olds 50 SC Meter Freestyle)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
5 Pautz, Nathan M	11	Blouberg Marlins-CP	35,66
6 Carter-Hutton, Tom A	11	Blouberg Marlins-CP	35,78
7 Myburgh, Ruan	11	Blouberg Marlins-CP	35,98
8 Vd Toorn, Corin	11	Cybersmart Aquatics-CP	36,08
9 Viljoen, Jaden R	11	Aqua Sharks Academy-CP	39,48
10 Schoombee, Hannes	11	Curro Durbanville Aquatics-CP	39,57
11 Damonse, Yaasie	11	Khayelitsha Aquatics-CP	39,81
12 Gouwsventer, Sven	11	Quick Silver Swimming Academy-CP	39,90
13 Ketelo, Clarence	11	Uwc Aquatics-CP	40,15
14 Lietch, Adam T	11	Barracudas Aquarama SC-CP	40,28
15 Farrell, Tim	11	Vineyard Swimming Club-CP	40,42
16 Novos, Ben P	11	Blouberg Marlins-CP	40,52
17 Swartz, Lyle T	11	Tygerberg Aquatics-CP	40,59
18 Odendaal, Chris-Tian A	11	Aqua Sharks Academy-CP	41,13
19 Du Toit, Jean-Luc	11	Quick Silver Swimming Academy-CP	41,71
20 Martin, Alzhario	11	Uwc Aquatics-CP	43,11
21 Van Zyl, Wian	11	Barracudas Aquarama SC-CP	43,69
22 Wilson, Robbie M	11	Quick Silver Swimming Academy-CP	44,39
23 Ford, Zach	11	AquaWolf Aquatics Club-CP	45,98
24 Thiart, Henrico	11	AquaWolf Aquatics Club-CP	47,28
25 Rademan, Pierre-Luc	11	Quick Silver Swimming Academy-CP	47,30
26 Carelse, Leo R	11	Westridge Swimming-CP	1:07,53

**Event 326 Boys 12 Year Olds 50 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Pearson, Tai L	12	Vineyard Swimming Club-CP	28,26
2 Lee, Ho Won	12	Vineyard Swimming Club-CP	30,72
3 Hutton, Jake	12	Blouberg Marlins-CP	31,98
4 Bester, Eben	12	Tygerberg Aquatics-CP	33,23
5 Steyn, Douw J	12	Quick Silver Swimming Academy-CP	33,35
6 Coetzer, Milan J	12	Cybersmart Aquatics-CP	33,60
7 McWilliam, Troy J	12	Camps Bay Swimmng Club-CP	33,94
8 Karsten, Jody	12	Blouberg Marlins-CP	34,37
9 Ma, Yichong	12	Barracudas Aquarama SC-CP	34,77
10 Lonte, Dewald K	12	Quick Silver Swimming Academy-CP	35,54
11 Newmann, Caydon	12	Khayelitsha Aquatics-CP	35,65
12 Badenhorst, Ulrich	12	Quick Silver Swimming Academy-CP	36,19
13 Boonzaaier, Simon F	12	Barracudas Aquarama SC-CP	36,22
14 Gloyn-Jones, Anthony	12	Vineyard Swimming Club-CP	37,90
15 Saaiman, Charl E	12	Quick Silver Swimming Academy-CP	37,92
16 Gouwsventer, Ivan	12	Quick Silver Swimming Academy-CP	38,56
17 Ford, Adam	12	AquaWolf Aquatics Club-CP	38,60
18 Kirsten, John-William R	12	Barracudas Aquarama SC-CP	38,83
19 Vd Walt, JP J	12	Aqua Sharks Academy-CP	40,58
20 Mattheus, Luke G	12	Quick Silver Swimming Academy-CP	41,81
21 Sathyan, Sreerag	12	Quick Silver Swimming Academy-CP	42,51

**Event 327 Boys 13 Year Olds 50 SC Meter Freestyle**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1 Atkinson, Matthew W	13	AquaWolf Aquatics Club-CP	30,45
2 Randelhoff, Kurtley D	13	Westridge Swimming-CP	31,57
3 Steyn, Jacques J	13	Quick Silver Swimming Academy-CP	32,17

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 327 Boys 13 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Finals Time
4 Smith, Qadr	13	Khayelitsha Aquatics-CP	34,71
5 Theron, Sebastien	13	Quick Silver Swimming Academy-CP	35,28
6 Coetzee, Kyle	13	AquaWolf Aquatics Club-CP	35,88
7 Arelisky, Noah S	13	Aqua Sharks Academy-CP	37,68
8 Van Zyl, William C	13	Aqua Sharks Academy-CP	38,58
9 Thiart, Lian	13	AquaWolf Aquatics Club-CP	42,73

**Event 327 Boys 14 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Saaiman, Rikus T	14	Quick Silver Swimming Academy-CP	27,43
2 Carrol, Matt	14	Blouberg Marlins-CP	27,54
3 Coetzer, Jayden P	14	Cybersmart Aquatics-CP	28,75
4 Croy, Ronaldo	14	Uwc Aquatics-CP	29,58
5 Mongie, Luan	14	Quick Silver Swimming Academy-CP	30,77
6 Minnaar, Ben R	14	Tygerberg Aquatics-CP	31,17
7 Cronjè, De Wet	14	Quick Silver Swimming Academy-CP	31,33
8 Solms, Michael	14	Quick Silver Swimming Academy-CP	31,53
9 McLeroth, Grant	14	Vineyard Swimming Club-CP	32,55
10 Van Sittert, Biaan	14	Quick Silver Swimming Academy-CP	33,17
11 Hansen, Kaedyn	14	Vineyard Swimming Club-CP	33,71
12 Pirie, Aden	14	Quick Silver Swimming Academy-CP	34,34
13 Abousheer, Nour E	14	Blouberg Marlins-CP	36,37
14 Crous, Faaïq	14	Vineyard Swimming Club-CP	36,59
15 Field, Ethan R	14	Quick Silver Swimming Academy-CP	38,64
--- Sara, Kyan	14	Blouberg Marlins-CP	DQ

**Event 328 Boys 15-16 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Potgieter, Wikus R	15	Vineyard Swimming Club-CP	26,53
2 Versfeld, George B	16	Aqua Sharks Academy-CP	26,98
3 Joubert, Francois J	16	Blouberg Marlins-CP	27,63
4 Oosthuizen, Brendan	16	Quick Silver Swimming Academy-CP	27,90
5 Rey, Sebastien M	16	Vineyard Swimming Club-CP	27,98
6 Peceur, Mark D	15	Paarl Aquarius SC-CE	28,07
7 Bester, Wihan	15	Tygerberg Aquatics-CP	28,43
8 Arelisky, Nicholas R	15	Aqua Sharks Academy-CP	28,67
9 Amos, Tyla	16	Westridge Swimming-CP	28,77
10 Stevens, Leslie H	15	AquaWolf Aquatics Club-CP	28,80
11 Stander, Ben U	15	Quick Silver Swimming Academy-CP	29,40
12 Abousheer, Omar E	16	Blouberg Marlins-CP	30,71
13 Rossouw, Emihl G	15	Quick Silver Swimming Academy-CP	31,25
14 Sathyan, Sreyams	16	Quick Silver Swimming Academy-CP	32,35
15 Khan, Mohammed C	16	Retreat Aquatics-CP	38,22
16 Potgieter, Ethan	15	Retreat Aquatics-CP	40,14
17 Khan, Faghrie F	15	Retreat Aquatics-CP	43,85
18 Viljoen, Bradwin A	15	Khayelitsha Aquatics-CP	48,79

**Event 329 Boys 17 & Over 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Altmann, Luke F	18	Vineyard Swimming Club-CP	24,77
2 Jeppe, Edwin L	28	Camps Bay Swimmng Club-CP	24,96
3 McCallum, Stephen H	18	Vineyard Swimming Club-CP	25,35

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 329 Boys 17 & Over 50 SC Meter Freestyle)**

Name	Age	Team	Finals Time
4 Lee, Won Hee	17	Vineyard Swimming Club-CP	25,94
5 Engelbrecht, Pirow P	20	Curro Langebaan Swim Club-WC	26,24
6 Sied, Nabeel N	20	Vineyard Swimming Club-CP	26,61
7 Danhouse, Cianan	19	Paarl Aquarius SC-CE	28,61
8 Peceur, Caleb C	17	Paarl Aquarius SC-CE	29,07
9 Peycke, Tom R	17	Blouberg Marlins-CP	29,71
10 Parson, Denzil K	17	Khayelitsha Aquatics-CP	29,87

**Event 330 Girls 11 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Burgess, Cassidy S	11	Vineyard Swimming Club-CP	33,45
2 Mills, Ella	11	Vineyard Swimming Club-CP	34,55
3 Stenslunde, Sarah P	11	Greydogs Swimming Club-CP	37,07
4 Corner, Camryn Q	11	Cybersmart Aquatics-CP	37,39
5 Els, Imke	11	Tygerberg Aquatics-CP	37,55
6 Moonda, Aman M	11	Vineyard Swimming Club-CP	38,87
7 Kemper, Giselle	11	Cybersmart Aquatics-CP	39,01
*8 Hayes, Madison	11	Tygerberg Aquatics-CP	39,15
*8 Serfontein, Christi	11	Quick Silver Swimming Academy-CP	39,15
10 Tsai, Emily A	11	Blouberg Marlins-CP	39,45
11 De Beer, Jorja	11	AquaWolf Aquatics Club-CP	39,71
*12 De Witt, Elrika M	11	Quick Silver Swimming Academy-CP	40,38
*12 Pieters, Shay-Leigh	11	Retreat Aquatics-CP	40,38
14 Allwood, Kate S	11	Greydogs Swimming Club-CP	40,44
15 Havemann, Bella	11	Aqua Sharks Academy-CP	41,14
16 Bosman, Jessica A	11	Quick Silver Swimming Academy-CP	41,96
17 Grobler, Ghia	11	Blouberg Marlins-CP	42,72
18 Mostert, Zayyaan	11	Vineyard Swimming Club-CP	43,56
19 May, Cleo J	11	Retreat Aquatics-CP	43,89
20 Stevens, Judy C	11	AquaWolf Aquatics Club-CP	44,29
21 Poezyn, Abbey T	11	Blouberg Marlins-CP	45,94
22 Afonso, Isabella S	11	Quick Silver Swimming Academy-CP	46,09
23 Magni, Elena	11	Quick Silver Swimming Academy-CP	48,07
24 Van Zyl, Monique	11	Aqua Sharks Academy-CP	48,19
25 Vd Merwe, Naseerah	11	Westridge Swimming-CP	48,97
26 Kleinsmith, Naomi	11	Khayelitsha Aquatics-CP	51,64
27 Poezyn, Morgan E	11	Blouberg Marlins-CP	52,35
28 Gqiza, Mivuyo	11	Khayelitsha Aquatics-CP	54,91

**Event 330 Girls 12 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Franks, Madison M	12	Swimlab Aquatic Academ-CP	30,79
2 Du Plessis, Chanel P	12	Vineyard Swimming Club-CP	31,77
3 Prinsloo, Mila	12	Tygerberg Aquatics-CP	32,21
4 Burke, Erin	12	Blouberg Marlins-CP	35,07
5 Louw, Alexa	12	Blouberg Marlins-CP	35,15
6 Wessels, Taylor A	12	Blouberg Marlins-CP	35,26
7 Koks, Nichole H	12	Khayelitsha Aquatics-CP	35,70
8 Hillebrand, Kari S	12	Blouberg Marlins-CP	37,50
9 Loubser, Jenna L	12	Blouberg Marlins-CP	37,95
10 Coetzee, Aalia	12	Westridge Swimming-CP	38,35
11 Smith, Nina	12	Blouberg Marlins-CP	39,25

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****(Event 330 Girls 12 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Finals Time
12 Roffey, Jamie-Lee	12	Quick Silver Swimming Academy-CP	39,87
13 Witten, Hannah	12	Aqua Sharks Academy-CP	40,23
14 Kielblock, Nina	12	Quick Silver Swimming Academy-CP	40,70
15 Thabet, Claire	12	Cybersmart Aquatics-CP	41,01
16 Adams, Cassidy	12	Khayelitsha Aquatics-CP	43,33

**Event 331 Girls 13 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Ahmed, Nihaal	13	Vineyard Swimming Club-CP	30,40
2 Havenga, Skyla K	13	Curro Langebaan Swim Club-WC	31,07
3 Olsen, Tamryn A	13	AquaWolf Aquatics Club-CP	32,95
4 Herbst, Mienke	13	Swimlab Aquatic Academ-CP	33,40
5 Pollicutte, Leila	13	Curro Langebaan Swim Club-WC	33,56
6 Alexander, Maja K	13	Vineyard Swimming Club-CP	35,00
7 Russell, Morgan	13	Blouberg Marlins-CP	35,07
8 Cloete, Layla	13	Blouberg Marlins-CP	36,49
9 Jardine, Nuhaa	13	Quick Silver Swimming Academy-CP	36,58
10 Wyngaard, Dakota J	13	Quick Silver Swimming Academy-CP	37,67
11 De Beer, Erin	13	AquaWolf Aquatics Club-CP	38,30
12 Van Schalkwyk, Stacey-Lee	13	Westridge Swimming-CP	40,60
13 Van Zyl, Danè	13	Barracudas Aquarama SC-CP	50,09

**Event 331 Girls 14 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Prinsloo, Helen J	14	Paarl Aquarius SC-CE	30,68
2 Van Rooyen, Babette B	14	Swimlab Aquatic Academ-CP	31,47
3 Josephs, Zoë	14	Aquasharks Academy Winelands-CE	32,42
4 Vd Merwe, Haylee	14	Quick Silver Swimming Academy-CP	34,05
5 West, Sarah C	14	Quick Silver Swimming Academy-CP	34,75
6 Swart, Isabel	14	Barracudas Aquarama SC-CP	35,77
7 Desmond-Smith, Louise S	14	Swimlab Aquatic Academ-CP	37,75
8 Mostert, Ammaarah	14	Vineyard Swimming Club-CP	41,67

**Event 332 Girls 15-16 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 De Villiers, Michaela K	16	Vineyard Swimming Club-CP	28,24
2 Daffarn, Eri J	15	Vineyard Swimming Club-CP	30,15
3 Benade, Kerry	15	Swimlab Aquatic Academ-CP	32,10
4 Boswell, Kylie C	15	Blouberg Marlins-CP	35,16
5 Marthinus, Inez E	15	Swimlab Aquatic Academ-CP	37,31
6 Basson, Taylin T	16	Westridge Swimming-CP	55,85

**Event 333 Girls 17 & Over 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Pollicutte, Trisha	17	Curro Langebaan Swim Club-WC	28,91
2 Hartzenberg, Erin R	18	Tygerberg Aquatics-CP	29,60
3 Kriel, Kyli	20	Quick Silver Swimming Academy-CP	56,50

**Event 334 Girls 14 Year Olds 400 SC Meter IM**

Name	Age	Team	Finals Time
1 West, Sarah C	14	Quick Silver Swimming Academy-CP	5:53,38
2 Pirie, Ami	14	Quick Silver Swimming Academy-CP	6:11,61

**Cape of Good Hope Gala 2020 - 2020/01/18****Results****Event 334 Women 15-16 400 SC Meter IM**

Name	Age	Team	Finals Time
1 Bulose, Megan	15	Quick Silver Swimming Academy-CP	6:04,00

**Event 334 Women 17 & Over 400 SC Meter IM**

Name	Age	Team	Finals Time
1 Pollicutte, Trisha	17	Curro Langebaan Swim Club-WC	5:53,74

**Event 334 Boys 12 & Under 400 SC Meter IM**

Name	Age	Team	Finals Time
1 Vd Merwe, Michael D	12	Quick Silver Swimming Academy-CP	5:52,70
2 Koekemoer, Callum	11	Quick Silver Swimming Academy-CP	6:43,20

**Event 334 Boys 13 Year Olds 400 SC Meter IM**

Name	Age	Team	Finals Time
1 Wright, Keegan	13	Tygerberg Aquatics-CP	4:59,49
2 McWilliam, Benn D	13	Camps Bay Swimmng Club-CP	5:32,09

**Event 334 Boys 14 Year Olds 400 SC Meter IM**

Name	Age	Team	Finals Time
1 Kriegler, Christiaan C	14	Curro Durbanville Aquatics-CP	5:07,97
2 Consani, Dario L	14	Tygerberg Aquatics-CP	5:28,50

**Event 334 Men 15-16 400 SC Meter IM**

Name	Age	Team	Finals Time
1 Den Haan, Adriaan	15	Quick Silver Swimming Academy-CP	5:03,95
2 Oosthuizen, Brendan	16	Quick Silver Swimming Academy-CP	5:14,21
3 Amos, Tyla	16	Westridge Swimming-CP	5:35,60
4 Stander, Ben U	15	Quick Silver Swimming Academy-CP	5:39,32
5 Theron, Martin	15	Aqua Sharks Academy-CP	6:02,76
--- Versfeld, George B	16	Aqua Sharks Academy-CP	DQ

**Event 334 Men 17 & Over 400 SC Meter IM**

Name	Age	Team	Finals Time
1 Wright, Dylan	17	Tygerberg Aquatics-CP	4:29,21

**Event 335 Girls 13 Year Olds 200 SC Meter IM Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Hugo, Anika S	13	Paarl Aquarius SC-CE	2:47,52