



# WESTERN CAPE AQUATICS SHORT COURSE CHAMPIONSHIP 2019

5-7 July 2019, Fairmont High School, Durbanville



*WCA and CTMA would like to welcome all swimmers who are taking part in this championship*

## **RULES:**

1. FINA Rules will apply
2. Only fully capitated swimmers, who meet the stipulated criteria may compete.
3. Age on the first day of the championship.
4. ENTRIES:
  - 4.1 All events qualified for, 50m free, 100m IM + 3 extra non qualifying events can be entered. Qualifying time standards are the WCCHAMPS standards on TM.
  - 4.2 Entries must be submitted via your District Convenor by the time and date conveyed by your district.
  - 4.3 TM Zip file for athlete's entries
  - 4.4 Pdf entry report including proof of time
  - 4.5 Pdf entry fee report
  - 4.6 List officials completed on officials excel form: This form must accompany the entries – failure to provide officials will result in entries being rejected. Officials ratio is as follows:
    - 1 to 3 swimmers - one judge/timekeeper per session.
    - 4 to 6 swimmers - one judge and one timekeeper for every session.
    - 7 and over swimmers, a minimum of three officials - two judges and one timekeeper for every session.
    - All Technical Officials must be correctly attired: White shirts and Navy-Blue Trousers or skirts for finals sessions: Navy blue shorts for Heats will be permitted.
  - 4.7 Proof of payment
    - 4.7.1 Late entries will be accepted from the 25th June 2019 until the 27th of June 2019 @ 5x the original entry fee.
    - 4.7.2 Extra late entries will be accepted from the 28th of June 2019 until Team Managers Meeting @ 10x the original entry fee if lanes are available.
    - 4.7.3 Payment to your Districts
5. Finals will be swum Fast to Slow, the following ages: 11 & under; 12 – 13; 14 – 15; 16 and over.
6. Medals for 200m Butterfly, 400 IM, 800/1500m Free will be awarded in the following age categories: 11 – 13; 14 – 15; 16 & Over.
7. Swimmers will be fined R200 if they do not scratch timeously from a final and will not be allowed to compete further until the fine has been paid.
8. Water polo players, synchro swimmers and divers may enter WC Short Course Champs provided that they meet the WC CHAMPS qualifying criteria.
9. The entry fee will be forfeited for any entry received that does not comply.
10. Sessions with events attached.

## **TIMES:**

Session 1 : Day 1 : 11&u and 12-13 : WARM UP:	13:00	GALA START:	14:00
Session 2 : Day 1 : 14-15 and 16&o : WARM UP:	16:00	GALA START:	17:00 TBC
Session 3 : Day 2 : 11&u and 12-13 : WARM UP:	08:00	GALA START:	09:00 TBC
Session 4 : Day 2 : 14-15 and 16&o : WARM UP:	12:00	GALA START:	13:00 TBC
Session 5 : Day 3 : 11&u and 12-13 : WARM UP:	08:00	GALA START:	09:00 TBC
Session 6 : Day 3 : 14-15 and 16&o : WARM UP:	12:00	GALA START:	13:00 TBC

No training equipment (boards, fins, paddles) are allowed during warm up. Lane 1 will be allocated to disabled swimmers. Lanes 2 & 8 to be used for dives. NO climbing out over the touch pads.

### **GENERAL:**

FINA & SSA Rules will govern this event.

Clubs are requested to see that the area is kept neat and tidy, bins will be placed & cleaned regularly.

No flash photography during the start of a race.

We request everyone to please remain silent during the start of a race.

Please do not place any towels over the advertising boards.

NO alcohol is permitted on the premises. NO fire or gas braais are permitted on the premises.

The pool grounds are a NO SMOKING ZONE.

Only Team Managers allowed at the admin table.

### **ADMISSION TO THE POOL:**

Gates will open at 07H45 every morning and on Friday @12h45.

Swimmers & coaches will have free access upon presentation of their accreditation cards, officials will have free access when signing the officials register for their allocated session, at the entrance.

Accreditation cards will be in the TM packs.

Spectators will be charged R10 per session.

Tournament tickets will be available at R50 which allows free access to all sessions.

### **PROGRAMMES & RESULTS:**

Programmes will be on sale at the entrance at R10 for each session.

Each club will receive free programmes for their team manager and coaches from the admin office.

Results will be on display at the pool and *meet mobile* will be activated.

### **POOL ACCESS:**

Clubs are encouraged to bring their camping chairs.

Clubs are kindly requested to be considerate towards one another with regards to space.

### **VENUE RULES:**

To ensure that this venue will be available for future galas, we respectfully request that all patrons adhere strictly to these rules set out by Fairmont High school management.

1. Please respect that the security guards are employed by the school and strict parking flow must be maintained. There is a one way into the school and another way out – cars will not be permitted to drive in the wrong direction up a one-way road.
2. Please do not park in the disabled zone and unless you are disabled and have a disabled permit.
3. There should be no hooting and loud slamming of car doors in the parking lot – **please respect the neighbours.**
4. Please ensure that all males (regardless of age) enter through the gent's toilets and all females (regardless of age) enter through the ladies' toilets. These changing rooms/toilets are also used by the high school pupils.
5. There is no play area for siblings, either around the pool area or on the school grounds – please do not let children roam the school grounds or run around the pool area. The sports field are not for the use of our swimmers at all. Only the pool area is being rented and patrons may also access the tuck shop.
6. Should you eat food on the stands, please dispose of all your packaging in the bins provided. After the gala, please tidy up around your area where you were sitting.
7. **No glass bottles are permitted in the pool area.**

### **TEAM MANAGERS MEETING:**

The Team Managers meeting is to be held in the official's room at 12h00 on the 05<sup>th</sup> July 2019. All Team Managers are encouraged to attend this meeting in order to collect your TM pack and be briefed by the LOC and Referee.

Clubs who are not represented at the TM meeting and who do not comply with the rules concerning entries will not receive concessions.

This will be the last opportunity for late entries subject to a late entry fee of 10x (ten times) the original entry fee and the availability of a lane in the particular event.

Scratchings for the first day's sessions can be done at the TM meeting.

Team Managers must have their accreditation with them when approaching the Admin office with queries.

TM packs will contain the following:

- Team Manager, swimmers & coach's accreditation cards
- Documentation needed: scratching forms, protest forms
- Programmes will be available for collection at the admin table after scratchings has closed after each session.
- Pre-paid tournament tickets

There will be a march pass and opening ceremony on the 06<sup>th</sup> July 2019, 20min after the 3<sup>rd</sup> session has finished, swimmers to be ready 10min after the 3<sup>rd</sup> session has finished. Team Managers must please get their teams together, they will start at the medic's corner and walk around the pool ending in front of the admin table.

### **MEDICAL FACILITY:**

There will be a qualified paramedic on duty for the duration of the event.

### **PROTESTS:**

Protests will only be accepted from Team managers, completed on a protest form with R500 Protest Fee lodged with the Admin Table within 30 minutes (thirty) of the announcement of the disqualification.

NO media footage or photos will be permitted.

In case of a depute, the referees' decision is final.

### **CATERING:**

Café Monty will be open.

Officials will be supplied with refreshments after each session.

Please send enquiries to your District Convenor

CTMA Hosting LOC