

CTA TYR QUALIFYING GALA #2 - 04to06Oct'19 - 2019/10/04 to 2019/10/06**No Show = R300 / Please scratch timeously****Warm-up Sheet**

Warm-up Starts at 05:00 PM

Session: 1 Session 1 : All ages

Day of Meet: 1 Starts at 06:00 PM

Total Athletes: 167 - Women: 72 - Men: 95

| Team | | Women | Men | Total | Lane |
|-------------|--------------------------------|--------------|------------|--------------|-------------|
| TYGE-CP | Tvgerberg Aquatics | 14 | 10 | 24 | _____ |
| VINE-CP | VINEYARD SWIMMING CLUB | 9 | 9 | 18 | _____ |
| SAAW-CP | Swimlab Aquatic Academ | 6 | 11 | 17 | _____ |
| UWCA-CP | UWC Aquatics | 3 | 10 | 13 | _____ |
| MARL-CP | Marlin Swimming Club | 4 | 7 | 11 | _____ |
| REDAO-CP | Reddam Aquatics - Somerset Wes | 5 | 4 | 9 | _____ |
| CUDU-CP | Curro Durbanville Aquatics | 2 | 6 | 8 | _____ |
| MANT-CP | Manta SC | 4 | 3 | 7 | _____ |
| XSAO-CP | X-Stream Aquatics | 5 | 2 | 7 | _____ |
| AODO-CP | Aqua Dolphin Swimming Club | 1 | 5 | 6 | _____ |
| BARR-CP | Barracudas Aquarama SC | 4 | 2 | 6 | _____ |
| GREY-CP | Grevdogs Swimming Club | 2 | 4 | 6 | _____ |
| PLAY-CE | Players Western Cape | 1 | 5 | 6 | _____ |
| QUIC-CP | Quick Silver Swimming Academv | 3 | 3 | 6 | _____ |
| WEST-CP | Westridge Swimming | 2 | 3 | 5 | _____ |
| CUHE-OB | Curro Hermanus Aquatics | 2 | 2 | 4 | _____ |
| CTAS-WC | CAPE TOWN SCHOOLS | 1 | 2 | 3 | _____ |
| ASAC-CPT | Aqua Sharks Academv | 0 | 2 | 2 | _____ |
| CYBE-CP | Cybersmart Aquatics | 0 | 2 | 2 | _____ |
| PAOU-CE | Paarl Aquarius SC | 2 | 0 | 2 | _____ |
| WALM-CP | Walmers SC | 1 | 1 | 2 | _____ |
| ASAW-CE | Aquasharks Academv Winelands | 1 | 0 | 1 | _____ |
| HURAO-CP | Hurricane Aquatic Club | 0 | 1 | 1 | _____ |
| MATI-CE | Universitv of Stellenbosch | 0 | 1 | 1 | _____ |

CTA TYR QUALIFYING GALA #2 - 04to06Oct'19 - 2019/10/04 to 2019/10/06**No Show = R300 / Please scratch timeously****Warm-up Sheet**

Warm-up Starts at 07:00 AM

Session: 2 11 & under

Day of Meet: 2 Starts at 08:00 AM

Total Athletes: 164 - Women: 89 - Men: 75

| Team | Women | Men | Total | Lane |
|---|--------------|------------|--------------|-------------|
| TYGE-CP Tvgerberg Aquatics | 17 | 16 | 33 | _____ |
| BLMA-CP Blouberg Marlins | 9 | 10 | 19 | _____ |
| OUIIC-CP Ouick Silver Swimming Academv | 10 | 8 | 18 | _____ |
| ASAC-CPT Aqua Sharks Academv | 8 | 6 | 14 | _____ |
| VINE-CP VINEYARD SWIMMING CLUB | 6 | 4 | 10 | _____ |
| AOWO-CP AquaWolf Aquatics Club | 7 | 1 | 8 | _____ |
| BARR-CP Barracudas Aquarama SC | 3 | 5 | 8 | _____ |
| AODO-CP Aqua Dolphin Swimming Club | 2 | 3 | 5 | _____ |
| ASAW-CE Aquasharks Academv Winelands | 2 | 3 | 5 | _____ |
| CYBE-CP Cybersmart Aquatics | 2 | 3 | 5 | _____ |
| GREY-CP Grevdogs Swimming Club | 4 | 1 | 5 | _____ |
| MANT-CP Manta SC | 2 | 2 | 4 | _____ |
| REDAO-CP Reddam Aquatics - Somerset Wes | 3 | 1 | 4 | _____ |
| SAAW-CP Swimlab Aquatic Academ | 2 | 2 | 4 | _____ |
| UWCA-CP UWC Aquatics | 1 | 3 | 4 | _____ |
| WALM-CP Walmers SC | 1 | 3 | 4 | _____ |
| PAOU-CE Paarl Aquarius SC | 2 | 1 | 3 | _____ |
| WEST-CP Westridge Swimming | 1 | 2 | 3 | _____ |
| XSAO-CP X-Stream Aquatics | 3 | 0 | 3 | _____ |
| CAMPS-CP Camps Bav Swimmng Club | 1 | 0 | 1 | _____ |
| CUHE-OB Curro Hermanus Aquatics | 0 | 1 | 1 | _____ |
| HURAO-CP Hurricane Aquatic Club | 1 | 0 | 1 | _____ |
| MARL-CP Marlin Swimming Club | 1 | 0 | 1 | _____ |
| PLAY-CE Plavers Western Cape | 1 | 0 | 1 | _____ |

CTA TYR QUALIFYING GALA #2 - 04to06Oct'19 - 2019/10/04 to 2019/10/06**No Show = R300 / Please scratch timeously****Warm-up Sheet**

Warm-up Starts at 10:00 AM

Session: 3 12 to 13 years

Day of Meet: 2 Starts at 11:00 AM

Total Athletes: 145 - Women: 78 - Men: 67

| Team | Women | Men | Total | Lane |
|---|--------------|------------|--------------|-------------|
| TYGE-CP Tvgerberg Aquatics | 17 | 16 | 33 | _____ |
| VINE-CP VINEYARD SWIMMING CLUB | 16 | 7 | 23 | _____ |
| OUIIC-CP Ouick Silver Swimming Academv | 4 | 6 | 10 | _____ |
| SAAW-CP Swimlab Aquatic Academ | 7 | 3 | 10 | _____ |
| AOWO-CP AquaWolf Aquatics Club | 1 | 6 | 7 | _____ |
| MANT-CP Manta SC | 4 | 3 | 7 | _____ |
| MARL-CP Marlin Swimming Club | 4 | 3 | 7 | _____ |
| GREY-CP Grevdogs Swimming Club | 2 | 4 | 6 | _____ |
| PLAY-CE Plavers Western Cape | 1 | 4 | 5 | _____ |
| UWCA-CP UWC Aquatics | 3 | 2 | 5 | _____ |
| ASAC-CPT Aqua Sharks Academv | 1 | 3 | 4 | _____ |
| ASAW-CE Aquasharks Academv Winelands | 4 | 0 | 4 | _____ |
| BARR-CP Barracudas Aquarama SC | 1 | 3 | 4 | _____ |
| BLMA-CP Blouberg Marlins | 1 | 2 | 3 | _____ |
| CTAS-WC CAPE TOWN SCHOOLS | 3 | 0 | 3 | _____ |
| CUDU-CP Curro Durbanville Aquatics | 2 | 1 | 3 | _____ |
| REDAO-CP Reddam Aquatics - Somerset Wes | 1 | 2 | 3 | _____ |
| HURAO-CP Hurricane Aquatic Club | 1 | 1 | 2 | _____ |
| CAMPS-CP Camps Bav Swimmng Club | 0 | 1 | 1 | _____ |
| CUHE-OB Curro Hermanus Aquatics | 1 | 0 | 1 | _____ |
| PAOU-CE Paarl Aquarius SC | 1 | 0 | 1 | _____ |
| WALM-CP Walmers SC | 1 | 0 | 1 | _____ |
| WEST-CP Westridge Swimming | 1 | 0 | 1 | _____ |
| XSAO-CP X-Stream Aquatics | 1 | 0 | 1 | _____ |

CTA TYR QUALIFYING GALA #2 - 04to06Oct'19 - 2019/10/04 to 2019/10/06**No Show = R300 / Please scratch timeously****Warm-up Sheet**

Warm-up Starts at 12:45 PM

Session: 4 14 & over

Day of Meet: 2 Starts at 01:45 PM

Total Athletes: 179 - Women: 69 - Men: 110

| Team | Women | Men | Total | Lane |
|---|--------------|------------|--------------|-------------|
| SAAW-CP Swimlab Aquatic Academ | 6 | 14 | 20 | _____ |
| TYGE-CP Tvgerberg Aquatics | 13 | 7 | 20 | _____ |
| VINE-CP VINEYARD SWIMMING CLUB | 7 | 9 | 16 | _____ |
| OUI-CP Ouick Silver Swimming Academv | 6 | 6 | 12 | _____ |
| MANT-CP Manta SC | 8 | 3 | 11 | _____ |
| CUDU-CP Curro Durbanville Aquatics | 3 | 6 | 9 | _____ |
| PLAY-CE Players Western Cape | 2 | 7 | 9 | _____ |
| BLMA-CP Blouberg Marlins | 3 | 5 | 8 | _____ |
| UWCA-CP UWC Aquatics | 3 | 5 | 8 | _____ |
| MARL-CP Marlin Swimming Club | 3 | 4 | 7 | _____ |
| ASAW-CE Aquasharks Academv Winelands | 3 | 3 | 6 | _____ |
| WALM-CP Walmers SC | 2 | 4 | 6 | _____ |
| XSAO-CP X-Stream Aquatics | 2 | 4 | 6 | _____ |
| AODO-CP Aqua Dolphin Swimming Club | 1 | 4 | 5 | _____ |
| CAMPS-CP Camps Bav Swimmng Club | 1 | 4 | 5 | _____ |
| AOWO-CP AquaWolf Aquatics Club | 0 | 4 | 4 | _____ |
| ASAC-CPT Aqua Sharks Academv | 1 | 3 | 4 | _____ |
| CTAS-WC CAPE TOWN SCHOOLS | 1 | 3 | 4 | _____ |
| HURAO-CP Hurricane Aquatic Club | 0 | 4 | 4 | _____ |
| BARR-CP Barracudas Aquarama SC | 0 | 3 | 3 | _____ |
| CUHE-OB Curro Hermanus Aquatics | 1 | 2 | 3 | _____ |
| REDAO-CP Reddam Aquatics - Somerset Wes | 3 | 0 | 3 | _____ |
| WEST-CP Westridge Swimming | 0 | 3 | 3 | _____ |
| GREY-CP Grevdogs Swimming Club | 0 | 1 | 1 | _____ |
| MATI-CE Universitv of Stellenbosch | 0 | 1 | 1 | _____ |
| PAOU-CE Paarl Aquarius SC | 0 | 1 | 1 | _____ |

CTA TYR QUALIFYING GALA #2 - 04to06Oct'19 - 2019/10/04 to 2019/10/06**No Show = R300 / Please scratch timeously****Warm-up Sheet**

Warm-up Starts at 07:00 AM

Session: 5 11 & under

Day of Meet: 3 Starts at 08:00 AM

Total Athletes: 124 - Women: 71 - Men: 53

| Team | Women | Men | Total | Lane |
|---|--------------|------------|--------------|-------------|
| TYGE-CP Tvgerberg Aquatics | 20 | 13 | 33 | _____ |
| ASAC-CPT Aqua Sharks Academy | 8 | 4 | 12 | _____ |
| GREY-CP Grevdogs Swimming Club | 4 | 4 | 8 | _____ |
| OUIK-CP Ouick Silver Swimming Academy | 4 | 4 | 8 | _____ |
| VINE-CP VINEYARD SWIMMING CLUB | 6 | 2 | 8 | _____ |
| AODO-CP Aqua Dolphin Swimming Club | 3 | 3 | 6 | _____ |
| MANT-CP Manta SC | 3 | 3 | 6 | _____ |
| BARR-CP Barracudas Aquarama SC | 2 | 3 | 5 | _____ |
| BLMA-CP Blouberg Marlins | 3 | 2 | 5 | _____ |
| WALM-CP Walmers SC | 2 | 3 | 5 | _____ |
| ASAW-CE Aquasharks Academy Winelands | 1 | 3 | 4 | _____ |
| REDAO-CP Reddam Aquatics - Somerset Wes | 3 | 1 | 4 | _____ |
| AOWO-CP AquaWolf Aquatics Club | 2 | 1 | 3 | _____ |
| SAAW-CP Swimlab Aquatic Academ | 1 | 2 | 3 | _____ |
| XSAO-CP X-Stream Aquatics | 3 | 0 | 3 | _____ |
| HURAO-CP Hurricane Aquatic Club | 1 | 1 | 2 | _____ |
| PAOU-CE Paarl Aquarius SC | 2 | 0 | 2 | _____ |
| UWCA-CP UWC Aquatics | 0 | 2 | 2 | _____ |
| CUHE-OB Curro Hermanus Aquatics | 0 | 1 | 1 | _____ |
| CYBE-CP Cybersmart Aquatics | 0 | 1 | 1 | _____ |
| MARL-CP Marlin Swimming Club | 1 | 0 | 1 | _____ |
| PLAY-CE Players Western Cape | 1 | 0 | 1 | _____ |
| WEST-CP Westridge Swimming | 1 | 0 | 1 | _____ |

CTA TYR QUALIFYING GALA #2 - 04to06Oct'19 - 2019/10/04 to 2019/10/06**No Show = R300 / Please scratch timeously****Warm-up Sheet**

Warm-up Starts at 09:30 AM

Session: 6 12 to 13 years

Day of Meet: 3 Starts at 10:30 AM

Total Athletes: 119 - Women: 66 - Men: 53

| Team | Women | Men | Total | Lane |
|---|--------------|------------|--------------|-------------|
| TYGE-CP Tvgerberg Aquatics | 16 | 12 | 28 | _____ |
| VINE-CP VINEYARD SWIMMING CLUB | 15 | 4 | 19 | _____ |
| AOWO-CP AquaWolf Aquatics Club | 2 | 7 | 9 | _____ |
| MARL-CP Marlin Swimming Club | 4 | 3 | 7 | _____ |
| MANT-CP Manta SC | 4 | 2 | 6 | _____ |
| UWCA-CP UWC Aquatics | 4 | 2 | 6 | _____ |
| ASAC-CPT Aqua Sharks Academy | 1 | 4 | 5 | _____ |
| BLMA-CP Blouberg Marlins | 2 | 3 | 5 | _____ |
| PLAY-CE Plavers Western Cape | 1 | 4 | 5 | _____ |
| BARR-CP Barracudas Aquarama SC | 2 | 2 | 4 | _____ |
| GREY-CP Grevdogs Swimming Club | 0 | 4 | 4 | _____ |
| REDAO-CP Reddam Aquatics - Somerset Wes | 1 | 3 | 4 | _____ |
| SAAW-CP Swimlab Aquatic Academ | 2 | 2 | 4 | _____ |
| QUIC-CP Quick Silver Swimming Academy | 3 | 0 | 3 | _____ |
| ASAW-CE Aquasharks Academy Winelands | 2 | 0 | 2 | _____ |
| CUDU-CP Curro Durbanville Aquatics | 2 | 0 | 2 | _____ |
| HURAO-CP Hurricane Aquatic Club | 1 | 1 | 2 | _____ |
| CUHE-OB Curro Hermanus Aquatics | 1 | 0 | 1 | _____ |
| PAOU-CE Paarl Aquarius SC | 1 | 0 | 1 | _____ |
| WALM-CP Walmers SC | 1 | 0 | 1 | _____ |
| WEST-CP Westridge Swimming | 1 | 0 | 1 | _____ |

CTA TYR QUALIFYING GALA #2 - 04to06Oct'19 - 2019/10/04 to 2019/10/06**No Show = R300 / Please scratch timeously****Warm-up Sheet**

Warm-up Starts at 12:00 PM

Session: 7 12 to 13 years

Day of Meet: 3 Starts at 01:00 PM

Total Athletes: 138 - Women: 57 - Men: 81

| Team | Women | Men | Total | Lane |
|---|--------------|------------|--------------|-------------|
| TYGE-CP Tvgerberg Aquatics | 12 | 10 | 22 | _____ |
| VINE-CP VINEYARD SWIMMING CLUB | 6 | 9 | 15 | _____ |
| SAAW-CP Swimlab Aquatic Academ | 7 | 6 | 13 | _____ |
| MANT-CP Manta SC | 8 | 1 | 9 | _____ |
| PLAY-CE Players Western Cape | 2 | 7 | 9 | _____ |
| UWCA-CP UWC Aquatics | 3 | 5 | 8 | _____ |
| CUDU-CP Curro Durbanville Aquatics | 2 | 5 | 7 | _____ |
| CAMPS-CP Camps Bav Swimmng Club | 1 | 5 | 6 | _____ |
| OUI-CP Ouick Silver Swimming Academv | 4 | 2 | 6 | _____ |
| WALM-CP Walmers SC | 2 | 4 | 6 | _____ |
| AODO-CP Aqua Dolphin Swimming Club | 1 | 4 | 5 | _____ |
| AOWO-CP AquaWolf Aquatics Club | 0 | 4 | 4 | _____ |
| HURAO-CP Hurricane Aquatic Club | 0 | 4 | 4 | _____ |
| MARL-CP Marlin Swimming Club | 1 | 3 | 4 | _____ |
| ASAC-CPT Aqua Sharks Academv | 1 | 2 | 3 | _____ |
| BARR-CP Barracudas Aquarama SC | 2 | 1 | 3 | _____ |
| BLMA-CP Blouberg Marlins | 1 | 2 | 3 | _____ |
| ASAW-CE Aquasharks Academv Winelands | 1 | 1 | 2 | _____ |
| REDAO-CP Reddam Aquatics - Somerset Wes | 2 | 0 | 2 | _____ |
| XSAO-CP X-Stream Aquatics | 1 | 1 | 2 | _____ |
| CUHE-OB Curro Hermanus Aquatics | 0 | 1 | 1 | _____ |
| GREY-CP Grevdogs Swimming Club | 0 | 1 | 1 | _____ |
| MATI-CE University of Stellenbosch | 0 | 1 | 1 | _____ |
| PAOU-CE Paarl Aquarius SC | 0 | 1 | 1 | _____ |
| WEST-CP Westridge Swimming | 0 | 1 | 1 | _____ |